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STANDARD PHOTO BY BECCA MYSKIW

THURSDAY,

APRIL 7, 2022

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Carman Elementary students Zach, left, and Teagan, right, said they feel calm when Calloway the therapy dog comes to school. Vice principal Pat Hamm, middle, brings her dog in every Thursday morning to visit the students and to help reduce the stress they might not know is there. See story on pg. 3.

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Boyne Book It Fun Run registration open now

By Becca Myskiw

It's the year of grand returns, and the Boyne Book It Fun Run is no exception.

The running event started in 2019 with an in-person event raising money for the Boyne Regional Library's expansion project. In 2020, the event was cancelled in its entirety and last year, it happened in a virtual fashion, raising money for the library's Take Home Tuesday projects.

The Boyne Book It Fun Run is back as a live, in-person event this year. The fourth year, the third race, and the second in-person event, will happen on May 28 at 9 a.m.

There will be three races: the 2K, the 5K, and the 10K. The 2K has a registration fee of \$35, the 5K \$45, and the 10K \$55 for each runner. People can run or walk. There's also an option of entering as a family for the two shorter races. They have 200 spots to be filled. Each runner will also get a Boyne Book It Fun shirt and swag bag.

All funds raised from the run will go to Kat's Kritters Rescue this year. They're hoping in future years now they can branch out and give money



The Boyne Book It Fun Run will return on May 28 as an in-person event once again.

"We just thought it's a non-profit organization, and it's all volunteerbased," said Chris Dick, board member of the Boyne Book It Fun Run. "It's a good cause; it helps animals in need, so we just thought we chose this as an option for this year."

This year's race will start at the Carman Arena and end at the Carman Fairgrounds. The board is still finalizing the exact routes, but they know each race will cover Carman streets and the Carman and Community Pathways.

The 2K race and 5K race are both parts of the Manitoba Running Association Youth Series and the Manito-



The first Boyne Book It Fun Run started in 2019.

ba Running Association Celebration Series, giving those runners points. Dick said that because of that, they're hoping to get a bunch of runners from out of town signed up and running through Carman on May 28.

Registration for the 2022 Boyne Book It Fun Run opened on April 1, closing May 27. There will be no race day sign-ups. After May 7, registrations are considered late, and those runners won't receive a t-shirt with their sign-up.

To register for this year's race, https://raceroster.com/ to

events/2022/58783/boyne-book-itfun-run.

There is also an opportunity for businesses to participate in the race with sponsorships – gold level for \$750, silver for \$500, and bronze for \$250. A gold-level sponsorship gets a business four registrations, their logo on the finish line banner, advertising on the race shirt posters, and social media features. Silver and bronze receive a little less.

Dick said sponsorships help the board keep race costs down.



Calloway, the therapy dog, calming Carman Elementary students

By Becca Myskiw

Carman Elementary students get a break from their school stresses every Thursday morning when Calloway, the therapy dog, comes for a visit.

Vice-principal Pat Hamm brings her dog into the school once a week for the students to enjoy. She waits with Calloway on a leash by the buses every Thursday morning, and as the students file off, they swarm her and her dog, showering Calloway with love.

"When we have her on Thursday, just coming off the bus, there are just big smiles," said Hamm. "It's like back to school in the fall when [the students] are happy to be here."

One of Carman Elementary's priorities is their students' mental health, and to help with it, they discussed pet therapy. So, Hamm started bringing her dog into the school in February, knowing she'd be a good candidate.

"She has such a kind nature," she said. "She's very submissive. She doesn't jump at other dogs; she doesn't bark. She listens. She's a well-behaved dog, and I'm not worried about her biting anybody."

Calloway is eight years old this month, and Hamm and her husband have had her since she was a pup. She's part golden retriever, one of the top dog breeds for a therapy animal.

According to the Alliance of Therapy Dogs, bringing a therapy dog into a classroom reduces students' blood pressure, provides physical stimulation and helps with pain management. The dogs also promote greater self-esteem and help to focus interaction with each other, stimulate memory and



STANDARD PHOTO BY BECCA MYSKIW

Eight-year-old Calloway comes to Carman Elementary once a week to let the students pet her. She takes away their stress and calms them down just by being there.

problem-solving skills, and generally lift moods in the classroom.

"They really enjoy having her here," said Hamm. "Just the enthusiasm for the day like, 'when is it our turn?"

Teacher Denise Strange said that when Calloway walks into a classroom, she brings a sense of calm. Grade 4 student Ian said it's "peaceful" having her

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around, and they're happy she's there. The general consensus in the school is Calloway is fun, calms everyone down, and is more than loveable.

Hamm will be putting Calloway in St. John Ambulance's therapy dog program to get her certification. It's been on hold during COVID-19 but will be back up running soon.

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Carman hosts first spring gun show sees the biggest turnout ever

By Becca Myskiw

For the first time, Carman hosted a spring gun show — and it had the best turnout the town has ever seen.

Organizer Bruce Reid hosts a gun show in spring and fall, the spring one usually happening in Oak Bluff, and the fall one in Carman. The facility he uses in the spring hadn't yet decided to open back up after COVID-19, so Reid decided to go ahead with organizing the gun show in Carman.

Eighty tables and 37 vendors had their goods filling the Carman Community Hall on Saturday, April 2. Guns, ammunition, and knives were everywhere; no two items were the same. Vendors came from as far away as Ontario to partake in the show, happy to be with the shooting community again. Others drove over four hours that day to see what they could buy.

"They get to see different stuff they're looking for they can't find anywhere else," said Reid.

The Carman Gun Show (and gun shows alike) have products the stores don't. For example, vendors sell antique guns, whereas stores only sell new ones. They also have one-of-akind knives, usually handmade, and ammunition shooters can't find elsewhere.

There was also a gun raffle with a 20-gauge over and under bought by Reid and Kel-Lea Outdoors together. He guessed Saturday morning it would make around \$1,200 — all of which he donates to palliative care in Boundary Trails.

By 11 a.m., over 600 people had walked through the community hall doors to the gun show. Reid said the parking lot had been full since 8:30 a.m., half an hour before the show started. He guessed they'd see over 1,000 people when the show ended at 3 p.m.

"If anything, I would say the interest is as high now as it's ever been," said Reid.

He said more women are shooting now than before, and though hunting hasn't picked up, target shooting has. It became a hobby for lots during the pandemic shutdowns, and now, it's love.

Reid's hoping the fall gun show this year is as successful, if not more than this one. It's a place for like-minded people to get together around things



STANDARD PHOTO BY BECCA MYSKIW

Carman hosted its first spring gun show this weekend and saw its biggest turnout ever.

they love safely and legally. As long as the gun laws don't change, the hobby won't die. If they do, though, gun shows will be a thing of the past. Carman hosting the show is also an economic plus for the town, said Reid. Some people make a weekend of it, staying in the hotel, eating at restaurants, filling up with gas, and shopping at the local shops. But, without the now two annual gun shows, the town will also lose out on extra cash flow, he said.



The Carman-Dufferin Standard Thursday, April 7, 2022 5 Community museums receive provincial funding

By Becca Myskiw

Four local museums have received grants as part of the Manitoba government's Community Museum Project Support Program.

On March 30, Sport, Culture, and Heritage minister Andrew Smith announced the 29 recipients of a combined \$240,000. The program is an eight-year initiative to fund museum activities that advance reconciliation, equity, diversity, inclusion, COVID-19 recovery, and collections management.

"This new grant will help support the economic recovery of these important community institutions and help fulfil our government's commitment to advance reconciliation and build a more inclusive and prosperous future for all Manitobans," said Smith.

The Community Museum Project Support Program was announced in January, with grant applications open until Feb. 1. Non-profit community museums focused on conserving, preserving, and interpreting their collections for public enjoyment were eligible, with preference given to those that support an appropriate interpretation of Manitoba's history and include partnerships with Indigenous people or communities.

Of the 29 grant recipients, four will advance reconciliation, three will advance equity, diversity, accessibility and inclusion, eight will support CO-VID-19 recovery, and 14 will improve collections management activities in community museums.

The Miami Railway Museum, Dufferin Historical Society, Canadian Fossil Discovery Centre, and the Manitoba World War One Museum

received money in the local area.

The Miami Railway Museum received \$4,600 to create a virtual tour for visitors who can't get up the stairs to the museum's second floor. Joan Driedger of the museum said that because it was built in 1889, it's a national historic site, and they can't change its footprint, therefore creating the accessibility issue.

"We intend to make the museum as accessible as possible, so we intend to make this tour," she said.

The plan is to have a tablet on the first floor where people can scroll through photos of the museum's top floor. They'll see two bedrooms from 1910, a railway station photo gallery from the 1910s, and what used to be a toilet room.

The Dufferin Historical Society received \$6,250 to make new cabinets in their workroom. The cabinets are old and though nice; they are no longer functional.

Trish Aubin of the museum said the new cabinets would be built in four separate units with adjustable shelving to house more artifacts. In addition, they'll store the framed photos that don't fit in envelopes with slats and all and will allow for more space in the workroom. Aubin said they're really excited about being able to do this, and they hope to make this grant an annual thing to keep upgrading the museum.

The Canadian Fossil Discovery Centre received \$11,000 to make changes in their laboratory. Adolfo Cuetara of the centre said the lab has been unchanged for 40 years and needs renovations. Each fossil on display has to go through the lab to be preserved,



STANDARD PHOTO SUBMITTED

MLA Blaine Pederson is pleased to announce \$10,850 in support of the Dufferin Historical Society and the Miami Railway Station Museum Association as part of our PC government's Community Museums Project Support Program.

processed, and prepared for research.

"When we find a fossil, we don't know what it is," he said. "The most important part of the museum is the lab because it's where fossils give meaning on what it is. It allows discoveries."

So, they'll use the grant money to get custom-made cabinetry to hold the microscopes and tools used for research. Cuetara said the current cabinets are "literally falling apart," so they're very excited to be able to fix that.

"This is going to be a huge improvement for the quality of our collections," he said.

The Manitoba World War One Museum received \$3,225 to advertise to let people know they are still here essentially. Bruce Tascona of the museum said the past two years have been tough on them.

They haven't been able to hold their annual Heritage Day, their major fundraiser, and they've been seeing fewer people through their doors. So, after losing out on two years, Tascona said they want to remind people they exist, and they're going to do that in more prominent publications like Travel Manitoba.

Their advertisements will educate the public that they plan to open in mid-June, have their hours of operation, and get the word out on what the Manitoba World War One Museum offers.

Province warns of flood watch for Red River Valley

Submitted by government of Manitoba

Manitoba Transportation and Infrastructure's Hydrologic Forecast Centre has issued a flood watch for the Red River from Emerson to the Red River Floodway inlet, just south of the city of Winnipeg. The river is forecast to spill over its banks at some locations with peak flows within the Red River Valley expected to occur between April 8 and 15.

A precipitation system is forecast to bring up to 30 millimetres (mm) of precipitation in most parts of southern Manitoba including the United States portions of the Red River basin and tributaries. This forecast precipitation, together with the gradual snowmelt occurring in the Manitoba portion of the basins, could raise levels above their bank-full capacities at some locations within the Red River Valley.

Water levels are expected to peak between Emerson and the Red River Floodway inlet between April 8 and 15. With the potential operation of the floodway, the level of the Red River in Winnipeg at James Avenue is expected to peak between 17.3 and 18.3 feet (ft.) between April 11 and 16. James Avenue is currently at 15 ft.

The forecast peak flow of Red River at the floodway inlet, with forecast precipitation, is estimated to be between 45,000 and 57,000 cubic feet per second.

Standard operating procedures for the Red River Floodway gates requires river ice to be broken up and cleared upstream of the floodway inlet. River ice observations indicate the ice is likely to clear by the end of the week and could create favorable conditions to operate the floodway if needed. In addition, provincial crews are deployed in a number of communities in the Red River Valley to regularly monitor basin conditions and assess potential dike closures.

Water levels along the Assiniboine, Souris and Pembina rivers are relatively low with no significant flooding issues. The Portage Diversion could be operated to reduce downstream ice-jam impacts. The risk of lakes flooding remains low in most major Manitoba lakes.



The Carman-Dufferin TANDARD





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Cross-border restrictions ease for the fully vaccinated Pre-entry tests no ing returning to Canada. Accepted tests include a negative longer required for

antigen test taken no more than one day before arrival at the border, a negative molecular test taken no more than 72 hours before, or a previous positive molecular test taken at least 10 calendar days and no more than 180 calendar days before arrival at the border.

And, unless otherwise exempt, all unvaccinated returning Canadians will still be tested with COVID-19 molecular tests on arrival and on day eight while they quarantine for 14 days.

Tim Johns, CBSA director for southern Manitoba, said last week that they are anticipating seeing a jump in the number of travellers at the border now that the pre-entry testing requirement for vaccinated individuals is gone.

"We're definitely expecting increased volume as the travel restrictions ease," he said, noting they'll be shifting staff around as needed to meet growing demand at popular crossings.

Vaccinated or not, Canadians need to be aware that all travellers still need to provide several pieces of required information via the Arrive-CAN app or website *before* arriving at the border.

"I want to iterate that even though the testing requirement is changing as of the 1st, there is no change to the ArriveCAN requirement, which needs to be submitted within 72

hours before arriving in Canada," stressed Johns.

ArriveCAN requires travellers-no matter how long they were outside the country-to upload their vaccination information, quarantine plans in case of a positive test result, and other related details before attempting to cross into Canada.

"Even if you are fully vaccinated, if you don't use ArriveCAN then a traveller may not be exempt from quarantine or testing requirements, so it's very important to do so," Johns said, emphasizing that even a fully vaccinated individual could find themselves in a mandatory 14-day quarantine if they fail to use the app.

"Travellers should print or take a screenshot of their ArriveCAN receipt and bring it with them," he advised. "And make sure that they're using the most up to date app if they've downloaded it from the Google Play store or the [Apple] App Store."

Coming back into Canada is one thing, Johns noted, but it's also important to check the current COV-ID-19 related requirements for entry into the foreign country you're travelling to.

The United States, for example, requires non-Americans to provide proof of full vaccination (two shots) for entry. Those entering the U.S. via air also need a negative test or proof of recent recovery from COVID-19 before boarding their flight.

Municipalities welcomed to the watershed districts program

Submitted by Manitoba government

fully-vaxxed, but

everyone still needs

before crossing back

Planning a road trip down south?

The Canada Border Services Agency

(CBSA) is reminding travellers that

while some COVID-19 restrictions

have eased, there are many still in

The federal government removed

the pre-entry test requirement for

fully vaccinated travellers on Friday,

That means fully vaccinated people

coming into Canada by land, air, or

water no longer need to be tested for

COVID-19 before they arrive at the

border, though some people may be

randomly selected to take a manda-

tory test when they arrive. If you

get selected for a random test, you

are not required to quarantine while

If you're partially vaccinated or

unvaccinated, nothing has changed

for you-unless you're otherwise ex-

empt, you still need proof of a nega-

tive pre-entry COVID-19 test upcom-

awaiting the results.

to use ArriveCAN

into Canada

By Ashleigh Viveiros

play.

April 1.

The Manitoba government's highly successful watershed districts program is expanding to include eight new municipal partners, Environment, Climate and Parks Minister Jeff Wharton announced Friday.

"Our government recognizes the importance of managing water on watershed boundaries. These efforts

play a key role in building climate resiliency within the province, helping to protect water, soil and habitat," said Wharton. "We are pleased to welcome new municipal partners to the Pembina Valley and Redboine Watershed Districts, resulting in increased watershed programming for producers and residents of these eight municipalities."

Watershed districts are established under the Watershed Districts Act and are formed as a voluntary partnership between the province and local municipalities to protect, restore and manage water resources on a watershed basis. Watershed districts offer a wide range of programming to advance integrated watershed manage-

Continued on page 9



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Province closing all COVID-19 testing sites next week

By Patricia Barrett

The provincial government will be shutting down remaining COVID-19 PCR testing sites across all health regions, according to a provincial CO-VID bulletin.

"All provincial testing locations will be permanently closed on April 15," states COVID-19 Bulletin #576 of March 31.

There are five testing sites in the Winnipeg Regional Health Authority, one in Interlake-Eastern RHA, two in Prairie Mountain RHA, two in Southern RHA and three in Northern RHA, according to the government's CO-VID website (viewed April 1).

The bulletin says pre-operative patients who need a COVID test can call a provincial call centre, the Dakota Medical Centre in Winnipeg or the Minor Illness & Injury Clinic in Winnipeg.

The province began restricting access to PCR [polymerase chain reaction] tests in January after it experienced a massive backlog of 6,800 tests as reported on Jan. 5. The province had allowed gatherings in households over the Christmas break, concomitant with a rise in the omicron variant. Premier Heather Stefanson told Manitobans a week later that it was up to them to "look after themselves." There was a record high of 744 people in hospital with COVID on Feb. 2.

The government also chose not to track most results from rapid antigen tests, which were made available at select stores and libraries. It stopped contact tracing and stopped notifying people by phone about their COVID test results. The COVID dashboard on the province's website is no longer operational. The total number of patients in hospital on any given day

is no longer being made available to Manitobans. Members of the public used hospitalization data, along with daily new infections, as a means to gauge personal risk.

The government is issuing a "Respiratory Surveillance Report," a weekly report providing laboratory, hospitalization and mortality data on COVID. The March 20-26 report says there were 979 new COVID infections, 111 hospital admissions, of which 16 were ICU admissions, and eight deaths.

"As of March 15, 2022, the definition of a COVID-19-associated death has been changed," states the surveillance report, without explaining how it had changed.

The Manitoba government's insistence – in line with the same message being delivered by other jurisdictional governments - that we "learn to live" with COVID hasn't stopped the virus from continuing to infect, kill and debilitate (i.e., long COVID) massive numbers of people around the world, nor has it stopped the virus from mutating.

In the U.K. last week, the seven-day average of new infections was over 107,000, driven by a surge in BA.2, an omicron subvariant that is said to be more contagious than omicron, and hospitalizations are climbing. England stopped offering free COVID testing; if people want a test, they'll have to start paying for it. China instituted rotating lockdowns in the city of Shanghai last week to deal with roughly 5,000 new cases a day. Ontario is entering its sixth wave; the government reported 804 hospitalizations last Friday and 18 more deaths. It said it has no plans to make masks mandatory.

With the Manitoba government shuttering its test sites, it's unclear what the weekly surveillance reports will look like after April 15.

The Manitoba NDP's health critic Uzoma Asagwara said the pandemic is continuing, and the government's closure of COVID test sites could result in barriers to accessing COVID antiviral treatment, which is most effective if delivered within a certain number of days of infection.

The COVID pandemic, according to the World Health Organization, has not ended and has not become "endemic" despite what many governments suggest.

Pandemic refers to a disease that is "international," in scope, that has spread across an extensive geographical area. Endemic refers to a disease that is limited to a particular region or country and is predictable in its spread and rate. Malaria, for example, is caused by a parasite and is considered an endemic disease in certain countries.

The WHO has also raised concerns about countries stopping COVID testing. That will make difficult to determine how the virus is evolving and where it's spreading.

"Although reported cases and deaths are declining globally and several countries have lifted restrictions, the pandemic is far from over and it will not be over anywhere until it's over everywhere. Many countries in Asia and the Pacific are facing surges of cases and deaths. The virus continues to evolve, and we continue to face major obstacles in distributing vaccines, tests and treatments everywhere they are needed," said WHO director-general Dr. Tedros Adhanom Ghebreyesus in a March 9 press briefing

"WHO is concerned that several countries are drastically reducing

testing. This inhibits our ability to see where the virus is, how it's spreading and how it's evolving. Testing remains a vital tool in our fight against the pandemic, as part of a comprehensive strategy."

The WHO's COVID-19 technical lead and infectious disease epidemiologist, Dr. Maria Van Kerkhove, said testing is critical for getting a "good handle on this virus" to understand how it's mutating and what those implications could entail. Worryingly, as well, is the virus's ability to infect animals "with the possibility of infecting humans again."

"It's about making sure that we have good testing, intelligent testing, strategic testing, not only to monitor the variants and virus evolution, but to ensure that people know where the virus is and to get that appropriate care that they need, for health workers to be able to get patients into that clinical care pathway as quickly as possible so that we can save as many lives as possible," said Van Kerkhove during the briefing. "Again, the pandemic is far from over and not only do we need to focus on saving people's lives and reducing severe disease and death, we also have to focus on reducing the spread. We cannot allow this virus to spread at such an intense level."

The WHO reported at the beginning of March that there were "still more than ten million reported cases at a global level," and that number is an "underestimate" because of countries scaling back or stopping testing.

Worldwide, the WHO said there have been over 486 million confirmed cases of COVID and more than 6.1 million people have died from the virus so far (as of April 1).

Carman Green Team ready to get active this summer

By Becca Myskiw

The Carman Green Team is getting ready to meet again with the COV-ID-19 pandemic dying down.

Four years ago, the Carman United Church initiated a Green Team. It's been a small group of people interested in learning more about environmental concerns and how to take action on them locally. It's open to anyone in the community who wants to talk about environmental issues and act on them.

Green Teams are community groups that essentially promote environmental stewardship. The Carman Green Team used to meet every six weeks to share a meal and conversation where

they would share resources and talk man and the rural municipality (RM) about what other communities were doing. They haven't met in the last two years because of the pandemic, but Carman Green Team member Karen Tjaden said they're planning on getting back up and running now.

The local Green Team hasn't been very action-oriented thus far, but they have a current project with Carman Collegiate and its students.

"All of us are active in various ways on environmental issues," said Tjaden. "And I think part of what the Green Team has been is a support to each of us."

She said they want to open more conversations with the Town of Car-

of Dufferin to plan for the future on how to create a sustainable, resilient community. Their main concern is the climate crisis and responding to it locally. The group is also looking at where food is sourced and is working on beginning conversations around different transportation methods to reduce greenhouse gases.

"The climate crisis is very overwhelming and can make us feel isolated," said Tjaden. "No one person can solve this but working together, we can remember the good things that are happening and plan for the future."

According to Earth.Org, a non-profit

organization bringing attention to environmental issues, the climate crisis is accelerating at such a rate the world is "not ready for." Adding to it are global warming, poor governance, food waste, biodiversity loss, plastic pollution, deforestation, air pollution, melting ice caps and sea-level rise, ocean acidification, agriculture emissions, and more.

The Carman Green Team always welcomes new members with ideas and a passion for the earth. To get involved, contact Carman United Church at (204) 745-6835.

Prairie Rose Schools to see program cuts due to lack of funding

By Becca Myskiw

The Prairie Rose School Division (PRSD) has released its draft budget for 2022.

The budget was presented on March 23. It showed the division received a \$239,900 or 1.8 per cent decrease in provincial funding for schools for the 2022-23 school year. However, the one-time provincial funding for the next school year is \$978,100 and the property tax offset grant is an increase of \$379,373, making the total provincial revenue increase for the 2022-23 school year \$1,117,593 for PRSD.

Projected budget reductions for the upcoming school year:

• Miami School, École St. Eustache, and Carman Collegiate will each see a reduction of one professional teaching position

• Miami School, École Carman Elementary, Carman Collegiate, and Hutterian Colony Schools will see a reduction of 0.85 FTE of vice-principal administration time

• Elm Creek School and Miami School will lose the Industrial Arts and Home Economics program • Professional Development will see a reduction of \$40,000

• Educational Assistant hours per day will reduce by 30 — 23.75 in community schools and 6.25 in Hutterian Colony Schools

• Transportation costs will see a reduction of \$130,250

Repairs and maintenance costs will see a reduction of \$150,000
 Division office salaries will

see a reduction of \$30,000 The draft budget also covered the new education funding model for K-12 education. The first recommendation is that student enrolment counts be weighted to recognize additional costs associated with student programming requirements. The sec-

ond recommendation is Kindergarten to Grade 3 classes receive more funding to support smaller class sizes. The third recommendation is for

provincial funding to recognize Hutterian Colony School operational challenges. The fourth recommendation is more funding for special education. PRSD states that in their draft budget 2022-23 funding is short almost \$140,000 for educational assistant support to special education students.

The fifth recommendation is based funding be sufficient to ensure categorical funding can be used to address the purpose of categorical grants. The sixth recommendation is an occupancy funding increase — it currently covers 43.8 per cent of the total facilities and maintenance budget.

The seventh recommendation is that transportation funding be increased as it covers 55.6 percent of their total transportation budget. PRSD's eighth recommendation is technology and rural connectivity be increased. It currently covers 36.9 per cent of their technology budget. The ninth and final recommendation is that general expenditures have inflationary adjustments each funding year.

PRSD said the decrease of provincial funding of 3.85 per cent (\$284,511) and increase of 187 students (8.6 per cent) since the 2016-17 school year without having the opportunity to "generate required revenue" has resulted in se-



STANDARD PHOTO SUBMITTED PRSD released their 2022-23 draft budget and in it are a lot of reductions due to a decrease in provincial funding.

rious and unsustainable reductions to the division and its schools.

They said the current funding model and the loss of local taxation ability is not working for PRSD. Their hope is the new funding model will ensure rural school divisions are appropriately funded so their students can receive the resources they need.

"We're a big firefighter family"

By Ashleigh Viveiros

Fire departments across Manitoba are coming together to help equip their counterparts in Ukraine.

Yevgeniya Tatarenko, who heads up the Morden-based Help Ukraine group, says fire services in Winkler, Morden, Altona, Miami, Darlingford, Brandon, Steinbach, and Dauphin have all answered the call for gear for Ukrainian firefighters going without as the war with Russia continues.

"They have lost a few firefighters already and so they're training new people, volunteers, but they don't have any uniforms, any gear to put them in," she explained, noting the city of Kharkiv has been especially hard hit by Russian bombings of late, with a some fire halls taking damage.

Word of the need for equipment came at the same time Tatarenko was at the Winkler Fire Hall accepting a \$1,000 donation from the city's firefighter's association to pay for medical supplies bound for Ukraine.

"I just started to think what if I asked the Winkler Fire Department if they have any gear that we could send like we're sending medical and other help to Ukraine?" she said.

Winkler fire Chief Richard Paetzold was more than happy to help.

"We're a big firefighter family. It doesn't matter where in the world they are," he said. "When the call comes in, we go. We do that locally and it's the same thing for them over there. Our fellow firefighter brothers and sisters, they asked for help and we're not going

to say no."

Firefighting gear—everything from helmets to boots to jackets—is good for about a decade before it needs to be retired and replaced under North American standards.

But the old gear is often still in decent shape, and many fire departments keep that gear as backups or send it to developing countries for use by firefighters there.

That's why it wasn't too hard for the Winkler department to round up enough turnout gear for eight firefighters, as well as several large equipment bags to store it all in.

"Part of this is first responders help first responders," Paetzold said. "And the other part is we know if the shoe was on the other foot, if we needed help, people would be sending stuff to us.

"We're used to mutual aid. We're in a mutual aid district where fire departments help each other, no questions asked. This is our way of a global mutual aid system."

Also part of both the local and global mutual aid system is Altona/Rhineland Emergency Services. Chief Greg Zimmerman explains they were able to donate several set of gear, including boots, helmets, gloves, and balaclavas. The department, along with the Altona Police Service, also sent along some old FleetNet radios they no longer use.

"We've always been sending some of our gear out to different countries ... it just happened that the Ukraine is in need right now and it was easy to redirect everything there," Zim-



STANNDARD PHOTO SUBMITTED

Gear from the Winkler Fire Department bound for Ukraine to help firefighters there do their jobs safetly.

Looking back at the Flood of the Century

By Ty Dilello

It's been 25 years since the Flood of the Century took over the Red River Valley.

The primary cause of the 1997 flooding was a highly abnormal thaw of winter snow and river ice, following a winter season that featured much above-normal snowfall across the Northern Plains.

Don Kuryk was the Emergency Measures Coordinator with the Highways Department for the duration of the flood. He played a major strategical role in how the province fought off the high waters.

"If you do anything in life, you learn from history. In 1996, the flood was not as big, but it was a significant flood," Kuryk recalled. "And I knew where it was coming that year. In the winter prior to the 1997 flood, I told mayors, reeves, and other dignitaries of all these towns that you know where the flood came in your backyard last year? You can put a stick and say that's where the water got. I said to put that stick five feet in the air and take a string line of wherever it comes to the land. That's where the water will come to this year.

"People told me that I didn't know what I was talking about. But they eventually started to believe me, and then it happened."

Because of where they were situated in the Red River Valley, the likes of Emerson, Letellier, Dominion City, and Roseau River First Nation were some of the first towns to be evacuated.

"These towns had ring dikes that were reinforced and heightened, but they were still very vulnerable, and the residents needed to evacuate quickly," Kuryk said.

Early on in the crisis, Kuryk met with the leaders of United States





STANDARD PHOTO BY TY DILELLO

level, it would have had a devastating

For his efforts in the flood crisis, the

Canadian Forces awarded Kuryk a

Medallion for Distinguished Service,

which is rare for a senior civil servant

"In the battle against the rising Red

River, Mr. Kuryk demonstrated strong

leadership in the construction of the

Brunkild dike," said Vice-Admiral Larry Murray at the time. "His efforts

were critical to the dike's successful

"Working incredibly long days, Mr.

Kuryk maintained tireless focus, pro-

vided excellent advice and expert

guidance in the development of mili-

tary forces. The Medallion of Distinc-

tion is our way of showing our appre-

The Brunkild Z-dike has long since been dismantled, and any trace of it

Kuryk notes that if another signifi-

cant flood struck again, the Z-dike would not be needed anymore be-

has vanished with time.

impact," said Kuryk.

to receive..

completion."

ciation."

Don Kuryk was the Emergency Measures Coordinator that oversaw the province's fight against the 1997 Red River Flood.

Flood Control, the City of Winnipeg, and the Province and pleaded that everyone needed to work together. That included getting everyone on the same page when it came to systems of measurement to gauge the height and flow of the river to figure out the most vulnerable areas.

Kuryk is best known for coordinating the building of the Brunkild Zdike, which was designed to keep spreading floodwaters from moving into the southwest portion of Winnipeg.

peg. "The idea at the time was that we have to block the La Salle River off from Winnipeg," he said.

When the flood threatened to hit Winnipeg via the La Salle River, Kuryk acted fast. Over 300 backhoes, graders, and tractors from across the prairies quickly made their way to a spot at Brunkild.

In just a few weeks, crews rushed to build an eight-meter-high dike made of clay and crushed rock stretching 24 kilometres. And in the end, Winnipeg was saved from the flooding.

"If you think of what could have happened to Winnipeg if it got to that cause the road where the dike sat at has now been built high enough to protect the province's capital. Since 2020, Manitoba has increased

> WATERSHED, FROM PG. 6

ment plans and meet local priorities including water retention, erosion control, the restoration and enhancement of wetlands and other habitat, and work with agricultural producers to protect Manitoba's water quality.

"Manitoba's continued investments and partnerships around watershedbased programming delivered by watershed districts has been a game changer," said Bill Howatt, board chair, Pembina Valley Watershed District. New municipal partners in the Pembina Valley Watershed District and

the Redboine Watershed District are: Pembina Valley Watershed District – municipalities of Emerson-Franklin and Rhineland, Rural Municipality of Montcalm, the Town of Altona and the City of Winkler; and

Redboine Watershed District – rural municipalities of Rosser, St. François Xavier and Woodlands. "Manitoba Association of Watersheds is pleased to see further expansion of the Watersheds District Program and thanks the Province of Manitoba and the new partner municipalities for their support, said Garry Wasylowski, board chair, Manitoba Association of Watersheds. "The importance of Manitoba's 14 watershed districts has never been greater than it is now as we collectively seek to build climate resiliency within the province."

Since 2020, Manitoba has increased funding to the 14 watershed districts by \$560,000, to a total of \$5.873 million in 2021/22. In all, 111 of the 137 municipalities in Manitoba are now part of the program, making significant incentive programming around water management available to residents of the partnering municipalities.

More information regarding Manitoba's Watershed District Program can be found at: www.manitobawatersheds.ca.

Task force announces health care upgrades

By Ashleigh Viveiros

Manitoba Health Minister Audrey Gordon provided an update last week on the work of the Diagnostic and Surgical Recovery Task Force, including plans to begin chipping away at the hip and knee surgery backlog caused by the COVID-19 pandemic

"The task force is leading critical work in partnership with Manitoba's health-care leaders to find solutions that will help to address the delays in surgeries and procedures caused by the demands of the pandemic," Gordon said at a media event in Winnipeg March 30.

"There are thousands of Manitobans whose quality of life is profoundly affected by this work, which is why it is critical we continue to make progress and find solutions."

One of those solutions, Gordon said, is to increase joint replacement surgeries at Concordia Hospital, Manitoba's leading site for hip and knee surgeries.

The provincial government is supporting the expansion of the orthopedic surgery program at Concordia to add a fifth operating room, which includes recruiting an orthopedic surgeon, adding four in-patient beds, and investing in anesthesia staff.

The Concordia Foundation will be leading fundraising efforts for these

improvements, which are expected to be in place by the end of the year.

The province has also committed \$400,000 in the Spine Assessment Clinic to allow it to increase the number of assessments it is able to complete so patients can get treatment sooner. The funds will allow the clinic to add four new physical therapists.

"A majority of patients referred to the clinic can be helped by treatments other than surgery, such as physiotherapy, chiropractic care, or other pain management solutions," Gordon noted.

Gordon went on to announce that the province is funding a new mobile CT unit and two new mobile MRI units to cut down on wait times for those scans.

"Once fully operational, the units will be able to deliver more than 11,600 CT scans and 7,200 MRIs annually," she said.

Services at Misericordia's cataract program are also being expanded to increase baseline capacity within the province.

It was announced at the press conference that nine Manitobans have received spinal surgery in North Dakota through a pilot program with Sanford Health. Additional surgeries are scheduled for the coming weeks.

"This initiative is coordinated

through Manitoba's out-of-province medical referral program and helps to reduce the wait time for Manitobans who choose to travel, improving their quality of life as the province increases its capacity," Gordon said.

Task force steering committee chair Dr. Peter MacDonald noted these and other efforts will do more than get Manitoba out of the surgical backlog caused by the pandemic.

"The task force has been hard at work in overseeing the implementation of new initiatives that will help improve wait times for Manitobans awaiting certain diagnostics and procedures," he said.

The improvements at Concordia are expected to increase capacity by up to 1,000 joint surgeries a year moving forward.

"We do acknowledge that the number of surgeries is well behind here for this year, but what we're talking about with the additional 1,000 [is] being after we are back to baseline [levels].

"So we're just not going back to baseline. We're adding incremental surgeries," MacDonald said. "As an orthopedic surgeon, I know the profound benefits of hip and knee surgeries and the influence they can have on a person's quality of life and overall health. It's so meaningful to see this initiative move forward."

This update from the task force was met with frustration from the government's critics.

NDP health critic Uzoma Asagwara said it is disappointing the task force has not yet committed to an end date to clear the surgical backlog, which Doctors Manitoba last week put at almost 168,000 procedures.

"Yet again Manitobans are left waiting. Thousands, unfortunately, continue to wait in pain with no end in sight," Asagwara said

MacDonald had said he questions Doctor's Manitoba's numbers, though the task force does not have alternative figures to provide Manitobans at this time. He noted wait times might be a better metric to go by and that the goal is to get back to pre-pandemic wait times.

That's not good enough, Manitoba Liberal Leader Dougald Lamont said in a statement.

"It's hard to believe, but the PCs aren't even trying to fix what they broke. They want to go back to 2019 waitlist levels, which were already bad and had been getting worse for three years straight due to PC cuts.

"It looks like they are setting a low bar for success so they can declare victory and pat themselves on the back while Manitobans languish."

Ducks Unlimited Canada delivers 106 habitat projects

Submitted by Ducks Unlimited Canada

A report from one of the country's largest and longest-standing conservation organizations shares the positive results it's having on biodiversity and climate change thanks to support from Environment and Climate Change Canada's Natural Heritage Conservation Program. During the past two years of the program, Ducks Unlimited Canada (DUC) has delivered 106 habitat projects in areas of the country with the greatest conservation need.

In total, the projects conserve 12,126 hectares (29,964 acres) across Alberta, Saskatchewan, Manitoba and Ontario. Working landscapes in these provinces are home to high numbers of species at risk and have experienced high rates of wetland and grassland loss. Using a diverse suite of conservation tools delivered in partnership with farmers, ranchers and other private landowners, DUC is helping create healthier habitats for wildlife, guard against the effects of extreme weather and improve Canada's natural environment.

"The positive impact we've had on key landscapes through the Natural Heritage Conservation Program is significant," says Larry Kaumeyer, chief executive officer for DUC. "Rich in biodiversity, these areas provide natural solutions to some of the most pressing environmental issues, including flood and drought prevention, water purification and climate change mitigation. The tremendous environmental services they provide benefit all Canadians and are worthy of our collective investment."

As a chosen delivery agent for the Natural Heritage Conservation Program, DUC is required to raise the necessary funds to match the government's investments.

"Our conservation community continues to step up and support our efforts. Their generous contributions ensure that we maximize the environmental returns, which is extremely important given the limited funding available for conservation," says Kaumeyer.

The positive impacts these 106 habitat projects are having on both wildlife and people are outlined in the report, titled: "Saving our water, wildlife and wild places: Ducks Unlimited Canada and the Natural Heritage Conservation Program." Highlights include:

Flood protection: The wetlands conserved and restored by DUC will help retain more than 6.7 million cubic meters of water on the landscape every year. That's more than 2,700 Olympicsize swimming pools worth of water.

Carbon storage: DUC's conservation and restoration efforts will prevent the release of almost 1.9 million tonnes of carbon dioxide equivalents stored in the soils and sediments of wetlands and grasslands.

Water quality: The wetland conservation activities implemented by DUC have prevented an estimated 10 tonnes of phosphorus and 32 tonnes of nitrogen from entering rivers and lakes. Support for species at risk: Grasslands conserved and restored by DUC are estimated to provide habitat for more than 5,300 nests per year for priority grassland-nesting species. This includes the federally threatened chestnut-collared longspur and the Baird's sparrow — a species of special concern in the Canadian Prairies.

Protection for pollinators: Habitat conserved by DUC is supporting 80 documented species of bees.

Read the complete details of DUC's report, which includes project spotlights and landowner profiles, at www.ducks.ca/nhcp

DUC is currently completing additional habitat projects with funding received from year three of the Natural Heritage Conservation Program and is looking ahead to advancements it will make in the program's fourth year. Environment and Climate Change Canada has set a goal of securing 200,000 hectares (494,211 acres) by 2023.

Photo submissions wanted for municipal government website

By Becca Myskiw

The Town of Carman and the rural municipality (RM) of Dufferin are currently creating a new website, and they need residents' help to spruce it up.

Janine Penner, the coordinator of municipal services, is the sole person designing the site. She said the town and RM had lots of inquiries about where people would find things on their old website, and she felt it was time to address it.

"With the amount of phone calls we were getting, it was time to look at how we can change that and make it more user-friendly for our ratepayers and people who are visiting," she said.

Penner is using WordPress to design the new site, and she said it's been a learning process for her. She expects the new site to be coming up as she gets more and more done, making it an ongoing process. There will be a section for the Town of Carman, the RM of Dufferin, the Carman-Dufferin Planning District, Carman Dufferin Recreation, the Carman Dufferin Fire Department and Economic Development.

"When you pop up on the website to the main page, you should be able to find exactly what you're looking for," said Penner. "It'll be more userfriendly.'

Penner's been working on the website for a while now, trying to get it

Miami and Area Foundation 2022 gala confirmed

By Becca Myskiw

The Miami and Area Foundation has confirmed that its annual gala is back for 2022.

After cancelling the annual event for the last two years, the foundation has set a date for Saturday, Nov. 12. Treasurer Tricia Livingston said so far, they've only booked the date at the community hall, and they are working on the rest of the plans.

The Miami and Area Foundation's gala typically includes a sit-down dinner, entertainment, and a live auction, bringing in on average \$20,000. Livingston said it's their biggest fundraiser of the year, and they're beyond excited to be bringing it back.

done quickly. Unfortunately, the old website is completely shut down right now. She plans to get at least basic information up by April 5, when Carman Dufferin Recreation puts their swimming schedule up so people can view it online before registration.

Penner is also planning on including the community while she works on redoing the website. She's asking people with photos of the town to send them to her at janine@townofcarman.com.

"I always see people's photos on Facebook," she said. "They're beautiful. If people are wanting, they'll be able to have that on the website."

There will be a three-photo

home or commercial space.

slideshow on the main page where she'll put photo submissions. Others will go throughout the site on specific pages where fitting. For example, if there's a photo of sports or swimming, it will likely go on the Carman Dufferin Recreation page. She'd like to include a bit of everything — the campground, farmland, and more. Penner will host the photo

contest seasonally, changing the site every spring, summer, fall, and winter. So, if a photo isn't chosen this season, it could be selected next. When submitting, include the exact photo size, who took it (for credit), and its location.



STANDARD PHOTO SUBMITTED

Carman and the RM of Dufferin are redoing their website and are asking for community members to send in their photos to feature on it.

Roland toddler dies in farm accident

Staff

A toddler was killed after being hit by a vehicle near Roland last week.

On Wednesday, March 30 at 5:40 p.m., officers from the Pembina Valley RCMP received a report of an unresponsive three-year-old boy at a farm site about 11 kilometres southwest of Roland.

Police say it appears the boy wandered away from a group of children and was struck by a pickup truck that was backing up at the time of the collision.

The child was taken to hospital, where he succumbed to his injuries.

Pembina Valley RCMP continue to investigate.



• Interior doors

565 Cargill Road, Winkler, MB

12 The Carman-Dufferin Standard Thursday, April 7, 2022 Carman's quilters put 130 quilts for Ukrainian refugees on display

By Becca Myskiw

There were 130 quilts for Ukrainian refugees on display at the Carman Active Living Centre last weekend.

After three weeks and six sessions, Maureen Carr and her nearly 20 quilting friends put together 130 blankets for the Ukrainian refugees arriving in Manitoba in a couple of weeks.

Carr put a call out on Facebook a few weeks ago, asking all quilters to lend their hands on Tuesday, March 15, for the cause. They set up shop in the Carman Legion Ladies Auxiliary Hall that day from dusk till dawn; sewing machines and fabric were strewn around the room. The Legion has lent them the space for free each time. Carr said that without that, none of this would have been possible.

Because their work has gotten so much notice not only in Carman but around the province, Carr and her group were able to show everyone what they've been working on. On Saturday, April 2, all 130 quilts were on display at the Carman Active Living Centre for three hours.

Golden Prairie Arts Council (GPAC) partnered with the quilters to get the space in the centre for free and get the word out on the display. There were tied blankets, afghans, quilts of every size, baby blankets, and more. The quilters have been nothing but busy. "I wanted to give [the refugees] a



A 'Welcome to Canada We care' has been sewn onto the quilts.

gift to snuggle under and know someone cares for them," said Carr.

Over 150 people walked through the display on Saturday, taking in the vivid colours and patchwork. There was no fee to go, but there was a donation box — and it received around \$1,500. Carr will use that money to buy any supplies they need for future quilting and the leftover funds will be donated to the cause.

She still has fabric donations coming in to make more quilts. And in her spare bedroom at home, Carr said she has about 30 quilt tops alone ready to go, over a dozen tops and backings, plus a pile of more backings and fabric, waiting to be placed together.

And she plans to use all she has, too. Carr said she and her group would keep quilting for the Ukrainian refugees as long as they can.



STANDARD PHOTOS BY BECCA MYSKIW

Maureen Carr spear headed the quilt-making three weeks ago and is amazed at how much work the quilters have done.



Over 130 quilts were on display last Saturday, all of which have been made for Ukrainian refugees.

















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SALES & SERVICE

April is Parkinson's Disease Awareness Month

The Parkinson's Foundation makes life better for people with Parkinson's disease by improving care and advancing research toward a cure. In everything we do, we build on the energy, experience and passion of our global Parkinson's community.

What Is Parkinson's?

Parkinson's disease (PD) is a neurodegenerative disorder that affects predominately dopamine-producing ("dopaminergic") neurons in a specific area of the brain called substantia nigra.

Symptoms generally develop slowly over years. The progression of symptoms is often a bit different from one person to another due to the diversity of the disease. People with PD may experience:

Tremor, mainly at rest and described as pill rolling tremor in hands. Other forms of tremor are possible

• Bradykinesia • Limb rigidity

• Gait and balance problems

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The cause remains largely unknown. Although there is no cure, treatment options vary and include medications and surgery. While Parkinson's itself is not fatal, disease complications can be serious. The Centers for Disease Control and Prevention (CDC) rated complications from PD as the 14th cause of death in the United States.

The first step to living well with Parkinson's disease is to understand the disease and the progression:

It is possible to have a good to great quality of life with PD. Working with your doctor and following recommended therapies are essential in successfully treating symptoms by using dopaminergic medications. People with PD need this medication because they have low levels or are missing dopamine in the brain, mainly due to impairment of neurons in the substantia nigra.

It is important to understand that people with PD first start experiencing symptoms later in the course of the disease because a significant amount of the substantia nigra neurons have already been lost or impaired. Lewy bodies (accumulation of abnormal alpha-synuclein) are found in substantia nigra neurons of PD patients.

Scientists are exploring ways to identify biomarkers for PD that can lead to earlier diagnosis and more tailored treatments to slow down the disease process. Currently, all therapies used for PD improve symptoms without slowing or halting the disease progression.

In addition to movement-related ("motor") symptoms, Parkinson's symptoms may be unrelated to movement ("non-motor").People with PD are often more impacted by their non-motor symptoms than motor symptoms. Examples of non-motor symptoms include: apathy, depression, constipation, sleep behavior disorders, loss of sense of smell and cognitive impairment.

In idiopathic Parkinson's disease, progression tends to be slow and variable. Doctors often use the Hoehn and Yahr scale to gauge the progression of the disease over the years. The scale was originally implemented in 1967 and it included stages zero to five, where zero is no signs of Parkinson's and five is advanced PD. It was later changed to become the modified Hoehn and Yahr scale.



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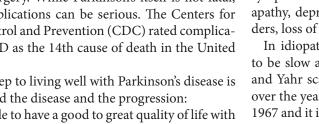
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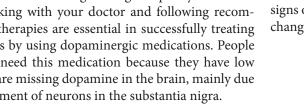
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ROSEISLE



Calves dust their noses with miracle product

By Nicole Brownlee

Studies herald a mineral compound that can improve animal coats, health and production, but farmers across Canada say they've believed in and used the product for almost 30 years.

Charlene Kaartinen was first recommended diatomaceous earth (DE) by a holistic veterinarian in 1992 at an organic seminar in Virden to boost her calves' immune system.

"Every year on farms there's always trouble with scours, but with us, it was coccidiosis," said Kaartinen, who has been a cow and calf producer for 35 years with her husband Craig Kaartinen at their farm in Eriksdale.

The couple used to rely on a \$75 box of Calf Span tablets, an antibiotic in tablet form, to treat coccidiosis.

"We had to catch these calves, pop these black pills into them for three days in a row, and we're dealing with calves that are already 200 pounds plus," she said. Kaartinen incorporated DE into her herd's feed and soon realized the DE improved her calves' health because they were eating less dirt.

Researchers theorize calves eat dirt because they don't consume enough minerals, like phosphorus or salt, crave a salty taste or are curious about their surroundings.

Regardless of calves' reasoning, consuming dirt, manure or muddy water can make calves sick because there are parasites living in their snack of choice. Calves can then develop scours, coccidiosis or ulcers, leading to a costly vet bill and an uncomfortable regimen of antibiotics for the calf.

"Just like with us, you get an upset stomach you're looking for something more alkaline to counteract that acid. Soil is supposed to be more naturally alkaline, so the calves go to that to try and self-medicate."

Kaartinen believes the alkaline pH level in DE attracts calves.

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toll free at

1-877-598-5685.



EXPRESS PHOTOS BY CHARLENE KAARTINEN

Charlene and Craig Kaartinen run a third-generation farm in Eriksdale and distribute their "godsend" product, diatomaceous earth.

"It soothes their belly."

Adding food-grade diatomaceous earth, marketed as an anti-caking agent for livestock feed, to the Kaartinen's food program has reduced illnesses in their calves, saving Star Lake Beef money and inspiring a new revenue stream.

Like how soil quality varies on the field, the minerals and quality of DE differs based on the location its mined from.

Star Lake DE is produced and imported from a mine in Nevada and doesn't contain any clay contaminants or additives which gives the product a distinctive white colour and smooth texture. Star Lake DE also has a unique mineral composition, said Kaartinen.

The Kaartinens became the sole supplier of their enriched food-grade DE sold in Canada in 2002, six years after they started selling the product.

"It sounds too good to be true to have a product you can put out there, and the calves will eat it, and it'll reduce your trouble," she said.

"I'm only selling the product because I know it works." On average, only two to four calves per year at the Kaartinen farm require additional intervention for loose stool since incorporating Star Lake DE into their feed. If calves need more care, the Kaartinens mix Star Lake DE with water for the ailing few.

In the late 90s, there were very few scientific studies researching how and why DE impacted animals, but like Kaartinen, many farmers trusted the product because their calves were healthier.

There are few substitutions to DE that detract calves from consuming dirt, but some producers have noted that adding salt or additional mineral blocks can distract calves.

In the past decade, several studies have discovered DE benefits animals like sheep, chickens and rabbits.

DE comes from skeletal remains of algae-like plants called diatoms which have existed since prehistoric times. The diatoms are ground to a powder that looks and feels like talcum powder.

Calves that graze on feed mixed



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> DUST THEIR NOSES, FROM PG. 12

with DE emerge with characteristic white dusty noses like their snouts were dipped in powdered sugar.

Star Lake DE also contains minerals like silica, iron and calcium and prevents pests.

Powdered DE contains microscopic sharp edges that cut through insects' protective covering, killing them through dehydration. Farms have incorporated DE into grain bins to utilize the product's pest control abilities.

However, several studies and Kaartinen warn that DE is best introduced in the calving season to newborns. DE is less effective at promoting the animal's health if it has already consumed parasites.

"Producers need to think of it as a preventative measure." Kaartinen recommends three to four bags of DE for calves in a herd of 100, which would cost around \$1.70 per calf.

Daryl Hoeppner, owner of Arborg Livestock Supplies, has sold Star Lake DE since the early 2000s and notes that customers have picked up the product for a variety of uses.

"The part we like is that it's all-natural," said Hoeppner. "The ladies in town love it for their gardens because it works on cutworms and potato bugs."

Customers who pick up Star Lake DE for their calves return to the supply store every season, he added.

Allan Szklaruk from Gypsumville said Star Lake DE is a godsend product compared to expensive antibiotics.

One producer shared with Kaartinen that he couldn't understand why one half of his calving herd struggled with scours while the other didn't. He realized that the cows without scours ate from a trough with leftover DE from the previous year.

"He was sold," said Kaartinen.

For more information about Star Lake DE, contact Charlene Kaartinen at ckaartinen@outlook.com or phone 204-739-5251.





Calves jostle to eat DE and are detracted from eating dirt.



Grazing Workshop Series

Start Your Grazing Plan (Workshop 1) Choice of 3 locations

MBFI Brookdale Farm Learning Centre - Tuesday, April 12, 2022 (12:00-6:00 pm) North of Brandon, Corner of PR 353 and Hwy #10

Eriksdale Community Centre - Wednesday, April 13, 2022 (9:30--3:00 pm) 22 Railway Ave - Eriksdale

Grandview Kinsmen Community Centre - Thursday, April 14, 2022 (9:30-3:00 pm) 435 Burrows Ave - Grandview

<u>Agenda</u>

- Building Pasture Productivity using Pasture Planning Steve Kenyon - Greener Pastures Ranching Ltd
 Using Agri-Maps as a tool to develop grazing system plan
 - Shawn Cabak Ag Adaption Specialist Livestock, MB Ag
 Developing applications for grazing project funding

 Laura Grzenda, Andrea Bertholet & Jewel Mazur
 - Agri-Ecosystems Spec. Livestock Stewardship, MB Ag - Local cost sharing programming
 - Hands-on supplementary training (optional) please bring your laptop

SAVE THE DATES! - MORE DETAILS TO FOLLOW

Fence and Water Solutions (Workshop 2) - MBFI Brookdale Farm Site - June 1, 2022 Electric Fencing Theory & Hands-on Demonstration, Solar Power for Remote Water Systems, Pasture Pipeline Installation

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Incredible Creatures: The wonders of wood frogs

By John Gavloski

Very soon we will be hearing a symphony of sounds as overwintering amphibians start emerging. There are eight species of frogs in Manitoba, and four species of toads, each with their own call. Some of these frogs also have some quite fascinating attibutes to help them survive. This month's Incredible Creatures will explore the wonderful world of wood frogs.

Where to find a wood frog

CARMAN

The wood frog is appropriately named. It's a frog that is found mainly in wooded areas. But it can also live in meadows, or even urban areas. They can get to about 8

cm long, and females tend to be larger than males. Colour can vary, but they are usually a mottled brown (the same colour of dead leaves on the forest floor). Wood Frogs can change colour rapidly from very dark to very light. They will darken when cold to absorb more heat. They have a black marking across the eyes, that resembles a mask, and white jaw stripe. Some may have a white stripe down the back.

Built-In Antifreeze

Many frogs survive northern winters by hibernating deep under water, in ponds, lakes and streams. They are cold and dormant, but their body temperature never falls below freezing. Wood frogs have a different strategy. Wood frogs hibernate on land. They can lie frozen under a log, leaf litter, or moss, partially insulated from a deep freeze by a layer of snow. Wood frog's cells concentrate glucose and urea before they hibernate, which act as antifreeze, lowering the freezing point of water. Crystals form in the fluid outside the cells, where they cause minimal damage. Its amazing adaptations to cold are why wood frogs can live at higher latitudes than other amphibians. It occurs throughout Canada, as far north as the tree line (the edge of the Arctic tundra). It is absent from the island of Newfoundland (but found in Labrador).



STANDARD PHOTO SUBMITTED Wood Frog

Oh give me a home, where the fish do not roam

Wood frogs prefer to breed in small, temporary ponds arising from the spring snow melt. Any pond that holds water until the end of June can be used for rearing their young. They will sometimes breed in larger bodies of water, including lakes and slow flowing streams, but prefer temporary ponds which do not have fish and other predators that would eat eggs and tadpoles.

The forest floor where they lie dormant for the winter warms quicker in the spring than do large ponds, marshes or lakes, allowing the wood frog to

Continued on page 19



Children's Camps nternational



Auction for Kids Online – Saturday, April 16, 2022

Come and check out the amazing deals graciously donated to Children's Camps International fundraiser to send children to Bible camp in developing countries.

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- Signed NHL Jerseys

Find us at ccicamps.com/Auction and you can get great deals and send kids to camp



Celebrating International Day of Pink

Saying we will not stand for bullying

By Staff

The International Day of Pink will take place on April 13 this year. This is a day when the world stands against bullying, discrimination, homophobia, transphobia, and transmisogyny.

It's important to stand up against bullying and discrimination not just at a global level but right here at home as well.

To be a part International Day of Pink everyone is welcome to wear pink on April 13 and represent equality, diversity, inclusivity, solidarity, kindness, courage, acceptance and much more.

Something very special about this day is that it was started right here in Canada. In 2007, two high school students in Nova Scotia witnessed a gay student wearing a pink shirt being bullied. The high schoolers came to the aid of their fellow student but wanted to do more to prevent homophobic and transphobic bullying. They decided to purchase pink shirts and convinced their peers to all arrive at school wearing pink. The result of their actions was all students standing together in solidarity which in turn brought enough awareness that everyone started working together to prevent this type of bullying.

This initiative has continued to grow over the years and is now an international campaign that seeks to end all bullying in schools, workplaces and communities.

In addition to wearing pink, residents can also show their support on social media with stickers and GIFs, video call backgrounds, social posts, and social media headers available at the International Day of Pink website.

Let's all take the time on April 13 to wear pink, spark conversations about inclusivity and fi nd ways to make our communities more accepting places for everyone who lives here.

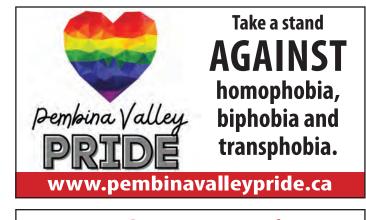
To learn more about this initiative go to https://www.dayofpink.org/.



"Love one another in response"

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Assiniboine college bringing nurse training to Morden

By Lorne Stelmach

Mayor Brandon Burley hopes having Morden play a role in rural based nurse training could be a stepping stone for the city.

He heralded the announcement last week that Assiniboine Community College will have rural rotating sites for its practical nursing diploma program in Otterburne this fall and then in Morden next January.

Being done in partnership with Southern Health-Santé Sud, both sites will have capacity for 25 students.

"We're willing to do whatever is necessary to help keep our people here and to train here and be able to develop professionally and academically where they are, so there's a big opportunity right now for Morden to step up and be a player in this area," said Burley.

"We're hopeful it's a first step in being able to demonstrate the appetite in the region for post-secondary education and the demand for skills training, whether it's in nursing or any other discipline or profession," he added. "We're very grateful for the opportunity to host Assiniboine Community College."

The Manitoba government had announced in December that it was investing \$19.5 million to add 259 nurse training seats starting at five post-secondary institutions across the province as part of a multi-year plan to add close to 400 seats overall. There were currently more than 800 nursing seats in Manitoba offered at six publicly funded post-secondary institutions across the province.

The proposal included an additional



STANDARD PHOTO SUBMITTED

Dignitaries and health officials gathered in Brandon last week to announce Assiniboine Community College's plans to set up rural rotating sites for its practical nursing diploma program in Otterburne and Morden over the next year.

55 licensed practical nursing seats through Assiniboine Community College in Portage la Prairie and rural rotating sites as well as an additional 32 registered nursing and registered psychiatric nursing seats at Brandon University and 120 registered nursing seats at the University of Manitoba.

The Otterburne rural rotating site will use existing Providence University College campus facilities, while Morden's site will make use of a currently vacant facility in the community.

"This is a great opportunity to continue to expand our training to this part of the province," said Mark Frison, president at Assiniboine. "Rural rotating nursing sites are essential to ensuring there are enough trained nurses to keep up with demand in all regions of the province."

Applications to both sites are open until May 23. Admission priority will be given to those who live in a rural community within 100 km of the site.

"The first conversations we had with Assiniboine Community College go back over three years, and our economic development officer has done an awful lot of leg work to see this realized," noted Burley. "It's fantastic news in that it's difficult, it seems, to draw medical professionals into rural communities ... so being able to train where those skills could be used will be incredibly valuable.

"We're also kind of looking at this as a first step," he added. "Council has always been committed to the idea that local education and options in post-secondary education need to exist in this region. We've always been committed to investing wherever we could and partnering where possible to deliver post-secondary education."

"Our skills, talent and knowledge strategy calls for programs to ensure people have more access to post-secondary education in Manitoba in sectors with high labour demand, such as health care," said Jon Reyes, Minister of Advance Education, Skills and Immigration. "Assiniboine's rural rotating nursing sites are an important contributor to the province's goal of increasing nursing seats in the coming year, and I am confident these programs in Otterburne and Morden will help address the need for nurses in Manitoba."

"In Morden, we have a growing community and a great opportunity to reach many potential students in a central hub of our region," said René Ouellette, regional lead, human resources with Southern Health-Santé Sud. "We look forward to strengthening our relationship with Assiniboine, developing a new relationship with Providence, and helping our region meet the high demand for nurses."

> "WE'RE HOPEFUL IT'S A FIRST STEP"



Kinsmen Club community work continues to live on in Carman

By Dennis Young as told by Ron Stanger

When Ron came to Carman in 1961 to work for Safeway, he was encouraged to be part of the Community and to make new friends. So he joined the Kinsmen Club (formed in 1947), which was for men in the age of 20 to 39. They met twice a month, one Tuesday at the Shamrock (now The Breakaway) Café and the next at the Ryall Hotel.

"If a Kinsmen missed three meetings in a row, he was expelled," Ron expressed.

At the time the Club had a meet and greet plan called The Boot. The Stangers would discover what that was. "Someone phoned and told us they, and two other couples, would be coming to our house and bringing the Boot. The Boot had a list of people that had been visited before. "Then we looked to see who had not been visited, phoned 2 other couples and invited ourselves over lol. They in turn had to repeat the process within two weeks or be raided by everyone!"

Carman members would visit other District 2 (Manitoba & North West Ontario) Clubs. The District was divided into six zones with Carman's containing Portage, Treherne, Elm Creek, Winkler, Mor

den, Manitou, Pilot Mound & Cartwright. Just Treherne, Manitou and Pilot Mound have clubs now. Carman Kinettes are the active local Club.

While there was plenty of socializing being had, a lot of hours were spent raising money for local projects. "We worked in the booth under the grandstand at the Carman Fair, sold Christmas trees, the hugely popular Mardi-Gras social, Swimo, Grey Cup, Stanley Cup and World Series pools and it goes on and on. The largest at the time...The Kinsmen Pool!

The Kinsmen Swimming pool had opened the summer before Ron and Isabelle came to Town but still was a major task as lots of work had to be done. "I was told when they had someone dig the hole he made it 20 feet longer than planned." For another 10 years the Club painted the asphalt, finished up the change rooms and installed a filtration system. "The upkeep took countless man hours and was never finished as more jobs popped up each year."

There were people that were not members that would come to help. Ron tells of one of them who was asked to join the Club. "He said "I



STANDARD PHOTO SUBMITTED

Kinsmen Club members in 1967: back row, Ted Rose, Jack Murta, unknown, Bob McKenzie, Ron Stanger (past president); front row, Ron Gibson, Ron Latimer, Chip Hand (president) and unknown.

worked 20 nights and now you want me to pay you \$12.00 (Membership fees) to work here?" ... a big joke for us for years."

Ron had 1 last story. "We flooded a vacant lot in the North End for free ice skating and one day just after we finished our first rink, a lady was waiting to see me at the store. She was dressed in older coat and looked poor but she just wanted to express her thanks to the Kinsmen for the rink as her son was now able to skate free. That was the best moment in my Kinsmen years."

Ron took his turn as Secretary and "worked" his way up to President following Scotty Douglas in 1966. During '69-70 he was the Deputy Governor of District 2 and was awarded a life membership in the Kinsmen Clubs Association.

> FIREFIGHTER GEAR, FROM PG. 8 give what they can.

merman said.

"Although the gear is used it's still perfectly safe," he added. "We're not sending out anything that has holes in the boots or rips in the jackets or anything like that. It's perfectly functional gear ... it's nice to get it out where people can still use it."

Manitoba fire departments certainly aren't alone in doing what they can to help Ukrainian firefighters, Zimmerman noted.

"Some of the other neighbouring countries have been sending in fire apparatus [vehicles]. That's a little hard for us to get on the plane, but we can send the gear and try to help them out that way."

Tatarenko is overwhelmed at the response this campaign has generated. It's been amazing, she said, to see departments both large and small "I think we have enough for 20-25 full sets of gear that we can pull together and send," she said last week, noting that several sets were already en route to Ukraine. Rather than putting everything in a shipping container that could take a month to arrive, they've been sending supplies with people travelling to Europe to get it where it needs to go

as quickly as possible. In addition to the firefighter equipment, Tatarenko has also been spearheading efforts to send tactical medical bags, medicine, tourniquets, blankets, and other supplies to Ukraine.

They've been selling Ukrainian flags to support these efforts and also accept monetary donations. You can donate via e-transfer or PayPal to helpukrainemorden@gmail.com

You can also follow the group's work on Facebook at Help Ukraine - Morden & Pembina Valley.



STANDARD PHOTO SUBMITTED

Help Ukraine-Morden & Pembina Valley organizer Yevgeniya Tatarenko with the first sets of firefighter turnout gear sent to Ukraine last week.

We want to hear from you.

The Carman-Dufferin Standard connects people through stories to build stronger communities. Do you know someone who has a unique hobby? Will be recognized by a local organization for volunteer service? A teacher that goes above and beyond? A hometown hero? A sports star? A business celebrating a milestone or expansion? A senior celebrating their 100th birthday? A young entrepreneur starting out? Please share your story ideas with Dennis Young at denjohnyoung@gmail.com or Lana Meier at news@carmanstandard.ca or call 204-467-5836.

STANDARD

> WOOD FROGS, FROM PG. 16

start its breeding cycle much earlier. The temporary ponds that the wood frog uses for breeding also warm faster and stay warmer than larger water bodies, allowing for rapid growth of tadpoles in an environment largely free from aquatic predators.

Meet your Frog Choir

The earliest frogs calling in Manitoba are the boreal chorus frogs, which can often be heard by early-April. The call of boreal chorus frogs resembles the sound of drawing your finger down the teeth of a comb. By mid-April the wood frogs may be calling as well. Wood frogs have a call that sounds like short clacking or barking sounds, often compared to the quacking of a duck. From late-April until mid-May you may hear the call of the northern leopard frog. Their call sounds like a long snore followed by a few grunts.

Enjoy this spring's frog symphony, and when you hear a clacking of wood frogs, appreciate that not long ago they were frozen frogs on the forest floor.

Carman's skating surfaces Part 2 a second complex

By Dennis Young

The 1928 built rink was in trouble as reported in 1947. "All activities in the Carman Rink have been suspended for an indefinite period as the result of the discovery on Friday of a potentially hazardous condition in the structure," read the notice in the Dufferin Leader. "Following a high wind early Friday it was noted that five of the arches in the skating section had sagged perceptibly, apparently as a result of the effect of the wind and the heavy covering of snow on the roof."

Careful use continued until 1957 when Council ordered repairs to bring it into reasonably good condition which they hoped would extend its life expectancy by 10 years. J.B. Ross Construction & Supplies was awarded the \$2385 contract. A further \$2400



tancy by 10 years. J.B. Ross Construction & Supplies The roof over the skating ice collapsed under heavy snow in 1958.

STANDARD PHOTOS SUBMITTED

Flashback....60 years of 5 pin bowling



In 1961 Calmar Enterprises Ltd. announced construction of a completely modern eight lane alley in Carman. It would be one of six, the company planned to build that winter in rural Manitoba. Mr. Mort Calof told *The Valley Leader* at the time he had purchased the former J. Harder property on Villiard Ave. to make it convenient for housewives to bowl. A nursery room will be added so they may bring their children as well. Plans for the \$160,000 (\$1.5 million today) 50 x 120 building include fully automatic machining and a meeting room for league reps. The tender was awarded to a Winnipeg firm as no locals presented bids. Material arrived in June but with a dispute over carpenter wages, opening day was delayed. A difference of \$1/hour between Winnipeg and Carman labour kept many city carpenters not willing to travel for less.

Eventually opening day, with Johnny Harrison as manager, arrived with bowling offered from 12 noon to midnight, Monday to Saturday for .35/game. For the next 60 years Carman enjoyed bowling recreationally and competitively, and successfully too!!

National Titles: Youth: 2- Bantam Girls, 1- Senior Girls / High School: 1-Single, 1-Team, 2- Mb. Mixed Teams / Open: 2-Mb. Mixed Teams Congress Event: 1-Mb. Mixed Team / Manitoba Society of Seniors: 1- Gold, 1- Silver Provincial Titles: Youth: 9- Girls Singles, 5- Boys Singles, 3- Girls Doubles, 1 each – Teams / High School: 2- Mixed Teams / TSN Pins Game: 2 – Ladies Canadian 5 Pin Bowling Assoc. Open Titles: 4-Ladies Singles, 4- Mens Singles, 1-Ladies, Team 8- Mens Teams, 5 – Mixed Teams Canadian 5 Pin Bowling Assoc. Hi/Low Doubles Titles: 1-Mens, 1- Mixed Canadian 5 Pin Bowling Assoc. Interprovincial Titles: 1-Ladies, 2-Mens, 2- Mixed / Golden Agers: 1-Mens Team.

contract for installation of modern plumbing and oil heating in the waiting room was also in final stages of tendering.

Then the unthinkable happened in 1958. The 30-year-old rink had already been condemned and repairs under way when a howling blizzard dropped 2 feet of wet snow. The weight proved too much for the old barn and in 2 thunderous crashes the roof collapsed. No one was in the building at the time.

"I recall sitting at the typewriter deep in thought one stormy November afternoon staring blankly at the York Café when I was jarred out of my reverie by a dull thunder-like roar followed by a moment later by another." Dufferin Leader employee Abe Loeppky recorded in his column that week of 1958.

The skating rink was considered a total loss, would not be repaired and was decided to use as an outdoor rink. A tender of \$1275 was given to W. Hannah of Poplar Point for the job of cleaning up the rink portion while Jack Ross added a new roof to the waiting rooms. The 3 sheet curling rink's south wall (skating's north wall) was repaired and that club forged ahead.

The building was not insured for damages by causes of this kind as a local agent stated that insurance for snow or ice loads is not procurable for mercantile structures. There was a note of irony in the collapse too. With interest, the building costs came to \$30,000 (\$285,000 today) and the final payment of the 30 year debenture was just made last spring!

The proposal of a new skating rink in Carman gained momentum among user groups and the Chamber of Commerce. The issue of where however created a debate that lasted until 1960. Huge numbers attended open meetings which led to 2 options. The present site, since the rumors of a supermarket being built there disappeared and because it was centre to shopping. The other was the successful choice in the park in cooperation with the D.A.S..

A committee consisting of RM Reeve Harry McCullough, Councillors Lew Roth and Archie Gibson, Town Councillors Freeman Lucking, James Janick and Harry Malcolmson met with D.A.S. reps Clarence Armstrong, Bill Dickenson and Blake Atkins to begin the procedure. Mr. Dickenson commented at the time "it would be a wonderful opportunity for the co-operation between the rural and urban segments of the community!"

The plans for the new \$180,000 (\$1.65 million today) Carman Coliseum/Agricultural Society Arena (depends who you talked to) were drawn up. They were for a 200 x 221 foot steel-girder structure featuring 2 ice surfaces, waiting rooms, 4H room, mezzanine overlooking the skating ice and 4 dressing rooms. For Federal grant approval plans were sent off to Ottawa.

After a Town and RM voting process, by 1961 construction was underway west of the racetrack. When completed the small ice would host 5 sheets of curling ice come winter and 4H activities in summer. Councillor Lucking stated then "The building will be a boon to the Ag. Society and especially suited to their 4H clubs."

The Town put up \$60,000 twice the amount of the RM's whose tax payers wished a full disclosure of it's spending on this project. Sec-Treasurer Colin Rothwell broke it down over the 20 year payment. Land owners would see just 1/3 of 1 mill rate per 1/4 section or a total of \$20 over those years. The remainder funding came from Fed and Prov cash grants with the understanding the primary use would by D.A.S. for exhibition buildings. The property stayed in the D.A.S.'s name.

Next part 3....60 years of upgrades.

Spontsarecreation

Flyers one win away from advancing

By Ty Dilello

The first round of the MJHL postseason has been a roller coaster of sorts for the Winkler Flyers, as their bestof-seven series against the Winnipeg Blues thus far has seen victory go to whichever team has had home-ice advantage.

After winning the first game at home, the Flyers headed to Winnipeg, where they lost the next two games.

Returning to Winkler for games four and five, the Flyers pulled out a wild double-overtime thriller last Friday and then took Sunday's game 3-1 to lead the series 3-2 as they head to Winnipeg for game six Wednesday night.

In game four, Winkler was a goal away from being down three-gamesto-one in the series as the match headed to overtime for a decision.

However, a Daniel Issak snapshot off a faceoff towards the end of double overtime was the goal that was desperately needed to tie the series.

"It was a really exciting game, especially having to come back the way we did," said head coach and general manager Justin Falk. "It's crazy with all of the momentum swings, and that's just how the playoffs works. Managing them, earning them, and changing them. It was a great response by our group after a not-sogreat second period that carried into the next game at home."

Flyers' defenceman Dayton Kiesman added, "We answered back and got the upper hand which was awesome. To win that game where our fans were electric, what a night."

The Flyers kept the momentum going Sunday, with goals from Justin Svenson, Gavin Waltz, and Jayden McCarthy leading them to victory.

"It was a great effort. We love the crowd and tried to feed off of it," said Waltz after the game. "We're going to try to end the series up in Winnipeg next game ... we just gotta find our energy up there in Winnipeg and we should be fine next game."

As the series heads back to Winnipeg for game six, Falk knows that it



STANDARD PHOTOS BY RICK HIEBERT Above: Winkler goaltender Dylan Meilun makes a pad save on a partial Blues breakaway in game four in Winkler Friday night, which the Flyers took 4-3 to tie the series at 2-2. Right: Logan Fillion avoids the check of Winnipeg's Josiah Vanderhooft. The Blues got their revenge Sunday night, also in Winkler, winning it 3-1. Came six is in Winnipeg Wednesday night.

will be a major test for the team.

"We need to have a response for us to have the type of effort we had at home to now carry that onto the road," he said. "So game six on Wednesday will be a huge test for us."

"When you think a game can be over and that you're out of hope, there are so many emotions in these kinds of series, and the momentum goes back and forth constantly. It'll be a really good test for us to stay rooted here, to stay humble, and do the things that give us success as we know the effort that were going to have to bring next game to be successful."

Should the Blues get a win Wednesday the series will need game seven to decide it. That's scheduled to take place in Winkler Saturday night.



Prairie Scratch Tour to begin next month

By Brian Bowman

Kicking off in 2022 for its inaugural season, the Prairie Scratch Tour was formed with the purpose of providing additional competitive amateur golf opportunities within the prairies.

The 2022 season will host a handful of events throughout Manitoba, each comprising 60 of its top amateur players.

"We're very excited," said Prairie Scratch Tour president Ben Bandura last week. "It's long overdue and much needed in the province of Manitoba."

The brainchild of this Tour was Bandura, vice president Jordy Lutz and Brett Multan, who is the director of player operations.

"The three of us were sitting down and I brought up the idea of starting this amateur tour," Bandura explained. "We incorporated ourselves and got our sponsors and we're ready to rock and roll for the 2022 season."

The season-long race for the Art Johnston Cup will be awarded to

the player who finishes the season with the most points (accumulated from both Prairie Scratch Tour and Golf Manitoba events) and have their name etched into Manitoba golf history.

The Tour's schedule includes stops at the Grand Pines Golf Course (May 22-23), the Elmhurst Invitational (June 25-26), the Selkirk Shootout (July 2-3), Links at the Lake (Aug. 27-28), and the Prairie Scratch Tour Championship (Sept. 10-11).

The Selkirk Shootout will include a shootout at night on July 2 after the first day of golf.

Two construction lights will be set

up. "We'll have as many people as we can get to come into this and all of the proceeds from this one shootout we are donating back to Manitoba Mental Health, which is really important to me, to help them out a little bit," Bandura said.

All of the events are going to be stroke play with the exception of the Selkirk Shootout. The Selkirk Shootout will consist of a two-man, bestball competition.

There's a lot of excitement swirling among the golf community in the province for this unique tour.

"I have never seen this much exposure for golf in the province since I came out here in (1994)," Bandura said. "Over the winter, everybody's been talking about it. The problem with Manitoba is that we're very low on the totem pole when it comes to a national scene for golf in the province. So, I decided we needed to get this Tour with the new amateur rules of people winning money at the events. We felt we needed more exposure, we needed more competition for a lot of the young guys in the province."

There are still some spots available for the Tour. Golfers can visit their website at prairiescratchtour.ca or contact Bandura by phone at 204-333-6748.



STANDARD PHOTO SUBMITTED Ben Bandura is the president of the Prairie Scratch Tour, which will begin its inaugural season next month. The tour will host a handful of events throughout Manitoba this summer, including one in Selkirk July 2-3.

Twisters, Express semi-final series tied at 2-2

By Lorne Stelmach

The Pembina Valley Twisters came into the week deadlocked at two games apiece with the Transcona Railer Express in their MMJHL semifinal.

The first four games of the best of seven series have gone back and forth following the 4-3 Transcona win in overtime in game one.

The Twisters rebounded with a 6-4 win last Tuesday in game two then dropped another 4-3 overtime deci-

sion in game three Friday before earning a 3-0 shutout victory in game four Sunday.

The Twisters took period leads of 2-1 and 4-3 and connected twice on the powerplay in game two last Tuesday.

TJ Matuszewski and Nathan Avotte both scored a pair of goals with the other markers coming from Travis Penner and Griffin Ayotte. Shots on goal were 47-38 in favour of Pembina Valley, and Logan Enns got the win in goal with 34 saves.

Game three got away from the Twisters, as they expanded a 2-0 first period lead to 3-0 partway through the second, but Transcona came back to tie it up then win it 1:56 into extra time.

Tyler Van Deynze scored twice, and Curtis Rebeck connected on a powerplay, while Enns made 33 saves with the Railer Express holding a 37-32 edge in shots on goal.

Enns earned the 23 save shutout in game four while the Twisters fired 43 shots on goal as they grabbed a 2-0 first period lead and added an insurance marker late in the third. Zander Carels, Nathan Ayotte and Matuszewski scored for Pembina Valley.

Game five went Tuesday in Transcona with game six Friday in Morris. If the series goes the distance, game seven will be back in the city Sunday. The St. James Canucks came into the week up 3-1 in their semi-final series with the Raiders.

Hamm's run falls short at Canadian Junior Curling Championships

By Ty Dilello

Team Jordon McDonald represented Manitoba well last week at the 2022 Canadian Junior Curling Championships in Stratford, Ontario, finishing in fourth place.

McDonald's rink, which features Winkler's Reece Hamm at third, went 7-1 over the course of the round robin to advance to the semi-finals.

"We went into Nationals with a team goal of making playoffs and looking at our pool beforehand; we thought we had a chance but really needed to fight for it," said Hamm. "It wasn't until our third game when we beat Ontario that I thought that we really had a chance. After that loss to Brit-

ish Columbia in the round robin, it was tough, but we bounced back and played even better as a team."

In the semi-finals, Manitoba fell to Alberta after giving up a steal in the final end to lose 5-4. After that tough loss, the McDonald rink couldn't recover in time for the bronze medal game and lost 11-5 to go home without a medal.

"On the final day, I can say I prepared a little differently, knowing it was a huge game that we were going into. But we came out and played an unbelievable game that came down to the last rock. My skip Jordon had to draw down to the button to win and just overshot it a bit. That's the thing

about a big game like that, you think about the outcome, and you overthink, and the adrenaline kicks in; you just have to stay calm and throw rocks."

Still, there was a lot to build on for the young McDonald team, which hopes to return to the national stage in 2023.

"Unfortunately, next season, our lead will not be playing with us as we will only be able to have one overage player, who will be me. My second, skip, and I, as well as our coach, will be sticking together for next year. We will make an announcement as to our new player in the upcoming weeks. We're looking to really build off of this last year and shoot for that Maple Leaf at the 2023 Canadian Junior Championship."

Springfield's Aaron Van Ryssel represented the province as well at the Nationals as "Manitoba 2" and missed the playoffs with a 7-1 record.

On the women's side, Team Manitoba was represented by Moosehorn's Tansy Tober, while East St. Paul's Morgan Maguet competed as "Manitoba 2."

Tober finished the round robin with a 5-3 record and missed out on the playoffs by a last-stone draw tiebreaker. Maguet also missed out on the playoffs with a 1-7 record.





Recipe adapted from homemadeinterest.com

- Crust: 4 cups granola mixture
- 1/2 cup butter, softened 4 1/2 tablespoons honey nonstick cooking spray
- Filling:
- 21/4 cups vanilla Greek yogurt
- 8 ounces cream cheese, softened 1/2 cup granulated sugar



Servings: 12

- Nonstick cooking spray
- 1 package (20 ounces) French bread, cubed, divided
- 1 can (20 ounces) apple pie filling
- 9 eggs
- 1 cup half-and-half
- 2 teaspoons ground cinnamon
- 1 cup powdered sugar, plus additional (optional)
- 2 tablespoons milk, plus additional (optional)
- Spray 8-by-8-inch glass baking dish



Prep time: 15 minutes Cook time: 5 minutes

- Servings: 4-6
- Lamb:

4 Atkins Ranch grass-fed lamb loin chops 1 teaspoon cumin powder

- 1/4 teaspoon salt
- 1 tablespoon extra-virgin olive oil
- Hummus:

Brunch Fruit Tart

- 1 teaspoon vanilla extract
- 1 package gelatin Toppings:
- strawberries, sliced

blueberries

kiwis, sliced

To make crust: Preheat oven to 350 F. In large bowl, combine granola, butter and honey. Grease 11-inch tart pan with nonstick cooking spray. Line bottom of tart pan with parchment paper.

Press granola mixture into tart pan. Place tart pan on baking sheet and bake 10 minutes. Cool completely.

To make filling: Using mixer, combine yogurt, cream cheese, sugar, vanilla ex-tract and gelatin until whipped com-

pletely. Pour yogurt mixture into tart crust. Refrigerate at least 1 hour.

Top with strawberries, blueberries and kiwis.

Overnight Apple Cinnamon French Toast Casserole

with nonstick cooking spray.

In baking dish, add 10 ounces cubed French bread in bottom of dish. Pour apple filling over bread. Top with remaining cubed French bread. Set aside.

In medium bowl, whisk eggs, half-andhalf and cinnamon. Pour evenly over bread.

Cover with aluminum foil and chill overnight.

Heat oven to 325 F.

Remove foil and bake 50-60 minutes. Let cool 10-15 minutes.

In small bowl, whisk powdered sugar and milk. Add additional, if needed, until pourable glaze is reached. Drizzle over casserole before serving.



Health and Wellness Fitness expert Julie Germaine Coram

By Fitness Expert Julie Germaine Coram

Every single person - even the most successful, self-driven individuals - suffer from lack of motivation at times. It's true, so don't feel hopeless or get down on yourself if you're slipping or have already fallen into a rut when it comes to your fitness routine.

Positive change doesn't happen overnight, but your life will 100% continue to improve if you apply these mental tricks to get motivated again.

Focus in on 1 main goal. Per-1. haps when 2022 hit, you took all the great advice and sat down to write out your goals. We are instructed to dream big and create a clear vision of all we want to achieve. Great, right? Except that your list may be overwhelming to you, and if you don't know where to start, you risk freezing completely and going nowhere! Instead, take your list and circle 3 top goals, then choose 1

tablespoons pomegranate seeds) parsley, chopped

lemon wedges

toasted flatbread or tortilla chips To make lamb: Remove lamb from bone, dice meat into small cubes and

transfer to medium bowl. Add cumin powder and salt. Toss to

coat. Marinate while preparing hummus. To make hummus: Drain chickpeas, reserving 1 tablespoon liquid. Rinse chickpeas under running water then drain.

In bowl of food processor, pulse chickpeas, chickpea liquid and garlic until chickpeas and garlic are chopped.

Add tahini, lemon juice, salt, cumin, paprika and olive oil. Mix until smooth to tackle right now. The list isn't going anywhere, and you have plenty of time to check off every item, but you're far more likely to do that if you take things one at a time.

Train your brain. Give your-2 self permission to surf for knowledge related to your goal to get excited about them again. This is a wonderful daily habit that will feed your mind with incredible information to help you level up, and will keep things fresh and interesting.

Build anticipation by set-3. ting start dates and benchmarks in advance. You'll create energy if you have time to prepare to attack your challenge and improve your focus by developing a timeline for progress. Be sure your mini-goals are realistic and achievable so you can build on small successes as you climb the ladder to success.

Accept setbacks and enjoy the ride. Life is a rollercoaster of highs and lows, and your fitness journey is much the same. Having a community to support you in achieving your fitness goals is a huge benefit! Talk about your fitness journey, listen to other people share their weight loss experiences, and never hesitate to reach out to me if you have questions – I love to help!

Would you like to lose 2" from your waistline in the next 30 Days? Join my VIP Fat Loss Challenge! Secure your spot asap – limited space available. Visit: www.calendly.com/ juliegermaine or email info@juliegermaine.com

Coach Julie Germaine Coram is a Manitoba-born fit mom, 2x International Pro Fitness Champion, Miss Fitness Manitoba, Certified Nutrition & Renowned Fitness Expert. She has helped thousands of men and women improve their health since 2005.

paste forms. Taste and adjust by adding more salt, lemon juice or olive oil, as desired.

Transfer hummus to large platter and spread it out.

In large skillet, heat extra-virgin olive oil over high heat until hot. Add lamb and cook 30 seconds without moving.

Turn lamb over and cook 30-60 seconds, repeating until all sides are browned. Remove from pan and let rest 5 minutes. To serve, place cucumbers and toma-

toes in well of hummus then top with lamb, pine nuts and parsley.

Top with squeeze of lemon juice and serve with flatbread or tortilla chips.

Spiced Grass-Fed Lamb Over Hummus

- 1 can (15 ounces) chickpeas
- 3 cloves garlic, chopped 1/4 cup tahini
- 3 tablespoons fresh lemon juice
- 1/2 teaspoon salt
- 1/2 teaspoon cumin
- 1/2 teaspoon paprika
- 3 tablespoons olive oil
- For serving: 1 Persian cucumber, small diced

 - 1 small tomato, diced
 - 2 tablespoons roasted pine nuts (or 2



· Ability to take direction and work with moderate supervision.

Job Types: Full-time, Permanent

Wage is dependent on experience and qualifications. Benefits included.

Schedule: Five 8 hour shifts; working Monday to Friday, 7:30am - 4:00pm If you are looking for a rewarding career or would like to share a resume please contact; Ray Beukema at 204-745-2951 (ext 440) or email him at ray.beukema@walinga.com

Only those considered for an interview will be contacted.

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ACCESS CREDIT UNION Annual General Meeting of Members

TAKE NOTICE THAT the Annual General Meeting of the members of Access Credit Union will be held on Thursday, April 28 at 6:00 p.m. CDT via virtual means, for the following purposes:

- 1. 2021 Financial Statements
- 2. Board of Directors Report
- 3. Appointment of Auditors
- 4. Announcement of Patronage Allocation and Cash Redemptions
- 5. Director Elections

All eligible members wishing to participate in the General Meeting are required to register online at www.accesscu.ca prior to April 27, 2022 at 5:00 P.M. CDT.

More information about the virtual General Meeting can be found at: www.accesscu.ca.

DATED this 7th day of April, 2022 On behalf of the Board of Directors, Myrna Wiebe, Corporate Secretary



HEALTH

Are you suffering from joint or arthritic pain? If so, you owe it to yourself to try elk velvet antler capsules. Hundreds have found relief. Benefits humans and pets. EVA is composed of proteins, amino acids, minerals, lipids and water. Key compounds that work to stimulate red blood cell production & cartilage cell regeneration & development. Stonewood Elk Ranch Ltd., 204-467-8884 or e-mail stonewoodelkranch@mymts.net

Scleroderma

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-located along the 10:30 am CDT Churchill River, near Sandy Bay, SK. Cessna 180. -Maintenance skills an asset. - Personal hunting perks available.

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TOWN OF CARMAN PUBLIC NOTICE

PUBLIC NOTICE is given that the 2021 CARMAN WATER TREATMENT PLANT ANNUAL PUBLIC REPORT for the Town is now complete and available for review on the Town of Carman's website (www. carmanmanitoba.ca). This report includes a summary of the system's water quality data and performance in meeting water quality standards and guidelines. Copies of this document may also be obtained at the Town of Carman office during regular working hours. For more information, please feel free to contact Darcy Hayward, Manager of Utility Services, 204-745-2481.



Sperling Industries Ltd. Is seeking an individual to join our team to handle our Accounts Payable function from head office in Sperling MB.

Primary Responsibilities:

• Enter and double check all incoming invoices from suppliers and match to purchase orders and/or quotes

- Facilitate a monthly cheque run to all vendors
- Maintain accurate files at all times

Basic knowledge of accounting programs and principles is preferred. Individual must be wiling to work as a team as well as individually. Compensation will be on an hourly basis, paid weekly depending on experience. Comprehensive insurance benefits and RRSP program is available.

Interested applicants should submit their resumes to: HR@Sperlingind.com



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26 The Carman-Dufferin Standard Thursday, April 7, 2022



Auction timed on-line at the Farm of Brian Drozd. Northwest of Fannystelle. MB. Closing Wednesday, April 13, 6 pm. John Deere 4520, tractor IHC Crawler HD -15 / DOZER, 2008 Duramax pickup, Payment and pickup will be April 14, 9 am to 2 pm at the farm. See www.billklassen.com/nextlot **Owner Brian 204-745-8008**



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Myrtle Rudd April 29, 1927 - April 3, 2012 Mom, we still miss you every day -Love from Judy, Susan, Bill, Jim and families

CROSSW



Call 204-467-5836

CARD OF THANKS

Bert Cummer would like to thank everyone who sent cards, flowers, phoned, baked treats and just wished him a happy birthday. It takes a long time to get there, but family and

friends paved the way. -Velma, Heather, Tracey Cummer



take a break

SUDOKU								
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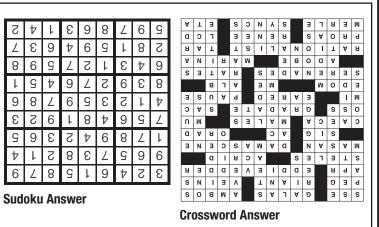
Numbers Like puzzles? Then you'll love sudoku. This mind-bendina puzzle will have

Fun By The

, you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

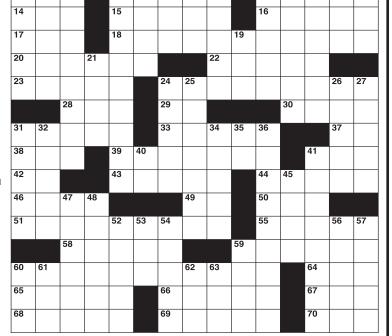
Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



CLUES ACROSS

- 1. Midway between south and southeast
- 4. Celebrations
- 9. Pulpits
- 14. Pin
- 15. Rare laughing
- 16. Parts of the circulatory system
- 17. Financial term
- 18. Pearl Jam frontman
- 20. Cores of vascular plants
- 22. Strong sharp smell or taste
- 23. Citv in S. Korea
- 24. One from Damascus
- 28. Short message at the end of an email
- 29. It cools your home
- 30. Towards the mouth or oral
- region
- **31. Intestinal pouches**
- 33. Boys and men
- 37. The 12th letter of the Greek alphabet
- 38. Former CIA
- 39. A way to arrange
- 41. Body cavity
- 42. The Great Lake State
- 43. A type of seal
- 44. Stop for a moment
- 46. Ancient kingdom
- 49. Of I
- 50. White clerical vestment 51. Songs to a lover
- 55. Prices
- 58. Sun-dried brick
- 59. Where to park a boat
- 60. One who values reason and
- knowledge
- 64. Partner to feather
- 65. Sailboats
- 66. Actress Zellweger
- 67. Type of screen
- 68. Country singer Haggard
- 69. Puts together in time
- 70. When you hope to arrive
- **CLUES DOWN**
- 1. An involuntary muscular



- 34. Takes on cargo
 - 35. Beloved Hollywood alien
- 36. Takes apart
- 40. Dorm official
- 41. Secondary or explanatory descriptor
- 45. Relating to wings
- 47. Speaker
- 48. Situated in the middle
- 52. Loop with a running knot
- 53. Alaska nursing group (abbr.)
- 54. Beloveds
 - 56. Establish by law or with
 - 57. Border river between India and

 - 60. Revolutions per minute
 - 61. They
 - 62. ESPN broadcaster Bob
 - 63. A place to stay

- 31. Arrives
- 32. Apart

21. Nonclerical

24. Tree resin

contraction

3. Leaves a place

2. PA transit system

5. Lends support to

7. Singer Di Franco

10. Doctor (Spanish)

11. Auction attendee

6. Chap

4. Sweet greenish fruit

9. Asserts to be the case

12. Characterized by unity

25. The academic world

26. Khoikhoi peoples

13. Soviet Socialist Republic

19. Way to analyze video (abbr.)

8. Water at boiling temperature

diffused in the atmosphere

- - authority
 - Nepal
 - 59. Millisecond
- 27. Infer from data



OBITUARY Linda Phillips

Sadly, on Monday, March 21, 2022 Linda Susan Pearl Phillips (nee McLaren) passed away at the age of 67 at Carman Memorial Hospital.

She was predeceased by her mother Betty McLaren (nee Smith), brother Donald McLaren, father-in-law Wes Philips and nephew Brian Phillips.

She is survived by her husband Don Phillips, children Marsha, Conner; Tasha (Trevor) Kolton and Taytum; Markus (Melissa) Davin and Addyson; father Clarke McLaren; sisters Tracey (Bruce) McIntosh, LeeAnn Last; mother-in-law Agnes Phillips; sister-in-law Shirley McLaren; bothers-in-law Blaine Phillips (Susan), Raymond Phillips (Jeannie) numerous aunts, uncles, nieces and nephews.

Her love of painting, baking and canning, gardening, flowers, and her family will always be in the hearts and minds of anyone who knew her. She will be forever missed.

In lieu of flowers, donations can be made to The Kidney Foundation of Canada (452 Dover Court Dr., Winnipeg MB, R3Y 1G4).

Dovle's Funeral Home

in care of arrangements www.doylesfuneralhome.ca

OBITUARY

Clifford Stanley Wildfang

On March 28, 2022 Clifford passed away at the Red River Lodge in Morris, MB.

Clifford was born August 31, 1934 in Carman, MB.

He was predeceased by his father Jim (1957), his mother Zella (1983), son Sandy (2017), and grandson Darren (2017).

Clifford leaves to cherish his memory and mourn his loss, wife Mary (nee Twiss) of 63 years; children James Wildfang, Bonny Derksen (Richard), Gerald Wildfang, Eric Wildfang (Nadine) and many grandchildren and great-grandchildren.

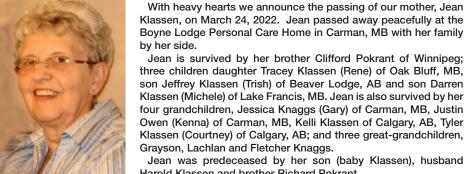
A private graveside service was held in the Elm Creek Cemetery. Donations may be made to CancerCare MB, 675 McDermot Ave, Wpg, MB, R3E 0V9.

> **Doyle's Funeral Home** in care of arrangements www.doylesfuneralhome.ca



OBITUARY

Jean Klassen



Boyne Lodge Personal Care Home in Carman, MB with her family by her side. Jean is survived by her brother Clifford Pokrant of Winnipeg; three children daughter Tracey Klassen (Rene) of Oak Bluff, MB,

son Jeffrey Klassen (Trish) of Beaver Lodge, AB and son Darren Klassen (Michele) of Lake Francis, MB. Jean is also survived by her four grandchildren, Jessica Knaggs (Gary) of Carman, MB, Justin Owen (Kenna) of Carman, MB, Kelli Klassen of Calgary, AB, Tyler Klassen (Courtney) of Calgary, AB; and three great-grandchildren, Grayson, Lachlan and Fletcher Knaggs.

Jean was predeceased by her son (baby Klassen), husband Harold Klassen and brother Richard Pokrant.

Jean was born on the family farm in Rosenfeld, MB on July 20, 1935. She loved spending time with family and friends. Mom went to school in Rosenfeld and finished grade 12 at the Mennonite College Institute in Gretna. In 1955 Mom received her Permanent Teaching Certificate and taught in various places in Manitoba until around 1964 at which time she worked various jobs and began having a family. Mom and Dad eventually moved to Northern Manitoba where they spent the remainder of their working years and during this time made life long friends. Retirement brought Mom and Dad to Carman, MB. Mom was an active member and volunteered at the Carman Legion. She enjoyed having her family close by and hosting family gatherings which all were welcomed.

Our mother was a very loving, supportive, and strong lady who will be missed by her family and many others. **Doyle's Funeral Home**

in care of arrangements www.doylesfuneralhome.ca



The Gardens on Tenth is a Seniors Complex in Altona Manitoba committed to serving our tenants through facilities, programs and Services.

ON TENTH We are currently seeking a dependable, detail-oriented professional to fill the role of a Bookkeeping & payroll clerk. In this

full-time position, you will ensure accurate and timely payroll delivery, in addition to managing the company's accounts payable and receivable functions and budgeting. This position is ideally suited for individuals who are well organized, have excellent time management skills and can maintain a high level of performance while maintaining accuracy.

Duties of the position include

- Overseeing and providing financial, administrative, and clerical services in order to ensure effective, efficient and accurate financial reporting
- Processing of Accounts Payables and receivables as well as Payroll
- Budget preparation
- Tenant Invoicing
- Month End and Year End procedures
- Prepare reports for government bodies
- Ensure compliance with government regulations
- Work as a member of a team and coordinate the flow of information between multiple departments while keeping maximum efficiency.

Skills and Requirements:

- Secondary Education in accounting or at least 3 years related experience and proficient knowledge in the following areas, accounts payable, accounts receivable, maintaining general ledgers, bookkeeping, assisting with payroll functions, financial reporting and procedures.
- Knowledge of Sage Premium Accounting and simply accounting procedures
- Oral, listening, written and interpersonal communication skills and phone etiquette
- Proficiency in Microsoft Office applications (especially Excel)
- Ability to work individually and as part of a team
- Strong analytical, organizational and communication skills

Pay Package

- The salary will be competitive with a comprehensive benefits package.
- Please submit a resume and cover letter to hr@gardensonthenth.ca

We thank all that apply, however, only candidates selected for an interview will be contacted. The position will remain posted until filled.

The candidate being considered will be required to undergo a Criminal Record Check.

THE ARDENS

The Gardens on Tenth is a Seniors Complex in Altona Manitoba committed to serving our tenants through facilities, programs and Services.

ON TENTH

We are currently seeking a dependable, detail-oriented person to fill the role of an administration assistant. This position is ideally suited for individuals who are well organized, have excellent time management skills.

Duties of the position include

- Provide front desk reception duties: greet tenants and visitors answer questions, give directions and manage flow of traffic in the office
- Answer phone/email inquiries to coordinate between various departments
- Maintain email files, filing cabinet and online calendars.
- Update, organize & maintain files & records for all departments
- Provide general administrative and clerical support to all Department supervisors and board members
- Prepare outgoing mail, sort mail and distribute.
- Data Entry

Skills and Requirements:

- Work Experience 2 yrs., preferred
- Oral, listening, written and interpersonal communication skills and phone etiquette
- Proficiency in Microsoft Office applications (especially Excel)
- Ability to develop and maintain a positive working relationship with others
- Detail oriented, ability to multi-task, with strong organizational skills are required.

Please submit a resume and cover letter to hr@gardensonthenth.ca

We thank all that apply, however, only candidates selected for an interview will be contacted. The position will remain posted until filled.

The candidate being considered will be required to undergo a Criminal Record Check.

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