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Mama's little helper



STANDARD PHOTO BY BECCA MYSKIW

Four-year-old Lennyn helps her mom Carly Boklaschuk at Carman Florists & Gift Boutique by watering the plants around the shop.

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Carman's own making clothes, promoting ethical practices

Shelley Ediger and her journey with GarmaTech

By Becca Myskiw

A large windowless room surrounding a grey cement floor covered in fabric dust sits at 61 Juno Street in Winnipeg. But within those walls are garments of every colour, pieced together by the mind of Shelley Ediger.

GarmaTech is the company in that building and Ediger is the president of it. She's a pattern maker, which she says is a garment engineer. Basically, a designer draws a sketch of a piece of clothing they want, tell her how they want it to look, feel, and fit, and Ediger comes back to them with the 3D piece. GarmaTech can do every step of that process — designing, making, manufacturing.

GarmaTech only opened three years ago but Ediger has been in the business for much longer. When she was in college for design in Vancouver, she started a lady's wear line that had coats and swimwear. But she soon found she was only designing items for herself and that was not why she got into the business.

Ediger returned home to Carman and it wasn't long before she found a need in her own backyard. By taking herself entirely out of the equation, she was able to start a clothing line she's proud of and one that's still running today: dEdiger.

It was 2012 when she realized her male friends wanted clothing they could go for a drink in, work on machinery in, look good in, and not break the



Shelley Ediger is a pattern maker, which means she takes an idea and makes it reality.

bank getting it. So, she ticked all those boxes with dEdiger, and at the time, starting a clothing line was rare, but the Carman community made it all worth it, overwhelming her with their support.



STANDARD PHOTOS SUBMITTED
Shelley Ediger, president of GarmaTech, is from Carman.

Continued on page 3

Fences and Hedges

A building permit is not required to build a standard residential fence. In Town, the maximum height allowed is 2.5 feet in any front yard and 6 feet in any side or rear yard. Materials such as wood, brick, concrete, and metal are permitted. Barbed wire and electric fences are not permitted in residential areas. A fence may be erected along and up to a property line but far enough within the property limits that you are able to maintain it without encroaching on the neighbouring property.

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Decor Charity Classic scheduled for Aug. 5

By Lorne Stelmach

Plans are in place for the annual Decor Charity Classic golf tournament to return this year.

Organizers are adapting their plans to work within whatever pandemic restrictions may be in place by the scheduled Aug. 5 date and see no reason the event should not be able to go ahead.

"Obviously, this is a different type of year, and we've got to adapt to regulations as they come," said co-chair Dave Schellenberg.

"At this point, our expectation is we will be able to hold a tournament," he said, noting however that they will not be able to include the usual ban-

quet. "We still want to go ahead with the tournament, but we will change things up a little bit and try to incorporate some things."

Since its inception in 2004, the Decor Charity Classic has raised over \$1,240,000, with the proceeds going to three local charities: Youth For Christ, Pembina Counselling Centre, and Pembina Valley Pregnancy Care Centre.

The tournament could not be held in 2020 due to COVID restrictions, but the Chip In 4 Charity trick shot challenge amply filled the void. The event brought in close to \$70,000, which when matched at 50 per cent by Decor Cabinets for a total of around \$100,000

for the charities.

This year, the tournament is scheduled to take place at Minnewasta Golf & Country Club with a tee time of 11 a.m. One change is that there will be no in-person registration due to gathering restrictions.

The entry fee of \$175 includes the green fee, power cart and a \$75 donation receipt. There are prizes up for grabs and food will be provided on the course throughout the day. The deadline to enter is July 30. Head to decorcharityclassic.com for more details.

Schellenberg noted it may be more important than ever to support these local charities right now amidst the

challenges being faced as a result of the pandemic.

"I think all of them are affected by social distancing because they are hands-on with people all the time," he suggested "I can only imagine that's it been a lot more difficult and that it has put a strain on them at this time.

"We want to ensure we can still provide them with financial support because a lot of these charities are struggling through COVID," Schellenberg said. "They're very good charities that are entrenched in our community and serve a very good and valuable purpose in our community."

> GARMATECH, FROM PG. 2

"When you choose to do something that is not normal, it's terrifying," said Ediger. "There was no trail blazed, so having that many people believe in you, that makes it work."

Fast forward six years to 2018 and GarmaTech opened thanks to dEdiger's success. Today, they have over 100 active clients at any given time, working on children's clothing, women's clothing, winter wear and accessories, men's clothing, and designing military uniforms. The brand is also global, working with more than just Canadian brands, and promoting ethical manufacturing worldwide.

True Transparent is a division of GarmaTech. Ediger said they've partnered with factories overseas who have the same ethical beliefs as them. These partnerships allow the manufacturers to work together and share equipment; something that is much needed in the fashion industry, she said. Canada doesn't have the same equipment countries as China do because we don't do the same amount of manufacturing as they do.

However, GarmaTech won't partner with just anyone. True Transparent has a list of guidelines each factory applying has to meet. Some of them include paying all employees a local living wage, operating in a safe and

healthy work environment, and respecting the environment and maximizing sustainable practices.

"Manufacturing should be done with extra thought for human processes," said Ediger. "We need to acknowledge that those are people, they are skilled manufacturers, and they need to be paid as they are skilled

manufacturers. It's really basic stuff but when these basic things aren't being met it's a problem."

This program also shows that just because clothes are made elsewhere, does not mean they're of poor quality.

"It's not garbage made in china," she said. "It's made in a country that is globally renowned for their manufacturing. All of our tags say, 'made in china through the True Transparent

manufacturing program' to let people know there is thought put into this."

Ediger loves every part of her job. She said working behind the scenes is a lot of fun and she likes knowing she's had an impact on various little companies around the globe.

"You see these beautiful photos on Instagram," she said. "And you know the process behind it."

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Carman Handi-van offering free rides for out-of-town vaccine appointments


By Becca Myskiw
Community members now have the chance to get a free trip when going out of town for their COVID-19 vac-


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STANDARD FILE PHOTO

Barry Gosnell, chair of CAF, and Ken Stevens, chair of Carman Handi-van Corp.

cine. The Carman Handi-van, along with all the other hand-van services in the province, has received a one-time top up grant during the COVID-19 pandemic. The money from this grant is to be used specifically for transporting people to out-of-town vaccine sites and for personal protective equipment (PPE) and sanitizing tools. Kathleen Findlay, administrator of the Carman Handi-van Corp. said people who choose to use the Carman Handi-van for this purpose will get their ride there and back free of charge. So far, they’ve transported one rider for an out-of-town vaccine ap-

pointment, and as it was before they received the grant, they’ve refunded them their money for the trip. Findlay said this is great news for residents and though many people who might use the Handi-van have already received their vaccines in town, she’s hoping those who haven’t will look at them as an option. Ridership has been down during the pandemic, but they are getting new riders some days, and Findlay hopes this news will bring even more new faces on the bus. To book a ride with the Carman Handi-van either for an out-of-town vaccine appointment or a regular trip, call (204)745-3477.

Second dose vaccine eligibility continues to expand

By Ashleigh Viveiros
Manitoba public health officials reported 303 new cases of COVID-19 on Monday, bringing the province’s active caseload to 4,504. Officials noted, however, that due to technical issues the day’s numbers were an undercount of actual case numbers. Tuesday’s report—released after this edition went to press—was expected to include the missing cases. The Winnipeg health region continues to see the greatest daily increase in cases, reporting 226 on Monday. Next up was 37 new cases in Southern Health-Santé Sud, 15 in the Prairie Mountain Health region, 13 in the Northern health region, and 12 in Interlake-Eastern. Manitoba has seen a total of 1,053 deaths due to the virus and 45,533 recoveries.

At press time, there were 308 people in Manitoba hospitals with COVID,

Continued on page 5



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This week in review over the past..... 100 years of memories

(This feature will inform readers of a condensed version of events that were in print in the Dufferin Leader from 1921, 1946 and 1971)

June 2, 1946

The public are invited to attend the graduating exercises of the nurses on Tuesday, June 7 at 8:15 in the Memorial Hall when they will receive their diplomas and medals.

WARNING: Any person driving an automobile through town exceeding the speed limit of 12 miles per hour and 10 miles per hour over crossings will be prosecuted.

May 30, 1946

Morris School Wins Highest Points at School Track Meet held at Miami on May 21. Schools participating were Carman, Miami, Morris, Oak Bluff,

Roland, Roseisle, Sanford and Sperling.

Carman goes on Daylight Saving Time on June 2 until October 13.

Donald Menzies of Stephenfield died in Carman Hospital, May 26 at the age of 69. Funeral Service will be held at Doyle's funeral Home on May 29 with burial at Miami Cemetery.

May 27, 1971

Donavan Shilson was presented with a life membership after 19 years as an active member of the Caman Kinsmen. He has received 100% attendance awards for 11 of those 19 years and has been an active member in all their projects for those years.

Carman Goldeyes won a double header over St. Boniface 4-3 and 3-1 to open the 1971 season.

Restaurants Canada looks to government for help

By Becca Myskiw

Restaurants Canada is asking the federal government to save the food industry.

In a news release on May 13, the organization announced they're calling for a sector-specific support package that would save over 400,000 jobs, 10,900 of which are still missing in Manitoba.

Vice president of Restaurants Canada James Rilett said the federal subsidy programs are set to expire in the beginning of July, but if scaled back too soon, half of the country's current restaurants could face closure. They were the first industry to be hit, he said, and they'll be the last to still face restrictions.

"We'll definitely still be feeling the impact of the pandemic," he said. "So, we believe our industry needs special attention from programs like that."

The April Labour Force Survey from Statistics Canada says almost 71 per cent of the missing 503,000 jobs in Canada due to COVID-19 are in food service. Restaurants Canada said there are also 437,500 fewer people working in the country's food service sector than there was in February 2020.

A quarter of the province's foodser-

vice workforce jobs are still unrecovered in Manitoba. "The vast majority of foodservice businesses have been operating at a loss or barely breaking even throughout the entire pandemic, with nearly half consistently losing money for more than a year," said Rilett in the news release. "They have been counting on the rent and wage subsidies to be the bridge they need to stay alive until dining restrictions are lifted, and they can truly start to recover without the help of emergency support."

The release says eight out of 10 businesses have been barely scraping by during the pandemic and seven out of 10 restaurant operators expect they'll need at least a year to return to profitability.

Crazy Lady's Cafeteria owner, Susi Keck, said her business suffered a 75 per cent loss in revenue due to the pandemic. She can't cater anymore, people aren't allowed to eat inside, so they had to change the way they operate to stay in business.

"We are just floating," she said. "But with all these price increases we get bombarded; we don't know for how long we can keep our prices. Hydro went up, all the takeout containers went up between 15 to 30 per

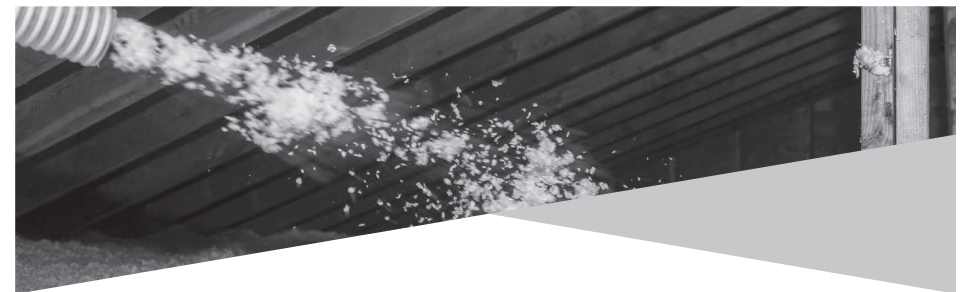
cent, meat rises every day, the list is long." So, Restaurants Canada is asking the federal government for the following:

- An exemption from the scheduled scale-back of the rent and wage subsidies for the highly affected foodservice sector, and an extension of these vital programs for restaurants until at least April 2022.
- The option for any restaurants eligible for the wage subsidy to also apply for added funding through the Canada Recovery Hiring Program.
- Partial forgiveness for all government-backed loans and an extension of application deadlines for existing programs.
- Tax credits to defray costs of COVID-19 health and safety expendi-

tures.

Keck said any help is appreciated, and though they've received some money, a lot of it has been loans that they have to pay back. She said a tax exemption or an extension for paying the money back would be greatly appreciated. "The government should help any individual," she said. "Not just throwing a lumpsum out. Some businesses take advantage of it, and that that are really in deep trouble are suffering."

Restaurants Canada has been in contact with both the Government of Manitoba and the Government of Canada, and while both have been supportive, Rilett said neither has made a commitment.



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> VACCINE ELIGIBILITY, FROM PG. 4

including 71 in ICU. Another 35 Manitobans have been sent for ICU care in Ontario and Saskatchewan.

In the Pembina Valley, Winkler is leading the way in cases with 79. Morden was reporting 41 cases on Monday, the Altona area was at 38, Carman had 14, Morris 13, Red River South 11, Lorne/Louise/Pembina six, Stanley four, and Roland/Thompson, Grey, and MacDonald all had two cases.

On the vaccine front, all Manitobans age 12 and up are eligible for their first dose.

Second dose eligibility continues to expand rapidly. At press time, anyone who had received their first dose on or before April 13 is able to book their second dose.

All Indigenous people as well as individuals with specific health conditions are also eligible to book their second dose, as long as they meet the minimum time interval between doses.

The province has announced that anyone who received a first dose of AstraZeneca/Covishield is now eligible to receive a second dose of any mRNA vaccine (Pfizer or Moderna), provided they meet provincial eligibility criteria for their second dose.

Detailed eligibility criteria and booking information is available online at manitoba.ca/covid19/vaccine. You can also call 1-844-MAN-VACC (1-844-626-8222) to make an appointment.

The Carman-Dufferin STANDARD



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letter to the editor

Letters to the Editor:
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Government is reminding all Manitobans to get vaccinated

Everyday I receive emails accusing me and our government of being overbearing and enforcing unnecessary restrictions on Manitobans. I have received phone calls accusing me of promoting hate towards churches. These accusations come with the job when faced with making difficult decisions for the prov-

ince.

Sadly, I have colleagues who have recently installed security cameras to protect their families from harassment. It is the job of government to protect all Manitobans. But all Manitobans also have a job - get vaccinated. Vaccinations are responsible for lowering hospital admissions. Man-

ageable hospital admissions will allow restrictions to be lifted. Very simply, get vaccinated so we can get our lives back to some semblance of normal.

- Blaine Pedersen
MLA Midland
Minister Agriculture & Resource
Development

Strict public health orders in effect to June 12

By Lorne Stelmach

Manitoba last week further extended stricter restrictions as it continued to struggle to get the third wave of COVID-19 under control.

A combination of both new and strengthened public health orders went into effect last Saturday and will remain in place at least until June 12, and Premier Brian Pallister and chief provincial public health officer Dr. Brent Roussin both urged Manitobans to stay at home as much as possible to reduce COVID-19 transmission rates and help protect the health care system.

The announcement last Thursday came on a day when the province recorded eight more deaths, which was the highest daily number during the third wave.

Pallister said the ongoing restrictions are necessary to protect and safeguard Manitoba lives and to bend our COVID curve back down.

"While Manitoba's COVID-19 case counts have somewhat improved ... our health care system is still facing critical pressures," said Pallister, as he particularly emphasized the need to target gatherings, workplaces, and retail establishments.

"Manitobans must stay home as much as possible ... so that our hospitals and our medical teams have the capacity to care for Manitobans, have the ability to care for people when

they need that help.

"These decisions are not easy ones ... these are tough measures because we're in a tough situation," said Pallister. "We need the full participation of all Manitobans ... the more we follow the rules, the more we beat COVID."

The public health orders included the following restrictions:

- Indoor public gatherings are not permitted, and visitors are not permitted on private property except in certain circumstances.
- Employers are required to allow employees to work from home as much as possible.
- Outdoor gatherings with anyone from outside a household are not allowed. This applies to all recreation spaces including playgrounds, golf courses, parks and sports fields.
- Retail businesses may only operate at 10 per cent capacity or 100 customers, whichever is fewer, and only one person per household is allowed to enter a business, with some exceptions such as a single parent with children or someone who requires a caregiver.
- Increased requirements for malls to manage capacity and access to eliminate gatherings and ensure compliance with shopping.
- Many businesses and organizations will remain closed for in-person service including gyms and fitness clubs, restaurants and bars, personal

service businesses, museums, galleries and libraries.

Kindergarten to Grade 12 schools currently learning remotely in the cities of Winnipeg and Brandon as well as in the Red River Valley and Garden Valley school divisions will continue to do so until at least June 7.

Additionally, Roussin noted they will utilize health hazard orders to close businesses if necessary where there are multiple cases and transmission is a risk.

"You will begin to see Public Health more actively use orders under the Public Health Act to close individual facilities, businesses and workplaces where we're seeing multiple cases and transmission," he said. "We know we have to take stronger action to help protect the health system and the health of Manitobans."

"We are implementing these new, strengthened public health orders because our health system is facing critical pressures that are not sustainable. Manitoba's ICU numbers and hospitalizations are extremely high and are still expected to climb in this third wave," said Roussin.

"Our health care system is under great strain. Manitobans are tired, but our health care system is depending on us to bring down these numbers," he concluded. "Our health system depends on all Manitobans doing their part."

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Aubin Nurseries running out of trees amid the pandemic

By Becca Myskiw

The more people planting the less plants Aubin Nurseries has.

It's the second year in a row Aubin Nurseries is seeing a spike in gardening. Owner Gerry Aubin said he hasn't seen business like this since the 70s — and even then, it wasn't like this.

Every tree category is in high demand, he said. Apple trees, strawberry bushes, raspberry bushes, perennials. On a normal year, the nursery would sell 7,000 apple trees. This year, they sold 10,000 before the season even began. Ninety per cent of that is to other nurseries, but that still shows the increasing need.

Aubin attributes that to people re-routing their budgets.

"It's time at home," he said. "Their backyard is now their vacation spot. They're working on beautifying it, they're spending less money at Jets games, they're spending less money at restaurants."

Aubin Nurseries is open from April 1 to Oct. 31, and they sell over 500 varieties of plants. They don't have all 500 available anymore this year, and they

won't.

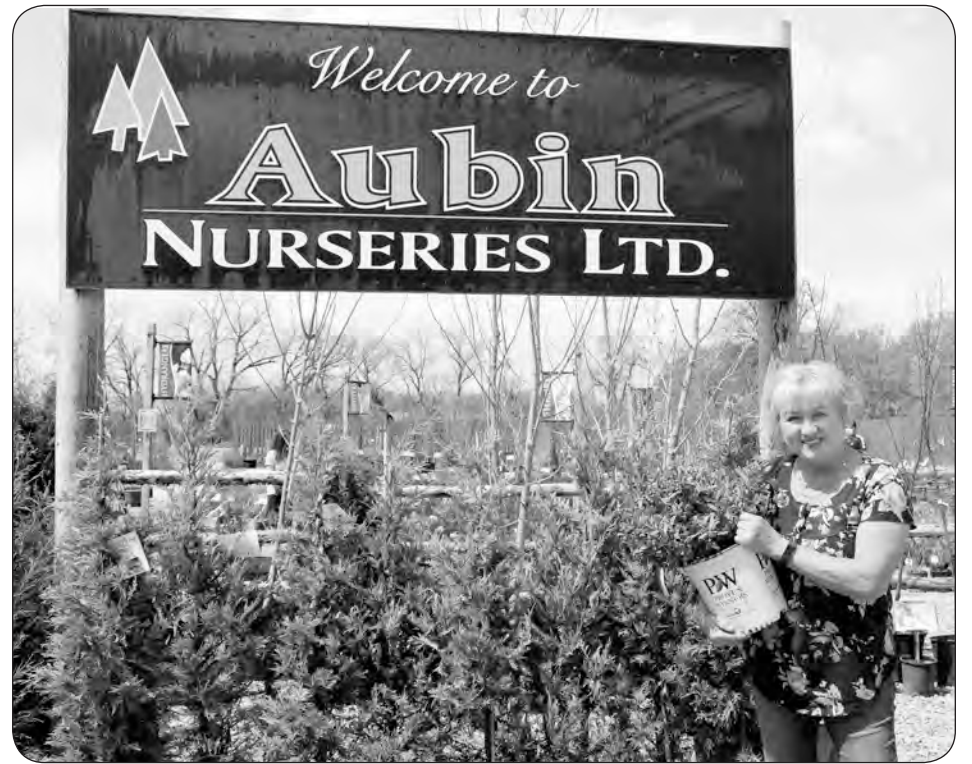
Any tree crop takes three to seven years in the field before it's sold at Aubin Nurseries, which means Aubins has to project demand up to seven years in the future. An apple tree crop takes around four years — four years ago, he never saw a pandemic coming, so there was no way to prepare the demanding gardening hobby.

"Thirteen months ago, when everybody was closing their stores, we had no customers and now we don't have enough product," he said. "The whole world flipped upside down."

Increasing production now wouldn't make sense, either, because staff would be overworked and it wouldn't fix the problem at hand, it would only produce more trees four years down the road.

Aubin Nurseries is still shipping to garden centres daily, but 50 per cent of their line is sold out. Categories of fruit and shade trees have been totally depleted, Aubin said, and that hasn't happened in the company's 96-year history.

"The activity of gardening is something that calms the nerves," he said.



STANDARD PHOTO BY DENNIS YOUNG

Gail Aubin of Aubin Nurseries Ltd. has been busy supplying everyone with shrubs, bushes and trees.

"Working with the soil, watching something grow."

He said along with the depletion of

trees, he's also seen a new, younger demographic start coming into the greenhouses and it's nice to see.

Roseisle Community Grocery Co-op: a little bit of everything

By Becca Myskiw

Down Highway 245 is the hidden town of Roseisle. And in the centre of that town is a gem of its own: the Roseisle Community Grocery Co-op.

This year marks 15 years since the business first opened its doors. Their name doesn't exactly do the store justice, though, because they are way more than a grocery store. The Roseisle store has fishing tackle, oil, nuts, bolts, fencing supplies, homemade pies, liquor, propane, wood, a deli, and consignment bed sheets and purses on top of their massive grocery selection.

Manager Cindy McDonald said they've had big shoes to fill since the beginning and they feel like they have to be more than a regular grocery store because of their location.

Roseisle is in the valley by Stephenfield Provincial Park. It's approximately an hour from Winnipeg, 45 minutes from Winkler, and 15 from Carman. They're the number one stop shop for campers and locals, but they needed a way to bring others to town. To do that, they decided on offering everything and anything.

"We're not that close to another community to supply the local people with the things they need," said McDonald. "People do come here to do the majority, if not all, of their grocery shopping."

In their grocery section is a large selection of meat, almost all of which is local. The beef comes from five miles away and the bison is even closer. Along with that, they sell frozen homemade pies, soups, lasagnas, pizzas, and fruit crisps. If a regular customer comes in and they ask McDonald for a certain product, she'll bring it in to make sure they can get it right in Roseisle.

Roseisle Community Grocery Co-op also offers the op-



STANDARD PHOTOS BY BECCA MYKSIW

Cindy McDonald is the manager of the Roseisle store and serves fresh soup daily. Their real cream ice cream is a big hit along with homemade cinnamon buns every Friday.

tion to buy products in bulk at a much cheaper price. This not only helps the store's business, but it also helps the customers, McDonald said, by giving them an abundance of something they need.

The biggest — and most recent — attraction is perhaps their ice cream. They started it up just two months ago and it's already a massive hit, with 28 flavours of soft serve including root beer, cotton candy, strawberry, peanut butter, and cheesecake, along with their twisters, milkshakes, and sundaes.

The ice cream melts fast, because it's made from real cream, not iced milk.

"We went with the highest end product because we wanted to become a destination," said McDonald. "People won't come for something mediocre, but they will drive back if it's one of the best ice creams they've had."



And they do. People come in every weekend, trying a new flavour each time, and planning for what's to come next. If you aren't going for the ice cream, you're going for something, because the Roseisle Community Grocery Co-op has what you need — and you can get it 364 days a year.

Local ukulele players a harmonious group

Boyne River Ukulele Group hosts virtual performance for Carman community

By Becca Myskiw

Ukulele music is filling the ears of Carman residents north to south thanks to a local group of musicians.

The Boyne River Ukulele Group (BRUG) has been strumming the strings of the tiny guitar for five years now. It all started when Louise Pethybridge and a group of her friends took a workshop at the Winnipeg Folk Festival, taught by Canada's own James Hill.

After the demonstration, they were drawn right into the instrument and its sound — they wanted to play it themselves.

"He made it look doable," said Pethybridge. "That's why we thought we could do it."

And they can. After scouring the internet and sharing ideas, the women taught themselves to play the ukulele and BRUG was born.

"It's so simple to learn," she said. "But it can be challenging if you want. I like the idea that it still challenges me."

Barry Gosnell saw the group play at Christmas time in their inaugural year. He was drawn into their music just as Pethybridge had. After a discussion with some group members and help from Heather Armstrong from Carman Collegiate, Gosnell joined the group in 2017.

"I had never played anything before then," he said.

He started with a ukulele Armstrong lent to him and took it to the Golden Prairie Arts Council (GPAC) ever Wednesday evening to play with the group. Learning was a challenge for him, and Gosnell wasn't sure he would ever catch on.

After bringing his grandsons to a meeting and seeing how much they enjoyed the ukulele too, he decided he had to get it right — and he did. Now, he has two ukuleles of his own (and a banjolele) and he's one of the core members of BRUG, showing up to every practice and performance (when allowed).

Right now, the group mostly plays for themselves, but they recently shared their tunes with the community via video. Gosnell said they still get together virtually, and he recently had the idea to do a video. So, each member recorded themselves playing, sent it to one person, and the group then paid an editor to piece every clip together to make one beautiful song with many harmonies.

Part of the cost for that was paid thanks to a federal grant from the Carman Area Foundation (CAF). The other bit came from BRUG members' pockets. To see the video, go to CAF's Facebook page.



STANDARD PHOTOS SUBMITTED

The Boyne River Ukulele Group recently put together a virtual performance. BRUG is celebrating its fifth year in 2021.

Freezing temperatures in May has gardeners covering plants



STANDARD PHOTOS SUBMITTED

Amryn Veenendaal (8) and siblings Dallas (4) and Tirzah (5) were out covering their precious plants quickly before bed last Wednesday, PJ's and all. Last Wednesday temperatures dipped to -1 degree C.

Local painter beautifying buildings for 39 years

By Becca Myskiw

It's been almost 40 years since Al Wiebe first picked up a paint brush professionally.

In 1982 he needed a job and it just so happened he knew someone with an opening in their painting company. So, off Wiebe went to do the grunt work of sanding walls and staining furniture. It wasn't until three months later that he finally got to get painting — and he didn't like it.

But on he went, improving his skills, and working with different types of coatings. He started with a new company four years later and began working on commercial buildings. By 1990, the new clubhouse was being built in Carman, and the owners asked Wiebe to do the job.

He wasn't sure if he could do the job, but he was up for the challenge.

"I didn't know if I could, but I said sure."

After that job, Wiebe moved back to Carman from Winnipeg and started painting for a local construction company, who he still does work for today.

Wiebe does it all. Spray, brush, roll, anything. He's been all over western Canada working, painting in Jasper, Edmonton, Regina, Calgary, Saskatoon, Brandon, Kenora, and every-

where in between. When starting a new house, Wiebe first masks off all the windows and things, then sprays primer and back rolls it. Then he sands that and sprays and rolls the ceilings. Because everything's been sprayed, he has to brush and roll the paint onto the walls.

Wiebe also paints furniture. For that, he takes the pieces (and door casings and such) back to his shop and sprays them there. Along with houses and chairs, he's painted pretty much anything that needs colour. Tractors, house trailers, barns, cultivators, even a shingled roof.

Wiebe likes that every day on the job is different, whether it be the project, paint colour, or the people. The people are his favourite part. He's painted for family generations, starting with the grandparents, parents, and now the children.

"If the people you're working for are good and easy to get along with," he said. "It's usually fun."

But nothing beats the finished product for Wiebe.

"I'll drive by a farmyard and the bright red traditional barn sticks out," he said. "And it just looks...it's kind of why I like my whole job: the before and after."



STANDARD PHOTO SUBMITTED

Al Wiebe. Has been painting for 39 years.

Einarson recovering after tick bite eight years later

By Jules Stevenson

"The pain at times was so severe that I understood compassionate death. The pain was so bad and there was no diagnosis. I actually prayed for death," said Joni Einarson on her battle with anaplasmosis, a disease she got from a tick bite.

Up until 2013, Einarson lived a normal, healthy, and happy life. She was in very good shape — she went to the gym five days a week and worked in her yard often.

Einarson began feeling tired and lethargic, and developed pain in her neck. She went to see a doctor and was prescribed antibiotics, but the symptoms persisted.

"I couldn't even walk from one side of my house to the other. I literally had to lay down on the ground," she said. Some of Einarson's symptoms included inflammation in the back of her throat, severe pain in her legs, and lethargy.

"Any kind of tick born disease that becomes chronic, you will have that for the rest of your life. There is no

cure for it," says Einarson.

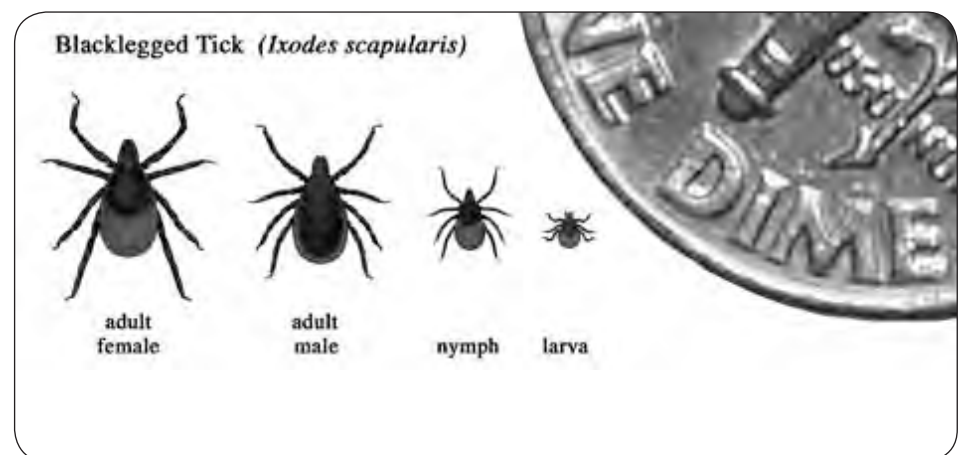
Einarson says she's doing much better now but is still dealing with the long-term effects. "I'm still tired, I still have difficulties, and I can't do what I used to do," she says.

According to Manitoba Public Health, blacklegged ticks can carry Anaplasmosis, Babesiosis and Lyme disease.

Sarah Cormode, a consultant with the Canadian Lyme Disease Association and host of the podcast Looking for Lyme, says it's important to remove ticks properly, with fine tipped tweezers, to try and get the entire tick so it can be sent in for testing. When first bit by a deer tick, Cormode says seeking antibiotics is the best course of action.

Cormode recommends having a tick removal kit nearby, especially when working outdoors. Tick removal kits can be found at stores like CanLyme and Canadian Safety Supplies.

She says it's hard to test for Lyme Disease in people, but if the tick is collected and sent to the private lab



STANDARD PHOTO SUBMITTED

Blacklegged (deer ticks) have the ability to transmit tick-borne diseases to humans. Joni Einarson got anaplasmosis from a tick bite and there is no cure for it or other tick-born diseases.

Geneticks, it can be tested for Lyme Disease and other diseases.

"A tick is pretty small. It can't jump, it can't fly. It can only get on your body by crawling so it'll either start at the top or the bottom and crawl until it finds someplace warm," says Cormode. She recommends wearing long

clothing and tucking pants into socks to help stop them.

"Ticks are most likely going to be in those hot places like your head, armpits, groin, in the back of your knee," says Cormode. She says to check not only yourself, but also your pets and children for ticks.

“People need to know we have limited capacity”

By Ashleigh Viveiros

The third wave of the COVID-19 pandemic had hit the Boundary Trails Health Centre hard, and health care workers are calling on the community to step up and do their part to help them battle the virus.

BTHC had set aside 15 of its 94 beds for COVID patients, but in recent weeks have seen as many as 20 people of all ages require hospitalization for the virus.

Many of the hospital's four special care units are also routinely filled with COVID patients who require intubation to survive. (Special care units are similar to intensive care units, though patients who progress to the point of requiring long-term ventilation are sent to ICUs in Winnipeg or Brandon.)

“We had planned to set aside 15 beds. We’ve surpassed that,” Dr. Denis Fortier, regional medical lead and chief medical officer for Southern Health-Santé Sud, said last week. “As far as we’re concerned, we’re going to be seeing the effects of this surge for weeks to come.”

“Having all these patients come in who are sicker and require more complex care, that is taking up a great deal of resources.”

The rate of COVID infections in the Morden-Winkler area have soared in recent weeks. On Monday, Winkler had 79 cases, making it one of the worst infected communities outside of Winnipeg, beating even larger urban centres like Brandon. There are also many area residents refusing to be tested for the virus despite showing symptoms, so it's likely the actual case number is many times higher.

Meanwhile, the city's vaccination rates are among the worst in the province, with just 24.9 per cent of Winklerites having received their vaccination as of Monday. The only region with fewer vaccinated residents is the RM of Stanley, in last place at 13 per cent.

Low vaccination uptake coupled with a not insignificant number of community members intent on ignoring public health restrictions has made this stretch of the pandemic the worst yet for the region.

“Unquestionably this wave is the biggest wave so far,” said Dr. Don Klassen, who has practised medicine in Winkler for over four decades. “I don’t think I have ever seen something that has put the whole health care system in this province, in this country, and beyond on such an edge.”

“Hospitals do get overwhelmed, and it’s looking like our hospital system

in the province and locally is overwhelmed now,” he said, pointing to the fact Manitoba has begun sending ICU patients out of province for care—there simply aren’t enough beds here.

Short-staffed, limited resources

Rapidly rising infection rates in the Pembina Valley have increased the chances that health care workers will be identified as close contacts of someone infected with COVID-19, which requires them to self-isolate with their families.

In recent weeks, as many as 16 BTHC staffers at one time have had to miss work while quarantining, requiring other staff to pull double and even triple shifts.

“I think most people are unaware how much we are stretched in terms of both human and physical resources ... the public does not see this side of our work, does not understand the lengths we have to go to keep the system going,” said Dr. Ganesan Abbu, a Winkler family physician and anesthesiologist. “Many of us have worked an entire day, all through the night, and still had to cover shifts until the next evening.”

“We do this not because we want to make more money or are supporting a conspiracy. We do it because we do not want to fail you as our patients; because we care.”

“Folks are tired,” Klassen said of the mood at the hospital, explaining that the use of personal protective equipment—gowns and gloves that must be changed between every patient, uncomfortable masks that must be worn for hours at a time—take their toll on doctors, nurses, and support staff. “It impacts all areas of functioning ... it wears people down.”

Unfortunately, the long hours aren’t likely to let up any time soon, despite the fact many staff have since reached the end of their isolation periods. That’s because unless the number of COVID cases in the area start to drop significantly, the risk of it happening again and again are high.

“This is never-ending,” said Fortier. “As long as the case counts are high in the community our providers are going to continue to be at risk of being in contact with [infected] people.”

(One silver lining, Fortier added, is that there haven’t been a significant number of health care workers who have contracted COVID-19—most have long been fully vaccinated against the virus.)

The hospital has also been struggling with its oxygen unit, routinely



STANDARD PHOTO SUBMITTED

COVID-19's third wave has hit the Boundary Trails Health Centre hard, pushing medical staff and resources to their limits. Health care providers are calling on the community to do their part to help battle the illness, including getting vaccinated and following public health orders.



STANDARD FILE PHOTO

The Boundary Trails Health Centre has seen an increase in COVID-19 patients in recent weeks. Staff are pulling double shifts and oxygen reserves are running low. Health care workers are pleading with the community to step up and do their part: follow public health orders and get your vaccine as soon possible.

being forced to dip into its backup oxygen tanks to meet rising demand.

“Every system is built for a certain capacity, which should be easily managed for normal times. This is not normal times,” said Fortier. “COVID patients require enormous amounts of oxygen.”

“We’re going through it so fast we have to find a different ways to keep

up that we’ve never had to do before,” he said, explaining that includes ordering in more supplemental oxygen than ever before on a regular basis.

Meanwhile, with more COVID patients coming in for care all the time, BTHC has had to shuffle staff from other departments around to provide

> DO YOUR PART, FROM PG. 10

care. Two of its three operating rooms have been completely shut down for weeks and aren't expected to reopen for many more. The third OR is only open for emergency surgeries.

All this means the pandemic isn't just hurting those who contract COVID—people are in pain and are dying of other illnesses because there's simply no capacity to care for them at Manitoba hospitals drowning in COVID cases.

"COVID is what everyone talks about these days, but then there's also people who have cancer ... or those who thought they were going to get their hip replaced and then they are told they're not," said Fortier. "Those are people who are going to suffer with pain, suffer with an illness that progresses.

"Those are the hidden, the invisible patients," he said. "They don't have COVID, but COVID is affecting them, affecting their care."

"People need to know we have limited capacity, whether it is oxygen, whether it is ICU beds, whether it is hospital beds," echoed Abbu. "What about the heart attacks, the strokes—all the other things that need beds? Maybe you or your family members are in an accident and you need an ICU bed. Now you won't have it because they're filled with COVID patients.

"If everyone gets sick all at once then people who would have survived will now die."

"We need to step up"

Drs. Klassen and Abbu are appealing to locals to take this pandemic seriously and do what's needed to get us all through it safely.

"Not wanting it to be here doesn't make it go away," stressed Klassen. "Not being tested and arriving days later quite sick at the hospital is not the way to go. People who have symptoms need to be tested."

"The way out of this is not to declare COVID a hoax or to deny that it exists. It is real and our only tool right now that will get us out of this is the vaccine. It's been proven already in our nursing home populations. Our Indigenous First Nations folks in Manitoba have done a very good job of getting their vaccination rates up and it's showing its effects on their rate of illness. Other countries with high vaccination rates are showing the same thing.

"Winkler has always seen itself as trying to be a leader," Klassen observed. "Right now it feels to me when we're on the very low end of the vaccination list that we are far from being what we say we want to be. I think we need to step up. We need to be leaders in this respect as well."

The region certainly has a ways to go on that front. Abbu noted the vast majority of local COVID patients requiring hospitalization have not been vaccinated, in some cases despite being eligible to do so for some time.

Some patients hang on to their pandemic denials right to the very end, refusing even to be tested for COVID while in hospital.

"Unfortunately, even some when they're dying they still don't believe it's real. Some that have died haven't believed it's real," Abbu said. "I think the public perception that this is not real, that is the problem. The hesitancy with using masks and taking this seriously, that is the problem."

Abbu urges people who have been praying for a way through this pandemic to consider that God may have already provided that path:

"We live in a faith-based community and my colleagues and I respect that. But consider for a moment the following: The God that made you, made me too. The God that made us get COVID was perhaps the same God that has placed its solution in the hands of doctors. It is just possible that your prayers have been answered.

"Take the vaccine, use your mask, and keep social distance. It's not only the right thing to do but what is expected of every responsible human being so that we can all get over this quickly."



STANDARD FILE PHOTO

Winkler Mayor Martin Harder got his COVID-19 vaccination shot in April. The community currently has one of the lowest vaccination rates in Manitoba.



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DID WE JUST DISCOVER THE BOYNE RIVER AFTER ALL THESE YEARS?

Skating, walking, fishing, and playing hockey will be transitioning into canoeing and kayaking this summer.

DO YOU WANT TO BE INVOLVED?

The Boyne River Keepers group is looking for members who want to participate in the promotion, restoration, and protection of our beautiful and historic river. A 10\$ individual membership or 40\$ family membership entitles you to influence the direction of our group at the AGM and attend a yearly membership event.

ENJOY OUR BEAUTIFUL RIVER!



To take advantage of this offer please contact Val Tournier 204-745-7148 or Kelly Seward 204-641-3634. The membership fee can be dropped off to Tracy Enns at BSI Insurance at 59 Main St. South Carman. Tax deductible donations greater than 20\$ are appreciated and made to Town of Carman or RM of Dufferin. Make checks payable to Town of Carman with memo to Boyne River Keepers. Box 160 Carman R0G0J0

NEW LOCATION

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WORLD Environment Day

**June 5,
2021**


10 WAYS TO REDUCE HOW MUCH YOU CONSUME




Your consumption habits can have a considerable impact on the planet. This year for World Environment Day, which takes place on June 5, consider taking stock of your daily practices to determine how you can adopt a greener lifestyle. If you're not sure where to begin, here are some ideas to get you started.

1. Always ask yourself if you really need a product before you buy it. Avoid purchasing items that are likely to end up at the bottom of a drawer.
2. Extend the lifespan of your appliances by getting them repaired by a professional. You may be able to fix minor issues yourself with the help of an online tutorial.
3. Learn how to recognize quality materials and design so you can choose products that will last a long time.
4. Rent or borrow equipment that you only intend to use occasionally. Keep this in mind before you purchase tools, cleaning equipment and sporting goods.
5. Buy used goods such as clothing, toys, tools and cell phones whenever possible.
6. Choose products that are made or grown locally or that have other eco-friendly features.
7. Sell or give away items you no longer want. If something's still in good condition, there's no reason it should end up in the garbage.
8. Avoid single-use and over-packaged products. In particular, steer clear of plastic bags, paper napkins, throwaway cutlery and single-serve snacks.
9. Minimize your consumption of beef, dairy products and processed foods, as these require high amounts of energy and resources to grow, produce and package.
10. Cut back on food waste by making a grocery list and checking expiration dates on the items you buy.

To learn more about
World Environment Day, visit
worldenvironmentday.global.







**Town of Carman and
RM of Dufferin**




**Living
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**How Walinga is doing their
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(204) 745-2951



COMMUNITY NEWS



Incredible creatures: Celebrating National Insect Appreciation Day



PHOTO BY JOHN GAVLOSKI

Damselfly

By John Gavloski

Tuesday, June 8 is the third annual National Insect Appreciation Day. There are many ways insects are beneficial and deserve our appreciation. This month's Incredible Creatures will focus on National Insect Appreciation Day; how you can participate, and why insects should be appreciated.

What is National Insect Appreciation Day

All are invited to celebrate National Insect Appreciation Day (NAIAD) on June 8th with thousands of insect enthusiasts, both amateurs and professionals, all across Canada. For a second year, because of COVID-19, the celebrations will take place online and use social media. People can participate in the "insect picture challenge" on social media. To participate in the challenge, a person will have to post at least one picture of an insect during the National Insect Appreciation Day on June 8th. When posting the photo, the participant should include associated hashtags (#InsectPictureChallenge and #NationalInsectDay). You can nominate friends by inviting them to also post an insect picture. It is hoped that this challenge will prompt the public to develop their curiosity towards insects and raise awareness about the presence of insects all around us.

Why Be Thankful for Insects?

For some, being grateful for insects may be a challenge. Some species will feed on our plants, or our blood, and some don't like finding them in their homes. But the reality is we could not survive without insects. There are many valuable services provided by insects that can be overlooked or underappreciated. There wasn't room to publish my top 20 reasons we should appreciate insects, but here are a few to consider:

- Pollination. Without pollinators we would not have many fruits, vegetables or flowers. Pollinators are the reason flowering plants exist. It is estimated that 80 per cent of plants depend on insects for pollination.
- They keep our yards and natural areas clean: Insects help decompose dead trees, plants, leaves, dead animals and dung. Without these services, things would get quite messy.
- Keep other animals alive: Insects can also be underappreciated for their role in the food web. They are the sole food source for many amphibians, reptiles, birds, and mammals. It is estimated that 60 per cent of birds rely on insects as a source of food. They are an important food for some fish as well.
- Free biological control: Some of the insects that do feed on the plants in your garden would get to pest levels much easier if they were not part of the diet of insects like lady beetles,

lacewings, hover flies, ground beetles, etc.

- Summer Songsters: Summers would not be the same without the songs of cicadas, katydids and crickets. Visit songsofinsects.com to hear and get to know some insect classics.

- Fascinating behaviours to observe: Whether its bees collecting nectar and pollen, ants tending aphids to feed on their honeydew, or a dragonfly hunting for prey, insects can be fun to watch. Just in a backyard there are endless hours of interesting things to observe.

- Some are quite beautiful. Beauty is subjective. Most would agree that butterflies are interesting to look at. But look carefully and many beetles, caterpillars, and even some flies are mini, crawling works of art.

So take the time to show your appreciation for insects. Put a few flowering plants in your garden and watch the show. Or go critter dipping in your favourite pond. Snap a few insect photos, and see if you can add a few things to my list of reasons to appreciate insects. What do you appreciate most about insects?



PHOTO SUPPLIED BY MANURE INJECTION, MB.

Maximizing the value of manure nutrients

Manitoba hog farmers adopt new and emerging nutrient management methods, technology, and best management practices, optimizing the benefits of manure fertilizer and reducing the environmental impact of hog farming.

Farmers must file annual manure management plans designed and managed by registered manure management planners. This involves soil testing each field before manure is applied to determine application rates based on the nutrient levels each crop needs. Manure is applied at certain times of the year to prevent runoff and protect our waterways. Using manure as fertilizer is nutrient recycling at its best, reducing the need for synthetic and imported fertilizer.

Manitoba hog farmers have made significant progress over the past decades in improving manure management practices and protecting our natural resources. Using proven scientific methods and third-party expertise, hog farmers are responsible stewards of the land focused on safeguarding natural resources for future generations.

To learn more, visit manitobapork.com/environment

SPONSORED CONTENT

JUNE IS TURKEY MONTH IN MANITOBA

Let's talk turkey

By Tyler Searle

In 1952, two brothers hatched a plan to start a turkey farm on a plot of land four kilometres west of Gunton.

Nearly 70 years and three generations later, the Charisons Turkey Hatchery is one of the largest turkey hatcheries in Canada and still family-owned and operated.

Stan and Alex (pronounced Alec) Charison started with a few meat birds, a flock of breeder hens and an informal agreement to produce eggs for a hatchery in Winnipeg.

"They were shipping eggs, and after about six weeks, the guy said, 'I got too many eggs, I don't need yours,'" recounts Curtis Charison, son of Stan Charison and owner of the Charisons Turkey Hatchery.

"He said, 'do whatever you want with them, but I'm not taking the eggs.'"

Left in a lurch with thousands of eggs and no way to incubate them, Stan and Alex took it upon themselves to find a solution, Curtis continued.

The brothers purchased two used incubators/hatchers that they saw in the Manitoba Co-operator and the Charisons Turkey Hatchery story began.

The Charisons now had two incubators but no electricity to run them. So, they struck a deal with their neighbour Harold Cosens who had a dairy farm and electricity.

"He said, 'well, there's room in the corner of the barn here, if you want to put them there and plug them in—go ahead,'" Curtis recounts.

The men produced eggs on their farm and incubated them at the neighbours—travelling half a mile

in each direction every four hours to turn the eggs. Curtis remembers his father sharing the story of how his dad paid \$15 for hydro that year.

The following year Manitoba Hydro installed an electrical line on the Charisons property.

In 1952, there were 28 turkey hatcheries across Manitoba, with each one vying for its share of the market. That year, the Charisons hatched 13,000 baby turkeys, known in the industry as poults.

Today, the hatchery produces between 7.5 to 8 million poults annually. It can hatch 13,000 in three hours and is the second-largest hatchery in Canada.

Suffice to say; the operation has evolved over the years, and any time you eat turkey today, there is a very good chance it originated from the Interlake.



The fertilized eggs are stored in a temperature controlled room for up to 20 days before being placed in the incubators.



The incubators are all controlled electronically to control temperature, humidity, ventilation and egg turning cycle.

The modern facility consists of the hatchery, a shop and a truck bay.

On separate sites, the Charisons have a commercial turkey farm that produces birds strictly for processing, two grower barns where birds reach maturity, and two-layer barns where staff collect eggs.

Silver Turkey Breeders, Bay Shore Farms, Frontier Farms, Bedrock Farms and Bonkowski Turkey Breeders also work as contract farms, grow turkeys and produce eggs for the hatchery.

The hens spend 33 weeks inside the growing barns



STANDARD PHOTOS BY LANA MEIER
Cameron and Curtis Charison with Thursdays hatch.

before reaching maturity. Once they enter their laying cycle, they move to the layer barn, where they are artificially inseminated on a weekly basis and produce eggs for up to 32 weeks.

While inside the barns, birds roam freely with 24/7 access to feed, water and fresh air.

The Charisons carefully choose their staff when hiring and ensure that everyone knows the importance of their FLAW protocol - Food, clean Litter, lots of fresh Air and clean Water.

The Charison's primary concern is always the welfare of their birds, said third-generation turkey farmer Cameron Charison.

Cameron works in the hatchery and manages their two breeders barns alongside his father Curtis to ensure the daily operations run smoothly—it's a responsibility he takes seriously.

The Charisons protect their barns and hatchery with stringent biosecurity protocols, which require employees and visitors to remove their clothing and footwear and take a shower before entering each barn.

This process ensures the birds' health and prevents the spread of viruses such as the avian flu, said Cameron.

"The better job we do of taking care of our birds, the better job they're going to do of laying eggs."



Curtis and Cameron inspect a shipment of toms headed to the U.S. on Wednesday.



Once the poult breaks the shell, it uses a scissor tooth on its beak to saw its way out. Within three days, most of the eggs have hatched and the turkeys are on their way to their forever farms

FEATURE - CHARISON TURKEY HATCHERY

Every bird can lay four to five eggs per week, and the collection process is largely automated. Hens are naturally inclined to seek privacy when they lay, so they enter specialized pens on their own accord.

Once inside, a door closes behind them to prevent other birds from entering. After 45 minutes, a mechanized plate coaxes the hen out and collects her egg.

A conveyor belt transfers the eggs into another area where staff date and assess their integrity—ensuring they have no cracks and are a proper size.

Healthy eggs move on to the hatchery.

The hatchery boasts 42 incubators, with each capable of storing 24,960 eggs. Rows of incubators line the hallways. Electronic alarms blurt out sporadically, alerting staff of fluctuations in humidity or temperature and a strong current of fresh air streams through vents in the ceiling.

The hatchery can process as many as 60,000 poults in one day.

After 25 days of incubating at an average temperature of 99 degrees F., staff transfer the eggs into a hatcher where the eggs will remain for the next three days.

“Once we transfer the eggs over and put them into the hatchers, then we’re going in there and manually checking to see what stage the birds are at,” said Cameron.

The staff enters the hatchers four times per day to monitor the eggs and poults. They can adjust temperature and humidity levels to soften the shells and facilitate the hatching process.

Contrary to popular belief, poults do not peck their way out of their eggs. The birds hatch using a temporary egg tooth on the tip of their beak, which they use to saw out of their shells. The process takes approximately 20 minutes and resembles a can-opener effect.

From the hatchers, birds move on to be sexed and sorted for shipping.

A team identifies the sex of the poults and separates the toms and hens and counts them into groups of 100.

The entire sexing and sorting process takes less than one second, and the Charison’s take pride in their staff’s 99.5 per cent sex accuracy rate, said Cameron.

Finally, these birds are ready to be shipped.

The Charisons employ just under 100 staff, including 11 drivers who operate a fleet of 10 poult delivery vehicles—ranging from vans to 48’ trailers.

The delivery trucks are temperature-controlled and fitted with vents to allow ample airflow during transit. Drivers operate them in tandem, alternating between sleeping and driving. The longest road trip for the poults would be those travelling to Vancouver Island. The poults will arrive at their new farm within 36 hours of being hatched.

Each poult has a yolk sac that provides enough nutrients for up to five days, so the birds never go hungry.

Charison’s turkeys travel to family and commercial farms across western Canada and into the U.S. When the turkeys reach maturity, most are harvested for their meat for grocery stores, restaurants, and homes.

Hens will finish between 10-20 lbs and are more suitable served whole for turkey dinners, while toms are typically 45-50 lbs and are separated into cuts of meat.

Amusement parks like Disney World sell whole tom drumsticks, while chain restaurants such as Subway use processed tom meat in their sandwiches.

Turkey isn’t only a festive meal of the holiday season, but it can benefit your overall well-being throughout the year. It is a powerhouse of many nutrients and contains minimum fat and cholesterol content. Turkey comes with amazing health benefits that include strengthening the immune system, boosting metabolism, maintaining psychological health, and supporting weight loss. It also promotes cardiovascular health, is a good source of protein, supports teeth and bones health, maintains cholesterol levels, manages diabetes, treats anemia and promotes healthy skin.

The Charisons Turkey Hatchery is one of the largest employers in the Teulon, Gunton and Balmoral area. It has employed not only the Charisons but their friends, neighbours, and community members for generations.

“Our biggest strength is our team of management and our dedicated staff who show up daily that make this place run,” said Curtis.



Charison Turkey Hatchery will be celebrating 70 years since their first batch of poults in 2022.

The Charisons show their gratitude in the form of community donations. Their most significant contributions being toward the Fireman’s Ball and the Christmas Cheer Club.

“Basically, anything that comes up locally here we end up being a part of

and supporting,” said Cameron.

The Charisons Turkey Hatchery will soon enter its 70th year with no signs of slowing. The Charison family hopes to keep the legacy alive for many decades—and generations—to come.



Grilled Herb-Infused Turkey Pieces

Ingredients

- 3.5 lbs (1.5 kg) turkey cuts; (drumsticks, boneless, skinless breast or thighs.)
- 2 tbsp (30 ml) olive oil
- 1 tsp (5 ml) balsamic vinegar
- 3 tbsp (45 ml) fresh poultry herbs; (sage, thyme, rosemary & parsley)
- 1 tbsp (15 ml) garlic, finely chopped
- 1 tbsp (15 ml) shallot, finely chopped
- 1/2 tsp (2.5 ml) sea salt
- 1/4 tsp (1 ml) ground pepper

Directions

Preheat barbecue to 375°F (190°C). Combine all ingredients in a bowl to make rub and coat turkey well. Grill pieces over indirect heat. Pieces should be turned once after 30 minutes. Pieces are cooked when a digital thermometer reaches 170°F (77°C). Remove from grill, cover loosely with foil and let stand for 10-15 minutes before serving.

Find more recipes & cooking tips at turkey.mb.ca

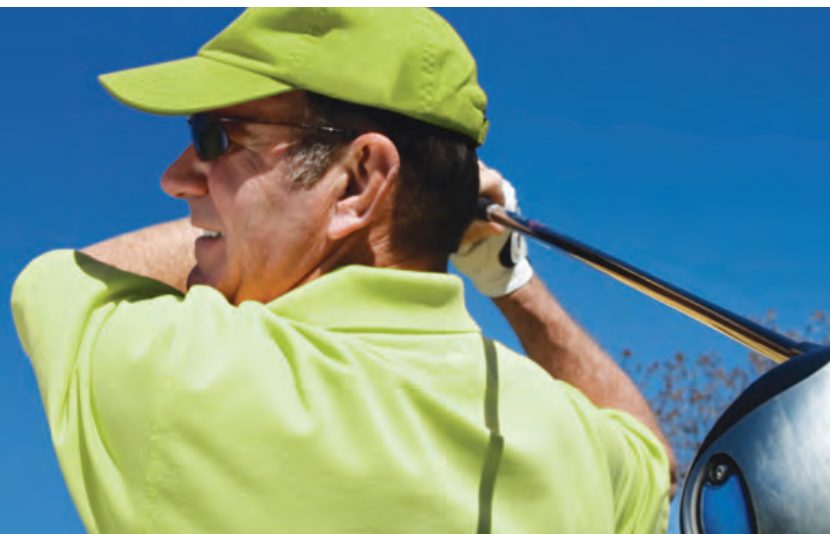


The poults are sexed, sorted into hens and toms and then counted into 100s in a state of the art facility that is sanitized after every hatch.



Poults are shipped in colour coordinated air vented boxes, green for toms and white for hens.

SWING into GOLF season!



The Kyle Memorial Golf Course is located 15 kilometers from the Canada/ United States border in Dominion City, Manitoba. The original course was created by the late Garnet Kyle. It originally started out as a 3 hole course and has transformed over the past 20 years to what is now a 9 hole, challenging par 33 course, including water hazards on 3 of the holes. The course is open to the public, and anybody aged 17 and under can golf for free. There is a licensed Club House which provides snacks and food as well. The course and club house are available for 1/2 day or full day private rentals, and or tournaments. For more information on rentals, please call or email the Golf Course.



The Carman Golf and Curling Club (CGCC) is located in Carman, Manitoba. The club was originally established on May 12, 1924 as a five hole club. In the spring of 1930 land was purchased and nine holes were opened on the "old side". On August 28, 1953 the first tournament was held. The course began production on the "new 11 holes" in 1982 and opened the 18 Hole Golf Course in the spring of 1984. On August 17, 1990 the new clubhouse officially opened and is enjoyed today! Carman Golf and Curling Club is known as a select destination for golf in the summer and curling in the winter months. Formerly two clubs, the CGCC amalgamated its executive and combined all operations to be a year round facility managed by a general manager and offering something for everyone. CGCC features a beautiful restaurant with an attached patio, a 200 capacity banquet facility, a five sheet curling arena, and an 18 hole golf course. Both the golf course and curling club have been recognized as top-notch clubs hosting many prestigious provincial and local events.



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SWING into GOLF season!



Scotswood Links is looking forward to another busy golf year. An 18-hole course, with two large patios, one overlooking the course and the other underneath cover, Scotswood is a great place to come enjoy some golf, food, and drinks with friends this summer. Come try out golf and enjoy the great outdoors!

Scotswood features an 18-hole golf course and a new 9,000 square foot clubhouse. The clubhouse features an upper-level lounge/patio and a 3,000 square foot private banquet room. Before COVID, we had started hosting numerous weddings with great success. We are looking forward to getting back into weddings as soon as we are able!

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Looking for a fantastic course to play a game of golf? Well Pleasant Valley Golf Course is just the place for you! Situated in the Pembina River Valley at the south end of Pelican Lake about 100 kilometers southeast of Brandon. This course hosts large, undulating greens; which incorporates changing elevations; fully manicured fairways; and picturesque vistas. Its 18 hole championship course runs a length of 5875 yards from the Men's tees, with four par-three, 11 par-four and three par-five holes for an overall par of 71.

Since becoming owners, the Berry family (from Cypress River/Glenboro) have made renovations to the clubhouse and added a front outdoor patio area. We placed new tee box markers and yardage markers throughout the course. We have added new limestone on our cart paths. Each year, there are tweaks and continual fine tuning of the golf course. We welcome corporate events and large family outings.

There is no other golf course in the area quite like Pleasant Valley and our catch phrase is 'Nothing Quite Like It!'

Check out our upcoming events at www.pleasantvalleygolfclub.ca



Come join the fun & experience golf at the Pleasant Valley Golf Course nestled in the scenic Pembina Valley at the south end of Pelican Lake

This 18-hole Championship golf course offers elevations rising up 125ft and large undulating greens. Tree lined fairways and meandering creek make your game fun for all skill levels. An outdoor patio offers a scenic view after a round of golf. "Nothing Quite Like It!"



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June Is Alzheimer's & Brain Awareness Month

10 Early Signs and Symptoms of Alzheimer's

Memory loss that disrupts daily life may be a symptom of Alzheimer's or other dementia. Alzheimer's is a brain disease that causes a slow decline in memory, thinking and reasoning skills. There are 10 warning signs and symptoms. If you notice any of them, don't ignore them.

#1 Memory loss that disrupts daily life

One of the most common signs of Alzheimer's disease, especially in the early stage, is forgetting recently learned information. Others include forgetting important dates or events, asking for the same questions over and over, and increasingly needing to rely on memory aids (e.g., reminder notes or electronic devices) or family members for things they used to handle on their own. Typical age-related change - Sometimes forgetting names or appointments, but remembering them later.

#2 Challenges in planning or solving problems

Some people living with dementia may experience changes in their ability to develop and follow a plan or work with numbers. They may have trouble following a familiar recipe or keeping track of monthly bills. They may have difficulty concentrating and take much longer to do things than they did before. Typical age-related change - Making occasional errors when finances or household bills.

#3 Difficulty completing familiar tasks

People with Alzheimer's often find it hard to complete daily tasks. Sometimes they may have trouble driving to a familiar location, organizing a

grocery list or remembering the rules of a favorite game. Typical age-related change - Occasionally needing help to use microwave settings or to record a TV show.

#4 Confusion with time or place

People living with Alzheimer's can lose track of dates, seasons and the passage of time. They may have trouble understanding something if it is not happening immediately. Sometimes they may forget where they are or how they got there. Typical age-related change - Getting confused about the day of the week but figuring it out later.

#5 Trouble understanding visual images and spatial relationships

For some people, having vision problems is a sign of Alzheimer's. This may lead to difficulty with balance or trouble reading. They may also have problems judging distance and determining color or contrast, causing issues with driving. Typical age-related change - Vision changes related to cataracts.

#6 New problems with words in speaking or writing

People living with Alzheimer's may have trouble following or joining a conversation. They may stop in the middle of a conversation and have no idea how to continue or they may repeat themselves. They may struggle with vocabulary, have trouble naming a familiar object or use the wrong name (e.g., calling a "watch" a "hand-clock"). Typical age-related change? Sometimes having trouble finding the right word.

#7 Misplacing things and losing the ability to retrace steps

A person living with Alzheimer's

disease may put things in unusual places. They may lose things and be unable to go back over their steps to find them again. He or she may accuse others of stealing, especially as the disease progresses. Typical age-related change - Misplacing things from time to time and retracing steps to find them.

#8 Decreased or poor judgment

Individuals may experience changes in judgment or decision-making. For example, they may use poor judgment when dealing with money or pay less attention to grooming or keeping themselves clean. Typical age-related change - Making a bad decision or mistake once in a while, like neglecting to change the oil in the car.

#9 Withdrawal from work or social activities

A person living with Alzheimer's disease may experience changes in the ability to hold or follow a conversation. As a result, he or she may withdraw from hobbies, social activities or other engagements. They may have trouble keeping up with a favorite team or activity. Typical age-related change - Sometimes feeling uninterested in family or social obligations.

#10 Changes in mood and personality

Individuals living with Alzheimer's may experience mood and personality changes. They can become confused, suspicious, depressed, fearful or anxious. They may be easily upset at home, with friends or when out of their comfort zone. Typical age-related change - Developing very specific ways of doing things and becoming irritable when a routine is disrupted.

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The War Amps key tag service celebrates 75 years

By Jennifer McFee

The War Amps key tag services has been making a difference in people's lives for a milestone 75 years.

Not only does the service reunite Canadians with their lost keys, it also offers programs for amputees across the country.

The program got its beginnings in 1946 so that war amputees could work for competitive wages while also providing a service to Canadians that would generate funds for the organization.

Today, the key tag service continues to employ amputees and people with disabilities.

Through the program, Canadians receive confidentially coded key tags in the mail each year. These key tags are registered to individuals' name and addresses.

If you have a War Amps key tag attached to your key ring and you happen to lose your keys, the finder can call the toll-free number on the back of the tag or place them in any mailbox in Canada.

Then The War Amps will return the keys free of charge. They never sell, rent, trade or share their mailing list.

This key tag service is free, but anyone can choose to make a donation to the registered charity. Each fall, The War Amps mails donors a thank-you gift of peel-and-stick seasonal address labels, which provides further employment for Canadian amputees and people with disabilities.

The War Amps is also well known for its Child Amputee (CHAMP) Program, which offers services to child amputees and their families. The philosophy is to encourage child amputees to accept their amputations and develop a positive approach to challenges. The program launched in 1975 when war amputees' needs had been well served.

Through public support of the key tag program and the address label service, the CHAMPS program provides financial assistance towards the cost of artificial limbs and recreation devices. It also hosts annual seminars for child amputees and their parents across the country.

For John Van Massenhoven, the CHAMPS program impacted his life in more ways than he ever would have imagined.

"I was 14 when I lost my arm in a farming accident. At that time I lived in a very rural area in Ontario and no one else in the area had an amputation that



STANDARD PHOTO SUBMITTED

I have attached a picture of me shooting a compound bow using a special device that allows me to use a special device to release the arrow by moving my chin.

I was aware of," said Van Massenhoven, who now lives near the border of Rosser and Headingley.

"Thankfully, through the nurses in the hospital, I was going to the child amputee program, which is funded through the key tag service. That program was a pivotal moment to my adaptation to life as an amputee."

The program allowed him to connect with other people in similar situations. At the same time, it provided learning opportunities through the annual seminars.

"Myself and my parents could learn all the current prosthetics that were available to me, including options for enjoying leisure and sporting activities.

On the educational front, scholarships that are also funded through the key tag service, which allowed me to advance my career," he said.

"It was quite a pivotal tool to helping me and my parents adapt, learning what options were available to me and providing counselling and those day-to-day supports that I needed. It really became part of my life as an amputee from then on."

Now, at age 50, Van Massenhoven is committed to helping others as the War Amps regional representative for Manitoba.

"I am still involved with the program as a volunteer. That program was a key part of me overcoming those obstacles that were put in my way as a result of the disability. I went on to attend university and I went on to attend law school. I became a lawyer and I've practised law for approximately 20 year," he said.

"I've been now named through the province as a provincial mediator through the Manitoba Labour Board. It really has been key in giving me that confidence and the belief in myself that I could do whatever it is I wanted to do."

In addition to boosting his professional confidence, the program also brought benefits to the personal side of his life.

"Interestingly enough, it was through The War Amps program that I met my wife, who is also an amputee and she was born without her limb. She grew up in Winnipeg and we met while going to university. I moved to Manitoba approximately 23 years ago," Van Massenhoven said.

"She's very successful too with a career at a banking institution in Manitoba. We have teenagers, and in addition to our careers, we operate a hobby farm with about 500 acres in Headingley."

Van Massenhoven credits The War Amps with providing the support that allowed him to thrive.

"I have been a staunch supporter of that program ever since I became an adult. I have lived it, so I know what it can do. I know what transformation it provides to amputees and their families," he said.

"It's really allowed me to achieve whatever I wanted to do. It's set me on the path to success — there's no doubt about it."

For more information about The War Amps, or to order key tags, visit www.waramps.ca or call 1-800-250-3030.

Carman RCMP respond to fatal single-vehicle rollover

Staff

Carman RCMP received a report of a single-vehicle rollover on Hwy. 2, located approximately four kilometres west of Fannystelle, in the RM of Grey on May 29 at approximately 4:30 p.m.

The investigation has determined that an east-bound vehicle, being driven by a 26-year-old female from Winnipeg, entered into the west-bound lane at the curve in the road and over

corrected as she attempted to avoid a collision with a westbound vehicle. Her vehicle entered the ditch and rolled.

The 26-year-old driver, who was not wearing her seatbelt, was ejected from the vehicle. She was transported to hospital with life threatening injuries to which she later succumbed to.

Carman RCMP along with a Forensic Collision Reconstructionist continue to investigate.

What's *your* story?

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The Carman-Dufferin Standard connects people through stories to build stronger communities.

Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service?

A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday?

A young entrepreneur starting out?

Please share your story ideas with **Dennis Young** at denjohnyoung@gmail.com or **Lana Meier** at news@carmanstandard.ca or call 204-467-5836.

The Carman-Dufferin
STANDARD

Where are they now? Catching up with Sandra “Young” Howland

By Dennis Young

This feature will attempt to renew some acquaintances with those who called Carman and area home at one time or another. I have randomly selected people to answer questions of their past and present so the readers can be brought up to speed on their lives.

Q. Firstly let's get familiar with you again. When did you live in Sperling?

I lived in Sperling from 1945-1962. My parents were Audrey (Carr) and Clayton.

Q. Did you attend school here or move here for career?

I attended school in Sperling for all 12 years. I was in the last grade 12 graduation at that school. Classmates included Glenn Peckover, Larry Holmes, Lynda Waddell and Lois Hooper (Lecuyer). Vic Baleja was behind me a year.

Q. What did you do for summer jobs as a student here?

Babysitting was high on my list of jobs. One summer I worked for Wendal and Doreen Fewster taking care of their children and some house chores.

Q. What did your family do for a living here?

My Dad started out farming after the Second World War on the family farm for several years. My mother worked at the telephone office in Carman.

Q. What activities did you participate in as a student?

I enjoyed many activities such as sports, concerts and track meets. We got to organize bonspiels. Curling was my favorite as I loved going to bonspiels.

Q. What got you to leave Sperling and where?

I went into the nursing program at Children's Hospital in Winnipeg in 1962 after I graduated in 1965. I worked for 6 months there and then left with 2 of my classmates for California. I guess, at that time, it was my attempt at seeing the world outside of Sperling!! My friends had relatives who sponsored me to go to California so I tagged along and I fell in love with the place.

Q. Did you meet your spouse here? What was/is his career?

No, I met Bob Howland in California where I moved in 1966. He was in the publishing business and eventually owning his own.

Q. Did you raise any children here? Names, where and doing what?



Sandra (Young) Howland and husband Bob

Our children were born in USA. Bryan and Robin and we are grandparents to four boys now.

Q. Do you have extended family now?

All of my family live in Canada. I was the only renegade to leave. I love my trips “home” and now there are many new little ones to meet. No family lives in Sperling other than cousin Gary Hooper. Brothers Dennis lives in Carman, Leigh and Kerry in Winnipeg while Bruce calls Lockport home. Our sister Marleen passed away in 2012 in Calgary.

Q. Did you move around lots in career or life?

I never moved away from California but I did a lot of job changes and experienced many different aspects of nursing. But my claim to fame is I worked in outpatient surgery at the same hospital for 35 years, retiring when I was 70. I dearly loved working in the operating room.

Q. What else have you done, where and how long?
I haven't done anything else but nursing. I did stay home to raise my kids for 8 years and was a boy scout leader, room mom, PTA, sports mom and so on....the best time of my life.

Q. What do you do now? Retired?

Yes, I am retired.

Q. What passes your leisure time now? Hobbies?

I love to read, do puzzles, crossword everyday from the paper, visit the casino...they are very close

which may not be good!!! I love helping my daughter when she needs babysitting for Tristan, our grandson who is 8 now. He brings so much joy into our home. Our other 3 grandsons live in Oregon so don't see them as often.

Q. Any future plans?

I hope this darn COVID situation changes as I want to go “home” next year. This year was supposed to be our 55th Manitoba nursing anniversary and we had a reunion being planned and had to cancel. Maybe next year...who knows!! I want to see my brothers and their families as miss them.

Q. Have you travelled and where?

I was very fortunate to travel to England and Germany several times as my husband's job made it possible. The best trip was a family trip in 1984 for a month starting in Greece and ending up in England. It was a tour and we saw so much. Also, I made trips to Canada at least once a year, whether to Manitoba, Alberta or BC.

Q. Do you ever return to Sperling?

I drive through Sperling on way to Carman where my youngest brother Dennis lives. Sometimes I stop in to say hello to my cousin there. I will visit their cemetery too as my Dad, my grandparents and other relatives are there.

Q. What are some of your fondest memories of your Sperling days?

Wow...I couldn't be happier that I grew up in Sperling. My brothers and sister would enjoy reminiscing about our life there. Our life on the farm, learning to drive, walking behind the van in the snow, school vans, CGIT, Girl Scouts, curling in bonspiels, 4-H, Mother teas, making dainties, and many more. For a small town we sure had everything possible to enrich our time there. One of my fondest memories was my bridal shower that those wonderful ladies in Sperling gave me after I had moved away. I went home on our honeymoon and to be remembered by those thoughtful ladies will always be a highlight.

Q. Any last words you wish to send to our readers? All I can say is that I am very proud to call Sperling “home”.

If you wish to reach this former Sperlingite please send me an email at denjohnyoung@gmail.com and I will forward it to them for further contact.

Gimli Film Festival 21st annual festival highlights

Submitted by GFF

The Gimli Film Festival (GFF) announced its 21st Festival events recently, which will take place over an extended 2-week period in July 2021. For the first time ever, GFF will host a special contactless RBC Sunset Drive-In Theatre, alongside other virtual film screenings and special live-streamed events.

In an effort to offer virtual filmgoers more time to access the best films from the past year, GFF is extending their Virtual Film Festival to a full 2-weeks (an increase from 5 to 14 days). GFF On Demand – the Festival's Netflix-styled film streaming

platform, once again fuelled by Red River Co-op – runs Mon., July 12 to Sun., July 25 and can be watched from the comfort of your bed, shed, yard, or boulevard. Tickets for GFF On Demand go on sale on June 1 at noon on GFF's Website.

New to the Festival this year, GFF announced plans to offer the first-ever RBC Sunset Drive-In Theatre in the Town of Gimli, pending further public health restrictions. The contact-less RBC Drive-In experience would tentatively run for five nights (Wed, July 21 to Sun, July 25) with nightly 10 p.m. screenings. GFF recognizes the severity of Manitoba's current COVID-19

outbreak and will carefully align our operations with public health orders to ensure the safety of our community and film fans – above all. Tickets for the RBC Sunset Drive-In Theatre can be reserved starting on July 3rd at Noon, with more details on GFF's Website. Those interested in attending are encouraged to sign-up for GFF's e-Newsletter to stay informed about Drive-In ticket sales.

In 2021, GFF is also proud to celebrate the 10th anniversary of the RBC \$10,000 Emerging Filmmaker Pitch Competition, marking a total \$100,000 distributed to Manitoba's most talented emerging filmmakers. To celebrate

this milestone, GFF will be showcasing a Retrospective Screening of the past 10 years of pitch-winning films, including *Anak* by Joanne Roberts – the 2020 Competition winner.

“Going into my first solo film was the scariest thing I'd ever done, but the Pitch Competition made sure I always had someone I could turn to when I needed help,” said Roberts. “I had a dream team to work with; every single person has gone above and beyond. I don't think that any film from this point forward will capture the same kind of magic that this one did,

Continued on page 22

Provincial Park beach mats let families make memories

By Iris Dyck

Manitoba Parks is rolling out accessibility mats that will allow some Manitobans to experience the beach for the first time.

On May 27, Manitoba Parks announced on social media that nine provincial park beaches would be outfitted with Mobi-Mats. The mats provide an even, non-slip path through the sand, allowing wheelchairs and scooters to access the water.

For Kim VanDaele, 35, the mats mean the difference between spending time with her family and sitting on the sidelines.

"I've missed out on a lot of family fun because they weren't available before," she said.

VanDaele, who uses a mobility scooter, often spent her time sitting "who knows how far away" from her husband and son as they played on the beach. Without accessible infrastructure or accessories like Mobi-Mats, getting her scooter to the water was out of the question.

Mobi-Mats are roll-out carpets made from recycled plastic. Once laid out, they stay firmly in place on uneven or sandy surfaces. The mats act as a portable sidewalk for those with wheelchairs, scooters, strollers, or anyone who needs easier access to the beach. Sand and water can pass through the mat's woven structure, so they won't

be buried on the beach or swept away by waves.

Winnipeg Beach Provincial Park is one of the nine parks to get the mats. The park already has a paved walkway along the length the beach, with ramps leading down to the sand. The Mobi-Mat will connect the ramp with the water, so that those with mobility issues can get there more easily.

In his 12 years as mayor of the Town of Winnipeg Beach, Tony Pimentel has noticed the difference accessible options have made in his community.

"I have seen an increase of people with mobility issues coming up to the beach and enjoying the town," he said.

While Manitoba Parks and the Town of Winnipeg Beach have separate responsibilities, accessibility improvements in one inevitably affect the other. After a storm damaged the park's boardwalk in 2015, the province built the concrete walkway with accessibility in mind.

"People did indicate it was difficult to get down to the beach," said Pimentel, but now "people are more comfortable coming out."

It's certainly the case for VanDaele and her family. They've often visited Stephenfield Provincial Park because it was closest to their home in Winkler, Manitoba, but since hearing about the Mobi-Mats, their summer plans have changed. They are going to organize



PHOTO SUBMITTED

Mobi-Mats will make nine provincial park beaches accessible for those with mobility issues.

their trips around the beaches that have them.

"I am a young mom, and I would be overjoyed to be able to actually participate in making family memories," she said.

VanDaele's first experience using a Mobi-Mat was last summer at Bird's Hill Provincial Park. She was thrilled, and feels grateful now that people of

"all shapes, sizes and ages" can enjoy a day at the beach.

The nine provincial parks with Mobi-Mats are Bird's Hill, Clearwater Lake (Pioneer Bay), Grand Beach, Lunder Beach, Rainbow Beach, Spruce Woods, St. Malo (Sunset Shores Beach), Winnipeg Beach, and Whiteshell (Falcon Lake).

Study shows Moderna's COVID-19 vaccine in adolescents safe and effective

By Patricia Barrett

Moderna announced last week that a preliminary study of the use of its mRNA two-shot COVID-19 vaccine in adolescents was 100 per cent effective against the virus and showed no significant safety concerns.

Researchers found no cases of COVID in adolescents 12 to under 18 years of age after they received two doses of the vaccine. After the first dose (after a period of 14 days), vaccine efficacy was 93 per cent.

The study, called TeenCOVE, enrolled 3,732 American children.

"We are encouraged that mRNA-1273 [Moderna COVID vaccine] was highly effective at preventing COVID-19 in adolescents. It is particularly exciting to see that the Moderna COVID-19 vaccine can prevent SARS-CoV-2 infection," said Moderna's chief executive officer Stephane Bancel in a news release dated May 25.

Researchers also found that the adolescents experienced no serious side

effects.

The vaccine was "generally well tolerated with a safety and tolerability profile generally consistent with the Phase 3 COVE study in adults. No significant safety concerns have been identified to date," states the release. "The majority of adverse events were mild or moderate in severity."

Common side effects were pain at the injection site, headache, fatigue, myalgia (muscle aches) and chills.

The company said it will continue to gather safety data, but in the meantime will submit its study data to U.S. regulators and to other regulators around the world in early June and request that its vaccine be authorized for use in adolescents.

"We remain committed to doing our part to help end the COVID-19 pandemic," said Bancel.

Pfizer-BioNTech's mRNA COVID-19 vaccine has already been approved by Health Canada for use in adolescents.

No zoom in the 1960's classroom



STANDARD PHOTO SUBMITTED

Sperling teachers from 1960, Mrs. Merle Taylor, Mr. Mac Taylor, Ms. Isabel Robertson, Ms. Esther Hildebrand, Mr. Morris Hykaway and Mrs. Pat Jenkins.

Take the Gutsy Walk for Crohn's and Colitis this weekend

By Lorne Stelmach

Her own experience is all the motivation that Darrah Horobetz needs to help build awareness and support for Crohn's and Colitis Canada.

Having lived with Crohn's for 14 years, the Winnipeg resident now serves as a development co-ordinator for the organization and is seeking to help further their cause, including seeing this weekend's Gutsy Walk fundraiser grow across the province.

"We would love to spread the word ... there's still so many people who don't know about it and about us," said Horobetz.

On Sunday, June 6, thousands of Canadians will walk as part of the virtual Gutsy Walk, which has raised over \$46 million nationally since 1996 and is the largest fundraiser in support of the 270,000 Canadians living with these chronic diseases.

The Gutsy Walk helps Crohn's and Colitis Canada provide vital support programs and fund promising research into what are the two main forms of inflammatory bowel disease.

Crohn's disease and ulcerative colitis are diseases that inflame the lining of the gastrointestinal tract and disrupt your body's ability to digest food, absorb nutrition and eliminate waste in a healthy manner.

These are lifelong conditions, and people can experience acute periods of active symptoms and other times when their symptoms are absent or in remission. Signs and symptoms can include abdominal pain and cramping, severe diarrhea, rectal bleeding, blood in stool, weight loss and diminished appetite.

The exact causes of Crohn's disease and ulcerative colitis remains unknown, and there is no cure for either illness. Causes and risk factors of Crohn's and colitis include genetics, the environment and microbiome.

Horobetz, now 27, was diagnosed with Crohn's disease at age 13.

"It was not an easy diagnosis. I was sick for seven months, and they didn't really know what was wrong with me," she recalled. "It was an adjustment. I had to adjust to a new normal and get used to how my life was going to work and know that I'm going to have my good and my bad days. Now, I've ad-



CROHN'S AND COLITIS CANADA PHOTO

Crohn's and Colitis Canada's annual Gutsy Walk takes place virtually this weekend.

justed to that, but it still has its challenges.

"It seems to affect everyone differently," Horobetz noted. "There's a lot of similarities between people's experiences, but no two stories are the same. They're all different in some way. You would think it would be a little more consistent, but that's just not the case."

Horobetz first got involved as a volunteer with the chapter in Winnipeg in 2014 and started doing the Gutsy Walk herself.

"The volunteering became a passion for me, and I fell in love with the organization and what they are doing, and obviously I have a personal stake in it," she said, noting she did not hesitate when the opportunity to work for the organization came to her. "I jumped at the chance ... it's been a journey for sure, but I love what I do."

Thinking about how her family knew nothing about these conditions drives her to help others,

said Horobetz.

"Now it seems like everybody knows somebody with Crohn's or colitis. The numbers just keep rising, which is unfortunate, but that's just the case," she said.

The Gutsy Walk today takes place in about 70 locations across the country, with Manitoba usually hosting events in Winnipeg, Westman, and Thompson as well as the virtual walk for all other participants. The virtual participation remains the only option for now under pandemic restrictions, but Horobetz would love to see them expand further to include more communities in the future.

"Usually in Manitoba we have close to 500 walkers in total for all our walks," she said. "And we would love to have a walk in every small town. That would be my dream."

For more information or to make a donation, head to www.gutsywalk.ca.

> GIMLI FILM FESTIVAL, FROM PG. 20

and I am truly grateful. Thank you for making this a highlight of my career and of my life."

GFF 2021 will also honour Manitoba's delayed 150th celebration, with a special MB150 Film Retrospective. This special Manitoba Film Retrospective will showcase underrepresented and hidden gems from Manitoba's filmmaking past, alongside the premiere of a number of new MB-made films commissioned by the Festival for the occasion.

"I think these days it is easy to take for granted Manitoba's established film industry and artistry of independents working away at their latest creative project," said Kevin Nikkel, the director of a new documentary on Manitoba's filmmaking history. "What

I've really found fascinating in making my film *What We've Pulled Off...* So Far is the how far back our creativity and cinematic ambition goes as Manitobans. We really do have an amazing cinematic family tree."

Continuing in the same virtual vein, GFF will also be hosting "Take 5", a new workshop series presented by Film Training Manitoba and Manitoba Film & Music. The Take 5 sessions will provide industry participants with insider knowledge during five 90-minute panel discussions. Attendees can learn tips and tricks to help advance their filmmaking career, while also adding more depth and skill to Manitoba's film and TV industry workforce.

GFF will once again offer a number of free live-streamed events, includ-

ing the virtual GFF Awards Reception, the Manitoba Short Films in Competition, and the 48 Hour Film Competition which will showcase 18 brand new locally made short films. Also being live-streamed for free online is the 2021 RBC \$10,000 Emerging Filmmaker Pitch Competition and a special 10th Anniversary Pitch Retrospective Screening, featuring the past 10 years of pitch-winning films.

New this year, GFF will hold a special interactive online VIP Opening Reception in a virtual Town of Gimli, powered by the interactive Gather platform! Explore the virtual city and beach, chat with other Festival goers, and catch an exclusive concert at the virtual Ship & Plough – all from the comfort of your home! Opening Re-

ception events are only available to Super Pass holders, so get yours starting June 1st.

This year, both GFF Virtual Film Passes and Super Passes go on sale Tues., June 1 at noon and can be purchased on the GFF Website. Patrons who buy a Super Pass will be able to unlock an unlimited number of Virtual Festival Films, while the regular Virtual Film Pass will be limited to 20 program unlocks. The Super Pass also provides access to attend GFF's Take 5 Workshop Series and includes an invitation to GFF's Opening Night Reception.

RBC Sunset Drive-In Theatre Tickets will be made available through a registration process in early July, as detailed on GFF's Website.

The life-long risks of sexting for young people

By Jennifer McFee

Explicit photos and messages can come back to haunt you at any age.

For teens, they're now growing up surrounded by the reality of sexting, which involves nude or sexual photos or videos of any individual.

Joy Smith, a former MLA and MP, continues to tackle sensitive topics — including human trafficking, sexting and sextortion — through her organization called The Joy Smith Foundation.

Thanks to the Equity Fund provided by the Interlake Community Foundation in partnership with the Community Foundation of Canada, Smith has been providing virtual presentations to schools throughout the Interlake.

When it comes to sexting among teens, it usually starts very innocently, she said.

"Sexting is one of the most dangerous things for young people to do. Often underage boyfriends and girlfriends use less discretion than they should. They might innocently start exploring their sexuality and eventually start to innocently send indiscreet pictures online," Smith said.

"Let's say they break up, but they've both sent sexually explicit photos. If one is mad at the other, they might share those photos with their buddies, who say they'll never share them. But sooner or later, those photos get out even further."

Once the photo is released in the cyber world, it will likely be out there forever, she adds.

"The kids need to know that if they ever send a photo in any way, shape or form over the internet, Facebook, Instagram, Snapchat, whatever, it's out there never to be brought back in again," she said.

"Cyber people say they have the means to take them down, but that

doesn't always work. In some cases it does work, but it's a long and drawn out process — and usually after the damage is done."

This type of damage can be far-reaching and life-altering.

"Any nude or sexual photo or video of any individual under the age of 18 is considered child pornography by law. Sending, keeping or distributing a nude or sexual photo or video of anyone under the age of 18 are offences that can lead up to charges under the Canadian Criminal Code," Smith said.

"A lot of these kids don't understand that they're actually breaking the law doing this. If an image or a video of anyone is online and they've lost control of it, it's critical they notify the local police department. There's also a website they can report it to at www.cybertip.ca."

Human traffickers are using a new sextortion, or blackmail, tactic that involves taking photos of youth and superimposing their faces onto explicit images, she added.

"Everybody should always turn off their video if they get a video call from an unknown source. That unknown source randomly calls these numbers to see if they can get some kid to answer. Then they take a picture and superimpose it onto videos to make it appear that they're nude or engaging in a sex act," she said.

"It's a new tactic that they're using now that everybody has to be warned about because it's getting more and more public."

At a school level, sexual bullying can occur.

"I had a case in a school where a girl had taken a picture of herself with her bare top showing. The photo went around the school she was attending. She was so ridiculed, harassed and picked on that she had to change

schools," Smith said. "It's very serious."

Branching out even further, cyber bullies can share the photo to embarrass and humiliate a particular person.

"They also use the photo to impersonate the person. There's no way to control who sees the photo once the teen sends it," she said. "There are countless cases where a teen discovers a private photo has been passed around and sometimes even shared online. There's a big risk for blackmail."

Often bullied teens are too embarrassed to tell anybody about it, she added.

"The photo was supposed to be sent in secret. There's no such secret. And a lot of them don't know that more than their friends can see it, so even sending sexually explicit messages to another person is never a good idea," she said.

"What they don't know is that this can absolutely destroy their reputation — and it can happen to adults too. It can lead to bullying or name-calling, and the emotional consequences are absolutely horrendous. When you look further down the road, it can also prevent teens from getting into university or a post secondary institution of their choice later on."

Teens need to know that anything they post or share today could impact the rest of their lives — and even lead to trouble with the law.

"The teens taking or sharing the photo could be charged with disseminating child porn. The teens receiving the photo could be charged with possession of child porn, even if they don't request a copy of the photo," Smith said.

"What's more, teens could be labelled sex offenders for sending or



Joy Smith

possessing sexually explicit photos of other teens."

Smith has been sharing straight-forward information on these topics with the higher grades in a number of local schools.

"In the human trafficking world, there are experts — and a lot of them are very well educated," she said. "They don't look like the sleazebags or bad guys you see on TV. It's also women, not only men."

For her, there's no point in sugar-coating these topics or avoiding terms such as "human trafficking."

"It's a dark subject but I have worked on it for over 25 years. The average age of entering into the sex trade in Canada is 12 to 14 years old," said Smith, whose organization is preparing to launch the National Human Trafficking Education Centre.

"Teens need to be aware of all these variables, including exposure to sexual predators, sexual bullying that can occur, the risk for blackmail and the risk for a bad reputation. Why put yourself in that position?"

For more information about the Joy Smith Foundation, visit www.joy-smithfoundation.com, call 204-691-2455 or email info@joysmithfoundation.com.

Province extending supports to offset child-care sector's losses

By Manitoba government

The Manitoba government is extending financial support to protect families and early learning and child-care (ELCC) facilities affected by the move to remote learning as part of the province's public health measures, and is increasing the funding by \$500,000 to bring the investment to \$2.4 million, Families Minister Rochelle Squires announced Monday.

"Our government has been regularly communicating with the early learning and child-care sector and parents throughout the COVID-19

pandemic to ensure we are providing targeted and responsive supports," said Squires. "Service providers have told us the extension of remote learning will result in increased financial pressures due to the loss of parent fees and we are pleased to provide this protection."

Earlier this month, the province committed up to \$1.9 million to support and protect families and ELCC facilities as schools in Winnipeg and Brandon moved to remote learning because of public health measures. This additional funding brings the

total investment to \$2.4 million as students in Winnipeg and Brandon remain in remote learning until June 7, and as schools in the Red River Valley and Garden Valley school divisions have moved to remote learning until June 7. Students in Dauphin will be in remote learning until June 9.

The move to remote learning is affecting approximately 10,890 child-care spaces or 83 per cent of the school-aged spaces in the province, the minister said.

In response to these pressures, licensed centres and child-care homes

will be able to apply for additional funding support to offset their losses of parent fees for kindergarten and school-aged children.

Parents of children in these spaces will not be expected to pay child-care fees during this time, while the province provides the funding to affected ELCC facilities to offset their losses of revenue. Families will also retain their child-care spaces during this period. The funding will be provided to the facilities in addition to their continued operating grants, the minister said.

Scotswood Links lots now on the market in Elm Creek

By Becca Myskiw

Elm Creek is growing — and you could grow with it.

Scotswood Links is backed by beautiful open property, covered in luscious green grass. That space has been turned into 28 lots, each ready to be made into homeland. The land is called Highland Meadows, an area worthy of its name.

Realtor David Phillips said five of the lots have already been sold, and the remaining 25 are a steal. He said these lots are perfect for retired farmers, empty nesters, and the avid golfer. But Elm Creek is only 35 minutes away from the perimeter, so Highland Meadows could look good and be good for anyone.

"There's decently loose architectural guidelines," he said. "It's going to be nice. It's going to be priced right."

Three of the lots are going for the low price of \$54,900, and the highest

price is \$89,900. Each property is only a walk away from the golf course and its state-of-the-art clubhouse.

Most people likely know this area as an empty field that sat idle for years. But the ducks are now all in a row, the land has been split into lots, and the Sisson family (the owners) is ready to help more people make Elm Creek home.

"They're trying to make it a little community within itself," said Phillips.

Seventeen of the lots in this development front the beautiful Scotswood Links golf course. They're all close to the road, and they're all ready to get homes built on them. Phillips and the Sisson's are worried people just don't know these lots are up for sale. To learn more about them or to contact Phillips about tying one down, go to www.century21.ca/davidphillipsteam.



STANDARD PHOTO SUBMITTED

The Highland Meadows development backing onto the Scotswood Links golf course is ready to be developed.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Manitoba 55+ Games moves online for 2021

By Ashleigh Viveiros

After a pandemic-induced year's break, the Manitoba 55+ Games are back.

Organizers are taking the "Olympics" for older adults online this year and stretching the participation window out to include five weeks: June 14 to July 16.

"We saw there was a need," says coordinator Karyn Heidrick, explaining they've been hearing from Games participants for months now wondering if the event would be going ahead in some way in 2021. "We've seen so many things going virtual right now

and working and still being able to connect with people that way, so that's what we've decided to do a well."

Games participants can sign-up to complete a range of featured events, including walking, running, cycling, Bocce ball, Nordic pole walk, 9-hole and 18-hole golf, horseshoes, arts and crafts, pickleball, badminton, tennis, cribbage, whist, and Scrabble.

"We ask people to participate safely in their own household or their own 'bubble,'" says Heidrick. "Pick something you already do or maybe try something new and then track that for four weeks.

"At the end of that period we're asking people to share their stories with us," she says. "We'll be able to share all that with the other participants and create some storyboards and really be able to share what everyone is able to accomplish. We can't do so many other things right now so let's focus on what we actually can do."

Registration is free. Participants who send in their activity trackers and stories of their Games experience will be entered into a draw for some active aging prizes (walking poles, exercise bands, gift certificate).

"We're trying to motivate people to

stay connected because that's always been such a huge part of it," Heidrick says, adding that "being able to move and being physically active is so good for your mental health too."

"Until we can meet again, this is a great way for all of us to still be part of something together."

Head to www.activeagingmb.ca to download the registration form or contact the Games office at 204-261-9257 or manitoba55plusgames@gmail.com.

2021 NextGen Prairie Championship cancelled

Submitted by Golf Manitoba

With the current province-wide restrictions in effect, Golf Canada has cancelled the 2021 NextGen Prairie Championship scheduled for June 10-13 at the Quarry Oaks Golf

Course in Ste. Anne, Manitoba.

This regional junior championship is not feasible given the current mandatory 14-day quarantine for all people entering the province of Manitoba.

Golf Canada will continue to evaluate provincial health and travel restrictions related to COVID-19 to make informed and responsible decisions related to our 2021 championship schedule. The safety and

well-being of our championship competitors, tournament staff and volunteers along with event stakeholders and our host community at large is paramount to Golf Canada.

get inspired

> MEAL IDEAS



Easy Breakfast Quiche

In skillet, cook chopped bacon 4 minutes. Add green onions; cook 2 minutes. Add mushrooms; cook 4 minutes, or until bacon is completely cooked and mushrooms are tender. Drain onto paper towel over plate. Set aside.

In medium bowl, whisk eggs and milk until combined. Add broccoli and cheese mixture. Add 1 cup cheese. Stir to combine. Set aside.

In pie shells, divide drained bacon mixture evenly. Divide broccoli mixture evenly and pour over bacon mixture. Sprinkle remaining cheese over both pies.

Bake 40 minutes.

Allow to cool at least 12 minutes before serving.

Note: To keep edges of crust from burning, place aluminum foil over pies for first 20 minutes of cook time. Remove after 20 minutes and allow to cook uncovered until completed.

Servings: 12
1 package (10 ounces) frozen broccoli with cheese
12 slices bacon, chopped
1/2 cup green onions, sliced
1 cup mushrooms, sliced
4 eggs
1 cup milk
1 1/2 cups shredded cheese, divided
2 frozen deep-dish pie shells (9 inches each)
Heat oven to 350 F.
In medium bowl, add broccoli and cheese contents from package. Microwave 5 minutes, or until cheese is saucy. Set aside.



Bacon Cheeseburger Tacos

1 medium tomato, chopped
8-10 romaine lettuce leaves, torn
In large frying pan or cast-iron skillet, cook bacon until crispy. Remove slices from skillet to drain on paper towel. Pour bacon fat from pan.

Shape ground beef into four burger patties, seasoning both sides of patties with salt and pepper.

In skillet over medium-high heat, cook burgers about 4 minutes per side for medium doneness.

Top each burger with one slice cheese then cover skillet with lid and cook until cheese melts. Remove from heat.

Servings: 4
8-10 slices Coleman Natural bacon
1 pound ground beef
salt
pepper
4 slices cheese
1 cup canola oil
8 soft corn tortillas
1 medium red onion, sliced
1 avocado, skin removed and sliced

Oatmeal Creme Cookies



Recipe courtesy of chef Haley Williams @IfYouGiveABlondeAKitchen
Prep time: 10 minutes
Cook time: 12 minutes
Oatmeal Cookies:
1 1/2 cups all-purpose flour
1 teaspoon baking soda
1/2 teaspoon salt
1 teaspoon ground cinnamon
1/4 teaspoon ground cloves (optional)

1 cup (2 sticks) unsalted butter, at room temperature
3/4 cup C&H Dark Brown Sugar
1/2 cup C&H Organic Raw Cane Sugar
2 large eggs, at room temperature
1 1/2 teaspoons pure vanilla extract
3 cups quick oats
Creme Filling:
3/4 cup unsalted butter, at room temperature

2 cups C&H Confectioners' Sugar
1-2 tablespoons heavy cream
1 teaspoon pure vanilla extract
1 pinch salt

To make oatmeal cookies: Preheat oven to 350 F. Line two cookie sheets with parchment paper and set aside.

In large bowl, whisk flour, baking soda, salt, cinnamon and cloves, if desired. Set aside.

In bowl of stand mixer, beat butter, dark brown sugar and raw cane sugar on medium-high speed until light and creamy,

Expert Patient Here to Help!

By Susie Schwartz

As I write this, and after a battle all night last night trying to get my blood sugar down from 'Hi' (Which is actually HIGH on my meter meaning it is over 33 mmol and too high to read. It is not being friendly.) to a respectable level under 8, my blood sugar is once again at 18 and climbing. Sigh. Another insulin pump site change with some new insulin will hopefully do the trick. Meanwhile, I am exhausted. This is not a sympathy grab. The moral of this sob story of living with Type 1 Diabetes? No matter what health struggle you are going through...

Don't. Give. Up.

This does NOT mean that you can't have a pity party once in a while. (At least I hope that's the case! I allow myself one about every six months, ranting and wailing and crying and snotting - all of this under my Duvet. It's not pretty, but it helps.)

What it does mean, is that after feeling like totally giving up many times, I am proof that things can get better. (And then maybe worse again, but then better, and on it goes.) "Susanne, you have stage 3 retinopathy," said Mr. Doctor. I then became blind in each eye, had surgery, and gained my sight back; "If this gastric pacer implant doesn't work, I don't know how else to treat your Gastroparesis and Intestinal Failure. We're at the end of the road." I had the pacer implanted, it added to my troubles, I was dying, had it removed, and then without reason the Gastro issues improved...enough.; "I believe you have ME/CFS." Too weak to lift a



Susie Schwartz

fork, push the buttons on my insulin pump or get myself to the loo, and wracked with pain, I wanted to die. I let time and rest do its thing, found out that I have a histamine intolerance which was exacerbating the issue, made changes, and am so glad I lived.

Here's what I'm trying to say. I am proof that things can feel/seem hopeless, and then drastically improve even when you are SURE they can't. I'm not saying everything always gets better - we know that isn't the truth, with too many losses of loved ones old and young. But what I keep finding out is that you just never know.

Give up? I'm so glad I haven't.

Less health stress, yes?

A published author and motivational speaker, Susie currently lives in the UK. She welcomes feedback and questions. Find her on FB @medicalmissstress, Instagram @medicalmiss_stress and her website lesshealthstress.com

about 1 minute. Add eggs and vanilla; beat until combined. Scrape down sides and bottom of bowl.

With mixer on low, slowly add dry ingredients to wet ingredients. Mix until combined while avoiding overmixing. Add oats and mix until incorporated.

Scoop about 2 tablespoons dough onto prepared cookie sheet. Space dough balls at least 3 inches apart. Bake 10-12 minutes, or until edges are light brown. Let cookies cool 5 minutes before transferring to wire rack to cool completely.

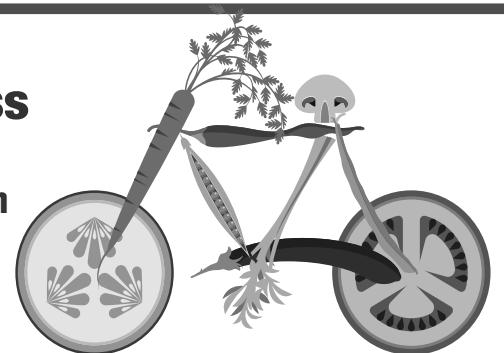
To make creme filling: In bowl of stand

mixer, beat butter on medium-high speed until light in color, about 3 minutes. With mixer on low, gradually add confectioners' sugar and mix until well combined, about 1 minute. Add 1 tablespoon heavy cream, vanilla and salt. Beat on medium-high speed until fluffy. If filling is too thick, add second tablespoon heavy cream.

Once cookies cool, pipe or spread creme filling on flat sides of half the cookies. Top with remaining cookies to form sandwiches.

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MISCELLANEOUS

Restrictions got your business down? Advertise in our blanket classifieds in MCNA's 37 weekly Manitoba community newspapers and get seen! Traditional advertising works and it's affordable! Doing curbside pick-up, on-line ordering, or hosting an on-line seminar or meeting during COVID? Let people in Manitoba know. Each week our blanket classifieds could be helping your organization get noticed in over 352,000+ homes! Get your message out for as little as \$189 + GST! To learn more, Call us at 204-467-5836 or email classified@mcna.com. MCNA - Manitoba Community Newspapers Association 204-947-1691. www.mcna.com

NOTICES

Urgent Press Releases - have a newsworthy item to announce? Having an event? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab or Email classified@mcna.com for more details.

HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

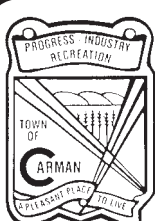


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- Very cost effective means of getting your message out to the widest possible audience

Contact this newspaper NOW or MCNA at 204.947.1691 or email classified@mcna.com

www.mcna.com



TOWN OF CARMAN PUBLIC NOTICE

TRANSFER STATION HOURS

Monday, Wednesday, Friday - 1:00 p.m. to 4:00 p.m.

Tuesday and Thursday CLOSED

Saturday 11:00 a.m. to 4:00 p.m.

TABOR HOME INC. IS HIRING:

Health Care Aides, Nurses & Dietary Aides. Casual Positions also available

Please visit our website at www.taborhome.ca for a detailed listing of the available positions, qualifications and documentation required as well as the Tabor Home application form.

Email your resume and Tabor Home application to info@taborhome.ca Or Mail to:

Tabor Home Inc.

Attention: Director of Resident Care
450 Loren Drive, Morden, MB R6M 0E2



NOW HIRING

Boyne Lodge in Carman is now accepting applications for **Cooking Positions.**

- Full time training
- Full time and Part time available

It is important that you indicate which position you are applying for and expected wage range in your cover letter.

Resumes with references will be accepted by email only to: tyler@townofcarman.com

Only successful applicants chosen for an interview will be contacted.

DENNIS' WISH LIST!

UPCOMING STORIES READERS CAN CONTRIBUTE TO ARE:

- DCU/ACU 60 years
- CIBC 125 years
- RBC 125 years
- Carman Health Clinic 25 years
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- Rex Burns 45 years ago
- Postal Service 140 years
- Carman Collegiate 60 years

Pictures, history or tales all welcome!
Please have a look and contact me (204) 745-8811 or denjohnyoung@gmail.com

The Carman-Dufferin
STANDARD



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When you join Enns Brothers you are in good company! We're looking for a dynamic partsperson who has high personal standards for quality and takes pride in delivering exceptional customer service to our customers.

Parts experience is preferred but if you wow us with your 'can do' attitude, mechanical aptitude and problem-solving ability, we can train you to be a great Parts Salesperson. Come and talk to us or email your resume to hr@ennsbros.com.

We offer a competitive wage, monthly incentive program, health and retirement benefits, ongoing training through John Deere University, as well as the opportunity to work with a terrific group of people, in a great location and with a quality product. Join us and grow with our successful business!

Enns Brothers is a full service John Deere dealer and has grown to 9 locations in Manitoba. Proudly supporting our local communities for over 60 years.



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**Announcement
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Call 204-467-5836

Classifieds

The Carman-Dufferin
STANDARD

Book Your Classified Ad Today - Call 204-467-5836 classifieds@carmanstandard.ca

CARD OF THANKS

A huge thank you to the Carman Co-op employees who take phone in orders, fill orders, and deliver the groceries. Just wanted them to know they are much appreciated. They provide a great service.

-Sincerely,
A regular customer

Book Your Classified Ad Today
- Call 204-467-5836

OBITUARY

Pieter Nijenhuis

May 8, 1932 – May 20, 2021

On the evening of May 20, 2021 at the age of 89, the Lord took home his child, Pieter Nijenhuis, dear husband, father, grandfather, and great-grandfather. He was also a brother-in-law, and uncle to numerous nieces and nephews.

Pieter Nijenhuis was born on May 8, 1932, the middle child of 15, to parents Annë and Aaltje Nijenhuis, in Steenwijk, Overijssel, The Netherlands.

Pieter went to a formal school only a few years before the war made further schooling impossible. A 'jack of all trades' he worked for many farmers, furniture makers, butchers, and bakers.

The day he turned 21 he informed his parents that he was moving to Canada. On May 24, 1953, he and his brother Ralph left home,



boarded a ship, and set sail for a new homeland. They landed in Halifax at Pier 21 and with \$10 in their wallets made their way to the Newmarket area of southern Ontario. These were treasured times for him and he spoke fondly of them his entire life.

It didn't take long before Pieter worked his way down to the Smithville area where he soon set his eyes upon Elsie VanSijdenborgh. On June 18, 1955 they married. Throughout their married life they have always shown that life can only be lived well with God in the centre of our relationships.

In 1957 Pieter and Elsie, with two small girls, made the journey to Carman, Manitoba. In 1960, shortly after the birth of a son, they made the trek back to Ontario. Times were lean. He worked hard for his family all his days. Throughout it all his love for the farm, the land, and the animals, stood out the most.

Pieter loved church life, especially singing praises to God. We always knew where Dad was sitting in church because of his singing. He knew many of the psalms and hymns by heart both in Dutch and English. One of his fondest joys was singing in the choir, which he did for many years.

In 1991, for health reasons, Pieter and Elsie decided to move back to Carman, to a small home where they proudly lived until now. They lived a quiet life there, tending to the grass, the flowers, and each other. He could often be found spending quiet time reading about the amazing ways of the Lord and would gladly share that with whoever stopped in. His favourite times were spent with visits from his children, grandchildren and great-grandchildren, a number reaching to almost 100 people! Pieter used to say that he came to this country with a suitcase and \$10 and in 66 years of married life was blessed with so many special people.

His wish was that he could stay in his little home for all his earthly life, which he did until four days before his passing. Pieter hoped that his legacy would be that "he tried" and he most certainly did, all the while acknowledging that it was the grace of God which carried him along.

Pieter leaves to mourn his wife Elsie, six children and their spouses, 28 grandchildren and 50+ great-grandchildren.

Our sincere appreciation goes to the medical staff at Carman Memorial Hospital for your compassionate regard for both Dad and Mom. Your tender and loving care was so very much appreciated by them both as well as by the family who could witness your love.

Doyle's Funeral Home
in care of arrangements
www.doylesfuneralhome.ca

OBITUARY

Sharlene Mary Spencer (nee Peckover)

April 10, 1951 - May 15, 2021



Sharlene Mary Spencer passed away suddenly at home on Saturday, May 15, 2021.

Sharlene will be lovingly remembered by her husband, Barry; her four children, Carly (Kevin), Jay (Nicky), Janine (Chris), Craig (Lacey) and eight grandchildren Keaten, Sophia, Nash, Mason, Declan, Kaden, Payton and Logan. She was very much looking forward to her ninth grandchild due in October. She also leaves to mourn her sister Sharon (Barry) Burke, and her brothers Charles (Jane), Don (Norma) and John (Faye) as well as numerous nieces and nephews. She was predeceased by her parents Lawrence and Jean and her mother and father-in-law Lyle and Mary Spencer.

Sharlene was born on April 10, 1951 to Lawrence and Jean Peckover and raised on the family farm just north-east of Homewood. She attended school in Brigidly and then at Carman. Sharlene attended nursing school at the Misericordia School in Winnipeg. Sharlene was a caring and compassionate nurse. She spent most of her nursing career at the Carman Memorial Hospital.

Sharlene married Barry, the love of her life on September 22, 1973. They first lived in Winnipeg and then built a house just outside of Homewood. Family was everything to Sharlene. Peckover family gatherings happened frequently throughout the year and nothing made Sharlene happier than a big family gathering. Barry and Sharlene spent a lot of time at the family cabin on Lee River. It was her favourite place to be. It didn't matter how many people were there, as she could always find a place for you to sleep. Barry and Sharlene also travelled a lot with their kids. There were many memories of the California trip in the motor home. Later in life, they travelled to Florida, Europe, New York and the Panama Canal. Sharlene loved to travel and was always up for an adventure.

Being a Grandma was Sharlene's most treasured role. Her pantry was the best snack cupboard, her freezer full of popsicles and the most magical thing about Grandma was that she never said no. Sharlene was there for everything in her grandkids lives. Whether it was practices, concerts, fundraiser, you name it, Grandma was there. She was simply everybody's everything and we don't know what we will do without her.

A viewing has taken place at Doyle's Funeral Home and a private family graveside service will be held at Sperling Cemetery.

In lieu of flowers, those wishing to make a donation in memory of Sharlene may be made to the Heart and Stroke Foundation or Carman Kinettes.

Doyle's Funeral Home
in care of arrangements
www.doylesfuneralhome.ca

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- Addressing Poverty
**FIRST ANNUAL
GENERAL
MEETING**
Thursday June 17, 2021
6:30 - 7:30 pm by Zoom
Register at Eventbrite
Carman Wellness
Connections AGM

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Call 204-467-5836

NOTICE TO CREDITORS

IN THE MATTER of the ESTATE of JACQUELINE NOEL CANNIZZARO, late of the Town of Carman, in Manitoba, deceased.

All claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at 175 Broadway Street, Box 450, Treherne, Manitoba, R0G 2V0, within thirty (30) days of the date of this publication.

DATED at the Town of Treherne, in Manitoba this 25th day of May, 2021.

McCULLOCH MOONEY
JOHNSTON SELBY LLP
Attention: CHRISTOPHER H. BOWLER
Solicitors for the Administrator

TOWN OF CARMAN NOTICE TO PROPERTY OWNERS

All 2021 Property Tax Statements have been mailed.

Any property owner who has not received a Tax Statement from the Town of Carman should contact the Town Office at 204-745-2443. New property owners are reminded that they are responsible for payment of the 2021 taxes whether they received a tax notice in their name. Current taxes are payable at par on or before August 31, 2021. Postdated cheques may be left at the Town office and will be held for processing. Other payment options include monthly, or annual pre-authorized payments, payment in person (once Memorial Hall opens following Covid restrictions) with cash, cheque or debit card.



Cheryl Young CMMA
Chief Administrative Officer
Town of Carman

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