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Hands-on learning

STANDARD PHOTO BY BRETT MITCHELL

Carman Elementary students started with black circles, according to grade two teacher Patricia Richards. "Everything after that was up to them."

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Hanging up the reigns



STANDARD PHOTOS BY DENNIS YOUNG

Larry Stout, owner/operator of Work and Western Wear said goodbye to friends, family and business associates at a Carman Chamber barbecue on Oct. 20. Stout decided to retire at the end of October after first opening the hunting and fishing supply store in January of 1984. The business evolved over the years and included selling jeans, hats, boots, rodeo supplies and work wear. Top left photo, Andrew Leyenhorst, operates Archway Dairy Solutions and has taken over the Western Wear line of clothing which he will sell at his business north of town on Hwy. 13.

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Art at Carman Elementary School makes a comeback after COVID-19

By Raegan Hedley

Another new school year has started, and teachers and students are getting back into the swing of things in-person at Carman Elementary School. Grade two teacher Patricia Richards said it was inspiring to see her students get excited about art again.

“For two years, if I wanted them to do any kind of project, we had to have enough for every student to have their own materials, and that was not financially possible.”

“They did not do a lot of painting or process art; it was a lot of directed drawing or colouring.”

Richards welcomed her students back with a lesson on process art, where they were given access to all sorts of materials and encouraged to experiment.

“The majority of them did very similar work because they’re just learning,” says Richards. “You give them the materials and say go, and they do what they feel in the moment.”

As a result of not being in the classroom, Richards says she’s noticed students are less familiar with the tools.

“I give them a paintbrush, and they’re not sure how to hold it or clean it, but they’re so excited to use it.”



STANDARD PHOTO BY BRETT MITCHELL

Grade two students at Carman Elementary School proudly point to their process art self-portraits.

Richards said she’s looking forward to being able to once again do a big, fun final art project at the end of the school year. Students take all of the art learnings — like elements of art and colour theory — and create something, then Richards helps them

compile it into a three-dimensional display.

“The last year that we did it, all the students got a large canvas and had access to every kind of material you could imagine: leaves, rocks, paint, glue, sparkles, twigs, old milk jugs,

caps — you name it. I just brought it all into class and they had the whole day to create.”

“They’d spend like half a day planning it, and the next day they’d spend

Continued on page 4

Newman Hand Insurance Ltd. welcomes new partners

Staff

Robert Bryson, president of Newman Hand Insurance Ltd., welcomes Kari Richardson and Nikki Morison as partners in the insurance brokerage.

“These two young ladies have worked hard at their careers in the insurance business. They are smart and clearly understand good customer service and thereby have earned the right to be a partner in this business. I am extremely proud of their accomplishments and happy to have them as partners going forward,” said Bryson.

The ladies are excited about the next step in being business owners.

“I look forward to working with Rob and Kari to continue to grow the business,” said Morison.

Richardson said she is grateful to be given this opportunity and is looking forward to Newman Hand’s future.

Bryson purchased Newman Hand

Insurance Ltd. From Friesen Insurance in 2017, shortly after he returned to Carman from Toronto.

“I know I can speak for the three of us when I say that we all got to this point with the help of our mentor Jane Swanton. She has been the guiding force for all of us,” said Bryson. He added “along with Kelli Wiebe, Lacey Spencer and Alexis Cote we have a really great group to work with.”

Bryson said, “One of my main priorities as a business owner in Carman has been to keep the business ownership local. I believe strongly that as local owners we are more in tune with our customers, more valuable to our community and have a better culture at work when the decision making and results are right here”.

Newman Hand Insurance Ltd. is a locally owned and operated Broker serving South-Central Manitoba with a strong focus on farm insurance and a unique approach to risk manage-



STANDARD PHOTO SUBMITTED

Newman Hand Insurance Ltd. president Robert Bryson, middle, welcomes Nikki Morison, left, and Kari Richardson, right, as partners.

ment.

For more information contact Rob-

ert Bryson at 204-750-0246 or robert@newmanhand.ca.



Newman Hand
INSURANCE LTD.

BTHC Foundation fundraising campaign off to a \$1.7M start

By Lorne Stelmach

A major fundraising effort in support of the expansion and renovation of Boundary Trails Health Centre officially kicked off last week in conjunction with the ground-breaking ceremony for that project.

The campaign got underway in a big way with two large donations to the Boundary Trails Health Centre Foundation, which is aiming to raise \$10 million.

Representatives of the Morden Community Thrift Store have raised and pledged \$1 million, while another \$750,000 has been committed for an echocardiography suite on behalf of Bill and Colleen Lyne, in memory of Bill.

"Your support shows that all things worthwhile are possible, and that truly good things do happen to vibrant and involved communities," said foundation chairperson Ben Friesen.

"It's just fantastic ... we did know that the thrift store [would be contributing] ... we were working with them prior already ... we didn't know exactly what the amount would be," he noted. "The fact that they were there and ready to give us a \$1-million dollar cheque, that was just fantastic. That's 10 per cent."

Representing the thrift store, Kent Noel noted the roots of this contribution go back about five years.

"The board at the time had some funds that were left over. They were actually planning on building a new building at the time, and that didn't come through," he explained.

"So with the funds that they had,



STANDARD PHOTO BY LORNE STELMACH

The Morden Community Thrift Store has committed \$1 million to the expansion and renovation project at Boundary Trails Health Centre. Also helping to kick off the BTHC Foundation's fundraising campaign for the project was a \$750,000 donation on behalf of Bill and Colleen Lyne.

they sat down and brainstormed the idea of what can we use this money for," said Noel. "It's about five years in the making, and we're very proud to be able to do this ... it's an honour for us.

"Everybody at the thrift store is happy. From the people who walk through the door ... for our customers, for everyone who walks through the door for volunteering in the last five years ... it's an uplifting experience for everybody," he added. "It's our hospital. We all use it, we've all been here ... it's part of our community, and that's what we're for: we're here for

our community."

"That shows the community what they do in this community," Friesen said of the thrift store.

"Nobody really knows how huge a part of the community this is, that they contribute such a large amount to the community," he continued. "That's why I really wanted them, the people of the community, to be able to see this time what a great impact this big cheque is and the work that they do there all the time."

It gives the foundation a good start to their fundraising campaign. Friesen sees the \$10 million goal as ambi-

tious but achievable.

"We know it's a big target, and we're obviously also going to a very large community. We're not just working with Morden-Winkler-Stanley area," he said. "We are approaching some 25, 30 different municipalities that we feel that all of them will contribute in some fashion.

"There probably are more people and more businesses around in the community that are looking to do that kind of thing and we'll try to find them," Friesen concluded.

Representative from the Lyne family were not available for comment.

> ART, FROM PG. 3

the day doing it. The project always had an amazing outcome."

Incorporating art into education is positive for young children because it enhances fine motor skills, promotes creativity, builds problem-solving skills, encourages imagination, strengthens collaboration and builds confidence and competence. Richards says it also allows them to make mistakes in a very accepting environment.

"Art is so non-judgemental in my opinion. You put anything on your paper and it's considered art. When students gain that level of confidence in their ability, they try harder, which then transcends into their academics and their relationships at home and school."

For Richards's grade two class, creativity isn't confined to a single class. Instead, art projects are incorporated into many parts of the curriculum, especially now that they are back in school.

"They may do art to show their learnings from a social studies or science topic," says Richards. "I find art to be very meditative and soothing. Less stressful compared to writing a paper or doing a test."

Richards says art should stay in the classroom because it can give students a voice. For example, she once had a student who was non-verbal but was able to communicate through art.

"Students don't always have the words, but they have images and colours. They can paint feelings and express

themselves that way."

Richards says there's a misconception about art that the final product is what matters most. Instead, she has seen firsthand how the process of making art helps her students grow and invites self-exploration.

"It's about the journey...the ending doesn't have to be appreciated and loved by everybody. As long as you love it, that's all that matters."

Carman Elementary School recently applied for the Artist in Schools program. Richards says they used to invite professional artists to do lessons with the students, but they haven't been able to do it because of COVID-19.

"Hopefully, we'll see some other opportunities pop up in the next year. But right now, it's just in the classrooms with the teachers," says Richards. "If anyone is interested in bringing their expertise or love of art into our classroom, I'd love for them to call the school."

Blaine Pedersen
MLA for Midland

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Work is set to begin on Boundary Trails Health Centre expansion

By Lorne Stelmach

Construction will start soon on renovation and expansion of Boundary Trails Health Centre.

A ground-breaking ceremony last Thursday marked the start of the project that will add new acute care inpatient beds and a larger, more modern space for patient care programs. It will be at least a \$64.4 million project.

“Investing in the expansion and renovations at Boundary Trails Health Centre reflects the increased importance the facility plays in our health care system and the region,” said Health Minister Audrey Gordon. “This investment supports the expansion of specialized services at the site which will reduce the need for many residents to travel frequently to Winnipeg for care.”

“The expansion of acute care and patient capacity and community services will strengthen the network of resources that make Boundary Trails Health Centre an important hub of medical services,” said Jane Curtis, CEO of Southern Health-Santé Sud.

BTHC provides essential services to a growing population in not only the Winkler and Morden area but the surrounding region, she emphasized.

“These projects will bring us one step closer to meeting the longterm needs of this growing area by providing access to high quality specialized care closer to home.”

Ben Friesen, chairperson of the BTHC Foundation, called this an important and “necessary step towards ensuring we can continue to provide high quality sustainable patient care offered now and for many years to come.”

Work will move forward in two

stages starting with the construction of a two-storey community services building and then an inpatient building. The project will add 24 medicine beds and eight level two nursery beds to what is currently a 94-bed hospital.

Once programs and services have been relocated to the new community services building renovations will begin on the vacated spaces in the health centre to allow for the creation of expanded spaces for several departments and programs including surgery as well as the addition of a retail pharmacy.

A two-storey addition to the inpatient building will also be constructed to house 24 inpatient beds on one level and enhanced nursery capacity on the other.

Gordon noted this project is vital in helping advance the province’s clinical and preventive services plan, which was developed and led by clinical leaders and health system experts who looked at such areas as population growth and community health needs, distance to specialized services, and stability and reliability of the health care work force.

“Our government is committed to strengthening the health care system by investing in rural community health services and providing care closer to home,” she said.

“This new community services building will house a number of existing programs currently located elsewhere in the community or in acute care areas of the health care centre,” Gordon noted. “Moving existing programs into the new building will provide larger spaces for several departments and programs.”

If the project proceeds as anticipated,



PHOTOS BY LORNE STELMACH/VOICE

A look at what the BTHC expansion will look like. Below: Local dignitaries hailed the project as an investment in specialized local services that will reduce the need for people to travel into Winnipeg for care.

ed, opening of the community services building could happen in the second quarter of 2024 and the inpatient expansion and new beds wing in the third quarter of 2025.



STANDARD PHOTO BY LORNE STELMACH

From left: Dignitaries Blaine Pederson, Jane Curtis, Audrey Gordon, Cameron Friesen, Ben Friesen, and Josh Guenter broke ground on the BTHC expansion last week.

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Manitoba is investing \$34 million this year in culture and communities through the Arts, Culture and Sport in Community Fund.

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Southern Health reports on a year of challenges, successes

By Lorne Stelmach

The region's health care leaders expressed optimism recently as Southern Health-Santé Sud held its annual meeting.

Challenges remain for the health care system as we continue to emerge from the pandemic, but officials sounded a hopeful tone in their message that was built around the theme of "meeting the moment."

"Meeting the moment in the past year has meant different things to each of us. It may be impossible to find the right words to describe the impact and tragic consequences of a global pandemic," said CEO Jane Curtis.

"It's exhausting duration, it's scale and severity most of us have never seen before," she continued. "We have been tested, and I am proud to say how in a profound and real way, Southern Health-Santé Sud is meeting this moment."

"We know more than ever just how critical the nature of our work is and how vital our health care system is as a whole," added board chairperson Adam Monteith.

Curtis reflected on the heroes who have kept showing up to work despite all of the challenges, but she acknowledged it has taken a toll on everyone.

"We value and prioritize the health and well being of our staff and are determined to continue making Southern Health-Santé Sud a great and safe place to work," she stressed.

Monteith added that COVID-19 has also produced some silver linings, as it required a higher level of innovation and collaboration and presented opportunities to make use of and even expand on technologies.

"Now more than ever, we are reminded of the fundamental role that health care occupies in society," Curtis continued. "It has also put a spotlight on some of the areas in our health system that need better co-ordination and attention."

She maintained that progress is being made in our health care system



SCREEN SHOT

Southern Health-Santé Sud board chair Adam Monteith and CEO Jane Curry spoke at the RHA's virtual annual general meeting last week.

especially with the implementation of the clinical and preventative services plan with patient focused solutions.

There have been a variety of other positive initiatives ranging from advancing virtual care options to a provincewide approach to increasing surgical and critical care capacity.

Monteith then highlighted what he called a historic \$812 million in capital investments over the past year, including a new hospital in Portage, hospital expansions in Steinbach and at Boundary Trails Health Centre as well as the completion of several other projects like the new Boyne Lodge in Carman, expansion of Rest Haven in Steinbach, and EMS improvements in Crystal City and Portage.

Looking ahead, the health authority is now working on a new five-year strategic plan that will involve everything from phone interviews and focus groups to engagement with key partners and stakeholders.

"These changes reflect the evolving current environment and will inspire all we do as we move forward in a post pandemic future," said Monteith, as he and Curtis emphasized the idea of healthier people and healthier communities thriving together.

They touched on the challenges of trying to address the low vaccination rates in the region as well as doing their part to help facilitate recon-

ciliation with a focus on needs in the health care system.

"In an effort to continue our work towards reconciliation, the region has formed an Indigenous health program team to help provide focused attention and ongoing work to address this," said Curtis.

She also highlighted the goal of strengthening care options that are community-based.

They continue their work to bring more specialists and clinicians to the region but also to have them work more together with the example of the new cardiac rehab program—a six week initiative that focuses on improving cardiovascular health of individuals who recently had a negative cardiac event or have recently had a cardiac procedure.

"Specialized programs are being created closer to home," said Curtis.

A question from those in attendance at the virtual meeting focused on what is being done to address physician and nursing shortages.

"There is a lot of work going on provincially and within our region," said Curtis, who noted that provincially there is an increase in training spots for nurses. "I think it's also very exciting that the province is looking outside of the country to internationally educated nurses."

Continued on page 9

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Carman Gun Show returns this Saturday, Oct. 29

By Ty Dilello

The Carman Gun and Hobby Show will be returning for their 31st year on Oct. 29 (Saturday) from 9 a.m. to 3 p.m. at Carman Hall (60 1st St NW).

Admission is \$5 for the day, and food will be served by Crazy Ladies Cafeteria in Carman.

The organizer for the event is Bruce Reid, and he can be contacted at carmangunshow@gmail.com.

"This year, we have several new vendors, and one of them is an expert knife sharpener who's going to have his outfit there," said Bruce Reid. "As always, there will be a large selection of new and used guns, and all of the accessories to go with them for sale."

The Gun Show has a special charity portion to the event as they raffle off an item and donate the proceeds to a different charity every year. This year, the proceeds will go to STARS Air

Ambulance.

Reid notes that the Carman Gun Show is historically one of the top gun shows in Manitoba, as there will be at least 81 tables this year, with vendors coming all over from Saskatchewan, Manitoba, and Ontario.

The spring show was very well attended and had over 1,000 people come through to check out the vendors.

"It's one of the only locations you can go and see so many guns at one point. The owners know all the info and history about the guns, so you're getting all that knowledge firsthand. The atmosphere is great, and everyone seems to have a common idea as it's the same kind of hobby."

Reid is excited to see how many people will come out this Saturday to the Carman Hall.

"It's going to be great. There's lots



STANDARD FILE PHOTO BY BECCA MYSKIW

Carman's Gun Show organizers are hoping for a large turnout for their gun show this Saturday with 81 vendors.

of vintage war stuff that shows up at these shows. Mostly from World War II, but there will be some pre-World

War I and other wars too. We hope to see everyone out at the Carman Gun Show."

Flu shot clinics coming to sites across Southern Health

By Ashleig Viveiros

As the warm weather winds down and winter looms, public health officials are reminding Manitobans that flu season is coming, and one of the best ways to protect both yourself and your community is to get the annual flu shot.

"Influenza is an important virus that typically circulates every year. It causes just over 12,000 hospitalizations and about 3,500 deaths in Canada in a typical flu season," notes Dr. Davinder Singh, Medical Officer of Health with Southern Health-Santé Sud.

COVID-19 precautions have helped to blunt the impact of recent flu seasons, Singh says, but that's likely going to change this winter.

"We may experience a return of a typical flu season this year," he says, noting physical distancing and mask-wearing not only slowed the spread of COVID-19 but also other respiratory illnesses the past few years. "So we haven't seen the typical flu levels.

"But when we look at countries in the Southern Hemisphere, specifically looking at places in Australia, South Africa, Chile, they did have a return of a typical flu season."

In fact, Australia had one of its worst flu seasons in five years during their winter—a sign of what may be to come here in the Northern Hemisphere.

The Manitoba health system is still under strain due to the COVID-19 pandemic, so the fewer people who

need to be hospitalized with influenza, the better.

"If you spoke to a health care practitioner before COVID, even, you would hear that ... the flu season causes large strains on our system," Singh says.

Immunization has been shown to reduce the number of physician visits, hospitalizations, and deaths among those at highest risk of influenza and its complications—people age 65 and up and those with weakened immune systems due to other conditions.

But even if you aren't at high-risk of complications, the flu vaccine is still an important one to consider, Singh stresses.

"We do emphasize that those people who are at higher risk and the people they're in contact with ... that it's especially important for them to be immunized," he says. "But even for people that don't fall into those categories, it's still recommended that they get the vaccine because that can help themselves and their community overall in preventing infection or, if they do get infected, preventing the likelihood of getting a severe disease or hospitalization.

"And I will note that every year there are people in a typical flu season that are otherwise young and healthy that end up experiencing severe disease, including going to the hospital and the ICU. So even though it's a lower risk, it can still happen."


The vaccine can cause side effects in some people, including, most com-

monly, a sore arm and possibly fever, chills, or fatigue. These symptoms only last a day or two and pale in comparison to a full-fledged case of the flu.

"It's a sign that your immune sys-

tem is responding to the vaccine and making the antibodies in case you do actually get exposed to flu this year,"

Continued on page 12



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Scan with smartphone

Carman Curl for Cancer brings back full-blown bonspiel and banquet

By Raegan Hedley

When Mackenzie Gaultier had a seizure at home, she had no idea it was the start of a journey with cancer.

"I don't remember any of it. I was taken to the hospital and the CT scan showed I had a brain mass," says Gaultier. "I was ok. I know that sounds strange, but I thought 'ok I just have to deal with this.'"

Gaultier, a photographer, wife and mother of two kids, was diagnosed with anaplastic oligodendrogliomas. She needed surgery to remove the tumour, but because it was in the part of her brain that controls speech and language, she had to do the surgery awake. Gaultier says she's had surgery before, so that part didn't phase her, but it was tough to wrap her head around the fact that they were operating on her brain.

"Because of COVID, my husband wasn't allowed in the hospital. I had to say bye to him at the doors," says Gaultier. "I really hoped I'd know who he was when I came back out."

The surgery was a success, and Gaultier has been on chemotherapy since March 2022. She started shar-



Carman Curl for Cancer surpassed \$1 million in donations in 2021, which will be remembered thanks to a commemorative coin on the curling ice. Despite the pandemic, the event has raised over \$50,000 each year for the last five years.

ing her story on social media as she learned more about her diagnosis and her treatment progressed.

"I've been sick before. It's an easy way to keep people informed on what's going on and helps to keep the facts straight," says Gaultier. "When



STANDARD PHOTO SUBMITTED

Mackenzie Gaultier will be the guest speaker at this year's Curl for Cancer on Nov. 5.

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it comes to my cancer, I'm an open book. It doesn't bother me to talk about it or post about it online."

The committee for Carman Curl for Cancer loved Gaultier's vulnerability and reached out to ask her to speak at the 29th annual Carman Curl for Cancer event on Nov. 5 at Carman Golf and Curling Club.

During the height of the pandemic, the event had to pivot, opting to do an online auction in 2020, and scaling things back in 2021 with a much smaller event and online auction.

This will be the first time the event

Continued on page 9



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and Friday 10-6

> CARMAN CURL FOR CANCER, FROM PG. 8

has had a guest speaker — plus the full program with the bonspiel, silent and live auctions, 50/50, banquet and band — in three years.

“We were so thrilled she was willing to speak. We always try to find somebody local,” says Haley McIntosh, one of the 16 Carman Curl for Cancer committee members.

Gaultier says she plans to tell her full story and talk about cancer in general. She says people have all sorts of different reactions to her diagnosis.

“Some close friends messaged me after it had been a while and told me they didn’t know what to say,” says Gaultier. “I’ll never be cancer free, which is scary, but I hope for medical advancements so I can live with for at least 60 years.”

The funds raised from Carman Curl for Cancer go to South Central Cancer Resource, Cancer Care Manitoba and Carman Palliative Care, organizations that all provide treatment or support to people living with cancer and their families.

“We’ve always been able to donate to them, so we want to make sure we keep that going because what they do is incredible, and they serve such a large area,” says McIntosh.

Carman Curl for Cancer came to be when Cliff Holliston’s daughter beat cancer, and he began volunteering at

South Central Cancer Resource (then it was the Canadian Cancer Society office). The organization was looking for new fundraising initiatives, and he came up with the idea. Now almost 30 years later, the event has grown a lot and McIntosh describes it as “a well-oiled machine.”

Gaultier has received support and treatment from both Cancer Care Manitoba and South Central Cancer Resource, and she says, “the care is amazing.”

“As a patient, I am very grateful for events like this because the money goes to great programs that help patients like myself to afford treatments like this,” says Gaultier. “When you’re sick it makes a big difference.”

New this year is a Calcutta, where attendees can bet on which curling teams will win during the day. The online auction for the event is already live and will stay up until the morning of Nov. 6, and 50/50 tickets are available online. McIntosh says there’s still room for curling teams to register, and they are still looking to sell more tickets to the banquet.

All the information on how to register curlings teams and where buy tickets is available on Instagram (@carmancurlforcancer) and the Carman Curl for Cancer Facebook page.

> SOUTHERN HEALTH AGM, FROM PG. 6

“We use our social media platforms to get the word out there about what it’s like to work in Southern Health-Santé Sud ... we do a lot of presentations at recruitment fairs,” she continued. “We’re trying to bring more training programs in-house in the region so people don’t have to move into Winnipeg if they want to train as a nurse or health care aide.”

Another discussion point touched on care for seniors at home as a growing need and priority. It was noted that home care criteria is being reviewed as there is an interest and a push to find more innovative

ways to allow aging at home.

Another question wondered why was Steinbach was chosen for a new dialysis unit as opposed to other locations such as BTHC. It was noted that Steinbach did not have one in place, so patients from that area have needed to go to Winnipeg.

“It was very evident those numbers were increasing,” explained Curtis.

Financially, Southern Health-Santé Sud ended its fiscal 2021-22 year with a deficit of just over \$18.5 million, but it is still left with an accumulated surplus of just over \$94.2 million.



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 Yield: 16

- INGREDIENTS**
- 3 egg whites
 - 3/4 cup white sugar
 - 1/4 tsp. cream of tartar
 - 1 tube of black or brown gel icing

- DIRECTIONS**
1. Preheat the oven to 200 F and prepare a parchment-lined baking sheet. Pour about a cup of water into a saucepan and bring to a boil.
 2. In a large metal bowl, whisk together the egg whites, sugar and cream of tartar. Place the bowl over the pot of boiling water to create a double boiler. Make sure the bowl doesn't touch the water.
 3. Heat the mixture, constantly whisking, until the sugar is dissolved. Remove the bowl from the saucepan and whip with an electric mixer until stiff peaks form. Carefully pour the mixture into a pastry bag or resealable plastic bag with a cut corner.
 4. Pipe 16 ghost shapes. Place the baking sheet on the middle rack of the oven and bake for three hours. Turn off the oven and leave the door slightly ajar to let the meringue ghosts dry for at least two hours. When the meringues are completely cooled, decorate them with gel icing.



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Livienne Bridal Boutique puts down roots in Plum Coulee

By Ashleigh Viveiros

Downtown Plum Coulee welcomed its newest business to town last week.

Livienne Bridal Boutique cut the ribbon on its space at 253 Main Ave. on Saturday.

Previously located in Winkler, the boutique was purchased by Isolde Termer this summer and opened its doors in the former town civic building during Plum Fest weekend.

