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## Marked success

STANDARD PHOTO BY BECCA MYSKIW

Carman Elementary Grade 3 students Everly Dyck, left, and Khloe Van Voekel and their classmates spent part of last Wednesday making bookmarks for I Love to Read Month.

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# CES Grade 3 class makes bookmarks for the love of reading

By Becca Myskiw

February is the month of love, especially for the love of reading.

Carman Elementary School's (CES) Grade 3 class kicked off I Love to Read Month with making bookmarks. Last Wednesday, the class took some time to write down different reasons as to why each of them liked reading. Then, they wrote that on their bookmarks. Some students read because it's fun, others do it to learn things, and some do it for the adventure.

Their teacher, Shari Zacharias, said her students truly do love reading. She does a read aloud with them every day, even if it's not I Love to Read Month, and they always have an ongoing chapter book. On top of that, they also do silent reading every day.

She said some students are adamant that they don't like reading until they realize they can read graphic novels, comic books, and things like that — then, they're into reading.

"This month is all about love and loving reading," she said. "What a great way to promote reading amongst the kids."

The Grade 3 class at CES set a class goal to read 2,000 minutes in February, which comes down to about 200 minutes per student. Ryder MacLean

had already read 30 of his minutes just three days into the month.

He said he likes reading because he learns things when he does it. He just finished the first "Diary of a Wimpy Kid" book. Now, he's reading the second one. Auden Campton reads because it's fun. His favourite series is called Dragon Masters. It's about seven dragons — earth, fire, sun, water, moon, lightning, and poison — and their masters. He said the series started with four dragons and he's read up to them finding the lightning one.

Londyn Minty also reads because it's fun. Her favourite book is about a puppy princess who has to finish a mission to see her owner again — and she does. Her goal is to read the 200 minutes this month.

"If you reach that goal, that means you also learn more and how to read more," she said.

Zacharias said reading also teaches the children how to write. On top of the bookmark making, they have book trivia on Tuesdays, a mystery reader on Thursdays, and something different every Wednesday. They also have stop, drop, and read, thrown in here and there. If the Grade 3 class meets their goal of reading 2,000 minutes this month, they'll get a prize.



STANDARD PHOTOS BY BECCA MYSKIW

The CES Grade 3 class made bookmarks last Wednesday for I Love to Read Month.



Ryder MacLean reads to learn new things.



Londyn Minty reads because it's fun.



Auden Crampton reads because it's fun.



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# Carman gym owners start up the Biggest Loser

By Becca Myskiw

Carman residents are staying healthy to compete for the title of Carman's Biggest Loser.

Coel and Kim Doty, owners of Kingdom Health & Athletics along Carman's Main Street, are running the competition. The couple is new to Carman and were looking for a way to get the community involved with their gym in a time when it can't be open.

"Obviously since we can't open our doors, we were looking for any avenue to accommodate health and fitness," said Coel Doty. "The sole purpose of Carman's Biggest Loser is solely community based."

Essentially, people sign up in teams of six and hold each other accountable for losing weight and staying healthy. They weigh themselves individually at the start and end of each week, then report their weight loss (in pounds and measurements) to the team captain. The team with the most pounds and inches lost wins for that week and the losing teams have to each pay \$2.

But that money doesn't go to Kingdom Health & Athletics or the winners. It gets pooled until the end, when the winning team overall

chooses a charity of their choice and donates the money.

"It's individual because we're all working toward our individual goals," said Kim Doty. "But also, a team to have that accountability and encouragement."

Brittany Middleton joined Carman's Biggest Loser with her coworkers at Newman Hand Insurance. She said it's a great way to support a new business in town, to support a charity, and to stay healthy.

Coel Doty is releasing healthy recipes each week for teams to follow and the rest is up to those signed up. Middleton's team has been doing a virtual workout program with the gym and she said they get two videos a week to follow.

Middleton's team is working to be the biggest losers by cutting back on snacks while at work, eating healthier, and doing at-home workouts, along with getting outside and doing activities three to four days a week. They're utilizing the Boyne River Trail as much as they can.

"It's a good way to be held accountable for my own personal goals of living a healthier lifestyle," she said.

Teams can still sign up to be the big-



STANDARD PHOTO BY BECCA MYSKIW

Coel Doty, left, and Kim Doty are running Carman's Biggest Loser competition.

gest loser. The competition goes until April 30, when the team with the most percentage and inches of weight

lost will be deemed Carman's Biggest Loser. To register email Doty at coel\_d@hotmail.com.

## PVHS offering dine-in meal for fundraiser

By Lorne Stelmach

You can enjoy a good meal and support the Pembina Valley Humane Society at the same time on Feb. 19.

The organization is holding its second Spayghetti and No Balls fundraiser in partnership with local chef Kevin Funk.

The tongue in cheek name reflects the fact that the event is also meant to highlight the importance of spaying and neutering your pets and supporting the humane society's efforts in that area at the same time.

"Getting your pet fixed keep them healthy, improves their behaviour and saves money. It also helps prevent overcrowding in shelters due to unwanted pets," said Holly Thorne, PVHS public relations chairperson.

"The humane society also has a low-cost spay and neuter program for individuals and families that may not otherwise be able to afford to have their pets spayed or neutered," she noted.

Thanks to COVID-19 restrictions,

Continued on page 5



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# Golf club taking over restaurant when McGee's goes



STANDARD PHOTO BY BECCA MYSKIW  
Golf club general manager Dean North said they'll be running the restaurant themselves for now.

By Becca Myskiw

After the deadline closed for restaurant ownership applications at the golf course, the staff has decided to run the kitchen themselves.

Carman Golf & Curling Club general manager Dean North said they received no applications for the position — that's what prompted their decision to take over.

"We still feel like the right partnership to lease out our facility is the right way to go but we just haven't got it yet," he said. "Our number one goal is to lease but if things go really well running it ourselves, we might change our minds."

The golf club has hired a manager to run the new restaurant. She has over 40 years of background experience running the Carman Golf & Curling

Club restaurant, so they're excited about bringing her on.

"We feel fortunate someone as good as her is available to hire," said North.

The new manager starts on March 1, a month before they take over the restaurant. North said there will be many jobs available and she'll be in charge of the hiring.

The goal of the club as they take over the restaurant is to "serve good food in a timely fashion." North said to do that, they'll have customers order and pay for their food at the counter, then will have it brought out to them once it's ready. They're hoping that way of service will also keep the restaurant less busy to reduce the risk of COVID-19 being spread.

The menu will be a classic golf and curling club menu as well, he said.

They'll sell burgers, fries, sandwiches, wraps, and have daily and evening specials.

"We're trying to create a real simple menu so we can do simple food well done," said North.

Though they're taking over the restaurant in the midst of COVID-19, North said they're cautiously optimistic.

"I think there's a little bit of anxiety that comes with it for sure, but we're not so concerned that we're not going to do it," he said. "We'll follow protocols and keep people safe and operate it to the best of our abilities."

Current owner of McGee's, Robynn Linde, will be taking the name with her when she goes. North said she's done an amazing job with the restaurant and they're grateful for that.

# BSI Insurance celebrates 20 years in Carman

By Becca Myskiw

BSI Insurance has been serving the Carman community for 20 years, and so has the familiar face of Faye Harms.

Harms has been in the insurance industry since she graduated from high school. She started off handwriting documents, bookkeeping, and selling Autopac as a summer job, but she soon got the chance to take over the insurance brokerage — so she did.

The brokerage's name was changed to Carman Insurance Agency Ltd. and moved downtown in Carman where the office operated as a "2-person show." It was just Tracy Enns and Harms, but soon there were more insurance needs and more staff. And not long after in February 2000, BSI Insurance came knocking, looking to expand their Manitoba footprint.

With them, they brought the opportunity to meet customer's needs in a better way, increased staff and in turn,

increased the volume of the business.

Nine years later, BSI moved to their current location at 59 Main St. S., which allowed them to triple their space and give customers easier access to them.

"A sweet treat for all as Carman Bakery is located in the same building," said Harms.

Though the need for insurance has remained throughout the years, Harms said the customers' needs have changed.

She's gone from rotary phones with only two people on the call to iPhones with conference calls, photo taking, banking, and scheduling. The insurance industry now sees e-transfers, online payments, card transactions, and electronically signed documents. Almost everything is done via computer today as well.

Harms said all of these changes have allowed BSI Insurance to keep up and

to service their customers the best way they can.

BSI Insurance has also been an active participant in the community since setting down roots 20 years ago. They participate in and sponsor various community events like golf tournaments, hockey events, the arenas, the Snoflies Club, Carman Handi-Van Services, the Boyne River Keepers, the current ball diamond project, and their very own 12K'\$ of Christmas event.

"Some of our most memorable moments are assisting clients when they purchase their first home," said Harms. "Our clients are our friends, so what they go through matters to us."

She said people need insurance, so they need BSI Insurance. The company has established itself in Carman and plans to be here for more years to come.



STANDARD PHOTO BY BECCA MYSKIW  
Faye Harms has been with BSI Insurance since they started in Carman 20 years ago.

# This week in review over the past.... 100 years

(This feature will inform readers of a condensed version of events that were in print in the *Dufferin Leader* from 1921, 1946 and 1971).

## One hundred years ago 1921

A sure sign that spring is not far-seed catalogues are beginning to make an appearance.

Sanders Drug Store--chocolates "Annie Laurie" 1 lb. box --89¢ special. Valentine "500" drive on Memorial Hall on Feb. 14th.

Boyne Dramatic Club will present

two plays on Feb 10 at the Memorial Hall. "Sunset" a one act play and "A Hoodooed Coon" a three act play. musical entertainment between acts. Admission Adults 50¢ and children 25¢, proceeds for charity. A dance will be held after the entertainment.

## Seventy five year ago 1946

Thomas Cleave died on Feb 11 in Winnipeg at his sons. Thomas came to Carman in 1896 where he was employed at Sommerville Hardware, lo-

cated on Fournier Ave. (1ST SW) west side. Later he went into hardware business with Mr. Walton to form the firm of Walton & Cleave, also on Fournier, west side In 1912 he was appointed as postmaster, a position he held until June 1941, when he retired.

Mr. & Mrs. Frank Bridge, married on Feb. 12, 1896, celebrated their Golden Anniversary at the home of their daughter, Mr. E.K. Cunningham. At first they farmed near Carman, moving into Carman in 1902. Mr. Bridge

became the agent for International Harvester Co. and continued in the implement business until retirement in 1945. He served 43 years as secretary-treasurer for the Carman School, 14 years on town council, Mayor for 1914-1915, Carman Hospital Board 15 years, 4 years as police magistrate, member of the I.O.O.F. for 40 years. During WWI he was president of Carman Soldiers Benefit Society. In

# Carman Bowling Lanes changes hands as of Jan. 31

By Becca Myskiw

The Carman Bowling Lanes have been sold.

After 13 years of running the facility, Ken Wilson and his three partners have sold the business and are looking forward to some free time. Wilson said each of the four partners have full time jobs along with looking after the bowling lanes on the side.

"It's been a hobby for us," he said. "After we got to the 10-year mark, we sort of decided we were ready to try some new things and get a little bit more free time in our winter to do some things we enjoy."

He said COVID-19 wasn't necessarily a factor in their decision to sell, but it did reassure them that they were making the right choice. It took a while for the lanes to find the right offer from the right people, but when Aquila Morden Ventures Inc. came along, it worked out for everyone involved.

Aquila Morden Ventures Inc. said in a statement they plan to keep the bowling lanes in the community by upholding their legacy and improving the facilities for customers.

"The strong and committed customer base build



STANDARD PHOTO BY BECCA MYSKIW

The Carman bowling lanes have been sold.

over a long period of time will be cherished and strengthened by adding and improving sports facilities and enhancing beverages and snack services,"

they said in the statement. "The customer experience needs to be wholesome for the family and individual entertainment with sports activities when visiting the bowling alley."

Wilson said selling the lanes is bittersweet — the four partners put a significant portion of their lives into the business, and even more into the sport of bowling.

"On one hand, it'll be different walking in there and now owning the business anymore," said Wilson. "But we're excited too...our winters will look a little bit different."

He's already got a taste of what a winter not at the bowling lanes looks like — and he likes it.

Wilson said he's hoping they can open again before Aquila Morden Ventures Inc. takes over finish up some leagues and get a chance to reminisce and thank you to the customers in person.

Aquila Morden Ventures Inc. gets possession of the Carman bowling lanes on June 1, 2021. The deal between them and the current four partners was finalized on Sunday, Jan. 31.

# CN Police raising awareness about rail safety

By Lorne Stelmach

CN Police are aiming to raise awareness around rail safety, particularly now in the winter months when people are out on snowmobiles.

Last year in North America there were over 3,400 collisions with trains resulting in over 2,200 serious injuries or fatalities.

"We really look at like one incident is too many," said Paul Leaden, a sergeant with the prairie division of the CN Police.

"This time of year, it's really important to get the message out," said Leaden, noting particularly that trespassing "is a significant and probably the biggest concern."

"It's important people understand that there's legal consequences in addition to the safety issue," he said. "We remind people of the legal ramifications but it's primarily for safety."

"Trespassing on railway property is not only illegal, it is extremely dangerous, so we would encouraged snowmobile users and ATV users to participate in their hobby but off the property and in areas that are legal and safe."

Leaden noted that railway property extends 50 feet on either side of the tracks. He added that travelling alongside tracks can present a range of hidden dangers.

"There's many dangers the train presents if you're in close proximity. There's a lot of dangers there that people don't realize," he said. "There's things

in the snow that you can hit. It could be something simple like some rail ties that were set aside in the fall and then it snows over top."

He reiterated that railway yards, tracks, tunnels and bridges are private property, and driving along or on railway tracks or taking a shortcut across tracks is not only illegal but can be fatal.

"You can sometimes have areas where people on snow machines are crossing the tracks at locations that aren't level crossings, which is the only legal place to cross."

Tips on how to stay safe near a rail line while operating an off-road vehicle include:

- Use designated railway crossings.
  - Slow down, look both ways and listen for approaching trains; proceed only if it is safe to do so.
  - Stay off the tracks.
  - Use approved trails, not railway tracks.
  - Keep in mind that trains can overhang the tracks by as much as one metre on each side.
  - Stalls or stuck vehicles must be left behind.
- Once safe, immediately notify emergency responders by calling 911.
- Be rail-smart on an off-road vehicle: stop, look, listen, live.

"Safety is a core value at CN, and we want to take every opportunity to raise awareness on safe behaviour around rail," said Cst. Mark Eagles. "It is our job to make sure that Mani-

tobans know that off-road vehicles and railway tracks are not a good combination. It is important for CN Police officers to engage the population on the dangers related to a railway incident."



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diners will enjoy the meal in the comfort of their own homes.

Funk will be whipping up some delicious spaghetti, meat sauce, salad, and garlic bread with a vegetarian option available, and they are offering pick

up at the shelter or delivery within Winkler and Morden for a \$5 delivery fee.

There are three available time slots to choose from at 5, 6 and 7 p.m. that Friday night. The cost is \$25 per meal, and you will re-

ceive a tax receipt for a portion of your meal ticket.

Tickets are available online through the humane society website at the pvhsociety.ca/upcoming-events.

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**STANDARD**



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# get heard

EDITORIAL > VIEWPOINTS > LETTERS

## Province increases funding to public school divisions

### Increases special needs funding while reducing burden on property ratepayers

Submitted by Manitoba government

Manitoba's public schools system will see another increase in the Funding of Schools Program for the 2021-22 school year of \$20.8 million, or 1.56 per cent, for a total \$1.35 billion, the highest total investment in Manitoba's history, Education Minister Cliff Cullen announced Friday. The increase includes \$6.7 million, or a 0.5 per cent increase to base funding for public schools, and this year's commitment includes an additional \$5.5 million for special needs funding for school divisions, along with other grants. This special needs funding supports students with disabilities and with exceptional needs, providing stu-

dent specific supports determined by school teams such as educational assistants or assistive technology.

"This announcement continues our commitment to the success of students by making record levels of annual investment in our student's education while also keeping our students, teachers and staff safe," said Cullen. "Our education system is one of the best funded in Canada, and parents need to know that our government will continue to support their children's futures."

Manitoba has the third-highest spending per student in Canada at \$14,815, after Saskatchewan and New Brunswick.

The province committed that school divisions would not see their funding reduced due to enrolment variations because of COVID-19. The province will also continue to ensure all school divisions receive no less than 98 per cent of the operating funding they received a year earlier. School divisions also raise revenue through local education property taxes. The Manitoba government will continue to support Manitobans by reducing the local property tax burden for ratepayers. School divisions will freeze their education property taxes and the province will provide a Property Tax Offset Grant equivalent to a two per cent property tax increase or \$22.8 million. This is over and above the \$20.8 million commitment for the Funding of Schools Program.

Continued on page 7

## letter to the editor

Letters to the Editor: [letters@carmanstandard.ca](mailto:letters@carmanstandard.ca)

### Funding falls short for fifth year

The provincial government's failure to adequately fund public education, for five years in a row, will have dire and long-lasting effects on the delivery of education and student outcomes for Manitoba students.

"The government boasts that this is the most funding public education has ever received, but that's only half the story," said Manitoba Teachers Society (MTS) President James Bedford. "What is missing from this narrative is the fact that this funding is not enough to meet the increasing needs of Manitoba's K-12 student population."

Bedford also said that increased resources will be required to meet students' recovery learning needs following the pandemic.

Today's investment of 1.56 per cent continues the government's trend of funding public education below the

rate of inflation. When capital funding is deducted from the total, the amount of funding going into Manitoba classrooms is barely 1 per cent.

"The COVID-19 pandemic has reinforced the important role of public education in our society. It has also highlighted the significant inequities in the system," Bedford said. "With everything that has happened in the past year, the government's continued refusal to invest in public education is incomprehensible."

The government has continued to tighten the purse strings on education funding, and with the impending release of the recommendations from the K-12 education review, there is concern that schools will have to make tough choices about staffing and programming, Bedford said.

"We have said from day one, that any additional costs to implement-

ing the K-12 recommendations must come with adequate funding. There is simply no room for extras," he said. "At the end of the day, when the government does not fulfill its funding responsibility, it's the students that suffer and quite frankly that is unacceptable."

The government also announced a \$5.5 million increase to special needs funding.

"We are pleased to see that government is responding to concerns we have been raising around special needs funding," Bedford said. "We look forward to hearing the details on how these funds will be used in the classrooms to meet these diverse student needs."

In a recent poll conducted by Viewpoints Research, on behalf of The Manitoba Teachers' Society, the majority of Manitobans (64 per cent) said that the province should spend more on education.

- Raman Job

MTS Public Relations Facilitator

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# Province to take a cautious approach to reopening: Roussin

By Lorne Stelmach

The province was poised to further ease restrictions this week, but the chief public health officer continued to stress a cautious approach while COVID-19 case numbers continue to improve in Manitoba.

Dr. Brent Roussin acknowledged the increasing pressure to more widely reopen the economy at the Monday update, but he reminded Manitobans about our recent history when the second wave of the virus hit in the fall.

"We can't undo all of this hard work by simply opening everything up again," said Roussin. "We know there's hope on the horizon with the vaccine. We know there's hope because our numbers have been coming

down as well, but we have to continue to be cautious.

"We can see that the restrictions that we have in place are quite tough. They affect Manitobans to different degrees, but they are working," he continued. "In a lot of circumstances, people have stepped up and done a great job, but we've been here before.

"We continually hear about how safe everything is to open up and operate, but our numbers don't describe that; our numbers in October show it's not safe to open everything up all at once, and our restrictions show that they work.

"Our numbers today are again trending in the right direction. These numbers are the lowest we've seen

since early in the fall ... this is all a result of the work of Manitobans."

On Monday, public health officials reported a third consecutive day of the lowest case counts since the fall, and the outbreak was declared over at Salem Home in Winkler.

There were four additional deaths due to COVID-19, including a woman in her 80s from the Southern Health-Santé Sud health region linked to the outbreak at Morris Hospital.

The current five-day COVID-19 test positivity rate was 5.9 per cent provincially and 4.2 per cent in Winnipeg. Fifty-two new cases of the virus were confirmed to bring the total in Manitoba to 30,289. That included four new cases in the Southern Health-Santé

Sud health region.

There were 1,622 active cases and 27,817 individuals who have recovered from COVID-19. There are 105 infectious people in hospital and 166 COVID-19 patients who are no longer infectious but continue to require care. Manitoba's ICUs had 34 COVID-19 patients in them at the start of the week, including 19 no longer considered contagious.

A total of 850 Manitobans have died of the virus over the past year.

In this region, as of Monday, active cases numbered four in Winkler, one in Morden, one in Stanley, seven in Altona, nine in Lorne/Louise/Pembina, zero in Roland and Thompson, and one in Carman.

## New Elm Creek serviced campsites set to open this year

By Becca Myskiw

Elm Creek is now home to three fully serviced camping spots.

The Elm Creek Canada Day Committee has one job: organizing the Canada Day celebrations. And committee member Annette Potvin said they want to keep the funds they have for that. So, when the group decided to act on their long-standing plans for town campsites, they looked to the Carman Area Foundation (CAF) for the money. Potvin said they've been talking about creating campsites for a long time and because of COVID-19, they did that in 2020 rather than Canada Day celebrations.

The Elm Creek Canada Day Committee applied a year ago for a CAF grant for the project. They received \$6,000 in the spring of 2020, a little less than what they had asked for, but enough to complete the job along with other money raised.

"We were happy to receive anything," said Potvin. "There were no expectations as we hadn't applied for the grant in the past. It's nice to know that you can rely on places like this to help fundraise for important things in the community."

Upon receiving the grant, the committee then went to the town and the municipality to ensure they were al-

lowed to carry out the project — they got the green light.

Their original intent was to create four serviced campsites, but Potvin said they soon realized more people have larger campers these days. So, they gave each site some extra space and created three sites with power and water hookup.

Each site is also next to the town's public washroom, which the committee did a facelift on. They added power to the washroom so there is now indoor and outdoor lighting. They added hot water to the taps and repainted the walls, redid the floors and installed new taps.

"It's really so people can have a comfortable use of the washroom when camping," said Potvin.

The Elm Creek Canada Day Committee is hoping the campsites bring more visitors to Elm Creek and allow people to stay longer when attending the regular Canada Day celebrations. Upon determining the need for the campsites in town, they'll decide if they should create more. Potvin said the committee is still in talks with the town to see who will be maintaining the sites, whether there will be a user fee, and if so, who the user fee money will go to. All three sites are set to open this year, weather permitting.

## Manitoba's state of emergency extended another month

Staff

The Manitoba government has extended the state of emergency once again in light of the ongoing COVID-19 pandemic. The extension began last Tuesday and runs for another 30 days. Manitoba first declared a state of emergency last March. It has been extended every month since.

"This extension marks the one-year implementation of Manitoba's state of emergency and has been the longest

period in a state of emergency in the province's history," said Infrastructure Minister Ron Schuler, minister responsible for the Manitoba Emergency Measures Organization. "Our government recognizes that there is still a lot of work to be done against the fight of COVID-19 and will continue to take the necessary precautions for the health and safety of all Manitobans."

### > SCHOOL DIVISION FUNDING, FROM PG. 6

"The province remains committed to modernizing Manitoba's education system to ensure our students are well prepared for whatever path they choose, whether it is post-secondary education, joining the workforce or starting their own business," said Cullen. "Our students, parents and education staff need to know that regardless of the challenges we are fac-

ing, we will be there to support their educational needs and to ensure their children have the best opportunity for success."

This annual funding commitment builds upon the previous announcement to support schools with the \$185-million Safe Schools Funding for COVID-related expenses.

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# Carman's French Immersion program seemingly a success

By Becca Myskiw

It's the third year for Carman Elementary School's (CES) French Immersion program and one parent who has students in it from the start is pleased with its progress.

Aaron Nakonechny's oldest son, Nixon, started at École Élémentaire de Carman in its first year, which was also his first year of school. A couple years before Nixon stepped through those Kindergarten doors, though, his dad had gone to the school board asking about the possibility of a French Immersion program.

Nakonechny wanted his children to be fluent in both English and French because his wife and her parents are. She took the French Immersion program in St. Eustache and as parents, they believed it was something their children should be able to experience.

Fast forward to Nixon's first day of school and the French Immersion program at Carman was



Oaklan, left, and Nixon are in the French Immersion program at Carman.



Carman Elementary School is in its third year of the French Immersion program.

STANDARD PHOTOS SUBMITTED

## LOOKING FOR CUPID

We have hidden 3 Cupids in this week's edition. If you find all three you can enter to win our Valentine's Contest - \$100 in Syl's Drive Inn Gift Certificates.

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ready to start. His class was one of three Kindergarten classes that year and the only French Immersion. Nakonechny said he doesn't think there's a difference in curriculum for the French Immersion students, but they do all of their learning in French. CES principal Cecile Affleck said the program currently has 47 students and each fall they'll be getting more and adding the next grade up.

"As we grow our program, our goal is to create a group of students who are engaged in learning the language of French," she said. "Students in our French Immersion program learn by being immersed in a French classroom environment; therefore most subjects are taught in French. All the while, English language arts classes allow them to obtain all the skills to also master the English language."

For most children starting, and for Nixon, that first Kindergarten class was their introduction to the French language, so there can be major communication issues. But those only last for a short while. Nakonechny said his son was fully settled into his classes within the first three months of school. Now, in Grade 2, Nixon is beyond his dad in his knowledge of French.

"As they go through the program, their ability to speak comfortably is improving a lot," said Nakonechny.

This is why he believes starting French Immer-

sion in Kindergarten is crucial for children's success in it. Nakonechny said Nixon can speak to his grandparents in some French sentences now, something he couldn't do a few years ago.

His only concern as a parent — one that he says likely won't go away — is his inability to help with some homework as Nakonechny does not speak a lot of French. With remote learning last year, it was a big learning curve for everyone involved, and he said some parents switched their children back to the English track because they couldn't help them. He and his wife stayed the course, though, and he's really impressed with his son's education. So impressed, in fact, that their next child, Oaklan, started Kindergarten this year in the French Immersion program as well.

Nakonechny said having both of his children in the program will hopefully ensure they're both fluent in two languages by the time they graduate high school. Affleck said that's a goal of the program — "to create proud, engaged, plurilingual global citizens."

"It's really more of a gateway and opportunity for both business and pleasure in the future if they have that secondary language for sure," said Nakonechny.

He's confident that will happen as Nixon's progression is already visible two years into the program.

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# Valentine's Day *Can you feel the love?*



## Gifts for your valentine

Valentine's Day is an opportunity to show the ones you love just how much you care about them. This is achieved through various gestures, including giving heartfelt gifts.

Research from Business Insider found that 51 percent of Americans now celebrate Valentine's Day. While a recent poll from Insights West found that although many Canadians view Valentine's Day as overly commercial, 75 percent still plan on celebrating it. People are still spending big bucks on making Valentine's Day special. The National Retail Federation indicates Americans spent more than \$20.7 billion on the holiday in 2019 and forecasters predict similar spending in 2020.

Every Valentine's Day, certain gifts emerge as the most popular. While certain gifts are common, there are ways to make them seem fresh and exciting. Here are some ideas for Valentine's Day gifting.

### Flowers

The National Retail Federation estimates that people spend around \$2 billion on flowers for gifts.

While roses are much sought after, thinking outside the bouquet can produce unique results. Choose different blooms, perhaps a loved one's favorite flower or something regional. Potted plants also will last longer than cut flowers, giving them more staying power. Skip bouquets in favor of table centerpieces, which can be eye-catching.

### Jewelry

Gifting jewelry can be tricky because it is such a personal gift that must tie into a sweetheart's style. It may be tempting to go with something large and flashy or full of diamonds, but a better option is to take inventory of what your loved one wears on a daily basis and try to mimic the size and scope in your gift. Other thoughtful jewelry gifts include understated pendant necklaces or bracelets engraved with key dates or the names of their children. Colored gemstones in lieu of diamonds also may be a striking choice.

### Chocolates and candy

Roughly \$1.8 billion is spent on candy each Val-

entine's Day, says the National Retail Federation. A box of chocolates certainly can fit the bill, but other options abound. Perhaps a sweetheart has a favorite candy that recalls his or her childhood or prefers a chocolate maker from his or her hometown. Purchase those items to add a bit of nostalgia. Make the holiday magical by setting up a candy bar right at home, where your sweetheart can pick and choose from candies displayed in eye-catching bowls and canisters. Another novel idea is to use candy molds to make your own sweet treats.

Thoughtful Valentine's Day gifts can make the day even more special for sweethearts.

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# Carman-Dufferin Arena remaining closed this year



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**CONTEST RULES:** Go to the Carman-Dufferin Standard Facebook page and post a picture of you and your partner on our page before midnight on Sunday, Feb. 14, 2021. Following the deadline, all the pictures received will be placed in our "Love Selfie" album in order to give the general public the chance to "like" the selfie of their choice. On Sunday, Feb. 21, 2021, the couple whose picture got the most likes will win a 1 night stay at one of the Victoria Inn & Hotel & Convention Centre locations in Brandon, Thunder Bay, Winnipeg or Flin Flon. The name of the winner will be announced on our Facebook page and in the Carman-Dufferin Standard on Thursday, Feb. 25.



STANDARD PHOTO BY BECCA MYSKIW

The Carman Dufferin Arena will remain closed this year.

By Becca Myskiw

The Carman-Dufferin Arena is staying closed for the remainder of the 2020/21 season.

The arena has been closed since the province entered code red on Nov. 9, 2020. Recreation coordinator Renae Wolfe said the decision to close for the season came with the most recent announcement of continued suspension of indoor recreation activities with no

guarantee of reopening on Feb. 12.

"We would like to thank everyone for their continued support and co-operation during these unpredictable times," she said.

Wolfe said Carman-Dufferin Recreation plans to reopen at the end of August when they host their annual summer hockey camp with RINK Training Center. Until then, skates will have to hit the ice elsewhere.



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## > 100 YEARS AGO, FROM PG. 4

sports, both he and wife curled and played golf. They were both charter members of the Easter Lilly Rebekah Lodge and were active in church and social life of the community.

Fifty years ago 1971

A.M. Sanderson retires from mink ranching after 20 years. Ten years ago more than 20 ranches operated in the Carman area. This will leave only 3 in operation. Pelt prices have dropped.

A private contractor will build an 18 unit apartment block in Carman in 1971 located at the south end. The apartment block will have two and three bedroom suites. (Was this the 5th Avenue Apartments)

Court Gutterman & Co. Chartered Accountant of Winnipeg will open a Carman office on March 1, 1971 at 59 Main Street .

# Where are they now? Catching up with Lisa (Kissick) Dreger

By Dennis Young

This feature will attempt to renew some acquaintances with those who called Carman home at one time or another. I have randomly selected people to answer questions of their past and present so the readers can be brought up to speed on their lives.

**Q. Firstly let's get familiar with you again. When did you live in Carman?**

I was born and raised there. From 1987 to 2005 I lived in Carman.

**Q. Did you attend school here?**

I did, all from pre-school to elementary and to high school where I graduated in 2005.

**Q. What did you do for a living here?**

As a student I worked for the Rec Commission for a few summers.

**Q. What did your family do for a living here?**

My Dad Roger was a grain merchant at Linear Grain and my Mom Diana was nurse at Boundary Trails. Both are retired now.

**Q. What activities did you participate in?**

Hockey was by far the most favorite sport that I played in Carman. I started in minor hockey playing with the boys and finished playing with the boys for the High School Cougars. Some of my other favorites were badminton, soccer and fast pitch. I was also Student

Council President 2004-05.

**Q. Did you meet your spouse here?**

No...I met my husband Dustin Dreger through work with the Winnipeg City Police.

**Q. Do you have family now?**

We sure do! We got married in 2014 and now have two girls Jenna (4) and Katie (2).

**Q. What got you to leave Carman?**

Hockey did. After grad I went to Bemidji State University on a hockey scholarship. I graduated from there with a Bachelor of Science Degree majoring in Criminal Justice and moved to Winnipeg in 2009.

**Q. What else have you done, where and how long?**

After university I worked at a few different places. A Domestic Violence Shelter, Addictions Foundation of Mb and Great West Life. I was able to get on with the Winnipeg Police Service in February of 2011.

**Q. What do you do now?**

For almost 10 years I have been a Constable with that Service.

**Q. What passes your leisure time now? Hobbies?**

What's leisure time lol?? Our daughters keep us quite busy but when I can I still play in a rec hockey league with other WPS members. I love to socialize as well with my best friends...

many of whom are from Carman!

**Q. Any future plans?**

Who knows! We hope to travel with the girls, get them out hunting, fishing, snowmobiling and just enjoy being outside!

**Q. Have you travelled and where?**

When I was at Bemidji our team travelled all around the States but primarily in Minnesota. Then after grad I flew to Europe and New Zealand.... but that was so long ago! We hope to take the girls to Disney World in the next few years.

**Q. Do you ever return to Carman?**

Actually! We JUST moved back to town in February. I appreciated growing up in a small community so much that Dustin and I decided we would raise the girls here as well.

**Q. What are some of your fond memories of Carman days?**

The hockey again for sure as I always felt like I had great supporters within the town for my small career. I also loved and still love the Carman Fair especially now bringing our daughters to it. It is one of my favorite times of the year to see everyone back in town. Of course I must mention the huge swimming pool and those cold morning lessons.

**Q. Any last words wish to send to our readers?**



STANDARD PHOTO SUBMITTED  
Lisa and Dustin Dreger with daughters Jenna and Katie.

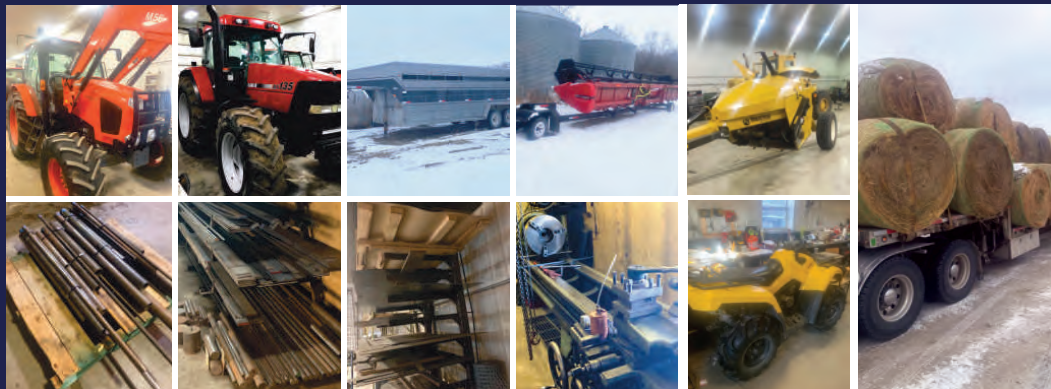
Whenever someone asks where I'm from I always proudly say Carman (whether they know where it is or not) but usually they do because of the beautiful golf course or the great burgers at Syl's. Carman is a great town and holds a really special space in my heart! It will always be home and I'm glad the Dreger family can and will call it that from now on as well!

If you wish to reach this former Carmanite please send me an email at [denjohnyoung@gmail.com](mailto:denjohnyoung@gmail.com) and I will forward it to them for further contact.

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# New ideas helps SCRL overcome a challenging year

By Lorne Stelmach

While looking ahead to the prospect of being able to open again, the South Central Regional Library also sees some good having come from the past year's experiences of being under pandemic restrictions.

There were new ideas and new ways of doing things which were good learning experiences, observed director of library services Cathy Ching.

"Overall, we missed the people, and we missed the activities that we could do," Ching said last week. "But we can still offer a lot, and we're busy. We're moving forward, and all of our branches have great ideas on what we can do this year."

"I'm sure there will be people waiting at the doors," added board chairperson and Winkler councillor Marvin Plett.

The five branch libraries in Winkler, Morden, Altona, Miami, and Manitou were forced to close for two periods over the past year when tougher pandemic restrictions came into effect.

It meant having to find different ways of operating, and Ching said their staff overall coped with it all very well.

"Throughout the summer we were able to offer the summer reading program, and we had people in our buildings up to a certain capacity limits. Then again in November we were shut down.

"It mostly hampered our programming and our connection with our patrons, but the checkouts have not

really decreased a lot compared to the previous year. We're only, in all five branches, about 49,000 items less circulated," Ching observed. "So our patrons have been great. They learned how to do holds from home, and we know how to get books out the door in bundles where they don't know what they're asking for.

"The staff have really miss their patrons, but they've been doing their jobs really well."

"I think the libraries have been very important to the communities. It's amazing really that the readership hasn't gone down," said Plett. "The first time around, we had a lot to learn about how to do the pick-ups and so on ... as soon as we were back in code orange, things went into a smooth transition."

Ching said seeing how well people adapted reinforced something she has long firmly believed.

"Everybody thinks reading is the way of the dinosaur ... yes, a lot of people have gone online and to devices, but I think they're tired of it. They like having a physical book in hand, and the kids love the picture books.

"Kids books have not slowed down at all," she said. "And we really stepped up our game. We catalogued all our puzzles, so puzzles can be checked out.

"It was a matter of you're home, so what are you going to do? It's been really exciting to see how people have adjusted," Ching said. "We have people who are doing YouTube videos like



STANDARD PHOTO BY LORNE STELMACH

SCRL board chair Marvin Plett and director of library services Cathy Ching says that while programming had to be adapted or cancelled due to COVID-19, it didn't have much effect on materials loans.

the 12 Christmas activities ... that's something that we never did before, use our social media, and it's really started to catch on for us."

"I think we'll continue to use our social media. It's been very helpful, and I think it will continue to help even when we are open again," suggested Plett.

Ching noted as well it was a blessing for them to have been able to still do their book sale, which is normally held in spring but had to be rescheduled to late October.

"We really lucked out with being able to hold the book sale," she said. "It definitely was different than other years ... but we got in just under the wire because after the weekend of the sale we went to code orange."

It is also a financial boost for the library, added Plett, who suggested they were coming out of the year all right in that respect.

"It was helpful to get some of the grants from the other levels of government for us to be able to continue op-

erating," he noted. "We came through with a budget that was very stay-the-course. We realize we are all in times where it's difficult to make ends meet, so we are going to be very careful."

"Our local foundations have also been very supportive with the emergency community support funds as well," added Ching. "It's been really great to see our local foundations really step up."

As for the year ahead, the library is hosting a virtual pajama party this week.

In lieu of the usual in-person Literacy Week celebrations, each branch has recorded staff reading stories to be shared on the SCRL YouTube channel starting Wednesday and going until Friday.

"There is a three-day window to check it out ... it is kind of exciting to see how it goes," said Ching, who also encouraged people to stay tuned to see what more might be in the works. "I think we have some new things coming."

**"IT MOSTLY HAMPERED OUR PROGRAMMING AND OUR CONNECTION WITH OUR PATRONS, BUT THE CHECK-OUTS HAVE NOT REALLY DECREASED A LOT..."**

## What's *Your* story?

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*The Carman-Dufferin*  
**STANDARD**

## Celebrating the glory days at the Legion

STANDARD PHOTO SUBMITTED  
Members gather in the basement of their new Legion just after completion in 1956 on the corner of 1st and 1st NW. Left to right starting with man showing half face: Eldon McEachern, Allan Patterson, Blake Saunders, Jim Bowes, George Loeppky, Fred Eby, Norm Langson, Walter Armitage, Bill Mennie, Don Doyle (hidden), Tom Rockey (back corner), unknown, George Ulyot, Sven Jensen, Bob McGowand, unknown, Allan Sparky Park.



# Spreading the love: Carman's love stories

Sharing your love stories from you, the people of Carman

By Valerie Nordquist, marriage commissioner

There couldn't be a better time to write about wedding love stories than at Valentines. I see firsthand, couples in love and who want to be married. As a Marriage Commissioner or in other words, the officiant at weddings, I love what I do and I do it with love. Many weddings take place in various outdoor settings. Some that come to mind are on a ball diamond, campsites, near a lake, in decorated backyards and in front of a big beautiful

old barn. Some weddings are picked for the date as well. 08-08-2008 and 12-12-2012. Grooms should never forget their anniversary! Making the wedding very memorable is my objective. I give a bride and groom all the information they need so they have the service they want. Some choose to "get-r-done" as quickly as possible and some want a very detailed one. The wedding day brings many actions or reactions. The happy couple can become so nervous they can barely speak or look at each other; some are

so reserved and can't seem to smile and then one couple were so full of giggles. What a hoot! And the beautiful dresses and dashing tuxedos worn on this day! One couple all dressed in their wedding finery ran down the aisle after pronounced husband and wife to change into casual clothing for the rest of their party! I had trouble finding them in amongst their guests to give them their legal paperwork! As of yet, I haven't had any jump in the lake in their wedding clothes! Now some love stories. One young couple wanted to be secretly married wanting the two witnesses supplied. When the sweet little service was over, they surprised their families with this news! I never did hear how

that went. I just know the rules were all met and they were so very happy! Another couple wanted their dog and infant daughter to stand up with them at their floral altar. I agreed and when it came time to sign the marriage license, this happy couple called their Mothers to come forward. These ladies were so surprised and it was very touching to see so many happy tears, hugs and kisses! Some weddings are planned with beautiful decorations, candles, balloons and floral accents. Some with wild flowers and tree branches. Some have bubbles, bird seeds thrown and fireworks blown! All done in love and for a happily-ever-after!

## Valentine's Day history

By Sheila Dick

With COVID we have seen limitations put on seeing our family and friends. Could you imagine not being able to marry?

In the 3rd century (roughly 270 AD) this was common in the Roman Empire. Emperor Claudius the Cruel

wanted to overtake the world and was known to start many wars to make his vision come true. This dwindled the amount of soldiers the Roman army had. When it was made known that volunteer recruitment was not working (because men wanted to stay with their wives and families) Claudius the Cruel outlawed engagements and marriages. One priest named Valentine decided to stand against

Claudius and decided to marry couples in secret. Valentine was found out and was put in prison. It was believed there that he fell in love with the jailer's daughter. She was blind and when Valentine prayed for her her sight came back. The night before his execution he wrote a letter to her that said "from your Valentine" which was, of course, the first ever Valentine. Valentine was killed on February 14th.

Saint Valentine is known as the patron Saint of love, young people and happy marriages.

We live in unprecedented times but it is still possible to love and be married. My hope this Valentine's Day is that we never squander or forget that we can love and that is a great blessing.

*Valentine's Day is a time to tell the people that mean the most in your life just how special they are to you.*

*This year, with the community having lost the ability to connect in person as we would before the pandemic, we asked our readers to submit their love stories to bring a little extra Valentine's Day joy in what we're calling the "Greatest Love Story of All Time Contest"*

First Place



Dennis and Cheryl Young

During my high school grad year of 1973 I worked in the Co-op meat department on weekends. Every Saturday the Wilton family would come in to purchase their pork buttons, along with their daughter

Cheryl. For that reason I made sure I served them.

In May of that year I was playing the lead male character Professor Higgins in the Collegiate's musical My Fair Lady. During the production I had a solo "I've Grown Accustomed to Your Face," which I would sing while strolling down the catwalk that went part way into the seats. Come the last performance and I suddenly spied Cheryl sitting with her Mother. Without thinking I stared right at her (Cheryl not her mother) and sang my solo to her! Her mother was cranking her head back and forth from me to her and no doubt wondering what was happening lol.

So nothing came of that immediately as I was shy or scared, not sure which. However, some weeks later at a dance on the B side arena I walked right up to her and asked for a dance. Fortunately she said okay. Eventually getting more brave, I asked if I could give her a ride home. Fortunately, she said okay again. I mean how could she turn me down after all my great flirting, lol. I asked her to my graduation in June and we have been together ever since.....48 years including 43, married since 1978.

- Dennis Young

This gentleman came into my life when his Mom volunteered his help



Vernon and Valerie

to fix my fence around my cabin. A few weeks later he came with friends to my campfire birthday party. He stayed to put out the fire and chairs were all put away. We talked on a bench in front of the lake and one of his questions was; did I like to dance? We have been dancing through our happily married life now 13 years. Remembers every anniversary and birthday, holds my hand when taking outdoor walks, when watching TV together. Vernon is my love story.

- Valerie Nordquist

I have known my husband Chris since 1994. I was a lot more forward in my younger years - just to let you know from the get - go.



Sheila and Chris

Chris had a friend who was going to an Aggie social and same with me. I love to dance and I usually spend most of a social on the dance floor. A great song came on and I was looking for a partner. I went up to a group of guys and asked, "Who wants to dance?"; there was an awkward pause and Chris said yes! I taught him to 2 step - our first song that we danced to was "Fishin' in the Dark" and then we danced all social long.

We have been married almost 22 years now and I wouldn't have it any other way. I love you Chris - let's keep dancing together for always.

- Love your wife,  
Sheila

## Junior development golf teams announced for 2021 season

Submitted by Golf Manitoba

Golf Manitoba recently announced the rosters for the 2021 Junior Development Teams, which feature many of the best young golfers in the province.

Thirty-one U18 boys' and 14 U18 girls have been selected based on their performance during the 2020 golf season and will receive athlete and coaching support to help develop their talents on and off the golf course.

These are the 2021 Junior Boys' Development teams: Gold Team: Ryan Blair – Pine Ridge Golf Club, Winnipeg, Grady Chuback – St. Charles CC, Winnipeg, Noah Fiks – Pine Ridge GC, Winnipeg, Adam Ingram – Elmhurst G & CC, Winnipeg, Braxton Kuntz – Breezy Bend CC, Winnipeg, Jordan McDonald – Breezy Bend CC, Winnipeg, Scott Miner – St. Charles CC, Winnipeg, Jack Moro – White-water CC, Thunder Bay, Trey Ross – Rossmere Country Club, Winnipeg, Jack Taylor – St. Charles CC, Winni-

peg, and Nolan Watson – St. Charles CC, Winnipeg. Black Team: Haydon Chaloner – Pine Ridge GC, Winnipeg, Hayden Delaloye – Neepawa CC, Neepawa, Kaleb Lambert – Elmhurst G & CC, Winnipeg, Ryan Orchard – Carman G & CC, Carman, Eric Reid – Golf Manitoba Public Player, Virden, Declan Robertson – Niakwa CC, Winnipeg, Jack Rudick – St. Charles CC, Winnipeg, Thomas Scott – St. Charles CC, Winnipeg, Jacob Taweel – Elmhurst G & CC, Winnipeg, and Payne Wood – St. Boniface GC, Winnipeg. Blue Team: Austin Boge – Pine Ridge GC, Winnipeg, Brayden Boge – Pine Ridge GC, Winnipeg, Jackson Delaurier – Dauphin Lake GC, Dauphin, Zostrianos Giordani-Gross – Shilo CC, Shilo, Carson Inman – Portage GC, Portage, Nathan Lepore – Golf Manitoba Public Player, Thunder Bay, Cameron McDonald – Breezy Bend CC, Winnipeg, Cashe McNabb – Pine Ridge GC, Winnipeg, Ryan Tuck – St.

Boniface GC, Winnipeg, and Terrence Rafferty – Southwood G & CC, Winnipeg. The 2021 Junior Girls' Development team features: Armaan Dhillon – Elmhurst G & CC, Winnipeg, Cala Korman – Killarney GC, Killarney, Jeri Lafleche – Clear Lake GC, Clear Lake, Sarah Farmer – St. Charles CC, Winnipeg, Mackenzie Forsythe – Elmhurst G & CC, Winnipeg, Addison Kartusch – St. Charles CC, Winnipeg, Jenna King – Niakwa CC, Winnipeg, Jewel Lafleche – Clear Lake GC, Winnipeg, Gracie McMillan – Pine Ridge GC, Winnipeg, Payten Oakden – Glendale G & CC, Brandon, Clara Peake – Binscarth, Annika Russell – St. Boniface GC, Winnipeg, Elle Wood – St. Boniface GC, Winnipeg, and Crystal Zamzow – Swan River GC, Swan River.

The Junior Girls' Development Team will be led by PGA of Canada professional Bri-ann Tokariwski and the Junior Boys' Team by PGA of Canada professional Derrik Goodwin. With a

focus on the team's vision, mission, and values aimed at inspiring excellence, both Tokariwski and Goodwin will work to help team members grow as golfers while also instilling habits that will lead to success throughout life. With a strong focus on training and athlete development, the Junior Development Team program has been built to help foster the success of these athletes. The nine-month program includes winter team training at the Golf Dome, club competition in the Nassau and Mundie Putter leagues, spring and summer training camps, weekly practices, strength and fitness coaching, nutrition, and sports psychology and coaching observation at championships. Both Tokariwski and Goodwin will also be accompanying both inter-provincial junior teams to Golf Canada national championships. Funding for this program has been generously provided by the Alex & Peggy Colonello Foundation.

## Canada Basketball cancels 2021 U15 championships

From Basketball Manitoba's website

Canada Basketball announced last Thursday the cancellation of the 2021 15U Men's and Women's National Championships due to the ongoing coronavirus (COVID-19) pandemic.

Canada Basketball, in consultation with the National Championships Committee, which is made up of PTSO members, local hosts and partners, reached the decision to cancel this summer's championships.

Despite the cancellation, Canada Basketball will continue to work with the National Championships Committee on alternative options for 15U and 17U identified provincial team athletes. Canada Basketball will share additional details on these options, as well as announce the hosts for the 2022 Canada Basketball 15U Men's &

Women's National Championships at a later date.

"As we continue to work together in the fight against COVID-19, in consultation with basketball and medical leaders from across Canada, we've arrived at the difficult decision to cancel the 2021 Canada Basketball National Championships," said Glen Grunwald, President & CEO of Canada Basketball.

"We will be exploring options to bring the basketball community together safely this summer and are already looking forward to resuming nationals in its traditional format in 2022."

Basketball PEI was to host the 2021 Canada Basketball 15U Men's & Women's National Championships from Aug. 1-8, 2021 in Charlottetown,

while the 17U age group was scheduled to compete at the Canada Summer Games. However, last fall, the Canada Games Council and Niagara Host Society announced that the Canada Summer Games in Niagara had been rescheduled for Aug. 6-21, 2022.

"While we're disappointed to not be able to host a marquee event like the 2021 Canada Basketball National Championships, we understand that the pandemic has significantly altered the sport landscape and event schedules across the world," said Joshua Whitty, Executive/Technical Director, Basketball PEI.

"We look forward to being back in a position to safely host nationals in the future and welcome players from across the country to Prince Edwards Island."

Basketball Manitoba Executive Director Adam Wedlake added, "It's been a tough year for basketball and the community as a whole and we are empathetic to the athletes and coaches that will be impacted by this. We will work closely with the Manitoba public health authorities to provide as many basketball opportunities in the coming year while still respecting and following the guidance in place to ensure a safe return to the court."

The health and safety of all athletes, coaches, officials, support staff, volunteers and spectators is of primary importance and was a driving factor behind making this difficult decision along with disruptions to athlete training and preparation, uncertainty surrounding travel and event hosting logistics were also considered.

## Hockey Canada cancels 2021 national championships

Submitted by Hockey Canada

Due to the ongoing COVID-19 pandemic, the decision has been made to cancel all spring 2021 national championships, including the Esso Cup, TELUS Cup, Centennial Cup, presented by Tim Hortons, and Allan Cup. The announcement was made last Friday. The following is a statement on behalf of Hockey Canada from Tom Renney, chief executive officer, and Scott Smith, president and chief operating officer:



"Despite a strong desire to work with four great communities to host the top players at various levels across the country this season, the health and safety of all participants and the communities at large continues to be of the utmost importance to Hockey Canada. The ongoing pandemic, coupled with the fact that many regions in the country are not currently playing organized hockey, left us with no other option. We believe the decision to cancel our spring 2021 national

championships is the safest decision given the ongoing uncertainty of the pandemic at a local level, as well as the uncertainty around each region being able to compete for a national championship.

"Hockey Canada is grateful for the continued support of local host committees and event partners, including B.C. Hockey, Hockey Alberta, the Saskatchewan Hockey Association, the Ontario Hockey Federation and the Canadian Junior Hockey League,

as well as the communities of Penticton, B.C., Prince Albert, Sask., Calgary, Alta., and Dundas, Ont., and all local and provincial funding partners. Our organization is appreciative of the commitment and support of all stakeholders and we look forward to showcasing our national championships and all participants to fans next year."

Hockey Canada will continue to work with event stakeholders to host the spring 2022 national championships, which will be announced soon.



# get inspired

> MEAL IDEAS



## Baked Parmesan Chicken

4 boneless, skinless chicken breasts (about 4 ounces each), all visible fat discarded, flattened to 1/4-inch thickness

Preheat the oven to 400 F. Lightly spray a 13-by-9-by-2-inch baking dish with cooking spray.

In a shallow dish, whisk the egg, water and oil. In a separate shallow dish or pie pan, stir together the crispbread, Parmesan cheese, parsley, oregano and pepper. Dip the chicken in the egg mixture then in crumb mixture, turning to coat at each step and gently shaking off any excess. Using fingertips, gently press the coating mixture so it adheres to the chicken. Arrange the chicken in a single layer in the baking dish. Lightly spray the chicken with cooking spray.

Bake for 15-18 minutes, or until chicken is no longer pink in the center and the top coating is golden brown.

Recipe courtesy of Know Diabetes by Heart

Prep time: 15 minutes

Cook time: 18 minutes

Servings: 4 (3 ounces chicken per serving)

Cooking spray

1 large egg

1 tablespoon water

2 teaspoons olive oil

1/3 cup finely crushed, low-sodium, whole-grain crispbread

1/3 cup shredded or grated Parmesan cheese

2 tablespoons minced fresh parsley

1/2 teaspoon ground oregano

1/4 teaspoon pepper



## Ham and Broccoli Frittata

(uncured, nitrate/nitrite-free), cut into 1/4-inch cubes

1/4 cup fat-free milk

1/4 teaspoon pepper

Preheat the oven to 400 F.

Lightly spray a medium ovenproof skillet with cooking spray. Heat over medium heat. Remove from the heat. Put the potatoes in the skillet. Lightly spray with cooking spray. Cook for 4-5 minutes, or until potatoes are golden brown, stirring occasionally.

In a microweaveable bowl, microwave the broccoli, covered, on high for 3-4 minutes, or until tender-crisp. Drain in a colander. Stir the broccoli into the potatoes.

In a medium bowl, whisk the egg whites and egg. Whisk in the ham, milk and pepper. Pour the mixture over the potatoes and broccoli; stir well.

Bake for 15-18 minutes, or until the eggs are set.

Recipe courtesy of Know Diabetes by Heart

Prep time: 10 minutes

Cook time: 25 minutes

Servings: 4 (1/4 frittata per serving)

Cooking spray

2 cups frozen fat-free potatoes O'Brien, thawed

6 ounces small broccoli florets, rinsed in cold water, drained but not dried

8 large egg whites

1 large egg

4 ounces lower-sodium, low-fat ham

## Green Beans with Mushrooms and Onions

Recipe courtesy of Know Diabetes by Heart

Prep time: 10 minutes

Cook time: 10 minutes

Servings: 4 (1/2 cup per serving)

Water

8 ounces green beans, trimmed

2 teaspoons olive oil

4 ounces sliced mushrooms, stems discarded

cont. on next col.



## Improve your sleep quality naturally

How much sleep did you get last night?

There are so many reasons to ensure at least eight hours of sleep every night, one of which being you are more likely to make good choices when it comes to nutrition if your mind is functioning optimally thanks to a good night's rest. Your workouts will also be more effective when you have energy to push harder, so you will enjoy much better overall fitness results.

Your body recovers and repairs during rest, particularly during non-REM sleep when your pulse and blood pressure are lowered. Getting 8 hours of quality sleep each night is very important, whatever your fitness goal!

Here are three ideas to help you improve your ability to rest and promote the body's recovery, which will help you maintain a healthy weight:

1. Having a toddler has taught me the importance of a strong nighttime route, and this is something that us adults can also greatly benefit from! Amelia enjoys her bath time so perhaps relaxing in the tub can work for you, too! Bath bombs, bubbles, or Epsom salts with a nighttime scent like lavender seem like an indulgence, but they are part of self-care, and paying attention to your overall health. The heat is also soothing for your sore muscles and joints, and eases aches and pains which not only feels great, but promotes healing in the body.

2. It's tempting to stay up later on the weekends, however being consistent with your sleep schedule will pay off. Your biological clock gets thrown off when you sleep in on Sundays, because you will not be tired that evening, and will wake

1/2 cup thinly sliced onion  
1 medium garlic clove, minced  
1/8 teaspoon salt  
2 teaspoons fresh lemon juice  
1 pinch pepper

Fill a medium saucepan 3/4 full of water. Bring to a boil, covered, over high heat. Cook the green beans, uncovered, 5 minutes, or until tender-crisp. Drain well in a colander.



Health and Wellness Fitness expert Julie Germaine

for your week feeling unrested and moody. That's not a good start for anyone on a Monday morning. If you need to catch up on sleep, do allow yourself a little extra time on the weekend, but set an alarm so you're not over-doing it.

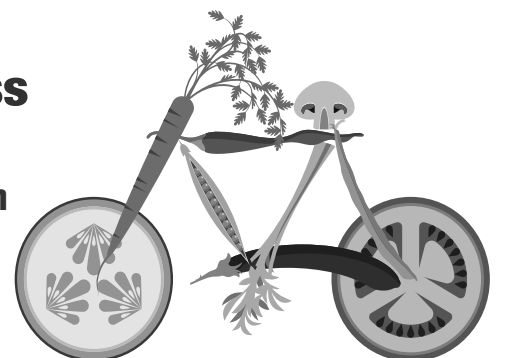
3. Exercise, of course, helps your body in so many ways, and you'll find that aerobic activity, like walking, running, or cycling, at least 4x per week helps reduce the amount of time it takes to fall asleep. You can also do some quick plyometric workouts in your living room to sweat off fat cells and prepare your body for rest. Avoid exercising late in the evening.

If your fitness goal is to lose belly fat for good, I would love to support you! My passion is helping men and women lose weight and keep it off for good. Please visit my website for information on my virtual personal training and nutrition programs, including my 30 Day VIP Fat Loss Challenge and one-on-one live video workouts! [www.juliegermaine.com](http://www.juliegermaine.com)

In a medium nonstick skillet, heat the oil over medium-high heat, swirling to coat the bottom. Cook the mushrooms, onion, garlic and salt 5 minutes, or until the mushrooms are soft and lightly browned, stirring frequently. Stir in the lemon juice, pepper and cooked green beans.

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**FOUND**

Young male, un-neutered tabby cat found near the bowling alley in Carman. No tattoo or identification, but very friendly. Call 204-745-8681.

**NOTICES**

Urgent press releases or media advisories service. Have something to announce? A cancellation? A change in operations? Though we cannot guarantee publication, MCNA will get the information into the right hands for ONLY \$35 + GST/HST. Call MCNA 204-947-1691 for more information, or email classified@mcna.com for details. www.mcna.com.

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**The Carman-Dufferin Standard Classified booking deadline is Monday at 4 p.m. prior to Thursday's publication Please Call 204-467-5836**

**DENNIS' WISH LIST!**

*I am preparing stories on the following subjects:*

- Carman Band
- Carman Shoe Repair - Louis Pappas
- Carman Medical Clinic
- 1966 snow storm

If any of our readers have memories or pictures to share of any of these subjects please forward to me @ denjohnyoung@gmail.com.

**Thanks for continuing to enjoy Carman's past!**

*The Carman-Dufferin*  
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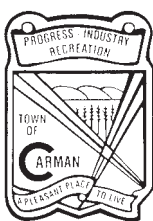
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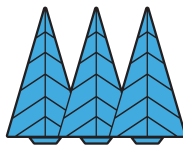
**TRANSFER STATION HOURS**

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**Saturday 11:00 a.m. to 4:00 p.m.**

**Aubin Nurseries Ltd.**



Nursery Employee applications are now being accepted for the 2021 season. Aubin Nurseries is one of the leaders in the Prairie Provinces in horticulture in Carman.

Require enthusiastic people to work in various areas of nursery production both full time and part time with flexible hours. Wage depends on experience with opportunity for advancement. Use www.aubinnurseries.ca for application form. Interview process will be Covid-19 regulations.

Forward resume to cyndie@aubinnurseries.ca or call 204-745-6703.

**Don't forget to send your special wishes to your friends and family.**

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*Agronomy, mechanical, and/or welding experience is an asset.*

**Compensation:**

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- Ability to bank hours for a flexible schedule in the winter.

*Seasonal employment applications also welcome.*

Please send resume and references to:

Ian Lepp 1-204-750-1090 [ianlepp2@hotmail.com](mailto:ianlepp2@hotmail.com)

**IN MEMORIAM**

Tristan Jonathan Kuhl  
February 13, 2011

We thought of you with love today,  
But that is nothing new;  
We thought about you yesterday,  
And the days before that too.  
We think of you in silence,  
Sometimes we speak your name;  
Now all we have are memories,  
And your picture in a frame.  
Your memory is our keepsake,  
With which we will never part;  
God has you in His keeping,  
We have you in our hearts.

-Lovingly remembered,  
by Grandma and Grandpa Loepky

**OBITUARY**

Henry Abram Wiebe

After a courageous battle with cancer Henry Wiebe went into the arms of Jesus February 5, 2021.

He will be sadly missed by his wife Eleanor of 58 years. He will also be missed by his daughters Karin Rempel (Barry), Myrna Goerzen (Mark) and son Leonard Wiebe (Lori) and five grandchildren.

A huge thank you for the wonderful care he received from the staff at Carman Hospital. May God bless you all.

Private funeral service took place at Doyle's Funeral Home. Interment followed in the Greenwood Cemetery, Carman.

Memorial donations may be made to Winkler Bible Camp or CancerCare Manitoba.

Doyle's Funeral Home  
in care of arrangements  
[www.doylesfuneralhome.ca](http://www.doylesfuneralhome.ca)



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SALE OF LANDS FOR ARREARS OF TAXES  
RURAL MUNICIPALITY OF GREY**



Pursuant to subsection 367(7) of The Municipal Act, notice is hereby given that unless the tax arrears for the designated year and costs in respect of the hereinafter described properties are paid in full to the Municipality prior to the commencement of the auction, the Municipality will on the **11th day of March, 2021**, at the hour of **10:00 AM**, at Rural Municipality of Grey, 27 Church Avenue East, Elm Creek, Manitoba, proceed to sell by public auction the following described properties:

Roll Number	Description	Assessed Value	Amount of Arrears & Costs for Which Property May be Offered for Sale
306400	THE SLY 112 FEET OF THE ELY 122 FEET OF LOT 3 BLOCK 7 PLAN 753 MLTO (C DIV) IN W 1/2 15-8-7 WPM - 75 BIRCH AVE., ST. CLAUDE	L -\$11,800 B -\$90,800	\$7,698.51
317600	THE ELY 105 FEET OF LOTS 1 AND 2 BLOCK 2 PLAN 1020 MLTO (C DIV) IN SW 1/4 15-8-7 WPM - 57 ROY ST., ST. CLAUDE	L -\$11,900 B -\$100,700	\$10,985.18

- The tax sale is subject to the following terms and conditions with respect to each property:
- The purchaser of the property will be responsible for any property taxes not yet due.
  - The Municipality may exercise its right to set a reserve bid in the amount of the arrears and costs.
  - If the purchaser intends to bid by proxy, a letter of authorization form must be presented prior to the start of the auction.
  - The Municipality makes no representations or warranties whatsoever concerning the properties being sold.
  - The successful purchaser must, at the time of the sale, make payment in cash, certified cheque or bank draft to the Rural Municipality of Grey as follows:
    - The full purchase price if it is \$10,000 or less; OR
    - If the purchase price is greater than \$10,000, the purchaser must provide a non-refundable deposit in the amount of \$10,000 and the balance of the purchase price must be paid within 20 days of the sale; AND
    - A fee in the amount \$309.75 (\$295 plus GST) for preparation of the transfer of title documents. The purchaser will be responsible for registering the transfer of title documents in the land titles office, including the registration costs.
  - The risk for the property lies with the purchaser immediately following the auction.
  - The purchaser is responsible for obtaining vacant possession.
  - If the property is non-residential property, the purchaser must pay GST to the Municipality or, if a GST registrant, provide a GST Declaration.

Dated this 25th day of January, 2021. Kim Arnal  
Chief Administrative Officer  
Rural Municipality of Grey  
Phone: (204) 436-2014  
Fax: (204) 436-2543

Managed by: 



email [cwc.emotionalwellness@gmail.com](mailto:cwc.emotionalwellness@gmail.com)

Carman Wellness Connections -  
**SUPPORTING EMOTIONAL HEALTH**

**MAKING SENSE OF ALPHA CHILDREN**  
*Navigating Parenting Challenges with Insight and Connection*

A Zoom Course Taking Place on Thursday evenings in March  
**March 4, 11, 18, 25 | 7-8:30 p.m.**  
Register by March 2 | email [cwc.emotionalwellness@gmail.com](mailto:cwc.emotionalwellness@gmail.com) or call 204-745-3504

**STAYING STRONG: SUPPORTING EMOTIONAL HEALTH**

4 Week Zoom Course  
**Tuesday March 2, 9, 16, 23 | 6:30-8:00 p.m.**  
Work with artist/art therapist Chris Larsen using creativity and nature to find joy and wellness.  
Register by February 23 | email [cwc.emotionalwellness@gmail.com](mailto:cwc.emotionalwellness@gmail.com) or call 204-745-3504

**ANXIETY AND WORRY SUPPORT PROGRAM**  
*FOR CARMAN AND AREA RESIDENTS*

Free Six Week Online Program  
**Tuesday Evenings starting March 9 | 6:00-7:30 pm**  
Register by March 2 | Call 204-304-0271 or email [central@adam.mb.ca](mailto:central@adam.mb.ca)

For more Information, go to the Town of Carman Facebook and Instagram Pages



# Town of Carman NEW Solid Waste Management Program

A new system for solid waste management program will start in the Town on April 1, 2021. A contract has been signed with MWM Environmental to provide an automated collection of garbage, recycling, and compost.



## A little about MWM Environmental

This Environmental company has been serving Manitoba for over 20 years. They have developed a team of experienced and highly trained operators and managers that are hired and trained locally. They work hard to achieve a good reputation as a provider of excellent service and maximum reliability. Currently, they provide similar services to other municipalities in Manitoba, such as City of Morden, RM of Morris, RM of Thompson, and many municipal corporations in the western portion of Manitoba.

## Out with the Old

Special Services By-law 15/2006 for Waste Collection Program expired on December 31, 2020 and ratepayers will not see this levy as a line item on their 2021 tax bill. In 2020, residential properties paid \$175.00 per dwelling unit and commercial properties paid \$226.00 per business. The cost to run the program in 2021 will be included in the general tax mill rate (or charged at large).

## Bag Tag System

Besides the levy charges on the tax bill, residents, and businesses had to purchase bag tags to dispose of garbage. The bag tag system will no longer be in effect and as of April 1, 2021, tags will NOT be required to dispose of garbage. Following the end of the bag tag program, any bag tags purchased in 2020 may be returned to the town office with the receipt from the purchase and a refund will be issued. Council will allow the use of bag tags at the Carman Transfer Station until April 30, 2021.

## Residential Program

Effective April 1, 2021 the town will be moving to an automated cart system for collection. Each residence will receive three carts – 240L cart for garbage, and 360L carts for recycling and compost. Council wishes to encourage all residents to continue their practice of reducing the amount of garbage being sent to the landfill/transfer station and to continue recycling and composting.

Advantages of the cart system include – competitive pricing and cost saving to the town. The highly efficient system provides a greater curb appeal to our community. The convenience of having outside

bins at each home eliminates the need to store waste inside and will eliminate broken or damaged bags on the street. This will add to the beautification of the town by eliminating garbage bags along boulevards. The workforce of the town will be shifted within the organization to complete other tasks for the community.

Residential garbage and recycling will be collected biweekly and will alternate (one week garbage, the next week recycling). Compost will be collected weekly on an 8-month schedule (April to November) with the possibility of a monthly collection of compost the other four months if there is enough demand. The collection of all waste will remain on the front street. Residents will have access to MWM's 24/7 program, Recollect. This program is easily accessed and can provide a printable calendar of pickup days, provides a reminder service, and will be linked to the town's website for reference.

The cart MWM Environmental will provide for curbside service is large enough to hold up to 100kg of material at a time. To ensure that everyone has easy access to the service, regardless of physical capability MWM employees will roll the cart to the curb and back to the house for any residents unable to do so themselves, primarily the elderly and infirm.

## Commercial, Industrial, and Institutional

Commercial and Institutional properties will work closely with MWM Environmental to assess the needs of individual users, and a detailed and tailored plan will be developed for each business/building. The Town of Carman will continue to pay the monthly bin or cart rental for each business and the property owner will be responsible for the service and disposal fee. The charge (\$226.00 per business unit) will be removed from the tax bills and commercial tags that were previously purchased will no longer be required. The business owner can sign an agreement directly with MWM Environmental if they wish. The Town would encourage all businesses to meet with the MWM Environmental Sales team of Ron McCain and/or Larry Klein and have them develop and assess your disposal needs. They have the expertise to know what the best fit for your business would be, but ultimately, the final decision will be yours.

## Recycling Depot

The Town of Carman will continue to operate a Recycling Depot in town and at the Transfer Station. The Recycling Depot will look different with the new collection system; however, citizens will be able to dispose of their recycling at these depots. Because of the different containers, the depot may be relocated, however proper signage



will be made so residents can dispose of their recycling. If you have any questions regarding what is eligible to recycle, feel free to contact the Town of Carman office for the accepted materials.

## Transfer Station

Carman Transfer Station will continue to operate and be run by the Town of Carman. At this time, the hours of operation will be maintained, and all items currently accepted will continue. The only thing to remember is that bag tags will not be accepted after April 30, 2021.

## Why Should I Recycle and Compost?

Residents of the Town of Carman have made our community one of the best when it comes to recycling. The Town is one of the top per capita recyclers in the province and this means that your hard work reduces the amount of waste diverted to a landfill. Council is always looking for ways to help citizens do better though! Composting household food waste and recycling other eligible materials will reduce the town's total tonnage of waste that is hauled to a Class 1 landfill. By reducing the tonnage transferred to a landfill it directly reduces the total tax dollars required for the solid waste program. Currently, the Town of Carman pays \$60/tonne to dispose of waste at a landfill. The recycling you do also receives rebates from Multi Material Stewardship Manitoba and these rebates go towards the cost of the program. The savings gained by moving to a third-party waste management team will also be directly invested back into the program and our community.

## What Should I Do Now?

Council knows that change is hard, and we have all been forced with too much change over the past year. Council would not be proposing this change at this time if it was not a benefit for the community.

At this point all you need to do is wait for the delivery of the carts (or in the case of some commercial properties the bins). If you happen to have friends or families living in other communities serviced by MWM Environmental talk with them and get their feedback on how the system is working. Council feels you will find that they are pleased with the cart system that has been introduced and been so successful in these other communities. Do not get yourself upset or worried about the three-cart system. MWM and Council are prepared to work with you to determine your needs for waste management. Keep an open mind and give the new system a try prior to making any rash decisions.

## Questions?

If you have any questions after reading this, please feel free to contact any member of the Town of Carman Council (all phone numbers are available on the town's website), the Town of Carman office (204-745-2443) or MWM Environmental at 204-483-3986 or 204-822-0327 or email [info@townofcarman.com](mailto:info@townofcarman.com) or [info@MWMEnviro.ca](mailto:info@MWMEnviro.ca).

