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Thumbs up to the bike stand

STANDARD PHOTO BY BECCA MYSKIW

Anna Dunn parked herself next to her bike last Thursday in the Carman's new bike parking stands thanks to Carman Dufferin Communities in Bloom.

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Dairy farming: evolving from hands on to screen monitoring

By Becca Myskiw

June 1 was World Milk Day and just another day for local dairy farmers.

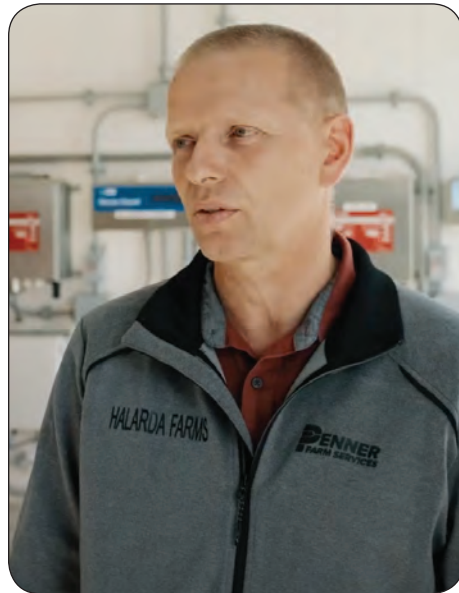
Anton Borst from Halarda Farms of Elm Creek has been milking cows since he was 12. His family moved to the area from Holland in 1984, and his parents brought what they knew to Canada: dairy farming.

Back then, they had a milking parlor for 100 cows. Borst and his family would clean the cow's udder, then manually attach the milking units, and the milk would flow. Today, Halarda Farms milks 1,250 cows — all with the help of robots.

"The milking part is one of the more manual repetitive jobs that there is on the dairy farm," said Borst. "So, having robots to do that...it's made it more possible to manage more cows with less people."

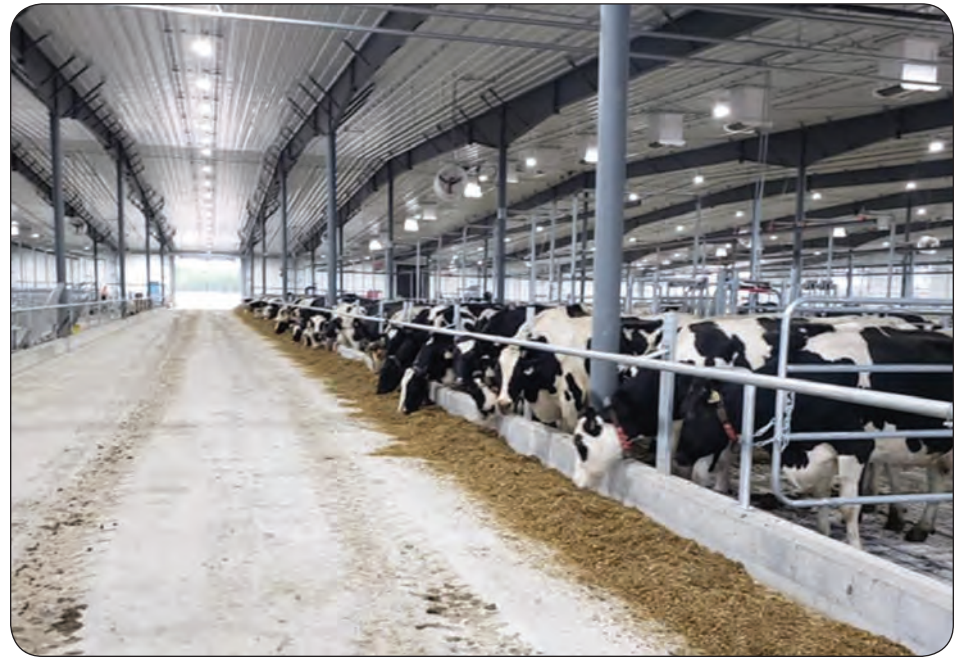
The family built their first barn with robots in 2008 and used the first one in 2009. Today, Borst said from 5 a.m. to midnight; there's always someone in the barn doing something. He's usually at his computer monitoring everything. But those in the barn aren't milking — the robots are.

Each cow has an electronic tag that allows the robot to identify and re-



Anton Borst of Halarda Farms immigrated to Canada in 1984 from Holland and has been a proud dairy farmer since arriving.

cord when the cow enters the milking stall. But the robots do more than gather milk. The robot reads the cow's tag and details the milk quality, quantity, butterfat content, protein levels, somatic cell count (a potential mastitis indicator) and milk temperature. It also records how long it takes for the cow to be milked, how much food



STANDARD PHOTOS SUBMITTED

Halarda Farms milk 1,250 cows daily, 365 days a year.

she ate while in the stall, and more. The robotic arms clean the teats and attach the milking cups on each cow. The cups are removed based on the milk flow from each teat, thereby minimizing over-milking.

Borst said each cow also has a sort of Fitbit that measures their activity and rumination (cud-chewing). So, if a cow is getting sick, an early indicator is the lack of rumination, and their tracker will let Borst know so he can get her healthy again. The milking robots combined with the Fitbit-type trackers have allowed Halarda Farms to manage cow health and production better.

The average cow produces 40 litres of milk a day. They live in well-ventilated barns, lay on water beds, while the space around them is kept clean thanks to another robot.

"Comfortable cows give high pro-

duction," said Borst. "Uncomfortable cows don't."

All milk from dairy farms in Manitoba is sold to the milk board. Each day, Borst's farm sends 50,000 litres of milk, to Winnipeg or St. Claude.

Having this industry in rural communities provides constant economic activity as well, said Borst. It's positive for the population as a whole but also the local population.

Halarda Farms grows their own feed, so they have over 4,000 acres of land to seed, fertilize, and harvest each year. All of their crops are for corn silage, alfalfa silage, or oats and pea silage.

"This is a 365 days a year industry," said Borst. "There are not breaks, the animals need to be taken care of, there's things that need to be done. The food that we produce, it's all basically for human consumption and it's a very needed and steady industry."

Our "Why" Is Our Community

COVID-19 has disrupted our lives for over a year. The virus is real, it has overwhelmed our healthcare facilities, and it has taken precious lives. In our own community, it has cancelled events, shut down facilities, and isolated us from one another.

Now, the end is in sight - but only if the majority of our population gets vaccinated. COVID-19 vaccines are safe and effective, and they are our best tool to fight the virus and end the restrictions.

We have both received the vaccine because we believe it is the best way to protect ourselves, our loved ones, and our community. We want citizens to be able to safely see their friends and family members. We want local businesses to be able to reopen at full capacity. We want to get back to normal.

Please do your part in helping us get back to normal. Book your vaccine as soon as you are able.

Mayor Brent Owen and Reeve George Gray



carmanmanitoba.ca

Homegrown, homebaked and homemade items at Carman Farmer's Market

By Becca Myskiw

The Carman Farmer's Market is getting ready to start and there are a few things to know before it does.

Joyce Nicolajsen, secretary and treasurer of Carman Farmer's Market, said the market is considered a retail establishment, so they have to operate under retail restrictions upon opening. A few of those restrictions include social distancing, wearing a mask, and working at 10 per cent capacity.

The number of vendors that will be at each market is still unconfirmed, but each of them will have to be six

feet apart from each other. Shoppers will have to stay six feet away from each other and the vendors. Nicolajsen said also asks vendors to have only one person staffing their booth at the farmer's market.

If shoppers show up without a mask on, Nicolajsen said they wouldn't be permitted to enter the market. As for the 10 per cent capacity — they'll know what that exact number is on opening day after the vendors are all set up and spaced apart accordingly, then the remaining distance is measured out so shoppers will have six

Continued on page 3

Over \$42,000 in 4-H scholarships announced

By Becca Myskiw

Manitoba 4-H Council Inc. has announced four new scholarships worth \$42,500.

On June 1, the organization announced in a news release saying the scholarships recognize long-serving 4-H leaders.

A \$12,500 scholarship is in honour of Fleurette Geirnaert, part of the Mariapolis-Baldur 4-H Club for 48 years of service. And \$10,000 scholarships each in honour of Rona Kamfoly, of the Ethelbert 4-H Club for 47 years; Rose Taylor, of the Rorketon 4-H Variety Club for 45 years and Margaret Buydens from the Bruxelles 4-H Crew for her 44 years.

The money for these scholarships comes from a \$1 million endowment fund from the Manitoba government. MLA for Midland and minister of agriculture and resource development Blaine Pedersen said they recognize the value 4-H provides for youth across the province.

Eligible applicants have to be current or former 4-H Manitoba members between 18 and 30 years as of Dec. 31, 2021. They have to have been in the 4-H program for a minimum of five years and pursuing post-secondary education.

To apply, students have to write an essay on how their chosen education will enable them to take a future leadership role in agriculture, environmental sustainability, or their community as a whole. They also have to summarize their 4-H and community involvement along with career plans, two reference letters, education records, a biography, and a photograph. A list of applicants will be selected for interviews — with winners being announced Sept. 30, 2021.

“The scholarship program recognizes the value of 4-H Manitoba and its ability to strengthen our communities through the leadership skills developed by the youth in our program,” said Dawn Krinke, executive director

of Manitoba 4-H Council Inc. “We are delighted to be able to award these substantial scholarships to current and former 4-H Manitoba members while, at the same time, honouring some of our longest serving 4-H leaders for their dedication to the 4-H program. These awards will help ease the burden of further education costs and enable current members to continue their studies and allow some former members to resume their education while continuing to enhance their leadership skills.”

Applications can be downloaded at https://4h.mb.ca/wp-content/uploads/2021/05/4-H-Manitoba-Leaders-of-Tomorrow-Scholarship-Fund-Application_2021.pdf, then mailed to the 4-H office in Brandon by email (lbryde@4h.mb.ca) or Canada Post (Scholarship Committee, Manitoba 4-H Council Inc., 1129 Queens Avenue, Brandon, MB, R7A 1L9). The application deadline is July 16, 2021.



Manitoba 4-H Council Inc. announced \$42,500 worth in scholarships.

> FARMER'S MARKET, FROM PG. 2

feet between them on all sides.

Last Friday, 15 vendors selling homegrown and home-baked homemade items had applied to sell their products at the Carman Farmer's Market this year. Some of them are full-time vendors, meaning they'll be at each market, and others are part-time, so they'll only come sometimes.

Though the list has not been finalized, Nicolajsen said people could expect their favourites to show this year. There will be vegetables, baking, crafts, preservatives, woodwork, a honey producer, and a meat producer.

The first farmer's market will be Friday, June 11, and it will continue every Friday until Sept. 10. It runs from 4 p.m. to 6:30 p.m. in the Dufferin Agricultural Society (DAS) building on the Carman Fair Grounds. There will be directional arrows in the hall for people to follow to keep traffic moving in one direction.

Nicolajsen and the team behind the farmer's market ask that only one shopper per household enters the building at a time. Because of the reduced capacity, she also reminds people not to hang around and take up space if unnecessary.

“If there's a lineup outside its only common courtesy to get your purchases and move on, right,” she said. “Especially with limited capacity and we're not sure as of right now what that will be.”

They also ask people to avoid the initial rush at the

market by not showing up right at 4 p.m. People can pre-order from their favourite vendors and pick up their goods at the market as well. Both of those will help with the reduced capacity, said Nicolajsen.

Also, thanks to the Carman Area Foundation (CAF) and the food security initiative in Carman, 12 families requiring assistance for groceries can get some at the market this year. The families are issued vouchers which they can spend at vendors with fresh fruit, vegetables, and meat and CAF pays for it. The Carman Farmer's Market is one of the few in the province with this program.



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Boyne River Irrigators producing french fries Canada-wide

By Becca Myskiw

It's the perfect mash — five local potato growers and one organization.

The Boyne River Irrigators are a collective of five different potato farms in the Carman area. Corduroy Plains, Rivertrail Potato Co., McIntosh Ventures, Kehler Farms, and Kroeker Potato Farms create the group. They all have a demand for irrigating their crops and they are all getting their water from the Boyne River.

Mark Owen, co-owner of Rivertrail Potato Co., said the Boyne River Irrigators have a 20-year history and they're trying to raise more awareness around what they do. They work well together and respect each other enough to hold everyone accountable and ensure they aren't disobeying guidelines.

Together, the five farms have 6,000 acres of irrigated potatoes. Essentially, each grower has specific allocations (monitored by the provincial government) on how much water they can



SUBMITTED PHOTO

The Boyne River Irrigators are spreading awareness about what they do.

take out and at what rate. They each have different pumping sites along the river and from there, the water gets pumped into reservoirs where the water is stored for the year until they're ready to use it.

When irrigating, there are different systems growers can use. Rivertrail Potato Co. mainly uses central pivots, a sprinkler system that frequently applies small amounts of water to an area of the crop. The sprinklers are

on an arm-like rod supported by the middle frame. That is self-propelled around a central pivot point.

Once the potatoes are harvested, most of them go to places like McCain Foods or Simplot in Portage la Prairie, which process them and send them to McDonald's where they're used for French fries. Some of the potatoes also go to supermarkets where people can buy them whole.

Owen said the Boyne River irriga-

tors collectively produce 300 million large servings of fries each year. A big part of why that number is as big as it is is the water they use for irrigation, which significantly affects potato quality.

"A group like us is important because we all sort of have this obligation and desire to make sure that we take care of our natural resources," said Owen. "We're also dealing with the Boyne River, which is an important part of the community. It's a water source for the town; we have this obligation to make sure we're taking care of the wildlife that occupies the river. It's a natural resource of utmost importance, so it's important we work together to make sure all things are being done properly, well, fairly."

The Boyne River Irrigators give back to the community wherever they can. They recently sponsored Carman's Poutine Week, something they're proud to do whenever they can.

This week in review over the past..... 100 years of memories

(This feature will inform readers of a condensed version of events that were in print in the Dufferin Leader from 1921, 1946 and 1971)

June 9, 1921

Union Bank of Canada has a branch in Carman with W.R. Bell as Manager. Other branches in the district are: Elm creek, Sperling, Roland, Rosebank, Morris, Morden, Altamont, Somerset, Sanford, Graysville and sub-agencies in Homewood and Roseisle.

Business Ads

Carmania---"Carmania Chocolates" 75 cents a box Smoker's pipes regular \$.75-\$1.00 on sale this weekend for 65 cents.

J.H. Cochran—Jewellery store. Also issues marriage licences. Wedding gifts for June Brides—Flatware, Sil-

verware, Cut Glass

Carman Electric shop—selling Electric Hoover vacuums. It sweeps as it beats as it cleans.

A pleasing musical program was presented by the pupils of Miss Davison and Miss Aubin in the Memorial Hall, May 29. The program was varied by instrumental solos, duets and trios, alternating with vocal numbers.

June 6, 1946

Dufferin Council Meeting June 4, 1946

It was decided to close the two red bridges across the Boyne River near Graysville and set up 20 m.p.h speed limit signs in the village of Graysville. (Can anyone tell us where these red bridges were?)

A Bank Concert will be held at the

Swimming Hole in Carman on Sunday afternoon June 9, at 2 o'clock.

Graduation exercises at Miami High School were held May 31 in the I.O.O.F. Hall with a large crowd in attendance. Graduates were: Clinton McKerlie, Colin Campbell, Madeline Blight, Erma Godkin, Ken Henderson, Bernice Orchard, Norma Newsom, Kathleen Helliwell, all of Miami and Ethel Bruce of Stephenfield. The exercises were followed by a lunch served to guests in the Miami United Church basement and then a dance in the I.O.O.F. Hall.

June 10, 1971

Miami Elementary School took top honors in the Midland Junior High Track Meet at Elm Creek on June 4.

Elm Creek was a close second followed by Wingham, Carman, Roland and Graysville.

The Couples Club June Windup was held at Graysville School on Sunday June 6. The Club entertained their families and friends with races and ball games. Jim and Frances McCutcheon presented a worship service with an outdoor theme. A picnic supper was enjoyed by 140 people.

Greg McCullough, son of Mr. & Mrs. Alan McCullough of Carman, graduated with a Bachelor of Science Degree, majoring in Geology.

Edwin W. Driedger received his Bachelor of Science Degree in Physics and Mathematics. Edwin is the son of Mr. & Mrs. Henry Driedger of Roseisle.

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New candidate in Portage-Lisgar running with PPC

By Becca Myskiw

The People's Party of Canada (PPC) has a new candidate representing Portage-Lisgar for the 44th federal election.

Solomon Wiebe was officially acclaimed as the PPC candidate for the riding on May 11. He said he doesn't have a political background, but he knows his people and what they want.

Wiebe grew up on a farm outside of Morris. He said the COVID-19 pandemic has shown him that there are many things the people want that they aren't getting.

"People don't feel represented by the government a lot of times," he said. "I think I could do a good job in letting their concerns be heard and make concrete changes."

Those concrete changes start with making sure people are counselled before the government in power

makes changes. For example, Wiebe said people should be allowed to make their own choices regarding going to church and visiting family members.

"This is my way of doing something about it other than complaining on social media or to my neighbour or yelling to the sky," he said.

He's running with the PPC because they, he said, give the most chance of change. He said they aren't motivated by money or special interests and they're known enough to reach voters. It's also a grassroots thing for Wiebe. The people in his riding are his neighbours — he's lived with them all his life and knows what they need.

Some of those things, he said, are affordable housing, lower carbon tax, and controlled immigration.

The PPC has four core values, each of them things Wiebe stands for:

fairness, freedom, respect, personal responsibility. He's running for the freedom to visit your grandkids or the freedom to choose not to wear a mask and fairness in consumption of the people's tax dollars. Respect and personal responsibility go hand in hand for Wiebe. He said people are capable of informed decision-making and independent thinking.

"We don't need the government to be our parents," he said.

The next federal election has not been called yet, so Wiebe focuses on raising awareness around himself and his party. He's hopes habitual voters will "realize there is a better option," and everyone will realize politics do affect their lives.

"I want to make Canada a great place to do business and a great place to live," he said.



PHOTO SUBMITTED

Solomon Wiebe will act as the official representative of the People's Party of Canada (PPC) locally and will represent the PPC in the upcoming election.

COVID-19 case numbers improving gradually

By Ashleigh Viveiros

Manitoba's daily case counts appear to be on a downward trend, though health officials warn we're not out of the woods just yet.

The province on Monday reported 169 new cases of COVID-19 and two deaths.

That's a far cry from the heights of just a few weeks ago, which saw a record 603 cases in one day mid-May. By contrast, the average daily case counts for the first seven days of June was 265.

"Our day-to-day case numbers continue to gradually improve over time," chief provincial public health officer Dr. Brent Roussin said Monday afternoon. "However, our health care system is still struggling. We still have a ways to go in that regard."

"We have too many people in hospital right now that are requiring care. Too many people in ICUs both in Manitoba and in other provinces."

At press time, 344 Manitobans were hospitalized with COVID-19, including 308 in Manitoba. There were 66 intensive care unit patients in Manitoba and another 36 at ICUs Ontario, Alberta, and Saskatchewan.

"Manitobans have been working hard to address this," Roussin said. "By staying home as much as possible we've been able to start breaking some transmission chains and start seeing some of these numbers coming down."

"By getting vaccinated, Manitobans

are making a difference, decreasing the risk for themselves, the people around them, and all Manitobans."

Everyone over age 12 is eligible for the COVID-19 vaccine. On Monday, those who received their first dose on or before May 1 were eligible to book their second shot. Appointments can be made online at protectmb.ca or by calling 1-844-626-8222.

Manitoba started the work week with 3,962 active cases of the virus and 47,880 recoveries. A total of 1,077 Manitobans have died due to COVID-19. Monday's five-day COVID-19 test positivity rate was 11.9 per cent provincially and 12.7 per cent in Winnipeg.

In our region, Southern Health-Santé Sud as a whole was reporting 334 active cases and 6,335 recoveries. There were 62 people hospitalized with the virus, 11 in ICU. The number of deaths in the region is at 167.

In the Pembina Valley, Winkler on Monday still led the way in cases with 68, followed by Morden (22), Carman (21) Altona area (18), Morris (10), Red River South (9) Roland/Thompson (7), Lorne/Louise/Pembina (6), Grey (5), MacDonald (3), Stanley (2)

An outbreak at Winkler's Salem Home personal care home was declared last week, with two residents and one staff member testing positive for the virus.

The care home noted in a letter to families that contact tracing shows the

resident contracted the virus through a visitation shelter visit. The visitation shelters are no longer open to the

general public; only designated family caregivers are allowed to visit.



Book your COVID-19 vaccination at ProtectMB.ca



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Minister Pedersen – end of spring Legislation session summary

On June 1, the spring session of the 42nd Legislature concluded and featured some of the most robust changes in our province's history.

Our government passed a record 65 bills that focus on protecting Manitobans while sustaining economic growth and recovery during this pandemic. As your MLA for Midland and Minister of Agriculture and Resource Development, I am proud to share a few initiatives and programs from this year so far.

We recently mailed out the Education Tax Rebate cheques which provides \$250 Million in rebates and tax relief to owners of more than 600,000 properties. In 2021, home and farm owners will receive a 25 percent rebate, which will increase to 50 percent in 2022. Other property owners will see a 10 percent rebate this year.

The 4-H Program has a 107 year history of successfully providing opportunities for Manitoba youth to increase skills ranging from leadership, communication and confidence to agriculture, science and environmental sustainability. This year our government has continued its long term commitment to supporting youth skills development and the importance of post-secondary education through a \$1 million endowment to the Brandon and Area Community Foundation to establish the Manitoba 4-H Leaders of Tomorrow Scholarship Program. These scholarships will be offered through and administered by the Manitoba 4-H Council. This year, the Leaders of Tomorrow Scholarship Program will offer one scholarship of \$12,500 and three scholarships of

\$10,000 for a total of \$42,500. I encourage those who are eligible to apply by visiting <https://4h.mb.ca>.

Our government successfully passed Bill 62: The Animal Diseases Amendment Act, and Bill 63: The Petty Trespasses Amendment and Occupiers' Liability Amendment Act. These two pieces of legislation are critical for agricultural producers across the province when it comes to dealing with trespassing and maintaining biosecurity and the integrity of our food system.

Considering the dry conditions our province has endured this spring, our government issued a bulletin in May, outlining the programs, tools and resources available for crop and livestock producers affected by dry conditions. We will continue to provide updated tools and resources on our web-site on managing dry conditions. Forage coverage has been enhanced in 2021 with the introduction of individual productivity indexing for silage corn and an increase to the transportation allowance included in forage insurance and the Hay Disaster Benefit. The deadline to enroll for AgriStability has also been extended to June 30.

Our government recently launched online public engagement to seek input for changes to Manitoba's angling regulations, which are outlined in Manitoba's Recreational Angling Strategy. Please check <https://engagemb.ca/angling> to give your input on these changes.

Our government recently announced a \$1 million dollar investment to fund activities, projects, and



Blaine Pedersen, MLA for Midland

studies that will support the development and implementation of Manitoba's new provincial water management strategy. This new water management strategy will focus on conservation of wetlands, enhancing resiliency, improving water quality, managing nutrients, protecting biodiversity and sustaining economic development. The recently established oversight committee, led by the Enterprise Machine Intelligence and Learning Initiative (EMILI), will be spearheading the important work of managing this critical resource for generations to come.

The pandemic has impacted all aspects of our lives, vaccinations are proving to reduce hospital admissions, which is key to returning to some resemblance of normalcy. Get vaccinated, and encourage others to get vaccinated, so all of us can enjoy a Manitoba summer. Stay Safe.

Pembina Valley RCMP investigate fatal collision

Staff

Morden RCMP responded to a three-vehicle collision on Hwy. 3 near Road 15N, in the RM of Stanley on June 4, at approximately 1 p.m. Preliminary investigation indicates a semi-trailer going south, collided with a semi-trailer going north. The collision caused the northbound semi-

trailer to collide with an SUV. The northbound semi-trailer and SUV, entered the ditch and caught on fire. The driver of the SUV, a 65-year-old male from Winnipeg, was pronounced deceased at the scene. The passenger, a 63-year-old female from Winnipeg, was taken to hospital with non-life threatening injuries. The driver of the

northbound semi-trailer, a 40-year-old male from Carman, had minor injuries. The driver of the southbound semi-trailer, a 53-year-old male from Winnipeg, was not injured. Pembina Valley RCMP along with the Criminal Collision Investigation Team and a Forensic Reconstructionist, continue to investigate.

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Winkler clinic launching cardiac rehab program

By Ashleigh Viveiros

The C.W. Wiebe Medical Centre is planning to make the most of the new Meridian Exhibition Centre when it's finally able to reopen to the public.

The Winkler clinic is gearing up to run a cardiac rehab program out of the MEC, making use of the facility's walking track, exercise equipment, and meeting spaces.

There's been a need for such a program in the area for years, says clinic manager Jim Neufeld.

"Patients that are post heart attack or some other heart event, the provincial program directs them to the Reh-Fit Centre in Winnipeg," he explained. "The individuals that partake in that,

generally what we end up hearing is that they see lots of value in it ... but the barrier of having to drive in two, three times a week—we see people do it for a couple of weeks and then not as often and then not at all."

The opening of the exhibition centre coupled with the addition of several key clinic staff members (including a kinesiologist) made it finally feasible to try to offer a similar rehab program here—one that participants will hopefully find it easier to stick with through the entire six-week run.

"It's copied very much off of what goes on at a Reh-Fit Centre," said Neufeld. "Obviously we don't have the same resources and the same type

of capacity that they have, but the program itself is quite similar."

Participants will go twice a week, two hours each time.

"Each session will involve about an hour of education," Neufeld explained. "So it could be from a pharmacist or a doctor, a dietician or a mental health worker providing an education piece on recovering from a heart event.

"And then an hour each time would be of supervised, physical activity designed and coordinated with the kinesiologist."

Cardiac patients will receive a referral to the program as they are discharged from hospital, though recent patients are also encouraged to reach

out to their primary care provider if they feel they might be a good fit for it.

This first round of classes is a pilot session to see how it goes. Neufeld said they would ideally like to offer it several times a year, with space for about 10 participants each time.

The plan is to begin the first session June 15, though Neufeld noted they may have to run at least part of it online if the exhibition centre is still closed due to public health orders.

"We have developed a virtual version of this, so we will run some sort of program in this first time slot regardless," he said. "And then just build from there when the situation changes."

Crown lands available for haying by livestock producers

Submitted by Manitoba government

Manitoba Agriculture and Resource Development advises that due to dry conditions in parts of the province over the past few years, livestock producers will temporarily be allowed to cut hay on Crown lands not normally designated for agricultural use.

Under certain circumstances, non-

agricultural Crown lands can be made available for agricultural use. The Agricultural Crown Lands Leasing program will administer the use of available land and provide necessary permits.

This year, the department has proactively posted a list of lands available on the website that will be allocated

by draw on June 11 including unallocated ACL forage lands. After further review, additional land has been made available. This additional list is now posted with an allocation draw date of June 21. The available lands can be found at www.manitoba.ca/agriculture/land-management/crown-land/.

For more information, contact the Agricultural Crown Lands Leasing program at 204-867-6550 or a local Agricultural Crown Lands District Office. A listing of offices can be found at: www.manitoba.ca/agriculture/land-management/crown-land/agricultural-crown-lands-district-offices.html.

Protection and additional dollars for safe schools as pandemic continues

Submitted by Manitoba government

The province is allocating \$58 million in new funding for the 2021-22 school year to ensure continued pandemic protection for schools and toward resources to support the mental health and well-being of students and staff, Education Minister Cliff Cullen announced last Thursday.

"We want to ensure the classroom environment continues to be as safe as possible while making focused investments to address the learning impacts of the pandemic," said Cullen.

Investments for next school year include:

- \$40 million for the per pupil allocation to school divisions and independent schools for additional staffing, learning and technology, and health and safety;
- \$6 million for potential costs for PPE;
- \$5 million for the Kindergarten to Grade 8 Remote Learning Support Centre for students who are medically compromised; and
- \$7 million in contingency including a \$5-million recovery learning fund.

The recovery learning contingency fund will be used to address the impacts of the pandemic on student learning. It will support several streams including:

- mental health and wellness,
- literacy and numeracy,
- planning and assessment,
- student engagement, and
- professional learning.

The Kindergarten to Grade 8 Remote Learning Support Centre will support students requiring medical accommodations and not able to return to in-person classes. The centre, operated by St. James Assiniboia and Pembina Trails school divisions, will employ teachers, clinical staff and technical support to provide remote learning for 1,000 students.

For the current school year, the province is projected to invest up to \$170 million by the end of June including \$85 million in federal contributions, the minister said.


"The funding provided during the last school year was effective in protecting students and teachers by keeping schools as safe as possible and open for in-class learning," said Cullen. "This round of funding builds on that success to ensure schools are safe next school year and will support costs associated with meeting any public health measures."

Manitoba Education is working with education stakeholders and public health officials to ensure teachers and

students are supported as they continue to teach and learn during this global pandemic. It is anticipated there will be some level of public health measures for fall 2021 and the types of measures in the fall will be dependent upon vaccination rollout, the minister added.

A strong vaccination campaign for 12 years and older is underway designed to prepare students to return to full-time, in-class learning. For more information on young people and vaccinations visit www.gov.mb.ca/covid19/vaccine/young-people.html.

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Community Futures assists rural businesses impacted by COVID-19 through the Regional Relief and Recovery Fund (RRRF).

Apply before June 30, 2021, for business loans up to \$60,000 with up to \$20,000 forgivable.

GPAC Fine Arts Scholarship deadline extended

By Becca Myskiw

Golden Prairie Arts Council (GPAC) is encouraging local creatives to apply for their scholarship.

In 1992, the \$250 scholarship was made to support graduating students pursuing fine arts in post-secondary. But Desiree Penner, executive assistant and curator at GPAC, said “the arts” is so much more than a paintbrush on canvas. Eligible students have to be in GPAC’s catchment area — the RMs of Grey, Dufferin, Thompson, or Roland — and going into ceramics, acting, art history, dance, conducting, fashion design, journal-

ism, music, interior design, photography, architecture, theatre, floral design, multimedia design, graphic design, and more. Along with applying for high school graduation, local students also have the opportunity to apply for this scholarship twice while in post-secondary school. It’s open to students at any level of their education past high school, so the recipient does not need to be a graduating high school student.

They can also be a permanent resident of the area planning to return to post-secondary as a mature student.

Penner said scholarships like this

one are significant because the fine arts is a wide-ranging field that’s often overlooked.

“At the base of every civilization, art is always integral to it,” she said. “This is our way of assisting to support some students who are interested in pursuing the arts.”

The scholarship application deadline is typically at the beginning of June, but because 2021 has been “such a strange year,” GPAC has extended the deadline to June 17. To apply, go to www.goldenprairieartscouncil.com, click on the “Artist Opportunities” drop-down and go to “GPAC

Scholarship.” There, they can print off the application form. Along with the form, applicants have to include work samples (paintings, dance videos, writing, photos, etc.), two written references, and proof of acceptance into their fine arts program. Once everything is ready to go, Penner said the easiest way to submit is by dropping it off at GPAC or emailing it to gpcac@carman-dufferin.com. The organization is open but not to the public, so if dropping it off in person, Penner said to let them know ahead of time, and they’ll arrange to do a sort of curbside drop-off.

Province reaching out to the vaccine-hesitant

By Ashleigh Viveiros

Manitoba’s COVID-19 Vaccine Implementation Task Force has reached out to community leaders in southern Manitoba to discuss the vaccine hesitancy prevalent in the some local communities.

“We have had some really encouraging meetings with a large number of community leaders who want the best for their communities and want to work with us to figure out how best they can reach out to their communities and be that support and that example,” Dr. Joss Reimer, task force co-lead, said last week.

“But this is going to be a long haul. We’re not expecting that, after a few presentations or connections, that we’re going to see a sudden tip and a huge increase in uptake in those areas,” she continued. “This is about relationship building. This is about trust. This is about people feeling that their questions are being answered.”

A number of different outreach methods are being explored, Reimer said, pointing in example to a recent video released by Winkler Mayor Martin Harder and Dr. Don Klassen encouraging people to get vaccinated.

“Dr. Klassen, being in Winkler for I think 40 years at this point practising, and is well respected in that community ... [he’s] going to have more of an impact on the community than the government could ever hope to have, because he is that known and trusted voice,” she said. “So we’re absolutely encouraged [by these types of efforts], but we also know this is going to take a lot of effort and a long time.”

Connecting not only with municipal leaders but church leaders as well is key to the push to get credible information out into the communities, Reimer noted, adding in some cases there are also language barriers that must be overcome.

“Providing some materials as well as trusted voices in those languages could be really helpful as well in increasing the confidence that people in that area feel in regards to this vaccine,” she said.

As people learn more about the vaccine and see more of their friends and neighbours safely getting it, it’s expected many of those who were at first reluctant to get vaccinated will begin to feel more comfortable doing so.

“When it was brand new, when people had never heard of mRNA

technology—even though it’s been around for 20 years we certainly never talked about it publicly very much—it felt very foreign and scary to a lot of people,” Reimer observed. “But as they’ve seen their friends and family members, their health care providers receive the vaccine with good results, there’s a lot more people feeling more confident in the vaccine.”

She stressed that even in areas with low vaccine uptake right now, most people are not necessarily anti-vaccine.

“The vast majority of the people who have not yet been vaccinated are those who have questions about the vaccine,” Reimer said. “So they’re not against it, they just don’t feel the confidence yet in this vaccine.”

“I do anticipate that, even if we didn’t do any outreach into these areas at all, that we would see a continuous trickle of people from those communities feeling more and more comfortable with the vaccine as they’ve seen how it’s impacted the rest of Manitoba.”

“We want to boost that trickle to become a stream of people coming in, because the last thing we want is for there to be a pocket of people in southern Manitoba who are still susceptible and continue to see infections and continue to see their loved ones in the hospital.”

“So we will work hard to support the community leaders as best we can.”

Manitoba, as a whole, is predicting it will see 70 per cent of eligible people (anyone age 12 and older) vaccinated with the first dose of the vaccine by the end of the month.

Second-dose appointments are also underway. At press time, anyone who had their first dose on or before May 1 was eligible. Head to protectmb.ca for the latest eligibility requirements and to book your appointment.

Honouring Carman businessmen



PHOTO SUBMITTED

Businessmen retirement honorees in 1976, back row: Elvin Chase (Chamber president), Elvin and Mossy Swanton (Swanton Seed Service 1956-73), Frank Harris (Harris’s Clothes Shop 1924-1964), Art Hand (A.J. Hand Agencies 1951-72) and Chamber member Horace White; front row: Jessie Swanton, Winnie Swanton, Isabel Harris and Verla Hand.

It's as simple as ABG: COVID variants get new names to avoid stigmatizing countries

By Patricia Barrett

The World Health Organization (WHO) announced last week it's renaming COVID-19 variants in order to prevent backlash against countries where the variants were first detected.

The WHO is using letters of the Greek alphabet to rename existing variants of the virus and future mutations that get designated either variants of concern (VOC) or variants of interest (VOI).

Variants of concern and variants of interest are classed differently depending on how they behave.

A VOC affects diagnostics, treatments and vaccines. It shows a decreased susceptibility to therapies and significantly decreased neutralization by antibodies. It also shows evidence of increased transmissibility and disease severity and reduced vaccine-induced protection from severe disease, according to the U.S. Centers for Disease Control and Prevention. A VOI, on the other hand, has genetic markers which are predicted to affect transmission, diagnostics, therapeutics or immunity. A VOI can have caused outbreak clusters but has limited prevalence.

For ease of identification, world leaders, public health commentators and the media have used descriptors, or a combination thereof, to name variants, including the country where it was first detected and the variant's Pango lineage. Pango is a scientific naming scheme based on letters, numbers and dots, which indicate a descendent or ancestor of the original strain (e.g., B.1.1.7), and which are sometimes not provided by media (e.g., B117).

The WHO is encouraging everyone to start using its new naming system.

"While they have their advantages, these scientific names can be difficult to say and recall, and are prone to misreporting. As a result, people often resort to calling variants by the places where they are detected, which is stigmatizing and discriminatory," states the WHO in a May 31 news release. "To avoid this and to simplify public communications, WHO encourages national authorities, media outlets and

WHO label	Pango lineage	GISAID clade/lineage	Nextstrain clade	Earliest documented samples
Alpha	B.1.1.7	GRY (formerly GR/501Y.V1)	20I/S:501Y.V1	United Kingdom, Sep-2020
Beta	B.1.351	GH/501Y.V2	20H/S:501Y.V2	South Africa, May-2020
Gamma	P.1	GR/501Y.V3	20J/S:501Y.V3	Brazil, Nov-2020
Delta	B.1.617.2	G/452R.V3	21A/S:478K	India, Oct-2020

STANDARD SCREENSHOT WORLD HEALTH ORGANIZATION

The WHO renamed COVID variants of concern (shown here) and variants of interest to avoid stigmatizing countries where they were first detected.

others to adopt these new labels."

The most egregious example of COVID stereotyping was made by former U.S. President Donald Trump, who repeatedly referred to the original strain as the "Wuhan" or "China" virus.

The first four letters of the Greek alphabet, Alpha, Beta, Gamma and Delta, have been given to the first four VOCs that are currently prevalent. Other letters of the alphabet have been assigned to VOIs.

The renaming for variants of concern is as follows:

Alpha: Kent or U.K. variant or B117

Beta: South Africa variant or B1351

Gamma: Brazil variant or P1

Delta: India variant or B16172

The renaming of variants of interest is as follows:

Epsilon: U.S.A. variant or B1427/B1429

Zeta: Brazil variant or P2

Eta: multiple countries variant or B1525

Theta: Philippines variant or P3

Iota: U.S.A. variant or B1526

Kappa: India variant or B16171

The WHO said it consulted with experts from around the world before renaming variants and reviewed other possible identification systems.

Like all viruses, COVID has mutated and produced new strains. They help the virus adapt and survive in new conditions. They are carried around the globe by travellers.

Variants are given names to help other countries prioritize their monitoring and research capabilities or to warn them of their possible rise and determine responses to them.

COVID has infected over 171 million people around the world and has killed almost 3.7 million (data: World Health Organization COVID-19 Dashboard, June 4).

Building capacity at the local COVID-19 vaccination super site

By Ashleigh Viveiros

Amidst a concentrated push from public health officials and area leaders to encourage people to get their COVID-19 shot, some locals are wondering why it still takes weeks to book an appointment at the Morden super site.

Morden-Winkler MLA Cameron Friesen, who is served as health minister before taking on the justice portfolio earlier this year, explained to the *Voice* last week that it's a matter of logistics.

"Since it's opened that site has always been open on a regular basis, but not seven days a week," Friesen acknowledged, pointing out that's the case with the other rural super sites as well.

While the site is open well into the evening to better accommodate people outside of business hours, opening it more days a week comes down to a lot of other factors, Friesen said, including vaccine supply, the size of

the catchment area, and estimates on how busy the site is going to be on any given week.

"Those calculations are not one time but they are ongoing," he stressed. "As the demand increases, as allocation increases from the feds, then we have the ability to add more appointments ... we have the ability to maximize the workforce."

When it comes to the workforce, Friesen points out they must also be careful not to pull too many health care workers to the super site who may be needed elsewhere.

"Right now, at the height of the third wave, with our Boundary Trails Health Centre incredibly busy ... it's really important that we're not just addressing the needs of the vaccine super site for staff, but we are addressing the needs of our regional hospital for staff.

"It's a balancing act," Friesen said of the entire system, noting the provin-

cial vaccine task force keeps a careful eye on every part of that system as it figures out how best to allocate resources on a daily basis.

"You could move all kinds of vaccine to this site but there has to be careful planning and preparation to ensure that that can be used," he said. "Once you move vaccine to a site, you cannot redistribute it."

When asked for further comment on the super site's hours, a provincial spokesperson echoed Friesen:

"Available vaccine supply ultimately determines days and hours of operation," they said. "If there is no vaccine on hand, we cannot book appointments."

They further pointed out the Morden super site was scheduled to be open nine out of 11 days at the start of June, open June 2-5 and June 9-14.

"Confirmed additional dates for the Morden supersite will be announced

in coming weeks," they said.

The site is currently averaging 800-840 vaccinations a day. Since it opened in late March, 24,305 people and counting have received their COVID-19 vaccination there.

Friesen noted the province is also working on reaching out in new ways with the vaccine, including through pop-up clinics such as the one held at Triple E/Lode King in Winkler last Thursday.

"That represents a leap forward from our vaccine implementation task force," he said. "And I think it represents the benefit of these conversations taking place between doctors, system leaders, Southern Health, the vaccine task force, and community leaders to talk about how do we reach people in greater numbers? "Those conversations are going on ... and it's good to know that they are bearing fruit."

Local schools honour residential school victims in the classroom

By Becca Myskiw

Schools in the community are honouring the 215 Indigenous children whose remains were found at the former residential school in Tk'emlúps te Secwépemc near Kamloops, B.C., also known as the Kamloops Indian Residential School.

Over the Victoria Day weekend, ground-penetrating radar found a mass grave on the Kamloops Indian Residential School site. It was one of the largest residential schools in the country, operating from 1890 to 1969 and officially closing in 1978.

Until recently, the Truth and Reconciliation Commission confirmed 51 deaths at the school from 1914 to 1963. Sadly that number has since risen to 266 after the remains of 215 undocumented children were found on May 27.

Residential schools were in operation in Canada from the 1870s until the 1990s, when the last school closed in 1996. The federal government and Catholic church created to assimilate Indigenous culture and replace it with the European one. Children were separated from their parents, taken to the schools, stripped of everything, down to their language, then taught by church-run staff, facing physical and sexual abuse, malnutrition, and disease. 4,100 deaths were documented in residential schools, but many speculate the number to be much higher.



The map the Grade 3 class at Carman Elementary Grade 3 students studies a map showing each residential school in Canada.

Canada honours residential school survivors with Orange Shirt Day, a day named because a girl went to a residential school with a brand-new orange shirt given to her by her grandma, and it was taken away from her. Teachers at Carman Elementary wore their orange shirts last Monday in honour of the findings in Kamloops.

Along with that, they incorporated more Indigenous education into the classrooms last week. Vice-principal Pat Hamm said each teacher found a way to teach their class about what happened. The Kindergarten class talked about how the children had no choice, then went to look at the school flag flying at half mass and learned what it meant.

"They were told this is something that happened a long time ago," said Hamm. "It doesn't happen today, but we have to remember when mistakes are made to people. We want them to understand it's not happening today, but we do need to fix our problems."



STANDARD PHOTO SUBMITTED
Roland School students went outside Thursday to honour the 215 children whose remains were found last week in Kamloops.

Carman Elementary's Grade 3 class looked at a map of where each school was; the Grade 4s worked on their Indigenous education unit, looking more closely at the seven teachings and 13 moons. The Grade 5s talked about the influence Indigenous Peoples had pre-confederation.

"It's always an important part of our history to recognize the harms of our past," said Hamm. "Our students need to know about our history whether it's all good or bad. Kids are more resilient and adaptable; they learn this is something that happened in our past. We've heard our political leaders apologize — we need to help them understand why those apologies happened."

Roland School also honoured the 215 children by participating in a variety of Indigenous education-based activity stations. They reflected throughout the week on how every child matters and learned more about the residential schools. They participated in daily moments of silence, were encouraged to wear orange, and attended a Prairie Rose School Division (PRSD) virtual smudge to honour

all residential school victims.

Last Thursday, the students moved through five teacher-led stations: Every Child Matters Orange Heart, a virtual Pow-wow and Anishinaabe language lessons, Indigenous story time and music with orange shirt artwork, a sharing circle, and cooperative games on inclusion and teamwork.



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Motorcyclist says safety is everyone's responsibility

By Jules Stevenon

As a motorcyclist, taking precautionary measures even before going on the road could save your life, says Rudy Ens, owner of Gaslight Harley-Davidson Sales in Morden. He says taking a driver's training test gives motorcyclists the basic knowledge they need to ride safely.

Once road ready, motorcyclists also need to gear up properly. Black leather or durable synthetic materials keep motorcyclists protected, and can prevent road rash and other injuries in case of an accident.

"Protective gear is super important. That's why bikers look the way they do, it's not to portray a certain image, it's to be protected," said Ens.

When on the road, Ens said driving defensively is key. Being aware of all other motorists and predicting what they could do next helps keeps motorcyclists prepared for any danger that might come their way.

"Never take anyone for granted. In other words, you're coming through an intersection and there's a car in the intersection, never take for granted that they see you coming, because they might just pull out right in front of you," he said.

Ens said other motorists need to be aware of motorcyclists too.

"Quite often, drivers forget that motorcyclists are part of the road. One of the big reasons for motorcycle accidents is motorcycles get caught in a driver's blind spot."

Besides being visually aware of motorcyclists, Ens says listening for them can also save lives.

"In the biking world, there's something that we think is very important, and that's that loud bikes save lives. Part of keeping a rider safe is the sound, because if you didn't see them in your blind spot, you hear them," says Ens.

Wildlife can also be very dangerous to motorcyclists, especially deer.

"You know how sometimes you'll try to pass someone in the middle of the doorway, and you go one way, and the person goes the same way? I've had that happen to me with a deer," he said.

The deer was right in his headlights and kept moving in the same direction as him.

"We missed each other, but it was so close I could have touched the deer when I went driving by," says Ens.

Close calls like this are important to



STANDARD PHOTO BY GWEN KELLER

Gaslight Harley-Davidson Sales owner Rudy Ens reminds motorists of the importance of safety.

talk about, as they might help protect other motorcyclists.

Ens runs what he calls an 'Old time motorcycle dealership.' He started the business in 1972 and has been an authorized Harley Davidson dealership since 1977. A motorcycle enthusiast his whole life, and been riding since

1962.

"We love this game. It's an occupation that I seem to never get tired of. Motorcycles are not a necessity to life, so it's just part of what makes it enjoyable. The people we deal with are mostly happy people, wanting to have fun on a motorcycle," says Ens.

FATHER'S DAY
June 20, 2021

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A gift for every type of dad

If you're wondering what to get your dad for Father's Day, it's a good idea to consider his hobbies and interests. Here are some suggestions for different kinds of dads.

THE MOVIE BUFF
If space permits, your dad might appreciate a vintage film projector or studio lamp. Alternatively, consider getting him a movie-themed trivia game, a scratch-off poster or a collectible figurine from his favourite flick. There are also many great reads about film history and culture.

THE CHEF
One way to impress a dad who loves to cook is by spoiling him with new kitchen accessories. Consider buying him a quality cutting board, Japanese chef knives, barbecue utensils or a new apron. If your dad has a green thumb, another option is to get him potted herbs he can grow outside or in the kitchen.

THE COLLECTOR
If your dad is a stamp enthusiast, he'll likely appreciate a magnifier to help with identification or a UV lamp to assist with observing phosphorescent markings. For

the father who collects coins, consider getting him a rare or commemorative piece, a specialized storage album, a magnification loupe or a cleaning bath for his coins.

THE OUTDOORSMAN
The dad who enjoys spending time in nature is likely to welcome getting a set of hiking poles, an engraved compass, a pair of waterproof binoculars or a wilderness survival handbook. Alternatively, check to see if some of his camping, hunting or fishing gear could use an upgrade.

THE MUSIC LOVER
For the dad with a passion for music, buy a water-resistant portable speaker, wireless headphones or a guitar pick maker. Alternatively, get him a music-themed keepsake such as a wall clock depicting his favourite band, drink coasters that look like CDs or records, or cufflinks shaped like a treble clef or the instrument he plays.
For more Father's Day gift ideas, visit the specialty stores in your area to find one-of-a-kind products and services.

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Volunteers bring a splash of colour to BTHC entrances

By Ashleigh Viveiros

Volunteers braved the heat last week Wednesday to bring a bit of beauty to the Boundary Trails Health Centre grounds.

Judy Stambuski was joined by a team of ladies from the Miami Hutterite Colony in planting hundreds of flowers in the garden in front of the hospital's main and staff entrances.

"We've got petunias, mainly, but also marigolds, zennias, dianthus," she said, explaining they're meant to provide a splash of colour to welcome visitors to the hospital.

"I hope people see it as being relaxing. It's a positive for the hospital," Stambuski said. "I've always said that I'd bet a million on the outside of our facility against anything else in the province, and I do believe that. I've driven into a lot of towns that have hospitals of one size, shape, or another and I've yet to find anything like ours."

Stambuski has headed up the annual beautification project for a number of years now, teaming up with five

different Hutterite colonies: Miami, Skyview, Pembina, Rosebank, and Blumengart.

The colonies not only grow the plants for the gardens but also take shifts throughout the spring and summer to keep the flower beds neat and tidy.

"They come out and hoe, take all the weeds out ... that's their contribution to this," Stambuski said. "Last year we did it on an every-other-week basis but I think this year we're going to try and do it weekly and see how it goes."

On top of the welcome help from the colonies, this initiative is made possible thanks to the financial support of the community at large. Stambuski noted she's still accepting donations toward this and future years.

"We did get some donations—I'm hoping that we got enough but I won't know until I get all the bills in," she said.

Anyone interested in making a donation can call or text Stambuski at 204-362-0618.



STANDARD PHOTO BY ASHLEIGH VIVEIROS

Judy Stambuski (right, far right) led a team of volunteers from the Miami Hutterite Colony in planting flowers in front of the Boundary Trails Health Centre last week. Volunteers from five local colonies will be seeing to the upkeep of the plots throughout the summer.

Pride Month goes virtual for a second year

By Ashleigh Viveiros

The rainbow flag is flying high over Morden today in honour of Pride Month.

Representatives from Pembina Valley Pride raised the flag on Saturday

at the Access Event Centre, kicking off a month filled with virtual activities to celebrate the 2SLGBTQIANB+ community.

Continued on page 17

THE SEVEN SACRED LAWS

We thank our Elders for sharing their knowledge and encouraging learning in the steps towards reconciliation.

Written by Anishinaabe Elder, Dr. David Courchene, and directed and co-written by Indigenous filmmaker, Erica Daniels, join a young boy in this animated series as he learns valuable lessons from seven sacred animals.

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STANDARD PHOTO BY ASHLEIGH VIVEIROS

April Neufeld and Matias Wengiel raised the Pride flag in honour of Pride Month at the Access Event Centre in Morden Saturday.

Carman Dufferin CIB adds dog and bike parking to Carman

By Becca Myskiw

Carman Dufferin Communities in Bloom (CIB) has added bike and dog parking to Carman, thanks to a Carman Area Foundation (CAF) grant.

In 2020, Carman Dufferin CIB made an application to CAF to make three dog parking and three bicycle parking stands. The idea came after a member had seen the structures in other cities and thought they'd be a great addition to the community. They were approved, received \$3,500, and got to work instantly.

So, there are now three bike stands around Carman, all locations courtesy of Carman Dufferin Recreation recommendations. One is by the splash pad in King's Park, one by Boyne Regional Library, and the other is at the Family & Friends Playground on 5th Street.

The three dog parking stands, also thanks to Carman Dufferin Recreation consultations, are by the splash pad in King's Park, Ryall Park, and in the rain shelter by the swimming pool.

"It's all part of beautification in our community," said Susan Mooney, co-chair of Carman Dufferin CIB. "They're a little bit of art."

The bike stands come in three colours — black, blue, and yellow. The dog parking stands are all white. All six stands come with a sign stating what it is. Sperling Industries made the bike stands, and Walinga Inc. made the dog parking stands. AutoReady Collision Centre donated the



Robyn Lodwick and three-year-old Ghost use the dog parking stands often.

decals on the signs for all six.

Mooney said each stand is perfect for people wanting to go for a quick shop, grab coffee with a friend, or use the washroom. Their bikes and dogs will be in a safe place while they're gone.



STANDARD PHOTOS BY BECCA MYSKIW
(Left to right) Emily Dunn, Kate Dunn, and Anna Dunn are from the family behind Sperling Industries, who made the bike parking stands.

Scorching hot temperatures



STANDARD PHOTO BY DENNIS YOUNG
Carman's Hannah Somers (6) stays cool running through the sprinkler last week during the 30 plus temperatures.



Cornmeal Turkey Burgers

Ingredients

- | 2 lb (900 g) ground turkey
- | 1/4 cup (65 ml) cornmeal
- | 1/4 cup (65 ml) onion, finely chopped
- | 1 tsp (5 ml) garlic, minced
- | 2 tbsp (30 ml) egg white
- | 1/4 cup (65 ml) fresh parsley
- | 1 tsp (5 ml) sea salt
- | 2 tbsp (30 ml) grainy mustard

Directions

Preheat barbecue to 350°F (175°C). Combine all ingredients and form mixture into 6 patties. Grill patties for 5-10 minutes per side on an oiled grill or until a digital thermometer reaches 170°F (77°C). Serve with your favourite toppings.



June is Turkey Month in Manitoba

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Agriculture in the Classroom rebrands to include students of all ages

By Jules Stevenson

Agriculture in the Classroom received money through the Canadian Agricultural Partnership to support their projects through the COVID-19 pandemic. One project being a total rebrand of their website and resources.

"The branding of our organization was really more geared towards elementary students," says Sue Clayton, Executive Director of Agriculture in the Classroom.

When Agriculture in the Classroom was formed in the 1980s, most of its content was geared towards them too. Clayton says as they've evolved over the years, they've become more of a kindergarten through grade 12 organization.

"We're focusing a lot more on middle years and high school than ever before, specifically around careers. We thought it would be a good idea for our brand to reflect that maturity of the organization," says Clayton.

It has taken them a few months to decide on their rebrand, wanting to make sure it was beneficial for both staff and educators.

Clayton says Agriculture in the Classroom is now in the process of rebranding all their resources and hope

to have it done by the end of summer.

"It's been well received. We've had a lot of our partners and teachers make comments to us that they like the new brand," says Clayton. The feedback has been positive from teachers of all grades.

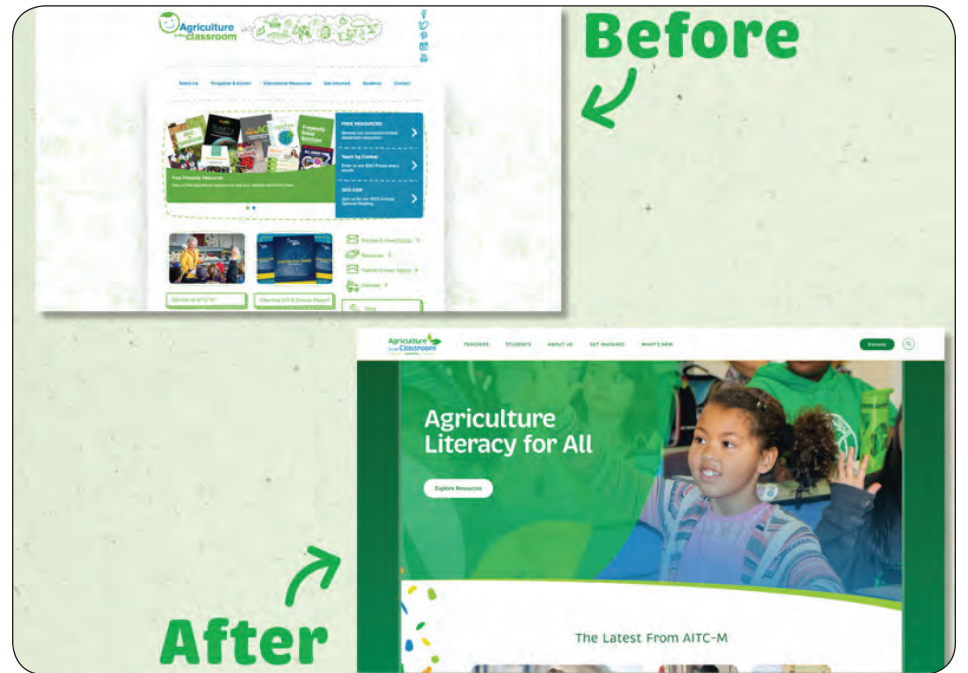
Clayton has had conversations with middle and high school teachers in the past who clicked away from their old website as soon as they saw the branding because of how much it was targeted at younger students.

"It would stop them right away, when they saw the look of the old brand," she says. The new, more mature branding is welcoming and inclusive to all ages.

Their website now features pictures of students of all ages and provides a more user-friendly layout. Their navigation allows educators to choose resources that are targeted to the age group they teach.

Clayton says she wants to make sure students understand where their food comes from and are educated in available careers in agriculture.

"When people think of agriculture, they think of farming, only ten per cent of the jobs are actually on the farm. The other 90 per cent are off the farm and can take you all over the



STANDARD PHOTO SUBMITTED

The Canadian Agricultural Partnership has rebranded their Agriculture in the Classroom to include Kindergarten to Grade 12 students.

world," says Clayton.

Clayton says Agriculture in the Classroom's goal is to make sure agriculture education happens in every classroom in Manitoba, and every student is agriculturally literate when they leave the education system.

"[The students] understand where their food comes from, when they go

to the grocery store, they understand what the labels mean, and when they go to vote they understand that agriculture is a giant part of our economy," says Clayton.

Agriculture in the Classroom provides resources like virtual farm tours, farm to plate recipes, and gardening programs.



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June Is Alzheimer's & Brain Awareness Month

10 Early Signs and Symptoms of Alzheimer's



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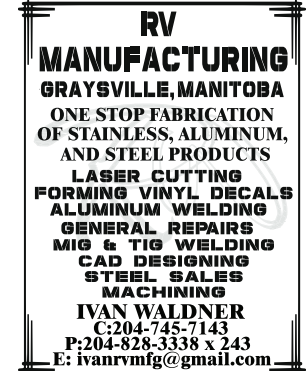
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Memory loss that disrupts daily life may be a symptom of Alzheimer's or other dementia. Alzheimer's is a brain disease that causes a slow decline in memory, thinking and reasoning skills. There are 10 warning signs and symptoms. If you notice any of them, don't ignore them.

#1 Memory loss that disrupts daily life
One of the most common signs of Alzheimer's disease, especially in the early stage, is forgetting recently learned information. Others include forgetting important dates or events, asking for the same questions over and over, and increasingly needing to rely on memory aids (e.g., reminder notes or electronic devices) or family members for things they used to handle on their own. Typical age-related change - Sometimes forgetting names or appointments, but remembering them later.

#2 Challenges in planning or solving problems
Some people living with dementia may experience changes in their ability to develop and follow a plan or work with numbers. They may have trouble following a familiar recipe or keeping track of monthly bills. They may have difficulty concentrating and take much longer to do things than they did before. Typical age-related change - Making occasional errors when finances or household bills.

#3 Difficulty completing familiar tasks
People with Alzheimer's often find it hard to complete daily tasks. Sometimes they may have trouble driving to a familiar location, organizing a

grocery list or remembering the rules of a favorite game. Typical age-related change - Occasionally needing help to use microwave settings or to record a TV show.

#4 Confusion with time or place
People living with Alzheimer's can lose track of dates, seasons and the passage of time. They may have trouble understanding something if it is not happening immediately. Sometimes they may forget where they are or how they got there. Typical age-related change - Getting confused about the day of the week but figuring it out later.

#5 trouble understanding visual images and spatial relationships
For some people, having vision problems is a sign of Alzheimer's. This may lead to difficulty with balance or trouble reading. They may also have problems judging distance and determining color or contrast, causing issues with driving. Typical age-related change - Vision changes related to cataracts.

#6 New problems with words in speaking or writing
People living with Alzheimer's may have trouble following or joining a conversation. They may stop in the middle of a conversation and have no idea how to continue or they may repeat themselves. They may struggle with vocabulary, have trouble naming a familiar object or use the wrong name (e.g., calling a "watch" a "hand-clock"). Typical age-related change? Sometimes having trouble finding the right word.

#7 Misplacing things and losing the ability to retrace steps
A person living with Alzheimer's

disease may put things in unusual places. They may lose things and be unable to go back over their steps to find them again. He or she may accuse others of stealing, especially as the disease progresses. Typical age-related change - Misplacing things from time to time and retracing steps to find them.

#8 Decreased or poor judgment
Individuals may experience changes in judgment or decision-making. For example, they may use poor judgment when dealing with money or pay less attention to grooming or keeping themselves clean. Typical age-related change - Making a bad decision or mistake once in a while, like neglecting to change the oil in the car.

#9 Withdrawal from work or social activities
A person living with Alzheimer's disease may experience changes in the ability to hold or follow a conversation. As a result, he or she may withdraw from hobbies, social activities or other engagements. They may have trouble keeping up with a favorite team or activity. Typical age-related change - sometimes feeling uninterested in family or social obligations.

#10 Changes in mood and personality
Individuals living with Alzheimer's may experience mood and personality changes. They can become confused, suspicious, depressed, fearful or anxious. They may be easily upset at home, with friends or when out of their comfort zone. Typical age-related change - Developing very specific ways of doing things and becoming irritable when a routine is disrupted.



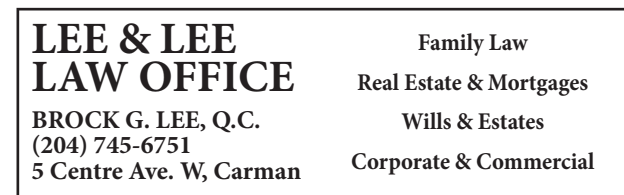
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Grey Goose bus line hatched originally in Sperling

By Dennis Young

Grey Goose Bus Lines Ltd. was formally incorporated in 1934 and operated until 2018 before pulling the plug on service to Manitobans. However, before all that came about, Sperling played a part of in its history.

According to research provided to me, a John (or Jack) Smith started a bus line in 1924 out of Sperling. It operated between Carman and Winnipeg and used a second hand touring car as his vehicle.

The line was later purchased by Wilfred and Joseph Brown becoming Brown Brothers Bus Line in Winnipeg thus ending Sperling's link to this line. So let's see what became of it though.

Browns continued to operate until 1927 when a partnership of Gary Lewis and Elmer Clay purchased the company. That team expanded service westward, reaching Deloraine and Melita in the 1930s.

In 1961 the entire operation was sold to Abraham J. Thiessen, owner

of Thiessen Bus Lines. Under Thiessen, Grey Goose flourished with the purchases of Red River Motor Coach Lines 1962, bus manufacturer Western Flyer Coach in 1963, International Transit of Port Arthur, Ontario in 1965, Manitoba Motor Transit in 1969, Southern Bus Lines in 1978 and Sonnichsen Transportation in 1986.

Grey Goose Bus Lines became a wholly-owned subsidiary of Laidlaw International, Inc. in 1992 which integrated its Manitoba/N.W. Ontario operations with Greyhound Canada. In 2007, First Group plc of the United Kingdom, acquired Laidlaw International, Inc.

On July 9, 2018, Greyhound Canada announced that they will be ending service in Alberta, British Columbia, Manitoba, Saskatchewan, and northern Ontario. The cancellation occurred on October 31, 2018.

A long road trip from Sperling to this for sure.



PHOTO SUBMITTED

A 1920s second hand touring car was the original vehicle used for a bus service between Carman and Winnipeg in 1924.

Canada's Advisory Committee on Immunization recommends mixing COVID vaccines

By Patricia Barrett

Canada's National Advisory Committee on Immunization (NACI) advised last week that mixing different two-shot COVID-19 vaccines is acceptable despite a lack of real-world data on the safety and effectiveness of doing so.

NACI made two major recommendations that were released June 1 in a Public Health Agency of Canada

(PHAC) update titled "Interchangeability of Authorized COVID-19 Vaccines."

The first recommendation pertains to the AstraZeneca COVID vaccine, which is linked to serious blood clots and deaths around the world, including in Canada. Those who received AstraZeneca for their first dose can opt to either have it for their second dose or have instead an mRNA (mes-

senger RNA) vaccine, either Pfizer-BioNTech or Moderna, unless there are contraindications, which are conditions, symptoms or allergies that prohibit use.

The second recommendation centres on the mRNA vaccines themselves. NACI says they should be matched for first and second doses rather than mixed – unless there are supply issues.

"If the same mRNA vaccine is not readily available or unknown, another mRNA vaccine can be considered interchangeable and should be offered to complete the vaccine series," states the update.

The recommendations are based on "current scientific evidence and NACI's expert opinion."

Mixing vaccines is not a new concept, according to the document. Different vaccines have been used to complete a course of treatment for a number of illnesses such as hepatitis A, influenza and Ebola.

But studies on the safety and efficacy of mixing different COVID vaccines – whether the adenovirus vaccines (AstraZeneca and Johnson & Johnson) with the mRNA vaccines, or mixing different brands of the same vaccine type – are either preliminary or ongoing. There are as yet no "real-world" data with millions of people to show potential issues.

Addressing that lack of real-world studies, Canada's chief public health

officer Dr. Theresa Tam said the recommendation to mix is partly based on immunology basics and knowledge of how vaccines work, and partly based on preliminary results from a few COVID vaccine mixing studies, including a Spanish study released last month.

"NACI isn't recommending to use [mRNA vaccines] interchangeably, but try to use the same vaccine for the mRNA second dose," said Tam during a news conference June 1. "But if you can't find it or you don't know what someone had, whether Pfizer or Moderna for their first dose, then another mRNA vaccine can be considered."

The Spanish study, called CombivacS, enrolled 663 participants and focused on combining the AstraZeneca and the Pfizer-BioNTech vaccines. It showed that a second dose of Pfizer boosted participants' levels of antibodies.

Tam said the public, especially those who got AstraZeneca for their first shot, have been waiting "with eagerness" for NACI's approval on mixing vaccines.

"I have a lot of confidence in both the work of Health Canada regulatory authorities but also in the National Advisory Committee on Immunization," said Tam. "They [the public] should be reassured ... that this is a pandemic and we will get real-life data and it's great that we do."

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Please share your story ideas with **Dennis Young** at denjohnyoung@gmail.com or **Lana Meier** at news@carmanstandard.ca or call 204-467-5836.

The Carman-Dufferin
STANDARD

Where are they now? Catching up with Keith Wiebe

By Dennis Young

This feature will attempt to renew some acquaintances with those who called Carman and area home at one time or another. I have randomly selected people to answer questions of their past and present so the readers can be brought up to speed on their lives.

Q. Firstly let's get familiar with you again. When did you live in Carman?

I lived in the Carman area from birth to high school graduating in 1976.

Q. Did you attend school here?

I attended grades 1-4 in the one room Albert District school and then elementary and high school in Carman.

Q. What did you do for jobs as a student?

I worked at a number of different labourer jobs including Triangle Builders in Roland, Co-op lumberyard, Kimberly-Clark and my favorite was the Rural S.T.E.P., working with/for other students.

Q. What activities did you participate in as a student?

I played baseball, soccer, volleyball, basketball, track and field, and so on. I was also active in high school dramas and our church youth group.

Q. Did your family live here? Who and what did they do for a living?

My parents Eldon and Maggie Wiebe and six kids lived on the farm NW of Carman. In addition to farming, my parents worked in a variety of retail roles including butcher shops, Elm Creek, Carman and Homewood Co-ops. They both spent years aligned to the school system with Mom teaching Driver Education and Dad as school janitor.

Q. What got you to leave Carman and where?

My postsecondary schooling was taken in Winnipeg.

Q. What was your chosen career after school?

With my Business Administration degree I started a career with Royal Bank in Brandon. In addition to branch manager roles, I assumed senior management roles in rural Manitoba, overseeing of retail operations and commercial financial services for most of rural Manitoba and then Winnipeg.

Q. Did you move around lots in career or life?

We lived in Winnipeg and Brandon on a couple of different occasions, as well as Niverville, Thompson, Dryden, and Boissevain. Our last move was from Brandon to Oak Bluff in 2015.

Q. Did you meet your spouse here or where?

I married Sharon Peters (daughter of Fred and Susan Peters) of Carman, whom I had known since a young child.

Q. Did you raise any children here or where? Names, where now and doing what?

Our eldest Janice works for RBC in Winnipeg and is married to Nick Oswald. They have two children. Laurel home schools their three kids and is married to Chris Harwood. Our son Steven lives in Winnipeg and is married to Naomi. He manages a Sherwin Williams paint store.

Q. Do you have extended family living here?

My sisters Dianne (Toews) and Wendy (Bergen) are there as well as my in-laws from the Peters family.

Q. What else have you done career wise, where and how long?

My entire career was with RBC. I worked my way through the ranks, loving every role. Branch Manager jobs were among my favorites and those usually involved board posi-

tions on a voluntary basis.

Q. What do you do now? Retired?

I retired in late spring of 2018 as Vice President Commercial Financial Services for RBC, based out of Winnipeg. My wife Sharon also retired from the health services field just months ago.

Q. What passes your leisure time? Hobbies? Sports?

I'm involved in the lives of our five grandchildren and three children who all live in Winnipeg. I enjoy fishing and I've taken up Pickleball in recent years. I'm on the board of Children's Rehabilitation Foundation where I can help to support children with disabilities and that includes my granddaughter Lily.

Q. Have you travelled for leisure and where?

We've travelled to a variety of Caribbean destinations also to places like Portugal, Italy, Switzerland and Ireland. We've visited Quebec and Newfoundland and a motorcycle trip through the U.S. have added a new dimension to our travel appetite.

Q. Any future plans? Do you have a to do list?

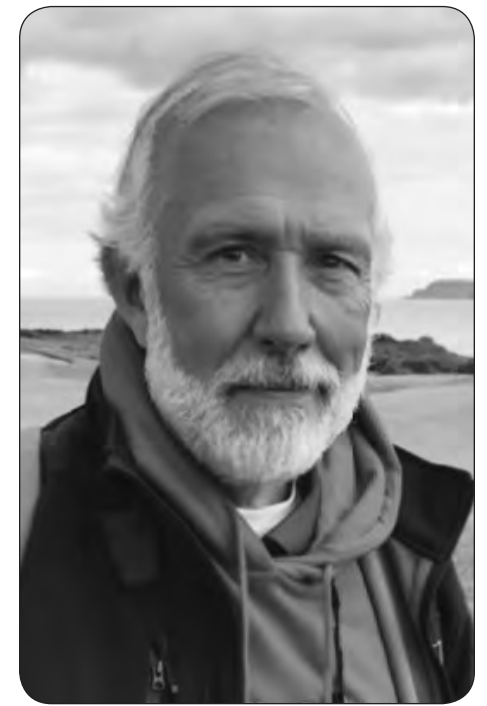
Our future plans will always include our kids, grandkids, the church and friends. We have a list of places we would love to see and those include New Zealand, South America, the Baltic region and Italy.

Q. Do you ever return to Carman?

We are in Carman weekly at a minimum, and many visits were to see Dad. Carman still feels like home and likely always will.

Q. What are some of your fondest memories of your Carman days?

My fondest memories revolve around the farm and family and the people I've met from school, church and sports. When I attended Albert District school, we were thrilled to



Keith Wiebe

come into the fair grounds to compete in the annual field day events. Floods were memorable for sandbagging or moving friends out of flooded areas. We had some amazing baseball teams in my younger years and competed very well at the provincial level and beyond.

Q. Any last words you wish to send to our readers?

I'm very proud to tell people I come from Carman, for all the reasons I've covered and it set me on sound footing for life to follow. Secondly, be overly careful with COVID-19. Subconsciously we felt Dad was safe, but none of us are, especially as we age. Do what is within your power to be safe and to keep others that way.

If you wish to reach this former Spellingite please send me an email at denjohnyoung@gmail.com and I will forward it to them for further contact.

> PRIDE MONTH, FROM PG. 12

Pandemic restrictions put the kibosh on an in-person Pride march for the second year in a row, but organizer Peter Wohlgemut said they weren't about to let that stop them from reaching out in other ways.

"There was such a good turnout at that very first one in Morden [in 2019], we felt it was really important to keep those connections going," they said.

Observing June as Pride Month has its roots in the 1969 Stonewall uprising. In late June of that year, New York City police raided a popular gay bar, inciting the community to push back and start the Stonewall riots.

The riots lasted for several days and are considered a watershed moment in the modern LGBT movement. The

first Pride parade was held the following year.

Pride today is all about bringing people together, stressed Wohlgemut.

"When you get right down to it, the key piece of it is that coming together of queer folk and being recognized, being seen," they said. "In the Pembina Valley there's often this sense that it's okay if no one sees it. So having something very visible, particularly the march itself ... it's important to have those kind of opportunities.

"When people actually get to know a queer person and find out what Pride's about and who these people are, minds tend to change," Wohlgemut said, noting it's one more step toward making our communities

more welcoming, inclusive places for everyone. "The thing is, there are queer kids in our community, queer adults—it's not like this is a group that doesn't exist here, even though some people would like to think that.

"In that sense, I think that visibility in the Pembina Valley is definitely having an impact."

The rainbow flag raising was posted on the group's social media pages with a video filled with photos and messages from members and allies. Bruce the mosasaur at the Morden sign also got in on the celebration, becoming "Rainbow Bruce" for the day.

On Sunday, several group members did a Facebook live event featuring them reading a variety of children's picture books related to the Pride

theme. They'll be doing it again on June 13, 20, 27.

Other events planned for the month include an Open Mic Night via Zoom this Friday, June 11, and an art show featuring Pride related pieces on display in the civic centre windows in Altona and online on Pembina Valley Pride's Facebook and Instagram accounts starting next week.

While Pride Month is perhaps the group's most visible time, they're also active year-round with support groups and guest speakers.

They're currently looking for board members to help guide the group moving forward, Wohlgemut noted.

You can learn more online at pembina-valleypride.ca.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Bouncing off some energy after a full school day



STANDARD PHOTOS BY DENNIS YOUNG

Jude Atkins (12), Elliot Atkins (5) and Reese Alkins (9) were wearing off a little energy after a hard day at school on May 26.

Neepawa franchise announces new name, logo

From the MJHL website

The Neepawa MJHL franchise has changed their name to the Titans.

Titans was one of five names brought to the table for discussion after the organization decided to drop their long-time name and logo.

According to Titans' head coach and general manager, Ken Pearson, it was a long time coming but something that the organization and Town of Neepawa can now be proud of.

"The process has been long and extensive, but for the most part I think a lot of fun for myself and the group

that was tasked with the rebrand. The organization is very excited to begin a new era of hockey in Neepawa and the surrounding area, creating new history so to speak," Pearson shared.

The organization felt it was important to have a great significance tied to the name and logo to properly reflect the community in which they play in.

"A Titan is known as one that stands out for greatness of achievement and we feel our community is full of Titans in every facet of life. Neepawa is known as the 'Land of Plenty' and feel Neepawa is a Titan in the agriculture,

lumber, pork production and brewing industry," Pearson explained.

"Paying homage to these important pillars of our community is an integral part of our rebrand. The logo plays off the Greek mythological definition of Titan, "One that is gigantic in size or power." The colours chosen reflect a field of canola on the horizon, the silver and black pay tribute to the classic look of Junior hockey clubs of the 90s."

"As part of the process, a group from the Board of Directors, including myself, began submitting names to each other. Once we had it down to about

four/five names we brought those to the rest of the Board members for discussion. Once we had the name we wanted we then moved onto colors and logo design. This included bringing in Brooks Freeman from Brooks Freeman Design to help complete the logos chosen. Brooks and myself spent a few weeks going back and forth and making adjustments until we were able to find the finished product. We also talked with alumni, business leaders in the community, and others to get input," Pearson concluded.

MJHL announces 2021-22 regular-season schedule

Staff

The Manitoba Junior Hockey League announced the regular season start date, schedule format, divisional format and important dates for the upcoming 2021-22 season.

The puck will drop for the opening weekend on Friday, Sep. 17.

Opening weekend will feature six home and home divisional matchups taking place over the course of the weekend involving all 12 teams.

The MJHL will make a return to two-divisions for the 2021-22 season featuring a West and East division with six member teams making up each division.

The Selkirk Steelers will be in the East Division along with the Portage Terriers, Steinbach Pistons, Winkler Flyers, Winnipeg Blues and the Winnipeg Freeze. The West Division includes the Dauphin Kings, Neepawa, OCN Blizzard, Swan Valley Stamped-

ers, Waywayseecappo Wolverines, and the Virden Oil Capitals.

Once the season gets underway, each team will play a 54-game schedule on their road to the MJHL Turnbull Cup Playoffs.

Each team will play 40 games within their division and 14 games outside of their division. The season will begin with 10 weeks of home-and-home divisional play, followed by six weeks of non-divisional matchups, before

moving to a more traditional schedule format in January.

Meanwhile, the MJHL/SJHL joint player showcase will be hosted by the MJHL from Jan. 25-26, 2022.

Hosted in Winnipeg at the Seven Oaks Sportsplex, the event brings together the top 60 players from each league providing maximum high-performance exposure opportunities in front of NHL, WHL, U SPORTS and NCAA scouts.

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

MJHL awards expansion franchise to Niverville

From the MJHL website

The Manitoba Junior Hockey League Board of Governors announced last Friday that it has granted an expansion franchise to operate in Niverville.

The new MJHL member will play its inaugural season from the brand new Niverville Community Resource and Recreation Centre in the 2022-23 campaign.

"Niverville is recognized as one of the fastest growing communities in the province and the MJHL is thrilled to bring a new organization into this community, while adding another first-class, state of the art facility to our League," said MJHL Commissioner Kevin Saurette.

"We have been in ongoing discussions with this group for a number of years and are very confident that the community owned non-profit organization and the Town of Niverville will provide an ideal new home market for the MJHL going forward. I would also like to recognize the significant commitment and efforts of Clarence Braun who was instrumental in help-

ing bring a new MJHL franchise to the Town of Niverville."

Niverville's Mayor, Myron Dyck shared his excitement in welcoming Junior "A" hockey to the growing Town of Niverville.

"On behalf of the Town of Niverville I would like to take this opportunity to welcome the MJHL to our community and to congratulate the group of local residents for their hard work in making their dream a reality today," Dyck said. "We are excited for this news and wish both the MJHL, local resident Clarence Braun, his management team, and all their supporters much success in the years ahead."

Niverville Junior A Hockey Inc.

After considering this opportunity for some years, we at Niverville A Junior Hockey Inc. are both excited and proud to be accepted as the newest franchise entry into the MJHL. As we have been exploring entry into the MJHL, we have extended the opportunity for ownership and have seen many new shareholders added within the past few months. That opportuni-

ty will continue as we follow a plan to be ready for the 2022-23 MJHL season.

As a shareholder group for this community owned not for profit team, we are excited to be in the community we are in. We are aware of the many young families that have made Niverville their home and the investment that they have made to our community. We look forward to engaging with many hundreds of volunteers in the surrounding area as we put the various leadership teams into place in the weeks and months ahead.

We are especially grateful to the Council of the Town of Niverville and administration for their vision in the building of this awesome community recreational space called the CRRC. We are thankful for their support as we move forward and make plans for it to be our hockey home for many years to come.

I want to personally express great appreciation to Kim Davis, the former commissioner of the MJHL, and its present commissioner Kevin Saurette. Kim was there back in our early meet-

ings. He was gracious in helping us understand what this opportunity could look like. In the past few years Kevin has been there for us at every turn in his support in representing our cause to the league governors.

We are grateful to all the league partners, governors and their representative for having the confidence to welcome us in. We are looking forward to providing a great game experience and a quality hockey product on the ice that will add value to the MJHL as a league. We believe that this initiative will provide another great opportunity for young players in the surrounding area to play Junior A hockey at the highest level.

We anticipate our initial website to be functional within a short period of time and will release that info as it becomes available. Stay tuned for further updates and we thank you all.

For additional information please contact Clarence Braun at 204-791-2587 or email at clareb2@shaw.ca.

Eight Manitobans listed in NHL's Central Scouting's final 2021 draft rankings

From Hockey Manitoba

Eight Manitobans have been named to NHL Central Scouting's final rankings for the 2021 NHL Draft.

Winnipeg ICE defenceman Carson Lambos was the highest ranked Manitoban by NHL Central Scouting at 11th overall amongst North American skaters. The 18-year-old was limited to just two games with the ICE this year due to injury. Prior to the start of the 2020-21 Western Hockey League

regular season, Lambos played in Finland for the JYP club in Jyväskylä. Lambos registered two goals and nine assists in 13 games for JYP's Under-20 team. Lambos was the third-highest ranked player from the WHL.

Seattle Thunderbirds' forward Conner Roulette was the second-highest ranked Manitoban by NHL Central Scouting at 36th overall. Roulette scored six goals and added six assists in 11 games for the Thunderbirds this

past season. Roulette, who also played three games with the Selkirk Steelers, represented Team Canada at the 2021 IIHF U18 World Championship in Texas, winning a gold medal.

The other Manitobans on the list include Moose Jaw Warriors' forward Eric Alarie of Winnipeg (51), Moose Jaw defenceman Cole Jordan of Brandon (88), Portland Winterhawks' forward Tyson Kozak of Souris (161), Brandon Wheat Kings' forward Nolan

Ritchie of Brandon (197), Green Bay Gramblers' defenceman Owen Murray of Decker (210), and Regina Pats' forward Jakob Brook of Roblin.

The 2021 NHL Draft is scheduled to take place on July 23-24. For the second year in row, the event will be held remotely, with teams convening via video conferencing.

Portage la Prairie to host Junior Hockey Showcase

Staff

The Manitoba Junior Hockey League announced that the 2021 MJHL Player Showcase will take place Nov. 22-24 at Stride Place in Portage la Prairie.

The Showcase will feature all 12 MJHL teams in one location over three days with each team playing

two highly-competitive regular-season games during the high-performance event.

"We are extremely excited for the 2021 edition of the MJHL Showcase after not being able to host the event last season," said MJHL Commissioner, Kevin Saurette. "For our elite athletes, these games are a very

important step in attracting the attention of the many NCAA, Major Junior, University, NHL and NHL Central Scouting scouts and coaches that will be attending from across North America.

"For both fans of the MJHL and the game of hockey, this event is a great way to watch a variety of high-cal-

ibre hockey games, while enjoying the many comforts and amenities that Stride Place has to offer. The timing of the event will allow teams and players the ability to be in mid-season form so that they are best prepared to showcase themselves positively."

sports & recreation

INSIDE > OUTSIDE > UPSIDE DOWN

Manitoba announces mission staff for the 2022 Canada Games

Submitted

Manitoba recently announced its mission staff for the 2022 Canada Games, which will take place in Niagara Falls, Ont. from Aug. 6-21.

Here is a list of the staff:

Chris Cara – Tennis & Volleyball (F)

Chris has been involved in youth sports for over 20 years. He's passionate about athlete development and watching athletes succeed while enjoying what they do.

Alisha Kaegi – Wrestling

Alisha is a recent university graduate and a new teacher in rural Manitoba. As a young athlete, she competed in Canada Games in both judo and wrestling and continues now as a coach for young judo athletes. She is so excited to be mission staff for wrestling at the 2021 Canada Games so she can experience the Games on the other side, as well as have the opportunity to ensure that athletes and coaches have everything they need to be successful.

Pat Kirby – Chef de Mission

Pat grew up in Souris, Manitoba and played as many sports as he could. Hockey and baseball were his two favourites. Pat has over 35 years of experience working in sport and recreation and is currently employed with Sport Manitoba as the Senior Games Manager. When he's not working you can catch him at his cottage at Nutimik Lake, in Whiteshell Provincial Park.

Marcie Halls-Stronciski – Assistant Chef de Mission

Marcie was born and raised in Thompson, MB, moved to Winnipeg in 1998 and has been here ever since. She got married in 2005 in Victoria, BC and has two kids, a daughter Taylor (softball and ringette player) and son Brandyn (golfer, baseball and hockey player). She also has two boxers, Khan and Simone. If you know her, you know they are her fur kids.

Kelly Babb – Assistant Chef de Mission

Kelly is one of Sport Manitoba's Games Specialists. She has worked at various sporting events over the past seven years, including the 2017 Canada Summer Games and the 2018 Commonwealth Games in Gold Coast, Australia. Kelly grew up playing every sport available, with a focus on soccer. She gardens and takes tons of photos of her cat, who thinks he's a dog, Harvey.

Pete Conway – Assistant Chef de Mission

Pete's worked at Sport Manitoba for the past 22 years. When not at work, he enjoys coaching volleyball and golfing a few rounds. His first experience at the Canada Games was in 2001 in London, ON.

Peter Nicholls – Athletics & Mountain Bike

Peter is a retired educator who taught physical education for many years before moving into school administration. Sport has been a huge part of his life, – competing, coaching, officiating, and volunteering. He is very excited to be part of the 2021 mission staff for the Canada Summer Games. Go Team Toba!

Glen Hunter – Baseball

Glen works in marketing for the Birchwood Automotive Group and after 20 years of working there, will retire at the end of this year. He played baseball from age 8 to 34. Once he stopped playing, he started working with players at skill and development camps. He also started coaching with his first role on a provincial team during the 1990 WCSG hosted in Winnipeg. Since then, he has coached in the WCSG in 2015 and two CSG (2009 and 2017). My first experience as mission staff was in 2019.

Stephanie Trimble – Soccer (F) & Basketball (F)

Stephanie has lived in Winnipeg for the past 12 years. She's played sports all her life, and loves trying new ones now as an adult. Steph enjoys all things outdoors, camping, hiking, canoeing, and spending time with family at the lake.

Terry Skarban – Basketball (M) & Rowing

I'm back for my second Canada Games and I am looking forward to the comradery and the competition! It will be a nice break from my day job as a Junior High Vice-Principal.

Sarah Mitchell – Canoe Kayak & Triathlon

Sarah is a French Immersion teacher who recently graduated from l'Université de Saint-Boniface. She has been involved with sport her whole life, participating in the 2013 and 2017 Canada Games as an athlete with Canoe/Kayak, and in the 2019 Western Canada Summer Games as mission staff. Sarah has also worked as a coach at the Manitoba Canoe Kayak Center for 3 years. Sarah is excited to spend the summer sharing her passion for sport with amateur

athletes from all over Manitoba!

Tara Funke – Cycling & Softball (F)

This is Tara's fourth Canada Games as a volunteer with Team Manitoba. She competed at the 1995 Canada Games and has enjoyed giving back to sport ever since. She lives and works in Altona and is a proud grandma to six cuties.

Rochelle Dziadekwich – Diving & Soccer (M)

They say to do what you love, and for Rochelle that's all things sports! Rochelle grew up playing multiple sports, and her love of the Games brought her to working in the industry. She is currently the Programs Manager with the Manitoba Soccer Association, as well as a Canada Soccer C-License Coach. She is also currently working towards her Master of Science in Sport Administration.

Evan Andrew – Golf

Evan was born and raised in rural MB, schooled in Toronto, lived in Montreal, London ON and Winnipeg. He can watch SportsCentre on loop in the mornings and is a father of three boys.

Scott Kirk – Lacrosse (M) & Swimming

Scott is currently the Director of Acute Care at the Brandon Regional Health Centre. He has been involved in sport in various roles for many years as an athlete, coach and volunteer. Scott was one of the sport chairs for swimming at the 2017 Canada Games in Winnipeg and mission staff for swimming at the 2019 Western Canada Summer Games in Swift Current. He is looking forward to the 2022 Canada Games and making it a memorable experience for the athletes.

Kylo Harris – Lacrosse (F) & Softball (M)

Kylo is a self-declared Games junkie. He's been involved in Manitoba Games, North American Indigenous Games, Western Canada Games and Canada Games in both Summer and Winter. He's married to Donna, a former Canada Games athlete, coach and mission staff member, and they have two daughters, Abby and Clara.

Gabby Desrochers – Rugby

Gabrielle is a graduate of the Faculty of Kinesiology at the University of Manitoba. She has been involved in sport her entire life, both as a participant and coach. Hockey was the main sport she played growing up, and she started coaching and instructing during her final year of high school. To

this day, her involvement in sport as a participant and coach is a big part of who she is, and it's helped her choose to pursue a career in recreation and sport development.

Pat Alexander – Volleyball (M) & Beach Volleyball

Currently, Pat is a PHE instructor at Northlands Parkway Collegiate in Winkler, MB. He is actively involved in coaching volleyball at both school and club levels. He also helps out at the UofW when time allows. And he LOVES anything to do with Team Toba and the Games!

Sarah Tone – Communications Lead

Sarah is Team Manitoba's Communications Lead. She's worked for Sport Manitoba in Communications for the past seven years and spent some of that time as the Communications Manager for the 2017 Canada Games. She's Jackson's mom, she's always got concert tickets, and she loves roller coasters.

Sam Cortes – Communications Assistant

A couple of fast facts about Sam: she loves trying new food and getting outdoors, and one sport she loves and is determined to get better at is golf! Sam is Sport Manitoba's Content Coordinator.

Amber Doyle – Communications Assistant

Amber is joining mission staff as a volunteer for communications support, but her day job is Sport Manitoba's marketing coordinator. She's originally from the middle of nowhere just outside Souris, Manitoba. After completing her undergrad at Brandon University, she spent a summer living in Toronto working as a story editor for SportsCentre on TSN. After that, she came to Winnipeg to go back to school, and she's been loving it here ever since! A few other things about Amber: she's the play-by-play announcer for the U of M Bisons volleyball, she's an animal lover with two rescue pets at home, she has a foam finger collection, and she's so excited for the 2022 Canada Summer Games!

Mandy Los – Medical Liaison

Mandy is a travel junkie with a never-ending bucket list of adventures. She spends her spare time walking her dog and playing slo-pitch in the Summer. She's too busy watching sports in the Winter to do much else. She's been to too many Canada Games to count – but she can't get enough of them.

get inspired

> MEAL IDEAS



Kids Charcuterie Snack Board

halved
 ham and cheese pinwheels
 sliced veggies, such as cucumbers, carrots, sweet peppers and celery
 sliced fruit
 pretzels
 crackers
 small bowl of candy (optional)
 Prepare watermelon, sandwiches, pinwheels, veggies, fruit, pretzels, crackers and candy, if desired.
 On large board or platter, arrange all ingredients.

Recipe courtesy of the National Watermelon Promotion Board
 Cubed watermelon
 watermelon balls, skewered
 watermelon wedges
 watermelon sticks
 flower-shaped watermelon cutouts
 peanut butter and jelly sandwiches,



Tuna Aioli Dip with Balsamic Drizzle

1/2 lemon, juice only (about 1 1/2 tablespoons)
 raw vegetables, such as carrots, celery, cucumber spears, endive leaves, sliced fennel and bell pepper strips, for dipping
 Drain tuna, reserving 2 tablespoons oil.
 In small saucepan, combine balsamic vinegar, bay leaf and rosemary sprig. Bring to boil and reduce until syrupy, about 1 tablespoon. Let cool slightly; discard bay leaf and rosemary sprig.
 In blender or food processor, process tuna and reserved oil, mayonnaise, capers, anchovies and lemon juice to make smooth dip. Transfer to flat serving bowl. Drizzle with balsamic syrup. Serve with raw vegetables.

Prep time: 15-20 minutes
 Cook time: 10-15 minutes
 Servings: 4
 6 ounces Genova Albacore Tuna in Olive Oil
 1/4 cup balsamic vinegar
 1 dried bay leaf
 1 sprig fresh rosemary
 1/3 cup mayonnaise
 2 tablespoons capers, drained
 2 anchovies

Yellowfin Tuna Pasta Salad with Arugula Pesto and Dates



1/4 cup dill, chopped (optional)
 1/4 cup parsley, chopped (optional)
 Preheat oven to 325 F.
 On a sheet tray, toast pine nuts 8-12 minutes, or until golden. Set aside to cool. Bring large pot of salted water to boil. Prepare ice water bath by filling large bowl with cold water and ice. Stir arugula into boiling water and cook until bright green and tender, about 30 seconds. Drain arugula, immediately shock in ice water and set aside to fully drain; cover with towel. In blender or food processor, add arugula; garlic; pine nuts; butter, if desired; Parmigiano-Reggiano; lemon zest, if desired; salt; and pepper. Puree on high, incorporating olive oil to desired thickness. Place pesto in bowl and cover tightly to avoid discoloring.
 Bring large pot of salted water to boil. Add pasta and return to boil, stirring occasionally. Taste pasta for doneness 2 minutes earlier than package instructions. Once cooked, drain and transfer to large bowl. Do not rinse.
 Add pesto gently until evenly distributed. Fold in tuna, sun-dried tomatoes, dates and olives.
 Divide between shallow bowls and finish with additional Parmigiano-Reggiano, dill and parsley, if desired.

Prep time: 20-30 minutes
 Cook time: 20-25 minutes
 Servings: 4
 2 cans (5 ounces each) Genova Yellowfin Tuna in Olive Oil, drained
 1/2 cup pine nuts
 4 cups arugula
 1 garlic clove
 2 tablespoons butter (optional)
 1 cup grated Parmigiano-Reggiano, plus additional for garnish (optional)
 2 lemons, zest only (optional)
 1/2 teaspoon kosher salt
 1/2 teaspoon freshly ground black pepper
 3/4 cup extra-virgin olive oil
 8 ounces whole-wheat orecchiette
 1/2 cup jarred sun-dried tomatoes in oil, chopped
 1/2 cup dates, pitted and quartered
 1/4 cup kalamata olives, pitted and chopped



Christine Ibbotson

Dear Money Lady,
 I am a retired banking executive who owns my home clear title and have \$0 consumer debt. I always pay my bills in full on time before the due dates. Equifax recently contacted me saying my credit score dropped 32 points. After pushing the agent 3-4 times by saying I would like to know the specifics of why my score dropped I was given the following answer. I arranged a \$75,000 unsecured line of credit with BNS several years ago to provide an emergency cash facility should I ever need it. I have never withdrawn a nickel from the account. I was told because the account has been dormant and never used it caused my credit score to be negatively impacted! This seems very wrong on many levels. I thought the fact I have never used the line should make me a better and not reduced credit risk. Sincerely, Marvin.

Marvin, thank you for sharing your experience with others.
 As an advisor, I would say you did all the right things. It was an excellent idea to secure a line of credit to use in the event of a future emergency. I would say great planning; however, as you now know, the credit bureaus, (Equifax and Trans-Canada Union) that rate consumers monthly, look at it another way.

Unfortunately, leaving a credit product open but allowing it to become inactive or dormant is the same as being late or delinquent. I know many of you may think this sound unreasonable, however it happens all the time to very good consumers. I have seen this a lot with department store cards that are opened for shoppers to get an instant discount on their purchases, only to receive a credit card in the mail, not activate it or use it and then it becomes inactive. This then drops their score and effects their credit worthiness for the future when they are applying for credit.

Car leases are another one that can drop your score. When your sales rep calls you to upgrade your lease and get you into a new vehicle for the same monthly payment – many people think this is a great deal – and it may be. The problem is that the old car lease, because it has not

AsktheMoneyLady.ca

been officially paid out and closed, but rather transferred to a new lease and a new vehicle, the old lease stays on your credit. So now it looks like you have two car leases when you only have one. I once pulled a credit bureau on a client that was getting a collateral charge at a major bank and he was turned down repeatedly due to this problem. He had upgraded his vehicle many times and it looked like he had six car leases when he really only had one. Of course, we fixed the problem by going back to the car dealer and having them close the leases properly, but for many people, they don't even know this is happening to their credit.

In Marvin's case, he suggested closing his line of credit which I am sure you will agree is not a good thing to do just because your score may have dropped a little. Instead, you should review the credit you have (credit cards, lines or loans) and use it – even annually. Withdraw funds from your credit line or buy something with your credit card and then pay it back the next day, just to keep it active and in good standing. Do not let your credit rating drop because you are thinking you shouldn't use your products. Inactivity or dormancy for a long period of time may prompt your bank to close the facility and often times it may be harder to apply for it later because the qualifying requirements and rates have changed.

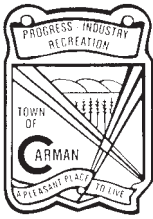
Good financial planning doesn't mean you just set things up and then forget about them – even though I know we all have better things to do. Please just use the credit you have periodically. Keep a watchful eye on how creditors use your SIN and be mindful of automatic approvals for special offers and incentives. Banks will need to ask for your SIN when you open accounts or apply for credit, but other organizations may not legally require it. Be careful when giving out your number and make sure you ask what it is being used for. It is after all your credit, your number and your right to protect yourself.

Good luck & best wishes,
 Written by Christine Ibbotson, Author of 3 finance books and the Canadian Best-Selling Book "How to Retire Debt Free & Wealthy" www.askthemoneylady.ca or send a question to info@askthemoneylady.ca

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JUNE 6 3pm live on FB	CHILDREN'S BOOK READING sponsored by Morden Corn & Apple
JUNE 11 7pm zoom call	OPEN MIC NIGHT pre-register to guarantee your spot
JUNE 13 3pm live on FB	CHILDREN'S BOOK READING sponsored by Morden Corn & Apple
JUNE 15 facebook & instagram	DIGITAL ART SHOW BEGINS sponsored by Frank + Olive
JUNE 18 Along Civic Centre - windows facing intersection	PHYSICAL ART SHOW sponsored by Frank + Olive
JUNE 20 3pm live on FB	CHILDREN'S BOOK READING sponsored by Morden Corn & Apple
JUNE 23 7pm zoom call	ADULT SUPPORT GROUP contact us for the link
JUNE 27 3pm live on FB	CHILDREN'S BOOK READING sponsored by Morden Corn & Apple



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-Joyce VanKoughnet

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CONTRACT 1

- Carman - Evergreen Place – Building (8 Units)
- Carman - Parkview Manor – Building (35 Units)

Housing must be made aware of interest by June 18th, 2021.

For additional information please contact:

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NOTICE OF HEARING

**NOTICE OF HEARING
OF
THE BOARD OF REFERENCE
PROVINCE OF MANITOBA**

**THE PRAIRIE ROSE SCHOOL DIVISION
and
THE RED RIVER VALLEY SCHOOL DIVISION**

As required by Section 9 of *The Public Schools Act* (RSM 1987, c.P250), notice is hereby given that a public hearing of The Board of Reference, appointed as provided under Section 8 of *The Public Schools Act*, will be held as scheduled herein to hear any person or any person on his/her behalf in the matter of a request referred to The Board of Reference in accordance with Section 5 of *The Public Schools Act*.

The hearing will be held virtually via Microsoft Teams on Wednesday, June 23, 2021 at 4:00 p.m. to hear the request of Graham and Brittney Stewart to transfer land located in the Southwest Quarter of Section 33, Township 6, Range 1 West from The Prairie Rose School Division to The Red River Valley School Division.

Further information with respect to the virtual hearing, including how to join the virtual hearing, may be obtained through the office of the undersigned between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Dated at Winnipeg, Manitoba, June 7, 2021.

Jennifer Faulder
Secretary
Board of Reference
c/o Manitoba Education
507 - 1181 Portage Avenue
Winnipeg MB R3G 0T3
Telephone: 204-945-6899
Email: EASAdministration@gov.mb.ca



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The hearing will be held virtually via Microsoft Teams on Monday, June 28, 2021 at 4:00 p.m. to hear the request of Bunny Faucher to transfer land located in Northwest and Southwest Quarter Section 29, Township 6, Range 2 West from The Prairie Rose School Division to The Red River Valley School Division.

Further information with respect to the virtual hearing, including how to join the virtual hearing, may be obtained through the office of the undersigned between the hours of 8:30 a.m. and 4:30 p.m. Monday through Friday.

Dated at Winnipeg, Manitoba, June 7, 2021.

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Secretary
Board of Reference
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