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**STANDARD**

VOLUME 3  
EDITION 3

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**Thrill-seekers**

STANDARD PHOTO BY JODI-LAINE GAULTIER

The community of Roland celebrated the opening of their toboggan run last weekend. The slide is a thrilling ride and was provided by the RM and a Carman Area Foundation grant.

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# Community snowshoes



STANDARD PHOTO BY LORRAINE STEVENSON

Don't spend this winter sitting indoors! Sheena Nakonechny, recreation programmer with Carman-Dufferin Parks and Recreation, displays a pair of snow shoes available free of charge to local residents on four-day loans through a lending program that lasts until end of March. Snow shoes and poles can be reserved on a first-come-first-served basis and are available in a variety of sizes to suit all weights. Contact the program at 204-745-2684 to book a pair and spend some time outdoors enjoying winter while it lasts.

# A toboggan run in Roland



STANDARD PHOTO SUBMITTED

A grand opening for Roland's newly built Toboggan Slide at the Arena grounds was held on Jan. 8. The funds for the build were provided by the RM as well as through a grant that was received from the Carman Area Foundation.

By Ty Dilello

Roland held a grand opening for its newly built Toboggan Slide at the Arena grounds on Jan. 8. The funds for the build were provided by the RM of Roland as well as through a grant that was received from the Carman Area Foundation.

"We had a great turnout of about 100 people throughout the afternoon, said Reeve Jodi-Laine Gaultier.

"We had hot dogs, cookies and hot chocolate available for everyone over the course of the afternoon. The arena was also open for free skating from 1 to 4 p.m. as well, and that continues for the rest of the winter."

The slide itself has been a combined community effort. It was built in November with funding from the RM of Roland and the Carman Area Foundation. The Roland Wellness Committee has also donated sleds to be left on site for all to use.

The new toboggan slide is good for all ages. On the afternoon of Jan. 8, there were plenty of kids, parents and even grandparents taking turns going down the slide.

"This is another step in the continued revitalization of the Roland Park," said Gaultier. "We are trying to help create more recreation opportunities within our community."

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Deadline for applications is February 10<sup>th</sup>, 2023



[carmanmanitoba.ca](http://carmanmanitoba.ca)

# The Scandinavian snow scooter now in Carman

By Ty Dilello

The new sport of Kicksledding is coming to Carman.

Kicksledding is an alternative to cross-country skiing for those who like a little more stability on snow or ice. It's also the perfect family sport as the kicksled is used on compacted snow or ice, walking trails, snowshoe or snowmobile trails, country roads, sidewalks, cross-country ski trails (skate skiing), lakes, ice rinks, etc.

This is a very popular activity in Scandinavian countries such as Finland and Norway, and it is now begun making its way across the pond into North America. A great cardio exercise, Carman residents now have the opportunity to enjoy the pleasure of winter while kicksledding.

Carman Wellness Connections (CWC) received a Healthy Living Together grant for \$10,000 and is using \$3,000 of it to purchase ten kicksleds that vary in size and height for adults and children.

Susan Weppler is the lead for the working group Affordable Recreation and Leisure in partnership with the Carman Dufferin Recreation Association and with the Walk Run Crew that

meets every other Saturday at Ryall Park at 10 am.

"Carman Wellness Connections had grant money which had to be allocated by the end of November 2022," said Weppler. "We were examining what possibilities there were to promote emotional health and wellness. From that discussion came the decision to communicate with Carman Dufferin Recreation's Sheena Nakonetchny."

From there, CWC provided the funds to purchase ten kicksleds of three different heights (small, medium, and large) to promote more winter activities in town. The kicksleds were purchased from La Glisse Canada, out of Quebec.

"We envision families and schools in the area to borrow these kicksleds to introduce and promote this sport which is popular in Scandinavian countries," added Weppler.

For those interested, Weppler is offering a Kicksled Activity Day on Saturday, Jan. 21, at 10 am in Ryall Park.

"I picked up two of the large kicksleds yesterday, and my husband and I tried them on our community



STANDARD PHOTOS SUBMITTED

Coming to Carman this winter, Kicksledding is an alternative to cross-country skiing for those who like a little more stability on snow or ice.

pathway. He also cross-country skis, so he liked being able to travel faster than walking. He said it was a good workout. If you're interested, you

could also purchase a harness so that you can be pulled on the kicksled by a dog."

## Synchronized skating competition coming to Morden this Saturday

By Lorne Stelmach

The skill and beauty of synchronized skating will be on display in Morden this weekend.

The Access Event Centre will be home to the Crocus Open competition on Saturday. Local organizers are excited to be hosting the first provincial competition post-pandemic.

"It's looking really good for this first competition," said Asten McGill, who is not only team manager of the Pembina Pizazz synchronized skating program but also a member of the new adult team and competition chair.

She was pleased to have 17 teams including one from Ontario and three teams from Saskatchewan registered for the competition, which gets underway at 10 a.m. and continues until 2:30 p.m.

"One snag that we ran into was that we do not have enough judges who can judge at the higher level, so our Star Eight and our adult teams will have to be judged virtually at a later date," noted McGill.

"That piece of it is a little disappointing. It also though just highlights the need that we have in our province for

developing a pool of judges who can judge at that higher level.

"The teams are just so excited to be together and competing and showing their programs to each other for the first time in three years," McGill continued. "We're very happy with the numbers."

McGill also sees the event as being a good opportunity to promote the Pembina Pizazz program, which is now well established in the Morden-Winkler area.

The program has two youth teams and an adult team who practice regularly from October to March.

McGill believes the popularity of synchronized skating remains strong.

"We're just really excited as well that this is the first time that Morden has had an adult team," she noted. "It's just such a great event. It's something we don't often get to highlight."

"The single programs, we have them at the carnival and at other events, but to have this competition with synchronized skating is something unique and different. So this would be a great opportunity to check it out."

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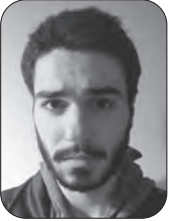
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## 2023 – Year of risk management

By Cam Dahl, General Manager, Manitoba Pork Council

“Good riddance” is the most common response I hear to the passing of 2022. It was a year of uncertainty. We saw disruptions to supply chains, reverberations from COVID-19, the war in Ukraine impacted markets, and African Swine Fever (ASF) jolted traditional supply and demand. Will 2023 be any better? Many of the market disruptors from last year will continue. However, this year, we can see these uncertainties in advance and mitigate some of the associated risks.

What uncertainties face the pork value chain at the start of 2023? The war in Ukraine is going to continue to cause significant disruption, resulting in high feed prices and price instability. What will the price of corn or soybean meal be in six months? If someone gives you firm answers to these questions, don't believe them. Accurate prediction is challenging under the current market conditions.

Ongoing impacts of COVID-19 continue to introduce volatility. As a result of the pandemic, we shifted from a logistics system that was “just in time” to one that is “just in case”. A “just in case” logistics chain increases the cost of inputs and pushes up the cost of getting pork to market.

There are also significant economic factors building uncertainty into the global demand for pork. Rising inflation, especially for food, will impact pork demand. By how much? This is an open question that has no easy answers. Related to rising inflation is interest rate uncertainty and exchange rate volatility.

There are other market impacts to consider. To what degree has China recovered from ASF and what will this mean for their pork demand? What about other ASF impacted countries like Vietnam and the Philippines? What will happen to European production, in light of ASF pressure, escalating feed cost and restricted feed availability, driven by the war in Ukraine? These are very big market questions for 2023.

Disease will continue to be a significant production risk in the year ahead. Will Porcine Epidemic Diarrhea (PED) be an issue this year? Will Porcine Reproductive and Respiratory Syndrome (PRRS) enter Canada in a substantive way? Outside of ASF, are there other diseases that we should be paying attention to?

Economics has been called the dismal science. Not hard to see why when reading this introduction to 2023, but the outlook is far from gloomy. The positive hog prices we see coming into the new year have support going forward. Pork consumption, both at home and abroad, remains strong. Pork supply is tight internationally, with European production slipping, U.S. hog numbers on a downward trend, and Asian production below average because of ASF. However, risks and uncertainty are real, and risk management is critical to realizing positive potential and securing profitability.

Where should producers focus their risk mitigation efforts? Currency fluctuation is one area. Ninety percent of the 8 million pigs produced in Manitoba are exported, either as animals going into U.S. feeder operations or as pork shipped around the world. All this production is priced in U.S. dollars. International volatility, both financial and political, drives fluctuations in the spread between Canadian and U.S. currencies. If there ever was a time for producers to look for advice on protecting themselves from currency risk, 2023 is that time.

Long term hedging of inputs makes sense for 2023. Forward feed contracts are one tool that can accomplish this goal. This may be an area where individual operations can benefit from additional third-party expertise. The same comment applies to examining ways of protecting prices for future hog production. This can be achieved through forward contracting with processors or using the futures markets. Again, there are professionals who provide advice on how best to manage anticipated price volatility



Cam Dahl

and mitigate risk.

Disease pressure is one of the biggest threats to profitability. This is a risk over which we do have some control, even if that control is not complete. We mitigate disease risk through rigorous adherence to biosecurity protocols, whether that risk is from diseases like PED or PRRS, or the more threatening foreign animal diseases like ASF. Animals that are brought into barns must be screened to be free of new diseases, as should feed. Pork producers also should restrict contact with the outside world through carefully limiting barn access to only those who provide animal care. Potential for exposure through ventilation equipment or loading facilities needs to be examined. Together with the Canadian Pork Council, Manitoba Pork is offering biosecurity evaluations for producers. Plugging potential biosecurity holes is one of the most important risk mitigation efforts that producers can undertake to prepare for 2023 (and beyond). I encourage producers to call to set up an assessment.

There are reasons for pork producers to be optimistic for 2023, but there are also levels of risk and uncertainty that we have not seen before. Greater attention to risk mitigation, especially in terms of hedging input costs, hog prices and marketing conditions, and reducing the risk of disease spread will reduce the downside margin potential and flatten volatility. This is a year where time and attention to risk mitigation will be money well spent.

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# Canada welcomes historic number of newcomers in 2022

Submitted by Government of Canada

Canada has experienced one of the fastest recoveries from the pandemic, thanks in large part to our approach to immigration. Newcomers enrich our communities, and contribute to our economy by working, creating jobs and supporting local businesses. Recognizing their value, the Government of Canada planned to welcome 431,645 new permanent residents in 2022.

On Tuesday, the Honourable Sean Fraser, Minister of Immigration, Refugees and Citizenship, announced Canada has reached that target, surpassing our previous record from 2021. This represents the largest number of people ever welcomed in a year, in Canadian history. Prior to setting a new record for admissions in 2021, the last time Canada welcomed such a large numbers of newcomers was in 1913.

This incredible achievement would not have been possible without the employees of Immigration, Refugees and Citizenship Canada (IRCC), who continue to set the bar higher for processing. In 2022, IRCC processed approximately 5.2 million applications for permanent residence, temporary residence and citizenship. That's double the number of applications processed in 2021.

As we plan to continue to welcome historic numbers of newcomers, IRCC has added resources, embraced new technology, streamlined processing, and brought more processes online. These changes are all important improvements to Canada's immigration system, which will position us well for the future. As the Government of Canada focuses on addressing the acute labour market shortages we are facing today and building a strong economy into the future, one thing

remains certain: immigration is a key part of the solution.

**Quick facts:**

- The number of permanent residents Canada welcomes each year is based on the annual Immigration Levels Plan that is tabled in Parliament.
- The 2022-2024 Immigration Levels Plan was tabled on February 14, 2022 and the 2023-2025 Immigration Levels Plan was tabled on November 1, 2022.
- Immigration accounts for almost 100% of Canada's labour force growth. Roughly 75% of Canada's population growth comes from immigration, mostly in the economic category. By 2036, immigrants will represent up to 30% of Canada's population, compared with 20.7% in 2011.
- Canada's aging population means that the worker-to-retiree ratio is expected to shift from 7 to 1 50 years ago

to 2 to 1 by 2035.

- During the 2021 Census, nearly 1 in 4 people counted were or had been a landed immigrant or permanent resident in Canada, the highest proportion since Confederation and the largest proportion among G7 countries.
- Just over 1.3 million new immigrants settled permanently in Canada from 2016 to 2021, the highest number of recent immigrants recorded in a Canadian census.
- Immigrants account for 36% of physicians, 33% business owners with paid staff, and 41% of engineers.
- In the Fall Economic Statement, the government committed an additional \$50 million in 2022-23 for IRCC, to address ongoing application backlogs, speed up processing, and allow skilled newcomers to fill critical labour gaps faster.

# Morden man arrested in connection to series of bank robberies

By Lorne Stelmach

Manitoba RCMP arrested a Morden man in connection to five banks robberies in four different communities across southern Manitoba.

The arrest of 30-year-old Brett Ash-ton Krashel Jan. 9 followed an extensive investigation into the series of robberies that occurred in Steinbach Nov. 10, Lowe Farm Nov. 14, Glen-boro Dec. 8, and Miami Dec. 23 and again on Jan. 3.

Krashel was arrested without incident and remanded into custody on five counts of robbery. The charges against Krashel have not yet been proven in court.

"Bank robbery is not a common thing, so it drew the attention of Major Crimes. We were monitoring it," said Inspector Tim Arseneault, investigative services officer for Major Crimes Services in Manitoba. "It doesn't happen very often, and the Miami one was twice."

Police say the robberies, initially investigated by the various local RCMP detachments, involved the suspect entering the bank, handing the teller a note stating that it was a robbery, and then fleeing the scene.

In some instances, the suspect indicated in the note that he had a firearm, though none was ever seen, RCMP noted.

The suspect fled with an undisclosed amount of cash in four of the robberies, with Steinbach being the exception.

No injuries were reported in any of these incidents.

RCMP Major Crimes officers exam-

ined extensive video surveillance and were able to determine the suspect had worn similar clothing during each of the robberies but had fled the scene in a different vehicle each time.

"The second one had some similarities ... then the third one, we were confident this was most likely the same person or persons," Arseneault explained. "We saw a pattern, which engaged us, and it was by the third one that we took over, formed a team, investigated the three that we already knew about and started trying to see linkages and commonalities ... we expected more to come."


"We were confident in the links that this was not a different person," he said. "We wanted to stop it, because you never know what kind of violence or anything could have happened."

The investigation continued and with the execution of several judicial authorizations, officers were able to iden-

tify Krashel as a suspect.

Search warrants were executed at two separate residences, one in the RM of Hanover and the other in the City of Morden. The search resulted in the seizure of key pieces of evidence, including cash and clothing.

"This was a difficult investigation with crime scenes spread out across southern Manitoba. I would like to commend the investigators who quickly recognized the similarities of these crimes and worked tenaciously to identify and safely arrest the suspect," said assistant commissioner Rob Hill, commanding officer of the Manitoba RCMP. "It's also our hope that this arrest will bring back a sense of safety to the employees and communities who were affected by these robberies."



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**Manitoba** 

# Assiniboine Community College launches rural nursing site in Morden

By Lorne Stelmach

Assiniboine Community College (ACC) joined the City of Morden Friday in celebrating the grand opening of its rural rotating practical nursing training site here.

Morden is among a number of rural rotating sites for the practical nursing diploma program, and it is offered here in partnership with Southern Health-Santé Sud with an initial capacity for 25 students.

Practical nursing is the largest single program of study at Assiniboine, said president Mark Frison, who noted more than 4,200 students have graduated from nursing programs offered by the college since 1975.

In addition to the rural rotating sites, ACC has permanent practical nursing programs at its campuses in Brandon, Winnipeg, Dauphin, and Portage. Frison emphasized the importance of making these kinds of connections across the province.

"Community-based delivery is actually in our strategic plan ... we want to be the national leader in that," he said. "Every year, we run full-time programs in 20 to 25 communities, so this is hardwired into our DNA.

"Nursing is the largest single program that we offer ... it's one that we are very proud of," he continued. "It's one that we've seen for a long time that needs to be addressed, and certainly the government has stepped up in a big way. This is the largest single investment we've ever gotten in our 61-year history.

The program has proven to be a success when it comes to keeping nurses in Manitoba after graduation.

"Four years after graduation, 96 per cent of the nurses who take the program are still living and working in Manitoba, so there is a very good

track record," Frison shared.

Frison and other speakers voiced their hopes for what this program here could eventually lead to in Morden.

"We certainly had other rural rotating sites that have been there over a period of years and then they end up being converted to permanent sites, so that's never out of the question, especially when you have a large population base," he said. "I don't see that as out of the realm of possibilities."

"We will start twisting the president's arm immediately to make this a permanent site ... this is the way that permanent sites start," observed Morden-Winkler MLA Cameron Friesen.

He cited how this ties in well with the overall plan of the provincial government to get more health care services closer to home for more Manitobans

"It's especially gratifying to me because I think ACC has been such an important partner ... a college that gets it, that understands that while campuses are important, that the universal commitment to training closer to home really matters," said Friesen. "We look forward to the benefits that we will see in the health care system."

"The City of Morden aims to be a strong and committed and dedicated partner to Assiniboine Community College," said Mayor Brandon Burley. "We're looking forward to a strong and effective partnership."

The Morden initiative is tied into the Manitoba government investing \$19.5 million to add 259 nurse training seats starting at five post-secondary institutions across the province as part of a multi-year plan to add close to 400 seats overall.

The proposal included an additional 55 licensed practical nursing



STANDARD PHOTOS BY LORNE STELMACH

Dignitaries with some of the first students to go through the new rural rotating practical nursing training site in Morden at the facility's grand opening last week.

seats through ACC in Portage la Prairie and rural rotating sites as well an additional 32 registered nursing and registered psychiatric nursing seats at Brandon University and 120 registered nursing seats at the University of Manitoba.

"Assiniboine's ongoing expansion of its practical nursing program in both permanent and rural rotating sites will allow more students to become certified in this high-demand health-care occupation," said Manitoba Advanced Education, Skills and Immigration Minister Jon Reyes.

"Being able to attend training closer to home increases participation rates for rural students ... supports our commitment to add 400 new nursing seats to meet Manitoba's health sector needs and complements our health human resource action plan to retain, train and recruit more nurses."

"Expansion of the rural rotating practical nursing diploma program in our region brings us one step closer to meeting the increasing demands to fill nursing positions," said Jane Curtis, CEO of Southern Health-Santé Sud. "This goes a long way in providing accessible post-secondary options in the eastern part of our province."

**"NURSING IS THE LARGEST SINGLE PROGRAM THAT WE OFFER ... IT'S ONE THAT WE ARE VERY PROUD OF."**

## Flashback...Carman Cat Shop

By Dennis Young

In 1973 Elwin Chase began discussions with Edwin Pritchard regarding his Arctic Cat snowmobile business operating out of Bearing & Automotive on Main Street. They made the deal and Carman Cat Shop opened on Edwin's home farm south of town.

"My best year was 1974 when grain prices were high and everyone wanted one" he tells me. "I was still harvesting and they were on my yard lol! That winter he would sell 30 new and 30 more

used.

"New were anywhere from \$900 to \$1700 not like today's prices."

Eventually Cat Corp. began making demands for him to build, move to town, stock clothing etc prompting Edwin to consider getting out of the rat race. But it was the winter of 1978 when the huge shortage of snow sealed the deal.

"I got out at the right time as other dealers were hit hard with carrying stock through that tough season," said Chase.

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# Remembering... Frank McKinnon

By Dennis Young

If he wasn't found in a classroom, Frank was in a boardroom, a gymnasium, a hockey arena, a baseball pitch or doing whatever he could to improve education and athletics for all involved. Giving of himself for them.

After years in his hometown Wellwood, he thought education would be his future getting several degrees in preparation for the opportunity. As he was packing for Sarnia to be a paint salesman, trustees from Hamiota Collegiate tracked him down and recruited him for a vacant teacher/principal position in 1956. He served there until coming to Carman Collegiate in 1964.

Not one to be satisfied doing just that job, Frank would serve on the MB Education Committee, the MB Association of Principals, Director of the Canadian Association of Principals and its Foundation. Every year, the MHSA presents the Frank L. McKinnon Distinguished Service Award to a high school teacher in the province.

Frank also found time to serve with local organizations such as Lions and Kinsmen Clubs, Chamber of Commerce, Carman Band and the Carman United Church choir. A long-time tenor sax musician, he was a member of the Carman J-Tones that performed at festivals in Halifax and Calgary.

He aptly coached for 53 years in many sports, leading provincial championship teams in basketball, baseball and hockey.

"In hockey, great teachers are often great coaches and great coaches make great teachers," he said. Part of the reason for his involvement in hockey is the similarities between sports and academics.

When Mr. McKinnon retired in 1992 after 35 years he was "roasted/toasted" by over 350 of his friends, colleagues and students, past and present. His sidekick, Janet Woods, who retired at the same time, expressed, "This was a fitting way to honour him. He's done an awful lot for kids and touched many lives. The kids admired him as much as the staff did. There was a very cooperative feeling in the school at that time. Those were the best 28 years of my life!"

"He was not often recognized as an educator, but Frank was a premier educator," former Carman Collegiate vice-principal Brian Parker said.

"He would encourage his teachers and other staff members to do all they could to bring out the best in their students. Education was really probably his first love.

McKinnon addressed the crowd

saying, "One of my greatest happenings was the new school in 1970. We ...my fellow teachers and the school board...were able to draw up specs about how we wanted the school to operate. I am especially proud of the theatre."

He continued, "When you have young people who may have struggled in school and in life then turn it around with academics... it's the highlight of any teacher. If you've made one life breathe easier, then you've been a success."

With a passion for hockey after playing for the Wheat Kings and Carman Beavers, sport organizations took priority in McKinnon's "spare" time.

He was one of the "Founding Fathers" of the Manitoba High School Athletic Association and the Manitoba Junior Hockey League Commissioner. He served as President and the 1st Chairman of Hockey Canada, President of Hockey Manitoba, VP of the Canadian Olympic Association, Director for the Sports Federation of Canada. He represented Canada at the International Ice Hockey Federation. McKinnon was on the committee that created the first Centennial Cup in 1971, now the RBC Cup, and he helped organize the first World Junior Championship in 1974 in Leninograd.

As a member of the Task Force on Sport in 1990, McKinnon and his fellow committee members recommended the creation of Sport Manitoba as we know it today. He eventually would co-chair (with this reporter no less) the 1990 Manitoba Games held in Carman under that Sport MB umbrella.

He also served as chairman of Kid Sport Manitoba, a national charity that helps financially-disadvantaged youth get involved in sports. In addition, for the Manitoba Hockey Hall of Fame, McKinnon served as a VP, Chairman of the Selection Committee and was the founder of the Hall's website.

Frank's crowning achievement may well be one that gets little or no recognition. As the Carman Cougar hockey coach he started third string goalie Ed Belfour in the Zone 4 finals after 2 losses. Belfour's then performance and his gained confidence given to him by his coach was enough to propel him to junior, hockey the NHL and the Stanley Cup in 1999.

McKinnon's philosophy was "Life is a game". He was an athlete, an educator, a mentor, a volunteer, a supporter and he was selfless and tireless at them all! Giving of himself to sports

teams, to teachers and students, to countless organizations, clubs and associations in Manitoba, Canada and around the globe.

The list of his well deserved accolades and lifetime achievements awards is too long to list here. But, if you knew him, you might know that list or maybe not because he was, as he was to many of us... just Frank. He passed in 2015 and the list of his very well deserved accolades and lifetime achievement awards are too long to list here. Some might remember him because of that list but to these here ... he was just Frank.

**Buddy Voth recalls:** When Eddie brought the Stanley Cup to Carman, he met us there and when his eyes set on Lord Stanley it was like a lightning bolt went through him. He couldn't stop laughing, crying, hugging Eddie - "Eddie Belfour, Eddie Belfour you did it you did it, I'm so proud of you! He was just vibrating with over joyed enthusiasm. You just have to love Frank for his passion and joy for some else's success.

**Bob Fitchner:** When we moved to Carman that phrase "Frank Will Do It" surfaced many times over. He was totally invested in every position he took on and had the positive leadership needed to inspire other people to jump in and participate as well. Frank valued ever individual who crossed his path and our association with him made my years of teaching and my entire family's lives while living in Carman, a very positive, memorable experience.

**Gerry Falk:** I would like to share an incident about Frank and a staff meeting we had. Before it began we decided if wore that same tie he did last year, we'll cut it right off. Sure enough, he's wearing the same tie so Don Revel and Bob Leslie promptly walk to where Frank is sitting. Turk grabs the tie and Hummer who has the scissors cuts it off about 4 inches from the top. All Frank does is giggle, like he often did, he he he! Frank made everyone feel that they were the best at whatever they did.

**Chip and Lorraine Hand:** We remember Frank and Bonnie in their home on 3rd Street SE around the piano singing the most beautiful harmonies with their two boys. He and Charlie Maykut encouraged hours of street hockey for the neighborhood gang. Frank was the tenor for the Barbershop quartet The Mad Hatters. He, along with George Leoppky, Marsh Kennedy and myself, entertained at community functions and whenever they happened to be at the same par-



Frank McKinnon

ty. Our daughter Kelly recalls Frank's very messy desk! In her day she remembers the supportive, smiling, hee hee hee laugh of a principal who created a positive attitude for the whole school that had a trickle down effect.

**Neil Strachan:** Frank came to Carman when I was starting grade 12 so I had him as my principal. I played hockey with him on the Beavers for a number of years and then taught under him for 20 years. In my mind the best thing he did for the school was to hire good people and then stand back and let them do their job. He usually hired people who were coaches because he knew they would have a close relationship with students. Frank was totally dedicated to all facets of school including music, drama, sports and academics.

**Mary Ann Johnston:** I sat in Mr. McKinnon's office as a student and as a parent. As a student I was welcomed, listened to, and given positive advice. As a parent Frank was still a good listener, adviser and always had an experience to share. Most of all he too was a parent behind that desk. Meetings always ended with laughter and a positive solution. We all had our moments in those hallowed halls at Carman Collegiate but above all my children and I have a great respect for Mr. McKinnon's role in getting us to our end goal.

**Wayne Johnston:** In 1973 I was principal in Russell and decided to move our family to Carman because of Frank. We believed that his ideals for education leadership were what we desired for our children. Frank was a believer that everyone had something to contribute no matter where you were from as long as you gave your best and helped others to be their best.

**Bob and Barb Leslie:** One weekend about a dozen people showed up at our cottage at Ditch Lake including Frank. We had an older boat situated just off the end of the dock which Frank decided to get into. I had not secured it and was just bobbing in the waves. All the weight was at the back

Continued on page 8

# Fiesta at Friends: shares one couples roller coaster journey

By Autumn Fehr

For the first time in eight years, Fiesta at Friends is back to bring you some encouragement in the new year.

In 2004, when Dale Warkentin started Friends Community Church in Carman when his family moved to Carman from Flin Flon, he wanted to do something that brought the community together, and he began Fiesta with Friends.

On Sunday, Jan. 29, from 11 a.m. to noon, come on down to Friends Community Church at 245 1 St. NW to hear a story of encouragement, accompanied by refreshments.

"Fiesta signals we are here to celebrate. Let's have a party... It's a celebration of God's faithfulness," said Warkentin.

During the celebration, Brian and Dorothy Derksen from Plum Coulee will share a 'Bad News, Good News' story to encourage others who may be going through a similar situation or know someone who is.

The Derksens will share the story of their roller coaster journey battling cancer. A story of faith, un-

certainty, and love.

"It was really bad news in the beginning. Just hearing the word cancer is bad news, but then God, through a variety of different news, changed their health situation, and now it's good news," said Warkentin.

Today, in Canada, cancer is the leading cause of death. Canadian Cancer Statistics from 2021 show that two in five Canadians in their lifetime will be diagnosed with it, and one in four will die from cancer.

With the illness being so prevalent in Canada, with many having witnessed or experienced it firsthand, it's encouraging to hear the story of a couple who have battled through it and remain healthier.

Through Fiesta at Friends, Warkentin said they try and have people with different life experiences come and share their stories.

"We want people to come talk about their faith story. I hope that people will be encouraged," said Warkentin.

Warkentin welcomes anyone to attend the event



PHOTO SUBMITTED

Brian and Dorothy Derksen from Plum Coulee will share their life experiences on Jan. 29 from 11 a.m. to noon.

and hear a story of encouragement, whether you need to listen to it or share it with someone who does.

# Prairie Rose School Division has lots on the go

By Ty Dilello

The Prairie Rose School Division (PRSD) has a lot of different projects on the go as the calendar turns into

2023.

The PRSD will be undergoing Sources of Strength training for approximately 33 teachers on January 18-19

at Carman United Church.

This will provide PRSD with a resource teacher and at least two early years teachers to be trained in all 10 PRSD schools. Sources of Strength trainers will be travelling to Carman from the United States for the two-day workshop.

Sources of Strength is a youth suicide prevention project designed to harness the power of peer social networks to change unhealthy norms and culture, ultimately preventing suicide, bullying, and substance abuse.

"The Sources of Strength program

will first be implemented in St. Laurent and St. Paul Schools, being equipped with trainers and students. And then we'll implement at Elm Creek, Carman Collegiate and Miami high schools from there, so they'll all start-up by the end of the year," said Ron Sugden, assistant superintendent of the Prairie Rose School Division. "We did start Sources of Strength in the high schools prior to the pandemic, but that put a hold on things and were excited for it to get off the ground now finally."

PRSD is also rolling out Orton-Gill-

Continued on page 9

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## > MCKINNON, FROM PG. 7

and Frank decided to walk carefully to the back. Just then, a large boat went by and sent some large waves splashing into the boat causing it and its lone passenger, adorned in his typical white shoes and white pants including wallet etc, to take on water and sink. In true Frank fashion, he was loyal till the end. He raised his right hand to his forehead, held a salute, started to sing some old mariner sea ballad and went down with the ship. The people standing on shore lost it and broke into uncontrollable fits of laughter! He was a great role model and mentor, but even more a great friend!

**Marjorie Patterson:** Many of us were blessed to know Frank as a talented and inspiring musician. I remember singing with him in Carman United Church's senior choir and playing alongside him in Carman's Commu-

nity Band. Frank and his tenor saxophone occasionally lent their expertise to Collegiate concerts and stage band practices. This is where I remember Frank's big smile and the delightful twinkle in his blue eyes. Casually sharing a common passion, not as our principal, but as our bandmate.

**Son Kevin:** We always picked up Chic McIvor to take him to the band practices or performances in an old yellow 4-door Datsun Dad drove for 10 years too long. He wasn't very good at golf but loved the walk. He was intrigued by business but realized all his volunteering wouldn't work out so well if he had to generate revenue lol! You could always find him in the corner of the hockey rink - I never asked why but regardless of whether it was Beavers, Cougars or minor hockey, that's where he always stood - visitors side, just outside the entry doors.



# Branden Leslie in the running for Conservative nomination

By Lorne Stelmach

A former campaign manager for Candice Bergen is now seeking to take the place of the veteran Member of Parliament.

Active in the Conservative Party for over a decade, including his stint with Bergen for the 2019 election, Branden Leslie feels his years of experience fighting for Conservative values and ideas makes him well suited to represent Portage-Lisgar.

Bergen announced last September that she would not be seeking re-election after 14 years in office.

"It just felt like the right time and the right opportunity to try to make a difference for our communities," said Leslie, who is seeking the party nomination with the slogan "The Right Conservative for Portage-Lisgar."

"Obviously Candice has been an incredibly strong advocate for this region and a very effective member of parliament in Ottawa," he said on Monday, after announcing his intentions over the weekend.

"I've had the chance to become friends with her and have her be a mentor," Leslie added. "It created a love of politics for me."

"Being consistently frustrated by watching what the Liberal government is doing as it relates to our farming community and our rural communities more broadly, I think it just really made me want to be part of the solution and really step up to make a difference."

Leslie was born in Portage la Prairie and raised on a farm south of town. He attended Portage Collegiate Institute and went on to Brandon University and Carleton University to receive a bachelor of

arts in political science.

Before announcing his campaign, Leslie was the manager of policy and government relations at the Grain Growers of Canada.

He has been a leading voice pushing back against the Liberal government's plan to reduce fertilizer use and is the architect of legislation currently before Parliament to exempt farmers from the carbon tax.

Leslie touched on several key issues on his radar as a candidate, everything from pledging to scrap the carbon tax and stopping the Liberal gun grab to defunding the CBC. He also denounced what he calls the arrogance of Prime Minister Justin Trudeau and the divide and conquer approach of the Liberal government as well as its penchant for spending way beyond its means.

"People are really struggling to get ahead right now, and I think it's time the governments become more responsible with taxpayers' money, spend money in a wise manner," said Leslie.

"I am running to give you back control of your life, to ensure you can raise your family according to your values and to get the Liberals out of your pocket."

"Never have Canadians been as divided, as angry and as anxious as we are today," Leslie continued. "Instead of uniting Canadians, the Liberals recklessly insult people like you and me, and our way of life. People have had enough. I've had enough."

"I don't want to just sit back and complain about politics. I want to make a difference," he concluded. "And I definitely don't want to watch my home



SUPPLIED PHOTO

Branden Leslie with his fiancé Cailey at his campaign rally in Portage la Prairie, where he announced he is running to be the next Conservative Member of Parliament for Portage-Lisgar.

community send the wrong person to Ottawa to be just another idle suit.

"The people who call this place home are strong, and deserve a strong Conservative voice in Parliament."

## > PRAIRIE ROSE SCHOOL DIVISION, FROM PG. 8

ingham training for 24 teachers over four days in January. Orton-Gillingham is an approach to teaching reading and spelling. Though often touted primarily as an instructional method for children with dyslexia and other learning challenges, the Orton-Gillingham approach helps make reading and spelling easy for all children.

The Orton-Gillingham approach helps take the mystery out of reading and spelling by focusing on why words are spelled the way they are.

"Orton-Gillingham is an approach that was initially a program for kids that had dyslexia, but it can be used across grade levels," said Sugden. "There are ideas on science-based teaching in literacy skills, so this is a science-based program. The approach goes way back to the 1930s with a Dr. Orton, who published these findings many years ago, and it's taken on a new life over the last ten years. So we're very excited to start implementing this in our schools."

Finally, the PRSD is moving forward with its Elders and Knowledge Keepers project. This is an initiative that supports students, educators, and families to learn First Nations, Métis and Inuit histories, cultures, traditional values, contemporary lifestyles

and traditional knowledge systems across all learning environments.

"We are receiving \$17,000 as a grant from the province that's meant to bring in Elders and Knowledge keepers in our schools," said Sugden. "And to bring together different areas of learning and activities for students, which will be happening in March and May."

Many Indigenous traditional teachings take place outdoors. Land-based learning is meant to engage K-12 students in memorable, meaningful and transformative outdoor learning experiences that encompasses Indigenous perspectives, values and practices.

Potential activities include Medicine Gatherings, Medicine Teachings, Animal Tracking, Animal Teachings, History Talks, Elder Talks, Sharing Circles, Circle Teachings, Storytelling, Jingle Dancing, Sundance Sweat Lodge Powwows, Lacrosse, Archery, and much more.

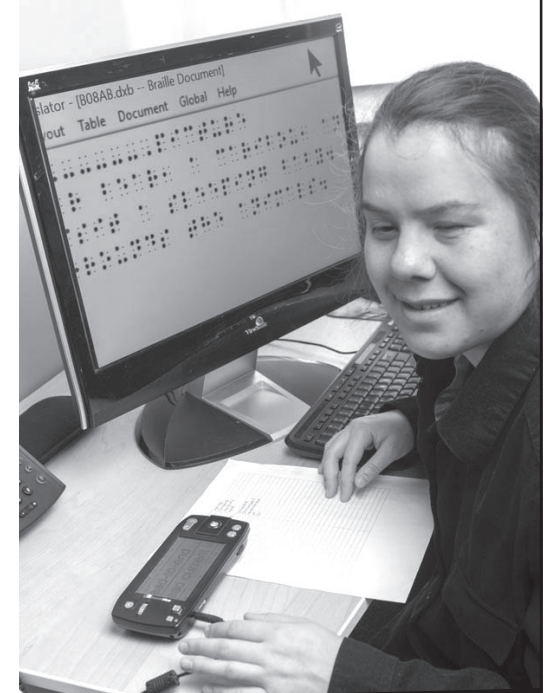
"A brochure will be going out soon for students, teachers, and parents to request a presentation that they're interested in. We have various Elders and Keepers lined up already, so we're very excited to get this initiative off the ground soon."



The Manitoba Accessibility Fund provides grants up to \$50,000 to businesses, non-profit organizations, municipalities, on reserve organizations and public sector organizations to create awareness and compliance with the Accessibility Act for Manitoba.

Learn more about the Manitoba Accessibility Fund and how to apply at: [AccessibilityMB.ca](http://AccessibilityMB.ca)

Apply for 2023-24 Intake: January 30 - March 10, 2023



# Manitobans impacted by dementia break silence on stigma

By Rachel Wilson

This January, during Alzheimer's Awareness Month, the Alzheimer Society is creating awareness about the many resources available to help support families as they face the challenges of living with dementia.

With more than 18,400 Manitobans living with dementia today, a number expected to reach 39,100 by 2050, the Society continues to enhance support for families impacted by dementia and meet their needs early in, and throughout, their journey. Their First Link® program connects people living with dementia and their care partners with community, support, knowledge and expertise so they don't have to face dementia alone.

"Whether it's before, during or after a diagnosis, the Alzheimer Society is the first place you can turn," says Erin Crawford, Program Director, Alzheimer Society of Manitoba. "The Society gives you access to dementia-friendly expertise and resources and connects you with a community of people who understand what you're going through."

When Marcel Hebert's wife Ida was diagnosed with frontotemporal dementia at 55, the couple was shocked and overwhelmed. The First Link® program connected Marcel with information about Ida's type of dementia and to a care partner support group where he met and received support from others in a similar situation. Learn more about Marcel and Ida's story through this video.

"I didn't think someone as young as Ida could be diagnosed with dementia. I thought it was something only older adults could get," says Hebert.

"It was such a relief to speak with someone from the Alzheimer Society, she gave us the guidance we needed. And the support I received from my care partner group changed everything for me."

The goal of the Alzheimer Society's First Link® program is to ensure that people living with dementia and their care partners have the proper support and information from the moment they notice the first signs of dementia and throughout the progression of the disease.

"The more help and support we give now, the better our province will be at caring for the rising cases of dementia expected to come," says Crawford.

To get connected to support, contact your local Alzheimer Society today at 204-943-6622 (Winnipeg), 1-800-378-6699 (Provincial) or visit [www.alzheimer.ca/FirstLink](http://www.alzheimer.ca/FirstLink)

Follow the Alzheimer Society throughout January to see more stories like Marcel's and hear from Manitobans impacted by dementia about how the support they received from the Society has made all the difference.

#### Quick facts - National Statistics

- Today, more than half a million Canadians are living with dementia, including Alzheimer's disease.
- By the year 2050, more than 1.7 million people in Canada will be living with dementia.
- Care partners for people with dementia provide an average 26 hours of caregiving per week compared to 17 hours per week for seniors with other health issues (coming from data out of the Canadian Institute for Health Information (CIHI)). Data

## Support Changes Everything

For people living with dementia, the Alzheimer Society is your first link to a network of support, knowledge and people ready to help.






Alzheimer Society  
MANITOBA  
Dementia Care & Brain Health
FIND SUPPORT
[alzheimer.mb.ca](http://alzheimer.mb.ca)
First Link® Premier link

from the CIHI has shown that:

- 45% of care partners providing care to people living with dementia exhibit symptoms of distress. This is twice the rate compared to care partners of older adults with health conditions other than dementia (26%).
- 21% of care partners feel unable to continue their caring activities due to stress
- The Alzheimer Society
  - Alzheimer Societies across Canada provide programs and support services for people with all forms of dementia, including Alzheimer's disease, and their care partners.
  - Alzheimer Societies across Canada provide caregivers and families with information, education and resources to help them support the person in their care who is living with dementia.
  - The Alzheimer Society is a

leading Canadian funder of dementia research. Since 1989, we have invested over \$70 million in grants and awards toward innovative dementia research through the Alzheimer Society Research Program, improving the quality of life for people with lived experience and bringing us closer to a future without Alzheimer's disease and other dementias.

- The Alzheimer Society is a key partner in the development of Canada's first national dementia strategy, which will enhance research efforts and ensure access to quality care and support for all Canadians affected by dementia,
- The Alzheimer Society is the organization behind First Link® and all the important services and supports it provides to those diagnosed with dementia across Canada.

*(The Landmark Study – 2022)*

## History to stand strong



STANDARD PHOTO BY TRISH AUBIN

Dufferin Historical Museum's Irene Stevenson (President) and Lori Keith (Vice-President) stand in front of the new storage cupboards built this past summer for its collections. The Museum would like to thank the Province of Manitoba for issuing Dufferin Historical Museum a grant as part of their Community Museum Project Support program. Another thank you to Shur-way Builders for completing the project, a job well done.

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# Your FARM



## North Valley Precision Planning wins award



STANDARD PHOTO SUBMITTED

Andrew Kippen of North Valley Precision Planting (NVP2) was recently recognized as the top dealer in Western Canada and was presented with an award in Tremont, Illinois earlier this month.

By Ty Dilello

North Valley Precision Planting (NVP2) was recently recognized as the top dealer in all of Western Canada and was presented with an award in Tremont, Illinois, in December.

NVP2 is a Premier Precision Planting dealership managed by Andrew Kippen and operated out of Homewood. They provide parts and service to



improve all aspects of planting, seeding and spraying operations for farmers locally and across the province.

Kippen offers mobile planter inspections and Precision Planting additions to help bring growers' current planters up to new standards and technology.

"I am really proud of the success that North Valley Precision Planting has had, but also with the amount of support from its customers and community," said NVP2 manager Andrew Kippen. "It is nice to be recognized for all the hard work that is put into growing a small company, and to fall into the Top Dealer category, just wow."

North Valley Precision Planting was founded to address a gap in the Western Canadian marketplace. The importance of accurate seeding and planting operations, from singulation to down pressure to the impact of speed, has never been more important, especially with our shorter growing season in Western Canada.

Traditionally a focus for corn and soybeans, the benefits of precision planting technology

are now being recognized for small-seeded crops like canola which is a key focus for NVP2.

Kippen notes that even with the award that it's no time to take the foot off the gas.

"We still have lots to do in the new year with planter inspections, planter builds, Trade shows, Ag Days, conferences, speaking engagements, and if time a Planter Clinic."

With spring around the corner and lots of new product lines from Precision Planting, NVP2 has its sights set on winning a Top Dealer award again for 2023. For more information on NVP2, please see [www.nvp2.ca](http://www.nvp2.ca).

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## Six Manitoba individuals/businesses honoured with Manitoba Watershed Awards

Recipients recognized for tremendous effort working on the land and in their communities, helping to build local knowledge and resilient watersheds

### Submitted

The Manitoba Association of Watersheds is pleased to announce the recipients of our 2022 Watershed Awards, which include Manitoba farmers who are adapting the way they farm and enhancing their land for the future, as well as leaders in the community who have worked to establish conservation programs, build partnerships, and enhance local knowledge.

The Manitoba Watershed Awards are presented through a partnership between the Manitoba Association of Watersheds and Manitoba's 14 watershed districts and are presented in two categories - Watershed District Awards and Watershed District Builder Awards.

This year's Watershed District Builder Award recipients are:

Art Bergmann (Watershed District Builder Award), who built lasting municipal partnerships which are the foundation of the Seine Rat Roseau Watershed District, and helped establish a water retention project which remains among the most impactful projects in the district's history.

Linda Miller (Watershed District Staff Builder Award), who in her 14-year career with the West Interlake Watershed District, established some of their most successful programs (Community Tree Nursery Program, and the Winter Watering System Program).

More information on these recipients as well as the recipients of the Watershed District Awards can be found on our website here: <https://manitobawatersheds.org/awards>

"The work done in watershed districts has a direct impact on water quality for all Manitobans. That's why it's so important to recognize the work being done throughout the province, and to celebrate those who have demonstrated excellence within the watershed district program. The individuals and businesses presented with 2022 Watershed Awards are wonderful examples of how positive change is possible through dedication and community," said Lynda Nicol, Executive Director of the Manitoba Association of Watersheds.

### 2022 Redboine Watershed District Award Recipient: Lucien Lesage



Lucien Lesage, left, and Marshall Piper

The Redboine Watershed District (RBWD) is pleased to present Lucien Lesage with the 2022 RBWD Conservation Award. This award recognizes the outstanding contributions and impact that Lucien has had on our landscape.

Lucien was born one of 20 children on a farm close to Notre Dame. At the tender age of 17, he purchased the grocery store in Notre Dame. Then, with his brothers, jointly purchased the restaurant, lounge and motel. His wife, Mirielle, is a nurse and they have six sons and six granddaughters.

Lucien decided to sell the local businesses and move back out to the farm, partly because he wanted to show his children where their food came from. Now, he and his wife have been on their acreage for 25 years. His operation consists of sheep, hogs, poultry, honeybees and harvesting maple syrup in the spring. He also enjoys his large garden and all the fresh produce. Lucien is the past Chairman of the Manitoba Sheep Association and is involved with the Canadian Sheep Federation.

The Lesage family is always looking for ways to improve their operation to benefit both the farm as well as the environment. His interest

lied with becoming self sufficient, and then being able to provide sustainable and healthy products to consumers.

"Lucien had a long history of involvement as a sub-district member with the Pembina Valley Conservation District and was a leader in increasing the awareness of erosion and other watershed issues in the Roseisle Creek Sub-Watershed," says Justin Reid, RBWD Manager. "He has now brought that enthusiasm and desire to make a difference with him to the Redboine Watershed District."

"He was willing to practice what he preaches, taking 5 acres of pastureland out of production to establish a woodland area to help stop major erosion in a gully on the north edge of his property." - Justin Ried, RBWD Manager

A 5-acre portion of Lucien's farmland is adjacent to a deep ravine that is eroding. Concerned about the loss,

he approached the district for help to establish a shelterbelt that would assist in preventing further erosion.

Lucien was one of the first applicants to Growing Outcome in Watersheds (GROW). Through GROW, he was able to plant approximately 1500 trees of a variety of native tree and shrub species. Because of his hard work and care, the success rate of his planting was nearly 90% even though we were in the middle of an extreme drought summer.

"He's been a great sub-district member, and has volunteered to represent his sub-district on our GROW Committee," Justin says. "His conservation-minded history and his willingness to show people you can make a difference makes him the perfect choice for our 2022 Watershed Award."

The Redboine Watershed District would like to congratulate Lucien Lesage on his commitment to the Boyne Watershed.

### 2022 Pembina Valley Watershed District Award Recipient: Kroeker Farms



Wayne Rempel - CEO, Kroeker Farms

The Pembina Valley Watershed District (PVWD), in partnership with Manitoba Department of Agriculture and Resource Development, is honouring Kroeker Farms with the 2022 Conservation Award. The Conservation Award, in memory of the late Mike Cabernel, is presented each year to recognize an individual, organization, family or business who actively promotes wise farm management and conservation practices.

Since their early days, Kroeker Farms has been working at solutions for soil erosion on potato farms. They wanted to change the mindset that potato farmers were to blame anytime there was dust up in the air during a windstorm. But they also recognized the need to do what they could

to make their farm more sustainable for future generations.

"I do think we have an obligation beyond economics," says Kroeker Farms CEO, Wayne Rempel. "We need to protect and enhance the environment and the precious resource of our soil."

Kroeker Farms planted corn rows and experimented with Jerusalem artichokes as annual barriers, which could trap snow or stop blowing. They would often have potato fields with a strip of corn every few hundred feet. They tested out many potential solutions with a multi-step approach. They aimed to reduce tillage and tried not to have black fields.

Their organic production has put strong emphasis on soil health, and they are more devoted to excellent soil health than they have ever before. This means they have zero tolerance for blowing, although it does happen, and it is sometimes seemingly inevitable.

Through many challenges and setbacks, Kroeker Farms persevered in developing a tree row system that works on their farm. Trees that were once problematic are now an essential part of their farm, especially in their organic production. However, tree rows could still cause large snow drifts, delay planting, reduce wind movement, and encourage disease to form more easily in their organic production.

To help alleviate these issues, they planted mostly fast-growing, hybrid Poplars. In many of their plantings they interplanted with another species which may have more longevity. Kroekers also trim the trees up to 10 or 15 feet high, which means the wind can blow through in summer preventing disease, and they can cultivate close to the tree rows and keep them clean. In winter, when the winds and blizzards come, the snow doesn't get deposited right beside the tree rows but continues through and spreads the snow out over the field, which is a huge improvement.

Kroeker Farms Ltd continues to demonstrate leadership in farm sustainability throughout all areas of their production. Their use of shelterbelts, cover crops, organic production methods and crop diversity show their desire to keep land and water health tied to farm productivity and profit.

Kroeker Farms is being recognized for exhibiting, exemplifying, and executing environmental stewardship practices that will help enhance our environment for future generations to enjoy.

# Canadian Fossil Discovery Centre lays out its plan for the future

Museum presents business plan for new location to local leaders

By Lorne Stelmach

The Canadian Fossil Discovery Centre (CFDC) is not only making its case for a new standalone building but believes it has a solid plan in place that will make it a reality.

The biggest challenge ahead will likely be finding some additional funding sources outside of the federal and provincial governments to help them move forward with what is estimated to be a \$39 million+ project to be located immediately south of the Access Event Centre.

After making a presentation of their business plan to local leaders recently, executive director Adolfo Cuetara maintained they believe they have a plan that is feasible for the near future.

"The last three years was kind of building a good foundation for it ... you need to create a solid foundation for it and work for the sustainability," he said. "It's going to be difficult obviously, but I think it's looking good so far. I think the province has huge support for this project. They are interested."

The plan at this point sees the new facility being supported with 35 per cent contributions from both the federal and provincial governments and the remaining 30 per cent from private donors and other sources.

"We want to get the first injection of money for the campaign from the province. It's easier to find other funders once you've gotten the first



SUPPLIED PHOTOS

The new CFDC will be a \$39 million facility located immediately south of the Access Event Centre.

injection of money," noted Cuetara.

"The challenge is going to be the private part of the campaign. I am confident that the province and federal government will be supporting it," he continued. "We are moving in that direction ... we really want to start working in the direction of the new facility."

"I am thinking it's going to be a good year. I am hoping to have the first approval of funds in the first quarter of this year."

They see the project developing in three stages, beginning with the architectural and design work followed by construction of the building and then further planning and construction of the contents.

"Now we are in position to start a fundraising campaign. We have di-

vided the overall project in three different phases, and we already have started to apply for funds for the first one," Cuetara said in his presentation. "We have applied already for provincial funds ... some interesting announcements will come out in early 2023, and the feedback for this project has been very good so far."

Cuetara laid out their case for a new standalone building that centred around how the CFDC is unique at both the national and international levels as well as how it is impacting the local economy.

He noted 75 per cent of their annual visitors are from outside the community. Currently, the museum draws nearly 7,500 visitors annually—a number that continues to grow every year.

And he noted how the CFDC has continued to build momentum even despite the impact of being shutdown through most of the pandemic.

It is increasingly bringing in federal and provincial grants. In fact, that funding has increased from over \$150,000 in 2020 to \$276,000 in 2021 and over \$504,000 in 2022.

"It is interesting that the CFDC achieved spectacular growth during its more challenging years, while most of the museums in Manitoba and Canada were struggling," Cuetara noted. "It is interesting to note that the centre did quite well during the pandemic, and even improved its economic situation ... that was not the case in most of the museums in Manitoba."

The CFDC also currently has the biggest endowment fund allocation

under the Morden Area Foundation with \$1,916,377, Cuetara added.

He went on to address the question of location for the new building and why they turned away from an earlier plan to locate it near Lake Minnewastota. There would have been a number of challenges there, he explained, including first needing to acquire private land and a new access road with nearly no existing services, and that was even aside from the issues related to being in a natural sensitive area.

"There was a lot of wishful thinking with the previous location ... it was not realistic ... we have to be very careful that it is feasible ... this location [on the event centre grounds] is meeting all of the requirements," he stressed.

There are, meanwhile, many reasons in favour of the location directly south of the Access Event Centre, including not only addressing the lack of space and visibility in the current facility in the building's basement but having a space ready for construction with easy access and available services and parking.

Cuetara sees the new building as being only big enough to accommodate functional spaces for exhibitions and experiences but still able to keep operational costs in a sustainable range.

"We already have all of the services and access ... it has to be inside the City of Morden," he said. "This is probably the only place possible ... so this is the right place. I think the Access Event Centre and the new facility are going to work really well together."



# PVHS Strikes for Strays returns Jan. 21

By Lorne Stelmach

A fundraiser in support of the Pembina Valley Humane Society is making its return this year.

The Pembina Valley Dental Strikes for Strays is back at VB's Entertainment Centre in Winkler Saturday, Jan. 21 from 6-8 p.m.

The bowling event was first held in 2020, and it was a success in raising just over \$4,500 to help with the ongoing needs of the animals and the shelter.

"We had to cancel it the last two years because of COVID restrictions," said Caitlin Parr, PVHS board fundraising chair.

"The response was really great for

the first time around; it sold out for us, so this is an important event for us," she said. "It should be a really fun evening ... and it's a good family event."

The cost is \$150 per five-person team, and there are prizes for such things as highest score, wildest delivery, most flair, and best-dressed team.

Mini-games will be happening all evening as well for more chances to win. Bowlers are also advised to come with an appetite because \$2 from every chippers appetizer will be donated back to the humane society.

Parr noted events like this are vital as fundraisers, but they are equally important in terms of raising aware-



STANDARD FILE PHOTO

Strikes for Strays takes over the bowling lanes in Winkler the evening of Saturday, Jan. 21 in support of the Pembina Valley Humane Society.

ness and getting the community involved and engaged with the humane society.

"Without fundraisers like this, we can't offer the care that we always

hope to offer the animals or take in as many animals as we would like to," said Parr.

You can find more information online at [www.pvhsociety.ca](http://www.pvhsociety.ca).

# Twenty-five COVID deaths in Manitoba first week of year

By Patricia Barrett

Twenty-five people in Manitoba died from COVID in the first week of the new year, according to the provincial government's respiratory surveillance report for Jan. 1-7 (reporting Week 1). The government reported 38 deaths in the last week of 2022.

There were 39 new hospitalizations with seven intensive care admissions for COVID in Week 1. The last week of 2022 saw 111 new hospitalizations with 23 ICU admissions.

There were 125 new COVID infections reported in Week 1. There were 134 new COVID infections reported in the last week of 2022.

Provincial data are an undercount of the true number of infections as the government restricts access to PCR lab testing and rapid antigen tests aren't tracked.

Last year, the government stopped providing in its surveillance reports the names of personal care homes and hospitals with COVID outbreaks.

Manitoba's COVID death toll was 2,369 as of Dec. 31, 2022, according to the federal government's COVID outbreak webpage. Canada, so far, has had a total of 49,566 COVID deaths.

While COVID continues its quest around Manitoba, influenza cases have decreased.

According to the surveillance report, there were 52 new cases of influenza A and zero cases of influenza B in Week 1, along with 12 new hospital admissions.

In total, there have been 2,562 cases of influenza A and two cases of influenza B so far this season, as well as 643 hospital admissions and 54 deaths.

Respiratory syncytial virus (RSV)

increased in Week 1 with 164 new detections.

**Other health news:**

-The World Health Organization's COVID-19 technical lead and infectious disease epidemiologist Maria Van Kerkhove said a rapid risk assessment published on XBB.1.5, an omicron subvariant that has been reported in 38 countries to date, indicates there is no potential change in disease severity as yet.

The report dated Jan. 11 says severity assessments of XBB.1.5 are ongoing and that the subvariant "does not carry any mutation known to be associated with potential change in severity ...." However, XBB.1.5 may contribute to increases in infections.

Because infection estimates are based so far on XBB.1.5's rapid escalation in only one country – the United

States – it's too early to say whether the subvariant will take off in other countries.

There is moderate confidence that the XBB variants, as well as BQ.1, are the "most antibody-resistant" variants to date, states the report.

-The WHO's weekly epidemiological update says there were almost 2.9 million new COVID cases and over 11,000 deaths worldwide from the virus reported over the period Jan. 2-8.

The WHO says infection data is likely an underestimate as countries have changed testing strategies. That has resulted in lower numbers of tests being performed and, consequently, "lower numbers of cases detected."

Globally, there have been over 6.6 million COVID deaths reported as of Jan. 8

# Lieutenant-Governor requests nominations for annual historical award

Submitted by the Office of Lt. Governor

Lt.-Gov. Anita R. Neville is encouraging the public to nominate worthy Manitobans who have provided prolonged and meritorious service in the preservation and promotion of Manitoba history for an award, presented in consultation with the Manitoba Historical Society.

"Since 2011, this award has formally recognized Manitobans who have spent countless hours preserving and promoting the history of this great province for the benefit of us all," said Neville. "I encourage you to recognize an outstanding volunteer in your

community by nominating them for this award."

The Lieutenant Governor's Awards for Historical Preservation and Promotion are presented to those with experience in such endeavours as:

- writing of historical publications and documents;
- stewardship of museums and archives;
- raising of public education, advocacy and awareness;
- committee or community service;
- preservation of historic sites/buildings; and
- art and media.

As the oldest historical organization in Western Canada, founded in 1879, the Manitoba Historical Society (MHS) presents awards to businesses, farms and organizations that have operated for over 100 years, and recognizes important historical books with its annual Margaret McWilliams Awards. It publishes the journal *Prairie History* and operates a comprehensive website of historical information.

The MHS will receive nominations from the public and will recommend up to five individuals to receive awards this year. Two awards will

be reserved for emerging historians (mid-30s and younger). Paid professionals in the field of history and heritage will not be considered. Nominations for 2023 must be received by Friday, April 1. The awards will be presented at Government House later in the spring.

Nomination forms and further details of the award program are available on the websites of the Lieutenant Governor of Manitoba ([www.manitoba-gov.ca](http://www.manitoba-gov.ca)) and the Manitoba Historical Society ([www.mhs.mb.ca](http://www.mhs.mb.ca)).

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Carman Collegiate has busy end to school year

By Ty Dilello

As we make our way to the halfway point of the 2022-23 school year, Carman Collegiate staff took some time to look at some of the highlights to date.

The school year started off with an action-packed September, which included some banner-winning sports teams in both Golf and Track and Field.

"There were plenty of exciting things happening in classrooms as well, which included events such as our Bio students participating in a field trip to St. Boniface Research Centre," said Evan Williams, vice principal at Carman Collegiate. "Our Grade 7/8 students worked on owl pellet dissections, and then we also had some creative projects in ELA classes and a Drama class talent show where students showed off some incredible skills."

The Cougars volleyball teams across the junior varsity and varsity level had a good season, and Mr. Rempel is currently working hard to help develop Grade 7/8 students' abilities in his SPURS program.

"Orange Shirt Day was also a great learning opportunity for all students as we had the Winnipeg Art Gallery put on a display of Indigenous Art-

work," said Williams. "And one of our Grade 7/8 students, Amelia, had the opportunity to perform with a dance team at Disney."

The Cougars boys' hockey team has had a successful season to date, and also helped support Cancer research by wearing pink jerseys and supporting the moustache fundraiser.

As we look ahead to the rest of the school year, there is lots of upcoming fun for 2023 at Carman Collegiate.

The musical theatre group is excited about its upcoming Oliver Twist production. Stay tuned for ticket details on that.

Other things of note include an upcoming Robotics competition in Winnipeg, which was made possible due to the support from the Chamber of Commerce. There is also a skip trip in the works towards the end of winter.

Carman Collegiate's senior band will be performing in Winnipeg later this year. And the Grade 6 students will be participating in an Intergenerational Day at the Active Living Centre.

"Overall, the 2022-23 year has been busy with learning and fun experiences for our students and staff," said Williams. "And we are excited for what is still to come."



STANDARD PHOTO BY EVAN WILLIAMS

The Carman Collegiate girls golf team won the Zone IV banner in October. From left, Keira Krahn, India Young and Shaela Hayward.

## Rosters announced for MJHL-SJHL Showcase

Staff

The Manitoba Junior Hockey League, in conjunction with the Saskatchewan Junior Hockey League, announced team rosters that will compete at the 2023 MJHL-SJHL Showcase Jan. 31 to Feb. 1 at the Seven Oaks Sportsplex in Winnipeg.

Six teams will compete in the showcase event, with three teams from both the MJHL and SJHL. All teams have been selected by the showcase coaching staff of their respective leagues forming one 18U roster and two 20U rosters.

The event provides high-performance exposure in front of NHL, WHL, NCAA and USPORTS scouts. The 2023 edition of the joint showcase is the first in Manitoba and first since 2020 in Regina after both the 2021 and 2022 showcases were canceled due to the global pandemic.

Tickets will become available for purchase online starting on Jan. 17. Walk-up tickets will also be available for purchase starting at 11 a.m. on Jan. 31 at the Seven Oaks Sportsplex.

To view the rosters please visit [mjhl-hockey.ca](http://mjhl-hockey.ca).

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The Carman-Dufferin  
**STANDARD**

# sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

## Pembina Valley in third place

By Lorne Stelmach

Having won four in a row and seven of their last eight games has the male U18 Pembina Valley Hawks closer to the league leaders.

A weekend sweep of a double-header with Norman in Thompson continued their winning run, which has them in third place at 23-6-4 for 50 points. That puts them two points back of Brandon and three behind the Winnipeg Bruins in the standings.

Pembina Valley won 5-1 and 6-2 over Norman after their week had kicked off Wednesday in Morden, where three unanswered first period goals got them on their way to a 6-2 victory over Southwest.

Kam Thomas scored a pair with singles from Jayden Penner, Carter Campbell, Ty Love, and Liam Goertzen, while Bryson Yaschyshyn made 39 saves with the Cougars holding a 41-29 edge in shots on goal.

The Hawks took period leads of 2-1 and 3-1 in game one against Norman while outshooting the Northstars 48-25. Raiden LeGall got the win in net with 24 saves while the goals came from Campbell, Cedrik Robidoux, Marek Miller, Cohen Pilkington, and Sam Delaquais.

Thomas and Sebastian Hicks then



STANDARD PHOTO BY RICK HIEBERT

Southwest Cougars Jayce Thompson looks to tip a shot in front of Pembina Valley's Bryson Yaschyshyn in Wednesday's match in Morden, which the Hawks took 6-2.

both scored a pair of goals to lead the Hawks to the 6-2 victory in game two. Also scoring were Robidoux and Ryder Wolfe, while Yaschyshyn made 18

saves as Pembina Valley outshot their opponents 54-20.

The Hawks have a big opportunity to take down the first place Bruins in

Winnipeg this Wednesday. They then host the fourth place Winnipeg Wild Friday before returning for a rematch in Winnipeg Sunday afternoon.

## Female Hawks drop two to Avros, Selects

### THE S.E.M.H.L. SCHEDULE

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Check [semhl.net](http://semhl.net) for the full schedule!

By Lorne Stelmach

A tough run now has the female U18 Pembina Valley Hawks mired in a five-game losing streak after dropping a pair this past weekend.

The Hawks first fell 7-2 to the Avros in Winnipeg Saturday and were then edged 3-2 by the Eastman Selects Sunday afternoon in Niverville.

The Hawks trailed 2-1 and 5-2 at the intermissions against the third-place Avros, who outshot Pembina Valley 44-36.

Kaylee Franz took the loss with 37 saves while Caitlin Anderson and Gracie Carels scored for the Hawks.

Pembina Valley kept it close against Eastman,

who led 3-1 after 40 minutes and held off the Hawks after they scored once in the third to pull within one goal.

Jessica Anderson and Emma Durand scored for the Hawks while Franz made 22 saves as Pembina Valley narrowly outshot the Selects 27-25.

As they head now into the stretch run, the Hawks appear likely to end up in the bottom group in the standings. They currently sit in sixth place at 5-15-1 for 11 points, 10 points behind fifth-place Eastman.

The Hawks take on Central Plains this Friday in Portage and then the Winnipeg Avros Sunday afternoon in Morden.



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The Dufferin  
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will be creating a  
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Carman and Area book that was  
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We are looking for Past and Present stories about businesses, organizations, families or your own personal story for the town of Carman and surrounding area. If your story was in the first book and you have more to tell, please send us Part 2.

Tell us your Who, What, Where, When and How you came to be or were a part of this community.

If you have questions for the committee or a story, please send an email to either Shirley Snider ([dksnider@mymts.net](mailto:dksnider@mymts.net)), Jane Swanton ([jswan@mymts.net](mailto:jswan@mymts.net)), Mary Ann Johnston ([majohnston775@gmail.com](mailto:majohnston775@gmail.com)) or Lori Keith ([lkeith126@gmail.com](mailto:lkeith126@gmail.com)) by April 1, 2023.

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# take a break > GAMES

## SUDOKU

9					5			
			1	9				
		7		4		3		
	7			3				9
	1	6	7		2			
5	2							
		5					6	
						4	8	
		8	6	1				

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5	6	7	1	2	9	8	3	4
8	7	1	5	3	6	2	9	7
2	9	3	7	4	8	5	6	1
3	7	8	9	1	4	9	2	5
4	5	2	8	6	7	9	1	3
9	1	9	3	5	2	4	7	8
1	3	6	4	9	5	7	8	2
7	2	4	6	8	1	3	5	9
9	8	5	2	7	3	1	4	6

Sudoku Answer

S	K	V	E	P	N	O	T	S	E	V	A	R	
S	I	T	I	N	O	I	S	S	E	C	E	S	
F	E	N	K	H	T	R	E	N	O	I	G		
S	P	E	A	V	A	R	I	N	I				
			B	V	C	T	N	P	A	V			
			S	T	V	C	S	N	I	S	V	B	
U	V	E	R	C	O	H	I	V	A	T	U	B	
U	B	E	C	S	N	V	L	C	V	N	T	U	
C	P	V	S	K	V	O	R	V	C	S			
			D	B	I	V	P	E	D	I	S		
			S	E	B	E	S	S					
			W	T	I	O	T	I			K	N	I
R	E	K	V	T	S	T	E	G	N	V	S	O	T
S	R	E	T	A	P	E	R	E	D	E	O	E	G
S	W	S	B	V	H	V	A	D	I	B	N	U	

Crossword Answer

# CROSSWORD

- CLUES ACROSS**  
 1. Not invited  
 6. Whale ship captain  
 10. One point south of southwest  
 14. Small cavity in a rock  
 15. Recidivists  
 17. City of Angels hoopster  
 19. A way to mark with one's signature  
 20. OJ trial judge  
 21. Rice cooked in broth  
 22. One point east of due south  
 23. One point east of southeast  
 24. Complements an entree  
 26. Grouped by twos  
 29. Disfigure  
 31. Woods  
 32. Political action committee  
 34. Longer of 2 bones in the forearm  
 35. Kin groups  
 37. Philippine Island  
 38. Contrary to  
 39. Bluish-gray fur  
 40. Comprehend the written word  
 41. Natural depressions  
 43. Felines  
 45. Breathe noisily  
 46. Taxi  
 47. Pancake made from buckwheat flour  
 49. Swiss river  
 50. Foot (Latin)  
 53. Have surgery  
 57. Formal withdrawal  
 58. Monetary units of Peru  
 59. Greek war god  
 60. 2,000 lbs.  
 61. High points

- CLUES DOWN**  
 1. Green and yellow citrus fruit  
 2. A bright color  
 3. Thicket  
 4. Journalist Tarbell

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15				16				
17				18									
19				20			21						
				22			23						
		24	25				26			27	28		
29	30						31			32		33	
34					35	36				37			
38				39						40			
	41		42					43	44				
			45					46					
	47	48					49				50	51	52
53						54				55	56		
57										58			
59						60				61			

5. A place to work or relax  
 6. Sharp mountain ridge  
 7. Helicopter  
 8. Mimic  
 9. Suggests  
 10. More musty  
 11. Large, flightless rail  
 12. Make beer  
 13. Soviet Socialist Republic  
 16. People who can account for you  
 18. Taunt  
 22. South Dakota  
 23. Cover the entirety of  
 24. Kids' favorite visitor  
 25. A way to save for retirement  
 27. Fencing swords  
 28. C. China mountain range  
 29. Type of sandwich  
 30. Team  
 31. Paddle

33. Partly digested food  
 35. Most cagey  
 36. Shoppers make one  
 37. Cathode-ray tube  
 39. Food supplies  
 42. Backbones  
 43. Concern  
 44. Blood group  
 46. Broadway songwriter Sammy  
 47. Dutch colonist  
 48. Full-grown pike fish  
 49. Deity of a monotheistic cult  
 50. Type of bread  
 51. S. Nigerian people  
 52. Scottish tax  
 53. Young women's association  
 54. Brazilian city  
 55. Hide of a young animal  
 56. Midway between north and northeast

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## CARD OF THANKS

We would like to thank our family and friends for their compassion, kindness and support in the passing of our Dad, Grandpa and Great-Grandpa Ross Hanks. All the cards, visits, calls and donations were greatly appreciated in our time of loss.

A huge thank you to the staff at the PrairieView Lodge for their excellent care of Dad over the years, to the Wheatland Funeral Chapel for all their preparations and to Rev. Chewe Mulenga for his meaningful service which was held on January 2nd, 2023. Also, a special thanks for your donations to The Heart and Stroke Foundation.

-Wayne (Donna) Hanks, Linda (Landon) Cavers,  
Bruce (Eunice) Hanks and their families

## OBITUARY



Anna Martens

April 11, 1935 - December 15, 2022

Anna (nee Peters) Martens formerly of Elm Creek, Manitoba passed away peacefully on December 15, 2022 at the age of 87 years.

She is survived by her loving husband of 69 years, Henry Victor Martens; seven sons: Henry, Ernie, Rudy (Brenda), Gordon (Robyn), Jesse, Lorne (Norma), Andy, and one daughter, Judy (Alvin); 20 grandchildren and 26 great-grandchildren. She is also survived by three sisters: Mary, Helen and Elizabeth.

She was predeceased by her parents Bernhard and Margaretha Peters of Springstein, Manitoba, five brothers and one sister. A Celebration of Life will be held at a later date.

Your memory will live forever Engraved within our hearts

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## NOTICE TO CREDITORS

IN THE MATTER of the ESTATE of ALAN ROLAND PARKINSON, late of the Village of Elm Creek, in Manitoba, deceased.

All claims against the above Estate, duly verified by Statutory Declaration, must be filed with the undersigned at 14 Main Street South, Box 1670, Carman, Manitoba, R0G 0J0 within thirty (30) days of the date of this publication.

DATED at the Town of Carman, in Manitoba, this 13th day of January, 2023.

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Attention: HARLEY SHEPHERD  
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# Alzheimer's Disease Awareness Month

## What is Alzheimer's disease?

Alzheimer's disease is a chronic neurodegenerative disease that destroys brain cells, causing thinking ability and memory to deteriorate over time. Alzheimer's disease is not a normal part of aging, and is irreversible.

## Alzheimer's disease is the most common type of dementia

Alzheimer's disease is the most common type of dementia, accounting for 60 to 80% of all diagnoses.

However, it's not accurate to say that if a person has dementia, then they have Alzheimer's disease – or that all dementias are a form of Alzheimer's.

While the terms "Alzheimer's disease" and "dementia" are often used interchangeably, it's important to know the difference between the two.

Dementia is not one specific disease. Rather, it's an umbrella term for a set of symptoms caused by physical disorders affecting the brain.

Alzheimer's disease is the most common cause for dementia, accounting for 60-80% of all diagnoses.

Overall, know that Alzheimer's disease is a specific disease, while dementia is a general term for a group of similar diseases, of which Alzheimer's is one.

## What is Alzheimer's disease?

Alzheimer's disease is a fatal disease that eventually affects

all aspects of a person's life – how they think, feel and act.

Each person is affected differently. While it's difficult to predict symptoms, the order in which they will appear or the speed of their progression, there are some warning signs you can look out for.

## Cognitive and functional abilities

A person's ability to understand, think, remember and communicate will be affected. This could impact a person's ability to make decisions, perform simple tasks or follow a conversation.

Sometimes people lose their way, or experience confusion and memory loss. Initially, this happens only for recent events, but eventually affects memory of long-term events too.

## Emotions and moods

A person may appear apathetic and lose interest in favourite hobbies.

Some people become less expressive and withdrawn.

## Physical abilities

The disease can affect a person's coordination and mobility to the point of affecting their ability to perform day-to-day tasks such as eating, bathing and getting dressed.



## Behaviour

A person may have reactions that seem out of character.

Some common reactions include repeating the same action or words, hiding possessions, physical outbursts and restlessness.

## Alzheimer's disease is progressive

Alzheimer's disease is usually described in terms of stages, indicating the severity of the symptoms.

**Early stage:** Symptoms are mild. A person at this stage is fully aware of their condition and only needs minimal assistance, if requested.

**Middle stage:** Symptoms start becoming more noticeable. More assistance will be needed to help the person living with Alzheimer's accomplish daily tasks.

**Late stage:** Once the person reaches this stage, they will eventually become unable to communicate verbally or look after themselves. Quality of care is important to ensure that the person has quality of life.

**End-of-life:** Cognitive decline has progressed to the point where the person needs 24-hour care. The focus shifts to palliative care and comfort to ensure quality of death.

The earlier on in the disease that a person gets diagnosed, the higher the chances are for a better quality of life while having the disease.

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