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# The Carman-Dufferin The Carman-Dufferin The Carman-Dufferin

THURSDAY, JANUARY 26, 2023

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**VOLUME 3** 

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STANDARD PHOTO BY LORRAINE STEVENSON

Lisa Lehmann and Susan Weppler (at left) with Carman Wellness Connections (CWC) were out with Carman's Small Town Run and Walk Crew last Saturday to test the newly purchased kick sleds. CWC purchased 10 Scandinavian kick sleds with funding provided through a Healthy Living Together Grant. The sleds will be available for the public to try out again on Feb. 18 and March 4 with the Run and Walk Crew.

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## Local robotics team gears up for upcoming tournament

#### **By Ty Dilello**

On Jan. 19, Herb Reynolds from the Manitoba Robot Games facilitated a one-day workshop at Carman Collegiate, where the school's Robotics Team got to put together their robots for the first time that they will be using at the upcoming Manitoba Robot Games.

The one-day workshop involved building the gearbox and tire assemblies, shaping the body with a heat gun, and then soldering the controller.

"Some students chose to gear their robots for speed, while others chose to go for pushing power," said Robotics teacher JP Jamieson. "Though we've had one prototype robot for a while, now each student finally got to face off to test speed vs power, and models in between. Most students took them home to adjust or rebuild based on what they learned in the day."

Going forward, the Robotics team will be having weekly matches to test the designs, and plan changes that suit each competitor. The Manitoba Robot Games are on March 18 at Tec Voc High School in Winnipeg. And



thanks to the workshop, the team appears to be on track to be fully prepared.

After the Manitoba Robot Games are completed, the Carman Collegiate Robotics team also has future plans to get more involved in the community.

"We're also looking forward to collaborating with the Boyne Regional Library, the Carman and Community Chamber of Commerce, who have been great supporters, and Ecole Carman Elementary School," said Jamieson





STANDARD PHOTOS BY MACKENIZE DYCK/HEATHER LEASK ARMSTRONG Herb Reynolds from the Manitoba Robot Games facilitated a one day workshop at Carman Collegiate with the school's Robotics Team.

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## **GIFF 2023 submissions open**

#### By Autumn Fehr

Are you a filmmaker ready to share your film with the world?

There's no better way to do that than at Manitoba's premier and largest rural film festival in Canada, the Gimli International Film Festival (GIFF).

Before the holidays, on Dec. 21, GIFF started accepting film submissions for the 2023 festival this summer from July 26-30.

As another year comes to fruition, the festival is again looking for the best contemporary cinema from across Manitoba, Canada, and around the globe. From documentaries to animated, short to feature film formats, an array of genres is open for submission.

Each film category has standard

prices, and submissions for Manitoba short films and short films outside Manitoba are free.

The early bird gets the worm. To save some cash on your submission, submit your film before Jan. 23, 2023.

If you miss that deadline, you can submit before Feb. 28 to still receive a discount on your submission.

All film submissions must be made before March 31 to be considered for the 2023 GIFF.

Mark your calendars, and submit your film to participate in a Manitoban event like no other in Gimli this summer.

For information and to submit your film, head to https://filmfree-way.com/GIFF2023.

## Youth In Philanthropy group hosting Movie Night

Carman Collegiate's Youth in Philanthropy (YIP) club is returning

and is planning to host its first movie night since the pandemic on Feb. 2 at the school.

The YIP club raises money by hosting various events and partners with the Carman Area Foundation to give back to the community.

"We are super excited to give back to the community once again," said Kiera Johnston. "We are going to be doing movie nights at the school to start with. At the movie night, we're going to be selling water, popcorn, and maybe some other snacks."

Admission to the Minions (The Rise of Gru) movie is \$5 per person.

The YIP club is excited to finally be starting up again, as it has been a couple of years since they've been able to host events.

"We didn't have the program in our school for a while over the pandemic, and we just thought we really wanted to get it back and started up again. We have some new faces in the group this year, so we found some interest in the group and thought it would be a great





STANDARD PHOTO CREDIT KIERA JOHNSTON

Carman Collegiate's Youth in Philanthropy (YIP) club has a movie night planned for Feb. 2 at the school. YIP club members, left to right: Rylee Nykyforak, Wynelle Dueck, Kiera Johnston, Maddy Saquet, Zoe Pritchard, Cassidy Phillips, Reid North, and standing Griffen Carnelly.

time to start it up. We have ten members currently, and we are always looking for more people, if any other students are interested in joining."

The YIP group wants to do future movie nights and would like them to become a regular thing, along with some barbecues when the weather gets a little warmer.



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## The Carman-Dufferin



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**SALES & MARKETING** 



Dennis Young



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Our commitment to you: we want to help build stronger communities through articles that both inform and entertain you about what's going on throughout the Pembina Valley. This is your community newspaper-let us know what you want to see in it.

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# editorial > VIEWPOINTS > LETTERS

> Got news? Ty Dilello 1-204-250-6322 news@carmanstandard.ca



#### XBB.1.5 subvariant increasing in Canada, COVID deaths closing in on 50,000

By Patricia Barrett

The number of COVID deaths in Manitoba decreased since the first week of January, in which 25 people

In Week 2, covering the period Jan. 8-14, there were nine COVID deaths reported, according to the provincial government's respiratory surveillance report.

There were 32 new hospital admissions with eight people needing intervention in the intensive care unit in Week 2, according to the differences in total severe outcomes between weeks 1 and 2.

There were 122 new cases of COVID detected by PCR lab testing. Provincial data are an undercount of the true number of infections as the government restricts PCR tests and rapid antigen test results aren't tracked.

The government no longer provides in its surveillance reports the names of hospitals and personal care home experiencing COVID outbreaks.

Manitoba's COVID death toll was 2,394 as of Jan. 7. Canada has seen 49,871 people die so far, according to the federal government's COVID webpage.

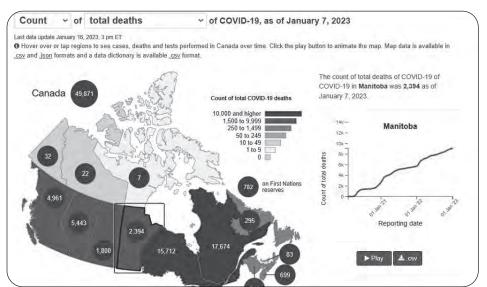
Influenza cases in Manitoba have tapered off from the start of the new year. There were 18 news cases of influenza A and zero cases of influenza B in Week 2, along with two new hospitalizations. In Week 1, there were 52 cases of influenza A and zero cases of influenza B reported, along with 12 new hospital admissions.

There were also 131 new cases of respiratory syncytial virus (RSV) in Week 2, down from the 164 reported in Week 1.

#### Other health news:

-Worldwide, there were almost 2.8 million new COVID cases and over 13,000 deaths reported for the week Jan. 9-15, according the World Health Organization in its latest epidemiological update.

The highest numbers of new weekly deaths were reported from the United States (3,922 new deaths; +46%), Japan (2,849 new deaths; +33%), China (802 new deaths; +3%), Australia



**GOVERNMENT OF CANADA** 

Total deaths from COVID across Canada as of Jan. 7

(742; no deaths reported in the previous three weeks), and France (520 new deaths; -35%).

In total, there have been over 662 million confirmed COVID cases and over 6.7 million deaths as of Jan. 15.

Since the lifting of COVID restrictions in China last year, the country has had 59,938 deaths from the virus between Dec. 8, 2022 and Jan. 12, 2023.

The WHO's assessment of studies to date on COVID vaccines' effectiveness (primary series, booster) against the omicron variant show the vaccines struggle to neutralize it compared to the original COVID strain.

"In summary, findings from vaccine effectiveness studies show reduced VE [vaccine effectiveness] of COVID-19 primary series vaccines against the Omicron variant for all outcomes (severe disease, symptomatic disease, and infection) compared to those that have been observed for the original SARS-CoV-2 strain and the four previous VOCs," states the WHO. "Importantly though, VE estimates against the Omicron variant remain higher for severe disease than the other outcomes for Omicron. VE of primary series vaccination against symptomatic disease and infection decreased rapidly over time."

COVID booster vaccination improves vaccine effectiveness for all outcomes, but the protection against infection and symptomatic disease wanes over the course of six months. A second booster with an mRNA vaccine "showed similar patterns."

-Canada's chief public health officer Dr. Theresa Tam said the detection of XBB.1.5, an omicron subvariant, is increasing in Canada and was expected to rise to about seven per cent by the middle of the month.

"As we continue to monitor national and international data - including COVID-19 disease rates but also contextual information like the level of immunity in the population – we are seeing an increase in the proportion of sequence detections associated with the XBB.1.5 variant. Through whole genome sequencing of clinical specimens, XBB.1.5 is known to have been circulating in Canada at 2.5% during the week of December 25 to January 2. This proportion was projected to rise to approximately 7% in Canada by mid-January," said Tam in a Jan. 20 statement. "While XBB variants are expected to increase in Canada, it is not known whether they will become the dominant lineage."

There is no evidence to date that XBB.1.5 causes more severe disease, she said.

It's unclear what percentage of clinical specimens at the present time are XBB.1.5.

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## letter to the editor

#### Letters to the Editor: letters@carman standard.ca

Apparently, gone are the days where a STOP sign is considered more than just a suggestion

My family lives at a surprisingly busy intersection "controlled" by STOP signs. Nearly every other vehicle fails to stop. I don't even mean fail to stop for a full 3 seconds or come to a rolling stop, I mean complete lack of braking. I have repeatedly brought

this matter up with the RCMP, and have been met with a mixture of apathy, laughter, and shrugs. Apparently this isn't a matter they have the time, or want, to enforce. I have repeatedly brought this matter up with town hall, the mayor, and the Safety Committee. I have been told that "there isn't a problem" or that "the RCMP are taking care of it".