Termer lives in Plum Coulee herself and wanted to bring her new business

closer to home.

She's been involved with Livienne as a seamstress since it opened a few years ago. When the former owners announced they wanted to sell, she decided it was too good an opportunity to pass up.

"So now here I am," she says, noting the past few months have seen people from all across southern Manitoba make the trip to town to look for their special dress.

Livienne's offers a wide variety of wedding dresses, of course, but also bridesmaid dresses, outfits for the mother of the bride, flower girl dresses, and a growing selection of graduation gowns.

They also have a few accessories on site, including veils and some jewelry pieces.

Termer plans to grow her inventory and notes she can also order in dresses to suit any style.

"I tell girls if you have some idea, a style you're looking for, probably I can find something similar."

Her job doing alterations meant Termer has worked with a lot



BELOW PHOTO BY ASHLEIGH VIVEIROS/VOICE; ABOVE PHOTO SUBMITTED From left: Katelyn Lang, owner Isolde Termer, Ivonne Termer, and RM of Rhineland councillor June Letkeman cut the ribbon on Livienne Bridal Boutique's new home in Plum Coulee Saturday. Located downtown, the boutique offers a wide range of gowns and accessories.

of brides over the years, but getting the chance to be with them as they actually chose their gown is a special moment indeed.

"Everybody is different—some want a bit of sparkle and others want it plain," she says, sharing the best part of all is "when all the alterations are done and it fits perfect and they're so happy."

Livienne Bridal Boutique is open by appointment. You can reach Termer at 204-325-5595, via email to Livienne.bridal@gmail.com, or through the shop's social media pages.



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> FLU CLINICS, FROM PG. 7

Singh says. "So that's a good thing, and most people's experience is that the symptoms are very mild or moderate."

More serious negative reactions are incredibly rare, he adds.

All Manitobans over six months of age are eligible for the free seasonal flu shot. It's recommended people age 65+ get the high-dose flu vaccine (your immune response to a vaccine weakens as you age).

There are flu vaccination clinics com-

ing up all across the region over the next few weeks, including in Altona Nov. 10 and Nov. 16, Carman Nov. 9, Morden Nov. 14 and Nov. 23, and Winkler Nov. 17.

The complete flu clinics schedule is available online at www.southern-health.ca. You can also ask your primary care provider or, for people age seven and up, visit a local pharmacy for a shot.

A map of local locations for vaccination is available online at ProtectMB.ca

Museum looks for volunteers

By Ty Dilello

The Dufferin Historical Museum in Carman is calling on volunteers to help keep the museum as active as it can be.

"Our volunteers are aging, and we have very few that can give the required time to do it all," said Trish Aubin of the Dufferin Historical Museum.

It should be noted as well that the museum is also looking for a new president.

"We have spent a number of years diligently trying to put the museum on the map, but we need some more members with fresh new ideas to keep the museum in the limelight, so to speak. Unfortunately, if we don't receive more interest, the future outcome for the museum is debatable."

The Dufferin Historical Museum has three buildings to look after, so volunteers are often needed for fixing up, hanging items or general maintenance of the buildings.

The museum holds meetings once a month with the exception of December, July and August. They also host a Christmas at the Museum event and various other events if time permits and if they have enough help.

New volunteers would also be asked



STANDARD PHOTO SUBMITTED
Carman's Dufferin Historical Museum is looking for volunteers.

to help with school tours. They also may need members/volunteers to sit at the museum on a Sunday or fill in if the student staff is unavailable.

"The museum group is a great group of people. We are very relaxed and have lots of fun," said Aubin.

The Dufferin Historical Museum will be holding its annual meeting on Nov 16 at the museum at 7:00 pm. They will have a guest speaker – Historian Gordon Goldsborough, in attendance to talk about "The State of Heritage in Manitoba: A Call to Action." Everyone is welcome to attend, and refreshments will be served.

If anyone is interested in helping out at the museum, you are asked to get in contact with Trish Aubin at 204-745-7353 or rockcres@mymts.net.

Ginormous pumpkins



STANDARD PHOTO BY MATTHIEU MEIER

Four gigantic gourds were on display for October just west of Carman. Help the Standard record the weather of the week and send in your photos of friends or family enjoying the outdoors. Email: news@carmanstandard.ca

What's *Your* story?

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Research indicates that massage therapy positively influences the cocktail of hormones and neurotransmitters that affect our mental well-being. After a massage therapy session, cortisol, the so-called stress hormone, is decreased, while oxytocin, the love hormone, is increased. Higher levels of the neurotransmitters serotonin and dopamine, which regulate mood and pleasure, are also found in the brain following a massage. For these reasons, massage therapy could be particularly beneficial for those with anxiety and depression.

REDUCES INFLAMMATION

A study published in Science Translational Medicine found that a ten-minute massage could provide significant relief of muscle soreness following physical exertion. Another study found that subjects who were treated with massage therapy had decreased levels of cytokines, molecules associated with inflammation.

REDUCES PAIN

Various studies support the claim that massage can alleviate lower back pain. In one test, 33 percent of subjects who were given a massage once a week for ten weeks saw an improvement in symptoms, versus only one out of 25 who received conventional treatment. Back massage can reduce stiffness and pain as well as enhance range of motion.



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Beavers lose SEMHL home opener last weekend

By Ty Dilello

Senior hockey is back! The 2022-23 Carman Beavers South Eastern Manitoba Hockey League season is underway, and last Saturday, they did battle with the Ile Des Chenes North Stars in their home opener.

Although Ile Des Chenes defeated Carman 8-4 on the night, it was great for Carman hockey fans to see the team in action once again.

Fraser Mirlees scored a hat trick for the Beavers with three goals, and AJ Nychuk had the other Carman tally. Luke Zacharias stopped 32 of 40 shots in goal for the Beavers.

This season, the South Eastern Manitoba Hockey League (SEMHL) will operate with ten teams for the first time in quite a while. The Ste. Anne Aces, Red River Wild, and Ile des Chenes Northstars are the new expansion teams joining the league after previously being members of the Carillon Senior Hockey League.

"It's going to bring some new interest into the league," said SEMHL commissioner Tom Vatrt. "The teams that have joined are really excited about playing teams they never have, and their fans are going to want to see teams that they've never seen. They've heard that the South Eastern Manitoba Hockey League is a very good competitive league, and people are excited that their small communities are now part of it."

The 2022-23 season will consist of an 18-game schedule, as each team will play a home-and-home with the other nine teams.

With the league expanding to 10 teams, at the season's end, the top eight teams will qualify for the playoffs. The first two playoff rounds will be best-of-five, while the league championship will be a best-of-seven series.

"I'm looking forward to another competitive season. The teams all



STANDARD PHOTO BY DENNIS YOUNG

Carman Beavers' goalie Luke Zacharias fights through traffic versus the Ile des Chenes North Stars during SEMHL action Saturday evening.

have a good feeling about how they believe that they will succeed and challenge for the championship. The expansion was a decision made by the seven teams, and the three new teams

are excited to be a part of the SEMHL. Three more teams give 75 players a place to compete, more fans and more rivalries."

U18 Pembina Valley Hawks sweep doubleheader vs. Cougars

By Lorne Stelmach

The male U18 Pembina Valley Hawks erased their first regulation loss of the season from their memories last week as they then swept a weekend doubleheader on home ice in Morden.

A 5-3 loss to the Southwest Cougars last Wednesday in Souris was followed by 4-2 and 9-3 wins over the Yellowhead Chiefs Saturday and Sunday.

The Hawks trailed 3-2 and 4-2 at

the intermissions against Southwest, who sealed the win with the empty net insurance marker with 55 seconds remaining in the game.

Carter Campbell, Nate Lodewyks and Beau Bannerman scored for Pembina Valley, which outshot the Cougars 32-27. Raiden LeGall took the loss with 22 saves.

The Hawks finished strong against the Chiefs in game one with three unanswered third period goals for the victory.

Sebastien Hicks had a pair of goals including a shorthanded marker, and Sam Delaquis and Lane Apperley also contributed on the scoresheet. Bryson Yaschyshyn made 30 saves with the Hawks having a 47-32 edge in shots on goal.

Things then worsened for Yellowhead as the game progressed Sunday, with the Hawks taking 2-1 and 4-1 period leads before adding five more in the final frame.

Lodewyks had a hat trick and Ty

Love contributed a pair, while other goals came from Cedrik Robidoux, Marek Miller, Ryder Wolfe and Liam Goertzen. Shots on goal were 43-33 in favour of the Hawks with LeGall getting the win on 30 saves.

The Hawks came into the week sitting in third place at 6-1-2 for 14 points, and they will have a good chance to move up a notch with a pair of games against the second place Winnipeg Bruins this weekend.

Twisters best Express, fall to Twins, Riels in MMJHL action

By Lorne Stelmach

It was a week of mixed results for the Pembina Valley Twisters. PV started with an 11-4 lopsided loss to Fort

Garry Fort Rouge last Tuesday. But their fortunes improved with a 4-1 victory Friday over Transcona. Unfortunately it was followed by a 5-3 loss to St. Boniface Riels Sunday.

Things went bad quickly for the Twisters against the Twins, who scored just 20 seconds in and went on to take period leads of 4-1 and 8-2. Carter Halamandaris led the

way with a big four goal night. Slade Sotheran, Brett Bergman, Nico Vigier, and Riley Goertzen scored for the Twisters, who were outshot 50-22.

Matt Grysiuk started in net and allowed four goals on 11 shots in the first period before being replaced by Logan Enns, who allowed seven goals on 39 shots.

On Friday, Pembina Valley expanded a 1-0 first period lead to 4-0 in the second period before Transcona got on the board.

Southeran, Goertzen, Zander Carels and Caelan Russell scored for the Twisters while Enns made 28 saves

with the shots on goal 29-27 in favour of the Railer Express. Then, special teams did in the Twisters against St. Boniface as the Riels went 3 for 6 on the powerplay while getting solid goaltending from Gordon Pohl with 48 saves. Goertzen, Bergman and Mike Heppner scored for Pembina Valley, and Grysiuk took the loss in net in stopping 33 of 38 shots on goal.

Their early season struggles have the Twisters sitting near the basement in ninth place at 2-5-0-1 for five points.

This weekend, the Twisters take on Fort Garry/Fort Rouge Friday followed by the Raiders Sunday.

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Carman Legion is looking for a full time Clubroom Manager. Looking for an energetic individual to manage the clubroom and staff. Needs to have customer service skills to serve the members, guests, and friends.

- Working closely with the Executive team to provide warm, friendly, efficient service to our patrons.
- Head Bartender experience an asset.
- Ability to work evenings with flexible hours.
- Ordering beer & spirits from out providers and ensuring that bar maintains a balanced stock.
- Networking with suppliers, and local community groups.
- Promoting the Legion as a whole.
- Hiring and supervision of part time staff including scheduling and training.
- Ability to work in a team environment.

Please mail resume to Kyrke Nussey
Attn: Clubroom Manager Job
PO Box 760 Carman, MB R0G 0J0
or email to nusseykyrke@gmail.com

Closing date for applications is November 15, 2022.

MORTGAGE SALE

The land and building known as 70 - 5th Street, Roland, Manitoba, as described in Certificate of Title No. 2897843/4 will be sold at auction on **Wednesday the 30th day of November, 2022** at 10:00 a.m. The auction sale will be held by way of video or teleconference. There will be no in-person attendees at the auction. In order to participate you must pre-register at least 24 hours prior to the auction by contacting Dan Ransom at either 204-988-0443 or dransom@tmlawyers.com. On the date of the auction, an email will be sent to all attendees at the email addresses provided. The attendees will need to follow the instructions in the email, which will include a video link or teleconference call-in information. The successful bidder shall have a period of 24 hours to provide the deposit in certified funds payable to Taylor McCaffrey LLP and sign the auction sale conditions.

TO THE BEST of the Vendor's knowledge, the house is an older three bedroom, two bathroom house, with kitchen, dining room, living room, a shed and a single car garage.

PRIOR ENCUMBRANCES: NIL

REALTY TAXES (excluding any accruing water charges) are paid to December 31, 2020.

TERMS OF SALE: a deposit of **\$15,000.00** by way of cash, certified cheque or bank draft payable to Taylor McCaffrey LLP, and the balance according to conditions which will be available for public view at the Auctioneer's address above prior to the auction. The property will be sold subject to a Reserve Bid of **\$99,500.00** plus such other additional and incidental costs which may be incurred by the Vendor from the **19th day of October, 2022** to the date of auction and which costs will be announced prior to the commencement of the sale. The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www.teranetmanitoba.ca.

FURTHER information may be obtained from:

TAYLOR McCAFFREY LLP
2200 - 201 Portage Avenue,
Winnipeg, Manitoba, R3B 3L3
ATTENTION: Daniel Ransom
Phone No.: 204-988-0443
File No.: 114473-60

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Nov. 16 2022

7:30 AM - 4 PM
Victoria Inn Hotel & Conf. Centre, Wpg, MB
Register or for Info:
mbcsc.com

FARM LAND FOR SALE BY TENDER

Sealed tenders in writing for the sale of the property below-described in the Municipality of MacDonald will be received as follows:

McCULLOCH MOONEY JOHNSTON SELBY LLP
309 Stephen Street
Morden, Manitoba R6M 1V1
(Attention: Kelly Kennedy)

or
McCULLOCH MOONEY JOHNSTON SELBY LLP
14 Main Street
Box 1670,
Carman, Manitoba R0G 0J0
(Attention: Kelly Kennedy)

PROPERTY FOR SALE (owned by Daniel Edward Gargan and Laurel Barbara Gargan):

Title No. 3105170/1 (154.34 cultivated acres):
THE NE 1/4 OF SECTION 4-9-2 WPM EXC PLAN 67722 WLTO

CONDITIONS OF TENDER:

1. Interested parties must rely on their own inspection and knowledge of the property.
2. Tenders must be delivered to McCulloch Mooney Johnston Selby LLP before 3:00 p.m. on Monday, November 4th, 2022, marked "Gargan Tender"
3. Tenders must be accompanied by a \$10,000.00 cheque payable to McCulloch Mooney Johnston Selby LLP or MMJS as a deposit (deposit cheques accompanying unacceptable bids will be returned).
4. Highest or any tender not necessarily accepted.
5. Property is not subject to any First Right of Refusals.
6. The rental lease agreement for this property terminates on November 29, 2022. The existing Lessee obtains the right to remove their existing crop and to cultivate the land before the next crop growing season.

TERMS AND CONDITIONS OF SALE:

1. The bidder(s) whose tender is accepted will be required to complete an agreement covering the terms and conditions of the sale.
2. In addition to the deposit, the balance of the accepted tender must be paid on or before the date of closing, being November 30, 2022, or, evidence that the purchase funds will be available under conditions acceptable to the Vendor must be provided. If the balance of the accepted tender is not paid within the set time limit, the deposit may be forfeited as liquidated damages and not as a penalty.
3. The Possession date will be November 30, 2022.
4. The successful bidder(s) will be responsible for real property taxes commencing January 1, 2023.
5. The purchaser(s) shall be responsible for payment of GST or shall self-assess for GST.

For further information, contact Kelly Kennedy at:

Ph: 204-822-6588

Fax: 204-822-1009

email: kellykennedy@mmjlaw.com

McSherry Auctions

12 Patterson Dr.,
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Estate & Moving
Closes Wed Nov. 9 @ 7:00PM

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 with a couple of samples of your favourite photos

Classifieds

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EMPLOYMENT ENTRY-LEVEL ADMINISTRATIVE ASSISTANT

George & Associates CPA Inc. is a designated accounting firm located in Carman, Manitoba. Our services include assisting Pembina Valley residents with personal, charity, not-for-profit & corporate tax returns, audits, bookkeeping, AAFC farm program applications, estate planning and more.

POSITION: Entry-Level Administrative Assistant **HOURS:** Term Position 14 months: Full-Time, 35 hours per week

Responsibilities:

- Reception duties (phone, email, bank deposits) and professional client servicing
- Administrative support to staff (photocopying, sort/record/file documents)
- Maintain confidentiality of the files • Managing office supplies (maintain and re-order supplies)
- Monthly bookkeeping duties (data entry, A/R and A/P posting, basic payroll duties)

- Qualifications:**
- Self-motivated individual with exceptional organizational skills and attention to detail
 - Excellent communication skills (oral, written, listening) • Proficiency in computer software (Word, Excel)
 - Ability to set priorities, organize and discern information from various documents
 - A desire for continuous learning • Simply Accounting experience an asset
 - Experience in an administrative capacity will be an asset • Experience in accounting will be an asset

Required language: • English

An equivalent combination of education, training and experience may be acceptable.

