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Little farmer

STANDARD PHOTO BY HALEY MCINTOSH
Haley and Scott McIntosh's son Ben (3) checks on the farm's huge haul of soybeans south of Carman.

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Big Willy's wins Carman's first burger week contest

By Becca Myskiw

Carman's first burger week was two weeks ago, and the inaugural champ is Big Willy's Pizza and their Smoked Sampson burger.

Jodi Winkler of the Carman & Community Chamber of Commerce said the voting was very close, but Big Willy's ultimately came out on top. She said each participating business was overwhelmed with the community's response.

"What an amazing week," said Winkler. "It was incredible."

Chad Lubkiwski is the owner of Big Willy's Pizza — he crafted the Smoked Sampson.

He sells mostly pizzas, but Lubkiwski said he added wraps to his menu during the winter when truckers would come in and not have time to wait for a pizza. One of the wraps on his menu is a burger wrap and that's where he got the idea for his burger week dish.

The Smoked Sampson was a smoked bacon cheeseburger loaded with lettuce, pickles, ketchup, mustard, and a secret sauce. Because Big Willy's Pizza is closed on Sunday and Monday, Lubkiwski was only open for five

days of the seven-day burger week.

In those five days, he sold over 750 burgers — three times what he expected to sell.

"It was a pretty intense, crazy week for me and my brother at the shop," he said.

Lubkiwski and his brother were a two-man team for the busy week with a delivery driver on the weekend. He said he's thankful his brother put up with him for those five days.

Lubkiwski said he's also thankful to the town for supporting not just his business, but the others who participated. He is a certified chef and in cooking school, Lubkiwski said he was taught to put everything into everything he makes — which is exactly what he did for burger week.

"You never really enter something not wanting to win," he said. "But to finally find out your hard work paid off and you did win...I was very excited for the most part."

Winkler said there will definitely be a burger week next year and she's hoping more businesses participate. Lubkiwski already has his idea for next year and all he's saying about it is it's cooked differently than his



STANDARD PHOTO SUBMITTED

The Smoked Sampson from Big Willy's won burger week.

smoked burger.

"Sometimes you don't always need a lot of things on your burger to make it good," said Lubkiwski. "It's just if its fresh and showing people a new taste."

He said he hopes next year there'll be a few more guidelines for restaurants, pricing being one of them as people are more likely to buy a cheaper burger first. He wants all businesses to have a fair chance.

Conservation group encourages people to leave their leaves on the ground

Submitted by Nature Conservancy of Canada

The changing colour of leaves is one of the most beautiful aspects of the fall season, but it comes with an onerous task: raking them up once they've fallen. The Nature Conservancy of Canada (NCC), however, has some green advice for people wishing to avoid back-breaking yard work: leave the rake in the shed and the leaves on the ground. And if someone accuses you of being lazy, you can say you are helping the environment and being a conservationist!

The not-for-profit land conservation organization says leaving fallen leaves in your yard is a small act of nature conservation that can support backyard biodiversity in many ways. While some butterflies travel to warmer destinations, many native insects, including pollinators, and other backyard wildlife hibernate over the winter and can use a little neighbourly help.

Dan Kraus, NCC's senior conservation biologist, says leaves can provide important habitat for many species. "Backyard animals, such as toads, frogs and many pollinators, once lived in forests and have adapted to hibernate under leaves," says Kraus. "The leaves provide an insulating blanket that can help protect these animals from the cold and tempera-

ture fluctuations during the winter."

Another benefit of not raking your leaves is soil improvement. Kraus points out that as leaves break down, they also provide a natural mulch, which helps enrich the soil. Thick piles of leaves can impact the growth of grass and other plants come spring, but leaving a light covering can improve the health of our gardens and lawns.

As the leaves break down, some of their carbon also gets stored in the soil. "While it's great for cities to provide collection programs to compost leaves, the most energy-efficient solution is to allow nature to do its thing and for the leaves to naturally break down in your yard," says Kraus.

And it's not just leaves that are important for backyard wildlife during the winter. "Plant stalks and dead branches also provide habitat for many species of insects," says Kraus. "By cleaning up our yards and gardens entirely, we may be removing important wintering habitats for native wildlife in our communities."

"Migratory and resident birds can also benefit from your garden during the winter. Fruits and seeds left on flowers and shrubs are a crucial food source that sustains many songbirds during the winter, including gold-

Continued on page 3

**Reminder masks are mandatory
in the Carman Dufferin Arena.**

**Information on arena Covid-19
regulations and facility
schedules are available at
www.carmandufferinrecreation.com**



Sperling Industries helps the Back Door reach almost 50 per cent of fundraising goal

By Becca Myskiw

The Back Door Youth Centre recently received \$2,500 from Sperling Industries to go towards their expansion fund.

The Back Door Youth Centre has been raising money since 2016 for a 4,000 square foot addition to their current centre. Director Tyler Friesen said the centre started the project over five years ago after realizing they needed more space, better washroom facilities, more office space, and more accessibility for those with disabilities.

"The least exciting part about it is we need more space," said Friesen. "But that's the truth."

The Back Door Youth Centre purchased the lot next to theirs which holds the Piston Ring building. Friesen said they plan to demolish or move that building and build their addition there where it will connect to the existing building.

He said the expansion will also include a 40 x 60 foot multipurpose room with a 20 foot high ceiling that'll withstand floor hockey and basketball.

Though they've been "quietly fundraising" for this



PHOTO SUBMITTED

Sperling Industries donated \$2,500 to the Back Door's expansions project.

expansion for years now, when COVID-19 hit in March, Friesen said they stopped.

"We changed our approach to an awareness campaign instead of fundraising to be respectful to businesses in an unknown economic climate," said Friesen.

The centre sent our information on their expansion project to businesses in and around Carman. Friesen said they made it clear they weren't asking for money at the time — it was simply a way to make them aware of the youth centre's "hopes and dreams."

As a result of their awareness campaign, Friesen said they've had a few people and businesses come forward with donations, the most recent and largest being \$2,500 from Sperling Industries.

"That's just a testament to how supportive our community is," said Friesen. "Even in the face of uncertainty, people are coming forward with funds to make this project a reality and to make sure students are cared for, for years to come."

As of now, the Back Door Youth Centre has raised over \$495,000 for their expansion project. Friesen said that's almost 50 per cent of their goal — one million dollars — which they hope to have by the end of 2021.

To donate to the youth centre's project, call the centre at (204) 745-6186.

Dufferin approves market garden and hobby farm

By Jennifer McFee

On Sept. 23, the Carman-Dufferin Planning District hosted a public hearing about a Dufferin resident's request to set up a market garden and hobby farm on his property, which is in an agricultural restricted zone. This is a retirement for the resident and his wife, and they would like to maintain the land in its natural state. There were no objections and the planning district approved this conditional use request.

The planning district also hosted a public hearing about a request to allow for a group or com-

munity daycare (nursery school) in a commercial zone in Carman. There were no objections and the planning district approved this conditional use request.

The planning district passed second and third readings of a bylaw to amend the zoning bylaw to add a footnote in the agricultural zones section.

An outdoor rink will be developed on the skatepark concrete at the park, which will provide another option for outdoor activities during a winter with COVID.

> MANITOBA TRAILS, FROM PG. 13

finches, jays and chickadees. Providing winter habitats for our native birds and insects is just as important as providing food and shelter during the spring and summer."

With about 80 per cent of Canadians now living in towns and cities, backyard biodiversity is becoming increasingly important. "One of the biggest opportunities to improve the health of nature in urban areas is through the collective action we can all take in our yards," says Kraus.

Encouraging and learning about nature around our homes can also help build a connection to our natural world. "There is growing evidence that having a relationship with nature is critical for our health and well-being," says Rebekah Neufeld, Acting Science Manager for the Manitoba Region. "As Canadians, we have some of the planet's last areas of wilderness, but for many of us and our children, finding that connection to nature starts at home."

Local groups receive heritage grants

Staff

A number of local groups are among the fall recipients of the Heritage Grant Program.

The provincial government announced earlier this month that it had approved more than \$130,000 in funding to a host of not-for-profit community organizations across Manitoba.

"These grants provide funding support so organizations and communities can carry out projects that might not be possible from their general budgets," said

Sport, Culture and Heritage Minister Cathy Cox. "This funding helps them take on special projects that will further improve the service they provide all Manitobans."

The Central Re-

gion as a whole received over \$25,000 from the program in the year's second wave of funding, including \$4,740 to the Boundary Trail Heritage Region Inc. for a St. Paul's Catholic Church site sign and to research local pioneers, \$2,533 to the Miami Railway Station Museum for exhibition improvements, and \$7,000 to the Stanley Trail Association to create a video of local history in the Lake Minnewastaw region.

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PHAC hosting artist retreat next weekend

By Lorne Stelmach

It may be called an artist retreat, but the invite goes out to anyone for the one day event of the Pembina Hills Arts Council next weekend.

The ELEVATE retreat takes place Saturday, Oct. 24 at the Pembina Valley Bible Camp, and it could be a good day regardless of whether you are a practising artist or not, suggested PHAC programs and outreach co-ordinator Tricia Dyck.

"You don't have to be an artist to come to the retreat ... you will still gain experience, and it will be fun and educational," she said. "I think at a minimum everyone will have had an immensely fun day."

"I think to be able to bond with other artists, other people ... and even just getting out and into nature. I think the

pandemic has brought a lot of stress to everybody, and getting out into nature is freeing."

What had been a two day overnight event last year has been scaled back to one day this year in large part due to pandemic restrictions, but Dyck suggested there are also advantages to simplifying things.

"It just provides a little bit less commitment," she said, adding that keeping it to a more intimate gathering of no more than 20 people is also more appealing to some. "That was a really good takeaway from last year, and we had lots of positive feedback."

The camp has a variety of COVID-19 protocols in place to ensure the event is a safe one for everyone.

"Each person will have their own large table to work at, and everyone

will be asked to wear masks," Dyck said, noting the main hall is a more than large enough space to accommodate physical distancing.

The day will include two workshops that don't require previous art knowledge.

One led by professional photographer Leif Norman will focus on improving one's photography skills, including how to photograph artwork for marketing

"He can take that guesswork out of it, and he can also teach to all levels," said Dyck, noting that Norman has photographed artwork for the Winnipeg Art Gallery. "We have this amazing opportunity with an artist who knows exactly how to photograph art."

The second workshop will take participants through how to create

a 'Crankie' with musician and artist Debra Lyn Neufeld.

The great thing about it is that you can draw, paint, collage, write lyrics, or use myriad other ways to create your own moving picture box, said Dyck.

"There's many variations on that ... whether you want to illustrate with paints, whether you want to draw ... you could do collage ... you don't have to come in knowing how to paint and draw."

The \$125 registration fee for the retreat includes two meals and art supplies. There is also an optional horse trail ride available for an additional charge.

For more information, call 204-822-6026, email info@pembinahillsarts.com, or head to pembinahillsarts.com.

Manitoba Beef Producers district meeting coming up

By Lorne Stelmach

It's been a challenging year in a number of respects for Manitoba beef producers, so the provincial organization that represents them is looking to connect with them through upcoming district meetings.

Because of pandemic restrictions, the meetings are being held online through Zoom starting Oct. 20 with district three, which includes producers in Stanley, Dufferin, Thompson, Roland, Morris, Stanley, and Rhineland, among other areas.

Manitoba Beef Producers president Dianne Riding said these meetings are a great opportunity for members to hear about the work the organization is doing on their behalf and help set the path for the future by proposing resolutions for the virtual annual general meeting in February.

"It is good to get the producers' in-

put, but it also gives us a chance to talk to producers to tell them what we've been doing," said Riding. "Our producers get to see an overall view of what we have been working on all year, and they can also question their director as to anything that they have on their minds to discuss with us."

"There's lots of things happening in the cattle industry, and we always have lots of files on the go," she said. "Sometimes producers don't realize how much we actually are doing, so we always like to be able to talk to them about what we've done over the course of a year."

COVID-19 has had an impact on beef producers in a number of ways, suggested Riding, noting for example the backlog of cattle that resulted from the plant shutdown in Alberta.

"Some areas of the province still are short of feed ... some of our producers

have had too much moisture, some not enough," she said. "At one point, it was touch and go whether they would keep our auction marts open, and it's now been deemed an essential service."

"I would say it's quite a stressful time for producers because of all of the uncertainty."

Another issue centres on changes around the use of Crown lands, and the Manitoba Beef Producers are pressing the government for consultation on such concerns as rental increases as well as having the right to lease renewal, which is currently only available on legacy leases.

"We would like them to phase in their rental increases over five years," explained Riding. "We just need to work towards trying to come to a solution because some of the changes are not really favorable for producers."

The rental increase is a huge one but also the right of renewal.

"When you're short of feed and you get hit with a rental increase on land that is not producing what it has been three years ago, it's a little bit hard to take," she continued.

"And a lot of our Crown lands are in areas where it's not the best soil ... the best purpose for it is for cattle usage or bison or whatever can graze it. We also have pockets of crown land that's in wildlife management areas, and in those areas, you cannot increase your production in any way on it ... you cannot spray it, you cannot plant alfalfa or anything else on it. I am very restricted in what I can do with mine."

Producers wanting to register for a district meeting can do so online to mbbeef.ca.

Manitoba Public Insurance releases first quarter financial results

Submitted by MPI

Manitoba Public Insurance reported a net income of \$110.1 million for the first three months of its fiscal year, ending June 30, 2020. The net income after surplus distribution was nil, compared to \$94.7 million for the same period last year. The surplus distribution of capital of \$110.1 was intended as financial relief to policy holders during COVID-19.

Total earned revenues for the first three months rose by \$8.5 million from the same period last year. This increase was driven mainly by an increase in the number of motor vehicles insured and the value of those

vehicles.

Recently, MPI applied to the Public Utilities Board (PUB) for a provisional 10.5 per cent overall decrease in Basic insurance premiums for the 2021/22 insurance year. Approximately 98.9 per cent of vehicles will experience either no change or a reduction in rates from the previous year.

Factoring out impacts of changing interest rates on outstanding claims reserves, claims incurred dropped approximately 21 per cent year over year largely due to lower frequency of auto collisions in the quarter.

"While the first quarter results are favourable, net income remains sub-

ject to change throughout the year based on weather-related factors that drive claims costs, and variations in investment results affected by the financial markets," said Mark Giesbrecht, vice-president, Finance and Chief Financial Officer, Manitoba Public Insurance.

"Historically, the first two quarters of the Corporation's fiscal year generate a profit, which is then offset by an increase in claims during the winter months," said Giesbrecht. MPI remains committed to delivering on its mandate to provide exceptional coverage and service at rates that are affordable, predictable and stable over

the long-term, explained Giesbrecht.

"MPI entered the pandemic on a strong financial footing which allowed for the \$110.1 million surplus to be distributed to Manitobans when they needed it most. We are proud to now have followed this up with a subsequent rate decrease request to the PUB. Prudent claims management practices, including an increased focus on detecting fraudulent claims, along with management actions to maximize operational efficiencies, will ensure we continue delivering on our promise to provide value to all Manitobans."

Conservation group encourages people to leave their leaves on the ground

Submitted by Nature Conservancy of Canada

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in forests and have adapted to hibernate under leaves," says Kraus. "The leaves provide an insulating blanket that can help protect these animals from the cold and temperature fluctuations during the winter."

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And it's not just leaves that are important for backyard wildlife during the winter. "Plant stalks and dead branches also provide habitat for many species of insects," says Kraus. "By cleaning up our yards and gardens entirely, we may be removing important wintering habitats for native wildlife in our communities.

"Migratory and resident birds can also benefit from your garden during the winter. Fruits and seeds left on flowers and shrubs are a crucial food source that sustains many songbirds during the winter, including goldfinches, jays and chickadees. Providing winter habitats for our native birds and insects is just as important as providing food and shelter during the spring and summer."

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This week in review over the past 100 years

From our files 1920

The Passing of Dr. T. J. Lamont.

With tragic suddenness, Dr. Thomas Jasper Lamont, one of the best-known citizens in Southern Manitoba, has been called away.

Setting off on Monday morning with his team, on some errand of healing, he himself was in a short space of time brought back in an unconscious condition through a fall from his carriage. Dr. Cunningham of Carman, Dr. Mott of Rathwell and Dr. Halfpenny of Winnipeg, together with his son, Dr. J. Lamont, were quickly by his side, but all that medical skill could achieve could not stay the fast-ebbing life, and at noon on Tuesday the 5th of October, he passed away.

—Treherne Times.

From our files 1945

McGowan's Store News

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A Shipment of Ladies' Blue Serge Dresses

In this week's shipment made up in the latest styles. Sizes run from 16 to 24 years to size 40. Price \$24.00 to 30.00.

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J.G. McGowan & Co. advertisement

Fred Eby Opens New Dry Cleaning Plant - Fred Eby got the wheels

turning at his new dry cleaning plant Tuesday and plenty of work came in to get his Carman Cleaners business away to a good start. Fred and his wife are taking care of the work this week, but he expects to add two girls to his force in a few days.

Main equipment of the new plant is a cleaning and drying unit, with a capacity of ten suits at a time. Articles are washed in solvent for half an hour, then put into a drying chamber in which the odour of the solvent cleanser is drawn off by a fan. Heat for the cleaning machine and for the building is provided by a steam boiler. Articles are finished on a steam pressing machine. There is also equipment for blocking hats. An electric motor drives the cleaning unit.

The Carman Cleaners plant is located in a new concrete building on the east side of Fournier Avenue, south of the Ryall Hotel.

From our files 1970

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SALES & MARKETING
Brett Mitchell



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Gwen Keller



REPORTER/PHOTOGRAPHER
Dennis Young



REPORTER/PHOTOGRAPHER
Becca Myskiw



REPORTER/PHOTOGRAPHER
Jennifer McFee



GRAPHIC DESIGNER
Nicole Kapusta



GRAPHIC DESIGNER
Tara Gionet



DISTRIBUTION
Christy Brown



CLASSIFIED ADMINISTRATOR
Corrie Sargent

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Our editorial staff is available in Carman at 204-745-8811, or via e-mail at denjohnyoung@gmail.com.

Our commitment to you: we want to help build stronger communities through articles that both inform and entertain you about what's going on throughout the Pembina Valley. This is your community newspaper—let us know what you want to see in it.

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getheard

EDITORIAL > VIEWPOINTS > LETTERS

Long weekend sees 228 new cases

By Standard staff

Manitoba's COVID-19 numbers continue to climb.

Public health officials announced 228 new cases of the virus over the holiday weekend, in addition to four more deaths.

A woman in her 100s from Winnipeg and a man in his 40s, also from Winnipeg, were reported as the province's 33rd and 34th deaths due to COVID-19 on Monday. Another two Winnipeggers—two women in their 80s and 90s—had been reported on Saturday as the 31st and 32nd deaths.

Monday's COVID-19 bulletin put the total number of cases in Manitoba at 2,655, including 1,131 active cases and 1,490 recoveries.

There were 25 people in hospital with the virus at press time, four in intensive care.

In our region, Southern Health, there are currently 43 active cases, 336

recoveries, and 11 deaths.

The bulk of the new cases over the past week have been in Winnipeg and Monday's tally was no exception: of the 77 new cases announced on Thanksgiving, 56 were in the Winnipeg health region, nine were in Southern Health-Santé Sud, five were in the Interlake-Eastern and Northern health regions, and two were in the Prairie Mountain Health region.

Winnipeg and the surrounding area remain at code orange on the Pandemic Response System, which means public gatherings are limited to 10 people and masks are required in all indoor public spaces.

Manitoba's five-day COVID-19 test positivity rate was 3.3 per cent at the start of the week.

The chief provincial public health officer strongly encourages Manitobans to reduce the number of close contacts outside their household, and

avoid closed-in or crowded spaces.

In addition, people are urged to continue focusing on the fundamentals to help stop the spread of COVID-19:

- Stay home if you are sick.
- Wash/sanitize your hands and cover your cough.
- Physically distance when you are with people outside your household.
- If you cannot physically distance, wear a mask to help reduce the risk to others or as required by public health orders.

State of Emergency extended

On Friday, the Manitoba government extended the provincewide state of emergency under the Emergency Measures Act for another 30 days.

The state of emergency was first declared on March 20 to allow the government to more quickly respond to the pandemic. It has been extended every month since.

letter to the editor

Letters to the Editor:
letters@carmanstandard.ca

Curling changes will continue amidst COVID pandemic

Dear Curlers

The first week of November is fast approaching, and that is when we will be starting our curling season.

In Manitoba, curling clubs are opening with safety protocols in place. Curling will look different this season, and if we are going to provide a safe environment, we will need full cooperation from all who come out to play.

There will be a list of protocols posted before we open. All these requirements are in place to be able to meet guidelines and standards from Manitoba public health. Here are a

few of the things that will have to be in place when we start the season, bearing in mind that social distancing and a reduction in contact points are our goals:

- Masks are mandatory to enter the building. Masks may be removed when you are curling and when you are in the dining room.
- Draw start times will be staggered.
- Social distancing curling protocols are posted on the bulletin board.
- Locker room use is permitted with masks mandatory.

Please educate yourself on these requirements, so that you are all familiar with them when the time comes to curl.

We do have a different year ahead of us, but we will do our best to work through it and still enjoy the wonderful game of curling. Our goal is to keep all our curlers and staff safe while still enjoying some healthy activity!

I look forward to seeing you soon!

- Respectfully,
Dean North

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Online job fair a hit for Regional Connections

By Lorne Stelmach

Regional Connections hopes to hold regular job fairs after getting a good response to its first event last week.

The agency's first job fair offered a chance for up to 100 people to connect with a half dozen employers in the region held online Oct. 6 via Zoom.

It was kept small as a pilot event and was virtual given pandemic restrictions, but organizers believe it could be the start of an ongoing effort to connect people with work opportunities.

"We were happy we were able to make this happen, and we want to keep having these events happen quite often, maybe every quarter," said employment coordinator Adeleke Dada. "We had good participation from people around the Pembina Valley area. We had people from all different demographics."

Dada said they had been looking for employers who potentially had multiple job opening, so there were representatives from Access Credit Union, Grandeur Housing, Gateway

Resources, Meridian Industries, Berg Trailers, and Friesens.

As far as the job seekers, it was open to all.

"It wasn't just for newcomers—it was for anybody who was looking for a job," said Dada. "We had great attendance. We had a lot of people connecting with employers. It was very engaging," he said. "After listening to general presentations, they had breakout sessions, so they had time to have a more in-depth conversation and had the opportunity to ask their

questions."

Dada invites local companies looking to hire to contact him to take part in future job fairs.

"We can also have special events for them," he suggested. "We want employers that are interested in being part of this to reach out to us. There's a lot of people in the Pembina Valley area looking for jobs, and this is a good opportunity for them to reach out."

A not so warm winter for local snowbirds

By Becca Myskiw

COVID-19 has changed almost everything in people's lives this year, and with the winter months approaching, snowbirds are no exception.

Ann Holmes and her husband Albert have been going down to Arizona for winter for the last 10 years. She said they started doing it after her husband took an early retirement, went contracting down there and got a taste of "that nice winter weather."

"We decided why would we stay here when we could be there," said Ann Holmes.

But this year, the pair is making

plans to stay at home rather than travel to their winter getaway. Ann Holmes said unless things drastically change sometime this winter, they'll be spending their time in the snow.

They aren't too upset about it, though. The pair doesn't want to risk getting COVID-19 down south, so staying home keeps them safer.

"Yes, it's an adjustment to stay home," she said. "But you just adapt to the norm."

Finding ways to keep busy, she said, is going to be their challenge because it can be easy to "be a couch potato" when it's cold.

"When you're 70 years old you need to be doing things," she said.

Albert Holmes has gotten into stick curling, something he plans to do this winter. Ann Holmes said she hopes to join a yoga class, get out walking, and find volunteering opportunities to keep her busy.

They also have a four-seasons room in their house with a fireplace, where they plan to spend time.

Ken Coates and his wife Lee are also a couple of Carman snowbirds. They've been heading to Arizona to get out of the cold for 13 years.

The pair usually leaves around the

third week of October, but this year, Ken Coates said they currently have no plans. They don't have a vehicle at their place down there, so they'd prefer to drive — but as of now, the border is closed and the only way there is by plane.

So, unless that changes, Ken and Lee Coates aren't sure what their winter holds. Another pair of local snowbirds are going to the desert in B.C., what they say is the warmest spot in western Canada.

Where are they now? Catching up with David Whitehead

By Dennis Young

This feature will attempt to renew some acquaintances with those who called Carman home at one time or another. I have randomly selected people to answer questions of their past and present so the readers can be brought up to speed on their lives.

Q. Firstly let's get familiar with you again. When did you live in Carman?

We actually lived in Carman for 3 ½ years until 1989. I am originally from Roland so, I was heavily involved in social activities and sports in Carman over the years.

Q. Did you attend school here?

Yes Midland Collegiate from which I graduated in 1974.

Q. What did you do for a living here?

I worked as an accountant in the grain industry and at a Ford dealership. My wife Lynda was employed at the high school in Administration.

Q. What did your family do for a living here?

I was from a farm background south of Roland. My family still farms the acreage today.

Q. What activities did you participate in?

I curled, refereed hockey, umpired ball and golfed.

Q. Did you meet your spouse here?

No I met Lynda Lefley before we moved to Carman.

Q. Did you raise any children here? Names, where and doing what?



STANDARD PHOTO SUBMITTED
David and Lynda Whitehead with their sons Martyn and Kirby.

You bet. Our two sons were born during our time there. Martyn (32) works at Pollard Banknote and Kirby (31) works for Manitoba Hydro. Both are in Winnipeg which is great.

Q. Do you have family now?

Extended family for sure as Kirby married Jessica in 2018 and they have given us two grand kids. Lydia (3) and Rowen (1).

Q. What got you to leave Carman?

Sad to say but we left for better employment opportunities and job security.

Q. Did that make you move around lots?

Well, once in Winnipeg we have lived in the same house in Charleswood for 30 years so, no.

Q. What else have you done, where and how long?

I have been employed by Canada Post in Winnipeg for 33 years, including three years of commuting from Carman. Lynda worked at CIBC and then at Pembina Trails School Division until she retired a few years ago.

Q. What do you do now? Retired?

I am still working but getting pretty close to retirement I would say.

Q. What passes your leisure time now? Hobbies?

I am still able to get down in the hack so I curl in winter and umpire ball come summer. In fact I travel to Carman to ump Cardinal games and for the occasional round of golf! We also have ticket packages to both the Jets and the Goldeyes. I am also a board member for Baseball Manitoba and am the Treasurer for Charleswood Men's Curling Club.

Continued on page 13

Access CU unveils new post-merger branding

Staff

Access Credit Union is marking its amalgamation with Crosstown Civic Credit Union with a new company brand designed to better represent the merged entity.

ACU's new "Where you need us to be" tagline is a "nod to the expanded geographical range of the new credit union, as well as the new digital frontiers for banking and communicating," says Ingrid Loewen, current board chair for Crosstown Civic and incoming board chair for the new Access. "We are committed to being available for our members—online,



offline, at any milestone in their lives."

A new logo is also meant to express the organization's "member-centric" approach to financial services.

The logo includes a "triple cheque mark" representing Crosstown Civic

in blue, Access in green, and both entities together to make a teal capital A.

ACU explained that the inspiration is all positive: arrows for forward, upward motion and change; a check mark for solutions and right choices;

a knot to tie it together; and an "A" for accessibility.

"Our new brand celebrates the beginning of a new organization while respecting the legacies of our pasts," said Curt Letkeman, current board chair for Access and incoming vice chair for the new credit union. "Our brand will be reflected in exceptional service and convenience for members when they want, how they want. Our new brand is unique—just like each member we represent."

The ACU and Crosstown Civic Credit Union amalgamation officially comes into effect on Jan. 1.

Winkler artist crafts wooden 'Armor of God'

By Ashleigh Viveiros

The Winkler EMM Church has played host to several unique pieces of artwork recently thanks to the work of one of its congregants.

Woodworker John P. Reimer has spent several hundred hours over the past few years bringing the armor of God described in the Bible to life.

Reimer painstakingly carved pieces of poplar, purple heart, angelim, maple, and ash into the Christian Belt of Truth, Breastplate of Righteousness, Gospel of Peace, Shield of Faith, Helmet of Salvation, and the Sword of the Spirit.

It was a labour of love, to be sure.

"It took me between 600-700 hours," Reimer said. "I started on it about three years ago and then I kind of lost interest in it for awhile when it was maybe half or a third done. So I shelved it for two years.

"And then I just felt God calling on me to bring it out and finish it."

When the COVID-19 pandemic hit, Reimer felt it was more important than ever to finish the pieces and share them with others.

"I could sense that that was God's lead, to finish it and have a message about it in church," he said, add-

ing that he hopes people's takeaway when viewing the work is "courage and inspiration to take God's armor with you on your walk through this journey of life, especially in these times."

Winkler EMMC pastor Dale Dueck said the pieces served as a powerful visual representation for his sermon on the armor of God last week.

"Anything like this is helpful for the congregation, a good visual reminder," he said. "They'll certainly remember this."

Continued on page 10

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Night of laughs supports PVHS



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It may have been on a smaller scale than usual, but the annual Raise The Woof comedy night fundraiser in support of the Pembina Valley Humane Society went ahead last Friday in Winkler. Comedians Cory Mack, Michael Green, and Matt Kaye entertained the crowd, and an online auction that continued to the end of the Thanksgiving long weekend was adding to the event's tally, which was not available at press time.

Southern Health reports on a year of change

By Ashleigh Viveiros

Southern Health-Santé Sud held its annual public meeting on the virtual stage last week.

While the online presentation was made necessary by the COVID-19 pandemic, board chair Abe Bergen noted it's actually something they've discussed doing for some time in a bid to make the event more accessible to a greater number of people.

"True, this is a new way of delivering our annual public meeting, but we as a board are excited to try things in a new way," he said in his opening. "We are looking forward to this opportunity to spread the message of our organization to a wider audience than previous years."

While the meeting itself focused on the fiscal year running from April 2019 to March 2020, before the pandemic was in full swing, Bergen took a moment to reflect on the impact recent world events have had locally.

"We want to acknowledge that the COVID-19 pandemic has brought about incredible pressure on our health system to change and adapt very quickly," he said. "The flexibility and leadership demonstrated by Southern Health-Santé Sud staff has been inspiring to hear about, and in some cases witness personally."

"The impacts to your personal and professional lives have been immense in the last several months," Bergen continued, addressing staff. "We want to take this opportunity to thank you and recognize your sacrifices on the front line against this virus and against many others."

Southern Health-Santé Sud CEO Jane Curtis echoed those thoughts and added, "While immersed in the fight against the pandemic, we do not forget the triumphs from this past year. Much has been accomplished, and that is worth celebrating."

Among the list of accomplishments was the RHA's successful completion of its accreditation survey.

"Preparing for it was a rigorous process with over 39 locations in our region being surveyed," Bergen said. "As anticipated, we did very well ... it's an affirmation that the service quality we are delivering is excellent and is recognized as such across Canada."

"An excellent grade with accreditation can never be attributed to one single performance," he added. "It's the direct result of ongoing team effort."

Curtis noted that the release of the most recent Community Health Assessment (CHA) was another major highlight for the year.

"It provides a comprehensive over-

view of the health of residents in the region and tells a compelling story," she said. "The CHA is an indispensable tool for gaining a better understanding of our evolving population. It provides a platform for continued conversation about health disparities and contributes to our collaborative action planning around specific health challenges within our communities."

The past year, pre-COVID, saw the RHA immersed in the first steps of carrying out the government's plan to streamline health care in Manitoba.

"For the first time ever as a province we have a plan that incorporates all health sectors and considers the unique needs of all Manitobans," Curtis said in reference to Manitoba's Clinical and Preventative Services Plan released in late 2019, calling it a "monumental document."

It's one of the largest changes to the province's health care system in years, Curtis noted.

"The CPSP will help meet the needs of patients closer to home by coordinating where the services are offered, including investments in improved care offered at home and in the community," she said, explaining the changes will reduce the need for rural patients to travel to Winnipeg for care by increasing the number of specialty services available locally.

As part of the transformation process, 2019-2020 saw the transition of thousands of RHA staff in diagnostic services, emergency medical services, and information and communications technology to Shared Health.

Shifting into the Shared Health model of care is a huge undertaking, but it's one the RHA is endeavouring to do while still holding on to the values it's always operated under, Bergen stressed.

"As regional health authorities are shaped into service delivery organizations (SDOs), the public will continue to measure our services in much the same way as they measure other life experiences: by grading them and by examining data," he said.

"At Southern Health-Santé Sud, we will continue to make sure that we balance and validate the information we receive with sensitivity, compassion, and a listening ear. We must never forget to blend the human element within our measurements, because that's when excellence is elevated."

There's been a bit of a learning curve to all this, Bergen admitted, but it will bear fruit.

"For the first time ever we are collecting, reporting, and interpreting the same data as other SDOs in Manitoba," he said. "This is allowing us to see how we compare in many areas and it also allows us to dig deeper into specifics if needed."

"Transparency and accountability increase with this type of process."

Capital projects

The past year saw the start and completion of several major capital projects across the region.

Heliports at Boundary Trails Health Centre and Ste. Anne Hospital both got up and running in 2019.

"These projects were generously

funded by community donations and provide air ambulance medical teams with a permanent place for helicopters to safely land when transferring critically ill or injured patients," Bergen said.

Work on new personal care home beds for Carman and Steinbach also began.

The Boyne Lodge project in Carman will add 79 new beds in phase one, expected to be completed this winter, and another 30 beds in the phase two renovations to the old facility.

On the surgical front, in a response to an ever-increasing demand for hip and knee replacements, the RHA was able to significantly increase the number of orthopedic surgeries it provided at BTHC.

"After much planning and dedicated work by our staff, the region successfully completed this year an additional 68 joints," Curtis said. That

Continued on page 12

"MUCH HAS BEEN ACCOMPLISHED, AND THAT IS WORTH CELEBRATING."

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Miami library receives \$95 from MWM Environmental

By Becca Myskiw

The Miami Public Library received this year's \$95 donation from MWM Environmental.

MWM Environmental is a waste and recycling provider in southern Manitoba. Each year, they give back a portion of the payment for each bin dump done in Miami to the RM of Thompson. This is one of the ways MWM Environmental helps with local projects.

They've also supported the Morris Area Foundation, Donate Love, and the Manitoba 4-H. Council (to name a few).

Cherie Debreuil from the Miami Public Library said from what she understands, the money is donated to the council who then decides where to put the money.

This year, they gave it to the library. "We think we are a great place to do-

nate to because everyone in the RM of Thompson can benefit from this donation," said Debreuil.

She added the library is one of the few free, all ages, all year-round activities in the area.

Miami branch will be using the donation to purchase new books, said Debreuil. They just placed their fall order so she said she may use the money from MWM Environmental for upcoming patron requests.

The library has a patron driven collection, where they track requests for items that aren't available in the branch or by Interlibrary loan.

"We try to purchase those titles on the next book order," she said. "This helps to ensure our patrons have a good selection of titles in our area and hopefully no items that are unwanted or not popular enough to circulate."



STANDARD PHOTO SUBMITTED

Miami library received a \$95 donation from MWM Environmental.

> WINKLER ARTIST, FROM PG. 8

The project got its start with a simple idea.

"I had this thought that I'd like to build a sword out of wood as a cool thing to do," Reimer recalled. "I had these leftover pieces around of nicer wood, and so I started that way."

The finished sword led to the helmet, which then led to the rest of the set.

Every piece is made entirely out of wood, even the belt and sandal parts that look very much like leather.

"I picked this particular wood because it looks so much like leather," Reimer said. "I knew I had to make the belt out of it."

It's no small challenge to create such intricate pieces out of wood, but it's one Reimer relishes. He's been creating wood art for nearly 40 years now.

"I've always been interested in art. I've been drawing since I was old enough to hold a pencil," he said. "I was also interested in building things, so the two kind of fused and I got interested in wood carving."

Once the carving got going I started to get more elaborate with sculptural pieces like this."

The armor pieces have taken up a lot of his time of late. Now that it's done, Reimer has a ideas for a few other projects he hopes to tackle this winter. He hopes to have a public exhibition of his work one day at a local gallery. In the meantime, he's open to loaning the armor of God pieces out to other area churches interested in displaying them. You can reach him at 204-361-8166 or reimerj5@yahoo.ca.

An advertisement for G3smarter.ca. The top half shows a person in a green plaid shirt looking at a tablet with a green screen that says "LAUNCH YOUR GRAIN WITH G3" and "LIFT OFF". In the background, there are several large grain silos. The bottom half of the ad has a white background with the G3 logo and the text "G3smarter.ca".

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John P. Reimer spent hundreds of hours creating a visual representation of the armor of God out of wood.



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New personal care home in Carman the first of its kind

By Becca Myskiw

Construction on Carman's new personal care home (PCH) is on track to be completed by March 2021.

The new PCH is an addition to the existing Boyne Lodge. It will add 80 beds to the facility in a small house model of care — the first one of its kind to open in Manitoba, said Tyler King, director of economic development.

A small house model of care gives each resident their own room with a bathroom that includes a shower. King said this gives each room a homestyle feeling and each person has the ability to be bathed in their own room if they choose, but the new facility will have a spa room as well.

There are two floors in the new facility with four pods on each level. A pod has ten rooms that are set up in a sort of circle connecting to the kitchen and living room.

King said this model of resident-centred care makes each resident feel like they're living in a home rather than an institution and it gives each of them better outcomes.

"Obviously we want residents in the facilities to live long term," said King.

Construction on the regional project

started in May 2019, but the idea came before that. King said they looked at the population of Carman and the utilization of Boyne Lodge, which has always been working at full capacity. He said based on population trends and Southern Health Santé-Sud's regional analysis, more senior housing was an obvious need.

"We knew the Boyne Lodge was becoming an aging facility and we needed to look at the future of personal care homes in our community and healthcare," said King.

He said the rooms are starting to take shape and it's looking good. Last fall's early snowfall brought challenges and slowed construction for a while, but after a summer of good weather, they've gotten back on track.

Once construction on the new PCH is done, the 70 residents from Boyne Lodge will move in. Then, the existing PCH will get a face lift to have the same layout as the new one. The two buildings will be connected with a bistro setting and office space for Southern Health Santé-Sud employees.

Once the renovation is done, King said they'll begin adding more residents.



STANDARD PHOTOS SUBMITTED

Taken on Oct. 1, the PCH construction is on track.



Once construction on the new PCH is done, the Boyne Lodge will be renovated.

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> SOUTHERN HEALTH, FROM PG. 9

brings the total number of joint operations to 492 for the year.

Likewise, expanded dialysis services brought the numbers at BTHC and Portage General Hospital to 912 treatments per month.

Strong financial outlook

When it comes to financials, Southern Health-Santé Sud is in good shape, Bergen said.

"As we enter our ninth fiscal year as an organization, we celebrate the fact that we have been in a balanced fiscal position each year," he said, stressing sustainability needs to continue to be a focus moving forward.

The 2019-2020 financial report showed the RHA's accumulated sur-

plus increased from \$103 million to nearly \$106 million.

The organization saw an operating surplus of \$1.9 million before the health care system restructuring. After that process, the surplus hit \$3.1 million.

Revenue decreased from \$396 million to \$371 million, but so did expenses, which dropped \$17 million to \$369 million.

The meeting wrapped up with quality service awards and career achievement awards going out to several staff, including Sandra Aerssens Young, Michele Martel, Tiffany Thunder, and Eileen Vodden.

Nominations for Chamber 2020 Business Awards open

By Becca Myskiw

Nominations for the Carman and Community Chamber of Commerce's 2020 Business Awards are now open.

Executive director Jodi Winkler said it's especially important to recognize local businesses this year because of COVID-19.

"It's for recognizing businesses that have gone above and beyond," said Winkler. "They've all done a tremendous job of keeping essential services going."

She noted how many, if not all, businesses were shut down earlier this year at the beginning of the pandemic. Since reopening, they've had to change the way their work, reducing the number of people they can attend to at a time, spending more money on sanitization, and adhering to new restrictions often.

The business awards are a way of raising awareness for local businesses and saying thank you to



them, said Winkler.

There are four awards people can nominate a business in Carman for. The first is "Outstanding Business of the Year."

This award goes to a local business that has been in operation for three or more years. They demonstrate positive growth, superior customer service, and embrace a commitment to quality.

The next award is "New Business of the Year Award." This one goes to a business that has been around for more than one year, but less than three years. They have gained a growing positive reputation, demonstrate an excellence in innovation management, marketing, customer services, and integrity.

The third award businesses are eligible for is the "Chamber Member of the Year Award." It is given to an active member of the Carman and Community Chamber of Commerce to recognize their community and economic contributions. Selection for this award is made by the board — nominations are not accepted for it.

The last award is the "Community Builder Award," which is given to an individual who makes a significant contribution to the community.

Nominations for the chamber's 2020 Business Awards will be accepted until Monday, Oct. 26. To get a nomination form, email ccchamber@gmail.com.

Winkler reminds residents that shopping local is important always, and it's easier to do now as different communities are in different precautionary zones with many rules. Supporting local businesses is a way to keep them in the community as well.

> DAVID WHITEHEAD, FROM PG. 7

Q. Any future plans?

If all goes well, retirement and enjoying our grandkids as much as possible. I would also add, improve my golf game but, that is not likely!

Q. Have you travelled and where?

We enjoy vacationing in the southern U.S. in the winter with friends and family.

Q. Do you ever return to Carman?

Sure do. My Mother lived in Boyne Lodge until passing away last fall. My sister Pam McIntosh and her family live in town and I have 2 brothers, Bill & Ray, who farm with their families on the homestead in Roland.

Q. What are some of your fond mem-

ories of Carman days?

I have fond memories of my days playing baseball with the Goldeyes and playing hockey with the Cougars and Beavers. During my frequent visits I often connect with people who I haven't seen in years. Carman people are very friendly and supportive.

Q. Any last words wish to send to our readers?

You have a gem of a town and you should be very proud of it! I am.

If you wish to reach this former Carmanite please send me an email at Dennis Young <denjohnnyoung@gmail.com> and I forward it to them for further contact.

Remembering...Ron William James

By Dennis Young with Valley Leader archives

Brilliance of mind mixed with a selflessness for his time and his body made Ron James a saviour to those in need and a legend to everyone else.

Born in Saskatchewan but moved to Manitoba during the dirty 30s his family settled on a farm northwest of Carman. "He did most things other boys did in those days like 4H but he largely kept to himself" said his sister Ellen Harde. "He was very wrapped up in his work. He was so wrapped up he had little time to socialize."

Ron finished high school in Carman and showed his knowledge by becoming certified in electrical, gas fitting and refrigeration. He started his own business James Electric and was soon in demand for installing, repairing and maintaining all kinds of equipment and installations. A friend and co-worker Bill Vandersluis said years ago Ron could sit down and figure

anything out he did not understand. "Anything anybody gave up on, he would tinker with" he said. "I learned a lot from him."

Charles Peckover recently recalls travelling to a hockey game in Altona and saw Ron on the side of the road. "Well hop in with us then," said Chuck. "Nope I get it figured out and meet ya there." Ron replied. Upon returning from that hockey game some 3-4 hours later, Charles and his car full almost ran into him by Dennis Wilton's farm on Hwy #3. He had his 1957 Chevy station wagon parked in the middle of



Ron James

Continued on page 15

Created by Annabelle Mauger & Julien Baron

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Reminiscing about the good old days - The Saints

By Dennis Young

In the Sept. 9 issue, we printed an article I updated about a concert held in Carman in the 60s featuring The Guess Who. Or at least they would become The Guess Who soon after their performance here. After I was fed the tip that a local band played that night too, I got in touch with members of The Saints. Rather than edit their memories of those best of times, I will let them tell it in their own words, which are priceless. Here are their recollections of their crazy Band scene and that infamous evening with Guess Who?

Gary McEachern: "Bill Johnston, Rod Lehmann and I started guitar lessons at the same time. After a few lessons of learning notes, timing, scales, etc, (all very boring) we started to get together to teach each other simple but popular songs. The Boyne School community wanted to hear us so we set up in the jam packed school, played our best songs and got a box of chocolates for our effort. We thought if we're going pro we'd better find a drummer so one of us heard that Sheldon Smith was learning to play. Bill and I went out to the farm and auditioned Sheldon. He played the drum solo to Wipeout - he was in!

"The band was formed and now we could practice to The Gibson brothers preceded us as did the Carmanians, (Sylvesters, Swantons and Carm Colvin) but as far as I know, we were it for local rock bands in the 60s. We played at a Carman Collegiate "pep rally", entered a CKY TV talent show and started to get bookings. If we weren't booked for a weekend dance we would rent a hall and put on our own dance. On long weekends we're always good for a booking at the 4 40 Club (4 on the dance floor, 40 in the bush). We'd start playing midnight Sunday and play until the sun came up. We got cash and all the hamburgers we could eat. We played St. Claude, Elm Creek, Graysville, Brunkild, St. Jean, Manitou, U. Of Winnipeg, all the Aggie dances at U. of Manitoba, a huge street dance in front of the old post office in Carman (complete with go go dancers Dorothy Strutt & Lynn Saunders) and our most famous one in the Carman Arena. It was 1966 and



STANDARD PHOTO SUBMITTED

The Saints played at a Boyne School Dance Feb. 12, 1966 - Sheldon Smith, Rod Lehmann, Gary McEachern and Bill Johnston.

Allan Kobe had just left Chad Allan and the Impressions, a band made up from the Silvertones and the Velvetones. Bob Burns, a promoter from Winnipeg, staged a Battle of the Bands in the Carman Arena with our newly formed band (about 2 years). It was made up of Bill Johnston (lead guitar), Rod Lehmann (bass), Sheldon Smith (drums) and myself (rhythm). The Saints vs Guess Who? as they did not have a name as yet that night. Stages were set up at opposite ends of the Carman curling section of the arena. We led off with Paul Revere and the Raiders songs plus a few of our favorites then the crowd shifted to the other stage for Guess Who? songs. The M.C. of the night, Bob Burns, approached us afterward offering to be our manager but none of us could fathom being "on the road" so declined the offer. I don't think we got paid for that gig either I loved the music and was always amazed at the number of fans who showed up at every dance no matter where we were. The Carman 2000 reunion was a highlight and we practiced for months prior to that as it had been 30+ years since we played together. We relearned our songs in the basement of my Charleswood home with my five year old granddaughter at most practices. If she swayed to the

beat we would keep that song in the lineup, if she was bored the song got cut. Playing the packed Carman Arena that night was my favorite band moment.

Rod Lehmann: The band was formed while we

were attending Midland Collegiate in Carman. It started with a few of us taking guitar lessons. The guitar teacher drove to Carman from either Morden or Winnipeg but it was sometime after the third lesson, when a blizzard prevented the teacher from showing up, we shared a few songs we'd each learned on our own. We were so good, in our minds, we began questioning the need for lessons. So that was the end of the lessons and The Saints were born. The principal members of the band were Gary McEachern, Bill Johnston and myself. Sheldon Smith was added later as we needed a drummer plus Mike Topley was with us for a bit as our piano player. Once the band left high school and off to university for some of the band, Jack Graham (drummer) and Paul Jensen (keyboard) joined the group. We had try outs for a singer and Rick Smalley was with us for a bit. He was the rebel because he had the longest hair... short by today's standards. Not sure who came up the name The Saints or why. The majority of our gigs were in the country but we have played at the high schools in Brandon plus the University of Winnipeg and University of Manitoba. One of the best bookings would have to be playing for a stripper....Devils Angel...at lunch time at the U of W. This was pretty out there in 1968. In our back yards we played Carman, Elm Creek, Treherne, Miami, Roseisle, Morden, La Salle and Selkirk. We charged about \$35 each.... barely covered the gas. I would say that my best performing night would be a tossup between opening for the Guess Who? and having the band get back together in 2000 for the Carman Homecoming. My son Shane played lead guitar for one song while my daughter Tannis sang a lead solo that

night. Bill Johnston's wife also joined us to sing with backup. Then there was the 4 40 in Roseisle which was a converted chicken or mink barn where for every 4 people in the dance hall there were 40 people outside eating burgers and drinking beer. It wasn't a licensed establishment...different times. I guess the worse night was at Morden when some wires got crossed and we were set up to play and no one showed up. Or the knife fight in Elm Creek where the weapon was thrown down an outhouse hole. An RCMP officer had to go down and retrieve it. Fun times! We were together until around 1969 when marriages and life got in the way. Bill, Gary, Paul, Jack and I all met their current spouses while the band was together...and four are currently married to the same gals. We must be doing something right or it was the Carman water. Jack unfortunately passed away four years ago. We had loads of fun and good times. I suppose most of the good times were the funny times as well.

Paul Jensen: You guys were all pretty accurate! You all married high school sweethearts but I met my sweetheart Maureen in 1979 when I was working in Thompson. Rod you mentioned the Morden gig where no one showed... I remember the manager telling us that if we cleared out in 20 minutes he wouldn't charge us for the hall rental. We moved fast! Those years in Winnipeg, before the drinking age was 18, all the kids went to rock dances every Friday and Saturday night. There were dozens of great bands - the Mon-grels, the Gettysburg Address, The Fifth, Sugar n Spice and many more. If you listened to CKRC on a Friday night, the jocks would list off dozens of bands playing at schools, Universities and community clubs all over the city. Those were great times and there were some great bands. We weren't quite in that category, but close. I know we were famous for Jack's adult version of Gloria. We had lots of fun. Happy Days! When the drinking age was lowered to 18, it all ended sadly.

Sheldon Smith: What Gary, Rod and Paul covered is very good history of THE SAINTS. Those were very good times and I was very fortunate to be in the band. I remember that Guess Who? night very well and mention to people I meet today about that night. So out there remembers those Guys?? Local heroes at the time I am sure! Well while researching for this article I ran across another band out of Miami that was active in the late 60s too.

So I got a hold of their drummer and soon you will be reading about Group Therapy!

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The students of Dufferin Christian School

> RON JAMES, FROM PG. 13

the north bound lane. Charles told him "I could have rear ended you! Get in with us!" Ron slide out from under the car announcing ""I lost forward gear in my wagon. All I got is reverse now! I have already driven backwards from Winkler and I can make it to Carman." And off he went. That vehicle would let him down again but this time in Starbuck. He walked the entire 40 Kilometers in the middle of the night this time.

Charles and Don continued with yet another gem. "We were out at Roy Ferris's for Ron to install a pump in the dugout. Ron had his scuba gear on when we arrived and get this...disc blades tied on his back for weights! He shouted "Good timing Charles. Hold this rope and when I tug on it pull me up.""Well as he crawled into the dugout the knot (or lack of) came off his wrist and I was left there holding a limp piece of rope! All I could see were air bubbles when he finally came up he asked" Why didn't you pull me up?"

"Ron redid the heating system in our house at the mink ranch just east of Aubins one morning. We woke up at 7 or so to noise in the basement. Here Ron was down there working away on the ductwork. That was a bit of a scare but not unusual for Ron" Peter Sanderson offered via email.

Orville McCutcheon who worked with Ron for 15 years once said his helpful nature would not let him say no. "He would give you his shirt off his

back and do anything for you if you asked". It was not unusual for Ron to go out to service a furnace in the middle of the night and end up having a mini-adventure. "The one time he ran out of gas at 2 a.m. after a furnace job and called me to run more out to him.

Denny Hunter told this story to me: "Ron put a new oil furnace into his parent's home and told his dad to order 100 gallons of fuel oil but when his dad ordered the fuel he thought why not fill it up not knowing Ron had not hooked up the air vent or fuel gage. By the time the delivery driver realized what was happening the oil was on the basement floor."

"He worked late into the night at my Uncle Stan's and when he was done the entire house was in bed. So he left and locked the door behind him. But his car would not start so tried to wake the Carr household but no luck. He found a bed in the hay loft for the night! Then come an early morning knock on the door looking for breakfast." Glen Carr reminisced to me last week. I also had various accounts of Ron checking voltage at power boxes by licking his fingers and touching bare wires. He would be heard to say "Yup that's 110 or yup that's 220!"

There was a common occurrence when wanting Ron as your repairman. You knew he would show but never sure just when and often how long he would stay. Sometimes just early enough or long enough to have meal with you and you're family.

However hazards did plague Ron at various times on the job and was

The Carman-Dufferin Standard Thursday, October 15, 2020 **15**
known for having 9 lives because of them. Bill told the time a 3 tonne septic tank dropped on him. "The hole which was to house the tank was not level so Ron jumped in with a shovel. The tank was accidentally lowered with Ron still in the hole. The tank got down and nobody knew where Ron was. We lifted the tank out and there he was laying in the mud. It was so soft it made a perfect impression of him." Later on he fell down a well when his support rope, attached to a truck bumper, was accidentally cut. Bill continued "They forgot to put warning signs up and a farmer driving into the creamery severed the rope, dropping Ron and his torch into the well. He was the second Houdini."

Tragically Ron James ran out of magic with wells and lives on October 21, 1978 at age 49 when a trench at the M.A.C. Hog Farm collapsed while replacing a water line between 2 buildings. The trench was 10 feet deep and the dirt was piled to the side because of limited space. Backhoe operator Glenn Steeves removed Ron and the ambulance at the scene took him to Carman Hospital. Both Doctors North and Hansen could not revive Ron and he died of his injuries.

Away from the job Ron lived with his Mother Nellie on 2nd Street NW, was a member of the Carman Masonic Lodge AF & AM #155 and in '78 became a member of the Shrine. He was also an accomplished ball room dancer, sang in the Church choir and was just short of getting his pilot's licence. Gwen Last remembers

him in his choir days at the Anglican Church. "He had a beautiful voice but was usually late for practice and still had tools in his pockets lol. Someone would have to wash his gown because he would leave grease and grim on it." She added "I would have him over to the house, I would play piano and he would sing!"

As for his dancing apparently that was a well kept secret from his Mother. According to Gwen he drove to Winnipeg for dance and won many trophies over the years but hid them. "At one point he won a provincial competition with his partner and qualified to head to California for the next level. But the partner got sick and he never got to go. There would be no record of that in the Leader because he did not want his Mom to know."

This reporter remembers him as the security guy under the Grandstand during old Fair days. The Goldeyes had a booth and we were able to leave all our supplies there because he slept on a cot under there. Who else would do that lol? Being camera shy meant it was difficult in finding an adequate picture to offer the readers of this town "legend" but thanks to Shirley Snider's determination we did. After all he deserved another look after 42 years just like he deserved these stories and many more I am sure being told this week. If you have some to share please email denjohnyoung@gmail.com .

sports & recreation

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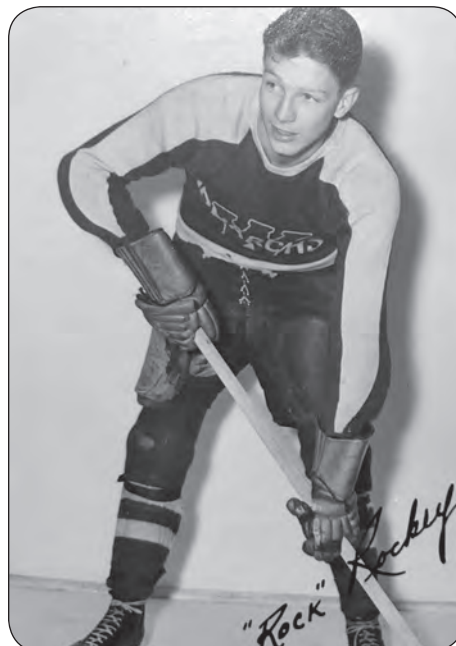
Remembering Tom Rockey and the 1946 Winnipeg Monarchs

By Ty Dilello

A lot of sportspeople in the Carman area probably knew the name, Tom Rockey. He was an iconic figure in Carman hockey circles for most of his life. What people didn't know perhaps was the tale of Rockey's greatest hockey triumph – the 1946 Memorial Cup.

The Winnipeg Monarchs of the 1940s was primarily a South Winnipeg team. The group's core was Kelvin High School, as nine of the players (including Rockey) attended that school and played hockey at nearby Lord Roberts or Sir John Franklin Community Clubs.

It was the 1945-46 season that became the special year for Rockey and the Monarchs.



Tom "Rock" Rockey



STANDARD PHOTOS SUBMITTED

Carman's Tom Rockey was a member of the 1946 Winnipeg Monarchs squad that reached great heights, winning the Memorial Cup as the top junior hockey team in Canada.

Continued on page 16

Twisters end pre-season with 6-4 loss to Transcona

By Ashleigh Viveiros

The Pembina Valley Twisters wrapped up their pre-season with a loss last Friday night.

The Transcona Railer Express capitalized on home ice advantage to take the MMJHL game 6-4. Transcona were up 2-0 by the game's 11th minute.

Goals from Pembina Valley's Merek Degraeve and Owen Wiebe in the first and second periods evened things out, but the Railer Express retook the lead midway through the middle frame.

Zach Tetrault got the equalizer three minutes into the final period and then a second goal from Degraeve gave the

Twisters their first lead of the game. It was short-lived, though, with Transcona scoring three unanswered goals before the final whistle.

Brock Moroz made 27 saves in net for the Twisters as Transcona outshot them 33-24.

The shortened pre-season earlier

saw the Twisters down the Charleswood Hawks 4-2 and the St. Vital Victorias 4-3 in overtime. The puck drops on Pembina Valley's regular season this Friday at home in Morris against the St. Boniface Riels. The Twisters then hit the road to play the Fort Garry/Fort Rouge Twins on Sunday.

> TOM ROCKEY, FROM PG. 15

The Monarchs rolled through the Manitoba league all season long, and after winning the Manitoba championships, they moved on to the Western Canadian playdowns. Here they defeated the Port Arthur Flyers four-games-to-one and then the Edmonton Canadians also in five games to advance to the Memorial Cup final against the St. Michael's College Majors.

The 1946 Memorial Cup series between the Winnipeg Monarchs and the St. Michael's College Majors at the Maple Leaf Gardens was nothing short of an absolute spectacle. The Memorial Cup finals brought to an end the first season following the end of the Second World War. Canada lost a lot of young men, many of them hockey players, on the battlefields of Europe. As the season was winding down, it was as though a country had decided to rediscover itself in its arenas. Legendary broadcaster Foster Hewitt later said it was the most remarkable series he had ever called.

When the Monarchs got off the train arriving early one morning in Toronto, they grabbed a newspaper and read in the Toronto Globe and Mail that they were the 20-1 underdogs for the series. To be fair, this was a star-studded St. Mike's lineup that boasted future NHL stars such as Red Kelly, Tod Sloan, Fleming Mackell, Ed Sandford and was coached by none other than the Hall of Famer Joe Primeau. Still, I think that 20-to-1 is a little high and had I been alive back then, this writer probably would have put some money down on the Monarchs.

Prior to the start of the series, Monarchs coach Walter Monson, a former gold medal-winning hockey player for Canada at the 1932 Olympics, said that he expected the series to go close to seven games while confident that he had a squad capable of winning the prized mug. Coming into this final, both teams had twice previously hoisted the Memorial Cup. St. Mike's doing so in 1934 and 1945; the Monarchs in 1935 and 1937.

The series started off with a big surprise as the Monarchs won the first game 3-2, sending shockwaves

throughout Toronto. It seemed to spark the St. Mike's squad as they swiftly won the next two games by 5-3 and 7-3 scorelines. Winnipeg found a way to win Game 4 in a tight 4-3 affair, but after dropping Game 5 by a lopsided 7-4 score in a game where the Monarchs looked shaky at best, it looked like the series was all but over. So much so that Maple Leaf Gardens owner Conn Smythe got a little cocky perhaps when he went on Foster Hewitt's broadcast after Game 5 saying all kinds of things. Because it was just after World War II and there were thousands of soldiers, sailors and Air Force guys in Toronto, coming back from Europe, Smythe proclaimed on the radio that if there was a seventh game, any serviceman in uniform could come watch the game for free. After what he saw in Game 5, Smythe had no doubt in his mind that St. Mike's would close out the Monarchs in Game 6.

But the Monarchs wouldn't die. They dug deep and won 4-2 to force that seventh game. The announced attendance for Game 7 was 15,819, the largest crowd ever to watch an amateur hockey game in Canada, breaking a previous record of 15,659 set at Maple Leaf Gardens for a 1938 Memorial Cup game between the St. Boniface Seals and Oshawa Generals. It was a bigger crowd than any Toronto Maple Leafs contest as the Maple Leaf Gardens official capacity in those years was 12,627. And even though the announced attendance was 15,819, the crowd was much larger than that. It was way above the fire regulations. There were no aisles. Fans were crammed along the boards and hanging from the rafters. There might have been 23,000 people in the Maple Leaf Gardens that night, which would be one of the biggest crowds to ever watch a hockey game, period.

With Game 7 knotted at 2-2 after two periods, speedy George Robertson took the series into his own hands. At the 7:51 mark of the third period, he flip-flopped off the Winnipeg bench and promptly stole the puck from Fleming Mackell at centre ice. Robertson raced in on St. Mike's defence

alone and, just as he hit the blueline, put on an extra burst of speed, which shifted the two-man defence out of position and fired a waist-high shot from 15-feet out to the top right-hand corner of the net. St. Mike's goalie, Pat Boehmer, never touched it. Teammates quickly swarmed him after the goal, hugging and patting him on the back, and even going so far as Harry Taylor and Tom Rockey planting a kiss on Robertson's cheek.

Robertson added an insurance goal with 47 seconds remaining just as it was looking like St. Mike's might tie the game. The timekeeper had just announced, "one minute to play," when Robertson, Taylor and the sturdy defenseman Rockey broke away on a three-man rush. Catching St. Mike's with only one man back, Rockey, carrying the puck, slipped a pass to Robertson just inside the blueline, as the lone defencemen tried containing Taylor instead. Robertson proceeded to skate in close, drew Boehmer to one side and flipped the puck into the net. Cheers went through the building as fans knew the series was now over, and after the goal, a pair of pink corsets were flung onto the ice surface by a Monarchs supporter. The Winnipeg Monarchs won the game 4-2 to win the Memorial Cup. The hero was none other than George Robertson, who had six goals and four assists for ten points throughout the seven-game final, including the series clincher.

All in all, the series drew "officially" 102,575 fans, which was a record for a seven-game amateur series in Canada. Newspaper reports seem to say it was good that Robertson turned out to be the hero of the series because he worked his heart out in every game and, along with his team's netminder, Jack Gibson, was the steadiest player on the team. St. Mike's actually outscored the Monarchs 28 to 25 over the seven games, mainly due to their two big 7-3 and 7-4 wins earlier in the series. Another fun fact is that Game 7 was the only game in the series in which the team who scored the game's first goal failed to win the game.

Back home in Winnipeg on the Saturday night of the Game 7, every sports fan in the city was glued to the radio

listening to Foster Hewitt call the big game. Downtown on Portage Avenue after the final whistle sounded, there was a parade of supporters marching about with a sign held high in the air proclaiming, "Monarchs Did It."

You might be wondering how did Rockey and the boys celebrate such a monumental victory for Manitoba hockey? Well, there was no reception after the game or anything of that nature to celebrate the Monarchs triumph. Instead, they passed the hat amongst themselves, raised a cool \$28 bucks and got a cabbie to get them some bootleg beer. So I'm sure the Monarchs had some fun that night, and then it was back on the train the next morning to return to Winnipeg.

The hero of the series, George Robertson (93-years-old) is the last remaining player alive from that 1946 Monarchs team.

Robertson humbly said when recalling the series, "We might have been 20-1 underdogs in the Final against St. Mike's, but we had a hell of a team. They said we were the finest team out of the west, but we still went in as massive underdogs. One of the things that put us where we were had to be the play of Red McRae and Harry Taylor. That's what carried us, and guys like Bill Tindall and Tom Rockey were pretty good too." I had to remind George that he did pretty well himself and, with a wry smile, said, "Yeah, I guess I scored a few in the finals against St. Mike's."

From that championship Monarchs team, George Robertson, Clint Albright, Gord Fashoway, Al Buchanan and Harry Taylor went on to play in the National Hockey League. Taylor even won a Stanley Cup with the Toronto Maple Leafs in 1949.

Tom Rockey never reached the NHL, but he came oh so close, even playing in a couple of exhibition games with the Montreal Canadiens. Instead, he enjoyed a successful career in the minor leagues before returning to Manitoba and settling in the Carman area.

Rockey went on to become a long-time fixture in the Carman senior and minor hockey ranks, playing and coaching. He passed away in Roland on March 25, 2019, at the age of 93.

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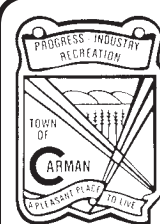
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Box 99, 27 Church Ave E
Elm Creek MB R0G 0N0
204-436-2014
Planning Office: 204-745-2443

UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a **PUBLIC HEARING** will be held to receive representations from any persons who wish to make them in respect to the following matter:

The Rural Municipality of Grey By-Law No. 12-2020, BEING A BY-LAW OF THE RM of Grey to amend THE RM of Grey ZONING BY-LAW NO. 5/03, as amended.

HEARING RM of Grey Municipal Office – Council Chambers
LOCATION: 27 Church Ave E, Elm Creek, Manitoba
DATE & TIME: **Wednesday, November 4, 2020 at 8:05 p.m.**

GENERAL INTENT: 1. That the RM of Grey Zoning By-Law No. 5/03 be amended so that: Part 4: Use and Bulk Tables, Table 4-3: "GD" General Development Zone – to add "Garages, without a Residential Dwelling" as a Conditional Use as shown below.

CONDITIONAL USES	Site Area (sq. ft.)	Site Width (feet)	Front Yard (feet)	Side Yard (feet)	Rear Yard (feet)
Garages, without a Residential Dwelling	5,000	50	25	15(b)	25

2. That the RM of Grey Zoning By-Law No. 5/03 be amended so that: Part 4: Use and Bulk Tables Table 4-4: "UR" Urban Residential Zone – to add "Garages, without a Residential Dwelling" as a Conditional Use as shown below.

CONDITIONAL USES	Site Area (sq. ft.)	Site Width (feet)	Front Yard (feet)	Side Yard (feet)	Rear Yard (feet)
Garages, without a Residential Dwelling	5,000	50	25	15(b)	25

AREA AFFECTED: All of the RM of Grey excluding the Village of St. Claude.

FOR INFO. Kim MacLellan, Coordinator of Planning Services
Carman-Dufferin Planning District, Phone 204-745-2443

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, 8:30 a.m. to 4:30 p.m. Monday through Friday. Copies may be made, and extracts taken therefrom, upon request.



Rural Municipality of Grey
Box 99, 27 Church Ave E
Elm Creek MB R0G 0N0
204-436-2014
Planning Office: 204-745-2443

UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a **PUBLIC HEARING** will be held to receive representations from any persons who wish to make them in respect to the following matter:

The Rural Municipality of Grey By-Law No. 13-2020 BEING A BY-LAW OF THE RM of Grey to amend the Village of St. Claude ZONING BY-LAW NO. 375-04, as amended.

HEARING RM of Grey Municipal Office – Council Chambers
LOCATION: 27 Church Ave E, Elm Creek, Manitoba
DATE & TIME: **Wednesday, November 4, 2020 at 8:00 p.m.**

GENERAL INTENT: 1. That The Village of St. Claude Zoning By-Law No. 375-04 be amended so that:

Part 4: Use and Bulk Tables, Table 4-2: "UR" Urban Residential Zone – to add "Garages, without a Residential Dwelling" as a Conditional Use as shown below.

CONDITIONAL USES	Site Area (sq. ft.)	Site Width (feet)	Front Yard (feet)	Side Yard (feet)	Rear Yard (feet)
Garages, without a Residential Dwelling	5,000	50	25	15(b)	25

2. That The Village of St. Claude Zoning By-Law No. 375-04 be amended so that:

Part 4: Use and Bulk Tables Table 4-3: "UR 1" Urban Residential Zone – to add "Garages, without a Residential Dwelling" as a Conditional Use as shown below.

CONDITIONAL USES	Site Area (sq. ft.)	Site Width (feet)	Front Yard (feet)	Side Yard (feet)	Rear Yard (feet)
Garages, without a Residential Dwelling	5,000	50	25	15(b)	25

AREA AFFECTED: The Village of St. Claude

FOR INFO. Kim MacLellan, Coordinator of Planning Services
Carman-Dufferin Planning District, Phone 204-745-2443

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, 8:30 a.m. to 4:30 p.m. Monday through Friday. Copies may be made, and extracts taken therefrom, upon request.

FOR RENT

3 bedroom, 2 bathroom upper floor suite. Includes private entrance, laundry, deck, fenced yard and detached garage all for personal use.

For more information contact via: Email:

crystal@crystalhomes.ca
Cell: 1-204-216-1242

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2 bedroom apartment with newer appliances. large storage room, air conditioning and patio. Secure building with shared laundry and mail delivery to the building.

Non-smoking, cat friendly.

For more information please e-mail carmanapts@gmail.com or call 204-751-0039

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The Carman-Dufferin
STANDARD

CORDUROY PLAINS LTD.

a farm near Carman, MB (NW35-6-5W)
is looking for
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for Mar. 1 - Dec. 1, 2021.
Duties incl: washing potato storages &
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40-60 hr/week.
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an asset. Must have driver's license.
hr@corduroyplains.ca

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farm, striving to excel in animal care and
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helping out with general chores, feeding,
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We are willing to train the right person.
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send resume to streamlinedairy.mb@gmail.com

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-Love Bev, Ashley, Russ and Fraser!

OBITUARY



Eileen Patricia Aubin

It is with peace and sadness that the Aubin family announces
the passing of their mother and grandmother, Eileen Aubin. She
passed away peacefully at 11:50 p.m. on October 8, 2020 at the
age of 85 years.

Eileen will lovingly be remembered by her three children, Gerry
(Gail), Marnie (Dale), Rick (Trish); her five grandchildren, Jesse
(Vanessa, Lucas and Landon), Riana (Jordan), Jared, Garth (Nik)
and Erik. She also leaves to mourn her sister Marnie of Niagara
Falls and one brother Gerry (Janet) of Adelaide, Australia, along
with many nieces and nephews.

Her family will always remember her as a social butterfly, with
red lipstick on, she could always be found scooting around the
community in her chair, always checking on the residents and
staff of the Boyne Lodge. She would seek out and care deeply for
someone who needed a friend. No matter the amount of surgeries or health issues she endured,
nobody was more resilient and cheerful.

We will miss you, our spunky Grandma.

We would like to thank Dr. Villeda, Boyne Lodge, Carman Hospital staff, Father Mario Veloso,
Craig Johnston, Darryl Anderson and Gerry, Gail and Rick for being with her in her final hours.

Viewing took place at Doyle's Funeral home, and a private family graveside service took place
in the Carman Catholic Cemetery.

Memorial donations may be made to the Carman Hospital Palliative Care, Box 610, Carman,
MB R0G 0J0.

Doyle's Funeral Home
in care of arrangements
www.doylesfuneralhome.ca

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RURAL MUNICIPALITY OF DUFFERIN BOARD OF REVISION

PUBLIC NOTICE is hereby given that the year 2021 Assessment Roll for the Rural Municipality of Dufferin has been delivered to the Municipal Office at the 12-2nd Ave S.W., Carman, MB and is open for public inspection during regular office hours. Applications for revision may be made in accordance with Sections 42 and 43 of the Assessment Act.

APPLICATION FOR REVISION

42(1) A person in whose name property has been assessed; a mortgagee in possession of property under Section 114(1) of the Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor of may make application for the revision of an assessment roll with respect to:

- (a) the liability to assessment
- (b) the amount of an assessed value;
- (c) classification of a property
- (d) a refusal by an assessor to amend the assessment roll under Section 13(2)

APPLICATION REQUIREMENTS

43(1) An application for revision must

- (a) be made in writing;
- (b) set out the roll number and legal description of the assessable property for which a revision is sought;
- (c) state the grounds on which the application is based; and
- (d) be filed by
 - i) delivering it or causing it to be delivered at the office indicated in the public notice given under Subsection 41(2), or
 - ii) serving it upon the secretary,

at least 15 days before (November 2nd) the scheduled sitting date of the board.

The Board of Revision will sit on Tuesday, November 17th, 2020 at 7:00 p.m. in the R.M. of Dufferin office at 12 - 2nd Ave SW, Carman, Manitoba to hear applications.

Applications must be received by the Secretary of the Board on or before Monday, November 2nd, 2020

Dated this 1st day of October, 2020.

Sharla Murray, CMMA
Secretary
Board of Revision
RM of Dufferin
Box 100, Carman, MB R0G 0J0
Phone: 204-745-2301 or Fax: 204-745-6348



Rural Municipality of Grey
Box 99, 27 Church Ave E
Elm Creek MB R0G 0N0
204-436-2014
Planning Office: 204-745-2443

UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below,
a **PUBLIC HEARING** will be held to receive representations from any
persons who wish to make them in respect to the following matter:

The Rural Municipality of Grey By-Law No. 14-2020 being an
AMENDMENT to the RURAL MUNICIPALITY OF
GREY ZONING BY-LAW No. 5/03, as amended.

HEARING RM of Grey Municipal Office
— Council Chambers
LOCATION: 27 Church Ave E, Elm Creek,
Manitoba
DATE & TIME: **Wednesday, November 4,**
2020 at 8:10 p.m.
GENERAL That the RM of Grey Zoning
INTENT: By-Law No. 5/03 be amended so
that: Part of Parcel C, Plan 58151
MLTO in NE ¼ of 15-8-7 WPM
Forming part of this by-law, be
rezoned **FROM: "AG"**
"CG" General Commercial Zone

AREA AFFECTED: NE 15-8-7 WPM Being Pt. of Parcel C, Plan 58151

FOR INFO. Kim MacLellan, Coordinator of Planning Services
Carman-Dufferin Planning District, Phone 204-745-2443

A copy of the above proposal and supporting material may be inspected at the location noted
above during normal office hours, 8:30 a.m. to 4:30 p.m. Monday through Friday. Copies may
be made, and extracts taken therefrom, upon request.



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**The Carman-Dufferin Standard Classified booking deadline is Monday
at 4 p.m. prior to Thursday's publication Call 204-467-5836**



Homemade Oatmeal Creme Cookies

electric mixer, cream butter, brown sugar and golden sugar on medium-high speed until light and creamy, about 2 minutes. Add eggs and vanilla; mix until combined, scraping down sides of bowl as needed. Set aside.

In medium bowl, whisk flour, baking soda, salt, cinnamon, cloves and oats. With mixer on low, slowly add oat mixture to wet ingredients, mixing until just combined.

Using large cookie scoop, scoop dough onto prepared baking sheet, leaving about 2 1/2 inches between each cookie. Bake 12-14 minutes, or until lightly golden brown around edges. Allow cookies to sit on pan about 3 minutes before removing to wire rack to cool completely.

To make Vanilla Bean Creme Filling: In bowl of stand mixer fitted with paddle attachment or in large bowl with electric mixer, beat butter on medium-high speed until light and fluffy, about 5 minutes.

Turn speed to low and gradually add confectioners' sugar, mixing until completely incorporated. Add vanilla bean paste and heavy cream; mix until combined. Turn mixer to medium-high speed and beat 3-5 minutes until buttercream is fluffy. If necessary, add cream 1 teaspoon at a time until desired consistency. To fill and assemble, pipe or spread about 1 1/2 tablespoons Vanilla Bean Creme Filling on bottom halves of Oatmeal Cookies; top with remaining halves.

get inspired

> MEAL IDEAS

Cheesy Baked Mushroom Chicken



Heat oven to 375 F. Prepare baking dish with nonstick cooking spray.

Cut each chicken breast in half. Place flour in resealable bag. Place chicken in resealable bag with flour; toss to coat.

In large skillet, melt 2 tablespoons butter. Add chicken to skillet; brown all sides. Transfer chicken from skillet to 11-by-7-inch baking dish.

In skillet, saute sliced mushrooms in remaining butter until softened. Add chicken broth, salt and pepper. Bring to boil then cook 5 minutes. Spoon over chicken.

Bake 15 minutes. Sprinkle with cheeses and green onions. Bake 5 minutes, or until cheese is melted.

Nonstick cooking spray
4 boneless, skinless chicken breasts
1/2 cup flour
4 tablespoons butter
8 ounces mushrooms, sliced
1/2 cup chicken broth
1/4 teaspoon salt
1/4 teaspoon pepper
2 cups shredded mozzarella cheese
1/2 cup Parmesan cheese, grated
1/4 cup green onions, sliced

Pastry Brunch Cups



flour with butter. Gradually pour in milk, whisking each time. Bring to simmer, whisking until mixture starts to thicken. Remove from heat; stir in Swiss cheese. Set aside.

Use rolling pin to thin out puff pastries. Cut each into nine squares. Line pastry squares in muffin cups, pressing bottoms down firmly and moving pastries up sides for edges to come up just over muffin tins. Fill each cup with 1 teaspoon cheese sauce. Crack one egg into each cup and sprinkle each with diced ham.

Bake 10-15 minutes until eggs set. Sprinkle with chopped green onions.

2 tablespoons butter
2 tablespoons flour
1 1/2 cups milk
1 cup shredded Swiss cheese
2 sheets puff pastry
18 eggs
2 cups diced ham
chopped fresh green onions
Heat oven 375 F.
In small saucepan, melt butter. Whisk

Pierogy Taco Casserole



1/4 cup diced red onions
1 handful cilantro, roughly chopped
Preheat broiler to high heat.
In large skillet over medium heat, add 1/2 tablespoon olive oil and saute pierogies until golden brown, about 8 minutes per side.

Remove pierogies and add remaining olive oil. Saute red peppers, corn, black beans, cumin, chili powder, salt and pepper until fragrant, about 3-4 minutes.

Spread red peppers, corn and beans into square baking dish. Nestle in pierogies. Sprinkle with shredded cheese.

Melt cheese under broiler about 2 minutes.

Top with tomatoes, onions and cilantro before serving.

Prep time: 10 minutes
Total time: 35 minutes
Servings: 4
1 tablespoon olive oil, divided
1 box Mrs. T's Classic Onion Pierogies
1 red pepper, diced
1 cup corn, drained and rinsed
1 can black beans, drained and rinsed
1 teaspoon cumin
1/2 teaspoon chili powder
1/2 teaspoon kosher salt
1/4 teaspoon black pepper
1/3 cup shredded Mexican cheese blend
1/4 cup diced tomatoes

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