I have brought video footage to the RCMP of offenders running the stop sign, but who can blame them for not writing tickets that will only result in \$20 fines? (Yes, this is the starting price set by the town for vehicle related fines.) Nor for them not enforcing STOP signs when town vehicles, and even the mayor himself, run this sign pretty much daily. Don't bite the hand that feeds you, or in this case, the hand that writes your paychecks, I suppose.

So instead, i must appeal to all of the drivers out there.

All it takes is one second, running one STOP sign, to irreversibly change your life and the life of someone else. I know, it can't happen to You.

The same thing was said by countless other drivers who permanently injured, or even killed others. Last year, in Winnipeg alone, 17 pedestrians were killed by cars. I won't claim that they were all the result of stop signs being run, but that shouldn't matter.

Yes, we are in a small town, but these are 17 examples of fathers, daughters, mothers, sons, and beloved friends, who are never coming home.

Please Stop at STOP signs. Please slow down in school zones. Please help us to take care of each other.

What you do matters, especially when you are behind the wheel of a vehicle.

> Sincerely, A very concerned mother and citizen of Carman

#### Who is running the world?

Our sky-high inflation is due to two colossally bad policies by almost every single Western government. It's the policy of paying their population to stay home and not to go to work, due to COVID lockdowns and then printing trillions to cover it by fiat and making most currencies lose a lot in value.

In addition, due to the "Climate Emergency" scam Western governments across the world have deliberately sabotaged their own domestic energy, mining and oil sectors. They want to hamper every pipe line, oil exploration and mining project. Green minded politicians deliberately want to keep resources that make Western civilization possible untapped in the ground with regulations to prevent their extraction.

In 2019 Greta Thunberg delivered her wish list of climate action in a speech to the British government of which every proposal was adopted.

#### **Carman Family Resource Centre** ANNUAL GENERAL MEETING

Wednesday, February 8, 2023 @ 7:00 pm Canadian Reformed Church Carman West 210 - 4th Ave NW Memberships: \$5 **Everyone Welcome!** 

The result, sky-high energy costs, now one in every eight households in the UK are so far behind on their utility payments that they're threatened with having their power cut off. So, a teenage girl sets energy policy for one of the most important countries

Europe's grid could collapse because there's not enough energy supply. Is the earth running out of resources? Not at all, there's such an incredible overabundance of all resources around to easily meet the demand of the entire planet by a country mile due to the generosity of our God. Western governments are creating energy scarcity on purpose.

At the UN, the Germans laughed at the then US President Trump in 2018 when he warned the Germans that they will be dependent on Russian energy if they continue pursuing green energy. Now Trump is totally right and Germany (and the rest of Europe) is descending into energy poverty. This year natural gas energy costs have risen 700%.

Western governments deliberately

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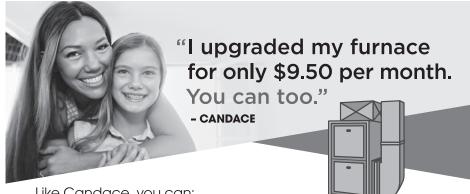
One couple's roller-coaster Journey with Cancer. Brian & Dorothy will share their story of faith, uncertainty & love.

Sunday Jan. 29, 11am at Carman's Friends Church 245-1st St. NW

pile on regulations to make these sectors not take on new projects then offer the excuse, "Oh market forces did this" to cover themselves. With government climate policies causing sky-high expensive energy, plus with the printed trillions to cover COVID

lockdowns we have sky-high inflation due to Western government policy worldwide.

- Stanley Reitsma, Carman



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## Travel Manitoba unveils new brand to lure tourists

**By Ty Dilello** 

Our province has a new marketing campaign and slogan that is aimed at bringing tourists to Manitoba with the message "Canada's heart is calling."

The launch of Travel Manitoba's refreshed brand took place last Monday afternoon at the RBC Convention Centre in Winnipeg.

Manitoba's Premier Heather Stefanson spoke at the event, as well as Colin Ferguson, President and CEO of Travel Manitoba, and Kiirsten May and Alex Varricchio, Co-owners of UpHouse Inc.

"Manitoba's tourism sector is a vital part to our economy as it employs many thousands of people," said Heather Stefanson. "There is so much to explore in every community in this beautiful province of ours. This rejuvenated brand will help ensure that Manitoba's tourism will continue to grow."

Colin Ferguson noted how Travel Manitoba wanted to create a refreshed brand that meets consumers where they are and draw them in to our province. With that, Travel Manitoba teamed up with UpHouse, who worked diligently in producing this new brand.

"Courageous thinking is what Travel Manitoba and Manitoba's tourism



**PHOTO SUBMITTED** 

Manitoba has a new marketing campaign and slogan that is aimed at bringing tourists to Manitoba with the message "Canada's heart is calling."

industry is known for. It will continue to set us apart," said Kiirsten May of UpHouse Inc.

"Bold thinking is what will continue to make Manitoba a viable tourism destination."

The brand and its launch campaign were unveiled through a series of videos, including new television commercials that will begin airing this month. They focus on how travel makes us feel rather than just the places we go.

As tourism destinations around the world seek to capture pent-up demand for travel, Travel Manitoba wants to remind people that travelling in Manitoba is about more than just a place. Whether it's viewing the northern lights dancing in the sky, participating in an authentic Indigenous experience or visiting a world-

class museum, Manitoba's refreshed tourism brand conjures up the emotions that these experiences create.

With the tagline Canada's Heart Is Calling, the brand focuses on the feelings we have when we see or do something amazing while on holiday. The refreshed brand builds on the success of the previous Manitoba, Canada's Heart...Beats, which redefined Manitoba in the eyes of visitors around the world.

"The Manitoba, Canada's Heart... Beats brand changed the way people viewed Manitoba as a travel destination. We wanted to tell the next chapter of that story," said Colin Ferguson. "We know that travellers are seeking unique experiences that they can share with their friends and family. Manitoba is full of those experiences."

The Manitoba Tourism Strategy targets to achieve visitor expenditures of \$1.6 billion in 2024 and \$2.5 billion by 2030.

"We are proud of this campaign not just because it shows off our province so beautifully, but also because it was created almost exclusively with local talent," said Cody Chomiak, Travel Manitoba's Vice-President of Marketing. "That's just one more way we can show how special this place is."

## Morden's Liz Reimer joins Conservative nomination race

**By Lorne Stelmach** 

Liz Reimer will be no stranger to Conservative Party supporters in the region, so it likely comes as little surprise she is throwing her hat in the ring in Portage-Lisgar.

She is seeking the Conservative nomination to succeed MP Candice Bergen, who announced last September that she would not be seeking reelection.

Reimer joins the race for the nomination, which is also being sought by Branden Leslie, a former campaign manager for Bergen who has advised several MPs and cabinet ministers.

Reimer comes to the contest with similar qualifications including having been an assistant to Morden-Winkler MLA and current finance minister Cameron Friesen as well as regional director for the Conservative Party of Manitoba.

"I've been working both as a staffer and a volunteer for the provincial party probably for about 11 years," said Reimer, who works as the business development specialist for the

Morden Community Development Corporation.

"Maybe I don't have the experience on the federal level as a staffer, but I have the experience provincially," she said. "I've been working with constituents and people right here on the ground for many years.

"I hadn't necessarily considered running federally. I thought Candice had always done a really good job ... I thought she might do one more term," Reimer added. "When she did say she wasn't going to run again, I had a number of people contact me to say, 'Hey, are you going to run? Maybe you should consider it.'

"It took me a time to get to the point where I said, yes, it's right for my family ... it is worth working for and working toward ... to me, what's really important is to ensure that our voice, the Portage-Lisgar constituents, that their voice is represented well in Ottawa."

Reimer feels having lived in the southern part of the riding for the last 20 plus years but also having grown

up on a farm northwest of Portage gives her a broad understanding of the region. She also has a background in business, including her current role in Morden.

"Right here in Morden, with my job, it's helping start up businesses, helping immigration and also seeing right at floor level, what are people's struggles, what are some real struggles?

"I think, even as a single mom, being able to recognize that people with tight budgets or fixed incomes and inflation where it's at, it's a real struggle. We all feel it," she added.

Reimer said she feels a key strength is that she knows how to listen with intent and hear what people are saying and then translate that into action.

"It's having learned to listen with intent and then being able to move on that and be creative in helping or perhaps solving those problems or concerns or to act on it," she suggested.

"One of the things I really enjoy is how can we find a solution together ... and to be an advocate. I know how to do that and I enjoy doing that,"



**SUPPLIED PHOTO** 

Liz Reimer has announced her intentions to run for the Conservative nomination in Portage-Lisgar.

Reimer concluded. "And then taking that to the people who need to hear it, and then how can we solve it."

## Flashback....Carman's Canadian Girls in Training

**By Dennis Young** 

By Dennis Young

Canadian Girls in Training (CGIT) was a non-denominational Christian organization for girls in grades 7-12. This unique program was developed to give girls a place to become the person they wanted to be and a safe place to explore who they might be.

The group was founded in 1915 by four young Canadian women: Winnifred Thomas, Olive Ziegler, Una Saunders, and Constance Body. As the First World War continued overseas, they looked at the lack of leadership roles available to young women at home and the need to provide service opportunities for girls. As a result, the four women formed the Canadian Advisory Committee on Co-Operation in Girls' Work, financed by the YWCA, to study the interests and needs of female youth.

The CGIT movement was female dominated in its leadership and argued that girls should have opportunities equal to boys to serve their country in wartime and that training opportunities were needed for female self-betterment. The overwhelming majority of existing scholarship on religious youth education was focused on boys. The committee hoped to design a program that reflected the needs and wants of female youth.

The first CGIT program was published in 1917 in a booklet called "Canadian Girls in Training". The YWCA financed the CGIT movement for the first five years while it worked to become established on local, provincial, and national levels. By 1920 CGIT groups were being run across Cana-

da; by 1933, there were 40,000 members in 1,100 communities.

Retreat weekends, summer camps, leaders' councils, and conferences sprouted up across the country, providing additional leadership and skill-building opportunities. There were discussions of working with the Girl Guides. However, CGIT disliked the emphasis Girl Guides placed on the accumulation of badges and competition. Rather CGIT maintained that activities relating to physical, intellectual, religious, and service development should be undertaken for their enjoyment and value.

There is no national office or Manitoba CGIT organization active today however, there are tens of thousands of alumnae spread throughout Canada and the world.

Karen "Wadge" Friesen: My Mom and sister had belonged so I was very proud to belong! The thing that stood out for me was the comradeship within the group locally and outside of Carman. Our meetings always ended with the CGIT taps sung around in a circle with everyone crossing arms and holding hands. This was followed by a shaking of hands and all of us shouting out "Thanks for the Evening Comrades!" Jackie and I went back as leaders and really enjoyed it.

Jackie "McInnes" Hritzuk: My fondest memories of CGIT would be just hanging out with friends and attending a conference in Portage with other members from Manitoba.

Marie Buchanan was the leader that



**PHOTO SUBMITTED** 

Heather Kerr, Karen Wadge and Jackie McInnes received their grad certificates during a ceremony at the Carman United Church 50 years ago in 1972. The uniform worn by the members, consisted of a white and blue middy blouse modelled on a style of shirt that was popular at that time plus a special tie knot.

stood out the most to me. She was a very kind, caring woman that seemed to have a real "knack" for working with teenagers.

One of the things that I took away from CGIT was the importance of giving back as all our leaders were volunteers! I have done volunteer work for many organizations over the last 40 plus years.

Heather "Kerr" Giesbrecht: My sister Fern and I were very proud to belong to CGIT, and it came after both of us attended the United Church Messengers and

Explorers programs and just seemed like the natural thing to do. Monday evening was always CGIT. The leader I remember the most was Marie Buchanan. She could relate very well with all the girls in the group. She was easy to talk to and really cared. By the time that Jackie, Karen and I graduated, the group numbers were declining. By the early 2000's, many fewer locations offered the program. With the decline in programs comes the decline in traditions.

## **Pharmacists Supporting Manitobans to Quit Smoking**

**Submitted by Pharmacists Manitoba** 

Pharmacists Manitoba launched a Social Impact Bond with the Government of Manitoba in April 2022 referred to as "Quit Smoking With Your Manitoba Pharmacist." This initiative is also supported by Canada Life and ClaimSecure. The goal of the social impact bond is to help 4500 Manitobans become smoke free by March 31, 2025.

"With 2023 around the corner, we are encouraging those who have set 'quitting smoking' as their new years' resolution to take advantage of this initiative" says Tanjit Nagra, CEO, Pharmacists Manitoba.

Individuals eligible for this program must be 18 years of age or older, be a Manitoba resident with a valid Manitoba Health card, and consent to participate in the program. Through the program, individuals will receive up to a \$100 subsidy towards smoking cessation products. The service will be delivered through an initial onehour assessment, up to nine follow up counselling sessions, and prescribed first-line smoking cessation pharmacotherapy.

"Quitting smoking is not an easy task, but we hope that with the help of a pharmacist and resources made available through this initiative, interested participants will feel motivated and supported every step of the way" says Nagra.

There are 200 participating pharmacies across Manitoba, throughout all health regions. Interested individuals can visit www.quitsmokingmb.ca and find a participating pharmacy near them to book an initial appointment.

Smoking cessation services are also available in additional languages at various pharmacies across the province. A full of available languages and where these additional language services are being offered can be found at www. quitsmokingmb.ca/languages.

#### **Notice of Environment Act Proposal**

Manitoba Environment, Climate and Parks invites your comment on the following proposal:

eAcres Inc. - IRRIGATION PROJECT - FILE: 6164.00

eAcres Inc. seeks to build an irrigation reservoir and pipeline system on 6-7-2 WPM in the Rural Municipality of Macdonald. eAcres Inc. also seeks to build a recreation reservoir in the same location. They plan to fill the reservoirs using the Boyne Channel's spring runoff water. If approved, they will build the project in 2023 and irrigate in 2024.

Anyone likely to be affected by the above operation and who wishes to comment on the proposal should contact Jay Mak, Senior Environmental Engineer, in writing or by email at Jay.Mak@gov.mb.ca no later than February 27, 2023. Further information is available from the Online Public Registry: www.gov.mb.ca/sd/eal/registries

Comments submitted in response to this proposal will be posted on the public registry.

**Environmental Approvals Branch** Manitoba Environment, Climate and Parks

1007 Century Street Winnipeg MB R3H 0W4 Toll Free: 1-800-282-8069 Fax: 204-945-5229



## Elm Creek students want you to get recycling

By Ty Dilello

A group of Grade 7 students at Elm Creek School are promoting the benefits of recycling.

Hayden Tkachyk, Samantha Morissette, Austin Anseeuw and Lyla Dykun want to spread awareness about recycling and to be more ecofriendly to our planet.

Initially working on a school project together about the subject, the group of four students now wants other students and adults in town to get more into recycling.

"We made posters, and we put them around the school," said Morissette. "We just want everyone to start recycling more and being more ecofriendly. We've done our research and learned what to recycle and what to compost."

The students noted that things that should be recycled are milk jugs, glass jars, newspapers, aluminum cans, plastic cream containers and soda cans. You can recycle all these items at the recycling bins by the water plant in Elm Creek and at the Carman Recycling Depot.

"Some ways to be eco-friendly are if



Hayden Tkachyk is doing his part to spread awareness about recycling and being more eco-friendly to our planet.

you're just going down the street, you can walk or take your bike instead of driving. You can also buy products that don't use plastic, and buy a compost bin and start composting, or if you have a garden, put all your fruits and vegetable peels in your garden as it's good nutrients."



STANDARD PHOTO BY SAMANTHA MORISSETTE

Elm Creek School Grade 7 students, Samantha Morissette, Hayden Tkachyk, Lyla Dykun and Austin Anseeuw are wanting to spread awareness about recycling and being more eco-friendly to our planet.

## Genesis House to host Women's Health Expo

#### By Lorne Stelmach

Genesis House is planning an International Women's Day event that is both advocating for change and raising awareness.

Set for Saturday, March 11 at the Access Event Centre in Morden, the first South Central Women's Health Expo

will aim to offer some free educational sessions in hopes of bringing attention to the issues that women face.

"It's something a bit different for us," said executive director Ang Braun. "But even just to be able to have people coming together, just

FLIGHT ACADEMY





that alone ... just being able to come together again is already something to celebrate.'

Braun noted that part of their motivation was the fact nearly half of women in 57 developing countries are denied the right to decide whether to have sex with their partners, use contraception, or seek health care. What this means is that millions of women and girls do not own their own bod-

"We had been talking about some of the privilege that we enjoy here, and we don't always even know how much privilege we actually have," she said. "We don't always recognize the privilege we have in our country, and this women's health expo is a great

example.

"We thought maybe we should showcase what we have available ... and things that maybe haven't been talked about a whole lot, maybe we should put it out there and see if women will pick up on it."

The expo will offer a variety of presentations and speakers, including:

- Jeheelt un Secha by author Gladys Rempel (9 a.m.).
- Menopause Nutrition and Beyond by dietitian Aimee Cadieux (9 a.m.)
- Childbirth and the Pelvic Floor by physiotherapist Ashley Froese (10
- Supporting the 2SLGBTQ+ Community by Bre Calma from the Rain-

## Watershed district excited at expansion prospects

#### By Lorne Stelmach

The Pembina Valley Watershed District is expected to expand by early spring from 15 to 16 members with the additional involvement of the Rural Municipality of Roland.

Watershed district representatives welcomed the expansion and believe it results from an increased recognition of the value of programs that enhance healthy and sustainable watersheds through stewardship programs and partnerships.

"I think the interest in having someone to consult and someone to ask questions to is just increasing and will continue to increase," suggested manager Ryan Sheffield. "It's even just having an organization to take your questions and concerns to ... there's someone who is a cheerleader for environmental stewardship and conservation practices.

"The incentive was the interest from the Roland municipality," he noted. "In the past, they hadn't been interested in joining ... some of the new programming that's involved is very beneficial to farmers, and they are able to apply to programming and receive funds.

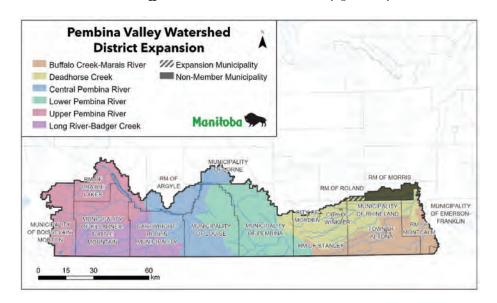
"I think that is a pretty big impetus

to be involved with the district," Sheffield suggested. "These certain funds, they are not able to apply for them if they're not part of a watershed dis-

What was originally the Pembina Valley Conservation District was established in 1989. The original members were the rural municipalities of Lorne, Louise, Pembina, and Thompson. The district today includes many more RMs and urban communities, including Winkler, Morden, and Al-

The Watershed Districts Act of 2020 transitioned the province's 18 conservation districts to 14 new watershed districts with boundaries based on watersheds and an aim to enhance watershed-based water management in Manitoba.

The expanded Pembina Valley Watershed District encompasses an area of 7,187 km. The district includes the Pembina River, which is fed by several major creeks including the Badger, Long, Cypress, Crystal, Pilot, Snowflake and Mowbray Creeks. There is also the Plum River system that flows east to the Morris and Red Rivers and receives runoff collected by the Deadhorse, Hespeler, Buffalo and Aux Ma-



**SUPPLIED IMAGE** 

The Pembina Valley Watershed District expects to add the RM of Roland to its membership in 2023.

rias waterways.

Surface water management, groundwater protection, riparian area health, water quality improvement and public education are primary focuses of the district's programs.

With funding from the Manitoba government and member municipalities, locally-appointed watershed district boards make planning and management decisions to improve watershed health across most of municipal Manitoba.

The Manitoba 2022 budget provided additional funding for the expansion of watershed districts into new municipalities that are not currently members of the program.

Sheffield suggested the breadth of their programs and services offer a lot of potential benefits for not only municipalities but individual landowners and producers.

"Allowing the farmers and producers to have access to some of the programming and funding is one of the biggest drivers for being involved with the watershed district, but there's other aspects of conservation that are beneficial to municipalities being involved as well," he said. "We've got the staff and the capabilities to address many of these issues."

## **PVLIP** to host first in-person 'Connecting' celebration Feb. 23

#### By Ashleigh Viveiros

Tickets are going fast for the Pembina Valley Local Immigration Partnership's third annual Connecting Cultures & Communities Celebration.

After two years of hosting a virtual get-together to give people the chance to learn about and celebrate the growing diversity of our area, the 2023 edition takes place in person at the Days Inn Conference Centre in Winkler the evening of Thursday, Feb. 23.

"This is our first time doing this in person and we're so excited about it," says PVLIP coordinator Elaine Burton Saindon.

The livestream events have proven quite popular the last few years, but Burton Saindon feels being able to actually bring people together will take the event to the next level.

"This is our signature promotional event," she says, explaining it's a chance for the community at large to learn more about PVLIP's work "connecting cultures and communities.

"What we try to do with this is bring

information to the community about what we are, what we have done in the past year, and also look for their input—what do you think needs to be done in this region to build connections?"

The evening will include live music, appetizers, a trivia contest with prizes, and the launch of PVLIP's new Connecting Cultures and Communities Guide and Toolkit.

The toolkit has been in the works for the last couple of years, funded by a grant from the federal government. It's designed to promote diversity, equity, and inclusion.

The kit includes a diversity in the workplace video series and a comprehensive resource guide for newcom-

"We have links to multiple resources that newcomers need to know as soon as they arrive in a new community, wherever they are in the Pembina Valley," explains Burton Saindon.

Other features will serve to get local residents and community leaders



thinking about what it means to be

"What is culture? What is culture shock? How do we know if we're being discriminating when we don't meant to be but maybe we are inadvertently?" says Burton Saindon. "It covers a multitude of topics and content that will better improve our overall awareness about diversity and how to better interact with one

Admission to the Connecting Cul-

tures & Communities Celebration is free, though tickets are limited. A booking link is available on the PVLIP website (pvlip.ca).

Donations of money or cultural food items will be accepted at the event for the food banks in Altona, Morden,

#### Mini-workshops on now

PVLIP also has a series of mini-

Continued on page 12

## **Achieve Your Career Goals at Your Own** Pace with Red River College Polytechnic

A college education is the quickest route from where you are now to a job you'll love.

When you enrol in a program at RRC Polytech, you won't just spend your time in lecture halls and reading textbooks — you'll develop valuable skills through applied learning.

Many of our programs offer a practicum, integrated work experience, or co-op work placement to equip you with the experience you need to become a leader in your chosen career.

Our students have the opportunity to practice what they've learned in real-life settings, and in many cases, employers get to see what a potential employee can do. Certificate and diploma programs are usually an investment of two years or less, with intensive or flexible programming that allows you to move into the workforce at your own pace.

The College is also a place for re-skilling — where those looking to upgrade or change their careers can take courses to improve their skills and knowledge, positioning them ahead of the competition.

Some people have a natural curiosity to learn and absorb all they can, and find they're able to expand their personal horizons through education.

Lifelong learning can help us understand the world around us, and provide us with opportunities to improve our quality of life.

RRC Polytech is Manitoba's only polytechnic and the province's largest institute of applied learning and research, offering more than 200 degree, diploma and certificate programs. We provide award-winning instruction and training on state-of-the-art equipment. Our students are trained to become leaders in their fields, while our staff and instructors partner with industry to conduct research and keep curriculum up to date.

Wherever you are in Manitoba, RRC Polytech is in or near your community. Five of our nine campuses are located outside of Winnipeg — in the Interlake, Peguis - Fisher River, Portage la Prairie, Steinbach and Winkler.

Learn more at rrc.ca/winkler.



#### Small size brings big opportunities at Brandon University

BRANDON, Man. - There's more to a Brandon University education than textbooks.

A university of about 3,500 students in the heart of Manitoba's second-largest city, BU leverages its small size into big opportunities. One of those op portunities is the chance for students to take part in world-class research, even at the undergraduate level, which is often not possible at larger universities. These early research experiences give students a head start when they apply for jobs or to graduate

Right now, BU students are working with national and international experts in fields such as cancer detection, environmental protection, quantum computing and Indigenous health and education. These students' research helps us understand key issues while they gain valuable experience and build their networks. Research Connection, a Brandon University publication, shares stories of recently completed and current projects, and student research is often featured.

"The ability of our students to take part in mean ingful research as undergraduates is a great strength of Brandon University," said Dr. Heather Duncan, Associate Vice-President (Research) at BU.

Attending a smaller university doesn't mean limiting your choices, either. Between the Faculties of Education, Health Studies, Science and the School of Music, Brandon University offers 19 undergraduate degree programs, six graduate programs and four certificate programs, including a recently introduced Certificate in Business Administration.

The hands-on experience and connections students make extend beyond the university. Brandon University's Co-operative Education program offers the chance for students to develop their career skills. By integrating study terms with full-time work terms at jobs related to their academic programs, students in the Co-op program can earn while they

The Co-op program has consistently grown since its introduction at BU and is now open to students in every Science department and almost all Arts de-

partments, including Business Administration. With work-integrated learning already built into other BU faculties, nearly every student has the opportunity to make formal work experience part of their degree.

Extracurricular activities like the Student Leader program and more than 50 clubs and collectives create even more opportunities for growth and friend-

As a recent graduate with a Bachelor of Arts degree in History, joining the Student Leader program at Brandon University was one of the best decisions I made," said Laura Davidson. "This program allowed me to meet many other students from different departments, which allowed me to form everlasting friendships.

The success of BU's approach is shown in its alumni, with graduates playing important leadership roles in their communities. A survey of graduates has shown that 98 per cent of them would recommend Brandon University, while 93 per cent that they were prepared to excel in the workforce.

Academic advising, career planning, personal counselling and accessibility services provide students with support every step of the way, and spots on campus like the Indigenous Peoples' Centre provide students provide students with a place to relax, study and be themselves. The Al and Bee Wagner Indigenous Student Transition Program combines support from Knowledge Keepers, Student Services staff and student mentors to help new Indigenous students make a successful transition to university life by focusing on four pillars: academic, social, personal and cultural.

"Most of our classes have less than 20 people in them, and our students tell us that they appreciate the opportunity to participate in class and to get to know their professors," said Leanne Barcellona, Director of Recruitment and Retention at BU. "As a regional university, our connections to our community are very important to us, and students really feel like they are at home when they join us here."

Learn more about Brandon University, take a virtual tour, or set up a time to visit our campus in person by visiting BrandonU.ca/Future-Students.



Meet your Student Success Officer and explore your future at Canada's Finest Regional Universty

BrandonU.ca/Future-Students





#### Two CMU alumni prove the value of creative veterinary care

The first veterinary college was created in response to a cattle plague decimating southern France in the middle of the 18th century. Though microbiology had not vet been established as a concrete area of study, the first veterinary scientists worked tirelessly in search of a remedy, and within a few years, the plague was controlled, the cattle population was revived, and France resumed economic stability.

Canadian Mennonite University (CMU) graduates

Jana Klassen ('20), and Esther Derksen ('16) are two individuals who follow that same tradition of uncompro-mising determination. Their vocation in veterinary medicine has taken them across Canada as they strive to care for and ensure the wellbeing of animals and everyone who depends on those animals.

Though both biology majors graduated from CMU in recent years and work in the same field, each has distinctive experiences from their time at CMU that have given them unique perspectives on providing veterinary care.

Klassen, now in her third year of studies at Western

College of Veterinary Medicine in Saskatoon, has wanted to be a veterinarian for as long as she can remember. Having grown up around Calgary, Klassen says, "My family was very lucky, and we had a horse for a while that we were able to keep it our friends ranch, and they had a bunch of sheep and cattle, so that really just exposed me to that world."

Klassen came to CMU after a few years of studying at

University of Winnipeg and says the smaller class sizes and close relationships with professors at CMU helped her excel academically.

For Klassen, the practicum placement was the most impactful aspect of attending CMU, as she was able to get up close and personal with rare and endangered animals at the Assiniboine Park Zoo in Winnipeg.

Klassen says, "It was really eye-opening working with a vast number of animals and how veterinary medicine works with some species. You can't just go up to a bear and get its heart rate like that's just not going to happen. So, it is interesting to see the creativity that comes with providing veterinary care."

Between taking veterinary care.

Between taking veterinary records during necropsy (animal autopsy) and assisting in general health care of the animals, Klassen says the behind-the-scenes experience truly cemented her desire to become a veterinarian. Klassen excitingly remarks, "They even started filming a documentary in the time I was there on the autorinary specifically. It's part that these are things veterinarians specifically. It's neat that these are things

people want to film and watch, and I just got to be there

Klassen says there is much to explore and experience when working with animals. She says, "I want to be a veterinarian because I want the opportunity to advance medicine using the unique lens animals have to offer."

Esther Derksen, a regional veterinarian for the province of Newfoundland, says her time at CMU gave her a perspective on veterinary care that she would never have expected. Derksen says that because of CMU's interdisciplinary focus, she found as much value in her philosophy and environmental studies courses as she did in her biology courses.

"The point of regional veterinarian in Newfoundland is to support a local food system because as far as a lot of provinces in Canada go, [Newfoundland] is quite inse-cure," says Derksen. Her role as a socialized veterinarian means that part of the care she provides is subsidized, making it accessible for more clients to afford care for their animals.

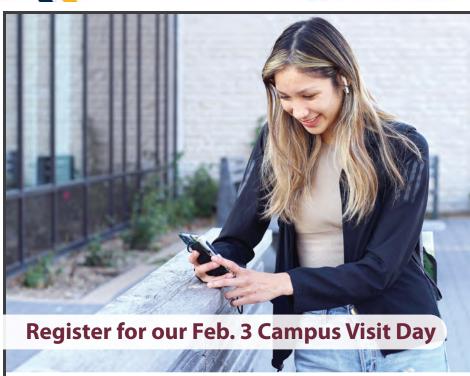
'[As a veterinarian] I'm not just doing the biology, I'm not just giving the medicine, I'm thinking about a variety of things. As I'm fixing a cow, I'm thinking about what that means to the dairy owner and what that means for the dairy production in this province; then we are talking about sustainable food systems," says Derksen. "It turns into a much bigger thing rather than just about a sick cow."

Associate Professor of Biology at CMU John Brubacher says that way of thinking is fundamental to scientific application. "People working in scientific careers (as in any other career) need to be able to explain what they're doing and why it matters—to other scientists, to the people they're serving, or to a broader public," says Brubacher.

Derksen says her advice for any student considering a career as a veterinarian is to take full advantage of other courses beyond science that are available. "Having the awareness and ability to think more conceptually about things and not just what I can hold in my hands or what I can look at through a microscope is incredibly valuable. The classes more concerned with how people think and how people relate give you a strong foundation [as a vet]."

Klassen and Derksen prove that veterinary care is

about creativity and ingenuity. They use all the knowledge and tools at their disposal to provide comprehensive care for all animals and, in turn, supports sustainable food systems and economic stability.



**Small university Big opportunities** 





**CMIU** | CANADIAN MENNONITE UNIVERSITY

## Golden Prairie Arts Council hosting upcoming concerts

By Ty Dilello

The Golden Prairie Arts Council (GPAC) runs an annual concert series in the early months of each year and has two final performances coming up.

First up, Jayme Giesbrecht will perform at 7:30 p.m. on Feb. 10 at the Carman Active Living Centre.

Giesbrecht is a local singer from southern Manitoba that is known for her jazz, soul and gospel music. Over a career that's lasted over two decades, Giesbrecht has grown into the "big voice" that brought her so much attention as a child.

From the church stage to exploring different styles of music with various musicians, Giesbrecht has taken on rock n' roll, soul, and jazz. With a voice that stirs your soul and a conviction behind the music, Giesbrecht encapsulates soul and gospel music with every note she sings.

It's sure to be an enjoyable evening for all that attend.

Finally, the Royal Manitoba Theatre Centre will hold its performance of Assassinating Thomson, created and performed by Bruce Horak, at 7:30 p.m. on March 3 at Carman Collegiate Community Theatre.



The Royal Manitoba Theatre Centre and PlayNow.com presents Assassinating Thomson in Carman on March 3.

Critically acclaimed Legally Blind Performer/Creator Bruce Horak lives with 9 per cent vision and has, over the last decade, created more than 1,000 unique paintings to capture how he sees.

In Assassinating Thomson, Horak paints a portrait of the entire audience while interweaving his own story and



STANDARD PHOTO BY BRENDA MAJOR

The Golden Prairie Arts Council (GPAC), which runs an annual concert series in the early months of each year, and has its final two performances coming up.

the tale of celebrated Canadian painter Tom Thomson's unsolved murder. Art, politics, grief, comedy, triumph, ambition, love and murder are intertwined in a one-person tour-de-force as Horak tells his fantastically inspiring tale and reveals the unique way he sees the world through an original portrait of each new audience.

Tickets for both shows are \$30 for adults, and \$15 for youth, while kids five and under are free.

"Golden Prairie Arts Council is excited to be able to host live performances again after a long drought

due to the COVID-19 health pandemic," said Brenda Major of the Golden Prairie Arts Council. "Most of our concerts are booked at least two years out, so after many cancellations, we're thrilled to host Jayme Giesbrecht in 2023. The Royal Manitoba Theatre Centre's regional tour was also halted in 2020 due to COVID-19. So we're thrilled to be able to offer live theatre again to close off this concert series."

The Golden Prairie Arts Council is busy finalizing details and will announce the next concert series very soon, so stay tuned.

# CARMAN AREA FOUNDATION

#### **2023 Grant Applications**

Does your charitable organization have a project that will benefit a community CAF supports?

The 2023 application window will open Monday, February 13th - Thursday, March 9th 2023. All applications are to be submitted online.

To apply go to:

www.carmanareafoundation.com
For more Information:

email: exedir@carmanareafoundation.com

phone: 204-750-4237

#### > WOMEN'S HEALTH EXPO, FROM PG. 8

bow Resource Centre (10 a.m.).

- Stress, Trauma and the Trauma-Informed Approach by Julia Stoesz, certified professional counsellor (11 a.m.).
- Your Questions Answered by women's health physicians (11 a.m.).
- Sexual Assault and Supports by Ashley Stewart, forensic nurse (noon).
- More than a Shelter by Taylor Richards and Ang Braun, Genesis House (noon).
- Endometriosis and Pelvic Pain by Dr. Devon Evans (1 p.m.).

"Maybe there's something there that could change your trajectory if you are struggling with something," suggested Braun.

"We did try to pick out things that would be beneficial at every age and stage in life ... the different life stages that happen, so we're hoping that there will be something of interest for anyone who might choose to attend."

#### > PVLIP CONNECTING, FROM PG. 9

workshops running through January and February.

The Introduction to Diversity sessions are free one-hour workshops designed to help participants better understand the challenges newcomers face in their efforts to settle and integrate into their new homes. It's also a chance to learn more about the new toolkit.

In-person sessions are scheduled for

Tuesdays in Winkler, Morden, Altona, and Carman. Online sessions run Thursdays.

The full schedule and sign-up information is available at https://tinyurl.com/pvlipworkshop.

Burton Saindon says they'll be hosting longer workshops in March that delve deeper into the topics of immigration and inclusiveness.

## Where are they now? Catching up with Barbara and Ron Funk

This feature will attempt to renew some acquaintances with those who called Carman and area home at one time or another. I have randomly selected people to answer questions of their past and present so the readers can be brought up to speed

Q. Firstly let's get familiar with you again. When did you live in Carman?

1982 to 2003

Q. Did you attend school here?

No we moved here in 1982.

Q. What was your chosen career after school? After graduating from high school, I went directly into banking with RBC.

Q. Did you move here for career? What was the career?

I was transferred to Carman from Steinbach in 1982 as Branch Manager.

Q. What activities did you participate in while working here?

While in Carman we were members of the Lions and Lioness Clubs. I was a member of the Carman Golf and Curling Clubs and coached minor base-

Q. What got you to leave Carman and where?

The bank transferred its employees frequently in their early years and I was posted in my home town Steinbach, Manitou, Pine Falls, Winnipeg on three occasions, Brandon, Flin Flon, Thunder Bay and then Carman. After leaving the bank, we have lived in Beausejour, Winnipeg, Penticton and now in Brandon.

Q. Did you meet you meet here or where?

We met in 1970 while I was working at RBC in Brandon

Q. Did you raise any children here or where? Names, where now and doing what?

Our children took all of their schooling in Carman with the youngest born there. Scott is now a part



STANDARD PHOTO SUBMITTED **Barb and Ron Funk** 

owner of Elite Communications and lives in Winnipeg. Ryan is a painter and lives in St. Adolpe while Jenna Nussey is a high school teacher in Winkler and lives in Carman.

Q. What else have you done career wise, where and how long?

I worked for RBC for 24 years but also had a varied career. The Economic Development Officer for Carman and Dufferin for nine years, the General Manager of the Valley Agricultural Society in Morris for one year and General Manager of the Eastman Regional Development Corporation for four years. I set up a Comfree franchise (private home

sales) in Penticton for seven years and on our return to Brandon established Brydges Property Management and operated it for seven years.

Q. What do you do

I am now retired having sold the Property business in 2022

Q. What passes your leisure time? Hobbies? Sports?

I enjoy golf, snooker and spending time as a numismatic.

#### Q. Do you ever return to Carman?

We return to Carman several times per year to spend time with our daughter Jenna, son-in-law Wayne and our two grandchildren Brooklyn & Erika and to catch up with friends.

Q. What are some of your fondest memories of your Carman days?

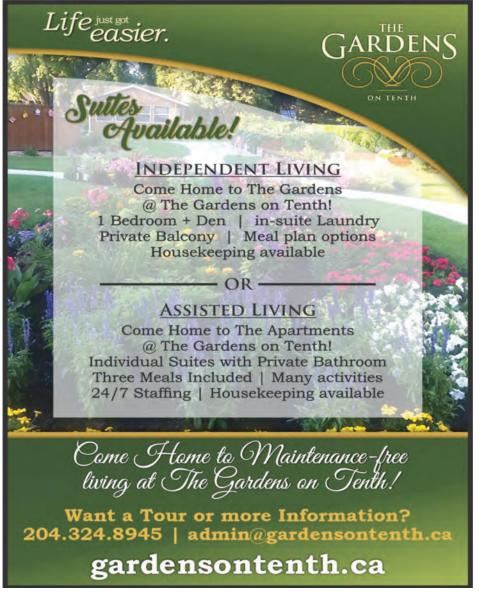
Some of our fondest memories of Carman are those of the people and friends that make Carman a great community. Working in Carman, and while many of these were job related, here are some highlights: 1. Growing and expanding the clientele of the RBC branch 2. Assisting with the development of the Community Pathway 3. The Manitoba Games Committee 4. Committee to raise funds for the Golf and Curling Club facility 5. Work with the Town in the purchase, development and sale of Sunnyside 6. Work with the Town to establish the Industrial Park and bring in occupants 7. Work with the Manitoba Soils & Crops Branch to bring in the U of research centre and distance education to the facility 8. Assist with and manage the Carman Area Community Foundation 9. Assist local artisans by buying and operating, with Barbara, Off the Wall Gallery. All of these, in my view, helped to enhance the growth of Carman and area.

## **Strikes for Strays raises funds for PVHS**



**PHOTOS BY LORNE STELMACH** 

There was plenty of fun and games to be had Saturday evening as VB's Entertainment Centre in Winkler hosted the Pembina Valley Dental Strikes for Strays fundraiser in support of the Pembina Valley Humane Society. In addition to bowling, players had a chance to earn prizes in other mini-games (above) as well as for such things as highest score, wildest delivery, most flair, and best-dressed team. A final tally was not available at press time, but the last time the event was held, pre-pandemic, it raised over \$4,500 for the regional animal shelter.



# SDOPTS&recreation INSIDE > OUTSIDE > UPSIDE DOWN

## Hayward competes at Manitoba U21 provincials

By Ty Dilello

Carman's Shaela Hayward and her rink of Keira Krahn, Rylie Cox, and India Young, are back home after competing at the Manitoba U21 Curling Provincials in Portage la Prairie last week.

Hayward finished the triple-knockout U21 Provincials with a 3-3 record, losing the C-Side qualifier game to Cheyenne Ehnes of Manitou. However, Hayward noted how the U21 Provincials was one of the team's best-played events all season.

"Compared to last year, it is a huge accomplishment for us, and I think we proved we belong there," said Shaela Hayward. "We can't wait to keep improving and keep playing against the best teams in the province."

At the conclusion of the U21 Provincials, Hayward also received the Susan Galbraith Sportsmanship Award. The Susan Galbraith awards are presented to an athlete from both the Junior Men's and Women's divisions who demonstrates the attributes of good sportsmanship while competing.

"It is such an honour to receive the Susan Galbraith Sportsmanship Award. It was even more special that my mom and coach, Diane Hayward, received the coaches award, and we experienced that together. It means a lot to be recognized by my peers as



Shaela Hayward and Diane Hayward received the Sportsmanship and Coaches Award, respectively.

being a good sport, and it is important to us to be both gracious winners and losers."

Team Hayward also competed at the U18 Provincials over the Christmas break at the Altona Curling Club. After losing their opener, they got on a roll and finished the round robin with a record of 3-1.

They made the playoffs and then won the 2v2 game to reach the semifinals. With a spot to go to Nationals on the line, Hayward had a tight game with St. Vital's Grace Beaudry, where they unfortunately came out on the



STANDARD BY PHOTO SHAELA HAYWARD

Carman's Shaela Hayward and her rink of Keira Krahn, Rylie Cox, India Young, coach Diane Hayward, are back home after competing at the Manitoba U21 Curling Provincials in Portage la Prairie last week.

losing end of things.

"We felt good going into the semifinal and knew we had a chance. It was hard to lose in an extra end and even tougher to lose another game to go to a national championship. But I am so proud of how my team performed. We have a lot of grit and determination, and we keep getting better and better."

Next up for Team Hayward is the High School Curling Provincials in The Pas from Feb 9-11, where they will be representing Carman Collegiate.

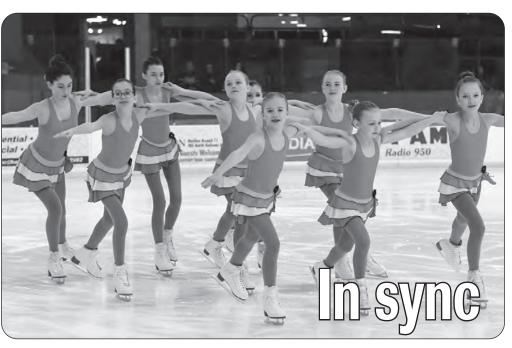
"We cannot wait to go and represent our school for the second time at the Provincial Championship, and we will be working hard to defend our title."

As for next year, Team Hayward will be sticking together for their last year of U18s eligibility and will hopefully have the chance to represent Manitoba at the national level.



STANDARD PHOTOS BY RICK HIEBERT

The Access Event Centre in Morden was the site of some fancy footwork at the Synchronized Skating Crocus Open on Saturday. The event featured performances from 17 teams, including four local Pembina Pizazz groups. That included the Star 8 (pre-novice) group (above), Star 4 (right), and the Star 3 and adult teams.



## Beavers split pair of SEMHL games

By Ty Dilello

Last week, the Beavers split a pair of games against the Notre Dame Hawks in the South Eastern Manitoba Hockey League action.

On Jan. 17, the Beavers hosted Notre Dame and came away with a massive 3-2 win. Ben Dalke, Jack Lotscher and Eric Klassen scored Carman's goals. Luke Zacharias stopped 37 shots in goal for the Beavers on the night.

A few nights later, on Jan. 21, the Beavers travelled to Notre Dame to take on the Hawks on the road. Unfortunately, it was not a great game as Notre Dame blitzed Carman 11-4.

Daniel Nychuk scored twice for the Beavers, while AJ Nychuk and Ben Dalke had the team's other goals.

Rocky Van de Velde and Luke Zacharias both saw plenty of shots as they split the game in the net for Carman.

Despite the 4-11-0 record on the season, Carman has a pair of players that are in the SEMHL's top-ten scoring leaders. Tanner Mole, Fraser Mirrlees and Ben Dalke are all tied for seventh place with 25 points.

It's been a tough time for the Carman Beavers senior team over the 2022-23 season. Playing in the revamped and ten-team SEMHL, the Beavers sit in ninth place.

The Carman Beavers are back in action on Jan. 26 for a home game against the Warren Mercs. The puck drops at 7:30 p.m.



STANDARD PHOTO BY DENNIS YOUNG

The Carman Beavers Tristen Day controls the puck against Notre Dame during their 3-2 win on Jan. 17.

## **Cougars on losing streak**

By Ty Dilello

The Carman Cougars dropped two games last week in high school

On Jan. 16, the Cougars made a spirited effort but fell 4-2 to the PCI Trojans. Ethan Wilde and Ryan Orchard had the goals for the Cougars, while Maysen Mazurat stopped 35 shots in the net.

A few nights later, on Jan. 19, the Cougars lost another hard-fought game 4-3 to the Morden Thunder. Ryan Orchard had a goal, while Alex Lemky and Kolton Worms had the other Cougars' tallies. Mazurat was busy again and stopped 46 shots on the evening.

Ryan Orchard is still leading the way as the team's leading scorer with 42 points, including a whopping 32 goals. Behind him is Josh

Hiebert with 24 points and Ethan Wilde with 23 points.

Goaltender Maysen Mazurat, a Grade 11 student from St. Claude, is a bright spot on the Cougars' team. He currently has a 6-10-1 record, with a 3.77 goals-against average and a very impressive .915 save percentage.

Unfortunately, Carman themselves with six wins and thirteen losses, putting them in seventh place in the nine-team league.

The Cougars are back in action with a pair of games this week. First, the team is on the road to take on the NPC Nighthawks at 7 p.m. on Jan. 24 and then the following evening (Jan. 25), they will host the Pembina Tigers at 7:30 p.m.

## **Twisters climb the MMHL standings**

**By Lorne Stelmach** 

A recent run that saw the Pembina Valley Twisters climb a few notches in the standings ended this past weekend as one of the top teams in the MMIHL.

Pembina Valley had busted loose with an 8-3 victory over third place River East Friday but were then edged 3-2 by St. Vital Sunday.

Derek Wiebe and Nico Vigier both scored twice Friday as the Twisters took period leads of 3-1 and 5-2 on the Royal Knights.

Merek Degraeve, Caelan Russell, Slade Sotheran, and Max Collet also scored for Pembina Valley. Goalie Logan Enns made 44 saves out of the 47 shots he faced. The Twisters had 33 shots on goal.

The Twisters then gave up three first period goals to St. Vital and came up one short in the end. Degraeve and Cohen Thomas scored for Pembina Valley, which was outshot 39-30. Enns took the loss in net with 36 saves.

The Twisters remain in sixth place at 12-10-3-2 for 29 points, which is even with Charleswood, though the Hawks have one more win. Pursuing Pembina Valley is Transcona at 28 and St. Boniface at 25 points.

The Twisters have a rematch with River East Friday in Morris and then welcome Fort Garry Fort Rouge Sun-

## MJBL announces award winners, all stars

The Manitoba Junior Baseball League announced its award winners and all stars last week.

The award winners included Carey Candy MVP Trophy: Justin Scott (Elmwood), Len Gzebb Top Defensive Player Award: Isiah Letkeman (Altona), Kevin Paul Halford Baseball and Education Award: Trent Peters (Altona), Jack Hind Top Pitcher Award: Connor Cory (Altona), Vic Bozyk Batting Champion Award: Justin Scott (Elmwood), Umpire of the Year Award: Ryan Bannerman (Interlake), Ken Prodonick Manager of the Year: Bryan Gerbrandt (Carillon) and Ed

Kulyk (Elmwood), Jacobucci Domes Sportsmanship & Ability Award: Jon Esau (Carillon), Jack Thompson Rookie of the Year Award: Kaden Siwak (St. Boniface), and Dave Bowles Scholarship: Connor Cory (Altona).

The all stars were catcher: Isiah Letkeman (Altona), right-handed pitcher: Connor Cory (Altona), left-handed pitcher: Linden Meilleur (Carillon), first base: Žach Evanochko (St. Boniface), second base: Easton Grieve (St. James), third base: Zach Giesbrecht (Carillon), shortstop: Owen Harms (Elmwood), outfield: Justin Scott, designated hitter: Denton Mateychuk (Altona), and utility player: Dylan Duguay (Elmwood).

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Please share your story ideas with **Dennis Young** at denjohnyoung@gmail.com or Lana Meier at news@carmanstandard.ca or call 204-467-5836.



## Wiebe has become the official go-to Jets reporter

By Ty Dilello

By Ty Dilello

Altona's Ken Wiebe has carved out a remarkable career for himself in the sports journalism world. From his humble beginnings at his hometown Red River Valley Echo to the Winnipeg Sun and now Sportsnet, Wiebe has done it all and is now regarded as one of the prominent voices of the NHL's Winnipeg Jets.

On Feb. 13, Wiebe appeared on a national broadcast of Sportsnet's "Hockey Night" for the first time as he was interviewed during an intermission of a Winnipeg Jets game by none other than iconic broadcasting figure Ron MacLean.

It's been a long road from Altona for Wiebe, who is now living in Winnipeg and covering the Jets full-time for Sportsnet.

"Altona was a fantastic town to grow up in, a passionate sports town where the opportunities were plentiful. I played all sports growing up, but hockey and baseball were my biggest passions," said Wiebe. "Like many kids growing up in Canada, it was my dream to play in the NHL. I also wanted to play for the Altona Maroons senior team, and going to games with my dad (Ken Wiebe Sr.) was always a thrill. I had my first opportunity to play for that Maroons team when I was 14 years old. They were short a few players one night, and getting to suit up with players I looked up to was a thrill."

Wiebe noted that Altona's minor hockey program was fantastic when he was growing up. He played on the town's PeeWee team in 1988 that, captured a provincial championship in Virden and later for the W.C. Miller Aces high school team.

Wiebe later attended WHL camps with the Swift Current Broncos and Brandon Wheat Kings but didn't make the cut and ended up playing four seasons with the Winkler Flyers of the Manitoba Junior Hockey League, serving as team captain during his final season. With the Flyers, his club advanced to the MJHL final in consecutive years (1994 and 1995 but lost to the St. Boniface Saints and Winnipeg South Blues).

After graduating high school, Wiebe wasn't quite sure what he wanted to do for the rest of his life.

"I was working at Ventura Sports/Four Seasons Furniture and playing in the MJHL with the Winkler Flyers and figured I would take some time to figure things out. Then, in 1994, a job posting for a sportswriter at the Red River Valley Echo caught my attention. I had always enjoyed English and knew I loved sports, so I thought it was a perfect opportunity to combine two passions. Liz Wieler was the managing editor then and unofficially made me the sports editor at 19. It was an outstanding experience, and we had such a supportive staff. It was so hands-on. I was focused primarily on sports writing, but I took my own photos, and in the early days, I helped put the weekly paper together. I also chipped in on some fun projects, like provincial and federal elections."

Wiebe worked for roughly 18 months and then did another two summer terms at the Echo.

"I was making \$1,000 a month (\$880 after taxes) and living in my parent's basement while playing junior hockey and junior baseball. It was a great deal of fun, and after finding out what I wanted to do, I made the decision to go to the University of Regina, where they had a great journalism program



**PHOTO SUBMITTED** 

Altona's Ken Wiebe is one of the official voices of the NHL's Winnipeg Jets for Sportsnet.

but only allowed 26 students per year. I found out I made the grade in 1998, which was a thrill. While at U of R, I was able to earn a summer internship at the Winnipeg Free Press in the summer of 1999, where I mostly covered the Winnipeg Goldeyes of the Northern League and covered baseball at the Pan Am Games. In the fall of 1999, I served as a researcher for Michael Landsberg's show Off the Record, which was another great experience. Getting to witness how things worked on the TV and newspaper side of things helped me decide what direction I wanted to pursue."

Interestingly enough, Wiebe has found a way to contribute on both mediums during the past few years - first on the TV with TSN (with his Wiebe's World intermission segment with Sara Orlesky) and the past year with Sportsnet.

In 2000, Wiebe started working for the Winnipeg Sun, covering the Manitoba Moose. It was his first array at covering professional hockey full time.

"Getting the chance to cover the Moose was fantastic. The Winnipeg Sun treated the team like an NHL team, and we travelled to almost all the road games. The trips could be taxing with teams in the minors frequently playing three games over three days in three different cities, but it was a lot of fun, and a nice preview of what covering the NHL would be like. I also had the opportunity to learn from many intelligent coaches, including Randy Carlyle, Stan Smyl, Alain Vigneault, Scott Arniel and Claude Noel."

"My goal was always to cover the NHL, and I was the runner-up for a couple of jobs over the years, but I kept working at it and eventually, the NHL came back to our province in the spring of 2011 as the Atlanta Thrashers relocated to Winnipeg. That was an exhilarating year, and it is hard to believe that the 10th season of Jets 2.0 has just completed. I am fortunate to be doing what I love and loving what I do. I've been to all 31 NHL arenas and was also able to cover Games 2 and 7 of the Stanley Cup final in 2011 between the Vancouver Canucks and Boston Bruins."

After nearly two decades at the Winnipeg Sun, Wiebe left his long-time paper in 2019 for a new type of job at a brand-new media source – The Athletic.

"This was a difficult decision for me. I had spent more than 19 years at the Winnipeg Sun and thoroughly enjoyed my job. Along with being the beat writer for the Winnipeg Jets, Postmedia had provided several opportunities to cover Stanley Cup playoff series in other cities, and I covered a number of other sports during the offseason, including the CFL and golf. The Athletic was a growing company that was doing some exciting things, and with the expansion of online products, it felt like good timing for a new challenge. But calling my boss to tell him I was leaving was one of the toughest phone calls I ever had to make because of the time and energy I had invested in the Sun during those two decades."

On June 5, 2020, The Athletic held an emergency meeting to announce that they were laying off 46 writers because of the impact of the COVID-19 pandemic. Shortly after the meeting ended, an email showed up in Wiebe's inbox telling him that he was one of those 46.

"I don't regret the decision to join The Athletic. I just wish I had longer than nine months to try and continue to help the company grow in our province. But I enjoyed the experience of working with a number of the best writers and editors in the business."

"This was crushing news and, in some ways, reminded me of when I was cut by the Cougars in the fall of 1998. There was so much more I wanted to accomplish at The Athletic, but this was out of my control. I went out to play golf that afternoon with Winnipeg Goldeyes general manager Andrew Collier and being on the links was a great way to get my mind off of the situation. By the time our round had ended, and I had checked my phone, I had a number of supportive messages from friends and colleagues, plus a note that Luke Fox had passed on my name to his hockey editor at Sportsnet.ca. By early the next week, a meeting was set up, and Sportsnet offered me a freelance opportunity to cover the Jets for Sportsnet.ca that began once training camp resumed."

Wiebe is now working full-time for Sportsnet covering the Winnipeg Jets. He also runs a Jets-based podcast called "Kenny And Renny" with colleague Sean Reynolds that appears on YouTube after every Jets game.

"It's a privilege to be doing what I'm doing, and I don't take it for granted for one second," said Wiebe. "I don't get home as much as I would like to anymore, but I still have family and close friends in Altona, and I will always be grateful for the way my time there has shaped both my life and my career."

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For Further information contact

Sharla Murray, CMMA, Chief Administrative Officer at: Ph. 204-745-2301 Email: cao@rmofdufferin.com

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- Experience covering council and school board
- Knowledge of CP Style and about the Interlake and its surrounding communities would be an

Please forward vour resumé along with three writing and photography samples to:

Lana Meier

Email: news@stonewallteulontribune.ca



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TO: ALL MEMBERS OF THE CREDIT UNION **VOTING FOR BOARD OF DIRECTORS** 

TAKE NOTICE THAT voting for the Board of Directors is open to all members who have a share at any Access Credit Union branch. Voting will be done by electronic ballot and will be tallied electronically by a third party provider. Voting will be open from 9:00 am CDT on Monday, the 13th day of March, 2023 until 5:00 pm CDT on Friday, the 17th of March, 2023. Members of Access Credit Union are invited to vote online at www.accessvotes.ca. Each member may vote on a personal electronic device or should any member prefer, devices for the purpose of voting will be available at all branches of the Credit Union during operating hours. Voting results will be announced at the Annual General Meeting of Members held in April, 2023.

DATED this 26th day of January, 2023 ACCESS CREDIT UNION LIMITED By Order of the Board of Directors





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The building and land known as 21 2nd Street SE, Carman, Manitoba, as described in Certificate of Title No. 1581914/4 and 1581912/4 will be sold at an auction on day, 22nd the day of February, at 9:30 a.m.

The auction sale will be held by way of video or teleconference. There will be no in-person attendees at the auction. In order to participate you must pre-register at least 24 hours prior to the auction by contacting Shawn Eisler at either 204-727-8461 or seisler@mhlaw.ca

The vendor is informed that there is situate on the property a single-family three-bedroom, three-bathroom residence of approximately 1885 square feet located on a lot of approximately 3.4 acres The home has forced air gas furnace, electric water heater, built in vacuum, central air, fireplace, dishwasher, and a double attached garage. The yard has a gazebo and a deck on the back. The property is unoccupied by the owners and has been subject to substantial vandalism. No warranties are made regarding the condition of the property or the listed inclusions. The property is vacant.

#### TAXES AND PRIOR ENCUMBRANCES:

Taxes are paid up to December 31, 2021.

The following are registered against Title No. 1581914/4:

- 91-5104/4
- 93-8227/4
- 1075242/4
- 1121711/4

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- 91-5104/4
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RESERVE BID: The reserve bid will be announced at the commencement of the auction sale.

TERMS: A deposit of \$20,000.00 in cash or certified cheque or bank draft payable to Meighen Haddad LLP and the balance according to conditions to be announced at the sale. The maximum amount of cash that may be provided as part of the deposit is \$7,500.00. The balance of the purchase price together with interest thereon at the rate of 5.25 % per annum from the date of the sale shall be due and payable to Meighen Haddad LLP within thirty (30) days from the date of the sale. If the successful bidder has attended the auction by videoconference or teleconference, the successful bidder shall have a period of 24 hours to provide the mortgagee with the deposit and sign the auction sale conditions. Should the successful bidder fail to do so, the auction shall be considered abortive.

> Further information may be obtained from: Meighen Haddad LLP

110-11th Street Brandon, MB R7A 4J4 Attention: Blair Filyk/Shawn Eisler Email: bjfilyk@mhlaw.ca Telephone: 204-727-8461

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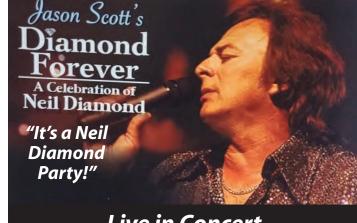
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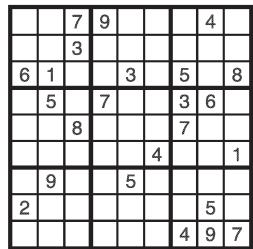
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#### Fun By The Numbers

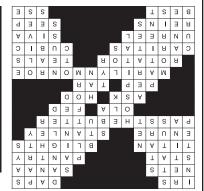
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Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

ı	۷	6	abla	ŀ	8	2	G	9	3
	9	G	8	6	ħ	ε	ŀ	۷	2
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	ŀ	8	6	$\forall$	7	G	9	3	7
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ı	6	ŀ	9	G	L	8	3	7	$\overline{\nu}$
ı	3	$\forall$	2	9	ŀ	6	L	8	G

**Sudoku Answer** 



**Crossword Answer** 

## ROSSWOR

#### **CLUES ACROSS**

- 1. Tax collector
- 4. Fishes without the line touching water
- 8. Brooklyn hoopsters
- 10. Actress Lathan
- 11. A metric for athletes
- 12. Food storage location
- 13. Colossus
- 15. Desolations
- 16. Accustom to something unpleasant
- 17. \_\_ Kubrick, filmmaker
- 18. You might ask this at **Thanksgiving**
- 21. Arkansas city
- 22. Gave food to
- 23. Request
- 24. V-shaped open trough
- 25. Make lively
- 26. It accompanies feather
- 27. Blonde bombshell
- 34. One who revolves
- 35. Bluish greens
- 36. Charity
- 37. Having the shape of a cube
- 38. Unwind
- 39. Believed by some to be the supreme being
- 40. Checks or guides
- 41. Leak slowly through
- 42. Top-quality
- 43. Midway between south and southeast
- **CLUES DOWN**

- 13
- 1. Part of your foot
- 2. It's at the back of the eveball
- 3. Where things stand
- 4. Offered
- 5. Contains pollen
- 6. Boisterous aet-together
- 7. Asserts out loud
- 9. They're in the sky
- 10. Canonized
- 12. A politician's official stances
- 14. It can catch fish
- 15. British thermal unit
- 17. Helps little firms
- 19. Where patients go for treatment

- 20. Large red deer
- 23. Pokes holes in
- 24. "Star Wars" hero Solo
- 25. One in a hospital
- 26. Scandinavian god of battle
- 27. Famous cat
- 28. \_\_ Angeles: City of **Angels**
- 29. Type of drug (abbr.)
- 30. City along the Rhine
- 31. Animal disease
- 32. Martini ingredients
- 33. Get away
- 34. Rare species of rodent
- 36. Suppress



Pembina Design Studio





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Source: National Watermelon Promotion Board

Kitchen knives

1 round seedless watermelon

2 personal-sized watermelons, one larger than other

ice cream scoop or large spoon melon baller

mini melon baller or paring knife blueberries

large wooden skewers

y-shaped sticks

scarf hat

Using knife, cut 1/4-inch slice off bottom of round seedless watermelon and both personal watermelons to provide stable bases. Use smallest melon for



## Watermelon

head, second largest for torso and largest for lower body. Set aside smallest water-

Cut tops off large and medium watermelons to create bowls. Using ice cream scoop or large spoon, scoop out flesh.

Using melon baller, scoop eyes out of smallest watermelon. Invert melon balls and reinsert.

Using mini melon baller or paring knife, scoop out holes for nose and mouth. Carve one piece of watermelon into triangle for nose and fill mouth holes with blueberries.

On platter, using large wooden skewers, connect all three watermelons.

Insert y-shaped sticks in middle watermelon for arms.

Fill bottom sections with fruit salad of melon balls and blueberries. Decorate with scarf and hat.



Source: National Watermelon Promotion Board

Servings: 8

Watermelon Puree:

1 fresh watermelon

2 tablespoons vegetable oil

24-36 frozen prepared mini meatballs

### **Watermelon Glazed Meatballs**

1 cup prepared barbecue sauce 1 cup watermelon puree

To make watermelon puree: Remove seeds from watermelon and cut into large chunks. In blender, process until smooth.

In large, heavy saute pan over mediumhigh heat or electric skillet set to 325 F, heat oil.

Saute mini meatballs until browned and hot. Reduce heat to low.

Mix barbecue sauce and watermelon puree. Pour over meatballs and simmer 2-3 minutes. Serve hot.



Recipe courtesy of Sarah Tracey Total time: 15 minutes Servings: 6

1 goat cheese log (8 ounces), softened at room temperature

1 pinch sea salt

1/2 cup heavy cream

Fresh Cravings Chunky Salsa, Mild

1/2 cup toasted pine nuts (optional)

1 bunch fresh parsley, chopped (op-

#### **Whipped Goat Cheese Salsa Dip**

crackers, chips or vegetables 19 Crimes Snoop Dogg Rosé

In food processor or blender, blend goat cheese with sea salt and 2 tablespoons heavy cream. If mixture is too firm, add cream little by little while pulsing blender until light, fluffy consistency is reached.

Spread whipped goat cheese into shallow serving dish or onto board.

Top with salsa.

Garnish with toasted pine nuts and fresh parsley, if desired.

Serve with crackers, chips or veggies. Pair with rosé.

#### **Ask the Money Lady**

Dear Money Lady Readers: Have you heard about the tax free First Home Savings Account, FHSA?

Many first-time home buyers have cooled off and ceased their house hunting searches as the market levels off with interest rates still climbing. Home prices have still not dropped down as low as some buyers were hoping for; and as we sit poised for another year, it is now anyone's guess what will happen.

Many economists say the interest rates will climb even higher especially with the Canadian prime rate inching it's way closer to 7%. But there are also those, like myself, who approved mortgages for clients in the early 90's with rates at 10.75% and 11.50% who believe today's market is a totally different economic environment. The Bank of Canada will increase the prime rate to slow down inflation which economists believe will decline by this year's third quarter. Most of the current run-up in inflation now is still due to supply-chain constraints and is not believed to be a long-term systemic issue in 2023. The neutral rate for Canada's prime rate should be around 2.75% to 3.5%, (of course, then the retail banks top this rate up). So, for those of you that are planning to wait-it-out and see-whathappens, why not take advantage of a new Federal government's incentive passed through legislation last year and set to come into effect on April 1, 2023. The new program is called FHSA which stands for a tax-free First Home Savings Account.

The FSHA allows first-time home buyers the ability to save up to \$40,000 and like a TFSA (tax free savings account) income and gains inside the FHSA are tax-free. To be eligible you must be over 18, a Canadian resident and of course a first-time buyer. To qualify as a first-time home buyer you cannot have owned a home in the last four years. Sounds great – right? Well, there are a few caveats to the new program. You can only contribute up to \$40,000 in your lifetime and will be maxed to \$8,000 per year to commence this start year in 2023. Unlike a TFSA, there is no carry forward amounts until you open the account. For example, if you opened a FHSA this year and only put in \$5,000, you could then put in \$11,000 next year (\$3,000 from 2023 + \$8,000 from 2024), but if you didn't open an account until next year, 2024 the max would only be \$8,000. The key is to open the account first if you wish to take advantage of future carry-forward options. The account can exceed \$40,000 if your investments do well, but your overall contributions cannot exceed the \$40,000 you put in.



**Christine Ibbotson** 

Another thing to keep in mind, is that this account is for owner-occupied home purchases, not investments or rentals. The plan can be setup for a term no longer than 15 years (this may be extended) and if you do not purchase a home you will need to transfer the funds to your RRSP or withdraw the funds on a taxable basis. One benefit to this plan is that funds transferred to the plan holder's RRSP/RRIF will not be affected by your RRSP limits. But it is only for the account holder - you can therefore not contribute to your spouse's FHSA to claim a deduction. FHSA's are very similar to TFSA's in that you can designate a successor or beneficiary should you die before using the account. One other feature I found most unique about this new program is that you will be allowed to transfer funds from your RRSP to a new FHSA, tax-free and up to the \$40,000 limit (\$8,000 annual contributions). Just remember, the transfers from your RRSP do not restore contribution room, nor do they generate a further tax deduction.

The Home Buyers Plan (HBP) can be used together with the new FHSA as long as it is within the 15-year limit of the HBP and you use both the FHSA and HBP for the same qualifying home purchase. For more information about these two first-time home buyers plans, please watch my YouTube video at ASK THE MONEY LADY or you can always email me your questions on my website at: www.askthemoneylady.ca

To find out even more, visit the Canadian government website at www. canada.ca.

Good Luck & Best Wishes,

Christine Ibbotson

Written by Christine Ibbotson, National Radio Host, YouTuber, and Author of 3 finance books plus the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoney-