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Soups on!

STANDARD PHOTO BY BECCA MYSKIW

Four-year-old Kenna made 'mud' soup on the hill last Friday while spending some time outside at TLC Child Care Centre.

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Cannabis business coming to Carman this May

By Becca Myskiw

Carman is getting its very own cannabis store this month.

Rural Buds Cannabis is setting down roots in town to give residents a safe product in their own backyard. Pat Schmitke, co-owner of the business, has opened up two other cannabis stores in rural Manitoba and is beyond excited to expand into Carman.

Schmitke owns the Morris grocery store and used to own the one in St. Jean Baptiste. When cannabis was first legalized in Canada in 2018, he said it was difficult for small business owners like himself to get a license to sell it. Last year, however, everything changed, and he applied for his first one.

As his store in St. Jean Baptiste could use some extra income, Schmitke decided to open his first cannabis store there. He went through the lengthy process of applying for a license, doing renovations, getting inspected, and getting approved, and started selling cannabis in the town last October.

After Schmitke sold that shop, he went back to Morris and opened a cannabis store in January. He and his business partner, Colter Milne, then started looking at other communities they could bring their business to — and Carman was the perfect fit.

"It's a nice size and it's far enough away from the city," said Schmitke.

When the product was first legalized, one of the only places to purchase in Manitoba was Winnipeg. For Carman residents, that can be an hour drive, and Schmitke doesn't think that's fair.

"It's a regulated product," he said. "I don't think any community anywhere in Manitoba should be eliminated from the ability to be able to sell a legal retail product in their community."

Rural Buds Cannabis is hoping to open in town in the third or fourth week of May. They've talked with the town and the rural municipality, who have been very welcoming to the business and are excited about it, said Schmitke.

It will fill an empty storefront, provide at least five new jobs, create a



STANDARD PHOTO SUBMITTED

Rural Buds Cannabis will be opening at store in Carman this May.

good economic spinoff, and give locals the comfort of buying a product they know is safe without leaving their community.

"You know exactly what you're buying when you buy it from a licensed

cannabis store," he said.

And what people can buy is a long list of items, including dried flower, pre-rolls, edibles, gel caps, oils, topicals, bath bombs, and CBD oil.

Emergency alert system now in the Carman-Dufferin community

Swimming Lesson Information

Mark these important dates in your calendar,

The 2021 Swimming Lesson Schedule will be available to VIEW starting Wednesday, May 12th at 7:00am.

The REGISTRATION Date will be Wednesday, May 19th at 7:00am ONLINE ONLY.

For more information contact the office at 204-745-2684.

By Becca Myskiw

It's Emergency Preparedness Week May 2-8 and Carman-Dufferin wants people to know what they can do to be safe.

The RM of Dufferin has been using All-Net, an emergency alert system, for a few years now. This year, however, the service will be available to everyone in the Carman-Dufferin region.

All-net is a service that sends out alerts to resident's emails, phones, and smart devices if they're signed up for it. Dufferin fire chief Ben Vanderzwaag said so far, they've used it to alert people of water main breaks, water system flushing, fire band, and water boil advisories.

The communities saw there would be a big benefit if they did this togeth-

er, he said, and he encourage everyone to sign up if they're able.

"It's a great community tool that we can directly touch base with all of our residents who are signed up with the service," he said.

Though they haven't had to use it for serious emergencies yet, Vanderzwaag said if they need to, they can alert people of things like flooding and tornadoes too. The service is also GPS-managed, so only those in the affected area would receive alerts.

He said All-Net works like a fire alarm — it tells you an emergency is happening and gives you time to get safe. In more severe cases, it could give people time to get extra power, extra heat, extra food, or extra clothes

Continued on page 4



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Curtain call: KidDance studio closing at end of season

By Becca Myskiw

After seven successful years, KidDance Physical Arts is closing its doors.

It started in a school gym and a church hall in 2014. Owner of the studio, Michelle Kidd, said people in the community were travelling out of town for dance classes, so she noticed the need for a dedicated program in Carman.

They then had 30 students and five classes dancing one day a week. They put on the first recital a year later, which got more people interested in what KidDance had to offer — registration tripled the next year.

"That's when I knew this could probably be something more than just a side hobby and started to look at buildings for rent," said Kidd.

By 2016, they opened their first studio location in downtown Carman. Kidd quit her marketing career to fully pursue the studio and served on the side while she got it going.

"After the second year the growth really took off," she said. "So we were able to open the larger location where we are now."

That location is at 200 2nd St. NE. It's full off 200 students, six classes, and runs every day of the week with an added gymnastics program. Due to the recent COVID-19 lockdown, however, many of those students dropped



STANDARD PHOTO SUBMITTED

KidDance Physical Arts is closing its doors after a seven-year run.

out.

That's the only reason the studio is closing, said Kidd. Though COVID-19 and its restrictions played a part in the decision, there were three other main factors.

Miss Laura, one of the dance instructors, is moving to Winnipeg this summer and will be unable to instruct at KidDance now. Their lease at 200 2nd St. NE is coming to an end, and Kidd herself lives in the USA, so she's been unable to visit the studio for over a year.

Kidd said because of everything that played into this, they're not in a position to just change locations.

But that doesn't mean dance is gone from the Carman community. One of the instructors at KidDance is planning to keep dance going in the future

and is working on a plan to start her own program.

In the meantime, community members can look out for KidDance's last recital, which is tentatively scheduled for June 12, depending on restrictions. Kidd's dancers will be there to lace up

their shoes under the KidDance name one final time.

"Watching my students grow into strong dancers and even some of them becoming teachers themselves, has been one of the greatest honours of my life," said Kidd.

Carman Country Fair cancelled for 2021

By Becca Myskiw

The Carman Country Fair will not be happening for the second year in a row.

The Dufferin Agricultural Society's board of directors announced last Wednesday that they won't be planning a full-scale fair this year. This comes after the province continues to increase COVID-19 restrictions and limit gatherings.

"However, our board is working on

planning/hosting some events, as public health permits," said the board. "Stay tuned."

They did not say what those events might be, but they're planning for them to happen in place of the fair to give Carman residents something to look forward to this summer.

To keep up to date with the Dufferin Agricultural Society's plans for the year, follow their Facebook page @ CarmanCountryFair.

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Barn quilt exhibition coming, tips to make your own

By Becca Myskiw

Locals have the opportunity to make their own barn quilts and share them with the community at an exhibition this July.

The Exhibit Building Committee is hosting a barn quilt show on July 8, 9, and 10, with three judged classes. This event is also to help with their barn quilt project — the community's own Barn Quilt Trail.

A barn quilt is a piece of wood, aluminum, or sign board that's painted in a bold design to look like a quilt and hung on a building. They usually tell the story of a farm, historical event, or community.

So far, the committee has created two barn quilts for the Carman Fairgrounds and they're hoping more community members will make their own, hang them in their yards, and add to the trail.

Jenien Holtland of the committee has made a few of her own barn quilts on top of the ones she made with the Exhibit Building Committee. She said she wants people to get involved in the barn quilt trail so park happiness.

"It's a bright colourful block and especially in winter when everything is white and you see colourful art



The beginning of the barn quilt process.



STANDARD PHOTOS SUBMITTED

Nearing the end of the painting process.



The final product.

on people's buildings...it's like a happy little ray of sunshine," she said.

So, to give people a push in the right direction, she's shared tips on making your own:

1. Get MDO, aluminum, plywood, or sign board — just ensure it's weather resistant. Cut it to your desired size (8x8, 6x6, etc) and lightly sand and caulk the raw edges with paintable caulking.

2. Remove the excess caulking and make the corners nice and sharp. Holtland suggests using a wet finger to smooth it all out.

3. Prime both sides of the board with a minimum of two layers using a small roller. Then, Holtland recommends adding two layers of black paint on the back for weather durability.

4. Draw out your design on the board very lightly so the pencil doesn't show through. Holtland first draws a grid to ensure everything is exact. She gets her designs from Pinterest and recommends scouring similar sites to find the one you want.

5. **B e g i n** painting, going from the outside in and taping off each area as you go. Holtland uses

yellow frog tape and then a sharp blade (like an exacto knife) to cut off the excess tape. Paint each colour layer at least three times and remove the tape as soon as each layer is dry.

6. Holtland doesn't use a sealant as she paints with premium paints made for the elements, but those who want to use one can. She recommends a non-yellowing exterior polyurethane one to be put on once the paint has fully cured.

Those who create a barn quilt can enter it in the exhibition by emailing carmanbarnquilts@gmail.com. Each person can only enter one quilt and it has to have been created by them in the past two years.

The classes for entry are ages 13 and under, ages 17 and under, and ages 18 and up.



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> ALL-NET, FROM PG. 2

if necessary.

Aside with All-Net, the Dufferin fire department relies on media to get their alerts out. They update their Facebook and Instagram pages every time there's an emergency that requires responding and put important notices in the local media, such as the *Standard*.

This week, they'll also be updating those social media pages to educate people on how to be prepared for dif-

ferent kinds of emergencies and helping them equip themselves at home.

If all else fails as it did during the storm of 2019, fire department personnel will go door knocking to ensure everyone is staying safe.

Vanderzwaag said the easiest way to keep everyone in the loop, though, is through All-Net. It's completely free for community members to use. To sign up, contact the Town of Carman or the RM of Dufferin.

ECE Week celebrating educators, raising awareness

By Becca Myskiw

Last week was Early Childhood Educator (ECE) week and local ECE's say recognition will help with awareness of what they do.

Charmee Penner is an ECE at TLC Child Care Centre in Carman. She's been in the field since 2015 after realizing she could turn her volunteering into a career. Today she works in the infant room and does sensory activities like painting and bubbles and creating mud outside with the children.

"I love seeing kids grow and develop and learn new things and seeing their happiness and joy and excitement over activities and planning," she said.

Penner has seen children learn to crawl, walk, and talk. She's helped them learn to grow, but many people still think ECE's are just babysitters, she said.

"We do so much more than watch the kids play," she said.

ECE Anita Morgan agrees. She said the first five years is when a child really develops, and those five years are usually spent at daycare. Because of that, ECE's come out of school with a standard quality of care, guiding strategies, and having taken child development courses — they know what to expect when, and if certain milestones aren't met on time, it's their job to add additional supports to get every child where they need to be.

"It's very physical and can be mentally and emotionally challenging sometimes trying to meet all the needs of the children in care," said Morgan.

She's been in early childhood education for 15 years. She loves connecting

with the children and watching them connect with each other. Right now, she's working with the toddlers at TLC, and they love to sing, dance, tell stories, and are learning to take turns.

Jeannine Inman at Elm Creek Stay and Play Centre is on her 20th year in the field. She said every child is different and has their own set of needs that the ECE has to know and cater to. She can't say how she does it, though, she just knows her children and knows how to help them.

It's important, Inman said, for parents to trust ECE's because they're the ones helping their children grow. Daycare gives them the opportunity to socialize and develop skills they need for elementary school and on.

Penner said daycare isn't just good for the children — it's good for the economy because it allows parents to get back into the workforce and produce good work knowing their children are safe.

"Without us," she said. "Manitoba can't work."

Their jobs aren't all sunshine, either. All three ECE's say the job is mentally exhausting and they can't bring personal problems to their workplace or the children will feed off of the negative energy.

With everything they do, Penner said the toughest part isn't the daily struggles, it's being treated as less than an educator. The more people realize ECE's are educators, the more support they can get from different levels, and the more funding they can receive to have a better chance at fair wages.



STANDARD PHOTOS BY BECCA MYSKIW
Charmee Penner, left, and Anita Morgan are ECEs at TLC Child Care Centre



Jeannine Inman is an ECE at Elm Creek Stay and Play Centre.

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The Carman-Dufferin Standard is published Thursdays and distributed as a free publication through Canada Post to 3,457 homes by BigandColourful Printing and Publishing.

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getheard

EDITORIAL > VIEWPOINTS > LETTERS

letter to the editor

Letters to the Editor:
letters@carmanstandard.ca

Enough is enough

Dear editor,

As I listened to the afternoon message from Brent Roussin I realized how uneducated the man really is. I graduated from Wingham School in 1968 with a grade 8 certificate. I am sure Brent graduated right behind me.

I dug up some facts: 39,000 people died in traffic accidents in Canada in the year 2019. No highways were closed to prevent further occurrences. 21,000 people died of lung cancer alone in Canada in 2019, yet Roussin has not halted the sale of cigarettes.

As I was listening to his nonsense I was watching the 'ticker tape'. The daily averages are dropping. 24,000 Canadians have died. Over 1 million have survived. I realize that COVID-19 is no joke and have been told by health care workers that it is tough to watch anyone die from it.

Is it not tough to watch someone die from suicide, cancer, or a traffic accident? My point is enough is enough. Our forefathers went overseas to fight Communism and many did not return. Today our government is dictating our lives with no facts and we sit here like puppets talking about the latest new "Rules" which make no sense. They are inconsistent beyond words.

I personally spoke with someone at a West Hawk Lake patio restaurant. He was from just over the border in Ontario. He came to Manitoba several times a week for dining and

cheap gas. He thought our government was a joke because he could transport a Manitoba

friend back to Ontario without concern of being stopped because he had an Ontario plate. He did not have to isolate for 14 days before returning to Manitoba.

On our way home we were passed by four vehicles heading westbound: 2 from Ontario, 1 from Quebec and 1 from Manitoba. Yet, Mr. Roussin's rules are that we stay home. I hope he does the same. No visitors and No going out. Your nonsense work can be done from your home, sir.

There are a lot of people wanting to keep out the Americans. Again, Roussin, you did not do your homework. CBC reports that the American percentage rate per capita is lower than Canada's and they have relaxed their restrictions.

People from the most infected province (Ontario) are allowed in and we are not allowed out. We cannot have our American friends drive here yet Canadians are taking cabs and limousines to get around Trudeau's regime and get back to Canada from the U.S. This shows the stupidity of both governments.

If the Prime Minister and his wife only received their vaccines last week, does this not show the stupidity of the leader of a country waiting til now? What kind of example is this? Then they take the vaccine that supposedly causes the most blood clots. How smart is that? As the leader of our country he should have

been the first to be vaccinated. (even Trump knew that).

The Federal and Provincial governments have financially destroyed families and small businesses with their little power trips and inconsistencies.

I wonder if the next thing to be taken away will be our freedom of speech.

Through the local paper you have threatened us with fines for not following these rules. If we don't follow these inconsistent rules and can't afford to pay the fines (due to unemployment) we would all go to jail. Carman has 3 cells. If you think ICU is overfull, I believe you would find jails more so. Peter Nygard might be happy to give up his cell (and many others) to make room for the COVID-19ers.

If you wish to stay at home or go out and wear a mask with precautions, do so. If I want to congregate with a few, let me do so. Mother's Day is coming. A little common sense can go a long way. Then there is the long weekend. This will be the same fiasco as at Christmas when all of the government cronies went on vacation and we were to stay home (which I didn't and am glad I didn't), OR will they be more careful with their Facebook postings?

It is time to take our country back with demonstrations and petitions. If that doesn't work maybe we need a change of government.

As a community we grow tired of this nonsense. Enough is Enough.

- Frank Elias, Carman

Health Canada puts Johnson & Johnson COVID vaccine on hold

By Patricia Barrett

Health Canada announced last Friday it's not yet distributing the 300,000 doses of the one-shot Johnson & Johnson (Janssen) COVID-19 vaccine that arrived in Canada on April 28, citing concerns over unsanitary conditions and other violations at an American

plant that made the vaccine.

Canada's top health agency, which approves the use of drugs and medical devices in Canada, said it has to check the quality, safety and efficacy of the vaccine before Canadians are offered it.

The Emergent BioSolutions plant in

Baltimore, Md., makes both the Johnson & Johnson (also called the Janssen vaccine) and the AstraZeneca COVID vaccines.

The plant was cited by the U.S. Food and Drug Administration for "mul-

Continued on page 7

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Carman Garden Club hosting annual plant sale May 20

By Becca Myskiw

The Carman Garden Club is having their annual plant sale this year — one way or another.

Elizabeth DeWit, club secretary, said they were unable to hold the event last year, so they're bound and determined to do so this year. They're planning for an indoor sale, but if restrictions won't allow that when it happens, they'll move the everything outside.

The garden club's sale will be at the Dufferin agricultural display building on May 20 and is slated to start at 4 p.m., running for two hours. If they have to host the plant sale outside and restrictions require people to wait in a line for a long time, DeWit said they'll run the event as long as they need to to ensure everyone can get their chance.

It'll be just like any other year — tables set up, overflowing with luscious green plants and flowers for people

to buy at a lower-than-nursery price. Some of the plants DeWit said people will be able to find there are Early Heritage Daylilies, the Lily of the Valley, lilies, daisies, fall sunflowers, hostas, ferns, and shasta daisies.

There will also be a lot of "hens and chicks", according to DeWit, because one person donated a whole flower bed for the club to dig up. All plants at their sale come from members' own gardens — when perennials grow too large, you dig, divide, separate, and replant them come spring, and that's exactly what they do for the sale.

"It gives people an opportunity to pick up some perennials at a very very decent price," said DeWit.

The sale won't just have house plants and perennials, though. There will be a variety of vendors there selling garden accessories like steel art, markers, and pots. The Boyne Lodge will also be there with a table of ceramics and blankets. Those who come to the sale



STANDARD PHOTO SUBMITTED

The Carman Garden Club will be hosting their annual plant sale this year on May 20 at the Dufferin agricultural display building.

will also be able to partake in a quilt raffle.

All money made at the sale goes back to the Carman Garden Club. They use it to buy seeds for their junior garden-

er's club, who get their seeds for free, to run their summer flower show, and to pay for the monthly speaker meetings currently going on.

COVID-19 tickets jump 167 per cent week over week

Staff

The third week of April saw no businesses get hit with COVID-19 tickets, but the number of individuals fined for violating public health orders certainly went up.

In its weekly COVID-19 enforcement update on April 27, the Manitoba government reported officers issued a total of 92 warnings and 56 tickets for the week of April 19-25—a jump of 167 per cent from the week before.

That included 39 tickets of \$1,296 to individuals for various offences, 33 of which were in relation to gatherings

in private residences or outdoors.

Another 17 tickets of \$298 were given to people for failing to wear masks in indoor public places, which has been part of the public health orders since last November.

The government notes that enforcement officials investigate all public health order violations they are made aware of, including large gatherings and rallies.

To that end, they were at The Forks in Winnipeg April 25 when hundreds of anti-mask protesters gathered. Twenty \$1,296 tickets have been issued thus

far in connection with the event, and more are expected.

Similarly, enforcement officers were on hand at rallies in Winkler and Winnipeg this weekend and "collected video evidence in support of ticketing for non-compliance with public health orders," the government said in a statement on Monday.

"Officials advise the choice to defy public health orders is a serious offence and violators will be held to account," the province said. "Investigations continue for all events and charges are expected."

Since enforcement efforts began in April 2020, a total of 3,896 warnings and 1,236 tickets have been issued (as of last Tuesday), resulting in more than \$1.7 million in fines to businesses and individuals.

Manitobans can report compliance and enforcement issues by calling 1-866-626-4862 or heading online to www.manitoba.ca/COVID19.

> JOHNSON & JOHNSON, FROM PG. 6

multiple failures" that included unsanitary conditions, unidentified residue and peeling paint on walls and the possible cross-contamination of vaccine substances. Emergent had been forced to dump 15 million doses of the Johnson & Johnson vaccine.

Health Canada released a statement April 25 after the FDA reported the violations at the plant, then released an update on April 30, saying one of the substances in the vaccine had been made at the plant.

"Since issuing our statement, Health Canada has learned that a drug substance produced at the Emergent site was used in the manufacturing of the initial Janssen vaccines received on April 28 and intended for use in Canada," said the statement. "The drug

substance is the active ingredient that undergoes further processing before becoming the final product (i.e., the vaccine).

The final Janssen vaccines were manufactured at a different site located outside of the U.S."

The agency said it's working with Janssen and the FDA to obtain the information it needs to complete an assessment before it can release the vaccine for distribution.

"Health Canada has rigorous processes in place to continually monitor the quality of vaccines that are administered to Canadians," the statement said. "We will continue to ensure that products coming from the Emergent facility, or any other facility, will only be imported and distributed in Cana-

da if they are of high quality and safe for use."

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Poutine Week coming to Carman May 10-16

By Becca Myskiw

Get ready to eat Canada's own creation all week long — poutine.

The Carman and Community Chamber of Commerce is hosting their own Poutine Week from May 10-16 and executive director Jodi Winkler said people can expect to have more options than they did for Burger Week.

Burger Week was held in October and was a huge success for not only the Chamber, but for the six local restaurants involved. Winkler said because of how well that week did, the restaurants decided to do something similar and chose none other than the famous poutine.

Beginning May 10, residents will be able to buy special poutines from Carman restaurants (which have yet to be confirmed) and will then be able to

vote for them until midnight on May 16. To see which restaurants are involved and what their Poutine Week dish will be, follow @carman_c_of_c on Instagram or Carman & Community Chamber of Commerce on Facebook.

On those platforms, the organization will also be promoting the event with the help of the Boyne River Irrigators. That's a group of the five local potato growers who irrigate with water from the Boyne River. Winkler said as potatoes make poutine, it's fitting for them to be the week's sponsor.

The Boyne River Irrigators are made up of Corduroy Plains, Rivertrail Potato Co, McIntosh Ventures, Kehler Farms, & Kroeker Potato Farm who collectively grow more than 6,000 acres of potatoes in the Carman area

each year.

For more Poutine Week and Boyne River Irrigators information, follow the Chamber on social media. The week goes from May 10 to 16 and though it looks similar to that of the Winkler area, Winkler said they've planned the week for a while and meant to do it last month but had to hold off.

"It's great for our local restaurants and we all know they need it right now," she said.

Winkler said the week will be an easy way to support local while staying safe and following restrictions. She encourages everyone to take part in the week and vote for their winner via the Chamber's website.



STANDARD PHOTO SUBMITTED
Carman restaurants are hosting poutine week from May 10-16.

Manitobans encouraged to stay home as much as possible

By Ashleigh Viveiros

Manitoba's third-wave COVID-19 numbers continue on their upward trend.

On Monday, health officials announced 251 new cases of the virus and one new death.

That brings the province's total cases to 39,524 and the active number of cases to 2,593.

The bulk of new cases (184) were in Winnipeg, while the Interlake-Eastern health region added 20, the Northern health region 15, Prairie Mountain 14, and Southern Health-Santé Sud 18 new cases.

Monday's update noted a total of 35,952 Manitobans have recovered from COVID-19 since last spring. The death toll is at 979.

Hospitalizations jumped in recent days to 178 (up from 167 the day be-

fore), as did the number of COVID-19 patients in ICU (from 40 on Sunday to 45 Monday).

The current five-day COVID-19 test positivity rate is eight per cent provincially and 8.7 per cent in Winnipeg.

These rising numbers are alarming, said Dr. Brent Roussin, Manitoba's chief public health officer.

"There have been more than 800 cases reported over the weekend and including today," he said at a briefing in Winnipeg on Monday. "If we look at March compared to April there's 110 per cent increase in cases."

Manitoba is now seeing case numbers higher than we did in October shortly before the entire province went into lockdown.

"Just comparing April, we saw 4,800 cases ... compared to 4,100 cases in October of 2020," Roussin said. "This

is why we put stronger public health orders in last week and this is why we're asking Manitobans to stay home."

The latest public health orders prohibit indoor and outdoor private gatherings entirely and limit gatherings on outdoor public property to 10 people.

"We certainly recognize that people are tired of this pandemic, tired of these public health or-

ders, tired of hearing about the fundamentals," Roussin said. "But if we look to February and March of this year we can see that these measures work. We brought our case numbers down, we reduced the strain on our health-care system. But once again we're seeing these numbers climbing, and these numbers only climb because we're increasing the amount of contacts we have, we're increasing interactions."

"We need to reduce the number of contacts we have, and the best way to do that is to stay home as much as possible."

Meanwhile, vaccine eligibility has been expanded.

In addition to Manitobans age 50 years or older, as of Monday any Indigenous person aged 18 and older can book an appointment at a vaccination super site.

Also eligible are people who are pregnant, clients of Community Living disABILITY Services, work in any health care setting (including outpatient settings), frontline police officers

or firefighters, and adults living or working in certain high-risk communities (which at press time included several Winnipeg neighbourhoods and northern Manitoba).

Eligibility for the AstraZeneca/Covishield vaccine has been expanded to include people aged 30-39 with certain health conditions. This vaccine is also open to anyone age 40 and over.

The detailed list of eligibility criteria—which has been changing pretty quickly of late—can be found online at manitoba.ca/covid19/vaccine/eligibility-criteria.html.

Eligible individuals can book their appointment at a super site online at protectmb.ca or by calling (toll-free) 1-844-626-8222. Appointments for the AstraZeneca/Covishield vaccine can be made at your local pharmacy or medical clinic.

As of Monday, 495,482 doses of vaccine had been administered, representing 38.7 per cent of Manitobans age 18+

PUBLIC NOTICE

Notice of dust control program

Homeowners along gravel provincial roads and main market roads in unorganized territories may apply to have dust control applied in front of their homesites at a cost of \$200 for a single application.

The formal application is available from your local Manitoba Infrastructure office. The deadline for these applications will be **no later than May 28, 2021**.

For more information, please contact one of the following Infrastructure offices:

Steinbach	204-346-6266	Dauphin	204-622-2061
Swan River	204-734-3413	Portage la Prairie	204-239-3292
Brandon	204-726-6800	Thompson	204-677-6540
Boissevain	204-534-2030	The Pas	204-627-8272



Our area, by the numbers

Southern Health-Santé Sud started the work week with 138 active cases of COVID-19, 5,021 recoveries, and 148 deaths. There were 31 total hospitalizations due to the virus, including six in ICU.

In the Pembina Valley, Winkler was leading the way in active cas-

es with 26, followed by Morden at 11, Red River South with nine, and then MacDonald (6), the Altona area (5), Morris (4), Carman (2), Stanley (2), and the Roland/Thompson, Lorne/Louise/Pembina and Grey areas with one each.

Where are they now? Catching up with Todd Kennedy

By Dennis Young

This feature will attempt to renew some acquaintances with those who called Carman and area home at one time or another. I have randomly selected people to answer questions of their past and present so the readers can be brought up to speed on their lives.

Q. Firstly let's get familiar with you again. When did you live in Carman?

My family moved to town in 1984 when my Dad was transferred there. He passed away in 1989 and my Mom just passed away in January, 2021. I lived in Carman from 1984-1995 but I still call Carman home.

Q. Did you attend school here or move here for career?

I attended grades 10-12 and graduated in 1987.

Q. What did you do for summer jobs as a student here?

Summer job was custodian at the Elementary school with Gus and Bill. Then some time at the golf course. Both great memories.

Q. What did your family do for a living here?

My Dad Bob was with the RCMP and Mom Katherine worked at the Boyne Lodge as a Nurse's aide.

Q. What activities did you participate in as a student?

Mainly sports with my buddies...hockey, baseball, track and badminton. I loved small town Canada where you can be involved in a lot of activities.

Q. Did you meet your spouse here?

No I met my future and current bride Andrea while attending St. Cloud State in Minnesota.



STANDARD PHOTO SUBMITTED

Todd and Andrea Kennedy with their sons Jack and Beau.

Q. Did you raise any children? Names, where and doing what?

Yes, we have Jack (21) who attends school and plays hockey for the U of Nevada in Las Vegas and Beau (18) who played for the Waywayseecappo hockey team in the MJHL, just as Jack did. Beau plans on playing for Wayway again next season.

Q. What got you to leave Carman and where?

I left in 1988 for college down south. Got my degree and became a PE teacher/administrator/coach at Bloomington Kennedy High School for 26 years. Still working and loving it!!

Q. Did you move around lots in career or life?

No I have been in Prior Lake, Mn for 24 years. My wife is a yoga instructor here.

Q. What passes your leisure time now?

Hobbies?

Leisure time is watching our boys play hockey, staying active and healthy while listening to the Tragically Hip!!

Q. Do you ever return to Carman?

We get to Carman at least once or twice a year but every summer for sure. We really missed heading there last summer with current border closures.

Q. What are some of your fondest memories of your Carman days?

Fondest memories--wow--a lot of them. Such a great town to grow up in with great friends, who I'm still close, with like Darrell (Beans) Ens and Craig (Vinny) Johnston. I had amazing teachers and coaches such as Ernie Sutherland and Wayne Johnston. Playing ball every summer and winning a championship with our Cougar team and getting the league trophy presented from Dennis Young lol! I spent lots of time at the Carman pool, rink, Syls, and the golf course!

Q. Any last words you wish to send to our readers?

So thankful for my time in Carman and would love to retire there in a few (well more than a few) years. Until then take care!

If you wish to reach this former Carmanite please send an email to denjohnyoung@gmail.com and Dennis will forward it to them for further contact.

Applications now open for 2021 RBC \$10,000 Emerging Filmmaker Pitch Competition

Submitted by Aaron Zeghers, GFF

RBC and Gimli Film Festival (GFF) have launched the 10th Annual RBC \$10,000 Emerging Filmmaker Pitch Competition, which will take place at GFF on Saturday, July 24, 2021. This year marks an important milestone for the competition, bringing the total, ten-year cash investment in emerging filmmakers to \$100,000.

"For nine years, the RBC Emerging Filmmaker Competition at Gimli Film Festival has served as a springboard for aspiring filmmakers, providing access to resources, funding and networks to help bring their creative visions to life and advance their careers," said Aaron Martyniuk, Vice President Commercial Financial Services, RBC. "We're thrilled to celebrate an incredible ten years of this competition in 2021, and we remain unwavering in our commitment to maintain this critical support to artists as we move towards re-emergence from the pandemic."

The competition, which is supported by On Screen Manitoba, William F. White International Inc., and the National Screen Institute - Canada, sees five emerging filmmakers pitch their short film concepts to a jury of industry professionals in front of a live audience.

The filmmaker with the winning pitch will receive \$10,000 to make their film courtesy of RBC, a \$5,000 William F. White Equipment Rental Grant Certificate, a story-editing and directing mentorship from the National Screen Institute,

and a premiere screening of their film at the 2022 Gimli Film Festival. All five finalists will receive a one-year membership to On Screen Manitoba and passes to All Access, On Screen Manitoba's annual industry forum. Joanne Roberts, last year's recipient, will premiere her winning film, Anak, at the festival on Saturday, July 24.

"Gimli Film Festival has increasingly seen how important it is for us — as a charity — to leverage and distribute film production funding directly to filmmakers. Over the past year, artists have been hurting from reduced revenues, and filmmakers have faced increased costs and hurdles going into production," said Aaron Zeghers, Festival Director, Gimli Film Festival. "The RBC \$10,000 Emerging Filmmaker Pitch Competition is one important piece in the mosaic of opportunities that maintains Manitoba's reputation as a hotbed of emerging filmmaker activity."

To celebrate \$100,000 invested and 10 years of the competition, Gimli Film Festival will be hosting the RBC \$10,000 Emerging Filmmaker Pitch Competition 10-Year Retrospective Screening, which will present all of the winning films.

GFF is accepting applications to the competition until June 4, 2021. Filmmakers may learn more by visiting the GFF website and reading the Call for Applications.

PUBLIC NOTICE

Pesticide Control Program

Public notice is hereby given that Manitoba Housing intends to conduct the following pesticide-control programs in and around their housing units in Manitoba during 2021.

1. To control rodents from January 1, 2021 to December 31, 2021 using the following pesticides:

• Brodifacoum	• Diphacinone
• Chlorophacinone	• Sulfur
• Difethialone	• Zinc Phosphide
2. To control insects from January 1, 2021 to December 31, 2021 using the following insecticides:

• Abamectin	• Lambda Cyhalothrin
• Beauveria Bassiana	• Methoprene
• Strain GHA	• N-Octyl Bicycloheptene Dicarboximide
• Beta-Cyfluthrin	• Permethrin
• Boracic Acid	• Piperonyl Butoxide
• Borax	• Propetamphos
• Cyfluthrin	• Propoxur
• Dichlorvos	• Pyrethrins
• Dinotefuran	• Silica Aerogel
• D-Phenothrin	• Silicon Dioxide
• D-Trans Allethrin	• Tetramethrin
• Hydramethylnon	
• Imidacloprid	

The public may send written submissions or objections (within 15 days of the publication of the notice) to the department below:

Manitoba Conservation and Climate
Environmental Approvals Branch
Pesticides Program
1007 Century Street
Winnipeg, Manitoba R3H 0W4



StatCan urges Canadians to fill our 2021 census online

By Ashleigh Viveiros

If you haven't received it already, chances are you'll be getting a reminder in the mail for the 2021 Canadian Census this week.

Statistic Canada's Sri Kanagarajah says every household in the nation will receive a letter with a link and an access code to fill out the census online, as well as information on alternative ways to complete it. The survey went live on Monday.

They expect most people will do it online—over 68 per cent of Canadians opted for that route in 2016.

"That was much higher than the previous census," Kanagarajah observed, "and this time around we're hoping for an 80 per cent response rate online."

Given the pandemic, StatCan hopes not to have to send many enumerators door-to-door to remind people to complete the census.

"If we do go door-to-door, we will ensure social distancing as required," Kanagarajah said, explaining staff will wear masks and will not enter households. "We'll knock on the door and step back and talk to respondents, if we need to."

But they'd much rather not have to send them at all, he stressed, urging Canadians to get the surveys back in as soon as possible. Households who fail to do so will first get a phone call and then, if absolutely necessary, a

visit from an enumerator sometime in late May or June.

Filling out the census is mandatory under the Statistics Act. Not doing it could land you a fine of up to \$500.

Fines aside, though, it looks like most Canadians are well aware of how important it is to do their civic duty, the majority doing so without much in the way of prodding.

"[In 2016] we had nine out of 10 households complete the questionnaire without any help from an enumerator," Kanagarajah said. The 2016 census had an overall response rate of 98.3 per cent.

The census—which includes the 2021 Census of Population and the 2021 Census of Agriculture—helps paint a portrait of our nation as it stands today, Kanagarajah said.

The population data is used by governments of all levels to determine things like transfer payments for health and social programs and support for infrastructure projects like roads and new schools.

"In order to have evidence-based decisionmaking you need to have data," said Kanagarajah.

For example, in recent months that information has allowed governments to better assess COVID-19 vaccine rollout programs across the country, including figuring out where vaccine shipments are needed most based on population data.

Mardi Gras Queen for a Day



STANDARD PHOTO CREDIT THE DUFFERIN LEADER

Nola Smith (centre), daughter of Mr. and Mrs. John Smith, was crowned Queen at the Mardi Gras Saturday March of 1964. On her left are princesses Janet Malcolmson, Joan Clearwater and on her right are princesses Sandra Mogk and Kathleen Thomson.

The census also collects information on the demographic, social, and economic situations of Canadians and how that may have changed since previous census years.

The majority of Canadians—75 per cent—will receive a short-form questionnaire to fill out. It collects basic information on your age, marital status, and language.

A quarter of households will get the long-form census, which goes deeper into your social and economic situa-

tion.

"This is a wealth of information ... there's no other data source that can give you all these details," Kanagarajah said, noting the data is used not just by governments but also community groups, urban planners, and businesses for decisions that can have a real impact on people's lives.

You can learn more about the 2021 Census online at census.gc.ca.

Manitoba partners with North Dakota to get truckers vaccinated

By Lorne Stelmach

Government and industry officials have heralded a partnership that will allow Canadian truckers to get COVID-19 vaccinations across the border in North Dakota.

North Dakota Governor Doug Burgum and Manitoba Premier Brian Pallister welcomed the Essential Worker Cross-Border Vaccination Initiative as an opportunity to support the integrated economies by co-operating on the vaccination of individuals who work in both jurisdictions.

The Manitoba Trucking Association (MTA) and its members identify and co-ordinate with eligible individuals and work with North Dakota to schedule vaccination appointments for truck drivers during their routine trips to the U.S. over the next six to eight weeks.

The North Dakota Department of Transportation's rest area near Drayton will initially serve as the vaccina-

tion site, which will also be open to North Dakotans ages 16 and older to get vaccinated. Vaccinations will take place from noon to 8 p.m. on Wednesdays, Thursdays, and Fridays.

The state and province are establishing a joint-operations group to manage the initiative. The North Dakota Department of Health will provide nurses and other staff to administer the first and second doses of the vaccine to provide full immunization of truckers. There is no cost to the state or province as the U.S. government supplies the vaccine and reimburses the costs to administer.

Officials are estimating roughly 2,000 to 4,000 Manitoba drivers could participate.

"When it comes to the COVID vaccine, the most important question is not where can one get it but when can one get it?" noted Bernie Driedger, president of Portage Transport in welcoming the initiative.

"To see Manitoba and North Dakota coming together to creatively collaborate on a vaccination strategy that will expedite the vaccination of Manitoba truck drivers working to or through North Dakota is excellent news. This move protects these important essential workers and their families, while also freeing up vaccination spots back in Manitoba. A genuine win/win."

The shared goal of this initiative is to create a model of continental co-operation as the governments aim to safely reopen the shared border. Officials noted Manitoba and North Dakota will consider further joint initiatives to vaccinate other essential workers and Manitobans.

"As Manitoba faces the third wave of the pandemic and the significant challenges associated with variants of concern, our number one limiting factor in protecting Manitobans is the availability of COVID-19 vaccines," Pallister said.

But not everyone is so excited at the prospect of heading south for vaccination.

"I'm not sure of the logistics, but it would require an extra trip for myself," said Jon Martens, a Winkler trucker.

It seems like a good idea in theory, but there are issues with it, he suggested, noting that his driving takes him across the border regularly but usually not to the rest area on Interstate 29.

As well, Martens noted it is his understanding that an extra trip such as this without transporting product is not allowed under existing restrictions.

"So right now, I would have to take a day off work along with taking a trip that's not allowed, and that's on top of the fact that I'm in the percentage of people that doesn't quite trust the vaccine yet, although I could be convinced by my family," he said.

Pandemic is taking its toll on our mental health

By Lorne Stelmach

Our health and well-being can be directly related to our ability to be connected, so the pandemic then has taken a toll on us in many ways.

That was the focus on April 28 as the City of Mor-den and Southern Health-Santé Sud virtually hosted the 22nd annual Healthy Communities Conference.

The daylong conference with the theme of Wired for Connection: The Pathway to Resilience also served as a kickoff to Mental Health Week, and the keynote speakers touched on not only the dangers of our isolation right now but how we can respond to it.

"This is a time of incredible stress and distress that creates pain ... none of us are on our best game," said Carolyn Klassen, a therapist at Conexus Counselling in Winnipeg.

"This is hard; it's hard on top of hard," she said. "Who am I when I can't do the things that I know are meaningful, when I cannot be with the people I need ... so we're feeling lost.

"We still need to acknowledge that it's not the way that we want it to be. It's supposed to be distressing. It's a normal reaction by a normal person to an abnormal situation because we're human."

Klassen recounted the experiences of her uncle Arvid Loewen, who set a record for cycling across Canada in just over 13 days and later for cycling the most kilometres in 30 days.

The beginning third of such a journey is exciting, but then it is "in the middle third where it gets really hard ... he would say his mental strength gives out far before his physical strength."

We are all in that kind of hard time right now amidst the third wave of COVID-19.

"That is hard that we can do nothing about, but the hard that we can do something about is the choice that we have to respond to it," said Klassen.

"The impact on our health is very real. As we're stopping the spread of the virus, we're also stopping something that is essential to our health and well-being," she said. "So it is essential to figure out how to deal with that very normal distress that we're feeling and to figure out what we can do to deal with those effects ... to work towards healing."

Klassen went on to cite the importance of self compassion and suggested there were three com-



Path for Life CEO and founder Jeanette Bronée



SCREENSHOT

Healthy Communities conference speaker Jeanette Bronée urged participants to not forget the importance of self-care.

ponents to it, starting with self kindness.

"The challenge for me is to really talk to myself the way other people talk to me when I am struggling."

The second factor she described as having the mindfulness "to really be aware of what is going on."

A third key component is to recognize our common humanity.

"Maybe it's not so weird that I find this hard," she said. "Common humanity lets us share our suffering with other people."

Take time for yourself

The second keynote speaker also addressed mindfulness and cited the idea of power pausing—taking a time out to try to get to what it is that you really need at any given moment.

"We have become so disconnected from ourselves," said Jeanette Bronée, CEO and founder of Path for Life.

As part of her presentation, entitled Rethinking Self-Care to Foster Connection and Build Resilience from the Inside Out, she challenged people to think about and finish the following sentence: "What do I need right now so I can ..." as part of focusing on some self talk and thinking about the way that we

ask ourselves questions.

"The self care mindset is self communication, self awareness, self responsibility and self expression," said Bronée.

"This has been very, very isolating," she continued. "It's that self connection that helps you take better care of you so that you can be there for each other."

She also touted what she described as her AAA approach: acknowledge how you feel, accept the circumstances for what they are, and ask what you need.

"So often we lose our resilience and we lose the connection with other people because we wish things were different, and we waste our time, precious time," said Bronée. "Our unconscious minds will help us find the answers."

Other presentations at the virtual conference included sessions on grieving and loneliness by Mike Goldberg of Palliative Care Manitoba, a focus on immigration and the added impact of COVID-19 by Heather Robertson of Aurora Family Therapy Centre, and a focus on life transitions and the added impact of COVID-19 by Dr. Maxine Holmgvist and Dr. Amanda Lints-Martindale, who are both associate professors in the department of clinical health psychology at the University of Manitoba.

Vaccinated care home staff now able to work at other sites

Staff

Personal care home staff who have been vaccinated against COVID-19 are now able to work once again at multiple locations.

Staff in long-term care facilities have been required to work at a single care home, with limited exceptions, since last May in a bid to slow the spread of COVID-19.

Now, with the new public health order that went into effect last week, vaccinated workers are allowed to work at more than one facility once again two weeks after their first dose.

A second dose is required within 16 weeks.

"Personal care home staff on the front line provide an absolutely invaluable service to our Manitoba seniors and personal care home residents who have been hardest hit by COVID-19," said Health and Seniors Care Minister Heather Stefanson in announcing the change. "Our government has fast tracked vaccinating both personal care home residents and staff, and this new public health order recognizes that work and improves staffing flexibility for personal

care homes and to allow care providers to schedule additional shifts."

Non-vaccinated staff are still required to work at only one facility.

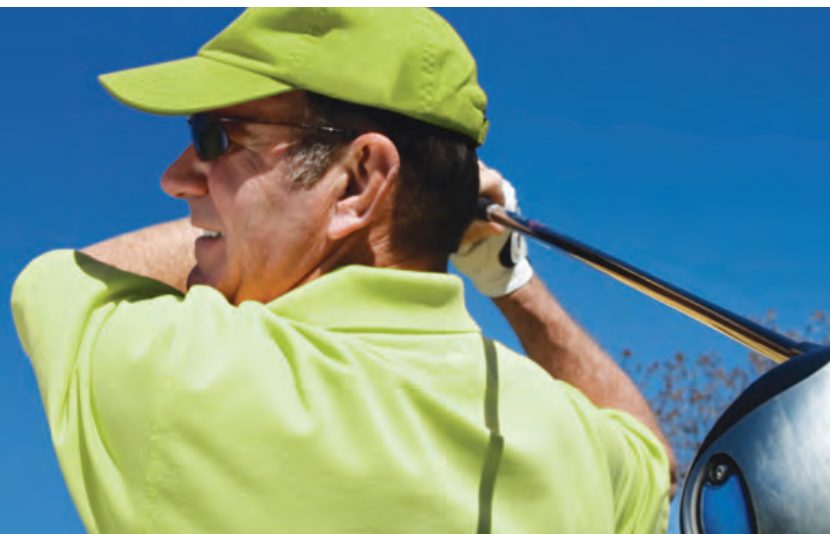
"Across Canada, a significant proportion of reported COVID-19 deaths have affected residents of long-term care facilities," said Stefanson. "We are continuing this order to protect our most at-risk Manitobans and ensure employees working in personal care homes can provide care safely."

COVID-19 vaccines have been shown to reduce the risk of contracting and spreading COVID-19, as well

as to reduce severe illness. As the majority of personal care home residents have also received the vaccine, having vaccinated staff move between sites will have less risk for residents, said Stefanson.

The new order will be in effect until lifted by the chief provincial public health officer, a decision that will be based on a number of different factors including case numbers, test positivity rates, and the ongoing risk of COVID-19, the province has said.

SWING into GOLF season!



The Kyle Memorial Golf Course is located 15 kilometers from the Canada/ United States border in Dominion City, Manitoba. The original course was created by the late Garnet Kyle. It originally started out as a 3 hole course and has transformed over the past 20 years to what is now a 9 hole, challenging par 33 course, including water hazards on 3 of the holes. The course is open to the public, and anybody aged 17 and under can golf for free. There is a licensed Club House which provides snacks and food as well. The course and club house are available for 1/2 day or full day private rentals, and or tournaments. For more information on rentals, please call or email the Golf Course.



The Carman Golf and Curling Club (CGCC) is located in Carman, Manitoba. The club was originally established on May 12, 1924 as a five hole club. In the spring of 1930 land was purchased and nine holes were opened on the "old side". On August 28, 1953 the first tournament was held. The course began production on the "new 11 holes" in 1982 and opened the 18 Hole Golf Course in the spring of 1984. On August 17, 1990 the new clubhouse officially opened and is enjoyed today! Carman Golf and Curling Club is known as a select destination for golf in the summer and curling in the winter months. Formerly two clubs, the CGCC amalgamated its executive and combined all operations to be a year round facility managed by a general manager and offering something for everyone. CGCC features a beautiful restaurant with an attached patio, a 200 capacity banquet facility, a five sheet curling arena, and an 18 hole golf course. Both the golf course and curling club have been recognized as top-notch clubs hosting many prestigious provincial and local events.



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kylememorialgc@gmail.com



Our 18 Hole Golf Course has been designed to appeal to golfers of all abilities, combining relatively gentle holes with more demanding challenges. Whether you are a member, or visiting the course for the day, you will find a warm and friendly welcome at our Club.



www.carman golf and curling club.com
4 Ave SW, Carman, MB • (204) 745-2366

SWING into GOLF season!



Scotswood Links is looking forward to another busy golf year. An 18-hole course, with two large patios, one overlooking the course and the other underneath cover, Scotswood is a great place to come enjoy some golf, food, and drinks with friends this summer. Come try out golf and enjoy the great outdoors!

Scotswood features an 18-hole golf course and a new 9,000 square foot clubhouse. The clubhouse features an upper-level lounge/patio and a 3,000 square foot private banquet room. Before COVID, we had started hosting numerous weddings with great success. We are looking forward to getting back into weddings as soon as we are able!

This beautiful golf course is located in Southern Manitoba, about a half-hour drive West of Winnipeg. It's country setting, quiet and relaxing atmosphere, and charming hospitality make it a top-notch golf destination. Book tee times and order food and drinks at our website.



Book online and order take out at scotswoodlinks.com

P: 204-436-2600
24084 Highway 2, Elm Creek MB



Looking for a fantastic course to play a game of golf? Well Pleasant Valley Golf Course is just the place for you! Situated in the Pembina River Valley at the south end of Pelican Lake about 100 kilometers southeast of Brandon. This course hosts large, undulating greens; which incorporates changing elevations; fully manicured fairways; and picturesque vistas. Its 18 hole championship course runs a length of 5875 yards from the Men's tees, with four par-three, 11 par-four and three par-five holes for an overall par of 71.

Since becoming owners, the Berry family (from Cypress River/Glenboro) have made renovations to the clubhouse and added a front outdoor patio area. We placed new tee box markers and yardage markers throughout the course. We have added new limestone on our cart paths. Each year, there are tweaks and continual fine tuning of the golf course. We welcome corporate events and large family outings.

There is no other golf course in the area quite like Pleasant Valley and our catch phrase is 'Nothing Quite Like It!'

Check out our upcoming events at www.pleasantvalleygolfclub.ca



Come join the fun & experience golf at the Pleasant Valley Golf Course nestled in the scenic Pembina Valley at the south end of Pelican Lake

This 18-hole Championship golf course offers elevations rising up 125ft and large undulating greens. Tree lined fairways and meandering creek make your game fun for all skill levels. An outdoor patio offers a scenic view after a round of golf. "Nothing Quite Like It!"



• Licensed Clubhouse and Restaurant
• 9 Hole Putting Green
• Golf Cart Rentals and Clubs

www.pleasantvalleygolfclub.ca
Check us out on Facebook
204-537-2487





COMMUNITY NEWS



Tea time or teeing off?



STANDARD PHOTO BY DENNIS YOUNG

Brooklyn Hetherington, 9, and Tayla Easter, 10, spent their Saturday hustling golf balls and ice tea to golfers on their way to the back 9 at the Carman golf course.

Cookin' for a Cause



STANDARD PHOTOS BY LORNE STELMACH

Supporters of the Pembina Valley Pregnancy Care Centre came out in droves on April 28 to the agency's Cookin' for a Cause fundraiser. Instead of a sit-down meal, ticket holders picked up their dinner drive-thru style in Morden. Volunteers served over 425 meals and raised about \$13,000 for the agency. "Community interest was off the charts. We did not expect to have that many orders," said PVPCC executive director Linda Marek, who sends out thanks to everyone who made the event such a success.



Manitoba hog farmers making a meaningful impact in our communities

While the objective of the hog sector is to provide a high-quality, affordable protein to the world, hog farmers are passionate about supporting the well-being of the communities where they live and work. This is why every year, Manitoba Pork donates more than two tonnes of pork products to those in need. This includes organizations across the province like Samaritan House in Brandon, Ste. Anne Foodbank, Southeast Helping Hands, Agape Table in Winnipeg, Siloam Mission, Salvation Army, and the Christmas Cheer Board.

Ahead of the Easter weekend, Manitoba Pork partnered with H@ms Marketing Services Co-op to donate \$10,000 worth of pork products and financial support to Harvest Manitoba.

Food security is important to everyone, particularly during the COVID-19 pandemic, and hog farmers work hard to supply a healthy and affordable protein. Hog farmers are important and significant contributors to the communities they live in.

To learn more, visit manitobapork.com/community

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Fire destroys Roland home

Staff

Firefighters from the Roland and Carman-Dufferin departments were called to a house fire in Roland Friday afternoon.

The house was fully engulfed when firefighters arrived and was ultimately a total loss, though firefighters were

able to stop the blaze from spreading to neighbouring homes despite high winds.

The family was able to make it out with no injuries. The cause of the fire has yet to be determined.



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Federal government in negotiations with third party to implement vaccine injury support program

By Patricia Barrett

The federal government is currently in negotiations with a third party to implement a national vaccine injury support program (VISP), which could be similar to the program offered by Quebec.

The federal Liberals announced in December 2020 they would create a program to provide support to Canadians who suffer an injury after receiving a vaccine, including vaccines for COVID-19.

In February the government launched an open solicitation process to seek a third party to implement the program.

"The Public Health Agency of Canada is presently negotiating a funding arrangement with a third party to implement the program," said André Gagnon, media relations advisor for Health Canada and the Public Health Agency of Canada, last week by email. "It is anticipated that information on when the third party will begin to accept applications for support will be available later this spring."

The name of the third party wasn't provided.

Gagnon said the program will be modelled to some extent on the vaccine injury program Quebec has had in place for 34 years. The Quebec government's Vaccine Injury Compensation Program was created in 1987 (claims accepted in 1988) after the Supreme Court of Canada awarded compensation to a child who developed viral encephalitis (inflammation of the brain) a few days after receiving an inoculation for measles in 1985.

Quebec is the only Canadian jurisdiction to provide such a program.

Any victim of bodily injury caused by a voluntary or compulsory vaccination that was administered in Quebec will be compensated by Quebec's Health and Social Services ministry. There are currently 32 diseases/infections listed on the government's webpage, from anthrax, chickenpox and coronaviruses to Lyme disease, rabies and shingles.

Between 1988 and April 1, 2020, 284 claims were submitted to Quebec's support program. Of the total claims, 53 were accepted. The total amount of compensation paid out was over \$6.5 million.

A 54-year-old Quebec woman died last month after developing a blood clot days after she received the AstraZeneca vaccine. Two other Quebecers also developed blood clots as did a man in Alberta. All were linked to the vaccine.

Presumably, all vaccines authorized by Health Canada will be covered under the national VISP. But Gagnon did not say whether those approved under interim orders – of which the COVID vaccines are – will be included under that coverage.

"The VISP will cover all Health Canada-authorized vaccines administered in Canada," he said. "It will ensure that all people in Canada who experience a serious and permanent injury after receiving a Health Canada-authorized vaccine have access to financial support."

Canadians who receive vaccines outside of Canada may not be eligible, according to that response.

Manitoba Premier Brian Pallister struck a deal with North Dakota last month to vaccinate Canadian truckers and also said last week that school teachers can drive across the border to get a COVID vaccine, although North Dakota said there was no deal for that in place.

As the federal government's VISP is not yet accepting claim applications, it's unknown how many Canadians may have claims against COVID-19 vaccines, particularly the AstraZeneca vaccine.

Gagnon did not say what the eligibility criteria for the program will be or what kind of support will be offered.

"As the Public Health Agency of Canada is presently negotiating a funding arrangement with a third party to implement the program, no further details are available at this time."



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Construction continues for Viterra's newest terminal

By Jennifer McFee

Work is underway for Viterra's new high throughput grain terminal in Rosser.

Communications manager Peter Flengeris said they continue to make progress with the project. They completed pouring the concrete last week, marking a milestone moment for the construction of the modern grain elevator.

"Viterra's new high throughput grain terminal at Rosser will be a state-of-the-art facility, with a storage capacity of 34,000 metric tonnes and the ability to load up to 134 railcars through a loop track," he said. "It will have the capability of unloading 10 Super B trucks per hour."

The company is Canada's grain industry leader, supported by the expertise of its people, a superior network of assets and unrivalled connections to world markets, he added.

"Headquartered in Regina, Sask., our commitment to agriculture goes back over 100 years, partnering with farmers to market and move their crops to areas of need around the world. Our continued focus on operational excellence throughout North America allows us to efficiently han-

dle, process, distribute and transport grains and oilseeds," Flengeris said.

"We provide further value to our partners through a wide variety of contracting and risk management tools to help them realize the full potential of their crops."

Viterra also has a long history in his part of Manitoba, he noted.

"We're pleased to be renewing our commitment to farm customers in the Rosser and surrounding area through this significant investment," Flengeris said.

"Through our commitment to operational excellence, we continuously evaluate our asset network to ensure we're aligned with our business environment. By revitalizing our presence in this area through a modern state-of-the-art facility, we will provide customers with convenient access to the superior service, marketing opportunities and advice that makes us an industry leader."

The facility will also bring employment opportunities to the area.

"Although we haven't finalized the exact number there will be jobs created as a result of this new facility," Flengeris said.

"We're looking forward to having the facility operational the end of this year."

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Viterra completed pouring concrete last week for its modern grain elevator.



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5 last-minute Mother's Day gifts

Mother's Day is coming up fast. Do you have a present for your mom yet? If not, here are five last-minute gift ideas guaranteed to put a smile on her face.

- 1. Coffee or tea.** Stick to what she loves or introduce her to a few new flavours.
- 2. Beauty products.** Let your mom know she deserves to be pampered from head to toe. There's something for every mother, from nail polish and makeup to bubble bath and scented body lotions.
- 3. Sweets.** Candies and chocolates are classic Mother's Day gifts, just be sure to choose what she enjoys.

4. A subscription. Spoil your mom all year long with a subscription to a magazine, a streaming service or a monthly box from her favourite brand.

5. A book. If you know which genres and authors she likes, the staff at a local bookstore can help you find a great read. Complete the gift with a personalized bookmark.

No matter what you give your mom for Mother's Day, be sure to include a card with a heartfelt message. It's a token she's likely to treasure for years to come.

The perfect present for every mom



Are you looking for a Mother's Day present? If so, here are some gift ideas for different types of moms.

THE ORGANIZED MOM

A woman who's always taking notes and making lists is sure to appreciate a stylish notebook or agenda. Or, if she's always digging through her purse to find what she needs, a handbag organizer with plenty of pockets will make her life easier.

THE STAY-AT-HOME MOM

Stay-at-home mothers often neglect to make time for themselves. If your mom or kids' mom is always on the go, give her the ultimate break from her routine with a day at the spa. Alternatively, you can bring the indulgence to her with a monthly box subscription. She can have tea, makeup, books or even beer delivered right to her front door.

THE ECO-FRIENDLY MOM

To please this mom, give her something that will make a positive impact on the environment. Sustainable goods like reusable produce bags, beeswax food wraps, metal straws and reusable paper towels are a good idea. She's also likely to appreciate all-natural versions of everyday products like soaps and cosmetics.

THE GLOBE-TROTTER MOM

If your mom regularly travels, give her a gift that'll make her next voyage easier such as wireless headphones or a new carry-on bag. Alternatively, a scratch-off world map will remind her of past adventures and spark her inspiration for her next big trip.

Remember, expectant moms deserve to be spoiled too. If she's struggling with the aches and pains of pregnancy, a prenatal massage is an excellent gift. You can also prepare healthy frozen meals so that she has one less thing to worry about when the baby arrives.

To all of the Moms and... the sisters, best friends, old friends, relatives, fairy godmothers, dads who do both jobs, those who wish to be mothers, who lost their mothers, who lost their children. We see you. May each & every one of you get the rest & acknowledgment you deserve.

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The joys of spring

AT HOME

Spring cleaning: get your backyard ready for summer

As the days get longer and warmer, you may find yourself anticipating how to make the most of your outdoor living space. Here's some advice to ensure your backyard is ready for summer.

THE PATIO AND FENCE

Since the patio and fence are prominent features of your outdoor living area, their appearance will set the tone for the space. Sweep away any rocks, leaves and other debris before cleaning the patio and fence with a pressure washer and specialized product. Make sure you choose the right setting so you don't damage the surface. Depending on the material, apply a coat of varnish or paint to freshen up and protect these backyard features.

THE FURNITURE

As you take each piece of furniture out of storage, check to make sure it's in good condition. You may need to wash it to spot rust, stains or other signs of damage. In some cases, you might get another season out of

your furniture by applying a new coat of paint. Additionally, worn cushions can be replaced or repaired by a professional. However, if your patio furniture has seen better days, consider starting off the season with a new setup.

THE BARBECUE

To make sure you're ready for summer cookouts, clean all the stainless-steel surfaces of your barbecue. Be sure to check the condition of the grates and any other components that come in contact with food. Finally, inspect the propane tank and test each burner.

By following these tips, you'll soon be ready to enjoy lazy afternoons and warm evenings outside.



A weekend guide to welcoming spring into your home

Are you ready to shake off the bleakness of winter and embrace the season of new beginnings? Here's a guide to help you welcome spring into your home in just two days.

Saturday

In the morning, focus on cleaning your home from top to bottom. Dust and vacuum each room, and put away thick blankets and other winter decor. Now's also a good opportunity to declutter your home, setting aside items to throw out, recycle or donate.

In the afternoon, get all of your shopping done. Head to a farmers market or garden shop to pick up an assortment of plants and flowers. Additionally, stop by a home decor store to find spring accessories that'll help brighten up your living space.

Sunday

In the morning, transplant your new flowers and greenery into pots you picked out the day before. Take the time to create a variety of arrangements. While you're at it, trim yellow leaves and dead stems from the plants already in your home.

In the afternoon, set about finding spots for your new decorative items. Play around with tones, textures and shapes to best showcase each piece. Consider rearranging some of your furniture or installing lighter curtains to make the space feel airier.

After the weekend's over, you can sit back and enjoy the beauty of spring in your own home.



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The joys of spring AT HOME

5 signs it's time to replace your windows

Do your windows need to be replaced? Here are five signs that indicate it's time for an upgrade.

- 1. There's a noticeable draft.** Even on cold, windy days, you shouldn't feel any air coming in through your windows.
- 2. There's lots of outside noise.** If you can hear each car that drives by and every child playing in the street, your windows probably need to be updated.
- 3. The frames leak or are damaged.** Chipped or soft wood around your win-

dows is an indicator of irreversible water damage.

- 4. They're difficult to open or close.** Windows should be simple to open and close and they should lock easily and securely.

- 5. There's condensation.** Condensation between windowpanes suggests there's a broken seal. If the seal is broken, any gas that provided insulation is gone.

If you notice one or more of these signs it's time to invest in new windows for your home.



4 tips to freshen up your home

A change in season provides the perfect excuse to freshen up your living space. Here are four simple ways to revitalize your home this spring.

1. Make some room

Start by getting rid of anything you don't like or that no longer serves a purpose. Whether it's furniture that

never gets used or decor that you're tired of looking at, removing these pieces will make it easier to rethink the space.

2. Improve organization

Take time to reflect on how you store various belongings. For example, is there a way to make items you use regu-



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larly more accessible? Find storage solutions that enhance both the functionality and esthetics of a room.

3. Update the decor

Consider repainting a few walls, replacing some furnishings or adding new decorative features such as plants, wall art, vases and mirrors. Even simply changing the pictures in your frames can create a sense of newness.

4. Clear the air

Whether you use candles, potpourri or essential oil diffusers, swap out the spiced scents of winter for the fruity and floral aromas of spring. Additionally, don't forget to open the windows on nice days to let fresh air into your home.

To stock up on design accessories and ideas, visit the home decor shops in your area.



Resource management plans—a great guide to land use

Submitted by the Redboine Watershed District

The Redboine Watershed District (RBWD) in partnership with the Pembina Valley Watershed District (PVWD) and the Manitoba Forestry Association (MFA) received funding through the Conservation Trust to complete six Resource Management Plans this spring. A Resource Management Plan (RMP) is an extremely useful tool which can help landowners manage their property's natural habitat. It seeks to maintain, preserve, and/or enhance the natural habitat of the landowner's property. It is divided into areas that have different natural resources and may have different management objectives.

One such plan was completed on 40 acres of escarpment property belonging to Derek and Joy Eidse. This property consists of approximately 37 acres of mixed forest, a three acre meadow, and portions of the Birch Ski Area mountain bike and cross country ski trails. One of the small creeks that are part of the North Tobacco Creek watershed also flows season-

ally through this property. A 700 sq. foot cabin provides the Eidse family a retreat from city life on the weekends.

"We have been thinking about getting a sustainable management plan done for many years," said Derek Eidse. "Our land is used in many different ways, and we wanted some input on how to balance everything."

"We harvest firewood (both for the cabin and our city home), the trails are used for recreational purposes, plenty of birds and wildlife live on or travel through the woods, we harvest berries and forage edibles, and the beauty of the land is important both to us and our renters," he continued.

"The plan will make sure that a healthy balance is maintained, so that this gem of a property can continue to be enjoyed long into the future. The natural environment is very important to us, and we are happy to do our part for this small portion of land that we find ourselves so deeply connected to."

If you or someone you know is interested in learning about the soil types, topography, and woodland or agricul-



STANDARD PHOTO SUBMITTED

RBWD and PVWD have received funding from the Conservation Trust to help local landowners complete Resource Management Plans.

tural capability of your property, or you are looking for some recommendations on how to manage your prop-

erty's resources, please contact your local watershed district.

Province to provide more than \$25 million for youth employment in summer

Valuable support offered to businesses, communities and non-profit organizations

Submitted by Manitoba government

The Manitoba government will provide more than \$25 million that will support more than 8,000 youth employment opportunities this summer through the new Manitoba Youth Jobs Program and existing Green Team grants, Premier Brian Pallister and Municipal Relations Minister Derek Johnson announced Wednesday.

"Our government is working to protect Manitoba's youth from the health and economic impacts of the pandemic, as they have been hit particularly hard and face unemployment rates of nearly double the rest of the population," said Pallister. "Our new wage subsidy program will directly contribute to our government's growth and jobs agenda outlined in Budget 2021 by supporting our businesses and organizations that will be the drivers of Manitoba's economic recovery."

The new \$15-million Manitoba Youth Jobs Program will provide employers a 50 per cent subsidy on wages paid to eligible employees during the program period of May to September 2021, with a maximum of up to \$25,000 per employer. The premier said he anticipates the program will support more than 2,000 Manitoba employers recover from the pandemic and create sustainable long-term, seasonal and short-term employment opportunities for more than 6,000 Manitoba youth.

The Manitoba Youth Jobs Program builds upon and streamlines the Manitoba Summer Student Recovery Jobs and Back to Work This Summer programs, which helped create and sustain more than 6,000 jobs for young Manitobans in 2020. The new program:

- gets money to businesses faster, as employers will be eligible to apply for an advance payment of up to \$750 per eligible employee, up to \$7,500;
- broadens eligibility criteria to include all Manitoba youth under the age of 30;
- allows employers to claim employees hired as early as April 1, 2021;
- aligns the program's eligible wage subsidy period to the employer's own pay schedule to cover full pay periods

between May 1 and Sept. 5; and

- provides a 50 per cent wage subsidy on all regular, overtime and statutory wages earned during the 18-week period as opposed to a flat per-hour wage subsidy.

The province is also investing more than \$10 million in Green Team grant programs to help an estimated 2,000 young Manitobans find summer employment and gain valuable work experience. This includes nearly \$9 million for the Urban and Hometown Green Team Program and more than \$1 million for the Manitoba Parks Green Team.

"These have been challenging times and now more than ever, we need to support local projects and give our youth the work experience they need to take advantage of future career opportunities," said Johnson. "We also recognize the critical role of Manitoba's community-based organizations as they help shape sustainable and thriving neighbourhoods and communities."

Urban and Hometown Green Team grants allow communities to hire youth aged 15 to 29 to work on community projects between May 1 and Sept. 30. Non-profit organizations in Winnipeg and rural Manitoba are eligible to receive 100 per cent of wage

costs and \$250 per position for support costs, while eligible municipal governments in rural Manitoba receive 50 per cent of wage costs and \$125 per position for support costs, on a cost-shared basis.

Johnson noted priorities for the 2021 summer season are focused on community-based organizations and municipal governments that can offer full-time employment opportunities for youth, and projects that support COVID-19 response and recovery efforts.

The province is maintaining its 2020 funding level for Green Teams, which had doubled from 2019 to stimulate youth job creation during the pandemic, to meet significant program demand. At the Feb. 15 application intake deadline for the Urban and Hometown Green Team Program, the province had received record funding requests. The province has completed its review of project applications and will begin to notify applicants of funding decisions today.

More information is available online for the Green Team program at www.manitobago.ca and Manitoba Youth Jobs Program at <https://manitoba.ca/covid19/programs/youth-jobs.html>.

Don Orchard honoured for his years of service

By Lorne Stelmach

A natural area on the escarpment which is now being renamed in his honour has been connected to Don Orchard's family for a long time.

The former MLA for what was then the Pembina riding grew up in the Deerwood Wildlife Management Area, a portion of which northeast of Miami will now be known as the Don W. Orchard Wildlife Management Area.

The strong connection to the land includes hearing about his grandfather hunting there back in the 1920s. Orchard also remembers hauling grain to the old Deerwood elevator during his own years as a farmer.

The news that he will have his name attached to this beautiful slice of Manitoba made Orchard's day.

"I was surprised and pleasantly pleased with the honour," said Orchard, who now calls B.C. home but still has extended family in the Miami area.

The Manitoba government earlier this month announced it was naming eight Wildlife Management Areas (WMAs) after prominent Manitobans who have been instrumental in enhancing the province's wildlife resources.

An MLA for Pembina from 1977-1995, Orchard served in various cabinet posts in the Sterling Lyon and Gary Filmon governments, including highways, health, energy and mines, and Manitoba Hydro.

Prior to entering public service, he farmed within a few miles of the scenic part of the Pembina Valley that now bears his name.

"It's a tremendous little area. The ravines in there are awesome. It's such varied terrain, and the escarpment is really quite a unique place," said Orchard. "I farmed escarpment all my life. Most of my land was above or on the escarpment west of Miami."

"I had land with ravines on it, and people were wanting to pasture cattle on them, but I never did allow that because these ravines were pretty unique as wildlife habitat," he recalled. "I'm glad I never

did accede to that desire to pasture them ... there's a lot of it that's not pastured, which is really good for wildlife preservation."

"There had been a pretty substantive effort for 30, 35 years in the escarpment to find out how we can preserve the land," Orchard said, noting that he took up zero tilling after his retirement in 1995, and that became part of the reasons they were cited for being named Conservation Farm Family of the year at that time.

He also credited the conservation efforts of many people and organizations over the years, including the Deerwood Soil and Water Management Association.

"They weren't concentrating on wildlife preservation, but everything they did had a wildlife benefit to it," suggested Orchard.

The first WMA in the province was established in southeast Manitoba in 1961. The system has since grown to encompass almost two million hectares of valuable wildlife habitat throughout the province.

Wildlife management areas play an important role in biodiversity conservation and provide for a variety of wildlife-related forms of recreation, including birding and wildlife watching, said Agriculture and Resource Development Minister Blaine Pedersen in announcing the plan to rename several such areas.

"Wildlife management areas exist for the better management, conservation and enhancement of the wildlife resource of the province," he said. "I am honoured to be naming these areas after individuals who have provided life-long dedication to the improvement of Manitoba's wildlife and wildlife habitat."

Other name changes include:

- the Lake Francis WMA will be renamed the Dr. Frank Baldwin WMA;
- a portion of the Little Saskatchewan WMA will become the Roy Greer WMA;
- the Parkland WMA's Horod Unit will become the



STANDARD PHOTO SUBMITTED

Don Orchard, here with wife Jane, is humbled that part of the Deerwood Wildlife Management Area will be renamed in his honour.

Kenneth H. Wark WMA;

- the Frank W. Boyd Unit of Pierson WMA will become its own WMA;
- the Thalberg Bush WMA will be renamed the John T. Williams WMA;
- the Edward A. Poyser Unit of Whitemud WMA will become its own WMA; and
- the Washow Bay WMA will be renamed the David G. Tomasson WMA.

For more information on Wildlife Management Areas in Manitoba, visit www.gov.mb.ca/fish-wildlife/wildlife/wma/index.html.

Garden success is knowing what grows in our habitat

By Katelyn Boulanger

With the frost almost a thing of the past, Prairie Naturals Gardening Group is encouraging anyone who wants to get a green thumb in 2021 to give it a try. This year, they will be continuing to host their monthly gardening meetings digitally, which gives members info about growing native plants.

"Prairie Natural Garden Group is focused on using native plants, for gardening for beauty. Most people want their garden to be beautiful [and to have that] aesthetic, that kind of texture and that inner garden that brings in all the design aspects and [we] also [want elements of] nature conservation. It's not new information that we're situated in grass prairie. I think what a lot of people don't realize is that tallgrass prairie is more endangered than a rain forest. So one of the

reasons why we garden with natives is to create a restored habitat," said Michelle Taylor the founder of Prairie Natural Garden Group.

The group was established in 2019 and now has more than 105 members living from southern Ontario all the way to Alberta and everywhere in between.

Prairie Naturals is focusing on encouraging the growth of native plants in our gardens for two reasons. The first is that the plants have evolved over thousands of years to our environments and the animals in Manitoba have evolved beside them so by planting these plants you give native animals what they need as well. The second reason is because they are adapted to our conditions, they require less input in terms of fertilizers or watering than plants from elsewhere that are adapted for growing

here and use fewer resources to upkeep.

In the next few months, they will be hosting virtual classes about plants that grow in the Brokenhead Wetland, with a focus on wild orchids.

For beginners who want to start incorporating native plants into their gardens, Taylor suggests starting slowly.

"Get to know your style, and light conditions match your plan to that. That seems like a pretty simple thing but when you're planting non-native perennials or even annuals, they're easy to replace and they're sometimes able to be moved around. So [my advice is to start small and] plant once and that's based on [my own] experience having put the plants in areas that they just did not thrive," said Taylor.

She also wanted to highlight Prai-

rie Flora and Prairie Originals as two businesses that provide plants and information for residents looking to start this type of sustainable gardening.

Taylor, of course, also encourages anyone interested to join Prairie Naturals Gardening Group to be part of a community of people that really love native plant gardening.

"We're a growing group, we bring in great speakers and we have we've got a good exchange at our meetings. Whether you've never planted native plants, or whether you're super experienced it's a welcoming community," said Taylor.

Learn more about Prairie Naturals Gardening Group and sign up to become a member at <https://sites.google.com/view/prairienaturalsgardening/about>.

Pandemic makes for an up and down year for CFDC

By Lorne Stelmach

The challenges of the pandemic made the past year an unprecedented one for the Canadian Fossil Discovery Centre.

The signature museum in Morden was impacted by being closed for a third of the year, including terminating its staff and shutting down most of its programming.

Despite that, however, the centre came into the new year in a surprisingly strong financial position, as reported at its online annual meeting last Thursday.

"The situation was really delicate in the spring," executive director Adolfo Cuetara said as part of his report.

"Many drastic measures were taken with the goal of the strength of the financial situation," he noted. "An aggressive campaign to capture federal and provincial grants and such was initiated since the availability of private funds was seriously weakened."

Amidst such unpredictable circumstances, the centre proved to have a degree of resilience, agreed outgoing board chair Chris Leach, who noted the CFDC even still managed to attract close to 8,000 visitors.

"This is remarkable considering the museum was closed for about 18 weeks of the year," said Leach, who will be replaced in the chair role by former vice-chair Gerry Peters.

The museum closed from March to June and then again from November to February. The first shutdown came just five weeks after Cuetara started as executive director, Leach observed,



SCREENSHOTS

At its annual meeting last week, Canadian Fossil Discovery Centre board members discussed their hopes for the future of the museum, including a new standalone facility that could look like this.

and "with a very uncertain financial outlook, most of our pre-pandemic staff had to be laid off and subsequently terminated."

Cuetara, though, "took the opportunity to make changes to the museum during the weeks it was closed," Leach noted. "Five new displays were built or are in process."

"He was able to make adjustments to meet the ever changing pandemic requirements and access pandemic funding grants in excess of \$100,000 ... this has enabled the CFDC to redesign and launch a website and online gift shop, purchase a new truck and acquire a new collections manage-

ment software.

"Adolfo has been able to reduce expenses, which has enabled the museum to be very resilient and thrive in these hard times."

The financial report shows how the centre received a significant boost from additional government support, while 42 per cent of the museum's revenue came from the City of Morden.

Admissions and related revenue dropped by almost 20 per cent, and programming revenue fell by about 90 per cent, while the gift shop intake declined by more than 20 per cent.

Despite those drops, total revenue still increased by seven per cent to \$462,886 over the previous year, and expenses fell by more than 25 per cent to \$342,170, leaving the museum with a historic surplus of \$121,144.

In addition, the CFDC's total assets grew by more than 140 per cent over the previous year from \$139,333 to \$344,687.

Cuetara noted the CFDC was able to get higher visitation during those periods where the museum was able to be open, and although most programs and tours were unable to operate, they did work with the City of Morden to offer a few programs, including summer day camps.

In addition, Cuetara highlighted things like the new website, collection management software, and new

displays as key investments for the future of the museum.

"All the new exhibits and galleries mostly are being done in-house, so that's reducing the cost of the new exhibits and increasing the value," he said.

He acknowledged the outlook remains somewhat uncertain thanks

to the pandemic and noted that there would be a significant impact if the museum has to close again this summer, which is when it receives a major portion of traffic and revenue

"If we close in summer, we are in trouble," said Cuetara.

He remained hopeful, however, as he also looked to the future and the possibility of a new standalone facility

for the museum.

"The goal is to build a financial self reliance and a strong credibility, and those are the necessary steps to become a centre of reference for preservation and research of the Manitoba fossil heritage and a solid tourism destination," said Cuetara.

"The board has approved a motion to pursue the construction of a destination-worthy facility," added Leach. "This will, of course, be dependent on securing funding for the construction and operation of the proposed new facility."

"As I look ahead, amid all the concerns with COVID-19, the future still looks bright for the CFDC."



SCREENSHOTS

CFDC executive director Adolfo Cuetara said the museum got a lot done during lockdown, including revamping its website and collection management and creating a few new exhibits.

Stakeholders have big plans for Swan, Rock lakes

By Ashleigh Viveiros

The Tri-Lakes Development Group finally has feasibility studies in hand for improvements to Rock Lake and Swan Lake.

The group, which includes members from the municipalities surrounding Rock, Swan, and Pelican lakes, have been looking at ways to improve the overall health of the lakes.

Top of mind for both Swan and Rock lakes is addressing the water levels, which have been on the lower end of the spectrum for some time.

"Swan Lake, we can't do anything there without raising the level. That's absolutely number one," said board chair Kory Van Damme, acknowledging it's a major task that will require a water control structure on the east end of the lake. "That's legitimately what we need to do because most of the time, lately, it hasn't been high enough and it's infilled over the years."

"That would have to be the first step. And then if it stays as dry as what it is and we keep getting these drought-like conditions, that might be the first step also for Rock Lake," he said, adding, however, that the study noted they could perhaps start instead with an aeration system on Rock Lake, water levels allowing.

In addition to aeration, the Rock Lake study recommends installing rock shoals upstream in the Pembina River to provide a spawning habitat for walleye and white suckers, stocking the lake with a variety of desirable fish species, removing carp from the lake, and addressing water level issues by either building a new dam or



STANDARD PHOTO SUBMITTED

The Tri-Lakes Development Group has received a pair of feasibility studies with recommendations for improving the health of Rock Lake (above) and Swan Lake.

rebuilding the existing structure.

Van Damme explains they're less concerned about actually raising the water level at Rock Lake than they are making sure it doesn't dip below a certain point.

"Traditionally, 1,329 feet was the level that we didn't want it to go below," he said. "Most of the time the lake level was 1,331 or so, so most of the time it is good. It's just heading into drought conditions ... we want to make sure the level doesn't go below 1,331."

Meanwhile, the Swan Lake recommendations touch on building a dam to raise the water level, installing an aeration system, implementing a fish community monitoring plan, removing carp and preventing them from

entering the lake in the future, installing spawning shoals, undertaking a bathymetric survey to determine the rate of deposition and infilling of the lake, dredging the lake, and ongoing riparian rehabilitation and nutrient management efforts.

The studies go into detail on how each of these measures would impact each lake's health, including improving fishing.

As such, they provide the Tri-Lakes Development Group with a detailed road map of what exactly can be done so they can start to draft their plan for the years ahead, said Van Damme.

"Now that we know what we want to do, none of it will physically happen this year," he said, explaining the group will spend the rest of the year

coming up with a master plan and figuring out how to pay for it. "We want to get a game plan going so that we know what we're doing and possibly get something done next year."

"We've got a fairly active group right now that wants to see something happen, so I'm hoping that we can keep that momentum going and secure some funding and grants to get something done."

Cost is the biggest barrier and so the group will be working hard to find the funds, be it by reaching out to local municipalities, tracking down and applying for grants, or appealing to upper levels of government for support.

Van Damme said the communities in the area all have a vested interest in the health of the lakes, which draw people from across southern Manitoba for recreation. Those tourism dollars have a significant impact on the local economies.

"People want better fishing, they want to secure the lake level," he said, stressing they will work with property owners around the lakes on all these efforts. "We have to have those conversations with landowners and make sure everybody's on the same page."

"We're not wanting to flood anybody out. We're definitely not going down that avenue," Van Damme added. "We don't want to have anybody thinking we're raising the level and we're going to wipe out farmland or anything. We're not at all wanting to do that."

If you'd like to learn more about the Tri-Lakes Development group's plans, you can reach out to them through the Pembina Valley Watershed District.

Celiac association hosts gluten-free food drive

By Jennifer McFee

The Manitoba chapter of the Canadian Celiac Association is celebrating a milestone 40 years with a challenge to provide gluten-free foods for Harvest Manitoba.

Celiac disease is an autoimmune disorder that causes damage to the absorptive surface of the small intestine when gluten is ingested.

"Gluten is found in proteins present in wheat, rye and barley and their crossbred grains," explained Joy Plohman, vice-president and Gluten-Free 101 co-ordinator for the Manitoba chapter.

"The damage to the intestine can lead to a wide variety of symptoms and impair the body's ability to absorb nutrients such as protein, fat, carbohydrates, vitamins and minerals, which are necessary for good health. The wide variety of symptoms also make celiac disease difficult to diagnose."

Worldwide, about one in 100 people is estimated to have celiac disease, she added.

"They struggle with diagnosis, diet and healing, social interaction, and related disorders. Celiac disease is also more common among first- and second-degree relatives (1 in 22 and 1 in 39 respectively)," said Plohman, who lives in Stony Mountain.

"There is no cure for celiac disease and the only treatment is strict adherence to a gluten-free diet. This is often more difficult than one could ever imagine."

Plohman speaks from experience, since she was diagnosed with celiac disease in 1997 when she was in her early 40s after suffering with various health issues for many years.

"I joined the Manitoba Chapter of the Canadian Celiac Association as recommended by my doctor and began to learn the ins and outs of the gluten free diet. I soon became involved with the Board as Treasurer and a couple years later became President of the Manitoba Chapter. I have attended many National Celiac Conferences over the years,

and co-chaired the 2001 National Conference held in Winnipeg," she said.

"Due to my involvement with the Celiac Association, I know many people with celiac disease. Research actually shows that belonging to a support group contributes greatly to being able to adhere to the strict gluten-free diet. This is certainly my experience."

In an effort to help others who need to follow gluten-free diets, the organization decided to partner with Harvest Manitoba, which serves 80,000 clients each month.

"They are overwhelmed and have lost the ability to offer gluten-free food products for the 120 persons in Manitoba with celiac disease who rely every month on food banks," Plohman said.

"For people with celiac disease, gluten-free food,

Continued on page 26

> CELIAC FOOD DRIVE, FROM PG. 25

which is very expensive, is not just nice to have. Gluten-free food is required for their short- and long-term health and ultimately the ability to regain employment and be able to support themselves and their families."

For children, the effect of continuing gluten exposure impacts their development and ability to learn and thrive, she noted.

"Unfortunately, if gluten-free food is not available in their food bank hamper, people who need gluten-free are forced to eat gluten-containing foods, thus beginning a downward spiral," she said.

For those who would like to help support the initiative to provide gluten-free foods through Harvest Manitoba, there are a few ways to get involved.

"The cost of one very basic gluten-free supplement kit is \$30 to 35 per month for one individual," Plohman said.

"Kits for people in rural areas cost an additional \$5 to \$10 for shelf-stable bread."

One way to help is by purchase non-perishable gluten-free food and clearly marking it as "Gluten Free." If you buy a few items, you can put them in a bag labelled "Save Me for Gluten Free" and drop off at food bank bins in your grocery store or at Harvest Manitoba at 1095 Winnipeg Ave. in Winnipeg.

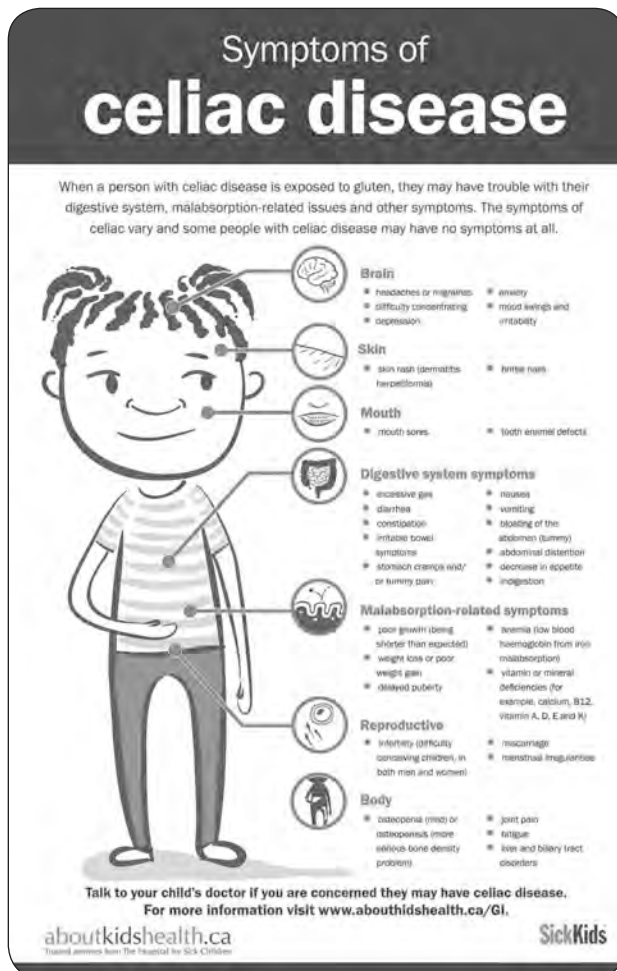
You can also donate money to the gluten-free food drive online through the Manitoba Chapter of the Canadian Celiac Association official website at www.manitobaceliac.com or send a cheque to Manitoba Chapter of the Canadian Celiac Association, 204-825 Sherbrook St., Winnipeg, MB, R3A 1M5.

All donations over \$20 will receive a tax receipt

It's an ideal time to help since May 16 is Celiac Awareness Day and May is Celiac Awareness Month.

"Celiac awareness events are a way to help educate, bring awareness and show support. Celiac Awareness Day and Month helps to create positivity and empowerment for those living with celiac disease," Plohman said.

"The Manitoba chapter was involved in the establishment of the national organization in 1981 and



has been a driving force in Manitoba for increased recognition and support for the difficulties faced by those with this challenging and, as yet, incurable disease.

On May 16, the "Winnipeg" sign at The Forks will be green for celiac awareness, and the golden boy will be lit green the same evening. A drive-by socially distanced gluten-free food drive will take place at The Forks from 7 to 9 p.m. for anyone who would like to donate to the cause.

In addition, the chapter has compiled a 40th anniversary recipe book in PDF format, which will be distributed online to anyone who makes a donation to the food drive.

"Our 40th anniversary is a significant milestone when chapters across the country have been folding due to lack of volunteers," Plohman said. "We are a totally volunteer-run charitable organization."

The Manitoba chapter has two professional health advisors: Dr. Donald Duerksen, a world-renowned expert in celiac disease, and Dayna Weiten, registered dietician.

"Both of these awesome people regularly attend chapter meetings and give presentations to keep members up to date on latest developments in celiac disease research and knowledge," Plohman said.

"The Manitoba chapter holds four general meetings and one AGM per year, which are open to all our supporters as well as the general public. Our meetings feature a guest speaker who may be a medical professional, or any person working in an area which involves those affected by gluten such as a teacher, nutritionist or retailer of gluten-free products."

While many support groups have not been able to continue support to members since the pandemic, the Manitoba chapter started virtual meetings last fall and has helped many people stay connected.

The Manitoba chapter regularly hosts a Gluten Free 101 session, free of charge, to introduce newly diagnosed individuals, as well as family or friends who are interested, to the gluten-free lifestyle," Plohman said.

"This learning process can be overwhelming and individuals can experience a grieving process as they adjust to the new diet as well as the social implications to their lives."

The next session will be hosted virtually on May 18 from 6:30 to 8 p.m. Anyone who is interested is asked to register by emailing office@manitobaceliac.com or calling 204-772-6979.

The organization also publishes the Manitoba Celi-Yak newsletter for times a year. "Through the newsletter, we keep our supporters updated on upcoming events, the latest celiac and gluten-free research, as well as supply recipes, restaurant reviews, current and new product info, and gluten-free travel information," Plohman said.

For more information, visit the website for the Manitoba chapter at www.manitobaceliac.com.

Take precautions to keep your home safe: RCMP

What's *Your* story?

We want to hear from you.

The Carman-Dufferin Standard connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out?

Please share your story ideas with **Dennis Young** at denjohnyoung@gmail.com or **Lana Meier** at news@carmanstandard.ca or call 204-467-5836.

The Carman-Dufferin
STANDARD

Staff

Spring has sprung, the grass has riz ... and apparently the nice weather inspires thieves to crawl out from under their rocks to prey on people.

Manitoba RCMP say with spring and summer comes an increase in break and enter reports, and they're urging people to take precautions to keep their homes safe. Some tips they offer include:

- Close and lock doors and windows of your home and any vehicles on the property.
- Do not keep valuables in

your vehicle.

- Secure belongings if you need to keep them outside, such as bicycles, scooters, lawn mowers, and ATVs.

- Keep trees and brush cut back to make your home visible from the street.

- If you are away, create the illusion of occupancy by making sure your mail is picked up, the yard is maintained, and lights are on timers.

- Keep outdoor lights on, and consider installing motion lights around your home.

- Do not hide spare keys out-

side your home.

- Do not post any plans to be away from your home on social media.

- Consider investing in a monitored alarm system.

"Public safety is everyone's responsibility," RCMP say, urging Manitobans to keep an eye out in their communities. "If you see something, say something."

You can report criminal or suspicious activity to local police or RCMP detachment.

Knowledge and safety are key when riding an ORV

Staff

Getting outside and enjoying Manitoba's beautiful outdoors is long-awaited and eagerly anticipated. There are so many ways to spend your time outside, and one of those is riding Off-Road Vehicles (ORVs). While great fun, and a great way to explore Manitoba, it is important for riders to know the laws governing ORV use for everyone's safety as well as everyone's outdoor enjoyment.

Most of the laws around ORVs fall under the Off Road Vehicles Act. For details, please refer to the Act, but here are some general rules to keep in mind when riding an ORV:

- Anyone under the age of 14 must have direct supervision of a parent or legal guardian who is a minimum of 18 years of age. Youth over the age of 14 can ride without parental supervision,

but cannot cross a roadway until they obtain a valid driver's licence.

- ORVs are not to be operated on roadways, shoulders, medians of divided roadways, or sidewalks

- ORVs are permitted to be in the ditch, provided travel is in the same direction as vehicle traffic, the ORV is to the right of the roadway and the shoulder, and the ORV is being operated in an area where ORV use is permitted. Always remember to be on the lookout for hazards in the ditch, such as culverts, driveway approaches, and road signs

- No riding: On privately owned or leased land without permission; Within 30 metres of a dwelling that is not yours between midnight and 7:00 am; Within 30 metres of a playground or area set aside for recreation that is not fully fenced; In a careless manner;

Without reasonable consideration for other persons and property.

- Stay away from environmentally sensitive areas and wetlands, and areas easily damaged by churning wheels

- When conditions are dry, use caution as sparks from an ORV can ignite grass and branches, starting a fire

- Be aware of local bylaws in the area you are riding

- Impaired driving laws apply to ALL motorized vehicles. Only operate an ORV when sober and alert

The laws are in place to keep everyone safe. When not followed, people can get seriously injured. In 2020, RCMP in Manitoba responded to seven fatal collisions involving ORVs and 46 collisions where serious injury occurred. Contributing factors in these collisions included speed, no helmet,



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RCMP are reminding motorists to follow the rules when riding Off-Road Vehicles.

impaired driving, and driver inexperience. Knowledge and safety are key, so make sure you are aware of the rules in place in the area where you are riding. Be respectful and courteous of others using the outdoors, and enjoy the ride!

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Flyers welcome Beauchemin, Waltz, and Jockims

Staff

The Winkler Flyers have announced a few player commitments in recent weeks, including forwards Gavin Waltz and Brody Beauchemin and defenceman Rylan Jockims.

Waltz has spent the last four seasons at the Shattuck St. Mary's prep school. The 18-year-old right-shooter contributed six goals and eight assists in 26 games with the school's 18U team last season.

"I'm really excited and honoured to join the Winkler Flyers," Waltz says. "I've heard nothing but great things about the organization, town, and fans. I'm looking forward to getting things started."

Beauchemin, meanwhile, was the Flyers' first pick in the 2019 MJHL draft.

A lefty, he's played with the Eastman Selects the past few seasons, contributing 14 goals and 13 assists in the 2019-2020 season. In last year's shortened season, he had three goals in five games before the pandemic pulled the plug.

"It's a big step to be able to commit to Winkler and to play Junior A



FACEBOOK.COM/WINKLERFLYERS

From left: The Flyers welcome Brody Beauchemin, Rylan Jockims, and Gavin Waltz to the team.

hockey," Beauchemin says. "I'm very excited, can't wait to get started with the Flyers."

Jockims has spent the past three

seasons with his hometown team, the Saskatoon Outlaws. In the last full regular season he scored seven goals and made six assists in 43 games.

"I'm very happy I committed to a great organization and I can't wait to get started," said Jockims.

get inspired

> MEAL IDEAS



Tuscan Chicken Pierogy Skillet

Prep time: 10 minutes
Total time: 45 minutes
Servings: 4
1 box Mrs. T's Pierogies 4 Cheese Medley
3 tablespoons olive oil, divided
2 boneless, skinless chicken breasts, pounded to even thickness
kosher salt, to taste
ground black pepper, to taste
4 cloves garlic, minced
1 bag (5 ounces) fresh baby spinach
2 cups diced tomatoes
1 teaspoon dried Italian seasoning
1/4 cup chicken broth
1/2 cup heavy cream
3/4 cup freshly grated Parmesan cheese, plus additional, for garnish
1 tablespoon cold water
1/2 tablespoon cornstarch
fresh basil, for garnish
crushed red pepper flakes, for garnish
Boil pierogies according to package directions. Drain then toss pierogies with

1 tablespoon olive oil to keep from sticking.

In 12-inch skillet over medium-high heat, heat 1 tablespoon oil. Season chicken with salt and pepper, to taste, and cook 8-10 minutes per side, until golden brown and cooked through. Transfer to plate, cover and allow to rest 5-8 minutes. Slice thin.

While chicken rests, lower heat to medium-low and add remaining oil to same skillet. Add garlic, spinach and tomatoes; saute 1-2 minutes until garlic is fragrant. Season with Italian seasoning and salt and pepper, to taste.

Stir in chicken broth, heavy cream and 3/4 cup Parmesan. In small bowl, whisk cold water and cornstarch then stir into pan. Simmer 4-5 minutes until thickened and creamy.

Return chicken and pierogies to skillet and toss to combine. If desired, top with additional seasonings, to taste. Garnish with fresh basil, Parmesan and red pepper flakes, if desired.



Caramel Sticky Rolls

caramel sauce, divided
1/2 cup walnuts, chopped
powdered sugar
Heat oven to 400 F.
Spray muffin tin with nonstick cooking spray.

Sprinkle flour on work surface. Flatten pastry sheet and roll into rectangle.

Drizzle caramel sauce over pastry and spread within 1/2 inch of edges.

Sprinkle chopped walnuts over caramel sauce.

Starting on short end, evenly roll pastry with filling to other end.

Cut pastry into nine pieces. Place pastries cut side up into muffin cups.

Bake 22 minutes, or until golden brown. Immediately remove from pan to wire rack. Let cool 10 minutes. Drizzle with additional caramel sauce and dust with powdered sugar.



Christine Ibbotson

Dear Money Lady,

We've recently become grandparents (at last!). Concerned that our son does not have insurance of any kind and none on his mortgage. We are retired – do we need it too? Could you talk about insurance in one of your next columns. Thanks, Jeanie

Yes, I can Jeanie – thank you for asking!

Most people know that they must have insurance to pay for the initial one-time costs such as a funeral, taxes and their debt, (mortgages and loans). Others will go a step further and plan for the ongoing expenses that will continue after their death to provide for their spouse and children.

If you are retired, I am not saying you should run out and get insurance. Insurance is something that most would have purchased when they were young, and the premiums were at their lowest. Many retirees use insurance for tax planning to pay for capital gains tax that their estate will owe upon their death, and this is something that should be discussed with your advisor to see if it is worth the cost. Others may get insurance to provide a personal legacy of remembrance when they die, leaving money to a special charity, a hospital, or even an educational or religious organization.

But to answer Jeanie's request for her son; insurance is definitely something you need during your working years when you have consumer debt and a young family. There are many types of insurance. The basics are for income protection, mortgage insurance and survivor benefits. Most people have life and disability insurance with their employer which is a very inexpensive way to acquire coverage. It is easy to setup an automatic withdrawal from your pay that can provide additional insurance often times for your spouse and children as well.

Mortgage insurance is also something you should have; however, it may not be something you want from your financial institution. You see, this is a major source of revenue for the banks who will always provide mortgage and loan insurance to their customers. The bank insurance is very easy to acquire for the average person but remember the bank

AsktheMoneyLady.ca

is the beneficiary not you. The insurance is to pay off your outstanding mortgage amount at the time of your death. So, if you took out a mortgage for \$400,000 and the premiums were based on this amount, but you died when the mortgage balance was \$150,000, the insurance will only pay off the \$150,000 outstanding balance.

It has always been the practice of good advisors to talk to their clients about insurance. It would be much better for clients to acquire Term insurance, usually at a much lower premium than the bank mortgage/loan insurance and for a fixed guaranteed amount. With Term insurance your coverage never decreases, your premium is fixed, and you can select who the beneficiary should be. So, if you get a \$400,000 Term policy to cover your debt, but you die when your debt is at \$150,000, like in the example above, your family receives the full \$400,000. They can then pay off the outstanding mortgage and use the balance for something else.

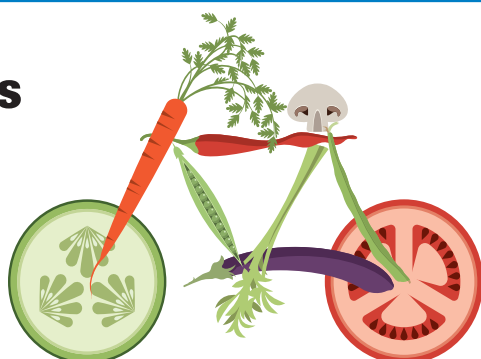
Term insurance is less expensive than permanent life insurance, so it is easy to afford additional coverage for a set period of time during your prime working years. Payments are always locked in and will not change during the term you have chosen. It is a good idea to choose a 20-year term to lock in a lower premium for a longer time frame. You can cancel it at any time, or you can convert your policy to permanent life insurance, usually without having to re-qualify.

Planning for the future should always include the planning for possible unexpected events. Avoid the temptation to put your plans on autopilot. It is important for you to have a well thought out strategy that provides for the loss of income and protection against the unexpected. This means you must have a Will, a Power of Attorney, and Insurance. Don't make foolish decisions to not protect your family and your assets to save a couple dollars. It is not worth it. Smart financial planning means you should never leave yourself unprotected. Really, this is the only way you can ensure the stability of your family should you die unexpectedly. It is your responsibility to have your say in your Will, to ensure your requests are known and acted on in your Power of Attorney, and to ensure your family is not destitute by having life insurance.

Written by Christine Ibbotson, Author of 3 finance books and the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca

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TOWN OF CARMAN PUBLIC NOTICE

To streamline recycling efforts, the Town of Carman announces that effective **June 1st, 2021**, the **RECYCLING DEPOT**

located by the Public Works Shop on 1st Avenue NE will be **RELOCATED** to the Carman Transfer Station (located south of Carman).

All recycling materials will be accepted at the Carman Transfer Station during regular hours of operation.

Thank you for your cooperation in this matter.



Walinga Inc. in Carman, Manitoba is looking for flexible, enthusiastic, reliable, team players to fill the following positions:

CNC Machinist

- Red Seal Certification is required
- Minimum 1 year experience preferred

CNC Machine Operators

- Some experience operating CNC or Manual machines is considered an asset.
- Ability to read and understand drawings.
- Willing to train the right candidate.

Service - Trailer Technician

- Experience with semi trailer repairs is considered an asset.
- Steel and/or aluminum welding experience preferred but not mandatory.
- Ability to read and understand drawings.
- Willing to train the right candidate.

General Labourer

- Assist in day to day activities.
- Welding experience is an asset but not mandatory.
- Must be able to lift 50lbs and work outdoors when required.
- Be able to do repetitive tasks as required.

Walinga offers modern machinery, competitive wages, full health benefits, company pension, and a great work environment. Apprenticeship programs are available for the pursuit of Red Seal Certification in the trades listed above.

If you are looking for a rewarding career in any of these areas or would like to share a resume please contact Ray Beukema at 204-745-2951 (ext 440) or email him at ray.beukema@walinga.com

We thank all applicants for their interest, but only those considered for an interview will be contacted.

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Do you own rental property in Winnipeg? Are you tired of dealing with long term renters and the mess they can leave? We can provide you with a different option to earn a rental income. Pawluk Realty 204-890-8141.

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TENDER

Tenders are now being accepted for the position of care taking duties for the Elm Creek Cemetery. Duties include mowing and trimming of grass. Tender must have their own equipment. Tender should state price per cutting. Lowest tender NOT necessarily accepted. Remit tender to: Box 192, Elm Creek, MB. ROG ONO by May 10, 2021. We also require a person for the purpose of opening and closure of graves. For more information call 204-436-2327.

MISCELLANEOUS

Make the most of restrictions....and advertise now! Get noticed! Advertise your message in the 37 MB weekly newspapers! Each week our blanket classifieds could be helping your organization get noticed in
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HEALTH

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NOTICES

Urgent Press Releases - Have a newsworthy item to announce? A cancellation? An exciting change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information. See www.mcna.com under the "Types of Advertising" tab or Email classified@mcna.com for more details.

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R.M. OF GREY Septic Tank Cleaning and Pumping Community of Fannystelle

Council of the Rural Municipality of Grey is requesting tenders for the annual cleaning and pump out of septic tanks in the community of Fannystelle.

Tender specifications can be obtained from the Municipal Office or by visiting the municipal website at www.rmofgrey.ca

Tenders must be sealed and marked "**Fannystelle Septic Tank Tender**" and received at

**R.M. of Grey Municipal Office
27 Church Avenue East**

Box 99, Elm Creek, Manitoba ROG ONO

By May 18, 2021 at 4:30 p.m. (local time)

Lowest or any tender shall not necessarily be accepted.

R.M. OF GREY Septic Tank Cleaning and Pumping Community of Haywood

Council of the Rural Municipality of Grey is requesting tenders for the annual cleaning and pump out of septic tanks in the community of Haywood.

Tender specifications can be obtained from the Municipal Office or by visiting the municipal website at www.rmofgrey.ca

Tenders must be sealed and marked "**Haywood Septic Tank Tender**" and received at

**R.M. of Grey Municipal Office
27 Church Avenue East**

Box 99, Elm Creek, Manitoba ROG ONO

By May 18, 2021 at 4:30 p.m. (local time)

Lowest or any tender shall not necessarily be accepted.



GALLERY ATTENDANT

Approximately 30 hours per week

Qualifications:

- Experience and enthusiasm for arts and culture, particularly in a rural setting
- Outgoing friendly personality with excellent communication skills
- Must be willing to work evenings and Saturdays

EXECUTIVE ASSISTANT

Approximately 26 hours per week

Qualifications:

- Experience and enthusiasm for arts and culture, particularly in a rural setting
- Ability to work cooperatively with different groups within the community
- Excellent communication skills, both written and verbal
- Marketing skills, specifically in social media
- Excellent organization skills
- Advanced computer skills

Salary commensurate with experience. Please forward your resume by email to Scott Johnston at scott@mmjlaw.com if interested in either of the positions.

Deadline to apply: May 18, 2021.

We thank all interested applicants but only those contacted will be interviewed.

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take > GAME a break

MORTGAGE SALE

The land and building known as 61 Main Street South, **Sperling**, Manitoba, as described in Certificate of Title No. 2793974/4, will be sold by public auction by a Licensed Auctioneer on May 26, 2021, at 10:30 a.m.

The Vendor is informed that the property consists of a 1 3/4 storey dwelling approximately 1,248 square feet, with living room, dining room, kitchen, 3 bedrooms, 1 bathroom, full unfinished basement, double detached garage on a lot approximately 92 feet x 150 feet.

Realty taxes (excluding any accruing water charges) are paid to December 31, 2019.

Prior Charges: Caveat No. 84-1455/4.

TERMS OF SALE

A deposit of \$24,000.00 by way of certified cheque or bank draft payable to Fillmore Riley LLP, or cash (the cash component of the deposit not to exceed \$7,500.00), and the balance according to conditions which will be available for public view electronically by contacting the individual below prior to the auction. The property will be sold subject to a **Reserve Bid** of \$157,000.00 plus such other additional and incidental costs which may be incurred by the Vendor from the 27th day of April, 2021 to the date of auction and which costs will be announced prior to the commencement of the sale.

The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www.teranetmanitoba.ca

Due to restrictions under The Public Health Act, in order to participate in the auction sale, you must pre-register by contacting the individual below by telephone or email at least 24 hours in advance of the scheduled auction. Anyone wishing to attend this auction sale must do so remotely (either by video conference or teleconference). Should the successful bidder have attended by teleconference and/or video conference, the bidder will have 24 hours to execute the Auction Sale Conditions and to provide them together with the deposit to our office as set out below.

Further information may be obtained from:
FILLMORE RILEY LLP
Barristers and Solicitors
1700 - 360 Main Street
Winnipeg, MB R3C 3Z3
File No. 406132-1257/MLR/sw(far)
Attention: MICKEY L. ROSENBERG
Phone: 204-957-8382
Email: auctions@fillmoreriley.com



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8	2	3	4	6	9	1	9	7
1	7	9	3	8	2	4	9	6
6	4	9	1	7	9	2	3	8
7	9	1	9	2	6	3	8	4
3	9	6	8	4	7	9	1	2
4	8	2	9	3	1	7	6	9
9	1	8	7	9	4	6	2	3
9	6	4	2	9	3	8	7	1
2	3	7	6	1	8	9	4	5

Sudoku Answer

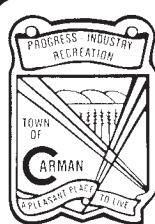
CARMAN MCC STORE

is looking for a
**PART TIME
PAID MANAGER**

The job requires **good people skills, good managerial skills,** computer skills and physical stamina.

An application form and job description can be picked up at the store or by contacting Gloria at pennergc@gmail.com

The deadline for applications is May 21st, 2021



TOWN OF CARMAN PUBLIC NOTICE

TRANSFER STATION HOURS

**Monday, Wednesday, Friday -
1:00 p.m. to 4:00 p.m.**

**Tuesday and Thursday
CLOSED**

**Saturday
11:00 a.m. to 4:00 p.m.**

SUDOKU

		6			9			
	7				2	4		
		9		5			1	6
			1					4
2		5			8	9		
		3		2				
	3							9
	5							1
		1		9		3		8

Level: Intermediate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

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DENNIS' WISH LIST!

Looking for pictures of:

1. former businesses
2. streets of businesses
3. business owners

These are not for publication but for documentation purposes! Please have a look and contact me thanks.

The Carman-Dufferin
STANDARD

We are currently seeking experienced, goal oriented individuals for employment in a number of areas: Class 1 drivers, Foremen, skilled laborers, sewer & water personnel, directional drill personnel, excavator, dozer, grader, rock truck, loader and packer operators.

We offer competitive wages, comprehensive benefits plan, Safety training and a safe work environment.

Requirements are: minimum class 5 driver's license, positive work attitude, able to work well with others or alone, safety oriented, work extensive summer hours including some weekends, work away from home.

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Job Overview:

- Primary liaison between customers and Service Department
- Assist customers with vehicle repair needs

Responsibilities and Duties:

- Prepare work orders, estimates, order/return parts and prepare final invoice
- Keep customer informed and ensure customer's satisfaction

Qualifications and Skills:

- A positive, pleasant attitude
- A good grasp of technology
- Knowledge of auto parts and repairs
- Strong problem-solving skills
- Excellent communication skills
- Professional personal appearance
- Valid Driver's License • Training provided



NOW HIRING

Boyne Lodge in Carman is now accepting applications for the following positions:


- Food Services Manager
- Cook Level 1
- Cook Level 2
- Cook Level 3

It is important that you indicate which position(s) you are applying for and expected wage range in your cover letter.

Resumes with references will be accepted by email only to:
tyler@townofcarman.com
by May 6, 2021

Only successful applicants chosen for an interview will be contacted.

ATTENTION STUDENTS:



Carman Legion Ladies Auxiliary #18 is offering two bursaries of \$500 each to a daughter, son or grandchild of a Veteran, Carman Legion Branch or Auxiliary member, leaving High School this year to further their education. The Bursary must be used within one year from the day it is awarded.

Application forms are available at Carman Collegiate, Elm Creek Collegiate, Miami Collegiate, Dufferin Christian School or by contacting the Auxiliary Secretary directly at (204) 745-8222.

Applications must be clearly marked Legion Ladies' Auxiliary Bursary and must be received by the Auxiliary Secretary, PO Box 65, Sperling, MB. R0G 2M0 no later than Friday, June 4, 2021.

NOTICE TO CREDITORS

IN THE MATTER of the ESTATE of STANLEY ANDREW SANDULAK, late of the Town of Carman, in Manitoba, deceased.

All claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at 309 Stephen Street, Morden, Manitoba, R6M 1V1, within thirty (30) days of the date of this publication.

DATED at the City of Morden, in Manitoba this 3rd day of May, 2021.

**McCULLOCH MOONEY
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Attention: THOMAS R. MOONEY
Solicitors for the Executor



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EMPLOYMENT OPPORTUNITY

We are currently looking for a motivated individual to fill a

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position at our Carman location

Duties Include:

- Responsible for meeting and exceeding annual sales goals and profit margin objectives as set by branch management
- Implement on-farm based sales strategy to promote Nutrien Ag Solutions' products and services
- Maintain and analyze a database/record of customer profiles (product usage and service requirements) in order to identify, categorize, and prioritize customer base
- Develop and maintain effective business relations with current and potential future customers, based upon an approach that targeting customer with whom the company can profitable to do business
- Provide timely service as well as agronomic information and advice to current and potential customers
- Arrange for access to specialists where necessary to bring mutual benefit to the customer and the organization
- Arrange for customer learning opportunities that provide incremental value
- Keep informed of competitor activities within the market area and recommends marketing program and service revisions
- Review customer accounts to ensure that payments are within the approved credit policy and performs collection functions as required
- Monitor competitive activity and trends
- Keep records and prepare reports on sales activities
- Interpret soil, tissue and water analysis
- Initiate trials that will support marketing efforts
- Research and respond to technical inquiries

Skills required:

- Strong time management, planning and multi-tasking skills
- Excellent communication and people skills, both written and oral
- Strong computer skills including all Microsoft applications (Word, Excel, and Outlook)
- Ability to work independently or as a part of an effective team
- Conducts themselves in a professional manner, and ability to keep confidential information
- Agronomy background or farm background would be an asset
- Previous sales experience

Interested applicants should send their resume in confidence directly to:
Nutrien Ag Solutions Carman
Attention: Graham McIntosh, Branch Manager
PH: 204-745-3939
Email: Graham.McIntosh@nutrien.com



TOWN OF CARMAN

DID YOU KNOW?? Recycling becomes contaminated if you place garbage, materials not recyclable or compost in your blue cart. If this is done the ENTIRE load of material is deemed garbage and cannot be processed and is taken to a landfill. PLEASE refer to the brochures delivered with your carts to ensure you are placing **ONLY** recycled materials in your blue cart.

Compost material does NOT include plastic containers and pieces of wood. By including these items in your compost cart, it is forcing the material to be handled multiple times and increasing the costs of the program.

Town of Carman employees may be checking your cart prior to pick up to determine if you have only included the proper items in your cart. If your cart is left behind, it will be because you have not followed the guidelines outlined in the MWM Environmental brochures that were delivered with the carts.

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What is Arthritis?

Arthritis is a collection of conditions affecting joints and other tissues. It causes pain, restricts mobility and diminishes quality of life.

IT'S SERIOUS. 1 IN 5 CANADIANS LIVE EVERY DAY WITH ARTHRITIS AND THERE IS NO CURE.

Arthritis is a term used to describe a group of over 100 diseases characterized by inflammation in the joints or other areas of the body. Inflammation is a medical term that describes redness and swelling which causes pain and, when in the joints, can also cause stiffness. Left unchecked, inflammation can lead to significant and often irreparable damage to the affected areas, resulting in loss of function and disability.

Arthritis (arthro = joint, itis = inflammation) can involve almost any part of the body, most often affecting the hip, knee, spine or other weight-bearing joints, but also found in the fingers and other non-weight-bearing joints. Some forms of arthritis can also affect other parts of the body.

Arthritis is a chronic condition: it affects people on an ongoing, constant or recurring basis over months, years, even a lifetime.

Osteoarthritis (OA)

Osteoarthritis (OA) is the most common type of arthritis, affecting more Canadians than all other forms of arthritis combined. Though once referred to as the "wear-and-tear" arthritis, the Osteoarthritis Research Society International (OARSI) recently re-defined this condition. It describes OA as the result of the

body's failed attempt to repair damaged joint tissues*. While the joint damage can occur through deterioration associated with aging, it can also occur in response to an injury.

OA leads to the breakdown of cartilage (the tough elastic material that covers and protects the ends of bones), and the resulting bone-on-bone contact can cause pain, stiffness, swelling and reduced range of movement in the affected joint(s). The joints most commonly affected by OA are the knees, hips and those in the hands and spine.

There are many factors that are thought to contribute to developing OA, such as age, obesity, your sex, occupation, participation in certain sports, history of joint injury or surgery, and genetics. For more information, visit our osteoarthritis page.

Inflammatory arthritis (IA)

Inflammatory forms of arthritis are different from osteoarthritis, in that the source of joint damage is from inflammation rather a wearing away of your cartilage. Most forms of IA are also autoimmune diseases, where the immune system – the body's defense system against infections and other invaders – mistakenly starts to attack the body's own healthy tissues.

Inflammation from these conditions can result in pain, stiffness,

restricted mobility, fatigue and damage to joints and other tissues. If not identified and treated swiftly, these conditions tend to progress more quickly and aggressively than OA.

IA includes every form of arthritis except osteoarthritis – even some things you may not have realized were arthritis at all, like lupus or gout. Other common examples include rheumatoid arthritis, ankylosing spondylitis, psoriatic arthritis and juvenile idiopathic arthritis, but there are many other types. Some forms of IA are considered systemic diseases, because they can affect the whole body. For more information, visit our inflammatory arthritis page.

Living with arthritis?

Arthritis symptoms can range from mild to severe. Most people with arthritis experience chronic pain, fatigue, restricted mobility, lowered mood and other symptoms that can combine to erode their quality of life.

Many forms of arthritis can lead to episodic disability, leaving people unable to work for periods of time due to their disease.

For millions of Canadians, arthritis can threaten their ability to enjoy freedom of movement, productive work, restful sleep, and an existence free of unnecessary pain.



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