All qualifications are recommended but not mandatory, as we are willing to provide training to appropriate applicant.

How to Apply: Forward your resume with a formal email introducing yourself and identifying your qualifications, unique skills, and why you would excel in this position.

Email: office@dfgeorge.ca **Closing Date:** October 31, 2022

We thank all applicants for their interest; only those chosen for an interview will be contacted.



NOTICE OF ELECTION RURAL MUNICIPALITY OF DUFFERIN

Notice is hereby given that a vote of the Rural Municipality of Dufferin will be taken to elect Councillors (4) from the following duly nominated candidates:

For the offices of Councillor:

- | | |
|-------------------------|-----------------------|
| Reeve (Head of Council) | Ward 3 (1 Councillor) |
| Cor Lodder | Tyler Russell |
| George Gray (incumbent) | Murray Dunn |

- | | |
|----------------------------|---------------------------|
| Ward 4 (1 Councillor) | Ward 5 (1 Councillor) |
| Ron Hildebrand | Barrie Fraser (incumbent) |
| Sheldon Harder (incumbent) | Pat Smith |

ACCLAMATION

The following nominated candidates are hereby elected by acclamation:

Councillors:

- John Peckover – Ward 1
- Clayton Morgan – Ward 2
- Fred Dunn – Ward 6

VOTING PLACES

Voting places will be open for voting for Reeve for Wards 1, 2, 3 and 5, and for Councillors for Ward 3 and for Ward 5 on Wednesday the 26th day of October 2022 between 8:00 a.m. and 8:00 p.m. at Carman Community Hall, 60 1st Ave NW, Carman, Manitoba.

Voting places will be open for voting for Reeve for Wards 4 and 6, and for Councillor for Ward 4 on Wednesday the 26th day of October 2022 between 8:00 a.m. and 8:00 p.m. at Roseisle EM Church, 97 Main Ave, Roseisle, Manitoba.

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example - driver's license or passport) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located at the Rural Municipality of Dufferin office, 12-2nd Avenue SW, Carman and will be open during each of the following days **Thursday, October 6th, 2022 between 8:30 a.m. and 4:30 p.m., Tuesday, October 11th, 2022 between 8:30 a.m. and 4:30 p.m. and Tuesday, October 18th, 2022, between 8:00 a.m. and 8:00 p.m.**

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter, who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by fax to the senior election official at 12-2nd Avenue SW, Box 100, Carman MB or fax 745-6348. If applying in person*, a voter may apply by October 21st, 2022.

* A voter applying in person may pick up a sealed envelope ballot package at the time of application.

Sharla Murray, CMMA Senior Election Official
 Rural Municipality of Dufferin (204)745-2301



NOTICE OF PUBLIC AUCTION SALE OF LANDS FOR ARREARS OF TAXES RURAL MUNICIPALITY OF GREY

Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the 15th day of November, 2022, at the hour of 2:00 PM, at Rural Municipality of Grey, 27 Church Avenue East, Elm Creek, MB, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
155900	LOT 1 PLAN 34541 MLTO IN NE 1/4 12-8-6 WPM - 43118 RD 30W	L -\$60,200 B -\$115,300	\$3,858.64
181400	THE NW 1/4 OF SECTION 1-9-6 WPM EXC THE NLY 1322.4 FEET PERP - 48105 RD 31W	L -\$74,000 B -\$54,300	\$5,518.49
310800	THE SLY 33 FEET OF LOT 13 PLAN 784 MLTO (C DIV) IN W 1/2 15-8-7 WPM - 189 BIRCH AVENUE	L -\$10,000 B -\$78,500	\$8,107.83
310900	LOT 14 PLAN 784 MLTO (C DIV) IN W 1/2 15-8-7 WPM - LOT 14, PLAN 784	L -\$16,800	\$2,714.76
317600	THE ELY 105 FEET OF LOTS 1 AND 2 BLOCK 2 PLAN 1020 MLTO (C DIV) IN SW 1/4 15-8-7 WPM - 57 ROY STREET	L -\$11,900 B -\$100,700	\$10,791.35
325400	ALL THAT PORTION OF THE NW 1/4 OF SECTION 15-8-7 WPM LYING TO THE WEST OF THE WESTERN LIMITS OF LOTS 4 AND 5 IN BLOCK 1 PLAN 753 MLTO (C DIV) WHICH LIES BETWEEN THE STRAIGHT PRODUCTION WLY OF THE NORTHERN LIMIT OF LOT 5 AND THE SOUTHERN LIMIT OF LOT 4, EXC ALL THAT PORTION DESCRIBED AS FOLLOWS: COMMENCING AT THE SOUTH WEST ANGLE OF SAID LOT 4; THENCE NORTHERLY ALONG SAID WESTERN LIMIT OF SAID LOT 4 TO A POINT DISTANT NORTHERLY THEREON 155 FEET FROM THE SOUTH WEST ANGLE OF LOT 1 IN SAID BLOCK; THENCE WESTERLY AT RIGHT TO SAID WESTERN LIMIT 44.56 FEET; THENCE SLY IN A STRAIGHT LINE TO A POINT IN THE PRODUCTION OF THE SAID SOUTHERN LIMIT OF LOT 4 DISTANT EASTERLY THEREON 90 FEET FROM THE WESTERN LIMIT OF SAID 1/4 SECTION; THENCE ELY ALONG SAID LAST MENTIONED PRODUCTION TO THE SOUTH WEST ANGLE OF SAID LOT 4. - 38 PR 240 RD N	L -\$11,300 B -\$145,500	\$8,655.74

The tax sale is subject to the following terms and conditions with respect to each property:

- The purchaser of the property will be responsible for any property taxes not yet due.
- The Municipality exercises its right to set a reserve bid in the amount of the arrears and costs.
- If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
- The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
- The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Rural Municipality of Grey as follows:
 - i) The full purchase price if it is \$10,000 or less; OR
 - ii) If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
 - iii) A fee in the amount \$367.50 (\$350 plus GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
- The risk for the property lies with the purchaser immediately following the auction.
- The purchaser is responsible for obtaining vacant possession.
- If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 20th day of October, 2022.

Managed by:



Kim Arnal
 Chief Administrative Officer
 Rural Municipality of Grey
 Phone: (204) 436-2014
 Fax: (204) 436-2543



Homestead

Full Time Hardware Manager at our Carman Home Centre

Deadline for applications is November 3, 2022.

Are you looking for a career that will enhance community life? Homestead Co-op is looking for you! Together, we build relationships, lead in service, and positively impact our communities with every interaction.

We offer great benefits, an employer matched pension plan and learning opportunities. **To apply, please go to the Careers section of our website and apply on the Job Board: www.homesteadco-op.crs**

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca

Deadline to apply is Friday, October 28, 2022.



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Classifieds

The Carman-Dufferin
STANDARD

Beautiful Home For Sale in Winkler Asking \$399,900



Lovely, well maintained home on quiet Spruce Bay. Close to schools and bicycle trails. Custom built in 2001, 1205 sq. ft. with open concept design and main floor laundry. New kitchen appliances in 2022, new shingles in 2018, ceramic tile floors, maple kitchen cabinets, 4 bdrms (2 up and 2 down), 3 bathrooms incl. 4 pce ensuite. Fully finished basement with large rec room; oversized double garage all on a 70x120' lot with mature trees and perennial gardens. Looking for a Dec. 15, 2022 possession.

Must see! Call for more information 204-362-7475.

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SUDOKU

	6					4	9	3
		7	3	4				
5			1					
			9	6			5	
	1			2			6	
2							8	
			6				9	
		4			1			
	8					7		6

Fun By The Numbers
Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

Here's How It Works:
Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

6	3	7	4	6	2	5	8	1
8	2	1	5	3	7	9	4	6
1	4	1	5	8	9	2	3	7
7	9	8	7	3	1	4	6	5
4	9	3	2	5	8	6	9	3
1	5	2	9	1	7	6	8	4
7	8	2	8	9	6	1	3	4
9	2	7	3	4	8	6	1	5
3	6	1	5	2	7	4	9	8

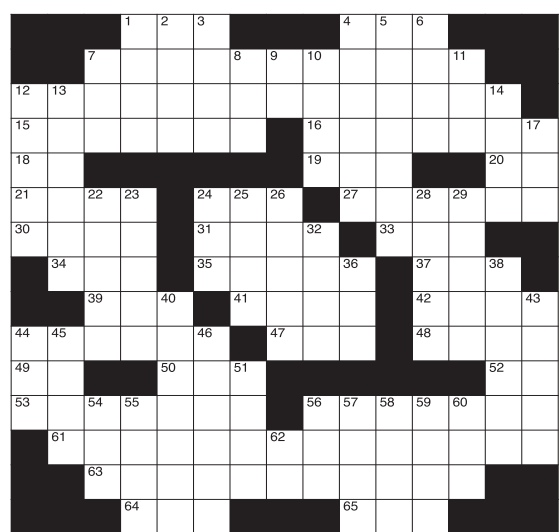
Sudoku Answer

A	T	L	N	V	A	R	E	S	B	O			
O	N	V	T	I	E	R	S	V	E	R			
E	N	T	I	V	T	R	L	V	E	O	S	I	W
V	R	A	E	S	B	O	S	D	V				
H	S	V	E	S	V	E	R	S	V	N			
B	T	V	I	B	V	R	D	E	B				
W	O	L	T	E	R	V	H	S	W	A	M	E	
R	E	G	E	R	E	G	O	G	W				
A	V	A	S	A	V	A	S	A	S				
A	S	I	D	I	O	R	O	S					
S	P	I	D	O	V	S							

Crossword Answer

CROSSWORD

- CLUES ACROSS**
- Unhappy
 - Clairvoyance
 - One who works under you
 - What happens there stays there
 - Not ingested
 - Got the picture
 - One thousandth of a gram
 - Breakfast item
 - About
 - Tall deciduous trees
 - Safe keeping receipt
 - Cowardly
 - Pueblo people of New Mexico
 - Herring-like fish
 - A very large body of water
 - Angle (abbr.)
 - Spiritual leader of a Jewish congregation
 - White clerical vestment
 - Cool!
 - Matchstick games
 - Thick piece of something
 - A state that precedes vomiting
 - Burned item residue
 - Jaguarundi
 - Anno Domini (in the year of Our Lord)
 - The home of "60 Minutes"
 - Dorm official
 - Give cards incorrectly
 - One who is learning the job
 - Popular R.L. Stevenson novel
 - CNN's founder
 - Criticize



- Parent-teacher groups
- Midway between south and southeast
- Moved quickly on foot
- Handheld Nintendo console
- "Top of the Stairs" playwright
- Electronic data processing
- "Dog Day Afternoon" director
- Leaned
- About aviation
- Mountain is a popular type
- Lake along Zambia and Congo border
- Heroic tales
- Soviet Socialist Republic
- "Star Trek" villain
- Hand gesture popular on social media
- Renters have one
- Tubular steel column
- Database management system
- Similar
- Providing no shelter or sustenance
- Death
- What a sheep did
- Midcentury Asian battleground
- Horizontal passage into a mine
- Mortified
- Improper word
- No seats available
- Financial obligation
- It can be hot or iced
- Tough outer skin of a fruit
- Spumante (Italian wine)
- Misfortunes
- Negative
- Camper

- CLUES DOWN**
- Fijian capital
 - Assist
 - Elected lord in Venice
 - The capacity of a physical system to do work
 - People of the wild

Announcements Classifieds

The Carman-Dufferin STANDARD

OBITUARY



Ina Boeve

On October 18, 2022, Ina Boeve, a loving wife, mother, grandmother, sister and friend was called home to our Lord and Saviour at the age of seventy-five, after suffering from cancer for a few months.

She leaves behind her dear husband of 50 years Dick; their seven children, Cheryl Borst (Anton), Jud (Betty), Karla Kuizenga (Rob), Linds (Maria), Sid (Caroline), Craig (Jessy), and Darlene Dykstra (Shawn) and 32 grandchildren, Dean (Sheela), Michael (Janique), Derrick (Lisa), Cody (Reighlyn), Jesse (Natalie), Ariena, Myron, Jaclyn and Annika Borst; Kent (Brittney), Luke (Nadia van Rhee), Jenna, Drew and Dustin Boeve; Emily, Rose, Abby and Thomas Kuizenga; Brooke, Rowan, Rhiannon and Damon Boeve; Camryn, Mya and Jaxon Boeve; Trayton, Liam, Cohen and Stacy Boeve; Shaelynn, Levi and Logan Dykstra and eleven great-grandchildren

Emmett and Morgen Borst, Richard, Miranda and Alayah Borst; Maverik and Axel Borst; Colson and Merritt Borst; and Austin and Trey Boeve. Ina also leaves behind her siblings Ricki Schepher, Dorothy Visscher, Wayne (Venus) Meijer, and Marianne (John) Hulst and her sisters-in-law Stein Zondervan, Florence Boeve, Mary Boeve, Patsy Douma.

She was predeceased by her parents Lefert and Margje Meijer and her in-laws Derk and Lutina Boeve and her precious granddaughter Jeanette Borst and several in-laws Willem Schepher, Hank Visscher, Gerrit Boeve (at age 5), Bert Zondervan, George Boeve, Rudy Boeve, Bart Douma, Luke Boeve and those that died in infancy.

Mom (Ina) was born on September 6, 1947, in Enschede the Netherlands. She lived four and a half years in Holland. In 1952 she immigrated to Homewood, MB, Canada with her parents and little sister Ricki. She grew up on an acreage near Carman where, together with her siblings, they built many forts in the bush and helped Grandpa Meijer herd the straying sheep back into the pasture. Mom attended Boyne school and graduated from Carman Collegiate in 1965. Mom had a great love for sports especially competing in track and field events. Mom was an active member of 4-H and did a lot of sewing with her sisters...making their own clothing including later their own wedding dresses! After high school Mom had various secretarial jobs. One of Mom's unforgettable experiences in life was the year she spent in Europe with her dear friend Susie Vandersluis. In November 1971 Mom became engaged to Dick Boeve and they were married on April 4, 1972. Mom and Dad were blessed with seven children. They raised their family on an acreage six miles north of Carman while together running their business, Dick's Heating. Mom enjoyed bookwork, sewing, crocheting, gardening, and yard work for many years. Mom was an active member of Women's Bible Study, Ladies Aid Committee and enjoyed volunteering for the DCS library committee and some outdoor recess supervision at DCS. Mom was very involved in the lives of her children, grandchildren and great-grandchildren. She enjoyed celebrating their achievements and loved and supported them through the joys and trials in life. It was evident to us all that Mom served her Lord and Saviour faithfully.

In their retirement Mom and Dad enjoyed many road trips. A few years ago, Mom and Dad moved to 245 2nd Street SW where they lived together until September 30, 2022, the day Mom was admitted to Carman Memorial Hospital. As family we are deeply thankful for the palliative care Mom received from the staff there. She kept her strength and sense of humour to the end and often used that to even help her family through her journey home. In many ways Mom was the glue that held the family together. Mom was relieved of her suffering and entered her eternal home this past week Tuesday. We praise our Heavenly Father for his love and faithfulness.

Funeral service was held on Saturday, October 22, 2022 at 10:00 a.m. at the Canadian Reformed Church of Carman East. Interment was held in the Greenwood Cemetery, Carman.

Doyle's Funeral Home
in care of arrangements
www.doylesfuneralhome.ca

OBITUARY



Ella Maria Knaggs

Our mother, grandmother, and great-grandmother, Ella Maria Knaggs, passed away at the age of 97 on October 17, 2022, at Carman Boyne Lodge. A Celebration of Life was held on Monday, October 24 at 2 p.m. in the Elm Creek Community Hall.

Ella was born on October 8, 1925, to Lily (nee Ransome) and Gordon Stouffer in Holmfild, Manitoba, the eldest of eight children. She was predeceased by her parents and her husband Delbert Dean Knaggs (1975) and son Shawn David (1974), also by her sisters Joyce, Robin, Jean and brother Brian. She is survived by her brothers, Frank (Carole) and Leslie (Irene). Mom's life revolved around her children, grandchildren and great-grandchildren.

Brian Knaggs (Joseph Knaggs/Annell Cook, Luna, Lily, Mathew and Richard Cook) Colleen/Henry Neufeld (Tax, Tilar, Jody, Ryan) Rhonda Rypko/Greg.

Wendy Dorion/John Vandusen (Shanna Milette/ John (Curtis, Rylan, Travis) Brandee Borne/Rob (Zenon) Andrew/Lindsey (Hudson, Charlotte, Marshall)

Lynne Douglas/Garry Spiss (Patrick Scharien/Mandy, Larysa, Kaylee, Blake) Tara Janzen/Tim (Declan, Maclean, Lachlan, Piper) Leslie Scharien.

Ken Knaggs/Janice (Daniel/Karen (Paris, Skylar, McKenzie)) David, Joel/Jessica (Troy, Seth, Lucas).

Cherie Wood (Sara Vandersluis/Richard (Cody/Shania, Brooke, Whitney, Kinsley, Colt, Scout) Travis Wood/Betty Goodfellow, Stuart Wood/Louise Atley (Gibson Atley)

Calvin Knaggs/Laurie Myhal (Karlene)

Shannon Knaggs/Robyn Reilly (Eva, Lily)

Brenon Knaggs/Nancy (Michelle Knaggs/Alex MacPhail (Aubrey). Jeffrey Knaggs.

Leonard Knaggs/Katherine.

Mom spent her childhood looking after her younger brothers and sisters, helping her parents through the Great Depression, riding horses, swimming, and baffling her teachers. As a young woman she joined the Canadian Women's Army Corps and was a private working in Medical Records where, as the story goes, she first met our dad. Mom and Dad were married on September 22, 1945 and moved out to a small farm just east of Elm Creek. Dad was the postmaster in town, a career he held until his death in 1975. In 1956 they moved to an acreage on the edge of town which Mom loved until she moved into Heritage Manor. Mom was a great gardener and like many of her generation who had lived through the Depression would can and preserve jars and jars of fruit, vegetables and pickles, freeze bags of vegetables and even can chicken. She was a wonderful baker, and we would come home from school to find the kitchen table covered with freshly baked bread, buns and cinnamon rolls. Mom also enjoyed curling, playing baseball on the local women's team and fishing. In her later years she took up golf and enjoyed golfing with her friends, although it is rumored, she may have cheated on her scorecard occasionally while golfing with her grandsons. After trying to get her to move into the Manor for years, Mom suddenly decided she would go. She enjoyed her little apartment and her neighbours so much that she asked us one day why we hadn't let her move there years ago. When Mom's health declined further, she was moved to Tiger Lily House in Boyne Lodge where she received care until her death.

If family and friends so desire, donations in Ella's memory may be made to the Elm Creek Housing Corp (Heritage Manor) Box 314, Elm Creek, MB R0G 0N0.

Doyle's Funeral Home
in care of arrangements
www.doylesfuneralhome.ca

OBITUARY



Margarita (Marge) Wieler (nee Peters)
1934 - 2022

Marge Wieler age 88 years of Winkler, MB formerly of Stephenfield passed away on Sunday, October 16, 2022 at her residence.

She is survived by her husband, John Wieler; their daughter, Eunice; daughter-in-law, Faye; two grandchildren and four great-grandchildren.

She was predeceased by her son, Harvey (2002).

Funeral service was held on Friday, October 21, 2022 at the Winkler Sommerfeld Mennonite Church with interment at the Rosenbach Cemetery.

Wiebe Funeral Home, Winkler
In care of arrangements
wiebefuneralhomes.com



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> MEAL IDEAS

Ghostly Graveyard Cake



1 box chocolate cake mix
10 chocolate creme cookies
1 cup black melting chips
1 cup red melting chips
1 cup heavy whipping cream
3 cans buttercream icing
1 purple food coloring
1 black food coloring
skull sprinkles
tombstones and bones candies

Prepare cake mix according to package instructions in three 6-inch baking pans. Once baked, allow to completely cool outside of pans.

In zip-top bag, using rolling pin, crush chocolate creme cookies; set aside.

In separate small bowls, add black melting chips and red melting chips.

In microwave, heat heavy whipping cream 1 1/2 minutes. Pour half the mixture into one bowl of chips and other half into other bowl of chips. Stir until chips are completely melted; set aside.

After cakes cool, on cake board, add small amount of buttercream

icing so cake sticks. Using bread knife, level cakes.

Place one cake on cake board and add thin layer of icing on top. Place second layer of cake on top and add thin layer of icing on top. Place final layer of cake on top and add thin layer of icing to entire cake. Freeze 15 minutes.

In small bowl, mix two parts purple food coloring to one part black food coloring. Ice cake with deep purple icing. Using grooved scraper, scrape along sides of cake. Using angled spatula, smooth top of cake.

Add skull sprinkles around edges of cake. Using piping bag with small opening at tip, drip black drip mixture around top edges of cake. Repeat using red drip mixture.

Add chocolate creme cookie crumbs to top of cake. Add tombstones and bone sprinkles to top of cake.



Ask the Money Lady

Dear Money Lady Readers: Last edition we chatted to Patricia about the benefits of DCA, (dollar cost averaging) and the pitfalls of RDCA, (reverse dollar cost averaging). As promised, here is the solutions to creating a life-long income in retirement and ensuring you retain capital preservation.

Economists have always stated that on average, most retirees should expect to endure at least 3 to 5 downward swings to the equity markets during an average retirement of 20 to 30 years. If your retirement income is withdrawn from a fluctuating asset class such as equities, it not unreasonable to expect to lose between 20% to 50% of your portfolio over a typical retirement time horizon of 25 years.

Once you do your hard-stop to working, your investment portfolio converts from a savings plan to a distribution plan. Market swings during routine withdrawals create permanent and unrecoverable losses to your retirement portfolio. The problem arises when investment shares are sold to create income and therefore are no longer in the portfolio to participate in the recovery. Add to this the current problem of rising inflation, and you have a toxic mix. Retirees will soon need to withdraw more than they originally anticipated due to reduced purchasing power. There are two ways that inflation hits a retirement portfolio: 1) The need to withdraw more from investments to meet the higher priced living expenses. 2) The central banks increase interest rates, which pushes down share prices and reduces the value of a retirement equity portfolio. The net effect is that the retiree is forced to withdraw increasingly larger amounts from their investments and must do so from a constantly shrinking asset base. So, what should you do?

The following are different retirement income strategies that you could consider with your advisor to create a "lifelong income" to reduce the risks of RDCA and the current rising inflation. I want you to consider these options that I believe will minimize or in some cases, even eliminate the harmful effects to your portfolio, (they are at least worth a conversation with a professional).

1. Set up withdrawals from money market funds only. Do not choose fluctuating investments such as equity funds, income trust funds, balanced funds or even bond funds.

2. Distributions from mutual funds, income trusts, dividends and interest payments from bonds should accumulate in a money market fund instead of being reinvested. Periodic withdrawals should come out of this money market fund only.

3. RRB-Real Return Bonds are fixed income assets which provide inflation protection. Discuss this option with your advisor to make them part of your asset mix.

4. Consider Annuities. Life annuities and a simple investment portfolio is considered to be the "perfect mix" for-



Christine Ibbotson

mula for retirement lifelong income.

5. Avoid rebalancing your portfolio too often. Frequent rebalancing causes significant damage to your portfolio.

ATML TIP: If your withdrawal rate is 5% or less, it is better to rebalance once every four years (preferably at the end of the US presidential election year).

6. Discuss withdrawal rates with your advisor and what you will need to do if your portfolio suffers a 5%, 10%, or even 20% loss. Make sure you understand the products you are in to determine not just their potential but also their risk. Consider SMA products.

7. Indexation and management costs will increase over time and will inevitably put pressure on the portfolio to have increased gains to break even. Keep this in mind when discussing alternative products with your advisor. Determine how the advisor/firm are paid and work out what this cost is annually. Make sure it's worth it.

Once you enter retirement and you switch to a distribution portfolio, the tendency is to choose low income and ultra-safe investments. In reality, you need to have significantly higher gains to break even when you are taking money out of your portfolio. That is because not only does a retiree need to recover the market losses, but they also need to recover the differential losses between the original plan and the actual portfolio value. When it comes to your retirement and securing your finances, try not to spend too much during the early years. Your mission must be to preserve capital and live more modestly than you did when you were working. After all, by the time you get to retirement, you should have very little to buy because you should already have everything you need. Make sure you retire without debt. Do not take on any large renovations, big ticket purchases, or unnecessary expenditures that eat away at your base capital.

Good Luck & Best Wishes,
ATML - Christine Ibbotson

Written by Christine Ibbotson, National Radio Host and Author of 3 finance books plus the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca