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## Change to change

STANDARD PHOTOS BY MANDY SCHARIEN

Elm Creek School's Grade 6 students have raised over \$2,100 to date with their "Change to Change Blake's Ride" fundraiser for classmate Blake Scharien, who needs a special van for transportation to school.

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# “Change to Change Blake’s Ride”: a heartwarming display of community spirit

By Ty Dilello

The spirit of community shines brightly through the efforts of Nicole Spencer’s Grade 6 class at Elm Creek School. Their initiative, “Change to Change Blake’s Ride,” not only raised an impressive \$2,164.73 but also highlighted the importance of compassion and collaboration in supporting one another.

Grade 6 student Blake Scharien’s journey with MECP2 duplication syndrome (MDS) and rheumatoid arthritis is challenging. Yet, the love and support from his classmates demonstrate that no one has to face their struggles alone. The students’ creativity in organizing this fundraiser shows how a small idea can turn into something transformative for someone who needs it most.

Blake has been diagnosed with MDS, a rare genetic disorder that leads to intellectual disabilities and impaired motor skills. He was diagnosed at a very young age. Although he was once able to walk and run, as the disease has progressed, he now relies on a tilt-in-space wheelchair for mobility.

“Blake was able to communicate with gestures and pictures when he was younger, but now we follow his eye gaze and anticipate what he may



Blake’s family is now seeking donations on its GoFundMe page at the link at the end of the story to help raise additional funds for this special van.

be thinking,” said Mandy Scharien, Blake’s mom. “When Blake was able to eat solid food, one of his most requested snacks was potato chips. He also loved the Wiggles, spinning items, and watching things roll. One of his favourite tasks was to ride in his bike trailer down the small hill in our front yard. He would do this over



The Scharien family has been all working together as a unit to help with Blake’s day-to-day life. Pictured left to right, Mandy, Larysa, Patrick, Blake and Kaylee.

and over again, asking for more.”

Blake has always enjoyed being at school and loves spending time with his classmates. As his peers learned to read, he particularly enjoyed being read to. His favorite book was about a ladybug. During the pandemic, his classmates would wave to him through the window due to his compromised immune system, which he always appreciated.

“It has been hard to watch Blake’s body change over the past few years,” said Scharien. “Our family has juggled multiple medical appointments and long stays in the hospital.”

Blake’s mobility has continued to decline as he ages, and he now requires a van for transportation to school and



family outings.

To support him, his classmates brainstormed fundraising ideas and proposed placing jars around town to collect change from the community and beyond. Initially aiming to raise \$500, they were thrilled to surpass their goal by over four times. Every student in Blake’s Grade 6 class participated in various events and advocated for this campaign, placing collection jars throughout the town. Special thanks go to the staff and to the members of Carman Collegiate, who kindly helped collect donations by placing jars at several Carman Cougars hockey games. Blake’s oldest sister, Larysa, has set up a GoFundMe page to raise funds for the significant costs associated with the wheelchair van and Blake’s ongoing care needs. Here is the link to Blake’s GoFundMe page if you would like to donate: <https://gofund.me/d0cbe19b>.



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# Tough competition at the Game and Fish banquet

By Annaliese Meier

Carman & District Game & Fish Association held their annual banquet on Jan. 25 at the Carman Golf & Curling Club.

This year's event welcomed an impressive crowd of 120 adults along with 24 enthusiastic kids

Guests were treated to a mouthwatering meal catered by the Carman Golf & Curling Club and was enjoyed by all. The atmosphere buzzed with excitement as attendees participated in silent auctions and gun draws that kept everyone engaged throughout.

The awards were a highlight, showcasing remarkable achievements in hunting and fishing.



Evelyn Froebe, left, presented Mallorey Bergen with the Giesbrecht Trophy for the biggest deer head, overall score of 124 1/8".



STANDARD PHOTOS SUBMITTED

Left to right, Sarah Becker (2nd place - Women's Whitetail - Score 123 6/8"), Mallorey Bergen (first - Women's Whitetail - score 124 1/8"), Dale McInnes (first - Men's Whitetail - score 113 2/8"), Darian McInnes (first - Junior Whitetail - score 109 2/8"), Justin Major (second - Men's Whitetail - score 90 7/8"), Winner of the Lloyd Nordquist Trophy - Most Even Deer Head - score 1 7/8"), Amelia Wytinck (second - Junior Whitetail - score 88").



Kyle Labossiere was the first and second place winner of youth fishing pike category, and first in youth fishing bullhead category. Justin Major presented the trophies.



Jeff Wytinck (Vice-President), left, presented Richard Labossiere the winner of the Stevens 334 6.5 Creedmore Rifle.



The youth fishing categories saw some fierce competition. Justin Major (President), right, presented TJ Middleton-Bell with the trophies for first and second of the youth fishing walleye category.



Brad Dunn, left, won the Winchester 30.06 Woodstock grain rifle, presented by Jeff Wytinck (Vice-President)



Twenty-four kids attended the annual banquet and each took home a prize.

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Ty Dilello  
1-204-250-6322  
news@carmanstandard.ca



## Reflections and predictions

By Cam Dahl, GM Manitoba Pork

The name January is derived from the Roman god Janus. Janus was said to have two faces, one looking forward and one looking back. This is an appropriate metaphor for the month, as we can look back at the year that was and anticipate the year to come.

If there is such a thing as a good disease year in the hog sector, 2024 was it. Given historical patterns, we expected to see new cases of porcine epidemic diarrhea (PED) this past spring. That did not materialize. While we did not make it though 2024 PED free, the first case did not show up until December. This is not an accident. Manitoba's hog farmers, our government, veterinarians, and processors came together to develop a comprehensive plan to eradicate PED. The "Manitoba model" is a 2024 success story - one that is being considered throughout North America and is a testament to what can be done through collaboration.

On the economic front, 2024 was a year of relief for hog farmers in Manitoba, with margins coming back to where they should be. I do see the positive financial situation extending well into 2025, but that prediction comes with a lot of global uncertainty and unpredictability.

So, what will farmers face in 2025? One cannot look ahead without mentioning the new administration in the U.S. Most farmers in Manitoba depend upon international markets. Take the hog industry as an example

- 90 percent of Manitoba's annual production is directed into international markets, with the U.S. being the number one destination. Both major U.S. political parties advocate for "America First" policies and are moving away from supporting free and open trade. Examples of protectionist policies that threaten our exports include the revival of country-of-origin labelling and individual state legislation that is fragmenting the North American market (e.g., Proposition 12 in California).

"America First" was brought into sharper focus after the November election in the U.S. when President-elect Trump called for massive tariffs on Canadian and Mexican exports. In the past, he has threatened to rip up the Canada - U.S. - Mexico Agreement (CUSMA). Not since the original Canada - U.S. trade agreement have we seen political goals tied to U.S. market access. For example, increased defence spending by Canada is likely going to be a condition of ongoing American support for CUSMA. I do believe that Canadian agriculture exports are going to be a target for U.S. negotiators. How is Canada going to respond?

It is not just trade with the U.S. that will be unpredictable in 2025. China, which is both the world's largest food producer as well as the world's largest food consumer, is also signaling that agriculture and food trade will be tied to outside policy issues. The

threat to impose tariffs on Canadian canola exports in response to tariffs on electric vehicles is just one example of this. What happens if a new trade war erupts between the U.S. and China? Will Canadian farmers be caught in the middle? How Canada responds could very well determine if 2025 will be profitable or show a mess of red ink on farmers' income statements. Governments and industry need to be planning for all eventualities on Chinese trade before any of these potential problems arise. I am concerned that this is not happening.

Add to this the ongoing uncertainty caused by the war in Ukraine, the threat of foreign animal diseases like African Swine Fever, production risks, etc. and a picture of a volatile 2025 emerges. Farmers can offset some uncertainty through tools like currency hedging, forward contracting, and other risk mitigation approaches, but farmers cannot control instability caused by global policies. This is the area where we need the support of our federal and provincial governments.

It is my prediction that protectionism, trade barriers, and global uncertainty will be the top topics next January when we look back at 2025. We will also likely be talking about the outcome of a federal election, which may happen sooner rather than later. Elections are the time when politicians are most attentive to concerns raised by constituents. Farmers, of all stripes, need to be asking the candidates who show up on their doorstep about their party's plan to deal with global volatility and trade uncertainty.

## This week, the way it was through the years

By Dennis Young

**100 Years ago, Feb. 6, 1925...** Carman Fire Brigade asks Town Council to install phones in each firemen's homes; Area herds are virtually free of tuberculosis; An announcement read: If you have not seen your child's report card...ask cause he has it!

**75 Years ago, 1950...** Local soprano Thelma Takvam performs at the Toronto Conservatory of Music; with current school squeezing nine

grades in basement and attic space, new school talks begin; Dept of Ag sets floor price on eggs at .38/dozen wholesale and .32 for producers; School Board passes budget of \$35,358 same as 1949s.

**50 Years ago, 1975...** Roland's Lady Foresters of Wild Rose raise \$ through raffles & bonspiel lunches for cancer research; Cornie Unger's Coachline Auto Body opens in former McEach-

ern warehouse; Dr. Ken Cunningham honored as Citizen of the Year; Don Jenkins elected Chamber President.

**25 Years ago, 2000...** While Midland Division enrollment is 1575, it waits on NDP's new budget; \$10,000 on inventory is stolen from Hwy #3 Bumper to Bumper; D & M Fine Foods sell 500g bacon at 2/\$5; 14 Carman businesses participate in *Valley Leader's* Valentine promo.

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News tips: 1-204-250-6322 or news@carmanstandard.ca

Carman Dufferin Standard

Head Office: 1-204-467-5836

Classified & Announcements: 1-204-467-5836

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# Flashback... "The Russians are coming"

By Dennis Young

That was the lead-in for the December 1998 *Valley Leader* article announcing that Kazakhstan's Junior Hockey Team was moving to Carman for four days. With Winnipeg hosting the World Juniors, CAHA member Frank McKinnon played a major role in getting the team to stay in town and complete their final preparation for the tournament.

Arriving on Dec. 20 and staying at Carman Motor Inn and Golden Star Motel, they practiced daily until playing an exhibition game versus the Carman Beavers on Dec. 23.

"What a terrific chance for kids and adults to see some high-calibre junior hockey players in action," commented Recreation Director Marilyn Gitzel. The team would receive 50 per cent of the gate from the game while the Beavers and King's Park Pool would split the other 50 per cent.

"The Guys are pretty excited," said Coach Bob Fitchner. "It's going to be a once-in-a-lifetime experience for many of them." Although he had experience from WHA international competition, Bob still scouted their squad.

"I'm hoping to learn from them as well!"

There were 900 plus fans that evening, paying \$10 each to enjoy a hard-fought contest against the boys from Ust-Kamenogorsk. Tied after the first period 1-1, the visitors were up 6-1 after 2 and finished 7-4 victors. Scoring for Carman were Mike Krentz (game star), Trevor Oltsher, and Bill Sisson. Following the game, both squads got together at Chicken Chef before spending more quality time at the Motor Inn lounge.

The other part of this story was the equipment drive organized by Keith Klus of Carman after he was surprised to find out that out of a 16 million population, just 800 were in the selection process for this team. The low numbers weren't due to a lack of interest but a lack of access to equipment.

What started as a local collection soon spread province-wide, bringing in 4,500 various hockey pieces weighing 2,500 lbs, which was way too much to be shipped back with the team. With that news, Keith had to do much organizing, with logistics help from Dale McGillivray of Continental Grain.

A deal was made with Revy Home



STANDARD PHOTO SUBMITTED

Keith Klus with just some of the 4,500 pieces of hockey equipment donated by Manitobans in 1999.

& Garden to provide storage, and they offered to pay the cost of packaging and sending the equipment abroad if another shipper could be found to cover expenses related to transporting it to the Asian country.

Air Canada stepped in to transport the donations free of charge (which meant Revy saved \$ and thus donated even more equipment) to Toronto, contingent on finding another airline to take them the rest of the way. The Holland-based company KLM agreed to pick them up in Toronto and fly to the final destination of Almaty for a minimal charge in 1999. Whew....but what a great Christmas gift!

## SLAPSHOTS:

**Rob Hamm:** It was a faster pace than we are used to.

**Ian Bergsma:** They were polite and fun to play against. A good clean team.

**Johnny Bestland:** They were sure nice to watch. That was one of the problems we had. They were so fast and smooth that we spent time watching them. It was tough not to do so.

**Keith Klus:** The idea to collect hockey equipment began when, while watching a practice, a goalie

broke his stick. The team didn't have a spare, so he completed the practice with just the paddle. I also noticed some players had mismatched skates. In the conversation with team officials, I asked them if they needed any equipment and if they would accept donations. They replied they would love to have any equipment, and so it began. People were excited with the possibility of helping a team, and indeed a country, with a "Christmas gift" that was so badly needed.

**Extras:** The team finished 6th out of 10 teams at those Championships ahead of Czech Republic, U.S., Switzerland Belarus (how things have changed!). In the gold medal match at Winnipeg Arena, Russia defeated Canada 3-2 on an OT goal.

Notable players from there were Nik Antropov, a centre who played 788 NHL games, 109 with the Winnipeg Jets, and Evgeni Nabokov, the Calder-winning goalie who played 697 NHL games for the San Jose Sharks, New York Islanders, and Tampa Bay Lightning.

*Valley Leader* renowned Sports Reporter Ewert Hudson drove the coaches, one player, and the interpreter to Winnipeg to shop. They bought 21 pairs of blue jeans and shirts.

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### Calling prodigal sons and daughters

And the son said to him, 'Father, I have sinned against heaven and before you. I am no longer worthy to be called your son.' But the father said (Luke 15:21-22a).

In the parable referred to as The Prodigal Son, it is the father's reaction that is so precious. The son who had insulted his father, has come back with a rehearsed speech, finally telling the truth of how he had insulted his father and was no longer worthy to be called son. It is as if the father never even heard the confession. Father had been watching every day of his son's absence for his return and never hesitated before hugging and kissing his sin-weary son. Can you let your imagination go to how this son must have looked and smelled? Father embraced him and kissed his neck. Besides the astonishment we might feel about this reaction, what admiration we feel at the words, 'Bring quickly the best robe, and put it on him, and put a ring on his hand, and shoes on his feet. And bring the fattened calf and kill it, and let us eat and celebrate. For this my son was dead, and is alive again; he was lost, and is found.' And they began to celebrate (Luke 15:22b-24). Notice, the son hasn't done anything worthy except to return, and the father makes no demands for performance before he can accept his son back into the family.

Dear reader, perhaps you no longer feel worthy to be called son or daughter of Father God. Are you concerned that your sins make you foul smelling to Him? Do your sin-tattered clothes bring you shame? Do these thoughts keep you from "going home"? Father is watching eagerly for His wayward children. Do not say, "you have no idea what I have done!" God knows. Yet, He is watching for your return down that road. "Just so, I tell you, there is joy before the angels of God over one sinner who repents" (Luke 15:10).

Len Lodder, Canadian Reformed Church Carman East

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# Support the Elm Creek Rink in becoming Kraft Hockeyville

By Becca Myskiw

The Elm Creek Rink is calling on anyone and everyone with a memory of the facility to share it in support of them being named Kraft Hockeyville.

This annual competition encourages communities across the nation to demonstrate their passion for hockey and community spirit. The grand prize winner will receive \$250,000 for arena upgrades and the chance to host an NHL pre-season hockey game.

The nomination and rally portion of the contest runs from Jan. 1 to March 2.

During this time, communities can submit entries, and community members are encouraged to share their stories, photos, and videos of the facility to boost its score. Scores are determined with 80% based on story submissions and 20% from rally points, which can be earned by interacting with posts on the arena's page. Judging will occur between March 3 and 15, after which the top four finalists will be announced. Voting will open from April 4-5, and the grand prize winner of Kraft Hockeyville will be declared on April 5. Each of the three other finalists will receive \$25,000 for arena upgrades. Kaylee Goerzen, a member of the Elm Creek Rink Board, stated that this is the first time the town has entered the competition. Following a highly successful fundraising campaign for an artificial ice plant, the board hopes to win Kraft Hockeyville to support further upgrades once the new plant is installed.

Their recent fundraising efforts raised over \$600,000—\$150,000 more than their original goal. Through a golf tournament and door-to-door canvassing, they collected these funds without any government grants for the project. Goerzen explained that \$450,000 of the funds was allocated for purchasing and installing the artificial ice plant, along with additional necessary work such as constructing an outbuilding to house the plant, laying piping, and upgrading electrical systems. With the extra funds, the board has decided to change the original plan from a gravel base to a concrete base. Elm Creek is one of the few towns in Manitoba that still has natural ice, which often leads to delayed starts and finishes in the season due to temperature fluctuations that require ice preservation.

"It was like 'enough is enough,'" said Goerzen. "We're ready to start practicing in our own arena sooner."

Switching to artificial ice will allow the arena to accommodate more ice rentals, increasing traffic to the facility. The Elm Creek Rink Board plans to execute additional renovations following the installation of the new plant to manage the increased usage. This includes expanding the waiting room for spectators and adding more dressing rooms. Winning Kraft Hockeyville would significantly help in these renovation efforts.

"If people can go on there and submit a story about how Elm Creek sport or hockey has impacted or in-



STANDARD PHOTO SUBMITTED

Elm Creek Rink looking for community support in its nomination for Kraft Hockeyville.

fluenced their life, that would be so helpful," said Goerzen. "We really want people, if you've ever used our arena, to go on there and please submit a story."

Reacting to stories shared by others and posting notes on them counts towards the rink's rally points, which accounts for 20 per cent of their score. Sharing stories of your own counts for 80 per cent.

"It's all going to help us get to that

next stage," said Goerzen.

To share your story about the Elm Creek Rink and assist them in advancing towards becoming Kraft Hockeyville, please visit <https://hockeyville.kraftheinz.com/community/11eebf00b2768100c91eac76a462c52c> or go to [www.hockeyville.kraftheinz.com](http://www.hockeyville.kraftheinz.com) and search for Elm Creek.

## Elm Creek Skating Rink receives new ice plant for artificial ice

By Ty Dilello

The artificial ice plant project in Elm Creek is nearing completion after a very successful fundraising campaign. Currently, \$602,861 has been fundraised to support this project. This figure represents only fundraised funds, with no large grants given.

This grand endeavour could not have been done without the incredible support from the local community and the communities that surround Elm Creek.

The project's initial goal of \$450,000 has been surpassed,

and the rink board and fundraising committee are happy to report that the project's scope has been changed. They are working toward adding concrete as the base of their rink. An update has been delayed as they wanted to ensure all parties involved were in favour of the change to concrete.

The Elm Creek Skating Rink received the ice plant last week, and a new condenser will also arrive in the coming weeks. Champion Electric has already started installing a panel in the new ice plant shed, and the hydro will be hooked up in the spring. Concrete and a cooling floor (pipes from Encoma) are to be installed in the summer.

Looking forward to 2025, the fundraising committee is fortunate to raise more funds for the project and the rink as they farm the RM of Grey farmland. Additional funds are also in place for 2025 via pledges or commitments for continued donations.

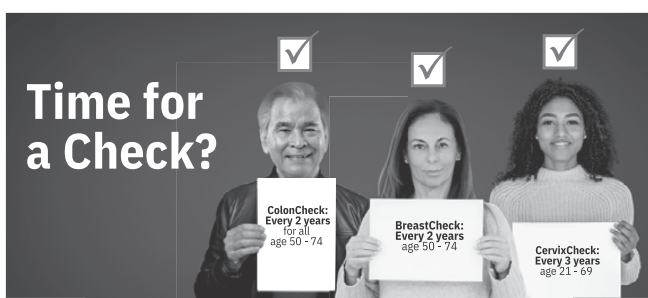
Access Credit Union also recently donated \$50,000 to the project, making it a legacy do-

nor. The committee is very appreciative of Access Credit Union's continued support of rural Manitoba communities.

"A few big thanks again go to all our supporters of this project," said Daniel Lepp of the Elm Creek Skating Rink fundraising committee. "All donations, well wishes, giving of time and any support has not gone unnoticed. We'd also like to extend another huge thank you to Access Credit Union for their generous support with their \$50,000 donation to our project."

"We are extremely grateful for all the support this community project has received. There have been lots of volunteers working diligently on this project, all the while keeping the rink operations going at the same time. We couldn't be happier and are looking forward to the project being completed in the near future."

The Elm Creek Skating Rink plans to start hockey in the first half of October with the new ice plant instead of starting early to mid-December and running the ice until winter sports end to mid-March.



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# Manitoba premier issues directive to stop sale of American alcohol



PHOTO SUBMITTED

Pink Whitney, a pink lemonade-flavored vodka produced by New Amsterdam Vodka in California, United States is one of many American alcohol products being removed from MBLL shelves.

By Annaliese Meier

In response to the tariffs imposed by U.S. President Donald Trump, Manitoba Premier Wab Kinew has directed Manitoba Liquor and Lotteries (MBLL) to stop selling American alcohol products in the province.

"Trump's tariff tax is an attack on Canadians," said Kinew. "We support the federal response to these tariffs, and here in Manitoba, we're stopping the sale of American products at Manitoba liquor marts. How you choose to spend your money is one of the most important decisions you, as a consumer, can make. There are plenty of great Manitoba breweries and distilleries to support instead."

The premier noted that effective Tuesday, Feb. 4, MBLL will be directed to remove American products from the shelves of liquor marts and will cease ordering American alcohol.

Additionally, the premier added that the province will provide more support for Manitoba businesses and workers throughout the week in response to the U.S. tariffs.

Manitoba's U.S. Trade Council will meet on Monday to discuss the impact of the tariffs and the province's response.

For more information, businesses or workers in Manitoba affected by the tariffs can contact the Manitoba government tariff hotline at 1-877-827-4330 (toll-free) or 204-945-8011, or reach the Manitoba Government Inquiry at 204-945-3744. More resources are available at: <https://manitoba.ca/tariffresponse/>.

# Free provincial park entry for the month of February

By Annaliese Meier

The Manitoba government is promoting winter activities by offering free entry to all provincial parks for February, announced Environment and Climate Change Minister Mike Moyes.

"Manitoba's provincial parks offer an incredible variety of trails and activities for Manitobans of all ages," said Moyes. "I am pleased to announce we are waiving the entry fee to all provincial parks for the month of February to make it more affordable for Manitoba families to get outdoors and enjoy all our beautiful provincial parks have to offer."

Visitors can partake in cross-country skiing, snowmobiling, fat biking, snowshoeing, and hiking, along with activities at outdoor skating rinks and toboggan hills. Hecla / Grindstone Provincial Park has free ice-fishing shelters, while ski slopes are available in Assinippi and Whiteshell provincial parks.

Additionally, the inaugural Manitoba Winter Trails Day will be celebrated on February 8. This annual event showcases winter trails, honors trail partners, and encourages outdoor adventures.

On Feb. 8, residents can join guided activities in:

Birds Hill - embark on a snowshoe trek along the Nimowin Trail to search for animal tracks and signs of wildlife, and learn how creatures thrive during winter.

Spruce Woods - take a guided hike on the Epinette Trail to discover the park's unique landscape and its intriguing



STANDARD PHOTO BY JO-ANNE PROCTER

The Manitoba government is promoting winter activities by offering free entry to all provincial parks for the month of February.

connection to the spruce forest.

Details and registration information for upcoming programs can be found along with more information on winter activities in provincial parks at [www.manitobaparks.com](http://www.manitobaparks.com). Manitobans are also encouraged to check this website for trail conditions before visiting parks.

Trail users are reminded to only use

trails for designated activities and never walk on groomed ski tracks, keep dogs on leash and practice the principles of Leave No Trace by removing everything that is brought in.

No vehicle permits are required in February, but Snopasses are needed for snowmobiles on designated trails.

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# Manitoba has lowest annual inflation rate across Canada for 2024

By Ty Dilello

Despite all of the financial insecurity that Canadians are facing with the latest drama about Donald Trump's and the United States government's tariffs, some good news is that our province had the lowest annual inflation rate across Canada over the last year.

Statistics Canada's report on the Consumer Price Index was released last month. It shows that on an annual basis, all of the provinces had inflation rates, and Manitoba had the lowest in 2024 at 1.1 percent.

"Our government is focused on making life more affordable for Manitobans," said Manitoba's finance minister Adrien Sala. "This report shows that our plan is working, as Manitoba had the lowest inflation rate in 2024 across Canada. The gas tax holiday helped ensure Manitobans had more money in their pockets to help afford things like their mortgage and groceries, and with a permanent cut to the gas tax and a hydro rate freeze in 2025, Manitobans can remain confident our government is doing everything we can to make life as affordable as possible."

sible."

The finance minister noted that lower gasoline prices, driven by the provincial fuel tax holiday, contributed to this slowdown. A permanent cut to the fuel tax was instated on Jan. 1, a 10 percent reduction from the rate previously in place.

The 2024 annual Canadian average inflation rate was 2.4 percent.

On the contrary, Manitoba's low inflation rate isn't all good news, as many Manitobans still don't have more money in their pockets.

"Manitoba's economy is weakening, investment is leaving, and job losses are piling up. Provincial unemployment jumped to 6.2 percent from 4 percent in 2024, and in December, Manitoba was the only province in Canada with an employment decrease," said Lauren Stone, Midland MLA for the PC's.

"The NDP's \$1.3 billion deficit and failure to deliver an economic plan is driving Manitoba into decline, and working families are paying the price."

It was also certainly a disappointing

and difficult weekend for all Canadians with the news of Donald Trump announcing 25 percent tariffs on all Canadian goods.

Stone was less than pleased with Trump's antics.

"I am extremely disappointed in Trump's decision this weekend to place tariffs on all Canadian goods," said Stone. "It is a trade war that makes no sense, as these tariffs will be a direct hit to both Canadian and American consumers and businesses."

"Now is the time to reconsider policies that have limited our economic potential over the years. We have an opportunity to break down interprovincial trade barriers, improve tax competitiveness and reduce regulatory burdens for business and industries to expand here at home. Over the past couple of months, I have called on the government for a by-partisan Team Manitoba approach, as it's critical we all work together to develop meaningful solutions for the months and years ahead."



STANDARD PHOTO SUBMITTED

Despite having the lowest inflation rate across Canada in 2024 at 1.1 percent, Midland MLA Lauren Stone cautions Manitobans as she believes the province's economy is weakening yearly.

# Genesis House launches community survey

By Ashleigh Viveiros

Genesis House is looking for feedback on whether it's hitting the target on the work it does with the victims of domestic violence.

The regional shelter has put out a short, anonymous community survey and is encouraging everyone to weigh in with their knowledge of and experiences with the agency.

"The people with lived experience are always the hardest to reach, so I'm really hoping that because there's no identifying information, they can say whatever they want. They can share their truth and we'll use that information to manage our services as best we can," says Ang Braun, Genesis House executive director.

Alongside the shelter celebrating its

40 anniversary in 2024, they've been reevaluating how they do things to ensure they're keeping up with the changing needs of the families and communities they serve.

"Part of that included strategic planning and looking at our core values," Braun says, listing those as "leading with compassion, creating psychological safety, and making each other stronger."

"We want to make sure that we are actually living true to those core values," she says, explaining that led them to apply for a grant to cover the costs of running and promoting the survey.

"We're reviewing all of our policies and procedures to make sure they're written through the lens of a trauma-informed organization," Braun says. "And that's also partly where this survey will hopefully inform us. Where are we falling short? What could we be doing better?"

A lot has changed since the shelter first opened its doors in the 1980s.

"Demographics, who we're seeing in shelter, and the concerns that people are coming to us with today, compared to 40 years ago, it doesn't look the same," Braun says. "We want to make sure, are we hitting the right targets? Do people feel like they can call us? Do they even know we're

here?"

There are actually multiple versions of the survey, based on how you answer the first few questions. Those questions break respondents into those who have had personal experience with the shelter or its programs, those with personal experience with another shelter, past or present employees or volunteers with Genesis House or with another shelter, and community members, stakeholders, or other agencies.

"We're really looking at what people feel the barriers are," Braun says of the survey that's targeted to those who have suffered abuse at the hands of a domestic partner. "What were the barriers you faced trying to access shelter services?"

The stakeholder survey, meanwhile, asks whether people feel domestic violence is an issue prevalent in our communities.

"That will be an interesting response," Braun observes. "The people with lived experience will clearly believe that it's an issue, but I think there's still some skepticism from folks in some places, the idea that it doesn't really happen here."

The survey is available online at [genesishouseshelter.ca](http://genesishouseshelter.ca) for the next few weeks.

An advertisement for a scenic flight tour. The top half features the text "Scenic Flight Tour" in large, bold, red letters. Below this, a group of five people (three women and two men) are smiling and posing in front of a small white aircraft with the registration "C-GHXS". They are holding up framed photos of scenic landscapes. A red banner at the bottom left of the image displays "\$149" in large white text, with "3 PASSENGERS AND THE PILOT ALL FOR ONE LOW COST" and "Book Today!" in smaller white text. The LS Airways Flight Academy logo is visible in the bottom right corner of the image. At the very bottom of the advertisement, a yellow banner contains the text "LS Airways Flight Academy | 311 Anson St, Gimli, MB | 204-651-1402" and the full logo for "LS AIRWAYS FLIGHT ACADEMY".



# MITT Open House lets you experience programs and college life first-hand



Finding the right post-secondary institution requires effort, which is well spent as your time in college allows you to develop skills and relationships that will set you up for your future career.

While you can learn a lot about a college online, nothing compares to experiencing the Manitoba Institute of Trades and Technology (MITT) firsthand. MITT's Open House on February 20 at the college's Henlow, Pembina, and Fultz campuses in south Winnipeg is your chance to get to know MITT, its programs, faculty, staff, and what student life is like.

Here are a few elements of MITT you can experience at the Open House:

- **Location:** MITT's south Winnipeg campuses are easily accessible from the perimeter, making MITT an ideal choice for those attending from surrounding communities.

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- **Hands-on learning:** Programs are taught by industry-experienced instructors through hands-on training in modern simulation labs, ensuring you gain the in-demand skills you need for your career.

- **Real-world work environments:** Instructors incorporate real-world scenarios into their teaching, and 70 per cent of programs include a work practicum with a local employer.

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- **Career and employment services:** On top of teaching in-demand skills, MITT offers career support as part of the curriculum in every program. Ad-

ditional one-on-one support from a nationally recognized Career and Employment Services team will help you get hired. Meet this team and start your career conversations at Open House.

At the MITT Open House, you can see and experience the benefits of a college education and learn how you can find your future with MITT.

To register for Open House and learn more about the event, visit [MITT.ca/openhouse](http://MITT.ca/openhouse).

If you have already decided to choose MITT, take advantage of our limited time offer, and apply for free to any post-secondary program. Visit [MITT.ca/Start](http://MITT.ca/Start) to learn more.



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SUBMITTED PHOTOS



## Journey for Sight raises \$7K

A group of ten local snowmobile riders ventured out recently to take part in the Journey For Sight, an annual snowmobile fundraising event in support of the Lions Foundation eye bank. Started in Birtle in 1983, the ride has changed over the years but has traditionally had northern and southern groups of riders meet up in Brandon. Among those taking part was Shannon Dueck, who is a Lions Club district governor, along with her husband and fellow Lion David Dueck. "It means the world to us that regular citizens would take time out of their day to raise awareness and funds for this worthy cause," she said, estimating the local group brought in perhaps \$7,000 for the cause.



## 5 gift ideas for your loved one this Valentine's Day

Are you looking for the perfect Valentine's Day gift to make your loved one's eyes sparkle? Here are some inspiring ideas to help you out.

1. A fashion accessory. Consider gifting your better half a piece of high-quality jewellery or a designer watch that matches their style. If you're worried about getting your partner something they won't like, take pictures of some of their current pieces and let the experts guide you.

2. A trip to the spa. Does your sweetheart need to relax? Treat them to a stress-busting spa experience. For a romantic getaway, go as a couple and book a room on-site. Many hotels and resorts have a spa area. You could also stay in a cozy establishment nearby.

3. A personalized work of art. Commission a local artist to create a one-of-a-kind piece of art that tells your love story. This could be a



photograph, painting, engraving, illustration or caricature.

4. An epicurean getaway. Plan a trip that stimulates all the senses. Think fine dining, an entertaining show, a local wine, beer or cheese tasting or a visit to an art gallery. Tailor the itinerary to your partner's preferences.

5. Luxury skincare products. Surprise your partner with skincare products, such

as creams, serums, masks and oils, from prestigious brands that come wrapped in beautiful boxes. Ask your beauty salon or pharmacy cosmetics counter for help finding the right products for your partner.

From flowers and sweets to a gourmet dinner or a balloon bouquet, how will you express your affection on February 14?



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# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Sanford high school hockey team looking to win back-to-back titles

By Ty Dilello

The Sanford Sabres girls' high school hockey team is again putting up a banner year.

The Sabres are in first place in Division 2 of the Manitoba Women's High School Hockey League (MWHSHL) with a record of 17-1. This strong team is the reigning Division 2 champions from last season when they finished atop the division and won the championship banner.

Johnny Bestland heads coaches the well-rounded team, with each member providing value and contributing on and off the ice.

Mikalah Grant, Halle Penner, and Meredith Wiebe lead the team in scoring. The team also gets very strong goaltending from its tandem of Brooke Larson and Ainesleigh Bourre, who rank one and two in the goaltending

stats with a .97 and 1.02 goals-against average, respectively.

On Feb. 2, the MWHSHL hosted its annual Vets and All-Star games. Sanford was well-represented on the day as five players from the Sabres lineup competed at the event in: Ainesleigh Bourre and Kaitlyn Saley, who played for the Vets. And then Anjali Zuk, Mikalah Grant, and Meredith Wiebe were on the Jets (All Stars). Sanford was also selected to have its coaches participate, so Haley Bound and Alysa Kaminski coached the Jets team.

The Sabres will now continue league play in their high school hockey league and then will be heading to Minneapolis, Minnesota, at the end of February to challenge its game against some U19 AAA calibre teams, as it will be a good preparation for the team ahead of making another championship run.



STANDARD PHOTO BY CARRIE WILSON

The Sanford Sabres girls' high school hockey team was well-represented at last weekend's Vets and All Star Game in Winnipeg. From left to right: Kaitlyn Saley, Meredith Wiebe, Anjali Zuk, Mikalah Grant, Ainesleigh Bourre.

## Male U18 Hawks 1-2 in weekend games

By Lorne Stelmach

It was another weekend of mixed results for the male U18 Pembina Valley Hawks.

A busy schedule of three games on consecutive days saw the Hawks get blanked 6-0 by the Winnipeg Thrashers Friday then rebound for a 5-2 win over Kenora Saturday before being outscored 9-6 by Brandon Sunday.

Pembina Valley was completely stymied by Thrashers goaltender Tate Barnaby, who earned a 46-save shutout, while Mason Mykichuk scored four goals for Winnipeg, which had 32 shots on Hawks' netminder Ryler Gates. The Thrashers were also powered by three powerplay goals.

It was a pretty wide open affair with Kenora as the shots on goal were 59-41 in favour of the Pembina Valley, which took period leads of 2-1 and 4-1.

Haiden Friesen had a pair of goals and three points with Cade McCallum, Adrien McIntosh, and Ragnar Gillis also connecting for

the Hawks, while Karsen Dyck got the win in net with 39 saves.

The floodgates then really opened Sunday with the Wheat Kings leading 5-4 after 40 minutes after the first period had been tied at two apiece.

Friesen and Cole Secord both had a pair of goals for the Hawks with singles from Tegan Fehr and Parker Henderson. Shots on goal were 43-31 in favour of Brandon.

Dyck started in goal for the Hawks, stopping 24 of 30 shots before being replaced after the sixth Brandon goal by Gates, who stopped 10 of 12 shots before the Wheat Kings sealed the deal with an empty net marker.

The Hawks remain locked in ninth place at 17-17-4-2 for 40 points, which is 11 ahead of Norman and just one back of Eastman and Interlake and three behind Parkland.

Pembina Valley has a pair of home games this weekend against Central Plains on Friday and the Thrashers on Sunday.

## Carman bowlers win silver



STANDARD PHOTO SUBMITTED

Pictured far left, Carman Bowling Team members Calem Phillippot and Ty Williams, with a total handicap of 2,362, won silver medals at the Junior Hi/Low Provincial Championships held at the Polo Park Bowling Centre on Jan. 26 in Winnipeg. Winning gold from Selkirk, pictured in the middle, were Parker Pelletier and Hazel Campbell, with a total handicap of 2,383. Pictured far right, Bryce Ward and Russell Jennings of Dakota won bronze with a total handicap of 2,346.

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Hawks slip into sixth place as season's end nears

By Lorne Stelmach

The female U18 Pembina Valley Hawks slipped into sixth place after dropping a pair of games to Brandon last weekend.

A 2-1 loss Friday followed by a 2-0 defeat Saturday allowed the Wheat Kings to leap past the Hawks in the standings.

Brandon improved to 13-16 with two overtime losses for 28 points, and the Hawks slipped to 13-17 with one overtime loss.

The Hawks gave up a pair of goals in the second period Friday but couldn't quite recover in the third, with only one goal coming from Abigail Brigg just 16 seconds in.

Shots on goal were 39-24 in favour of Pembina Valley. Kasia Rakowski took

the loss in net with 22 saves.

Brandon goaltender Danica Averill then earned a 45-save shutout Saturday as the Wheat Kings eked out another narrow victory. Pembina Valley outshot Brandon 45-30.

The Hawks will close out their regular season schedule this weekend starting with a visit to Stonewall Saturday to take on Interlake followed by a trip to Winnipeg to face off against the Avros Sunday.

If the Hawks end the season in sixth place after this weekend, their quarter-final opponent will be the third place Winnipeg Ice. The Hawks and Ice split their four regular season games, with Pembina Valley dropping the first two before edging Winnipeg for a pair of 3-2 wins.



STANDARD PHOTO BY RICK HIEBERT

Pembina Valley's Hayden Arkle battles with two Brandon players for puck control in Friday's game against the Wheat Kings, which the Hawks lost 2-1..

## Twisters in last place in MMJHL standings as calendar turns to 2025

By Ty Dilello

The Pembina Valley Twisters junior hockey team is nearing the end of the 2024-25 season after losing two more games last week. The Morris-based team has a record of 3 wins, 31 losses, and 2 ties, placing them last in the league.

On January 31, the Twisters lost 8-1 to the Charleswood Hawks. Josh Guilford scored the only goal for Pembina

Valley, while Darion Penner and Jordan Armstrong made 34 saves in net.

The next night on Feb. 1, the Twisters were again embarrassed, this time at home to the Fort Garry/Fort Rouge Twins by an 8-0 scoreline. Jordan Armstrong did what he could as he stopped 34 shots in the loss.

"There are lots of positives to take from this year with the younger guys excelling every game, as we see it in

spurts every game that we can compete with any team," said Twisters' head coach Braeden Beernaerts. "We just need to find the consistency in a full 60 minutes. Sometimes, it takes years like this to truly understand the time, effort and commitment it takes to be a winning team. I like the group that we have now, so we hope to grow a little stronger before the season ends to catch fire for next year."

The Twisters return to action on Feb. 7 with a home game against the St. Boniface Riels. The puck drops at 8:00 p.m.

The 2024-25 MMJHL All-Star Game will be held on Feb. 15 at 7:30 p.m. at the Terry Sawchuk Arena in Winnipeg. Austin Spicer, Darby Olson and Josh Guilford were named from the Twisters to participate in the upcoming All-Star Game.

## Beavers split last week's games to stay in SEMHL playoff race

By Ty Dilello

The Carman Beavers split a pair of games this past week, giving them a 4-11-1 record on the season. This is good for eighth place in the ten-team South Eastern Manitoba Hockey League (SEMHL).

On Jan. 29, the Beavers fell to the Red River Wild at home by a 3-2 scoreline.

Jack Lotscher and Quade Froese had the Beavers' goals on the night, while Luke Zacharias stopped 46 shots in the loss.

A few nights later on Jan. 31, the Beavers treated their home fans in Carman to a big 6-1 victory over the Portage Islanders. It was a game that

Carman dominated from start to finish, as they scored twice in each of the game's three periods. Liam Schioler, Jack Lotscher, Mikol Sartor, Dane Halstead, Kale Ilchena and AJ Nychuk scored the Beavers' goals on the night. Luke Zacharias stopped 32 shots in goal for the win.

The Beavers' Marcus Sekundiak is currently 21st in the SEMHL scoring race with 22 points (12 goals and 10 assists) in 16 games.

The Carman Beavers are back in action with a home game on Feb. 8 against the Notre Dame Hawks. The puck drops at 7:30 p.m.

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### MORTGAGE SALE

The land and building known as 96 Main Street North, Carman, Manitoba, as described in Certificate of Title No. 3317808/4 will be sold at auction on Wednesday the 12th day of March, 2025 at 10:00 a.m. The auction sale will be held by way of video or teleconference. There will be no in-person attendees at the auction. In order to participate you must pre-register at least 24 hours prior to the auction by contacting Dan Ransom at either 204-988-0443 or dransom@tmlawyers.com. On the date of the auction, an email will be sent to all attendees at the email addresses provided. The attendees will need to follow the instructions in the email, which will include a video link or teleconference call-in information. The successful bidder shall have a period of 24 hours to provide the deposit in certified funds payable to Taylor McCaffrey LLP and sign the auction sale conditions.

TO THE BEST of the Vendor's knowledge, the property includes a 1680 square foot commercial building previously operated as a Drive-Inn Restaurant and zoned Commercial-Highway. The building was built in 1950 but has an estimated effective age of 25 years. The building includes: concrete foundation, wood frame construction with painted stucco and metal clad exterior finish; sloped roof with tin exterior and front overhang covering a 4 foot concrete sidewalk; PVC exterior doors and windows; 3 two-piece bathrooms; 200 amp electrical panel; and fluorescent tube lighting.

PRIOR ENCUMBRANCES: NIL

REALTY TAXES (excluding any accruing water charges) are paid to August 31, 2023.

**TERMS OF SALE:** a deposit of \$33,000.00 by way of cash, certified cheque or bank draft payable to Taylor McCaffrey LLP, and the balance according to conditions which will be available for public view at the Auctioneer's address above prior to the auction. The property will be sold subject to a Reserve Bid of \$245,000.00 plus such other additional and incidental costs which may be incurred by the Vendor from the 28th day of January, 2025 to the date of auction and which costs will be announced prior to the commencement of the sale. The maximum amount of cash that may be provided as part of the deposit is \$7,500.00. The auction sale will be conducted pursuant to an Order for Sale issued by the District Registrar. Certain parties may be prohibited from purchasing the property, including but not limited to, parties who by virtue of their employment or relationship to a person involved in the sale process would have special knowledge of the circumstances pertaining to the sale. For more information and a list of prohibited purchasers please visit: www.teranetmanitoba.ca.

FURTHER information may be obtained from:

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**RURAL MUNICIPALITY OF GREY  
NOTICE OF NOMINATIONS**

NOTICE IS HEREBY GIVEN that on the following days:  
**Thursday, February 6, 2025**  
**Friday, February 7, 2025**  
**Monday, February 10, 2025**  
**Tuesday, February 11, 2025**  
**Wednesday, February 12, 2025**  
between the hours of **8:30 a.m. and 4:30 p.m.**  
**at the Rural Municipality of Grey Municipal Office located at 27 Church Avenue East, Elm Creek, Manitoba**

I will receive nominations for the offices of:

Office:	Vacancies:
Ward 2 Councillor	1
L.U.D. of Elm Creek Committee	1

**Nominations deadline is Wednesday February 12, 2025 at 4:30 p.m. Nominations cannot be accepted after this time.**

All nominations shall be made in writing and shall be signed by at least twenty-five voters or NOT less than 1% of the voters (whichever is the lesser) of the authority or ward (as the case may be), but in all cases by at least two voters. Each nomination shall also be accompanied by the candidate's declaration of qualification

**Nominations must be filed in person at the above location on the dates and hours specified.** To obtain a nomination paper, and/or candidate's declaration of qualification, contact the S.E.O. at the address or telephone number listed below.

**Nomination papers not accompanied by the required documents and not properly filed shall be rejected.**

Dated at Elm Creek on January 13th, 2025.  
Kim Arnal  
Senior Election Official (S.E.O.)  
Rural Municipality of Grey  
Box 99, 27 Church Avenue East  
Elm Creek, Manitoba ROG ONO  
Phone: 204-436-2014  
Fax: 204-436-2543  
Email: kim@rmofgrey.ca

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## take a break

> GAMES

### SUDOKU

8	6		4					9
			9					
	1	3	8			4		
		1						
	9			3		5	7	
3	8							1
			5	7	9			
5				1	6			
	4	7	2					

**Fun By The Numbers**

Like puzzles? Then you'll love sudoku. This mind-bending puzzle will have you hooked from the moment you square off, so sharpen your pencil and put your sudoku savvy to the test!

Level: Intermediate

**Here's How It Works:**

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

### Chief Financial Officer

The Town of Carman is accepting applications for a full-time permanent Chief Financial Officer. A complete job description is available at our website: <https://carmanmanitoba.ca/employment-opportunities/>

**Position Summary**

The Chief Financial Officer is responsible for the financial functions of the Town of Carman along with various other administrative management functions.

**Qualifications and experience**

Candidates are expected to have a thorough knowledge of accounting acquired through a university degree in business accounting, through a professional accounting program (CPA) or through related experience and training. Municipal experience would be considered an asset.

**Pay Package**

The salary will be competitive with a comprehensive benefits package.

Please submit your resume and cover letter detailing how your experience and qualifications meet the requirements. We thank all that apply, however, only candidates selected for an interview will be contacted. The position will remain posted until filled. The candidate being considered will be required to undergo a Criminal Record Check.

Susan Stein  
Chief Administrative Officer  
Town of Carman  
Phone: 204-745-2443  
E-mail - cao@townofcarman.com



1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18								
19						20				21				
						22				23				
						24	25			26			27	28
29	30								31				32	33
34						35	36					37		
38						39						40		
						41					43	44		
						45					46			
						47	48				49			
53											55	56		
57											58			
59											61			

**CLUES ACROSS**

- 1. "The Las Vegas of the East"
- 6. Cook
- 10. Manning and Wallach are two
- 14. Chameleon
- 15. A way to fill up
- 17. What MLBers hope to play in
- 19. Unhappy
- 20. Indefinite period of time
- 21. Excites
- 22. Males
- 23. Mongol leader Genghis
- 24. Turfs
- 26. Soda comes in them
- 29. Not nice
- 31. Professional organization
- 32. Part of a play
- 34. Sea eagle
- 35. Emily Blunt's character in "Sicario"
- 37. Beige
- 38. Mental sharpness
- 39. Valley

**40. Alcyone's husband**

- 41. A place to gamble
  - 43. Flightless Australian birds
  - 45. Call out somebody's name over a P.A. system
  - 46. US spy group
  - 47. Pancakes from buckwheat flour
  - 49. Swiss river
  - 50. Disfigure
  - 53. Have surgery
  - 57. Formal withdrawal
  - 58. Early English council
  - 59. Square measures
  - 60. 2,000 lbs.
  - 61. Siskel and \_\_\_, critics
- CLUES DOWN**
- 1. Mouths
  - 2. Buffalo
  - 3. You plug it in
  - 4. Each
  - 5. Largest English dictionary (abbr.)
  - 6. King of Thebes
  - 7. English name meaning

- "mythical hunter"
- 8. Indicates near
- 9. More herbaceous
- 10. Gas-powered cars need one
- 11. Dishonest individual
- 12. Systems, doctrines, theories
- 13. The woman
- 16. The whole of one's holdings
- 18. Witnesses
- 22. Doctor
- 23. Paul \_\_\_, Swiss painter
- 24. Kids look for him on December 24
- 25. Single
- 27. Competitions
- 28. Predict the future
- 29. Cage for trained hawks
- 30. Musician Clapton
- 31. Frozen water
- 33. Semiformal men's evening attire
- 35. Most worn
- 36. Common soap ingredient
- 37. Former EU monetary unit
- 39. Provisions
- 42. Book parts
- 43. Republic of Ireland
- 44. Partner to "Pa"
- 46. Sammy \_\_\_, songwriter
- 47. Dutch colonist
- 48. Clare Booth \_\_\_, American writer
- 49. Solar disk in Egyptian mythology
- 50. Minute arachnid
- 51. From a distance
- 52. Monthly apartment cost
- 53. Young women's association
- 54. Tourist destination
- 55. "Woman" in Ojibwe language
- 56. Pointed end of a pen

### Now Hiring: Pool Manager

#### CARMAN DUFFERIN POOL

Carman Dufferin Recreation is seeking a **Pool Manager** to oversee daily operations, ensuring a safe, clean, and enjoyable aquatic environment. This role includes staff management, programming, enforcing safety regulations, and facility operations. This position has the possibility of starting in April and may involve shift work if needed days, evenings and weekends June-August.

**Qualifications:**

- Minimum of 18 years of age
- CPR-C & Standard First Aid
- National Lifeguard (NL) certification
- Swim for Life Instructor (2+ years teaching experience)
- Clear Child Abuse Registry & Criminal Record Check
- Strong leadership, organizational, and communication skills
- Experience supervising staff and managing an aquatic facility preferred

For more details, please visit [www.carmanmanitoba.ca](http://www.carmanmanitoba.ca) or Call Renae at the Recreation office: 204-745-2684  
To apply please send or email a resume and photocopies of any certifications needed to:

**Carman Dufferin Recreation**  
**Box 160 Carman, MB, R0G 0J0**  
**admincdr@townofcarman.com**

The deadline for applications is **February 28th, 2025.**  
*Thank you to all applicants for their interest, however only those under consideration will be contacted.*

## Aubin Nurseries Ltd.

# NURSERY EMPLOYEE

We are hiring Nursery Employees for the 2025 season. No experience needed, we will train.

Please email resume to  
**[Kristina@aubinnurseries.ca](mailto:Kristina@aubinnurseries.ca)**

3	1	5	6	8	2	7	4	6
8	7	6	1	3	4	3	9	5
2	4	9	7	5	6	7	8	1
1	9	2	6	4	9	7	5	3
7	5	8	3	2	1	2	6	4
4	9	3	8	5	6	9	1	2
5	1	3	8	7	6	4	2	6
9	6	4	6	3	2	1	4	8
9	6	3	7	4	1	5	7	3

**Sudoku Answer**

T	R	E	B	E	N	O	T	S	E	R	V			
N	V	I	M	N	O	I	S	S	E	O	E	S		
F	E	I	N	K	E	H	I	R	E	O	N	N	O	G
M	V	A	R	V	A	V	I	N	I	L	B	E		
X	A	E	C	E	T	V	A	L	I	M				
U	R	C	E	C	O	V	A	N	E	R	E			
T	C	O	E	L	I	E	I	N	V	A	W			
S	R	E	L	I	L	S	D	O	S					
N	V	H	K	N	E	W								
S	H	I	L	S	N	O	E							
E	W	V	G	S	E	I	R	E	S	D	L	R	O	W
H	S	I	N	E	P	L	E	T	L	O	N	V		
S	I	L	E	F	O	H	O	A	V	O				

**Crossword Answer**

# Announcements Classifieds



Book Your Classified Ad Today - Call 204-467-5836 news@carmanstandard.ca

## CARD OF THANKS

Thank you to everyone for your kind words, cards, flowers, and food in the recent passing of our mother, Agnes Phillips. Special thanks to the Roland United Church and the staff at the Carman hospital.

-The family

**Remember Your Loved Ones with an Announcement in the**  
*The Carman-Dufferin*  
**STANDARD**  
 Call 204-467-5836

## IN MEMORIAM

**Bonnie (Strachan) Froebe**  
 1942 to 2020



Unfortunately, some of my relations took exception to the fact that I did what Bonnie suggested with her inheritance and they don't seem to express much empathy for the fact that I lost my sweet singing angel. It is so sad. I wrote a small ditty shortly after she passed. I cannot say it is poetry because I was never very good at English in school, but it rhymes.

"Bonnie was a beautiful song,  
 I am so glad she came along.  
 It was love at first sight,  
 I loved her with all my might.  
 I could not dance,  
 But I took a chance.  
 "It's a mouse." I uttered,  
 It was all I muttered.  
 I beat a retreat,  
 It was so neat.  
 I had spoken to the light of my existence,  
 Now I had to go the distance.  
 I took an enormous stand,  
 And bought some land.  
 Soon we were wed,  
 And off to bed.  
 What a glorious life,  
 To have such a lovely wife."

It seems like yesterday; BUT NO, it was five years ago.

The light of my life has passed on ahead of me. "Yahreit" February 06, 2020 Yiddish for the day of her passing.

It is always difficult to have someone pass as the world doesn't even blink. Nothing slows down. It just keeps on spinning.

Bonnie was always very active. She was president of her grade 12 class in school, starred in school musicals, sang solos on hundreds of occasions; church, concerts, weddings, competed in the Tudor Bowl in Winnipeg. She sang in several choirs over the years and enjoyed the sociability and the singing in them. She obtained her grade 10 in singing from the Royal Conservatory of Music. She studied music theory under Mr. Dvorak, amongst others, and he would related many personal stories of his close relative Anton in the process. She was a virtual music encyclopedia, however she never bragged or pushed her vast musical knowledge.

She was a pioneer in being a girl showing prize animals in the show ring at many fairs at a very early age. As she was big for her age at nine, almost 10, when her mother and sister contracted polio, she was expected to pick up the household and the farm hand chores. She could always throw bales much better than I could.

It is horrendous to lose the LIGHT OF YOUR LIFE. It is a part of you that cannot be replaced. Life is dimmer.

It still hurts every day, but I still have her with me.

We will always have Neuschwanstein Schloss in Germany. Until we meet again, auf wiedersehen.



## OBITUARY

**Dorothe Mae Swain**

With family by her side, Dorothe passed away January 27, 2025. Dorothe and Rob were together for 30 years and had a wonderful life together.

Dorothe will rejoin her mom and dad, Robyn and Bonnie, and her brother Brian.

A private graveside service will take place at a later date.

Donations in memory of Dorothe may be made to one's own personal choice.

Doyle's Funeral Home  
 in care of the arrangements  
[www.doylesfuneralhome.ca](http://www.doylesfuneralhome.ca)



Your memory will live forever Engraved within our hearts

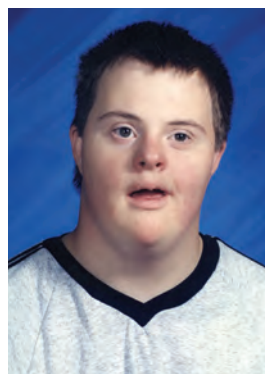
## OBITUARY

**Bradley Gordon Simpson**

Bradley passed away peacefully at the Notre Dame Foyer surrounded by his family, on January 25, 2025 at the age of 44 years.

He will be lovingly remembered by his parents Gordon and Audrey Simpson (nee Garrett); his sisters Carly (Daniel) Préjet and Linda (Dave) Orchard; his nieces and nephews, Michel, Ella, Noah, Madeline, Lila, Fiona, Lincoln and Etta. He is also survived by his aunt and uncles, Doreen and Bob Pattie and Chuck Letby and his cousins Audrey Pattie, John Pattie (Neoni), Paul Letby (Toosha), Angie Letby (Yanick) as well as their children.

Bradley was predeceased by his grandparents, Russell and Madeline Garrett and Harold and Louise Simpson and by his aunt Betty Letby.



Bradley was raised on the family farm near Miami and attended school there. He loved animals, music, watching movies on his DVD player, bowling with Special Olympics, swings at the park, and traveling to Victoria Beach in the summers where he would play for hours in the water. He spent many years working at Gateway Resources in Winkler, where he made many friends.

In the last few years Bradley developed signs of dementia and moved into personal care, spending time both at Salem Home in Winkler and the Notre Dame Foyer. Even as his health failed, he still loved his Shania Twain music and playing with his colourful pom-poms. He will be greatly missed by both his family and friends.

Funeral Service will be held on Thursday, January 30, 2025 at the Carman United Church, 142 1st St SW, Carman, Manitoba at 2:00 p.m. The service will be live-streamed. Interment will be held at a later date.

Because Bradley loved cats and dogs so much, memorial donations can be made to East Beaches Animal Services, Box 51, Victoria Beach, MB. R0E 2C0.

The family would like to extend their deepest gratitude to the staff at the Notre Dame Foyer for their excellent care. Also thank you to Gateway Resources in Winkler for their many years of support.

To view the service details and leave condolences, please visit [www.afh.ca](http://www.afh.ca)

Adam's Funeral Home of  
 Notre Dame de Lourdes, Manitoba  
 in care of arrangements  
 Phone 204-248-2201

## OBITUARY

**John Schulz**

John Menno Schulz was born on January 13, 1930 near Kronsart, MB in the R.M. of Roland.

John was first born to John P and Anna (nee Wiebe). In 1933, John and Anna moved one mile north of Plum Coulee with their three young children, John, Leona and Hubert. There they rented land and farmed for 10 years. By 1943, the family had welcomed another daughter, Annette, and had another baby on the way, Jake. It was that year that John P and Anna moved to their newly purchased farm south of Elm Creek after having rented it for one year.

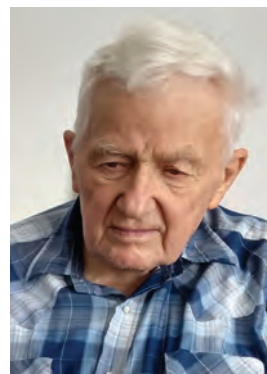
John graduated high school in 1948 from Elm Creek Collegiate. John remained on the farm working with his father and his brother, Jake. He did explore other interests along the way including a Diesel and Automotive Engineering course in Edmonton in 1949, a two week bee keeping course in 1951 and was in the army reserves for a time in 1962.

John lived on the farm with his parents until 1984 when they retired to Winkler, MB. He had the house to himself for about three years. That changed on April 25th, 1987 when John married Helen Thiessen of Miami, MB.

In recent years, John had some health concerns but was able to overcome most of them despite his age. John just celebrated his 95th birthday on January 13th and received company in good spirits. He really liked having family and friends over. Thank you to everyone who visited and gave a helping hand to Uncle John and Aunt Helen over the last while.

Funeral service was held on February 1, 2025 at Friends Community Church, Carman. Interment took place in Bloomfield Rosewell Cemetery.

Doyle's Funeral Home  
 in care of arrangements  
[www.doylesfuneralhome.ca](http://www.doylesfuneralhome.ca)



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## Are you taking care of your heart health?

Did you know that nearly one in 12 Canadians aged 20 or over are living with diagnosed heart disease and that 14 die every hour? In honour of Heart Month this February, take the time to remember the importance of taking care of your heart every single day.

### WHAT ARE THE SIGNS TO LOOK OUT FOR?

Many signs can indicate that you may be suffering from heart disease or at risk of a heart attack. Some of the most common signs include:

- Tightness, sharp pain or a feeling of heaviness in the chest
- Discomfort in other parts of the upper body, like the neck, jaw, shoulders, arms and back
- Shortness of breath
- Profuse sweating
- Nausea
- Dizziness

It's important to note that the signs may be more subtle in women. For example, women may also feel fatigued, have trouble sleeping, experience chest discomfort similar to heartburn and deal with heightened anxiety.

### HOW TO REDUCE THE RISKS

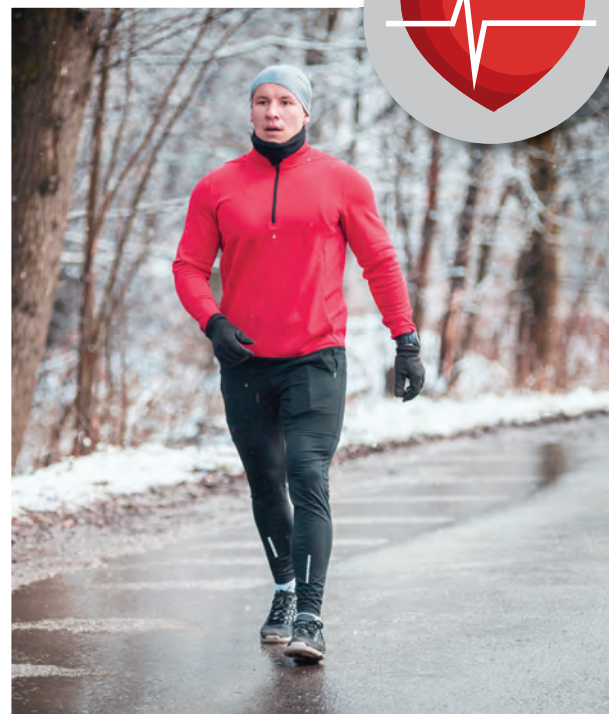
Regular medical check-ups are crucial for your overall well-being. Managing health issues like high blood pressure, diabetes and high cholesterol early on can significantly lower your risk of heart disease.

Healthy lifestyle habits are also crucial to tipping the odds in your favour. For example, you should:

- Learn to manage stress
- Get enough sleep
- Be physically active
- Limit alcohol consumption

- Eat healthy and avoid ultra-processed foods
- Quit smoking

Do you think you may be suffering from heart disease? Make an appointment with your doctor today.



*This feature brought to you by these community-minded businesses. Please show them your support.*

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