

VOLUME 2
EDITION 41

The Carman-Dufferin STANDARD

THURSDAY,
OCTOBER 13, 2022

LOCALLY OWNED HISTORY BOOK FOR THE COMMUNITY




edstireservice.com



FULL MECHANIC SHOP & ALL YOUR TIRE NEEDS

HOURS: Mon-Fri 8AM-5:30PM | Sat 8AM-12 noon

It's THAT time again...

- Winter Tires
- MPI Financing
- Free Tire Storage
- Rebates on now



80 THORNHILL ST. MORDEN | 204-822-6127
273 MAIN ST S, CARMAN | 204-745-2300



Thankful for fall

STANDARD PHOTO BY BECCA MYSKIW

Eight-year-old Ryleigh, left, and her sister Clara, 5, had a blast in the leaves on their Elm Creek farm Thanksgiving weekend.

SERVING ELM CREEK, ROSEISLE, HOMEWOOD, GRAYSVILLE, MIAMI, ROLAND, STEPHENFIELD, NOTRE DAME, SPERLING



Introducing
Cor Lodder
for
Reeve
R.M. of Dufferin

There is much to learn, so we are here to listen and share ideas.

On October 26th
Vote **Cor Lodder** for Reeve 

My wife Janine and I moved to Carman, and raised our family in the RM since 1996, and have been blessed through our children with many grandchildren who still live and contribute in the Town and RM. We have both been engaged in the Community, and are thankful for the contributions we could make. Carman - Dufferin has been good to us, and I feel it is time to give back and help the region continue to grow and prosper.

- Why I'm running for Reeve?**
- > A fresh perspective - building on a legacy of teamwork.
 - > Listening, learning, and travelling the municipality.
 - > Business and Leadership experience.
 - > Bring new and sustainable opportunities for economic development and regional growth.
 - > Short and long term planning initiatives.
 - > Engaging the community.
 - > Creating a strong future for you and your family for generations to come.

Fuel Good Day raises over \$10K for local schools

By Becca Myskiw

Three local schools received donations from Homestead Co-op's Fuel Good Day.

On Sept. 20, more than 400 Co-op Gas Bars across B.C., Alberta, Saskatchewan, Manitoba, and Northwestern Ontario donated a minimum of five cents per litre from every tank of gas to a local charity. At Homestead Co-op gas bars, 10 cents per litre of every gas tank bought that day was donated.

Fuel Good Day started in 2017, and since then, more than \$3 million has been raised for over 700 organizations across western Canada. Last year, Fuel Good Day raised more than \$595,000 for 195 local charities.

Homestead Co-op gas Bars raised a collective total of \$10,200 on Fuel Good Day and donated the money to three organizations: Midland Nursery School, Carman Elementary School, and Oakville School. Each

school got \$3,400 from the organization.

"As a locally owned and operated business, we're proud to give back and get behind local initiatives that are working to address the needs of our community," said general manager of Homestead Co-op, Trent Schidlowsky. "These three schools are all working on great projects that will enhance community life."

"THESE THREE SCHOOLS ARE ALL WORKING ON GREAT PROJECTS THAT WILL ENHANCE COMMUNITY LIFE."

Midland Nursery School is the only of its kind in Carman. They were previously located within Carman Elementary but due to COVID-19, had to move. Their new space has needed enhancements and repairs so they're purchasing tables, chairs, rugs, and storage systems.

Carman Elementary School is currently working on a complete kitchen renovation. The current one is outdated, and in need of repair, so their



STANDARD PHOTOS BY BECCA MYSKIW

Homestead Co-op raised over \$10,000 for three local schools on Fuel Good Day. Carman Elementary School received one of three \$3,400 donations.



Oakville School was also a recipient of \$3,400.



Midland Nursery School received \$3400.



Always Enrolling!

We are returning to Carman! Our program will be Monday's and Wednesday's from November 14th - November 30th. The 6 session program is being offered for \$139. Please enroll through the Parks and Recreation website.

My Gym Mobile is returning to Carman, Manitoba
Monday's and Wednesday's Nov 14th-30th

Moments that Matter
Carman Community Hall
Register through Carman-Dufferin Parks and Rec website
For info on program:
Call/Text (204) 257-0046
mygym.com/stvital
#MyGymFun

Bundles (1 month-13 months) 3:50pm-4:40pm	Mighty Mites 5:50pm-6:50pm	Gymnastics 7:00pm-8:00pm
Mymo Mixer (6 months - 6 years) 4:50pm-5:40pm	Ages: 3 years - 6 years	Ages: 5 years - 10 years



carmanmanitoba.ca

parent advisory council is looking to update the working surfaces, cupboards, appliances, hand cleaning, and dish cleaning stations. Once it's all completed, the school will launch a new lunch program with healthy options for students and a full-time employee running the kitchen.

Oakville School serves as a green space for students and community

members. They're currently working on constructing shade sails and shade structures on the playground to make a safe space for people of all ages to enjoy outdoors. The new area will also serve as an outdoor classroom.

Over \$650,000 was raised Co-op wide this year on Fuel Good Day — \$55,000 more than last year.

Walking for a cause: fighting breast cancer



STANDARD PHOTOS SUBMITTED

On Sunday, Oct 2, CIBC Carman staff participated in the annual CIBC Run for the Cure. They walked 5.7 km along the beautiful pathway in Carman and were joined by staff and families from the Morden, Winkler, Altona, Treherne, and CIBC banking centres. A total of 31 participants participated. In order to fundraise for the cause, Carman Tim Hortons generously donated a prize package, and the CIBC branch in Carman contributed to the prize package. Tickets were sold for the two raffle prizes. Organizers would like to thank everyone that bought tickets and helped raise \$1,030 towards the fight against cancer, said Laurie McGillivray of CIBC Carman.

Eden Mental Health Centre reopens



STANDARD PHOTO SUBMITTED

While the Eden Mental Health Centre (EMHC) patients are back in the building, the facility's kitchen is still under repair due to water damage, so Salem Home is helping out with meals for the foreseeable future. From left: Salem CEO Karin Oliveira, EMHC program director Karma Sheppard, and Eden CEO Brad Unger.

Staff

The Eden Mental Health Centre (EMHC) is up and running again.

A late August rainstorm flooded the Winkler facility, leaving behind a great deal of damage and creating air quality issues that necessitated the evacuation of patients and staff.

Patients were temporarily housed in Salem Home and Eden's Linden Place housing program while the building was assessed and repairs got under-

way.

"We are very grateful for the hard work that has gone into preparing our centre for occupancy," Eden CEO Brad Unger said in an update last week. "So many people have gone above and beyond to help ensure we are able to provide care for those in our communities who need our mental health services.

Continued on page 5

EFFICIENCY
MANITOBA

INSTANT REBATES



SAVE IN STORE AND
ON YOUR ENERGY BILLS

Until November 10, get instant rebates of \$5 or \$10 off select energy-efficient products at participating retailers.

\$5 OFF SELECT:

- ENERGY STAR® certified LED specialty bulbs
- Dimmers, timers & motion sensors
- Outdoor plug-in timers
- Weatherstripping
- Window & door insulating film kits

\$10 OFF SELECT:

- ENERGY STAR LED fixtures
- Energy-efficient showerheads

efficiencyMB.ca/instantrebates



The importance of voting in the upcoming municipal election

By Becca Myskiw

With the civic election fast approaching, it's important to express the right to vote.

Voting for reeves, mayors, councillors, and school board trustees is on Oct. 26 this year. 10 people are running for council in Carman with six positions available. There are two people running for reeve in the rural municipality (RM) of Dufferin, five running for reeve in the RM of Thompson, and three in the RM of Grey.

There are also a number of people running for council in each RM. Prairie Rose School Division's Ward 1 is the only ward having an election.

Executive director of the Association of Manitoba Municipalities, Denys Volkov, said voting is exceptionally important in municipal elections because it's closest to the people. Municipalities fix roads, make sure the water is clean, get the garbage and recycling taken care of, and so on.

"It really affects everyday life," he said. "By voting people to local councils, people decide who will be making important decisions for their municipalities."

According to the Canadian Museum for Human Rights, voting is the same as walking in the footsteps of those who fought for your right to

do so. From 1867 to 1874, all voters in Canada had to announce their vote publicly. The secret ballot was then introduced, allowing people to vote privately and making intimidation more difficult.

In 1874, women and Indigenous people were "almost completely excluded from voting" and in many places, those who could vote, had to own property. By 1920, property requirements were gone in most places, but not all, still existing in Prince Edward Island until 1964.

Even if someone was eligible to vote, distance made it difficult for many to do so. Each electoral district had only one polling station, leaving many people unable to get there and do so.

Inuit men and women won the right to vote in 1950 and those deemed "status Indians" gained the right to vote in 1960.

Manitoba was essentially the first province to allow women to vote. In 1916, women won the right to vote provincially in the province, and the following year, they voted in the federal election if they were serving in the armed forces or had relatives doing so. By 1918, no one could be denied the right to vote based on their gender.



STANDARD PHOTO SUBMITTED

The Association of Manitoba Municipalities encourages people to vote this municipal election. Their executive director says it's the most important one as it's closest to the people.

Volkov said on a typical year, they see 50 to 60 per cent of eligible voters casting a ballot. That number's OK, but he said they'd always like to see it get higher.

"We always encourage people to vote because those decisions affect the lives of everyday residents," he

said. "If you don't vote, it means you won't have an opportunity to express what you think about the development in your community. It's important for residents to make sure their opinions and values are represented on council."

Excess moisture insurance coverage increasing for 2023 crop year

By Manitoba government

Manitoba producers will receive higher Excess Moisture Insurance

(EMI) coverage levels as part of the AgriInsurance program for the 2023 crop year, federal Agriculture and Agri-Food Minister Marie-Claude Bibeau and Manitoba Agriculture Minister Derek Johnson announced last week.

"Extreme weather conditions continue to challenge and threaten the viability of many producers," said Bibeau. "With the increasing cost of inputs, these enhancements to the AgriInsurance program's Excess Moisture Insurance will allow for greater coverage in the event of financial losses."

Basic EMI coverage is a standard feature of the AgriInsurance program that provides protection against the inability to seed due to wet conditions. Producers can choose increased coverage options at higher premiums. Since 2000, basic EMI coverage has been \$50 per acre, while higher coverage options increased in 2014 to \$75 and \$100 per acre. For 2023, basic coverage will increase

to \$75 with higher coverage options increasing to \$100 and \$125.


These changes were made in consultation with producer groups that have expressed interest in higher coverage levels due to rising farming costs. The province's share of premiums for the 2023 EMI program is estimated to be \$8.6 million.

Manitoba Agricultural Services Corp. (MASC) reports there were 866,000 unseeded acres in Manitoba this year (approximately eight per cent of the total acres), resulting in estimated EMI indemnities of \$53.5 million.

"The excessive moisture during the growing season this year brought extremely challenging conditions for producers across our province," said Johnson. "The AgriInsurance program exists for them in these kinds of situations. The newly increased coverage provided through Manitoba Agricultural Services Corporation will bring further assistance and relief to those who need it most."

MASC will send EMI confirmation letters to all existing AgriInsurance clients later this month to reflect the new coverage levels and premiums. Producers have until Nov. 30 to make changes to their EMI coverage for 2023 by contacting a MASC Service Centre.

Under the Canadian Agricultural Partnership, AgriInsurance premiums for most programs are shared 40 per cent by participating producers, 36 per cent by the Government of Canada and 24 per cent by the Manitoba government. Administrative expenses are paid 60 per cent by Canada and 40 per cent by the Manitoba government.



**CARMAN
DUFFERIN
COMMUNITIES
IN BLOOM**

Invites you to attend our
**ANNUAL
MEETING**

7:30 pm Tuesday October 18, 2022
**CARMAN LEGION
AUXILIARY HALL**


**GUEST SPEAKER:
ROB BRYSON**

"THE LINK BETWEEN FLOWERS
AND A THRIVING COMMUNITY"

Following the short business
portion of our meeting
we welcome you to join us for
entertainment, refreshments,
and appetizers

**Everyone is invited to attend,
only CIB members may vote.**

Blaine Pedersen
MLA for Midland



Constituency Office Hours
Mon and Tues, 9-4 pm
Friday 9-12pm
195 Main St S - Unit 2 Carman, MB
midlandmla@outlook.com
www.blainepedersen.com

Food bank opening in Carman this November

By Becca Myskiw

Carman is getting its own food bank this winter. A group of locals have been getting together to put it all together after discussions around town about the need for one. Lisa Lehmann is one of the people on the food bank board and co-chair of Carman Wellness Connections. She said though they have various programs to help with food insecurity in the community, the need for more is always there.

"The need's been even higher the last few years," she said. "So, we're finding ways to lessen that in the community."

Currently, there are two free vegetable stands in Carman, a food currency program with the Carman Farmer's Market, a food voucher program with the church, and the cheer board. As of this November, there will also be the Carman Food Pantry, a food bank for all who need it.

After talking about the project for some time, the group of volunteers applied for a \$5,000 grant for a project that would reach further into the community. Upon getting it, they got space in the Carman Mennonite Church basement to run the food bank out of, and they're now preparing to do so.

The space has a big kitchen, a walk-in fridge, lots of space, and room to build a storage closet. They'll use the grant to prepare the space by adding shelving, a lockable storage area, put in a phone line, advertise, and pay for fuel when picking up the food hampers.

The food they'll get for community members will come from Manitoba Harvest. Carman Food Pantry will run every four weeks starting on Nov. 3. To get the hampers, the volunteers have to tell Manitoba Harvest a week in advance what they'll need and

for how many people.

People in need can register with Carman Food Pantry at any time, giving information on the number of people in the family, ages of the children, dietary concerns, and their medical health number. People can also request cakes for upcoming birthdays, pet food if needed, and hygienic items.

What's in the hampers depends on what Manitoba Harvest has at the time, but they'll always have fresh produce, canned goods, non-perishables, and milk for every child under 12 and expectant or nursing mothers.

"We're trying to build community here," said Brenda Bryson, food bank volunteer. "Sometimes they may come once but the idea is to involve them in the community."

On pick-up days, the food bank will be open from 4 p.m. to 8 p.m. When people come by to get their hamper, coffee and refreshments will also be available, encouraging people to stay and get to know their neighbours.

"When we contacted [Manitoba Harvest] at the beginning of our discussions they were excited because they had us identified as in a dead zone, which means there's no food bank in the area," said Evelyn Rempel-Petkau, volunteer. "And the area is vast."

Carman Food Pantry will serve people in the communities of Carman, Grey, Dufferin, Thompson, and Roland. To register, call them at (204) 745-6013. The food bank is also looking for more volunteers. For those wanting to help, there's an orientation at Carman Mennonite Church on Oct. 18 at 7 p.m.



STANDARD PHOTO SUBMITTED
Carman Food Pantry is a food bank starting up in Carman Nov. 3.

> EDEN MENTAL HEALTH, FROM PG. 3

"A special thanks goes to the team at Salem Home. We couldn't have done this without their immediate and generous assistance."

After five weeks of displacement, the facility received clearance for patients and staff to return to modified patient treatment areas.

The building has several separated construction zones where repair work will continue over the next several months

The first repairs will be done on affected patient rooms so that EMHC capacity can return to normal as soon as possible.

The second stage of repair work will be done in the kitchen, dining room, and activities areas. In the meantime, EMHC will be receiving food services from Salem Home.

"EMHC would like to express appreciation to the patients and their family members for their understanding during this challenging time," the centre said in a statement. "Thanks also goes out to Eden's healthcare partners: Southern Health-Sante Sud, Shared Health, and the Provincial Department of Mental Health and Community Wellness."



NEW WINDOWS, NEW DOORS, AND SO MUCH MORE!



Get a **\$50 rebate*** on select ENERGY STAR® certified windows and doors up to \$1,000 per home.

Make your home:

- ✔ More efficient
- ✔ More comfortable
- ✔ More beautiful



Visit efficiencyMB.ca/windowsanddoors

*Terms and conditions apply.

What's *Your* story?

We want to hear from you.

Please share your story ideas with **Dennis Young** at denjohnyoung@gmail.com or **Lana Meier** at news@carmanstandard.ca or call 204-467-5836.

The Carman-Dufferin
STANDARD

Natural gas efficiency programs are funded in part by the Low Carbon Economy Fund.

Funded in part by:
Financé en partie par:
Canada

Manitoba

The Carman-Dufferin
STANDARD



PUBLISHER
Lana Meier



SALES & MARKETING
Brett Mitchell



SALES & MARKETING
Gwen Keller



REPORTER/PHOTOGRAPHER
Dennis Young



REPORTER/PHOTOGRAPHER
Ty Dilello



REPORTER/PHOTOGRAPHER
Jennifer McFee



REPORTER/PHOTOGRAPHER
Autumn Fehr



GRAPHIC DESIGNER
Tara Gionet



GRAPHIC DESIGNER
Nicole Kapusta



CLASSIFIED ADMINISTRATOR
Corrie Sargent



DISTRIBUTION
Christy Brown



The Carman-Dufferin Standard is published Thursdays and distributed as a free publication through Canada Post to 3,457 homes by BigandColourful Printing and Publishing.

The newspaper is supported solely by advertising dollars. If you enjoy the paper and would like to see it grow and prosper, visit any of the advertisers and businesses in our rural communities. Keep your dollars working at home and shop local.

Our commitment to you: we want to help build stronger communities through articles that both inform and entertain you about what's going on throughout the Pembina Valley. This is your community newspaper—let us know what you want to see in it.

Printed in Canada by Prolific Printing. Republishing without permission is strictly prohibited.

www.carmanstandard.ca

getheard

EDITORIAL > VIEWPOINTS > LETTERS

> Got news?
Ty Dilello
1-204-250-6322
news@carmanstandard.ca



Seventeen more Manitobans die from COVID

By Patricia Barrett

Deaths from COVID in Manitoba are holding steady with another significant number of people having died from the virus.

Despite the provincial government having set the response level at “limited risk,” 17 more Manitobans lost their lives, according to the government’s weekly COVID surveillance report for the period Sept. 25 – Oct. 1 (reporting Week 39).

Those deaths bring the province’s death toll to 2,177. There were 17 deaths also reported the previous week.

Over the course of roughly a month, from Aug. 14 to Sept. 17 (reporting weeks 33-37), 50 people lost their lives to COVID. With another 34 deaths over the past two reporting periods, the seriousness of the virus can’t be underestimated.

Manitoba hospital and ICU admissions for COVID are also holding steady. There were 77 new hospital admissions in Week 39, of which 13 people required intervention in the intensive care unit. The previous week’s report showed 73 new hospital admissions, of which 11 people required transfer to the ICU.

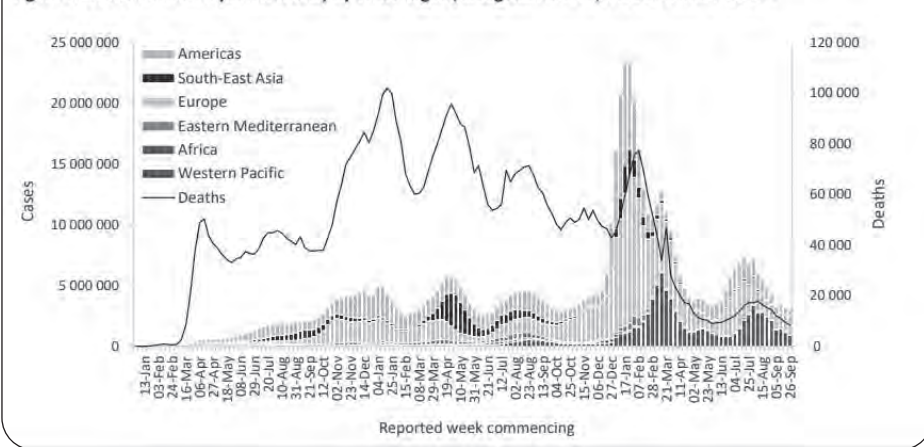
The provincial government doesn’t report data showing the total number of patients in hospital with COVID on any given day or week, so it’s unclear how ongoing hospitalizations may be affecting health system resources, including available care beds. A few weeks ago, the government stopped providing (within its surveillance report) a list of COVID outbreaks in personal care homes and hospitals.

New COVID infections are also on the upswing again after a slight dip. There were 305 new laboratory-confirmed infections in Week 39, an increase of 22 new cases from the 283 reported the previous week.

The weekly positivity rate now stands at 23.4 per cent.

Government data on new infections are an undercount as the government restricts PCR lab testing and rapid antigen tests aren’t tracked.

Figure 1. COVID-19 cases reported weekly by WHO Region, and global deaths, as of 2 October 2022**



WORLD HEALTH ORGANIZATION

Worldwide reported COVID cases and deaths are shown as of Oct. 2, 2022. North and South America and Europe top the list of regions with the highest number of new infections.

Data on COVID in wastewater for the city of Winnipeg show “ongoing activity” at a “lower level.”

Other health news:

-The World Health Organization’s COVID-19 Weekly Epidemiological Update shows more than 2.9 million new COVID cases and over 8,300 deaths reported between Sept. 26 and Oct. 2.

Although the latest WHO data represent a lower number of overall infections and deaths compared to the previous week’s report, cases remain stubbornly high and the pandemic continues.

New infections, in fact, are currently on the upswing in Europe, with over 1.5 million new cases reported over that seven-day period. That represents an eight per cent jump over the previous week. The highest numbers of new cases were reported in Germany, with 400,214 new cases (a 42 per cent increase), and France with 264,889 new cases (a 15 per cent increase).

High infection numbers between Sept. 26 and Oct. 2 were also noted in the United States with 312,125 new cases, Japan with 306,958 new cases, and China with 303,092 new cases.

The country with the highest number of new COVID deaths over that seven-day period was the U.S. with

2,728 new deaths.

Data on new infections are an undercurrent as countries, jurisdictions have drastically scaled back testing.

“Current trends in reported COVID-19 cases and deaths should be interpreted with caution as several countries have been progressively changing COVID-19 testing strategies, resulting in lower overall numbers of tests performed and consequently lower numbers of cases detected,” states the WHO report.

-Across Canada there were 18,478 new COVID infections reported between Sept. 25 and Oct. 1, with the highest number of new cases reported in Ontario (over 9,100 cases) and Quebec (over 6,000 cases).

-The Canadian government authorized on Oct. 7 the use of the Comirnaty COVID bivalent vaccine, made by Pfizer-BioNTech, which targets the original strain of the virus and the BA4 and BA5 omicron subvariants. Individuals 12 years of age and older are eligible.

Manitoba is currently offering Moderna’s bivalent vaccine, which targets the original COVID strain and the BA1 omicron subvariant. The predominant COVID strains are BA4 and BA5.

OUR SISTER PUBLICATIONS



> Get in touch with us

Head Office: 1-204-467-5836

News tips: 1-204-250-6322

Classified & Announcements: 1-204-467-5836

Advertising Deadline:
Monday 4:00 pm prior
to Thursday Publication

Carman Dufferin Standard
Box 39, Stonewall, MB, R0C 2Z0

Central MB Youth Choir is on tour this week

Staff

The Central Manitoba Youth Choir is back on tour this week.

After spending the past few weekends rehearsing, the group takes its show on the road Oct. 13-17 with stops throughout southern Manitoba.

The choir is made up of the top high school singers from across the region, each auditioning for the chance to take part in this project, which is headed up annually by the Central Manitoba Choral Association.

Thanks to the pandemic, it's the first time in three years a normal concert tour has been held.

CMYC 2022 is conducted by the Interlake's Kendra Obach and accompanied by Loren Hiebert from Altona.

Performance locations and times for this year's tour include:

• Thursday, Oct. 13, at 4 p.m. at Morden Mennonite Church as special guests of the Central Manitoba Choral Association Choral Workshop.

• Friday, Oct. 14 at Northlands Parkway Collegiate in Winkler at 10 a.m., at École Morden Middle School in Morden at 1:30 p.m., Morden Friendship Centre in Morden at 3 p.m., and the Manitou Opera House in Manitou at 7:30 p.m..

• Saturday, Oct. 15 at Buhler Active Living Centre in Winkler at 10 a.m., Altona Mennonite Church in Altona at 2 p.m., and Emmanuel Mennonite Church in Winkler at 7 p.m.

• Sunday, Oct. 16 at Cornerstone Ministries Church in Crystal City at 10:30 a.m., with a few sacred selections as part of the Sunday morning worship service followed by an additional mini-concert at noon when they will perform the rest of their repertoire. The choir then heads to the Cypress River United Church in Cypress River at 2:30 p.m. and the Austin Evangelical Fellowship Church in Austin at 7:30 p.m.

• Monday, Oct. 17 at Portage Collegiate Institute in Portage la Prairie at 9:30 a.m. and then closing out the tour at Sanford Collegiate in Sanford at 1:30 p.m.

"We heartily invite you to attend any of these concerts to hear these talented young singers who have bonded through their love of choral music," choir organizers say. "Come and listen as they sing together and share this love of music with audiences of all ages across southern Manitoba."



STANDARD PHOTO SUBMITTED

This year's Central Manitoba Youth Choir: front row, from left: Serena Driedger, Melissa Rempel, Alyssa Bell, Molly Clyde; second row, Kathryn Gillis, Greta Wiebe, Kyla Driedger, Keeley Sheppard, Sara Thiessen; third row, Sierra Fast, Desirae Klassen, Amy Neufeld; fourth row, Jaselah Friesen, Anna Griffin, Sarah Stephens, Naomi Scharf, Tiarra Yanchuk; fifth row, Amelia Loewen, Regan Teichroeb, Sarah Kagan, Beth Giesbrecht, Dakota Harms; sixth row, Graham McGill, Rylan Hiebert, Milo Klassen, Conner White, Dalcyce Friesen, Thomas Kroeker; back row, Loren Hiebert (accompanist), David Singisingi, Hunter Martens, Kaden Wieler, Anthony Peters and Kendra Obach (conductor).

Flashback- fancy footwork



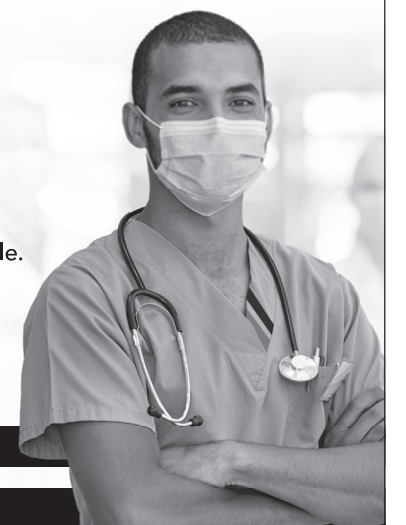
Figure Skating 1951 - left to right, Pearl Courtice/Doell, Vivian Yake/Botterill, Helen Course, Jean Robinson/Gray, Bess Reynolds/Skelton, Gwenda Cutting/Johnston, Marilyn Cutting/Waddell; coaches were Mrs. Grundy, Mrs Doolan and a Miss Shuttleworth.

DOUBLE PROTECTION

New booster. Double protection.

The new bivalent booster is recommended this fall for people aged 18+. It has been developed to target 2 strains of COVID-19 and provides the broadest protection available.

Learn more and then book your appointment today at ProtectMB.ca or by calling 1-844-MAN-VACC (1-844-626-8222).



#PROTECTMB

Manitoba 

Back Door selling tickets for annual in-person banquet

Virtual banquet option also available this year

By Becca Myskiw

The annual in-person Back Door Youth Centre banquet is back this year.

The local Youth for Christ organization is hosting one of its biggest fundraisers on Nov. 4, and for the first time in a few years, it'll be in person again.

"We're excited to have an in-person banquet again after two years without," said Back Door executive director Tyler Friesen.

Last year's banquet event happened virtually, with people buying tickets, picking up their meals for it, and then watching a video afterward. Because some people prefer the virtual take-home style or feel more comfortable with it, said Friesen, the Back Door also offers a virtual option this year.

Instead of those participating virtually getting a meal to take home, they'll just get a dessert with their purchase and the video to watch. That will be on Nov. 18.

On Nov. 4, though, is the in-person event at the Carman Community Hall.

"It will be what people will remember from banquets pre-COVID," said

Friesen. "This event has always been so well attended and really successful in the past...we're hoping this year can be the same."

The banquet will be catered by Big Willy's — the meal hasn't been confirmed yet, but Friesen said it would be a full meal complete with dessert for all who attend. Along with the meal, people at the banquet will listen to guest speaker John Rempel from Youth for Christ Canada and Back Door staff talk about their updates and how the capital project is going.

Tickets for the banquet are sold in tables, not individually. One table has eight seats and is \$250. Friesen said many companies usually pay for a table but give their tickets back to the Back Door so they can bring people from the centre and others who want to support.

A virtual table ticket is for as many people as someone would like, and each costs \$100.

"Historically, this banquet is part of our operations fundraising," said Friesen. "This, along with the golf tournament help us to meet that operations budget."

This year's golf tournament for the Back Door was record-breaking, and Friesen is hoping the banquet can be too. To purchase tickets for the in-person banquet or virtual one, contact the centre at (204) 745-6186.



PHOTO SUBMITTED

The Back Door Youth Centre is hosting its annual banquet in person again this year.

Incredible creatures: Green darners: a migratory dragonfly



STANDARD PHOTO SUBMITTED

A common green darner.

By John Gavloski

Ask someone to name an insect that migrates south for the winter, and most people will likely say monarch butterfly, which is correct. But there are other insects that migrate south for the winter as well, including some

species of dragonflies. Dragonfly migration has been observed on every continent except Antarctica, with some species performing spectacular long-distance mass movements.

Continued on page 10

GOOD FOR ME GOOD FOR MB

Our world-class Manitoba pork is a provincial export superstar, shipping to over 20 countries.

Manitoba pork producers, large and small, help meet the growing demand for world-class pork.

Chuck Davidson
President & CEO, MB Chambers of Commerce
Winnipeg, MB

manitobapork.com/economy

Aspen Winds in planning stages of new home for disabled adults

By Becca Myskiw

A brand-new home for adults with disabilities is pending approval in Notre Dame de Lourdes.

Aspen Winds is a non-profit day program and residential agency that provides services to adults living with intellectual disabilities. Their day program allows participants to work daily jobs that cater to their talents. They create things from woodworking, pottery, painting, sewing, and more, then sell them in their Notre Dame and Carman stores.

Aspen Winds also runs a supported independent living facility for five people. Those residents have their rooms, communal living rooms, and kitchen, and while they live independently, there is staff on site 24/7 for assistance.

Executive director Michaela Knibbs said the problem now is the residents are all over 50, and their home is a two-storey bungalow with narrow stairs and small bathrooms. In other words, getting around their space is difficult for the Aspen Winds residents.

"Only two residents can get down the stairs safely and comfortably," she said.

So, to ensure the people in their care continue to get what they deserve and need, Aspen Winds is planning to build a new residence on their double lot. It would go right behind their current building,

leaving the old one to be an apartment building, supporting independent living for others, or something else.

The new building would be one floor with six rooms, a communal kitchen and living room, bathrooms, and an island at the appropriate height for someone in a wheelchair. The current five residents would move to the new building, and the sixth room would be for respite or a staff member to use if they get snowed in.

The estimated cost for the project is \$750,000.

"We have to wait for approval from the government before we build and everything," said Knibbs. "But we are fundraising currently."

Aspen Winds is having a craft sale on Oct. 15 and a Ladies' Night on Nov. 4. Ladies' Night will be \$30 a ticket for women in the community to get together, have a flight of wine and appetizers, go shopping, take advantage of different services like laser hair removal and hairdressing, participate in a silent auction, and listen to entertainment while dancing.

Funds from the evening will go towards the new building project for intellectually disabled people in the community. To buy a ticket, contact Aspen Winds at (204) 248-2154.

"ONLY TWO RESIDENTS CAN GET DOWN THE STAIRS SAFELY AND COMFORTABLY,"



STANDARD PHOTO SUBMITTED
Aspen Winds is holding a Ladies' Night fundraiser in November to raise money for their plans for a new residential home.



BREAK THE SILENCE. TAKE CHARGE.

Hearing loss doesn't have to mean confidence loss.

For over 35 years, we've been helping Canadians take charge of their hearing health. Today we're setting a new standard. You can expect the same great people and service as well as the benefits of being part of a positive future for hearing health.



What makes HearCANADA unique?



Experience the Sound.
Your hearing. Your way.

Test hearing aids during your appointment and experience the connection to friends, family and the world around you.



Complimentary one-week trial.

Hear the difference hearing aids can make with no risk or obligation to buy.



Book a Complimentary Hearing Evaluation*.

And experience the HearCANADA difference.

1-866-623-3749
HearCANADA.com

1-866-623-3749

HearCANADA.com

*Complimentary hearing consultations valid for those over 50. Not applicable on third party claims.

Sonatrice Singers celebrating 50 years this fall

By Becca Myskiw

Carman's very own Sonatrice Singers are turning 50 this year.

The all-female choir has been meeting every Monday night since fall 1972, putting together their voices for old jazz and blues tunes.

Audrey Myers initially started choir after moving to Carman and realizing something like it was missing in the town. In 1972, the group had 15 members. Today, they have 25 but over the years, they've had as many as 40.

Myers plays piano, accompanying the Sonatrice Singers as they belt out song after song at their performances. They usually do one big concert a year — a two-night event at the end of April — but because of COVID, they haven't held the wrap-up performance in a few years. As a result, they've performed 47 times over the years, never missing a concert until the pandemic.

They've had men sing in the choir from time to time, but it's currently filled with women of all ages.

The group has also done special performances like their annual one for the Christmas cheer board, ones for United Way, Tiger Hills Council, the Carman Collegiate Community Theatre upgrade, and more.

Back when their performances started, tickets cost \$1 for adults and .50 for children. Today, they're \$15 for



The Sonatrice Singers performed for their 40th anniversary in 2012.

adults and \$6 for anyone under 17. Their Christmas cheer board fundraiser first raised \$122 — in 2019, it raised \$2,300.

The Sonatrice Singers have sung in the Fort Garry Hotel, in Parliament in Ottawa, in the Legislative Building on New Year's, and at various music festivals. They even made it to the national level of Music Fest a few times, winning bronze in Toronto and silver in Ottawa.

"Choirs from all over Canada and we were always the oldest," said long-time member Barb Stevens.

This year marks 50 years since the group formed, and they plan to pull out all the stops, including their year-end concert. It acts as a showcase and



STANDARD PHOTOS SUBMITTED

The Sonatrice Singers performing in 2016



The Sonatrice Singers celebrated 50 years in 1979.

a fundraiser, so being unable to put it on has set the group back, but Stevens said they plan to sing as long as possible.

To celebrate the never-ending camaradery of the Sonatrice Singers, the

current members are holding a reunion celebration on Oct. 22 for all past and present members. The singers will eat together, sing, and reminisce from 11 a.m. to 4 p.m. at the Carman Active Living Centre.

> DARNER, FROM PG. 13

Some migratory species of dragonfly that can be found in Manitoba include the common green darner, the variegated meadowhawk and the wandering glider. This article will feature a rather large dragonfly, called the common green darner, where part of the population embarks on an incredible migration, while others known as the resident population don't. Sound confusing? Read on.

Distinguishing Darners

In Canada there are 154 species of dragonflies. These are separated into 7 family groupings, one of which is called the darners (Aeshnidae). The darners include our largest dragonflies, and have long and slender abdomens, like darning needles. They also have large eyes, that meet broadly along a seam.

The common green darner dragonfly (*Anax junius*) has a bright green thorax. They have olive-green eyes and have a black 'bull's-eye' mark on the face in front of their eyes. Males and females can be told apart by the colour of their abdomens. The males' abdomens are an intense blue, while the females' abdomens are reddish brown, as in the photo for this article. They perch by hanging from vegetation, and sometimes can be found well away from water. The green darner in the photo stayed posed for us for an extended period of time along a hiking trail in Turtle Mountain Provincial Park. Part of the population of common green darners migrates, known as the migrant population, while another portion doesn't, the resident population.

Residents and Migrants

Like monarchs, the migrant population of the common green darners embark on a multi-generational migration, where the generation that ends up in Canada in spring are not the same ones that left in autumn. No one individual makes the round trip. Common green darners from Manitoba form swarms and migrate in late August and early September to the southern US and Mexico. Once there, they lay eggs and die. The dragonflies that emerge will spend their whole lives in their southern location; it is their offspring that will migrate north in the spring.

The generation migrating north reaches the northern US and southern Canada in late spring. These migrants mate, lay their eggs in the water, and die by early-summer, just as the resident population emerges as adults. These residents live a month or two as adults, depositing their eggs in late summer as the migrant adults emerge. The young, called naiads in dragonflies, of the resident population overwinter under the ice in a state called diapause, and take 10 or 11 months to mature (possibly more,

in chilly waters), while the migrant naiads (which don't overwinter) need less than half that time to mature.

How far and fast can they fly?

Researchers from the University of Guelph attached miniaturized radio transmitters to common green darner dragonflies and monarch butterflies and tracked their autumn migratory movements through southern Ontario and into the United States using an automated array of over 100 telemetry towers. The farthest estimated distance a green darner travelled in a single day was 122 km with a wind-assisted ground speed of up to 77 km per hour. The farthest estimated distance a monarch travelled in a single day was 143 km at a wind-assisted ground speed of 31 km per hour. For both species, increased temperature and wind assistance increased the pace of migration.

Green darners may be one of the first and last dragonflies seen flying in northern climes like Manitoba. Migrant or resident, they are both beautiful and beneficial insects.



Phone 745-2722

Pastries and Baked Goods
Homemade Frozen Meals
Fresh Valley Bakery Bread & Buns
- Tuesday & Friday
Homemade Sourdough Bread
- Thursdays
Schnitzel Burgers • Soup & Sandwiches
Baking Supplies • Cookie Cutter & more!

\$1.00 off Your Next Purchase of \$15 or more before tax

South Central Cancer Resource needs volunteers

Submitted by Pam King, SCCR Board President

South Central Cancer Resource (SCCR) is recruiting board members, and needs volunteers. If you have either personally had cancer or had a family member/friend that has been touched by cancer, then you understand the challenges involved in navigating a cancer journey. These include financial woes, the need for emotional support, and the desire to learn more about cancer. The SCCR board works diligently to provide many programs and services. In addition, they strive to improve the lives of our clients and their families throughout their battle with cancer.

Board members may be asked to attend events supporting SCCR if available. These events may include: Car-

man Curl for Cancer, Mike Pritchard Memorial Golf Tournament, Rocking W Ranch Memorial Barrel Race, Legends Car Rally, Fuel Up to Win, Smile Cookie Campaign etc. Attending these events is most rewarding and offers the opportunity for board members to promote the work of SCCR.

We are looking for individuals who care about others. If you are interested in becoming involved but are not 100 per cent sure if this is the right fit for you, we invite you to attend a board meeting with no strings attached. Anyone is welcome to come to observe and hear what we are doing and planning. Board meetings are held monthly in Morden (or via zoom if needed).

SCCR is a local community-based,

non-profit organization whose mission is to provide support, information, resources and education regarding cancer, cancer prevention and screening to individuals living in the service area.

Currently, SCCR only has six board members, and we are looking for at least six more. Board members are needed from Cartwright, Miami, Manitou, Lariviere, Altona, Plum

Coulee, Emerson, Morden, Morris, Letellier, Gretna, Roland and any other communities served by SCCR.

Please consider this request. We need you!

Please get in touch with our office at 204-822-9541 or visit our website www.sccr.mb.ca for more information! To apply online visit the "For Volunteers" page.



STANDARD PHOTO SUBMITTED

The SCCR board of directors, left to right, Sharon Fehr, Pam King, Dianne Mestdagh, Jack Pethybridge, Gail Shimonek, Lawanda Friesen. The organization is looking for six more members.

AUTUMN DEALS!!

DOORCRASHER
CLARKS
WOMEN'S SHOES
25% OFF

DOORCRASHER
KIDS KEEN RUNNER
\$ 67.50

DOORCRASHER
MERRELL MEN'S
ASSENTRIX
\$129.99

BLUNDSTONES FOR THE WHOLE FAMILY!!

DOORCRASHER
MEN'S SLIP ON WP
INSULATED \$130.00

CONGRATULATIONS ALYSSA!
5TH PLACE WINNER
OF KCS COLOURING
CONTEST

HOURS: Monday to Friday 9:30 am to 5:30 pm Saturday 9:30 am to 4:00 pm - 325 Kimberly Rd. - East of Canadian Tire

K.C.'s

YOUR FAMILY
FOOTWEAR STORE
204.325.5538

SHOE REPAIR

WORK & WESTERN WEARHOUSE

What happens in your school division affects everyone.

2022

Manitoba
School
Trustee
Elections

Cast your vote for your local school trustee on October 26, 2022

Learn more at localchoices.ca

Carman Golf Course crowned winner of Burger Week

By Becca Myskiw

The third annual Carman Burger Week has come and gone, with the crowned winner being the Carman Golf and Curling Club.

The Carman and Community Chamber of Commerce hosted Burger Week for the third year. According to executive director Jodi Winkler, they came out of it with nothing but success.

"It was a great success," she said. "I mean it was the talk of the town for the whole week."

Eight restaurants participated in the weeklong event this year, creating a new, one-of-a-kind burger for locals to experience.

Chicken Chef Carman made a Chef's Smash Burger with seasoned beef, bacon, cheddar cheese, grilled onions, lettuce, tomato, and their special burger sauce.

Syl's Drive Inn did the Canadian Tropics Burger with one or two patties, lettuce, barbecue sauce, mozzarella cheese, spicy maple bacon, and grilled pineapple.

Breakaway Family Restaurant & Lounge made the Hungry Man/Woman Burger which had a home-

made patty, shredded cheddar cheese, crispy bacon, homemade chilli, and an onion ring served on an onion bun.

Big Willy's used their platform to send a message with their Mom's Spaghetti Burger. Owner Chad Lubkiwski promoted National Suicide Prevention Month instead of his burger, which was a pizza burger.

McGee's Original Grill created the Quesa Burger with a six oz. prime patty, queso cheese sauce, grilled onions and peppers, and cheddar cheese served in a grilled tortilla with a side of sour cream.

Crazy Lady's Cafeteria took a vegetarian spin on the week with their Bean Salsa Burger. It featured lettuce, mayo, raspberry salsa, sour cream, and home pickles slaw.

Scotswood Links created the Bison Chilli Bacon Cheeseburger which had tomato, lettuce, crispy onions, mayo, mustard, and barbecue sauce served on a crispy bun.

The Carman Golf and Curling Club made the Bacon Nacho Burger — a beef burger topped with nacho cheese, jalapenos, and tomatoes. Golf course general manager Dean North



STANDARD PHOTO SUBMITTED

Carman Golf and Curling Club is the winner of this year's Burger Week with their Bacon Nacho Burger.

said they plan to offer the burger as a special from time to time.

"We are very pleased," he said. "It is a fun contest, and we are glad everyone enjoyed our burger."

This year's Burger Week saw the most votes yet, with over 350. However, Winkler said not everyone who participated votes either so she knows the week was a hit.

"It's definitely something that's going to be around for a long time because the restaurants love it and the community supports it," she said. "It's an easy way to support restaurants and get out during the week."

Next is Carman's Poutine Week, which typically happens after spring break.



CARMAN
CURL FOR CANCER

29th
Annual

Nov. 5, 2022
20 Team
curling bonspiel
with banquet to
follow. \$500/
team. Individual
supper tickets
available for \$75

REGISTRATION OPEN

Email carmancurlforcancer@gmail.com or
text 745-0252 to book your teams!

FIND US ON:
Facebook: Carman Curl for Cancer
Instagram: @carmancurlforcancer
Carmancurlforcancer@gmail.com with any questions

Scenic Flight Tour



\$119 FOR A 3 PERSON
FLIGHT TOUR
Book Today!

LS AIRWAYS
FLIGHT ACADEMY

LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-642-4799

get inspired

> MEAL IDEAS



Spicy Alaska Sablefish in Lettuce Cups

1/4 cup thinly sliced halved radish
 1/2 cup pickled ginger, chopped
 1/2 cup bottled Asian-style salad dressing with wasabi and ginger
 8 medium-large butter lettuce leaves
 1/2 cup cilantro leaves
 Preheat oven to 450 F.

Blend miso, chili paste and honey; spread onto Alaska sablefish portions. Place portions on nonstick cooking spray-coated, foil-lined baking sheet. Roast 5-7 minutes, or until fish is opaque throughout and deep golden brown; cool slightly.

In mixing bowl, combine avocado, rice or quinoa, cucumber, radishes and ginger; pour in dressing. Toss to coat.

To serve, place about 1/3 cup vegetable-rice mixture in each lettuce leaf. Top with one sablefish portion. Sprinkle each lettuce cup with 1 tablespoon cilantro leaves.

Recipe courtesy of the Alaska Seafood Marketing Institute
 Prep time: 20 minutes
 Cook time: 10 minutes
 Servings: 4 (2 lettuce cups each)
 1/4 cup yellow or white miso
 1 tablespoon Korean chili paste
 1 tablespoon honey
 1 pound Alaska sablefish (black cod), cut into 2-ounce portions
 nonstick cooking spray
 1 small avocado, pitted, peeled and chopped
 1-1 1/4 cups cooked sushi rice or quinoa
 1/2 cup chopped English cucumber



Blackened Alaska Cod Tacos

4 small flour tortillas
 1 avocado, sliced
 Preheat oven to 400 F.

In bowl, mix slaw with mayonnaise, hot sauce, juice from 1/2 lime and salt and pepper, to taste; set aside.

Line baking dish with parchment paper and spray with nonstick cooking spray. Place Alaska cod on top and coat lightly with olive oil. Generously season with blackening seasoning and sea salt, to taste.

Bake 5 minutes, set oven to broil and broil 3-5 minutes. When fish is done (when it flakes easily with fork and is opaque throughout), remove from oven and break into small chunks with fork.

In flour tortillas, add avocado and slaw. Top with chunks of cod and drizzle with additional hot sauce, squeeze of lime juice from remaining 1/2 lime and additional blackening seasoning.

Photo courtesy of Sari Diskin (Blackened Alaska Cod Tacos)

Recipe courtesy of the Alaska Seafood Marketing Institute and Sari Diskin
 Prep time: 10 minutes
 Cook time: 10 minutes
 Servings: 2-3
 2 cups slaw mix
 2 tablespoons mayonnaise
 1 teaspoon hot sauce, plus additional for serving
 1 lime, divided
 salt, to taste
 pepper, to taste
 nonstick cooking spray
 1/2 pound Alaska cod
 olive oil
 blackening seasoning, to taste, plus additional, divided
 sea salt, to taste

Epic Taco Party Feast



Photo courtesy of Ericka Sanchez (@nibblesnfeasts)

Recipe courtesy of Ericka Sanchez (@nibblesnfeasts) on behalf of Real California Milk
 Top Row, Left to Right:
 Cheese taquitos
 Salsa verde
 Real California Cotija Cheese, crumbled
 Pico de gallo
 Potato taquitos
 Real California Queso Fresco, crumbled
 Real California Crema
 Tequila with chili salt (optional)
 Middle Row, Left to Right:
 Carne asada tacos

Five scary (& surprising!) reasons you may have gained weight

By Fitness Expert Julie Germaine Coram



Health and Wellness Fitness expert Julie Germaine Coram

If you've gained weight over the last few years, it may ease your mind to know that a recent study showed that over a quarter of the nearly 8,000 adults questioned had too. The apparent culprits to blame for increased body fat are widely known, including a sedative lifestyle, over-eating, lack of sleep, and stress. However, there are many more causes that could be at play. By reading on (all the way to the end), you may find one that you can relate to, and hopefully, this knowledge is the key that unlocks the door to a future where maintaining a healthy weight is more manageable.

As we age, our metabolism naturally slows, beginning as early as 30 (I know, BOO!!). For women, the aging process is particularly cruel when it comes to body composition as we pass through menopause. Hormonal changes cue your system to store more fat in your abdominal area, and if you don't know how to combat it, gaining 15 pounds isn't unusual. Resistance training is a great way to increase your calories burned every day, and a good workout's metabolic effects last up to 3 hours!

Prescribed medical can also unexpectedly lead to weight gain. A number of beta-blockers, antidepressants, antihistamines, and antipsychotics fall into this category—direct questions to your medical professional before changing or stopping your meds.

Did you also find that your weight gain was coupled with breakouts, excessive hair growth, or changes to your menstrual cycle? It's possible that a hormonal disorder called polycystic ovary syndrome (PCOS) has triggered these symptoms. Ask your doctor about taking a hormone test.

Another commonly undiagnosed condition is hypothyroidism or an underactive thyroid. This could be

evident if you're experiencing hair loss, mood disorders, difficulty with bowel movements, or dry skin.

Fitness is not just about eating right and exercising. You've got to have the right mindset and support to start your journey to better health and – more importantly – stick to it. I got you! Easily lose 2" from your waistline doing 30 minute home workouts by joining my 30 Day VIP Fat Loss Challenge! Visit: www.calendly.com/juliegermaine or email info@juliegermaine.com to apply today.

Coach Julie Germaine Coram is a fit Manitoban mom, 2x International Pro Fitness Champion, Miss Fitness Manitoba, Certified Nutrition Coach & Renowned Fitness Expert. She has helped thousands of men and women improve their health since 2005.

References
 1. Flanagan EW, Beyl RA, Fearnbach SN, Altazan AD, Martin CK, Redman LM.

The Impact of COVID-19 Stay-At-Home Orders on Health Behaviors in Adults

Obesity (Silver Spring) 2020 Oct 11:10.1002/oby.23066

Real California Queso Fresco, crumbled
 Chicken street tacos
 Real California Chipotle Crema
 Carnitas tacos with hard shells
 Bottom Row, Left to Right:
 Real California Cotija Cheese, crumbled
 Real California Crema
 Mexican rice
 Carne asada tacos
 Guacamole
 To assemble top row: Place cheese taquitos in pan, salsa verde in bowl, Cotija cheese in bowl, pico de gallo in bowl, potato taquitos on plate and Queso Fresco

in bowl. Garnish potato taquitos with pico de gallo, guacamole, Queso Fresco and crema. Optional: Add tray with tequila, cups and chili salt.

To assemble middle row: Place carne asada tacos on plate, queso fresco in bowl, chicken street tacos on plate, chipotle crema in bowl and carnitas tacos on serving tray.

To assemble bottom row: Place Cotija cheese and crema in bowls, potato taquitos on serving tray, Mexican rice in bowl, carne asada tacos on plate and guacamole in bowl.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Carman cross country team advances to provincials

By Ty Dilello

Last week, the Carman Collegiate junior varsity boys team clinched the Zone 4 Cross Country Running championship held in St. Malo.

The junior varsity team comprises students in Grades 9 and 10, including Adrien McIntosh, Nate Phillips, Jaron Johnson, Ryder Wolfe, Campbell Park, and Keaton Spencer.

At the Zone 4 event, Nate Phillips won his 4-kilometre running race, while Campbell Park placed second.

"It was really fun to compete against the other four or five schools," said Nate Phillips. "I've been training since Grade 2 for running events, and this year we kind of grabbed some other guys from our grade to help us form a team. And it went pretty well."

"Cross Country is always something that I've done competitively. I play other sports as well, but cross country is probably my favourite."

Phillips noted that he and his team expected to do pretty well at the Zone 4 event. However, they are now set at Provincials, where they are shooting

for a top-three position.

"We're really proud of the whole Cross Country team. They did great, and we hope for them to have continued success at provincials," said James Ballantyne, Carman Collegiate's athletic director.

This Wednesday, the Manitoba Provincial High School Cross Country Running Championships are being held in Killarney at the Killarney Lakeside Golf Club.

"We have over 2,000 young men and women participating in cross country, and the participants are indeed to be congratulated for their advancement to these provincials," said Chad Falk, Executive Director for the Manitoba High Schools Athletic Association. "Many hours of training and meets now reach a culmination. Runners and teams now have a chance to display their talents and try and reach the podium to be rated as one of the best. Any athlete who has attained this level of competition representing one's school deserves credit for his or her own personal victory."



STANDARD PHOTO SUBMITTED

Last week, the Carman Collegiate junior varsity boys team clinched the Zone 4 Cross Country Champions banner in St. Malo. The members of the team, left to right, Adrien McIntosh, Nate Phillips, Jaron Johnson, Ryder Wolfe, Campbell Park and Keaton Spencer.

Carman Minor Hockey begins 2022-23 season with 10 teams

By Becca Myskiw

Another hockey season has up and started, and with it, ten minor Carman teams.

Carman Minor Hockey officially started on Oct. 1 when teams hit the ice for their first practices of the sea-

son. President Matt Falk said this is the first year in a while where there absolutely no restrictions on players or spectators and it's nice to see.

"Everything's essentially back to the way it was before COVID," he said.

And that includes registration numbers, though the number of children playing hockey didn't really falter during the pandemic.

There are two U7 teams this

year, two U9 teams, two U11 teams, three U13 teams, and one U15 team in Carman Minor Hockey.

"That's identical to last year," said Falk. "We had the same number of teams in each of those age groups, which is pretty normal now."

By the time most players get to U13, Carman Minor Hockey starts seeing players from other communities joining the club, he said. And U15 is where local players start leaving.

All of the teams this year are mixed, except for the U15 one, which is all boys, because that's when contact



PHOTO SUBMITTED

Carman Minor Hockey registration numbers are on par this year with last.

starts.

To find Carman Minor Hockey's 2022-23 schedule, go to <https://www.carmanminorhockey.com/Leagues/index/carmanminorhockey/Schedule>.

What's *Your* story?

We want to hear from you.

The Carman-Dufferin Standard connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

A young entrepreneur starting out?

Please share your story ideas with **Dennis Young** at denjohnyoung@gmail.com or **Lana Meier** at news@carmanstandard.ca or call 204-467-5836.

The Carman-Dufferin
STANDARD

THE S.E.M.H.L. SCHEDULE
EXHIBITION GAME
CARMAN BEAVERS VS ILE DES CHENES
SATURDAY OCT. 15TH
7:00 PM IN
CARMAN.

Check our Website/Facebook to confirm this game!




Classifieds

The Carman-Dufferin
STANDARD

Book Your Classified Ad Today - Call 204-467-5836 classifieds@carmanstandard.ca

SCRAP METAL

Buyer for all farmyard scrap, machinery and autos. No item too large! Best prices paid, cash in hand. Phone Alf at 204-461-1649

NOTICES

URGENT PRESS RELEASES - Have a newsworthy item to announce? Having a fall/winter event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab for more details.

Advertise NOW in the 32 Weekly Manitoba Community Newspapers to get your messaging to be seen all over the province! Grand Opening? Hiring? Selling something? Have an online store? Let people know in the Blanket Classifieds! Call 204-467-5836 or call MCNA at 204-947-1691 for more details or to book ads. MCNA - Manitoba Community Newspapers Association. www.mcna.com

PROPERTY MANAGEMENT

Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

HOUSE FOR RENT

1 bdrm. house for rent in Carman. \$750/mo. plus utilities. Comes with garage in back. Ph. 204-750-0014.

3 bdrm. house for rent in Carman. No pets, no smoking. Comes with garage in back. \$1200/mo. plus utilities. Ph 204-750-0014.

LAKESIDE FLIGHT SCHOOL

Want to learn to fly? Recreational Pilot Program is the best way to get started, must be 16 years of age. Privileges: fly for fun in a certified airplane, a home-built aircraft or an ultralight; fly by day only in Canada with one passenger; can easily add float rating to permit. Lakeside Flight Academy 204-642-4799.

WANTED

WANTED/BUYING 1950's-70's Scandinavian, Danish, Canadian Mid-Century Modern furniture (Teak, Walnut, Rosewood), lighting, ceramics, textiles, stereo or design. Contact Daniel at TEXT/PHONE: 204-918-1607.

FINANCIAL SERVICES

Private mortgage lender. All real estate types considered. No credit checks done. Deal direct with lender and get quick approval. Toll free 1-866-405-1228 www.firstandsecondmortgages.ca

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

McSherry Auctions

12 Patterson Dr., Stonewall, MB

Online Timed Auctions @ iCollector.com

Estate & Moving
Closes Wed Oct. 19 @ 7:00PM

Estate & Moving
Closes Wed Oct. 26 @ 7:00PM

Consignments Welcome!

(204) 467-1858 or
(204) 886-7027

www.mcsherryauction.com

FIND THE RIGHT PERSON FOR THE POSITION
with an **EMPLOYMENT/CAREERS AD** in
The Carman-Dufferin
STANDARD
325-6888

Please support our advertisers
SHOP LOCAL



Response Builder Advertising WORKS!

- GET SEEN by over 360,000 Manitoba Homes!
- Create instant top of mind awareness
- Showcase your info, business, product, job, announcements or event
- We format it, to make it look great!
- Starting at \$239.00 (includes 35 lines of space)
- The ads blanket the province and run in MCNA's 32 Manitoba community newspapers
- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com



Used Oil & Antifreeze ECO CENTRE & TRANSFER STATION HOURS

Monday, Wednesday, Friday – 1:00 p.m. to 4:00 p.m.
Tuesday & Thursday - CLOSED
Saturday - 11:00 a.m. to 4:00 p.m.

FARM LAND FOR SALE BY TENDER

Sealed tenders in writing for the purchase of the property described below will be received by:

McCulloch Mooney Johnston Selby Law Office
14 Main St. S., Carman MB R0G 0J0

PROPERTY FOR SALE

Parcel I: S ½ of NW ¼ 31-8-4 WPM (approximately 77.88 acres)
Parcel II: SW ¼ 31-8-4 WPM (approximately 155.86 acres)
(Approximately 1 mile North of Elm Creek, Manitoba)

CONDITIONS OF TENDER:

1. Interested parties must rely on their own inspection and knowledge of the property.
 2. Tenders must be delivered to McCulloch Mooney Johnston Selby (Carman Office), 14 Main Street S., Box 1670, Carman, Manitoba by 2:30 p.m., October 20, 2022.
- Please mark on front of envelope "Tender 31-8-4 WPM".
3. Tenders must be accompanied by a \$20,000.00 deposit cheque payable to McCulloch Mooney Johnston Selby LLP. Deposit cheques accompanying unacceptable bids will be returned.
 4. The highest or any tender will not necessarily be accepted.
 5. Tenders may be for either or both parcels.
 6. Any questions pertaining to the property should be directed to Tom Mooney at (204) 745-2546 or email at tom@mmjlaw.com

TERMS AND CONDITIONS OF SALE:

1. The bidder whose tender is accepted will be required to complete an Agreement covering the terms and conditions of the sale.
2. Possession and closing date will be December 15, 2022.
3. The successful bidder will be responsible for all realty taxes following January 1, 2023 (the adjustment date).
4. In addition to the deposit, the balance of the accepted tender must be paid on or before the date of closing or evidence provided that the purchase funds will be available under conditions acceptable to the Vendor. If the balance of the purchase price is not paid by the possession date or under such acceptable conditions, the deposit paid shall be forfeited as liquidated damages and not as a penalty.
5. The Purchaser shall be responsible for payment of GST or shall self-assess for GST.

For further information contact Tom Mooney at:
McCulloch Mooney Johnston Selby LLP
Box 1670, 14 Main Street S.
Carman, Manitoba R0G 0J0

NOTICE:
Annual General Meeting
Of the
Boyne Valley Hostel
Corporation
Tuesday, October 18, 2022
2:00pm
Boyne Towers Lounge
Carman, Manitoba

FOR RENT

1 bedroom apartment available immediately in clean quiet building, appliances and air conditioning included. Shared laundry, mail delivery and secure entrances. Non smoking. Also have a 2 bedroom available December 1st call 204-751-0039 or email at carmanapts@gmail.com

UNDER THE AUTHORITY OF THE PLANNING ACT NOTICE OF PUBLIC HEARING

On the date and at the time and location shown below, a PUBLIC HEARING will be held to receive representations from any person(s) who wish to make them in respect to the following matter:

CARMAN-DUFFERIN BY-LAW NO. 18-2022
BEING AN AMENDMENT TO THE
CARMAN- DUFFERIN ZONING
BY-LAW No. 04/2014, as amended.

HEARING LOCATION:
Memorial Hall
12-2nd Ave SW, Carman, MB
Council Chambers

DATE: **November 8, 2022**
TIME: **8:30 AM**

GENERAL INTENT: *To consider Multiple Family Dwellings as a Conditional Use in the RT Zone.*

AREA AFFECTED: *Residential Two Family (RT) Zones*

For Information Contact: Kim MacLellan,
Coordinator of Planning Services
Carman Dufferin Grey Planning District
Box 160 Carman, MB R0G 0J0 Phone: 204-745-2509
Email: planning@townofcarman.com

A copy of the above proposal and supporting material may be inspected at the location noted above during normal office hours, Monday to Friday. Copies may be made, and extracts taken therefrom, upon request.



**BATTERIES FOR EVERYTHING!
50,000 BATTERIES IN STOCK**

- *Auto *Farm *Marine
- *Construction *ATV
- *Motorcycle *Golf Carts
- *Rechargeables *Tools
- *Phones *Computers
- *Solar Systems & design
- * Everything Else!

THE BATTERY MAN
1390 St. James St.
Winnipeg
TF 1-877-775-8271
www.batteryman.ca

FULL TIME HEAVY DUTY MECHANIC

- Benefits Package (full time only)
- Competitive wages
- Willingness to work overtime
- Valid driver's license
- Class 3 an asset
- Ability to perform MG Safety an asset

Derek (204) 793-7465

CENTENNIAL TRANSPORT & LEASING LTD.

CLASS 1 TRUCK DRIVER

To run Canada - must have experience

- Paid pick, drops, layovers and stat pay
- Multi drop runs
- Benefit package
- Dedicated truck
- Sign on bonus
- Annual bonus
- Reset at home
- Weekend home time
- Paid training
- Referral program

Derek (204) 793-7465

CENTENNIAL TRANSPORT & LEASING LTD.

Trucks, Trailers, Truckbeds & Tires

- Full Repair & Safeties
- Vehicle Parts, Tires & Wheels
- Trailer Parts & Batteries
- Sales, Financing, Leasing & Rentals

EBY Aluminum:

- Gooseneck and Bumper Pull Cattle & Equipment Trailers
- Truck & Service Bodies
- Generation Grain Trailers

KALDECK TRUCK & TRAILER INC.

Hwy #1, MacGregor, MB

1-888-685-3127

www.kaldecktrailers.com

Classifieds

Book Your Classified Ad Today - Call 204-467-5836
classifieds@carmanstandard.ca



SAY NO TO A RETIREMENT HOME



A Medical Alert Device can help keep you safe in the event of:

- Falls
- Intruders
- Fires
- Carbon Monoxide Leaks
- and any other emergency!



EMERGENCY PROTECTION 24/7

Call now for FREE information
1-888-333-7660
Local Toll Free

Remember Your Loved Ones with an Announcement in the

The Carman-Dufferin
STANDARD

Call Today

204-467-5836



NOTICE OF ELECTION RURAL MUNICIPALITY OF MACDONALD

Notice is hereby given that a vote of the Rural Municipality of Macdonald will be taken to elect Reeve and Councillors from the following duly nominated candidates:

For the office of Reeve:

(one to be elected)
ERB, Brad
(declared elected by acclamation)

For Councillor, Ward 3:

(one to be elected)
REMPEL, Ed
FELLER, Barry

For Councillor, Ward 6:

(one to be elected)
SCHINKEL, Rick
KEDDIE, Deidre

For Councillor, Ward 1:

(one to be elected)
BESTLAND, Matt
(declared elected by acclamation)

For Councillor, Ward 4:

(one to be elected)
PFRIMMER, Paul
SURMINSKI, Paul

For Councillor, Ward 2:

(one to be elected)
TURSKEI, Robert
IRVINE, Glen

For Councillor, Ward 5:

(one to be elected)
MORSE, Robert
(declared elected by acclamation)

VOTING PLACES

Voting places will be open for voting on **Wednesday, October 26, 2022 between 8:00 AM and 8:00 PM at:**

- Ward 2 – Caisse Community Centre – MPR Room – 80 PR 247E, La Salle
- Ward 3 – Sanford Legion, 54 Railway Avenue, Sanford
- Ward 4 – Caisse Community Centre – MPR Room – 80 PR 247E, La Salle
- Ward 6 – Oak Bluff Bible Church Inc., 53A PTH 3, Oak Bluff

IDENTIFICATION WILL BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person will be required to produce one piece of government issued photo identification (for example - driver's license) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located at the **Sanford Legion, 54 Railway Avenue, Sanford**, and will be open **Wednesday, October 19, 2022 between 8:00 AM and 8:00 PM.**

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by email to the senior election official at the Rural Municipality of Macdonald, Box 100, 161 Mandan Drive, Sanford, MB R0G 2J0, Email: info@rmofmacdonald.com

If applying in person*, a voter may apply between September 28 and October 23, 2022.
* A voter applying in person may pick up a sealed envelope ballot package at the time of application.

If applying by mail or email**, a voter may apply between July 28 and October 23, 2022.
** A voter applying by mail or email will receive a sealed envelope ballot package by regular post or by making alternative arrangements with the senior election official.

Ernie Epp, Senior Election Official
Rural Municipality of Macdonald
Phone: 204-736-2255 Email: info@rmofmacdonald.com



NOTICE OF ELECTION RURAL MUNICIPALITY OF THOMPSON

Notice is hereby given that a vote of the Rural Municipality of Thompson will be taken to elect COUNCILLORS from the following duly nominated candidates:

Office:

Reeve

Ward 1 (2 seats)

Ward 2 (1 seat)

Ward 3 (2 seats)

Candidates:

Royce Burnett
Richard Leroux
Heather Imrie
Scott Mayert
Brian Callum

Cody Faux
Travis Reichert
Ron Rothwell
Leann Friesen

Donna Cox
Robert Penner
Martin Moody

Walter McTavish
Wayne Gall
Grant Dueck

VOTING PLACE

Voting place will be open for voting on the 26th day of October 2022 between 8:00 a.m. and 8:00 p.m. at the **Miami Community Hall, located on the southside of PTH 23 in Miami, Manitoba.**

*** IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE.** A person may be required to produce one piece of government issued photo identification (for example - driver's license or passport) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located at the Municipal Office, 530 Norton Avenue, Miami, MB on **Tuesday October 18th, 2022, between 8:00 a.m. and 8:00 p.m.**

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by fax to the senior election official at Box 190 Miami, MB R0G 1H0 or fax 204-435-2067.

If applying in person*, a voter may apply between September 28th and October 14th, 2022.

* A voter applying in person may pick up a sealed envelope ballot package at the time of application.

** A voter applying by mail or fax will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the senior election official.

Dallas Marie Braun, Senior Elections Officer
Rural Municipality of Thompson
Phone: 204-435-2114

WES'S TIRE SHOP Tire Technician

Wes's Tire Shop in Carman, MB is currently seeking a tire technician/service truck driver to fill a full time position in our fast paced tire and mechanical shop. We do repairs/replacement on all types of tires and mechanical repairs to all makes and models of vehicle including semi truck and trailer. Experience is preferred but willing to train an interested individual. Wage is dependent on experience Benefits package available after 3 months employment. Forward resumes to arapwestire@gmail.com

**Call Dennis at 204-745-2076
or drop in at 215 Main
Street North, Carman, MB**

WES'S TIRE SHOP Automotive Service Technician

Wes's Tire Shop in Carman, MB is currently seeking an automotive service technician to fill a full time position in our fast paced tire and mechanical shop. We do repairs/replacement on all types of tires and mechanical repairs and routine maintenance to all makes and models of vehicle including semi truck and trailer. Experience is preferred but willing to train an interested individual. Wage is dependent on experience Benefits package available after 3 months employment.

Forward resumes to arapwestire@gmail.com

**Call Dennis at 204-745-2076
or drop in at 215 Main
Street North, Carman, MB**

Classifieds

Book Your Classified Ad Today - Call 204-467-5836
classifieds@carmanstandard.ca

The Carman-Dufferin
STANDARD

NOTICE OF ELECTION RURAL MUNICIPALITY OF GREY

Notice is hereby given that a vote of the Rural Municipality of Grey will be taken to elect Reeve, Councillors and L.U.D. Committee Members from the following duly nominated candidates:

OFFICE:	SEATS AVAILABLE:	NOMINATED CANDIDATES:
REEVE	ONE (1)	JOHNSON, GAIL GROSEMANS, JEAN PIERRE SISSON, BILL
COUNCILLOR WARD 2	ONE (1)	WOODS, IAN DEWITT, HARLEY J. BUTLER, KEVIN
COUNCILLOR WARD 3	ONE (1)	PENNER, RICHARD MIDDLETON, DOUGLAS R.
COUNCILLOR WARD 4	ONE (1)	REY, NATHAN GAULTIER, PAUL
L.U.D. OF HAYWOOD	THREE (3)	POIRIER, ROLAND D'HEILLY RAYMOND SOUQUE, JEAN (JOHN) UNRUH, JOHN

VOTING PLACES

Voting places will be open for voting on **Wednesday the 26th day of October, 2022 between 8:00 a.m. and 8:00 p.m.** at:

Reeve (Ward 1 electors) -	Fannystelle Community Hall, 17 Main Avenue West, Fannystelle, MB
Reeve and Ward Two (2) -	Elm Creek Community Hall, 70 Arena Road, Elm Creek, MB
Reeve, Ward Three (3) and - LUD of Haywood	Haywood Seniors Club (Accueil d'Age d'Or), 44 Marquette Avenue, Haywood, MB
Reeve and Ward Four (4) -	St. Claude Community Centre, 58 PR 240, St. Claude, MB
Reeve (Ward Five (5) and LUD of St. Claude electors) -	St. Claude Community Centre, 58 PR 240 S, St. Claude, MB

IDENTIFICATION WILL BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person will be required to produce one piece of government issued photo identification (for example - driver's license) or at least two other documents that provide proof of identity.

VOTERS LIST

An eligible voter whose name is not on the voters list is entitled to have their name added to the voters list by: a) attending a voting place where they are qualified to vote; b) taking an oath that they are an eligible voter; c) establishing their identity by providing valid government photo identification or at least two other documents that provide proof of their identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on Election Day, an advance voting opportunity will be located at:

R.M. Of Grey Municipal Office - 27 Church Avenue East Elm Creek
and will be open on **October 18th, 2022 between 8:00 a.m. and 8:00 p.m.**

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person or in writing to the Senior Election Official at R.M. of Grey, Box 99, 27 Church Avenue East, Elm Creek, MB R0G 0N0. Photo identification will need to be presented in order to receive a sealed ballot package.

If applying in person, a voter may apply between September 28th, 2022 and October 23rd, 2022. A voter applying in person may pick up a sealed envelope ballot package at the time of application.

If applying by mail or email, a voter may apply between September 28th, 2022 and October 23rd, 2022. A voter applying by mail or email will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the Senior Election Official.

Kim Arnal, Senior Election Official
Rural Municipality of Grey
204-436-2014 (phone)
kim@rmofgrey.ca (email)



NOTICE OF ELECTION TOWN OF CARMAN

Notice is hereby given that a vote of the Town of Carman will be taken to elect Six Councillors from the following duly nominated candidates:

For the Office of Mayor - OWEN, Brent- acclaimed

For the offices of Councillor:

- | | |
|----------------------|------------------------|
| 1. TOWNSEND, Bernie | 6. JOHNSTON, Brad |
| 2. GRAY, Matt | 7. REIMER, Dale |
| 3. BRYSON, Robert | 8. DYCK, Richard |
| 4. BOKLASCHUK, Carly | 9. BOEVE, Lindsay |
| 5. BERGSMA, Phil | 10. LEMKY (DUNN), Erin |

VOTING PLACES

Voting places will be open for voting on Wednesday the 26th day of October 2022 between 8:00 a.m. and 8:00 p.m. at Carman Community Hall, 60-1st Avenue NW, Carman MB.

IDENTIFICATION MAY BE REQUIRED BEFORE BEING ALLOWED TO VOTE. A person may be required to produce one piece of government issued photo identification (for example - driver's license or passport) or at least two other documents that provide proof of identity.

ADVANCE VOTING

For the purpose of accommodating persons who are qualified to vote, but who have reason to believe that they will be absent or otherwise unable to attend their proper voting place on election day, an advance voting opportunity will be located at Town of Carman office, 12-2nd Avenue SW, Carman and will be open during each of the following days Wednesday, October 5, 2022 between 8:00 a.m. and 8:00 p.m., Thursday, October 13, 2022 and Tuesday, October 18, 2022 during regular office hours between 8:30 a.m. and 4:30 p.m.

MOBILE VOTING

For the purpose of accommodating persons who are qualified to vote, but reside at a health care facility, a mobile voting station will be set up for scheduled hours at the following health care facilities on election day (October 26): Carman Memorial Hospital and Boyne Personal Care Home.

APPLICATION TO VOTE BY SEALED ENVELOPE

A voter who is unable to go in person to the voting place or vote in advance, may apply in person, in writing, or by email to the senior election official at 12-2nd Avenue SW, Carman or emailing cheryl@townofcarman.com. If applying in person*, a voter may apply between September 28, 2022 and October 23, 2022.

*A voter applying in person may pick up a sealed envelope ballot package at the time of application.

If applying by mail or email**, a voter may apply between September 28, 2022 and October 23, 2022.

** A voter applying by mail or email will receive a sealed envelope ballot package by regular post, or by making alternative arrangements with the senior election official.

Cheryl Young SEO, Town of Carman
204-745-2443 cheryl@townofcarman.com

**The Express Weekly News Classified booking deadline is Monday at 4 p.m.
prior to Thursday's publication Please Call 204-467-5836**

**Remember Your
Loved Ones**
with an Announcement in the

The Carman-Dufferin
STANDARD
Call 467-5836

Classifieds

The Carman-Dufferin
STANDARD

Book Your Classified Ad Today - Call 204-467-5836 classifieds@carmanstandard.ca

Aspen Winds/Vents de Tremble

CRAFT Sale

SATURDAY
October 15, 2022
11:00am-3:30pm

Notre Dame Centennial Hall

Silver collection at the door
Silent Auction and lunch available
www.aspenwinds.ca

Reporter/Photographer Wanted

Are you a natural born storyteller with an eye for photography and a passion for community news? Carman-Dufferin Standard is currently seeking a full-time reporter and photographer to join its multi award-winning weekly community newspaper.

We are looking for someone who is both motivated and passionate about being the best outlet of interesting and breaking news stories and event coverage in the Carman-Dufferin area and surrounding area communities.

Qualifications:

- A post-secondary degree/diploma in journalism or equivalent experience in a related field
- Strong photography and writing skills with an interest in social media
- Self-starter with the ability to exercise solid news judgement
- Ability to establish professional relationships to consistently source and write a wide range of stories and cover events in a fair, balanced and accurate manner
- Able to work both independently and as a team on a flexible work schedule including both evenings and weekends to meet our weekly editorial deadline
- Experience covering council and school board meetings
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an asset

Please forward your resumé along with three writing and photography samples to:

Lana Meier
Email: news@stonewallteulontribune.ca
Deadline to apply is Friday, October 28, 2022.

The Carman-Dufferin
STANDARD

RURAL MUNICIPALITY OF DUFFERIN BOARD OF REVISION

PUBLIC NOTICE is hereby given that the year 2023 Assessment Roll for the Rural Municipality of Dufferin has been delivered to the Municipal Office 12-2nd Ave S.W., Carman, Manitoba and is open for public inspection during regular business hours. That any person, who believes that an assessment ought to be revised, may make application in accordance with Sections 42 and 43 of the Municipal Assessment Act.

APPLICATION FOR REVISION

"42(1) A person in whose name property has been assessed; a mortgagee in possession of property under Section 114(1) of the Real Property Act, an occupier of premises who is required under the terms of a lease to pay the taxes on the property, or the assessor of may make application for the revision of an assessment roll with respect to:

- the liability to assessment
- the amount of an assessed value;
- classification of a property
- a refusal by an assessor to amend the assessment roll under Section 13(2)

APPLICATION REQUIREMENTS

- 43(1) An application for revision must
- be made in writing;
 - set out the roll number and legal description of the assessable property for which a revision is sought;
 - state the grounds on which the application is based; and
 - be filed by
 - delivering it or causing it to be delivered at the office indicated in the public notice given under Subsection 41(2), or
 - serving it upon the secretary, at least 15 days before the scheduled sitting date of the board as indicated in the public notice."

The Board of Revision will sit on Tuesday, November 15th, 2022 at 7:00 p.m. in the Council Chambers of the Rural Municipality of Dufferin 12-2nd Ave SW, Carman, Manitoba to hear applications. Applications must be addressed to: THE BOARD OF REVISION, R.M. of Dufferin

Box 100, Carman, Manitoba R0G 0J0 and received by the Secretary of the Board on or before Monday, October 31st, 2022 4:30 p.m. Dated this 1st day of October, 2022.

Sharla Murray, Secretary
Board of Revision
Rural Municipality of Dufferin
Box 100
Carman, MB R0G 0J0



Remember Your Loved Ones
with an
Announcement in the

The Carman-Dufferin
STANDARD

Call 204-467-5836

Beautiful Home For Sale in Winkler Asking \$399,900



Lovely, well maintained home on quiet Spruce Bay. Close to schools and bicycle trails. Custom built in 2001, 1205 sq. ft. with open concept design and main floor laundry. New kitchen appliances in 2022, new shingles in 2018, ceramic tile floors, maple kitchen cabinets, 4 bdrms (2 up and 2 down), 3 bathrooms incl. 4 pce ensuite. Fully finished basement with large rec room; oversized double garage all on a 70x120' lot with mature trees and perennial gardens. Looking for a Dec. 15, 2022 possession.

Must see! Call for more information 204-362-7475.

take a break > GAMES

SUDOKU

9					6			
	8	4		3				
1			8					
			5					
				1				
	4		3	9	8		5	
			9		7		1	2
	6		1					7
	3						4	

Level: Intermediate

Fun By The Numbers

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

FIND THE RIGHT PERSON FOR THE POSITION
with an
EMPLOYMENT/CAREERS AD in

The Carman-Dufferin
STANDARD

325-6888

Sudoku Answer

6	4	9	5	8	2	1	3	7
7	8	5	3	4	1	6	9	2
2	1	3	7	9	6	8	5	4
1	5	7	8	6	3	2	4	9
3	9	2	4	7	1	5	6	8
4	6	8	9	2	5	7	1	3
5	3	4	6	7	8	9	2	1
9	7	1	2	3	9	4	8	5
8	2	6	1	5	4	3	7	9

Classifieds

Book Your Classified Ad Today -
Call 204-467-5836
classifieds@carmanstandard.ca



OBITUARY



Richard Deleurme

It is with great sorrow that we announce the passing of Richard Deleurme on October 2, 2022 after a courageous battle with cancer.

He is lovingly remembered by his sisters, Marie-Anne Loeppky (Paul) and Lillian Middleton (Doug); his nephews Chris Loeppky, Derek Middleton (Tyler Steen) and his nieces, Kelsey Middleton, Melissa Rak-Banville (Cole) and great-nephew Ethan. He also leaves to mourn many friends and relatives in the area.

Richard was predeceased by his father, Aurele in 2019 and his mother Yvonne (Bourdeau d'Hui) in 2011.

Richard was born on December 28, 1960 and was raised in the St. Claude area where he attended St. Claude School Complex. After high school, he worked at United Feeds where he enjoyed meeting and assisting many people in the area. After a few years,

he decided to return to the family farm to work with his dad. Richard acquired many rental properties in the area during this period and enjoyed the challenges that this brought.

Richard took great care of Mom and Dad in their senior years by taking them to appointments and checking in on them daily.

Richard enjoyed being outdoors. He loved to fish and looked forward to trips to Grand Rapids every summer. He enjoyed the simple things in life from taking care of his pets and spending time with family.

Many thanks to the staff at the Carman Memorial Hospital for their care and compassion while Richard was a patient there.




Memorial donations can be made to Carman Palliative Care in Carman Manitoba.

Doyle's Funeral Home
in care of arrangements
www.doylesfuneralhome.ca

Your memory will live forever Engraved within our hearts

WE'RE HIRING!

Production Associates,
Yard Loaders, &
International Fleet Drivers

-  Competitive Pay
-  Work-Life Balance
-  Comprehensive Benefits

ADS-JOBS.COM/CA



111 Lyle Drive Carman, MB, ROG OJ0



OCT 21 CLOSING TIMED ONLINE AUCTION FOR RENEE REIMER & JOHN REIMER NW OF CARMAN, MB

Large amount of tools, Camper trailer, enclosed trailer, antique tractors, hwy tractors, 2012 Ram Pickup truck etc. Open yard viewing items is Sat. Oct 15 from 10 am to 12 noon. No exceptions, Road 37 north, 26109, Carman. See www.billklassen.com/nextlot for listing & online bidding.



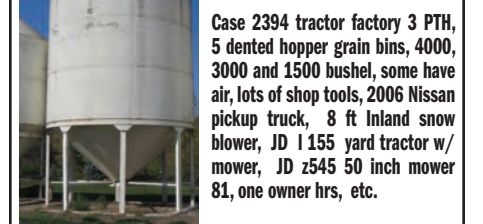
See www.billklassen.com/nextlot for listing and online bidding.



Ph: (204) 325-4433
Cell: (204) 325-6230
Fax: (204) 325-4484

**Classified booking deadline is
Monday at 4 p.m. prior to Thursday's
publication Please Call 204-467-5836**

OCT 28- CLOSING ONLINE AUCTION FOR PAT ROTH, SHOP & SOME FARM EQUIPMENT, 2 MILES EAST OF GRAYSVILLE, MB & 1 NORTH ON MILE 29 W AND 1/2 WEST ON MILE 36 N, THIS IS 5 MILES WEST OF CARMAN LIGHTS.



Case 2394 tractor factory 3 PTH, 5 dented hopper grain bins, 4000, 3000 and 1500 bushel, some have air, lots of shop tools, 2006 Nissan pickup truck, 8 ft Inland snow blower, JD 1155 yard tractor w/ mower, JD 2545 50 inch mower 81, one owner hrs, etc.

Register to Bid at www.billklassen.com/nextlot/public



Ph: (204) 325-4433
Cell: (204) 325-6230
Fax: (204) 325-4484

Do you like taking photos?

Do you want to earn some extra cash?

The Carman-Dufferin STANDARD

Is looking for people in Carman and surrounding areas to help cover local events while recording our history for the newspaper. Hi resolution photos can be taken with an iPhone or camera.

**If interested email
news@expressweeklynews.ca**

with a couple of samples of your favourite photos





Industrial & Automotive Coatings



email: info@besman.ca 1000 Dugald Road
www.besman.ca 204-615-3050 (One block west of Lagimodiere)

Call 204-467-5836

BODY VIBE
MASSAGE THERAPY

Tia DeLichte, RMT
 (204) 245-0909
 bodyvibe@outlook.com

For all your REAL ESTATE needs



204-745-6693

klosrealty@gmail.com www.klosrealty.com

Blaine Pedersen
MLA Midland

Carman, MB R0G 0J0
 Ph: (204) 745-2203
 midlandmla@outlook.com



P.E.G.

CONSTRUCTION

Gerald deRuiter
 (204) 745-7891 • Carman, MB

The Prices Rite

18-1st St. SW Carman
 (204) 745-3439
 pricesrite1@gmail.com

RICHARDSON
PIONEER

MOLLARD AG BUSINESS CENTRE
 204.736.5000

HOMESTEAD
CO-OP

www.homesteadco-op.crs

Nakonechny & Power CPA

(204) 745-2061

Vanderveen Commodity Services Ltd.

Licensed Grain Brokers
 Phone: 204-745-6444

WALINGA

Carman, MB
 (204) 745-2591



120 Main St S,
 Carman, MB
 Phone:
 (204) 745-2777

www.the5pinbowl.com



October is Breast Cancer Awareness Month; this month is dedicated to restoring hope to those living with the disease or who have survived it. Through awareness initiatives, research, and fundraising, we can continue to support our grandmothers, mothers, sisters, and daughters in their fight against breast cancer.

Breast cancer is the most common type of cancer to affect Canadian women. Research shows that 1 in 8 women will be diagnosed with breast cancer in their lifetime. Breast cancer tends to occur in women between the ages of 50 and 69, but it can also occur in men (though less common).

Fortunately, as a result of research and advancements in technology, the outcome of the disease has substantially improved. Since the 1980s the breast cancer mortality rate has been decreasing, with 85% of women and 75% of men surviving more than 5 years after their breast cancer diagnosis.

What is Breast Cancer?

Abnormal growth and behaviour of cells in the breast can cause non-cancerous conditions such as hyperplasia, cysts and tumors. However, these cellular changes can also cause breast cancer.

Signs and Symptoms of Breast Cancer

In the early stages of the disease, women may experience no obvious signs or symptoms.

However, if they do, then typically these are the symptoms they will experience:

- a lump in the armpit
- changes in the shape or size of the breast
- changes to the nipple, such as an inverted nipple
- discharge or blood that comes out of the nipple without squeezing it

In later stages of the disease, women may experience the following symptoms:

- bone pain
- weight loss
- nausea
- loss of appetite
- jaundice
- shortness of breath
- cough
- headache
- double vision
- muscle weakness

Regular breast cancer screenings

Breast cancer screenings occur when a woman shows no signs or symptoms of the disease. A mammograph is a low-dose x-ray used to see if cancer is developing in the body. Women should begin getting mammograms at age 40, unless otherwise specified by their physician. When breast cancer is discovered in a woman's body and treated early, treatment has a better chance of being successful.

GREENHOUSES
VANDERVEEN'S
 Carman, MB
 (204) 745-3534

RV
MANUFACTURING
GRAYSVILLE, MANITOBA
 ONE STOP FABRICATION
 OF STAINLESS, ALUMINUM,
 AND STEEL PRODUCTS
METAL FORMING
LASER CUTTING
ALUMINUM WELDING
GENERAL REPAIRS
MIG & TIG WELDING
CAD DESIGNING
STEEL SALES MACHINING
IVAN WALDNER
 C:204-745-7143
 P:204-828-3338 x 243
 E: ivanrvmf@gmail.com

BESCO GRAIN
 A DIVISION OF WISCONSIN SPICE
 www.bescograin.ca
 (204) 745-3662

AUTO SENSE
 AUTOPARTS
Carman Auto Parts Inc.
 204-745-2066

SPERLING
 INDUSTRIES LTD
 www.sperlingind.com

We are convinced that there can be luxury in simplicity.
 • Pillow top Mattresses • Keurig Coffee • Free WiFi
 • Microwaves & Fridges • FlatScreen Valley Floor TV
 • Suites and Kitchens • Soft and firm pillows
QXBOW INN
 204-745-6176
 11 Main St S, Carman
 www.qxbowinn.ca

Trust our Experience
agassiz
 seed farm ltd
 Homewood 745-6655
 agassizseedfarm.com

WAYNE WADDELL
ELECTRIC
 Phone 204-745-7481
 Fax 204-745-3153
 80 - 4th Street NW, Box 153, Carman
 info@wwelectric.pro

LEE & LEE
LAW OFFICE
 Family Law
 Real Estate & Mortgages
 Wills & Estates
 Corporate & Commercial
 BROCK G. LEE, Q.C.
 (204) 745-6751
 5 Centre Ave. W, Carman

ADS
 111 Lyle Drive Carman MB
 204-745-6151
 www.ads-pipecanada.ca

WEBMARKERS
COMPUTER
SALES & SERVICE
 www.webmarkers.ca
 support@webmarkers.ca
 4 First St. SW, Carman
 204-745-3730

Home
hardware
 14-1st Street S.W.
 204-745-6789 • Carman
 www.homehardware.ca
Beauti-Tone
 CANADA'S PAINT EXPERTS

safecommunitiescarmduff@gmail.com
safecommunities
 carman-dufferin
 Supported by the Councils of the Town of Carman & RM of Dufferin

karla.last@exprealty.com
 204.750.0440
Karla Last
 Real Estate
 Agent
exp
 REALTY

AIRWAYS
 LAWN SERVICES
 Lawn maintenance & snow removal,
 Residential and commercial
 204-750-LAWN
 Fairways.lawn@gmail.com

WES'S TIRE SHOP
 215 Main St. N., Carman
 204-745-2076
GOOD YEAR **STIHL** **Auto Value**

The Carman-Dufferin
STANDARD
 Your Community **NEWSPAPER**

ROSEISLE
Backhoe & Excavating
 Jason Klassen • (204) 750-0172
 roseislebackhoeservice@hotmail.com
 Box 83, Roseisle, MB R0G 1V0

The Winkler Morden
Voice
 Your Community **NEWSPAPER**